sky Virgin media **BEST FOR SKY & VIRGIN**

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5-11 MARCH 2022

TV & Satellite Week

PLUS 5-PAGE WEEKLY GUIDE
NETFLIX prime BBC iPlayer Disney+ and more...

NEW SERIES

The IPCRESS File

Specs appeal... **Joe Cole** plays iconic spy Harry Palmer

STARTS SUNDAY, ITV HD

OUR HOUSE
Secrets and lies in a suspense-filled thriller

THE WITCHFINDER
Daisy May Cooper stars as a suspected witch

THE ADAM PROJECT
Ryan Reynolds embarks on a time-travelling adventure

HotList This week's 28

Saturday 5

Winter Paralympics

***SPORT** C4 HD, from 6am*

The Winter Olympics may be over but there's plenty more to come from Beijing with the Paralympics. Look out for snowboarder James Barnes-Miller in action. Continues all week.

Tina Turner Weekend

***MUSIC** Sky Arts HD, from 4.50pm*

Programmes include a 1990 performance from Barcelona, followed by a 2000 gig from Wembley (9pm). Plus, there's a documentary tomorrow (9pm) celebrating the singer's life and career.

Premier League

***FOOTBALL** Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 5.30pm*

As Liverpool take on West Ham, Jürgen Klopp's men will be seeking another victory as the Reds bid to win the title for the second time in three years.

The National Comedy Awards

***AWARDS** C4 HD, 9pm*

As Tom Allen hosts the ceremony in aid of Stand Up to Cancer, stars up for gongs include James Acaster, Daisy May Cooper, Lolly Adefope and Greg Davies.

Full listings start on **p35**

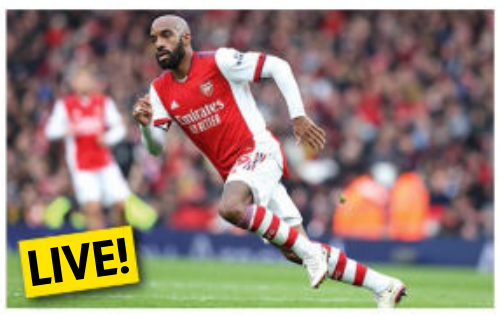
Sunday 6

Outlander

***FANTASY DRAMA** STARZPLAY*

The time-travelling fantasy returns and, in 1773, there's a surprise for Jamie (Sam Heughan) when a face from his past (Mark Lewis Jones) shows up unexpectedly.

See Your Watchlist, page 17



Premier League

***FOOTBALL** Sky Sports Main Event HD & Sky Sports Premier League HD*

Today's fixtures include Watford v Arsenal (kick-off 2pm) and Manchester City v Manchester United (kick-off 4.30pm) at the Etihad Stadium.

The Ipcress File

***DRAMA** ITV HD, 9pm*

EDITOR'S CHOICE

Joe Cole is Harry Palmer in this new adaptation of Len Deighton's novel. All six eps will be on ITV Hub/BritBox after the first ep airs. *See feature, page 4*

Peaky Blinders

***DRAMA** BBC1 HD, 9pm*

Tommy Shelby is playing a dangerous game when he makes a deadly pact with British fascist leader Oswald Mosley and Boston gangster Jack Nelson in this week's episode. *See feature, page 7*

Full listings start on **p45**

Monday 7

Our House

***DRAMA** ITV HD, 9pm*

EDITOR'S CHOICE

Airing over four nights, this drama begins when Fi (Tuppence Middleton) arrives home to find her house has been sold. Continues to Thu. *See feature, page 8*

Life and Death in the Warehouse

***DRAMA** BBC3 HD, 9pm*

Fact-based drama starring Poppy Lee Friar that lifts the lid on the disturbing working practices in warehouse distribution centres. *See feature, page 6*

The Real Peaky Blinders

***DOCUMENTARY** BBC2 HD, 9pm*

Fans of *Peaky Blinders* may not be aware that creator Steven Knight based the characters on stories from his own family, but now the facts are examined in this show. *See documentaries, page 20*

What Harvey Did Next

***DOCUMENTARY** BBC1 HD, 9pm (times vary)*

As Katie Price's son Harvey gets ready to attend college, this documentary examines the changes ahead for both of them. *See documentaries, page 21*

Full listings start on **p55**

Tuesday 8

West Indies v England: First Test

***CRICKET** BT Sport 1 HD, play starts 2pm*

England face the West Indies in a three-Test series in the Caribbean as they vie for the new Richards-Botham Trophy. Continues all week. *See sport, page 28*

Champions League

***FOOTBALL** BT Sport 2 HD, kick-off 8pm*

First-leg goals from Roberto Firmino (above) and Mohamed Salah have put Liverpool in a commanding position to reach the quarter-finals as Inter Milan visit Anfield.

Can You Ever Forgive Me?

***DRAMA** Film4 HD, 9pm*

While suffering financial troubles, writer Lee Israel (Melissa McCarthy) finds a new way to make ends meet – forging letters from literary legends. Richard E Grant co-stars.

The Witchfinder

***COMEDY** BBC2 HD, 10pm*

Tim Key and Daisy May Cooper star in this sitcom, set in the 17th century, about witches and those hunting them. All six eps will be on BBC iPlayer after the first ep airs. *See feature, page 11*

Full listings start on **p65**

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best shows

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: BEN BLACKALL/ITV, ITV, BBC, NETFLIX.
HOTLIST WORDS: RACHEL PRICE. HOTLIST PHOTOS: GETTY

Wednesday 9

Mary Berry's Fantastic Feasts

***COOKERY** BBC1 HD, 8pm*

Dame Mary Berry helps a trio of novice cooks from Cardiff who want to create a surprise afternoon tea for a friend. Can they pull off the celebratory feast?

Interior Design Masters

***REALITY** BBC1 HD, 9pm*

Alan Carr is back with 10 more aspiring interior designers hoping to win a contract with a luxury hotel. Tonight's challenge involves working in pairs to transform rental apartments in Manchester.

Soham: The Murder of Holly & Jessica

***DOCUMENTARY** Channel 5 HD, 9pm*

A two-parter looking at the murder of Holly Wells and Jessica Chapman. Police officers, press and scientists share their side of the story. Concludes tomorrow.

Stacey Dooley: Inside the Convent

***DOCUMENTARY** BBC1 HD, 10.35pm (times vary)*

Dooley spends 10 days in a convent to see if the experience can help her lead a more meaningful existence.

■ Full listings start on **p75**

Thursday 10

Secrets of the Spies

***DOCUMENTARY** BritBox*

The shady world of espionage is opened up in this docuseries that speaks to former MI5, MI6 and KGB spies as well as detectives and historians about what really happens behind the scenes.

Crufts

***FACTUAL** C4 HD, 3pm & 8pm; & More4 HD, 6.30pm*

After an absence last year due to the pandemic, the world's biggest dog show is back. Clare Balding presents. Continues tomorrow.

Car S.O.S

***FACTUAL** National Geographic HD, 8pm*

Tim and Fuzz return for a 10th run of the motoring series and take on a neglected 1988 Fiat Uno Turbo. It belongs to a former car salesman who has been struck down with ill health.

If Beale Street Could Talk

***DRAMA** BBC4 HD, 9pm*

Drama starring KiKi Layne as Tish, a young woman who, with her family's support, seeks to clear the name of her wrongly charged lover Fonny (Stephan James) before the birth of their child.

■ Full listings start on **p85**

Friday 11

The Adam Project

***SCI-FI** Netflix*

EDITOR'S CHOICE Ryan Reynolds plays a time-traveller who returns to his past to ask his 12-year-old self for help with a mission in this family tale. *See Your Watchlist, page 14*

Six Nations

***RUGBY UNION** BBC1 HD & S4C HD*

This season's Championship features a Friday-night match. Wales host France in what promises to be an epic encounter in Cardiff (kick-off 8pm) as France seek their first Six Nations title since 2010.

Sister Boniface Mysteries

***CRIME DRAMA** Drama HD, 9pm*

First seen in *Father Brown*, Sister Boniface now has her own series, with Lorna Watson as the crime-solving, moped-riding nun. Episode one features an asphyxiation at a festival. *See feature, page 12*

Grantchester

***CRIME DRAMA** ITV HD, 9pm*

Robson Green and Tom Brittney return as DI Geordie Keating and Rev Will Davenport. This time, they're on the scene when a dead body is discovered at a stately home. *See feature, page 12*

■ Full listings start on **p95**

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Stars Tom Hollander, Lucy Boynton, Joe Cole and Ashley Thomas

HARRY'S GAME

Joe Cole stars as Cold War spy Harry Palmer in a taut new version of espionage thriller *The Ipcress File*

NEW DRAMA

The Ipcress File

Sunday, ITV HD, 9pm

Nerve-jangling Cold War tensions and shady double dealings are at the heart of ITV's action-packed, stylish adaptation of classic spy tale *The Ipcress File*.

Based on Len Deighton's acclaimed novel (see panel, right), the six-part series is set in 1963 when the conflict between East and West is at its height, and stars Joe Cole as working-class university graduate-turned-soldier Harry Palmer.

It's a role that was famously played by Sir Michael Caine in the 1965 movie version, and Cole – best known for *Peaky Blinders* and *Gangs of London* – admits that taking on Harry was an eye-opening experience.

Jean Courtney (Lucy Boynton) and William Dalby (Tom Hollander)

BOX SET

All six episodes will be available on ITV Hub and BritBox after the first episode airs.

Joe Cole as Harry Palmer

LEGACY

'I was aware of the imagery of Michael Caine in the glasses and the mac, but I didn't know a great deal about the character,' he reveals. 'Speaking to some of my family members – my dad was a big fan – it became apparent how iconic Harry is and what a fantastic role it would be.'

The series begins with street-smart Korean War veteran Harry serving in the Army in Berlin – only for him to be arrested for dealing on the black market and sent to a military prison in the UK. But his fortunes change when he is visited by mysterious William Dalby (*The Night Manager*'s Tom Hollander), who is the head of a covert intelligence agency.

Dalby needs Harry's help to locate a missing nuclear scientist who is vital to both the US and Russia and who appears to have been kidnapped by one of Harry's black-market contacts.

'Dalby and Harry are cut from different cloth, but Dalby feels that he can use Harry as a go-between,' says Cole, 33.

'Harry's hand is forced. He's doing it against his will, but he wants out of prison and has to play the game. He's a reluctant spy, but part of him finds it exciting.'

As Harry embarks on his perilous undercover mission, he must work out who he can trust as other forces try to find the scientist, including slick CIA agent Paul Maddox (*Top Boy*'s Ashley Thomas).

Meanwhile, working alongside Harry is upper-crust fellow spy Jean Courtney (Lucy Boynton), who grows intrigued by Harry's approach to espionage.

> **'The glasses set you on your way to becoming the character'**
> JOE COLE

'Jean has reached a crossroads. She is engaged, but is balancing societal expectations pressed upon young women at that time versus her double life as an agent,' explains Boynton, 28, who played Freddie Mercury's partner in 2018 film *Bohemian Rhapsody*.

'There's initial frostiness between Jean and Harry because Jean's worked hard to be where she is in this male-dominated world, and she assumes Harry is entering with all the assumed authority of his gender. But then she clocks that he's different from any other intelligence agent she's worked with. He throws a spanner into the momentum of her life.'

The series was filmed in Liverpool and Croatia, which stand in for a variety of global locations, and both Cole and Boynton loved getting stuck into some high-octane stunts as their characters encounter jeopardy at every turn.

'Harry tries to avoid using a gun because of PTSD from the Korean War – but in Croatia we did some crazy set pieces,' reveals Cole. 'Lucy and I were running about and jumping off boats with snipers firing at us.'

In preparing for the role, Cole was keen to add a spin to the part.

'I was worried I would do a Michael Caine impersonation, but I read the book and watched the film, and then tried to forget them and do my own thing,' he reveals. 'We're also mining the book in a different way – this is six hours of television – and exploring these characters on a different level. Harry's a modern man in a 1960s world. It's important to bring it up to date, so it's fresh for a new generation.'

FAMILIAR LOOK

However, long-standing Harry Palmer fans will be pleased to note that Cole decided to keep his character's trademark dark-framed glasses for the series.

'It was important to get those right. I went to the opticians and tried on every pair,' he smiles. 'The glasses set you on your way to becoming the character. And when Harry's dealing with all these unscrupulous individuals, they're great to hide behind!'

THE DEIGHTON FILE

Len Deighton

In 1962, when James Bond fever was sweeping the globe, Len Deighton's witty novel *The Ipcress File* introduced a very different, more relatable type of spy in the form of an unnamed working-class rebel.

The novel was the first in a series of books featuring the dogged, cookery-loving secret agent, who captured the public's imagination even further when Sir Michael Caine played the character – now named Harry Palmer – in the BAFTA-winning 1965 film and its sequels *Funeral in Berlin* and *Billion Dollar Brain*.

Deighton, who is now aged 93, has also made his mark as a food writer, but his spy novels remain his biggest claim to fame.

'I was a big fan of the books from when I was teenager,' says screenwriter John Hodge, who has adapted the new series and whose previous credits include screenplays for the films *Trainspotting* and *Shallow Grave*.

'The books capture the warmth of human interaction in serious circumstances. A lot of spy thrillers are pretty grim, but that feeling of humanity permeates Deighton's work and we wanted to capture that in the context of an adventure.'

Sir Michael Caine in the 1965 film

WORDS: CAREN CLARK. PHOTOS: ALAMY, GETTY, ITV

Toil and trouble

Stressed-out **warehouse workers are pushed to their limits** in a harrowing fact-based drama

NEW DRAMA

Life and Death in the Warehouse

Monday, BBC3 HD, 9pm

With the rapid rise of online shopping, an estimated one million people now work in warehouse distribution centres across the UK. But what really goes on behind closed doors as employees toil around the clock?

This week, BBC3 drama *Life and Death in the Warehouse* lifts the lid on the often dark and disturbing working practices at such distribution centres.

Made by the BAFTA-winning team behind *Killed by My Debt* and *Murdered by My Father*, the one-off drama tells the story of pregnant Alys (*Ackley Bridge*'s Poppy Lee Friar), who works gruelling 60-hour weeks in a distribution centre where CCTV monitoring even checks how long she spends in the toilet.

When Alys' childhood friend Megan (*Peaky Blinders*' Aimee-Ffion Edwards) joins the team as a trainee manager, Alys hopes their shared history means Megan will go easy on her. But Megan is under pressure herself as she tries to support her father and brother, and is soon pushing Alys to the point of collapse.

Poppy Lee Friar plays Alys

'I knew a little bit about the conditions in distribution centres before making this film. But the script was a real eye-opener in terms of the lengths employees are expected to go to in order to achieve the targets,' says Edwards, 34, who's also starred in *Detectorists* and *Keeping Faith*.

'This story is a peek behind the curtain of an industry that plays a part of most people's lives these days. We live in a culture where instant satisfaction is paramount and convenience is king – but it comes at a huge cost to the people making our deliveries possible.'

DARK SECRETS

As the drama builds, Alys' pregnancy begins to take a toll on her body and her 'pick rate' (the number of items picked per hour) ends up dropping, which culminates in Megan threatening her with the sack.

Fearing for her future and between bouts of exhaustion and fainting, Alys presses on, but with shocking consequences…

In making the drama, the producers spoke to warehouse workers across the UK.

WORDS: HANNAH DAVIES, SEAN MARLAND. PHOTOS: BBC

Aimee-Ffion Edwards and Craig Parkinson as Megan and Danny

'Some viewers might find the events hard to believe, but every scene comes from years of speaking, mostly anonymously, to workers in the sector,' says creator Joseph Bullman. 'These companies extract every second of value from their employees' working days with second-by-second control of their lives.'

The cast also includes *Fresh Meat*'s Kimberley Nixon as manager Donna and *Line of Duty*'s Craig Parkinson as warehouse boss Danny, who constantly measures staff performance with endless CCTV, surveillance monitoring and 'self-enhancement plans'.

SHOCKING TRUTH

'On the surface, you'd think Danny is there to help and that he's kind and open, but if you cross the line, then he's going to pounce,' says Parkinson, 45. 'He's listened to far too many podcasts about business. He's pretty much a cult leader.

'Prior to being sent this script, I knew pretty much the bare basics about distribution centres. It was only by digging into research that I began to discover the actual horrors that come with working in a warehouse such as this.

'It's an important story to tell. Not only will it broaden people's understanding, but the audience will be taken on a journey that's as shocking as it is dramatic.'

As for Edwards, she says the reality behind the drama has completely changed her habits.

'It's changed my behaviour as a consumer and I think it could do the same for a lot of people who watch the show,' she says. 'Hopefully this show will give the audience a more personal look at those who work in this industry, and make people think twice about how and where they do their shopping in future.'

Tommy Shelby and Jack Nelson

Tommy makes a risky move to expand his criminal empire

POWER games

DRAMA

Peaky Blinders

Sunday, BBC1 HD, 9pm

Tommy Shelby plays a dangerous game when he makes a pact with British fascist leader Oswald Mosley and Boston gangster Jack Nelson in this week's *Peaky Blinders*.

The Peaky Blinders' plot to assassinate Mosley was foiled at the end of the fifth season, with Tommy discovering how Captain Swing (Charlene McKenna) and the IRA had intervened to save the politician's life as the sixth season got underway last Sunday.

'An awful lot was revealed in the first 10 minutes of last week's first episode,' says Cillian Murphy, who plays the Peaky Blinders boss. 'And a lot of the stuff we find out becomes the engine for the rest of the series.'

With the IRA making it clear they want to keep Mosley (Sam Claflin) alive, Tommy realises he must maintain the uneasy alliance, while he senses an opportunity when he discovers interesting news about Jack Nelson (James Frecheville).

After learning that the American crime boss is a fascist sympathiser, Tommy is determined to use that information to forge a partnership and sell his opium in Boston. But can he trust Mosley or Nelson?

CLOSE TO THE EDGE

'The fascism storyline is very much unfinished, and it will continue in an interesting way,' says Murphy, 45. 'We also bring in a few unexpected new characters, including some real-life historical figures.'

As Tommy enters into power games with influential people from the world of crime and politics, his wife Lizzie (Natasha O'Keeffe) is worried that the demons that nearly caused him to take his own life are still haunting him.

'When we left Tommy at the end of season five, it felt like he had finally lost control,' says Murphy. 'The culmination of all these suicidal thoughts, these hallucinations he was having, they all just came together. Tommy is a very fallible character, and that's what I like about him.'

Sam Claflin and Charlene McKenna as Oswald Mosley and Captain Swing

Middleton and Compston as Fi and Bram

House of shards

A couple's **broken marriage has devastating consequences** in a new ITV thriller

NEW DRAMA

Our House

Monday-Thursday, ITV HD, 9pm

A shocking dispute over property ownership opens up a can of worms involving a painful family breakdown, some disturbing secrets and huge ethical dilemmas in ITV's suspenseful new thriller *Our House*.

Based on Louise Candlish's award-winning novel, the four-part drama begins as mum-of-two Fi Lawson, played by Tuppence Middleton, returns home one day to find another family moving into her stylish suburban house and claiming that they own it.

With all her belongings gone and her estranged husband Bram (Martin Compston) not answering his phone, Fi embarks on a mission to work out just what has happened.

'Fi is ordinarily practical and not too emotional, but this forces out a side of her that is not very familiar – being out of control. You see her world unravel,' says Middleton, 35, as *TV&Satellite Week* joins her for a video chat.

TOTAL PANIC

'We watch her spiral into despair. She can't get hold of Bram, she has no idea how someone can sell your property from under you without you realising. It's just total panic. She's lost everything.'

The action then flashes back to show what has led to this point, and how Fi and Bram split up after he had an affair but are trying to do what is best for their two young sons.

'Bram's made a huge mistake that's cost him his family and he deeply regrets it and wants to do everything to fight for the relationship,' explains Middleton, whose credits include the *Downton Abbey* film and *War & Peace*.

'They're doing this thing called "bird nesting" where you're sharing custody and you each spend some time living in the house with the kids and some time living in a separate property, so that you don't disrupt them too much.'

Following their separation, Fi starts up a new romance with charming Toby (*Whitechapel*'s Rupert Penry-Jones), while Bram's life starts to fall apart as he makes a series of bad decisions that have devastating consequences.

'Bram's full of contradictions, which is fun to play. He is a bit wild but hopefully a lovable rogue. He's a good dad and sees himself as a family man,' reveals *Line of Duty*'s Compston, 37.

'But he's also somebody who, throughout his life, has sought out danger and that can lead him into some sticky situations. He is reckless, but I tried to find sympathy for him. The series shows how one wrong move can destroy your life. It will definitely get people talking because there are some great moral questions.'

EMOTIONAL SCENES

Portraying the trauma that Bram undergoes has proved to be both rewarding and challenging for the actor.

'It's probably the most emotionally draining part I have played in a long time,' reveals Compston. 'It has taken a lot out of me. Things go very dark at

Rupert Penry-Jones as Toby

WORDS: CAREN CLARK, ALISON SLADE. PHOTOS: BBC, ITV

'It will get people talking because there are some great moral questions'

MARTIN COMPSTON

From left: Martin Compston, Tuppence Middleton and Rupert Penry-Jones

times and it can put you in a darker frame of mind. But the scripts are fantastic and a gift for an actor. It's a classic thriller where you don't know who you trust, the tables turn constantly and everything goes wrong.'

For Middleton, too, the appeal of the drama is its ability to blend jaw-dropping plot twists and cliffhangers with the raw and moving reality of a marital split.

'So many people have been through divorce, but maybe we don't see this enough on television – how difficult it is, how much of your life you've invested, and how does that work when it goes wrong and you have to pick up the pieces?' she reflects.

'So there is this love story and the breakdown of this relationship but also the thriller aspect. There's a Hitchcock-style feel of an ordinary life becoming a mystery that unravels slowly.'

WHO'S WHO?

Fi
Tuppence Middleton
The doting mum is horrified when she realises that her beloved house may have been sold behind her back.

Bram
Martin Compston
Fi's estranged husband tries to extricate himself from the repercussions of a mistake but only makes things worse.

Toby
Rupert Penry-Jones
The suave businessman sweeps Fi off her feet when they meet and appears to offer her some much-needed joy and stability.

Wendy
Buket Komur
Enigmatic and flirtatious, the spirited young woman chats to Bram in a bar. But has he bitten off more than he can chew?

Merle
Weruche Opia
Fi's friend and neighbour tries to make amends for a misdemeanour by supporting Fi as she attempts to work out how she has lost her home.

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Gray plots his escape as the net closes in

EASTENDERS

It's the end of the line for killer Gray...

» **The pressure mounts** for Gray following the discovery of Tina's body. Desperate to evade justice for her, Chantelle and Kush's deaths, he decides to flee the Square. But as he plots his escape, Whitney tells Mick that she thinks the solicitor was responsible for Tina's demise. As the landlord reports back to his mother, Shirley vows to 'end' her twisted neighbour.

Whit urges Kheerat to protect Chelsea, who is at the hospital with baby Jordan. But, currently a wanted man since his previous attack on Gray, will he be nicked before he can reach her?

After taking temporary refuge at Karen's place, Gray returns home, and the scene is set for a blazing showdown as Chelsea arrives back. As she demands her husband tell her the truth, Gray can't control his rage. Meanwhile, Whitney is eager for her own moment of reckoning with the killer.

Whitney asks Kheerat to help Chelsea

Soon, Gray's options are running out as police flood the Square and numerous residents are baying for his blood. Will he finally pay for his crimes?

» **PLUS** Bailey has one last push at reuniting Mitch and Karen, Rainie gives Rocky a job at the funeral parlour, Kathy plans a memorial for Tina, and the Panesars have an important meeting with Ranveer.

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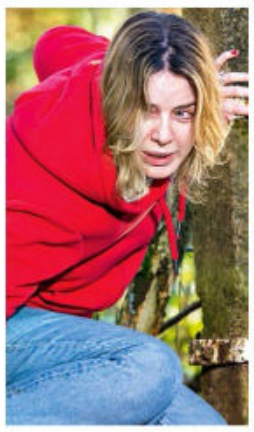
ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET



» Abi (right) hits rock bottom after being struck down with pain, Laura vows to find Rick, Daisy feels threatened when Nicky returns, Nick tries to curb Sam's chess obsession, and Michael wants Grace back in Glory's life.

EMMERDALE

» Chas is at war with Charity (above), Meena lies to the police that Manpreet killed Andrea, Mandy discovers Vinny is already married, Rhona's mum Mary pitches up, and abusive comments are posted on the surgery's website.

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Peter

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AD CODE TVSW267

WITCHY woman

Daisy May Cooper is a suspected witch in a spellbinding new comedy

NEW COMEDY

The Witchfinder

Tuesday, BBC2 HD, 10pm

This Country's Daisy May Cooper travels back to 17th-century England this week in BBC2's new sitcom *The Witchfinder*.

The six-part series sees comedian Tim Key as Gideon Bannister, an unsuccessful prosecutor of suspected sorceresses who is convinced he just needs one good case to transform his fortunes.

While overseeing the trial of Thomasine Gooch, played by Cooper, who is accused of hexing a pig, an unexpected turn of events gives Gideon the chance to meet the Witchfinder General. All he has to do is transport Thomasine to a show trial – but, unfortunately, the quick-witted Thomasine is not his ideal travelling companion.

Jessica Hynes plays Myers

'The whole thing is kind of a road movie, but in the 17th century, with witches and on horses,' smiles Key, 45. 'It was described to me as like *Midnight Run* – and at its heart it's the same sort of thing.'

TROUBLED TRAVELS

'Thomasine is street-smart, but a bit thick,' adds Cooper, 35. 'She likes to drink, she likes to arm-wrestle in the tavern, and do all the stuff that I kind of do myself – and because she's so different, because she's not behaving how people think women should, they think she's a witch.'

Written by Neil and Rob Gibbons, who penned *This Time with Alan Partridge*, the series follows Gideon and Thomasine's journey and its numerous obstacles – one of which involves the pair having to pretend to be married.

'In real life, they're absolutely furious with each other all of the time, then suddenly they have to have a front of being very much in love,' says Key. 'That was fun.'

Like many series, filming on *The Witchfinder* was interrupted by the pandemic. 'We were shut down pretty much straight away,' says Key. 'The only scene that me and Daisy shot was us getting off with each other in a pub garden – then we had 18 months to reflect on our working relationship!'

The series, which also stars Jessica Hynes, threw up some other challenges, too – particularly when it came to Bram, the crafty horse that Cooper had to ride.

Tim Key and Daisy May Cooper as Gideon and Thomasine

'He was so intelligent,' says Cooper. 'He wanted to eat the grass and the trainers would say, "No, Bram, wait until we've finished the scene." So this horse pretends to itch his leg and then at the last minute he'd just grab a bit of grass. That blows my mind!'

BOX SET

BBC iPlayer

All six episodes will be available on BBC iPlayer after the first episode airs.

WORDS: RICHARD MCCLURE, STEVEN PERKINS. PHOTOS: APPLE TV+, BBC, SKY

You liked...

The Five on Sky

This 2016 drama series followed lawyer Mark (Tom Cullen) and three friends who reunite 20 years after the disappearance of Mark's brother Jesse. When DNA evidence links a murdered sex worker to Jesse, the friends reconnect in the hope of finding Jesse alive. Sarah Solemani co-starred.

Now try this...

Now and Then on Apple TV+

Set in Miami, this upcoming eight-parter – in Spanish and English – revolves around a group of college friends whose lives are changed when a celebratory weekend leaves one of them dead. Twenty years on, the remaining five are reluctantly reunited by a threat that puts their seemingly perfect worlds at risk. Rosie Perez and Marina de Tavira are in the cast.

Look Who's Back...

A familiar face making a new appearance this week

Sue Johnston

Extraordinary Escapes with Sandi Toksvig

Thursday, C4 HD, 9pm

1982

Warrington-born Sue Johnston first found fame playing Sheila Grant in C4 soap *Brookside* (left) from 1982 to 1990, and teamed up again with on-screen husband Ricky Tomlinson to play Barbara Royle in hit sitcom *The Royle Family* (1998–2012). Her other credits include psychological profiler Grace Foley in *Waking the Dead* and lady's maid Miss Denker in *Downton Abbey*, while more recently she's appeared in *Time* and *Help* (both 2021).

HER NEW APPEARANCE

Johnston, 78, joins Sandi Toksvig on a tour of Cornwall in this week's episode of *Extraordinary Escapes*. First up, the pair forage for mussels and battle it out over a game of boules while enjoying the views of Praa Sands. Then it's off to a fairy-tale cottage on the Lizard Peninsula, and a shepherd's hut that has been transformed into a retreat on an alpaca farm. 'We visit some breathtaking landscapes, and properties built to celebrate incredible settings,' says Toksvig.

Travel buddy: Sue Johnston

Affairs of the heart

Crime-solving duo **Geordie and Will face emotional turmoil** as *Grantchester* returns

NEW CRIME DRAMA

Grantchester

Friday, ITV HD, 9pm

DI Geordie Keating and Reverend Will Davenport are back to solve more crimes and mysteries as we head back to *Grantchester* this week – but the two men also have love and romance on their minds.

As the new series begins, it's the summer of 1959. Geordie (Robson Green) has separated from his wife Cathy (Kacey Ainsworth), and the detective is struggling to find his feet.

'Geordie is lost, he no longer has the safety net of family,' explains Green. 'He's detached from Cathy and the kids and he's living with Will at the vicarage, feeling like a fish out of water.

'Everything that anchored Geordie is disappearing. He's a shadow of his former self. He's back to square one and realises he has to try to get Cathy back.'

Meanwhile, Will (Tom Brittney) is equally preoccupied with matters of the heart when he meets the enigmatic and alluring Maya at a jazz club.

'This series really tests Will's romantic life,' explains Brittney, 31. 'A person comes into his life and causes a lot of problems – because when Will falls in love, he falls hard. Then someone else comes along, who Will wasn't expecting, and he has to choose between his head and his heart.

'There are a lot of secrets that come out in this series that really test the *Grantchester* family unit and their love for one another and the bonds between them.'

Kacey Ainsworth returns as Cathy

The new series also sees Geordie and Will investigating a string of puzzling cases – including the mysterious deaths of an aristocrat, an outwardly respectable businessman with a sordid secret, and a vagrant found slumped in the doorway of a cafe.

Meanwhile, *Ghosts* and *Call the Midwife* star Charlotte Ritchie joins the cast as Cathy's niece, Bonnie.

'We've always had great guest stars on *Grantchester*. Charlotte is a big hitter – she can play serious issues but also bring levity to a role,' says Green, 57.

'Who'd be next on my guest-star wish list? Well, I'd love to have Billy Connolly on, and Jerome Flynn would be great to have, too – he's a fantastic actor!'

Sister act

Lorna Watson as moped-riding Sister Boniface

Lorna Watson is a crime-solving nun in a *Father Brown* spin-off

NEW CRIME DRAMA

Sister Boniface Mysteries

Friday, Drama HD, 9pm

It's almost a decade since Lorna Watson guest starred in a 2013 episode of BBC1's period whodunnit *Father Brown*, which saw the crime-solving cleric, played by Mark Williams, investigate nasty goings-on at a nunnery.

However, her character Sister Boniface – a moped-riding, wine-making nun with a PhD in forensic science – made quite an impact with fans. So much so that the super-clever nun has now been

WORDS: STEVEN PERKINS, RICHARD MCCLURE, NICK CANNON, IAN MACEWAN, NATASHA HOLT. PHOTOS: ALAMY, BBC, C4, GETTY, ITV, SKY, UKTV, SYFY

'There are a lot of secrets that come out'
TOM BRITTNEY

Stars Robson Green and Tom Brittney

given her own *Father Brown* spin-off series on Drama.

Set in the 1960s, *Sister Boniface Mysteries* follows her as she helps police officers DI Sam Gillespie (Max Brown) and DS Felix Livingston (Jerry Iwu) investigate suspicious deaths in the village of Great Slaughter – from a poisoning at a baking competition to a drowning at a beauty pageant.

BACKSTORY

'The idea of a sleuthing nun is brilliant, and that's probably why Sister Boniface resonated the way she did,' says Watson, 45. 'On *Father Brown*, she felt like she was a character who had more to say, and clearly people thought it would be nice to get to know her more.'

Watson says that part of the pleasure of reprising the role was the opportunity to learn more about her backstory.

'She worked at codebreaking centre Bletchley Park during the war, and was a serious brain,' she reveals. 'She turned her back on life as she knew it and is now a nun but still has the brain space to pursue other passions, such as crime-solving.

'She is indispensable to the police – not least because she has what must be the world's first cutting-edge crime lab in a convent! There's a puppy-dog enthusiasm about her, and it's quite infectious.'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Alan Carr and Michelle Ogundehin

NEW Interior Design Masters

Wednesday, BBC1 HD, 9pm

The design competition undergoes a transformation of its own as the show returns for a third series this week. As well as switching channels to BBC1, the series will now be based in Brighton rather than London, with 10 up-and-coming designers taking on tricky challenges and battling it out for a design contract with a prestigious client. Host Alan Carr is joined by head judge Michelle Ogundehin and specialist guest judges. This week, the contestants must work in pairs to transform rental apartments. 'This year, the designers get quite fractious,' says Carr. 'The gloves come off.'

NEW The National Comedy Awards

Saturday, C4 HD, 9pm

Tom Allen hosts the awards ceremony in aid of Stand Up to Cancer. The nominations for this year's Best Scripted Comedy Series include *Sex Education*, *Motherland* and *Ghosts*, while an array of stars are also up for individual gongs, including Ricky Gervais, James Acaster, Aisling Bea and Daisy May Cooper.

Resident Alien

Thu, Sky Max HD & Sky Showcase, 9pm

Alex Borstein, best-known as Midge's manager Susie in *The Marvelous Mrs Maisel*, guest stars in the sci-fi comedy this week. She plays scientist Carlyn, who strikes up a flirtatious relationship with Harry (Alan Tudyk), who puts her in a trance so he can steal a piece of equipment from her lab.

NEW Mary Berry's Fantastic Feasts

Wednesday, BBC1 HD, 8pm

Dame Mary Berry shares her expertise with three novice cooks from Cardiff who all want to create a delicious tea to thank Soraya, who runs a local youth charity. Helping them out are Roman Kemp and Tom Read Wilson.

YOUR WATCHLIST

Walker Scobell and Ryan Reynolds play Adam at different ages

Two of a kind

Time-traveller **Ryan Reynolds** teams up with his younger self when he crash-lands on Earth

NETFLIX The Adam Project

Genre: *Sci-fi* *Available:* *Friday 11 March* *Runs:* *106min*
TVSW says: *Stranger Things meets Doctor Who*

One of Netflix's most-anticipated films of the year makes its bow on Friday when *Deadpool* star Ryan Reynolds plays Adam, a time-traveller who returns to his past, in heart-warming family sci-fi drama *The Adam Project*.

As the film begins, we find bullied 12-year-old Adam Reed (Walker Scobell) still grieving the sudden death of his father (Mark Ruffalo) a year earlier.

When he walks into the family garage one night, he finds a wounded pilot hiding out by his dad's old things. The mysterious man turns out to be the older version of Adam from the year 2050, where time travel is in its infancy.

The future Adam has risked everything to travel back in time on a secret mission, and together, they embark on an adventure to find their father and set things right.

But as the two Adams try to heal the wounds that have shaped them, they discover they don't really like each other – and they realise they'll have to figure out how to get along if they're going to save the world…

'It's a story every single person can relate to,' says Reynolds, 45. 'It feels like one of those big wish-fulfilment movies with huge stakes and high concept, but it's really about something very personal as well.

'What if you could go back and tell your younger self you're going to be OK? What if you could go back and understand your mum or your dad from the age that you are now? Those are the really interesting questions this movie explores, but with time travel and lots of big action.'

Zoe Saldana with Reynolds as Laura and Adam

IMPRESSIVE CAST

The film is directed by Shawn Levy, who worked with Reynolds on *Free Guy*, and who also produces hit Netflix series *Stranger Things*. The cast includes *Dallas Buyers Club*'s Jennifer Garner as young Adam's mum, Ellie, and *Guardians of the Galaxy* and *Avatar* star Zoe Saldana as future Adam's kick-ass colleague Laura. But the star of the show is young Scobell, who is

Jennifer Garner and Mark Ruffalo as Adam's parents

making his screen debut.

The producers auditioned hundreds of youngsters for the role, but Reynolds knew Scobell was perfect for it within a few minutes.

'Walker is great as young Adam, he's so alive. Choosing him was the best decision we ever made,' he explains. 'He really understood how to switch gears emotionally. He knew that the movie required some really emotional heavy lifting as well as all the quippy fun stuff.

'*The Adam Project* has the same feel to what I loved about movies in the 1980s – films like *Back to the Future*, *E.T.* and *The Goonies*. It harkens back to that kind of film-making – an old-school, warm and nostalgic style. I feel we need something like this so urgently right now, because everything that we look at is such doom and gloom.'

What we're watching...

A sneak peek at what's being watched by our team

Horror

NETFLIX The Privilege

Runs: 107min

Haunted by his sister's death, wealthy teen Finn (Max Schimmelpfennig) has demonic visions. As he tries to get to the bottom of these strange supernatural events, Finn uncovers a dark conspiracy in an eerie and suspenseful German horror thriller.

Documentary

Disney+ Torn

Runs: 92min

In 1999, American mountaineer Alex Lowe died in an avalanche in Tibet. In this film, his son, Max, who was 10 at the time, pays tribute to Alex, and talks about his mother's marriage to Alex's climbing partner, Conrad.

Comedy

NETFLIX Framed! A Sicilian Murder Mystery

Season: 1 Episodes: 6
Runs: 27-36min

When two hapless TV technicians stumble across a dead body, every comical step they take to avoid becoming murder suspects only lands them deeper in trouble in a fun Italian crime series.

Comedy drama

ACORN TV The Unusual Suspects

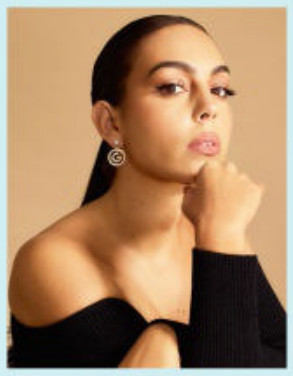
Season: 1 Episodes: 4 Runs: 54min

An entertaining Australian crime caper set in a swanky neighbourhood of Sydney. A socialite (Miranda Otto) born into wealth and a self-made Filipino businesswoman (Michelle Vergara Moore) team up to stage the elaborate heist of a $16 million diamond necklace.

Reality

NETFLIX I Am Georgina

Season: 1 Episodes: 6 Runs: 39-43min



Five years ago, Georgina Rodríguez's life changed overnight when she began dating one of the world's most famous footballers, Cristiano Ronaldo. Cameras follow Georgina as she balances life as a girlfriend and mother with a jet-setting career and glitzy parties.

What we're listening to...

The podcasts the *TVSW* team are tuning in to

The Talking Dead

With zombie drama *The Walking Dead* currently scaring us silly on Star on Disney+, you can dissect every plot twist in this fan podcast. Every week, Chris Fairhurst and Jason Myles will be analysing the events of each episode and pondering where our favourite survivors might end up as the finale approaches.

Shaun Keaveny's Creative Cul-de-Sac

In this new series, the former BBC Radio 6 Music presenter asks creative people to share ideas they have buried away in notebooks, stashed on iPhones and scribbled on beer mats that never saw the light of day. Guests include Vic Reeves, Nina Conti and Tim Key.

BINGEWATCH
The essential podcast for TV addicts
Download today from iTunes, Spotify or Acast

WORDS: JUDY EWENS, SEAN MARLAND. PHOTOS: ACORN TV, ©2022 DISNEY+ AND ITS RELATED ENTITIES, NETFLIX

For fans of The Shining...

STARZPLAY*

Shining Vale

NEW *Genre: Horror comedy Available: Sun 6 March Season: 1 Episodes: 8 (first two eps from 6 Mar, then weekly) Runs: 26-28min*

With cheeky nods to *The Shining*, Courteney Cox plays novelist Pat, who moves home in an attempt to save her marriage. Pat is soon spooked by the ghost of former occupant Rosemary (Mira Sorvino), but can the phantom help her overcome her writer's block?

If you like motorsport...

NETFLIX

Formula 1: Drive to Survive

NEW *Genre: Docuseries Available: Fri 11 March Season: 4 Episodes: 10*

With the new F1 season just weeks away, this fly-on-the-wall series goes behind the scenes of the thrilling and controversial 2021 season. It follows Red Bull's Max Verstappen and Mercedes driver Sir Lewis Hamilton as they duel over 22 races in a world-title battle that goes right to the wire.

tv+

The Last Days of Ptolemy Grey

NEW *Genre: Drama Available: Fri 11 March Season: 1 Episodes: 6 (first two eps from 11 Mar, then weekly) Runs: 53min TVSW says: Jackson is as watchable as ever*

This six-part series sees Hollywood star Samuel L Jackson playing Ptolemy Grey, an elderly man living with dementia who is haunted by visions of people from his past. When Ptolemy's only carer is gunned down, he forms a close bond with orphaned teenager Robyn (Dominique Fishback), and is offered a miracle cure that will restore his memory, but only temporarily. For the veteran actor, it was a story that hit close to home. 'My mother had dementia, my grandfather had it, and my father's sister has it,' he reveals. 'I'm surrounded by it. When you have a loved one who doesn't know who you are any more, it's the most heartbreaking thing in the world.'

prime

Upload

NEW *Genre: Sci-fi comedy Available: Friday 11 March Season: 2 Episodes: 7 TVSW says: Clever and witty*

Robbie Amell returns as Nathan Brown for a second season of *Upload*, in which dying people can be uploaded into a virtual afterlife of their choice. As we rejoin Nathan, his ex-girlfriend Ingrid (Allegra Edwards) has arrived at his afterlife in upmarket Lake View, but Nathan still hankers after Nora (Andy Allo), his customer-services angel who helped him settle into this strange new world. He's also set to discover more about his death in a self-driving car accident. 'When season two picks up, Nathan and Nora are on separate trajectories, so it's about how they end up finding each other again,' says creator Greg Daniels.

NETFLIX

The Last Kingdom

NEW *Genre: Drama Available: Wednesday 9 March Season: 5 Episodes: 10 Runs: 50-60min TVSW says: A fittingly blood-soaked finale*

The gripping saga of Uhtred of Bebbanburg comes to an end as Netflix's epic tale of Viking-era Britain launches its fifth and final season. While stationed at the border, Uhtred (Alexander Dreymon) is convinced that there is something foreboding in the air, and an unexpected attack on Aethelstan (Harry Gilby) during a hunting trip seems to confirm his suspicions. But as Uhtred steels himself to face invading forces, will he be prepared for what's on the way? 'Season five is all about Uhtred trying to put out fires left and right,' says Dreymon. 'He started in the first season as somebody who was just watching out for himself, but now he's trying to protect his children, and the people that he loves and to whom he's devoted.'

Love & war

Revolution is in the air for **Claire and Jamie** as time-travel fantasy *Outlander* returns

STARZPLAY* Outlander

NEW *Genre:* ***Fantasy drama*** *Available:* ***Sunday 6 March*** *Season:* ***6*** *Episodes:* ***8 (released weekly)*** *Runs:* ***60-80min***
TVSW says: ***A satisfying return***

A little knowledge can be a dangerous thing – a fact that time-traveller Claire Fraser (Caitriona Balfe) is beginning to discover to her cost.

After initially being displaced from 1945 to 1743, Claire has now settled in 1770s North Carolina with husband Jamie (Sam Heughan), where she is using her 20th-century medical knowledge to improve living conditions for the residents of Fraser's Ridge.

But as *Outlander*'s sixth season begins, the possibility that Claire's anachronistic medical skills could seriously disturb the timeline is playing on her mind – as is her awareness that the upheaval of the American Revolution is only a few years away.

TV&Satellite Week joined Balfe, 42, for an exclusive chat about the upcoming season…

Where do we find Claire at the start of the season? She's continuing to advance her medical rediscoveries – trying to incorporate things she knows from her past, which exist in the future! She's also still reeling from the events of last season [when she was abducted and sexually assaulted], and experiencing a lot of trauma. Even though on the surface she's putting on a brave face, that's going to continue to affect her.

Caitriona Balfe and Sam Heughan as Claire and Jamie

Tell us more about Malva, who arrives at Fraser's Ridge… Malva's a really curious young woman, but she unfortunately has a very oppressive father and brother. But Claire sees within her someone who's intelligent and has an appetite for learning, so Claire takes Malva under her wing, and eventually takes her on as an apprentice.

Is the fear of irrevocably altering the timeline weighing heavily on Claire's conscience? Definitely. I think she really starts to self-examine in a way she never has before. What is her legacy? What is her presence in this past? Has her traversing time helped people, or has it hurt people? Is she being selfish? She's grappling with that a lot.

Congratulations on your Supporting Actress BAFTA nomination for the movie *Belfast*. How have you found the response to the film? It's never really happened to me before. We thought maybe people in the UK and Ireland would appreciate this small film, but all across the world people are really responding to it. That's so exciting – anything that gets more people to go and see it is lovely.

EVERYONE'S TALKING ABOUT…

We point you towards the TV moments you won't want to miss on catch-up

Billy Connolly Does…

Everyone's talking about… the Big Yin's fascinating look back at his stand-up career on Gold as he recalls the mischievous games he'd play with his team on tour.

Call the Midwife

Everyone's talking about… the BBC1 drama's shocking series finale, with Dr Turner (Stephen McGann) and Sister Julienne (Jenny Agutter) fighting for their lives after a devastating train crash.

Kate Garraway: Caring for Derek

Everyone's talking about… the presenter reflecting on the stark reality of being a carer in ITV's moving documentary about her husband's battle with COVID-19.

Frayed

Everyone's talking about… troubled Sammy (Sarah Kendall) being arrested after an altercation with dodgy lawyer Rufus (Robert Webb) in Sky Max's quirky 1980s-set comedy drama.

WORDS: CAREN CLARK, IAN MACEWAN, STEVEN PERKINS. PHOTOS: APPLE TV+, BBC, ITV, NETFLIX, PRIME VIDEO, SKY, STARZPLAY, UKTV.
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Sciatica Mrs H.M. of Dewhurst: "After a few days, the tense muscles in my shoulders and lower back relaxed, and after 9 days I no longer suffered from sciatica."

Digestion Mrs H.C. of Goole: "All my life I have suffered from being a light sleeper. I had problems with my lymphatic glands and swelling in my legs. The water circulation and digestion are working well now that I have been wearing my Bracelet for just one month."

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12 The month's TOP SHOWS

Our favourite new shows added to streaming services in the past month you may have missed...

February

Inventing Anna
Genre: Drama Episodes: 9

Producer Shonda Rhimes tells the true story of con artist Anna Delvey (*Ozark*'s Julia Garner), who poses as a German heiress to defraud New York's banks, hotels, gallery owners and her friends.

I Want You Back
Genre: Romantic comedy Episodes: One-off

Peter (Charlie Day) and Emma (Jenny Slate) meet after being dumped by their partners (Gina Rodriguez and Scott Eastwood), and decide to hatch a plan to win back their exes by breaking up their new relationships.

Magpie Murders
Genre: Crime drama Episodes: 6

Book editor Susan Ryeland (Lesley Manville) turns amateur sleuth when bestselling author Alan Conway (Conleth Hill) dies in mysterious circumstances. Just before his death, she'd received Conway's latest book featuring his 1950s detective Atticus Pünd – with the final chapter missing.

The Marvelous Mrs Maisel
Genre: Comedy drama Season: 4 Episodes: 8 (two eps released weekly)

Rachel Brosnahan returns as 1960s stand-up comic Miriam 'Midge' Maisel, who is trying to get her career back on track after being kicked off singer Shy Baldwin's tour.

Pam & Tommy
Genre: Drama Eps: 8 (released weekly)

A based-on-fact drama about the first celebrity sex tape – the honeymoon video of *Baywatch* actor Pamela Anderson (Lily James) and Mötley Crüe drummer Tommy Lee (Sebastian Stan), which was stolen from their home in 1995 and then went viral.

Reacher
Genre: Thriller Episodes: 8

Alan Ritchson takes on the title role of author Lee Child's creation, former military policeman Jack Reacher, previously played in two films by Tom Cruise. After being arrested for a murder he didn't commit, Reacher sets about solving the case himself.

Space Force's Steve Carell

Rooney
Genre: Documentary Episodes: One-off

Controversial moments in footballer Wayne Rooney's life – on and off the pitch – are covered in this documentary, which gives unprecedented access to Rooney, his wife Coleen and their sons.

Severance
Genre: Thriller Episodes: 9 (released weekly)

Employees at a company agree to undergo a procedure that surgically separates their work memories from their personal ones. Mark (*Big Little Lies*' Adam Scott) goes along with it, but then begins to suspect that something sinister is happening.

Lily James and Sebastian Stan in *Pam & Tommy*

Space Force
Genre: Comedy Season: 2 Episodes: 7

Steve Carell is back as General Mark R Naird, the incompetent commander of a new branch of the US military – Space Force. After the events of last season, Naird is given just months by the new US President to prove himself. Tim Meadows guest stars as the Secretary of Defense.

Suspicion
Genre: Thriller Episodes: 8 (released weekly)

When the son of a prominent American businesswoman (Uma Thurman) is kidnapped from a New York hotel, suspicion falls on a disparate group of Brits who were staying at the hotel. As they try to prove their innocence, who can be trusted?

The Tinder Swindler
Genre: Documentary Eps: One-off

The real-life story of Israeli con man Shimon Hayut, who scammed women he met on Tinder by pretending to be the CEO of a diamond company. Their money allowed him to lead a luxury lifestyle until one of them discovered he was a fraudster.

Vikings: Valhalla
Genre: Drama Episodes: 8

This epic 11th-century Norse saga is a sequel to *Vikings*, which came to an end in 2020 after six seasons, and is set more than 100 years after that show. It centres on sea captain and explorer Leif Eriksson (Sam Corlett), his sister Freydis (Frida Gustavsson) and Norwegian prince Harald (Leo Suter).

WORDS: JUDY EWENS, STEVEN PERKINS. PHOTOS: CHANNEL 5, ©2022 DISNEY+ AND ITS RELATED ENTITIES, GETTY, ITV, NETFLIX, SKY, HBO, HULU

Last chance to see...

A round-up of the big TV shows leaving streaming services this week

SATURDAY 5 MARCH

The Teacher

Sheridan Smith stars as a popular teacher accused of sleeping with a pupil during a drunken night out she can't remember in this taut four-part thriller.

MONDAY 7 MARCH

The Outsider

Adapted from the novel by Stephen King, this chilling 10-part series stars Cynthia Erivo as a private eye who assists an investigation into a murder.

MONDAY 7 MARCH

Fleetwood Mac's Songbird – Christine McVie

A profile of Fleetwood Mac's longest-serving female member, who tells the band's complex story.

THURSDAY 10 MARCH

Heathrow: Britain's Busiest Airport (Series 7)

Cameras follow Heathrow's staff during unprecedented times as they deal with the pandemic.

Documentaries

Police mugshots of real-life criminals featured in the documentary

Criminal minds

The real-life gangs who inspired hit series ***Peaky Blinders***

NEW HISTORY

The Real Peaky Blinders

Monday, BBC2 HD, 9pm

The period drama *Peaky Blinders*, about Birmingham gangster Tommy Shelby (Cillian Murphy) and his entourage, was an instant hit when it first aired in 2013, and is now into its sixth and final series.

But fans of the show may not be aware that creator Steven Knight based his characters on stories from his own family history. Now, the facts behind the fiction are examined in BBC2 docuseries *The Real Peaky Blinders*.

'The inspiration came from my mother and father,' says Knight. 'I learnt from them that the backstreets of Birmingham in the 1920s were a wild and, to my mind, wonderful place.'

The sort of criminal outfits *Peaky Blinders* depicts originated in Birmingham in the late 19th century and, legend has it, were named after the gang's habit of sewing razor blades into the peaks of flat caps.

However, historian Carl Chinn, who features in the programme, believes the name actually derives from the gang's distinctive dress, which is reflected in the signature look featured in the show.

'The real Peaky Blinders were not just one 1920s gang,' explains

Death on the Beach

Sunday, Sky Crime HD, 9pm

British backpacker Christina Annesley was found dead in a bungalow on the island of Koh Tao in 2015. This series reveals how the 23-year-old is one of a number of young Brits who have died in suspicious circumstances in this popular tourist destination, earning it the nickname 'Death Island'.

Stacey Dooley: Inside the Convent

Wed, BBC1 HD, 10.35pm (times vary)

Stacey Dooley spends 10 days living with the sisters at St Hilda's Priory in Whitby. They have all taken vows of poverty, obedience and celibacy and follow a strict timetable of work, reading and prayer. Will spiritual reflection help Dooley find a more meaningful life?

Soham: The Murder of Holly & Jessica

Wednesday & Thursday, Channel 5 HD, 9pm

This new series looks back at the two-week search for 10-year-old friends Holly Wells and Jessica Chapman, who went missing from the Cambridgeshire town of Soham in August 2002, with contributions from people who were at the heart of the investigation.

WORDS: NATASHA HOLT, TESS LAMACRAFT. PHOTOS: BBC, CHANNEL 5, GETTY, SHUTTERSTOCK, SKY

A day out before the Racecourse Wars of 1921

Chinn. 'They were the men and youths who belonged to numerous backstreet gangs in Birmingham in the 1890s and at the turn of the 20th century.'

A notorious local gangster was pint-sized Sam Sheldon, one of the main inspirations behind the show's Shelby family.

'He was not someone to mess with,' says Chinn. 'He was involved in riots and bloody beatings. His was the worst gang in Birmingham's history.'

Historian Carl Chinn

Gangs came together in working-class areas, where people lived in horrendous conditions with little hope of improving their lot. 'The one thing they owned was the street,' says Chinn. 'Territory and masculinity came together.'

These violent gangs were involved in pickpocketing, crime and illegal gambling, and had some female members, who shared the well-dressed look their male counterparts loved. In fact, appearance was so important to gang members that they were willing to forgo basic household essentials in order to maintain their well-groomed style.

The Peaky Blinders were soon immortalised in press reports that added to their notoriety.

'A lot of status hinged on reputations of toughness and fighting prowess,' says historian Professor Andrew Davies, who also appears in the programme. 'We could almost say the Peaky Blinders were the celebrities of that age.'

For Knight, whose parents grew up in the Small Heath area of Birmingham, the more he learnt about the world they inhabited, the more fascinated he was.

'All of my characters came about as a consequence of researching who was around at the time,' he says. 'Just discovering the truth about them is so much more wild than you expect it to be.'

Tango with Putin: Storyville

Wednesday, BBC4 HD, 10pm

This timely documentary follows Russian reporter Natasha Sindeeva as she tries to protect independent journalism in her country by setting up her own TV station. This film examines how what started as a pop-culture channel ended up covering corruption and state propaganda.

DID YOU KNOW?

The world's longest-running TV sitcom ran from 1973 to 2010. **Last of the Summer Wine: 30 Years of Laughs (Saturday, Channel 5 HD, 8.30pm)** celebrates the much-loved Yorkshire-set series about the misadventures of three old friends.

Harvey's new home

Katie Price's teenage son starts a new chapter in his life

NEW FACTUAL

Katie Price: What Harvey Did Next

Mon, BBC1 HD, 9pm (times vary)

Last year, the BBC documentary *Katie Price: Harvey and Me* gave a candid insight into the reality star's home life with her son Harvey as it followed the daily challenges of caring for a child with complex needs.

Harvey, now 19, is Price's eldest son and lives with a number of physical and neurological conditions – Prader-Willi syndrome, septo-optic dysplasia, autism and learning disabilities.

The documentary elicited a huge response from viewers, who were touched by the loving relationship between mother and son. 'To hear how so many people connected with our story and how it helped families going through similar experiences made me so proud,' says Price.

In a follow-up documentary, *What Harvey Did Next*, cameras follow the pair as Harvey leaves the family home in Sussex to begin a more independent life at the National Star College, a specialist residential college in Cheltenham, where he'll live full-time in his own flat on campus.

'Other parents want their kids to be doctors or lawyers, but my main goal is for Harvey to learn skills like how to make a cup of tea, how to go shopping with a trolley, how to put a wash on and put covers back on the bed,' says Price, 43.

Filmed over the course of six months, the documentary shows Harvey settling into his new home away from his mum and four siblings, making new friends and embarking on a new chapter in his life.

Despite missing her son and sharing her fears and anxieties, Price can soon see the positive impact of Harvey's new environment as he gains increasing independence.

'Six years ago, Harvey didn't really talk; 10 years ago he was in a wheelchair – now look at him!' says Price. 'He's a fighter, he's strong, and he does more than anyone ever thought he would do. And now he's going to do even more.'

Katie Price and son Harvey

Films *This week's*

reviewed by **Total Film Magazine**

PREMIERE OF THE WEEK

Vin and the gang make vroom for more action

Fast & Furious 9

More mechanical mayhem as **Vin Diesel** and the *Fast* family return

ACTION

Friday, Sky Premiere HD, 10.15am & 8pm

★★★

The latest film in the long-running saga finds the gearhead gang attempting to stop a super-weapon falling into the hands of Jakob (John Cena), exiled brother of Dom (Vin Diesel).

Aided by Charlize Theron's Cipher (the baddie in the previous film), Jakob finds Dom's crew a thorn in his side from the Caspian Sea and Tbilisi to the UK.

Director Justin Lin has helmed several of the series' best entries, and there's ample spectacle here amid the mechanical mayhem, including an 80mph chase over a minefield and creative use of improbably strong electromagnets. Even by the franchise's OTT standards, then, it's a film that puts pedal to the metal and never lets up, sometimes for better, sometimes for worse. *JF* 2021, 12, 143MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

premieres

Heart to heart: Katherine and Vanessa

DRAMA

The World to Come

Sunday, Sky Premiere HD, 12.10pm & 8pm ★★★★

A slow-burning but ultimately rewarding drama of the heart, this film is set in mid-19th-century upstate New York where Abigail (Katherine Waterston) and Tallie (Vanessa Kirby) escape the drudgery of their daily lives by finding solace in each other. The authentic depiction of the sheer toil of 1850s farm life is well balanced by the warmth of two women discovering the depths of their friendship, Waterston and Kirby offering elegant portrayals. The obvious comparison is *Brokeback Mountain*, but *World* forges its own path in a tale where tragedy and heartbreak linger in the air. *JM* 2020, 15, 105MIN

PREVIEW

FAMILY ANIMATION

Pil's Adventures

Saturday, Sky Premiere HD, 3.15am, 6.45am, 12.30pm & 6pm

This French animation is set in the fairy-tale city of Misty Rock, where young orphan girl Pil must help save the kingdom when Prince Roland is turned into a 'chickat' (half-chicken, half-cat) by evil regent Tristain. With a loony jester and three weasels for company, expect Grimm hijinks. *JF* 2021, U, 89MIN

Pil and pals fly to the rescue

PAY-PER-VIEW PREMIERES

*The pick of the week's films on **Sky, Virgin** and other platforms*

Body count: Sienna and Jessica

HORROR

A Banquet

On all week ★★★

Sex ●●● Violence ●●● Language ●●●

Ruth Paxton's feature debut centres on a mother (Sienna Guillory) and daughter (Jessica Alexander) coping with the trauma of a family suicide while contending with a case of demonic possession. This horror is handsomely put together, strikingly performed and offers slow-burn discomfort, but is a little too over-familiar to attain true terror. *LL* 2022, 15, 97MIN

FAMILY ADVENTURE

Clifford the Big Red Dog

On all week ★★

Sex ●●● Violence ●●● Language ●●●

Norman Bridwell's colossal crimson canine Clifford has charmed children for decades, but director Walt Becker makes a dog's dinner out of this live-action adaptation. Adopted by loving young girl Emily (Darby Camp), orphaned puppy Clifford grows 10ft overnight, much to the horror of uncle Casey (Jack Whitehall) but the delight of Tony Hale's bad guy, who sees dollar signs in Clifford's miraculous growth spurt. The dog's boisterous antics delight, but the visual effects rarely convince and an American-accented Whitehall fails to raise a single titter. *JF* 2021, PG, 96MIN

Big news: Clifford

MUSICAL DRAMA

Dear Evan Hansen

On all week ★★★

Sex ●●● Violence ●●● Language ●●●

The hit show doesn't quite hit the high notes on screen. It retains stage star Ben Platt in the role of anxious, depressed Evan, who feigns friendship with classmate Connor (Coltan Ryan) after he takes his own life, only for the white lie to grow larger and darker by the day. A toe-tapping film about mental health, loneliness and loss, this is stronger when modestly staging its tunes than tending to the drama in between. *JG* 2021, 12, 137MIN

ACTION

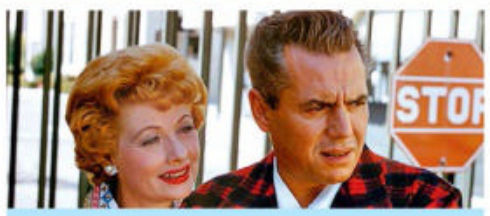
The Vault

On all week ★★★

Sex ●●● Violence ●●● Language ●●●

This intense action thriller gathers a cabal of dashing international thieves (including Liam Cunningham, Sam Riley, Astrid Bergès-Frisbey and Freddie Highmore) who are plotting an audacious theft from the impregnable vault in the Bank of Spain while the country is distracted by the excitement of the 2010 World Cup. While the sequel-ready ending is definitely an issue, the circuitous road to get there is a clever, fun, white-knuckle ride. *KM* 2021, 15, 118MIN

PICK OF THE MOVIES ON AMAZON PRIME VIDEO & DISNEY+



DOCUMENTARY

Lucy and Desi

prime video *On all week* ★★★★

Sex ●●● Violence ●●● Language ●●●

It seems everyone loves Lucy: following Aaron Sorkin's drama *Being the Ricardos* comes Amy Poehler's smart, thoughtful documentary on 1950s TV stars Lucille Ball and Desi Arnaz's on- and off-screen marriage. Very much a celebration, not an exposé, Poehler's film makes skilful use of Technicolor home movies, archive footage and newly discovered personal audio tapes to let Lucy and Desi tell their own story. *KS* 2022, PG, 103MIN

MUSICAL

West Side Story

Disney+ *From Wed 2 March* ★★★★

Sex ●●● Violence ●●● Language ●●●

A reimagining of the stage show, but really in thrall to the 1961 film, Steven Spielberg's new version boasts spectacular dance numbers and, of course, incredible songs. Set among rival gangs in 1950s New York, it stars Ansel Elgort and Rachel Zegler as the star-crossed lovers. Among the highlights are the mixer where the two communities are forced to mingle and the performance of *America* that engulfs the streets. *MM* 2021, 12, 156MIN

FilmFinder The best of the week at a glance

Horror

Maggie ★★★
Saturday, AMC, 9pm
Arnold Schwarzenegger reins in the muscle power to play a distraught family man whose teenage daughter (Abigail Breslin) has become infected with a zombie virus. 2015, 15, 95MIN

Brightburn ★★★
Saturday, Film4, 10.45pm
In a grisly spin on the Superman story, Jackson A Dunn's boy who fell to Earth wields his superpowers to horrific purpose. Elizabeth Banks also stars as his adoptive mum. 2019, 15, 90MIN

Dog Soldiers ★★★
Thursday, Film4, 11.20pm
Sean Pertwee and Kevin McKidd's British soldiers on manoeuvres in the Scottish Highlands come under attack from werewolves in this slick creature feature. 2001, 15, 105MIN

The Cabin in the Woods ★★★★
Friday, Film4, 11.15pm
Co-written by Joss Whedon and starring Chris Hemsworth, this mind-bending chiller plays with horror expectations to delicious effect. 2011, 15, 95MIN

Drama

Her Smell ★★★★
Saturday, Film4, 12.35am
The venomous behaviour of a waning rock star (Elisabeth Moss) drags down everyone caught in her wake. Moss is mesmerising, keeping us invested in her possible redemption. 2018, 15, 136MIN

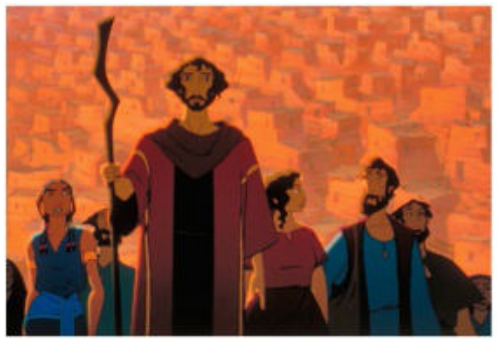
Lost Girls & Love Hotels ★★★
Sunday, Sky Drama, 12.40am
Alexandra Daddario's piercing gaze and bold performance command near every frame of this stylish account of a lost Gen Y-er's rudderless existence as a foreigner in Tokyo. 2020, 18, 97MIN

Erin Brockovich ★★★★
Monday, Sky Women in Film, 8pm
An Oscar-winning Julia Roberts stars as a real-life mother who gets a job as a legal clerk and ends up taking on a corporation which has been polluting a town's water supply. 2000, 15, 133MIN

Miss Juneteenth ★★★★
Friday, Sky Women in Film, 11.05am
In this tender, timely melodrama, broke waitress Nicole Beharie strives to get her daughter Alexis Chikaeze into a Texas talent competition for Black teenagers. 2020, 15, 99MIN

Family

Earth to Echo ★★★
Tuesday, Sky Family, 10.15pm
Borrowing ideas from a host of 1980s sci-fi flicks, *E.T.*, *Short Circuit* and *Explorers* among them, this likeable fantasy finds four teenagers rescuing a stranded alien. 2014, PG, 91MIN



The Prince of Egypt ★★★★
Wednesday, Sky Animation, 8.05pm
A grand and ambitious re-telling of the Biblical story of Moses (voiced by Val Kilmer) that is not so much a musical cartoon as a clever and visually stunning animated opera. 1998, U, 99MIN

EDITOR'S CHOICE

Can You Ever Forgive Me? ★★★★
Tuesday, Film4 HD, 9pm
Boozy and bad-tempered, cranky author Lee Israel turns to literary forgery to make ends meet – knocking off fake letters by the likes of Dorothy Parker and Noël Coward and selling them to collectors with help from her English drinking buddy Jack Hock. Melissa McCarthy and Richard E Grant make a terrific double act in this hilarious, unexpectedly poignant fact-based drama set in 1990s New York. 2018, 15, 102MIN

Thriller

You Were Never Really Here ★★★★★
Sunday, Film4, 11pm
Compelling from first to last, this dark story finds Joaquin Phoenix playing a traumatised war vet who rescues girls from sex-traffickers. 2017, 15, 90MIN

A Most Violent Year ★★★★★
Sunday, GREAT! movies, 11.15pm
This crime thriller is quite superb, with a riveting performance from Oscar Isaac as a business owner in 1981 New York. It also features a fine turn from Jessica Chastain as his wife. 2014, 15, 125MIN

Gunpowder Milkshake ★★★
Wednesday, Sky Women in Film, 9.45pm
Karen Gillan stars as an assassin who inadvertently sparks off a gang war. It's partly a comedy, partly a tearjerker, but mostly a high-velocity, hyper-stylised bullet ballet. 2021, 15, 104MIN

Pixie ★★★
Thursday, Sky Thriller, 1.35pm
A fresh Irish comedy thriller starring Olivia Cooke, who takes up with naïve Ben Hardy and Daryl McCormack when they acquire a stash of drugs and a dead body. 2020, 15, 93MIN

Films may be edited for television. The running times given are those of the original cinema releases.

Weekend movies

Saturday 5 March

COMEDY ADVENTURE

Jumanji: Welcome to the Jungle

C4, 6.45pm ★★★★

Sex ●●● Violence ●●● Language ●●●

As the avatars of four high-school kids magically stranded inside a jungle videogame, Dwayne Johnson, Jack Black, Kevin Hart and Karen Gillan fully enter into the spirit of this terrific sequel to the 1995 fantasy comedy. Amid the CGI action, Johnson is a scream as the teen nerd-turned-strapping hero, Gillan is perfect as the wallflower transformed into a Lara Croft-style badass, Hart has fun as a hulking alpha jock-turned-zoologist and Black lets rip as a prissy teen princess-turned-middle-aged male. 2017, 12, 119MIN

Dwayne, Karen, Jack and Kevin are game for anything

COMEDY DRAMA

La Belle Epoque

BBC4, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Daniel Auteuil and Fanny Ardant are on fine form as estranged spouses in this satirical comedy written and directed by Nicolas Bedos. Kicked out of the family home by his unfaithful psychoanalyst wife Marianne (Ardant), Auteuil's morose technophobe Victor gets a chance to relive the day they first met in a Lyon café in 1974 when his son signs him up with a company that offers tailor-made, hyper-realistic re-enactments of past epochs. Typically French in its charm, wit and romantic playfulness, this is a delight. Subtitled. 2019, 15, 115MIN

CRIME CAPER

Ocean's Twelve

ITV, 10.40pm ★★★

Sex ●●● Violence ●●● Language ●●●

It's been more than three years since Danny Ocean (George Clooney) and his gang targeted Andy Garcia's casinos. Now he wants his money back, which can only mean more heists. Complicating matters are Catherine Zeta-Jones, making 12 as the cop on the case, and Julia Roberts' Tess Ocean having to impersonate, er, Hollywood star Julia Roberts – especially when Bruce Willis, as her pal Bruce Willis, enters the picture! Playful, witty and full of in-jokes, the plot is just an excuse to show off the stars, but they're great fun to be around. 2004, 12, 125MIN

DRAMA

The Levelling

BBC2, 2.10am ★★★★

Sex ●●● Violence ●●● Language ●●●

Set in the Somerset Levels in the aftermath of the devastating floods of 2014, this drama is appropriately dour. Trying to keep her head above water is Ellie Kendrick's trainee vet, Clover, bristling with anger, resentment and guilt on her return to the family's failing farm following her brother's sudden death. There are buried badgers on the land, and buried secrets, but Clover's estranged father (David Troughton) seems in bluff denial about the family's situation. The emotions here are largely submerged but the understated drama is anything but soggy. 2016, 15, 84MIN

Also on Saturday

Pil's Adventures
Sky Premiere HD, 3.15am, 6.45am, 12.30pm & 6pm
See Premieres page 23.

The Man from U.N.C.L.E.
Sky Hits, 9.50am & 10.25pm ★★★★
Henry Cavill and Armie Hammer star in Guy Ritchie's fun reboot of the 1960s TV show.

Maggie
AMC, 9pm ★★★
See FilmFinder page 24.

Brightburn
Film4, 10.45pm ★★★
See FilmFinder page 24.

Her Smell
Film4, 12.35am ★★★★
See FilmFinder page 24.

Full listings start on p35

Sunday 6 March

DRAMA

Mass

Sky Hits, 6am & 2pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

It's hard to make sense of a senseless tragedy, but this searing drama, set for the most part in a single room, captures the agony of that futility. Two sets of parents (Jason Isaacs and Martha Plimpton and Ann Dowd and Reed Briney) meet years after a school shooting. Both their sons died – but, excruciatingly, one was a victim, the other the shooter. It's a truly devastating story about grief and a tough watch, but the superb acting is well worth the energy it takes to absorb the impact. 2021, 12, 89MIN

Tough talking: Jason and Martha face their fears

ANIMATION

Kung Fu Panda

C4, 2.55pm ★★★★

Sex ●●● Violence ●●● Language ●●●

In Ancient China, Po (ideally voiced by Jack Black) is a lazy, tubby panda who ends up being selected to fulfil an old Chinese prophecy, involving training in kung fu from martial-arts guru Master Shifu (Dustin Hoffman) and his experts – a monkey (Jackie Chan), viper (Lucy Liu), snow tiger (Angelina Jolie), mantis (Seth Rogen) and crane (David Cross). Po struggles to prove his worth – but then gets the chance to show he's a real hero... Perfect for all ages, this excellent animation has a smashing story, hilarious jokes and wonderful characters. 2008, PG, 92MIN

FANTASY

Ant-Man

BBC1, 4.15pm (not NI, WIs) ★★★★

Sex ●●● Violence ●●● Language ●●●

Possessing a special suit that enables the wearer to shrink to the size of an insect seems a comically puny superpower to give a hero, yet this is a fun and engaging Marvel Comics adventure. The suit, invented by wary scientist Henry Pym (Michael Douglas), is stolen by Paul Rudd's cat burglar Scott Lang – who is soon facing all manner of perils when he dons it and shrinks to miniature size. Rudd's self-deprecating persona is perfect, Evangeline Lilly provides feisty support as Pym's daughter and the big action set pieces are a hoot. 2015, 12, 117MIN

COMEDY DRAMA

Misbehaviour

BBC2, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This sassy, sharp and riotously entertaining comedy drama takes us back to the 1970 Miss World contest, where Gugu Mbatha-Raw's Miss Grenada bids to make history while women's libbers Keira Knightley and Jessie Buckley plot to disrupt the ceremony in London. With juicy roles, too, for Rhys Ifans and Keeley Hawes as the contest's canny organisers, Eric and Julia Morley, and Greg Kinnear as smarmy host Bob Hope, the movie brilliantly captures the era's dodgy fashions and even dodgier sexual politics with vivid gusto. 2020, 12, 106MIN

Also on Sunday

The World to Come
Sky Premiere HD, 12.10pm & 8pm ★★★★
See Premieres page 23.

McFarland, USA
BBC2, 2.10pm ★★★
A stirring, underdogs-triumph real-life sports drama starring Kevin Costner.

You Were Never Really Here
F4, 11pm ★★★★★
See FilmFinder page 24.

A Most Violent Year
GREAT! movies, 11.15pm ★★★★★
See FilmFinder page 24.

Lost Girls & Love Hotels
Sky Drama, 12.40am ★★★
See FilmFinder page 24.

Full listings start on p45

Weekday movies over page

Weekday movies

Monday 7 March

ADVENTURE

Nancy Drew and the Hidden Staircase

Sky Book Day, 6am ★★★

Sex ●●● Violence ●●● Language ●●●

Taking an original 1930 *Nancy Drew* novel as its template, this reboot for the teen sleuth is an enjoyable romp. Sophia Lillis is the perfect fit for the mystery solver – just the right side of perky and determined, she's now a skateboarding hipster investigating the case of an apparently haunted local house. The script will please younger viewers and is more than engaging for post-teens, too. 2019, PG, 89MIN

On the case: Sophia sniffs out a mystery

COMEDY DRAMA

The Climb

Sky Hits, 8.50am & 2.20am ★★★

Sex ●●● Violence ●●● Language ●●●

A talky but hilarious indie movie charting a decade of loyal-but-toxic friendship between Mike and Kyle (real-life pals Michael Angelo Covino, who also wrote and directed, and Kyle Marvin). As the pair jostle for supremacy, no wedding, funeral, seduction or ski trip is safe from their butting heads. Covino's sharp snapshots of emotional chaos combine with much mountain cycling and surreal musical inserts. 2020, 15, 98MIN

DRAMA

Clemency

Sky Women in Film, 2.20pm & 1.35am ★★★★

Sex ●●● Violence ●●● Language ●●●

The barbarity of capital punishment is squarely addressed in writer-director Chinonye Chukwu's powerful drama. Alfre Woodard stars as a veteran prison warden buckling under the strain of carrying out death row executions. Woodard conveys her character's struggle in every fibre, her turmoil amplified by the experience of a botched execution and her doubts about a condemned prisoner's guilt. 2019, 15, 112MIN

DISASTER MOVIE

2012

Film4, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

The end of the world is nigh, according to director Roland Emmerich's breezy blockbuster. Separated couple John Cusack and Amanda Peet are brought back together when Earth's core heats up, causing volcano-tsunami-earthquake hell. Luckily, there's a car and plane, along with a handy escape map left by loopy DJ Woody Harrelson, to get them, their kids and her tetchy boyfriend to safety. Utter tosh, but undeniably entertaining. 2009, 12, 158MIN

Also on Monday

Suffragette
Film4, 6.50pm ★★★
Carey Mulligan fights for her rights.

Erin Brockovich
Sky Women in Film, 8pm ★★★★
See FilmFinder page 24.

Christine
Horror Channel, 9pm ★★★
Keith Gordon has car trouble.

Lucy
Sky Women in Film, 10.15pm ★★★
A blistering, if unlikely, thrill-ride.

The Children
Horror Channel, 11.10pm ★★★
The kids are not all right in this spine-tingling chiller.

Full listings start on p55

Tuesday 8 March

DRAMA

Phantom Thread

BBC2 HD, 11.15pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

An exquisite weave of gothic romance and haute couture comedy, director Paul Thomas Anderson's spellbinding movie traces the battle of wills between Daniel Day-Lewis' ultra-perfectionist dressmaker in glamorous 1950s London and the young woman (Vicky Krieps) who serves as his mistress, model and muse. Day-Lewis is on immaculate form, strong-willed Krieps more than matches him and the frocks are fabulous – costume designer Mark Bridges deservedly scooped an Oscar. 2017, 15, 130MIN

Lady sees red: Vicky faces up to Daniel

ADVENTURE

Sherlock Holmes: A Game of Shadows

Sky Hits, 12noon & 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

Following the success of 2009's entertaining *Sherlock Holmes*, Robert Downey Jr's manic, mischievous, kick-ass hero returns for a sequel that is even more knockabout and irreverent than its predecessor. Holmes and Watson (Jude Law) are plunged into a quest to thwart the criminal mastermind, Professor Moriarty (Jared Harris). The action has a spirited vigour and it is rollicking good fun. 2011, 12, 129MIN

FANTASY

Batman Begins

Sky One, 9pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Christopher Nolan's brooding take on the Caped Crusader's early years is an exhilarating, visually stunning spectacle. Christian Bale is just right as Bruce Wayne and the film has exceptional fun explaining the origins of the Bat Cave, Batmobile and that famous cowl, cape and utility belt. Cillian Murphy is the scary Scarecrow, while Gary Oldman, Michael Caine, Liam Neeson and Morgan Freeman excel in support. 2005, 12, 140MIN

ACTION

John Wick: Chapter 2

Channel 5, 11pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Keanu Reeves' impossibly cool, impossibly deadly and even more impossibly indestructible assassin dispatching dozens of foes made 2014's *John Wick* a guilty-pleasure treat. His lone avenger is still pulling off the inconceivable in this brazenly entertaining sequel. The plot hardly matters – it's all about the audacious wit of its bizarre criminal world and the elegant brutality of the superb action set pieces. 2017, 15, 122MIN

Also on Tuesday

Enemy at the Gates
Sky Drama, 1.45pm ★★★★
Ed Harris and Jude Law star in a tense battle of wartime wits.

Can You Ever Forgive Me?
Film4, 9pm ★★★★
See Editor's Choice page 24.

Son of a Gun
GREAT! movies, 9pm ★★★
A solid, gritty crime drama starring Brendon Thwaites.

Earth to Echo
Sky Family, 10.15pm ★★★
See FilmFinder page 24.

Crank
Sky Hits HD, 12.15am ★★★★
Jason Statham cranks it up to the max in a blistering action movie.

Full listings start on p65

Wednesday

SCI-FI THRILLER

Snowpiercer

Film4, 11.10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

It's best to take the plot of this barmy sci-fi thriller at face value, since logic is left way behind as a non-stop locomotive barrels its way through an apocalyptic frozen landscape with the remains of humanity aboard. The haves live in

Frozen out: John, Chris and Jamie

THRILLER

No Exit

Disney+, On demand ★★★

Sex ●●● Violence ●●● Language ●●●

Travelling to see her sick mother on the other side of the US, but stuck in a remote visitors' centre due to a blizzard along with four others, recovering addict Darby (Havana Rose Liu) finds a girl tied up and gagged in a van – but which strandee does it belong to? It's a superb set-up, but this thriller reveals its hand a little too early and then relies on some incredulous twists. That said, it does a good job with the finale and a standout Liu holds it all together. 2022, 15, 95MIN

WAR DRAMA

Saving Private Ryan

Sky Greats, 12.10pm & 9pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Steven Spielberg's sombre, Oscar-winning war movie kicks off with gut-wrenching scenes of US Army officer Tom Hanks and his men landing, on 6 June 1944, on the Normandy beaches into a hail of German bullets. The story that follows is about shell-shocked Hanks' and his unit's efforts to track down a soldier (Matt Damon), whose three brothers have been killed in action, and get him home. 1998, 15, 169MIN

9 March

luxury at the front, while the have-nots languish at the back – but revolt is stirring… As rebel leader Chris Evans and his allies (including Jamie Bell and John Hurt) fight their way forward, opposed, among others, by a grotesque Tilda Swinton, the film takes fierce satirical swipes along the way. A veritable thrill ride if ever there was. 2013, 15, 126MIN

THRILLER

Unknown

Sky Thriller, 3.55pm & 4.15am ★★★

Sex ●●● Violence ●●● Language ●●●

Liam Neeson is in top action-man mode as a botanist visiting Berlin with his wife (January Jones). An accident in a taxi driven by Diane Kruger leaves him in a coma, but when he wakes Jones says she doesn't know him and another man (Aidan Quinn) is claiming to be her husband. So what's going on..? The plot's hardly credible, but this is a fine action thriller and the clever twist leads to a tense climax. 2011, 12, 113MIN

Also on Wednesday

St Trinian's
Sky Cinema Comedy, 2.35pm & 10pm ★★★
An enjoyable reboot for the mischievous girls.

One Day
Film4, 6.50pm ★★★★
A touching, bittersweet love story.

The Prince of Egypt
Sky Animation, 8.05pm ★★★★
See FilmFinder page 24.

Gunpowder Milkshake
Sky Women in Film, 9.45pm ★★★
See FilmFinder page 24.

Carlito's Way
ITV4, 11.15pm ★★★★
Al Pacino heads up a gritty thriller.

Full listings start on p75

Thursday 10 March

THRILLER

The Dry

Sky Hits, 12.35am ★★★★

Sex ●●● Violence ●●● Language ●●●

The parched land around a drought-hit Outback town is fertile territory for secrets and lies in this thriller based on Jane Harper's hit novel. Eric Bana is superb as a haunted cop forced to go back to his home town after his childhood pal has, apparently, shot his wife, kid and then turned the gun on himself. But Bana's presence opens up bitter wounds of a murder 20 years before that he may know more about than he's letting on… Wonderfully acted, well paced and shot with a masterful eye, this is gripping. 2020, 15, 117MIN

On home turf: Eric has nowhere to hide

DRAMA

Philadelphia

Sky Drama, 1.40pm ★★★

Sex ●●● Violence ●●● Language ●●●

This legal drama confronts the subject of AIDS. Oscar-winning Tom Hanks is excellent as a young gay lawyer who sues his firm for unfair dismissal when they fire him after learning that he has the illness, and Denzel Washington is equally impressive as the homophobic wheeler-dealer lawyer who agrees to defend him. The sentimentality is poured on just a little too thickly, but it's still a persuasive, well-acted drama. 1993, 12, 122MIN

BIOPIC

The Colour Room

Sky Drama, 6.05pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Phoebe Dynevor makes an engaging lead as potter Clarice Cliff. In 1919 she's decorating pottery in a Stoke factory, then owner Colley Shorter (Matthew Goode) sees her own designs... From there it's a formulaic but satisfying climb through a male-dominated world. There's plenty of period charm to this enjoyable biopic, with the huge chimneys contrasting with the brightly hued 'colour room' where Cliff's imagination runs riot. 2021, PG, 108MIN

COMEDY DRAMA

Rare Beasts

Sky Women in Film, 6.20pm & 3.10am ★★★★

Sex ●●● Violence ●●● Language ●●●

Billie Piper's first film outing as writer, director and star is a rude, restless whoosh of a movie. Piper gives a no-holds-barred performance, using her expressive face to full effect as a frazzled single mum TV writer desperately seeking love (a hilariously tantrum-prone Leo Bill could be the answer to her prayers), while dealing with her difficult son and cantankerous mum (a gorgeously gloomy Kerry Fox). 2020, 15, 90MIN

Also on Thursday

Carry On Screaming
Sky Greats HD, 10.05am & 12.25am ★★★★★
The team's funniest movie.

Around the World in 80 Days
Sky Cinema Comedy, 12.30pm & 8pm ★★★
Steve Coogan and Jackie Chan take a larky trip.

Pixie
Sky Thriller HD, 1.35pm ★★★
See FilmFinder page 24.

Passport to Pimlico
Sky Arts, 9pm ★★★★★
A classic spoof of post-War Britain.

Dog Soldiers
Film4, 11.20pm ★★★
See FilmFinder page 24.

Full listings start on p85

Friday 11 March

ACTION FANTASY

Godzilla vs Kong

Sky Sci-Fi/Horror, 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

The Big G emerges from the ocean and causes chaos in the fourth movie in Legendary's MonsterVerse series. Rebecca Hall's Dr Ilene Andrews and Alexander Skarsgård's geologist Nathan Lind head the human cast, but all that matters is the clash of the titans, with the star of *Kong: Skull Island* having grown from 1970s adolescent into a gorilla so huge he's now a match for his atomic-breathing foe. It's a delight watching the famous monsters in a series of expertly choreographed battles that pack a real wallop. 2021, 12, 113MIN

Monster crunch: Godzilla and Kong are fine foes

ANIMATION

Valiant

Sky Animation, 8.10pm ★★★

Sex ●●● Violence ●●● Language ●●●

Young pigeon Valiant (voiced by Ewan McGregor) is eager to do his bit for the British war effort in 1944. So, he joins the Royal Pigeon Homing Service and, with a gaggle of equally intrepid colleagues, is sent on a dangerous mission to France to deliver a vital message. This plucky cartoon has fun spoofing the likes of *The Great Escape* and there's splendid voice work from McGregor, Ricky Gervais, Tim Curry and John Cleese. 2005, U, 76MIN

ROMCOM

The Big Sick

BBC3, 10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on the fraught courtship of Kumail Nanjiani and Emily V Gordon, this unusual film gives the romcom genre a welcome shot in the arm. Pakistani-American stand-up comedian and part-time Uber driver Kumail plays himself, while Zoe Kazan is Emily, a postgraduate student when they first get together after she heckles him at a gig. Adroitly balancing seriousness and humour, this is a heartfelt, touching and very funny film. 2017, 15, 117MIN

FANTASY COMEDY

The Witches of Eastwick

BBC1, 12.05am (not Scotland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Jack Nicholson gives one of his ripest performances as Daryl Van Horne, a charmer who turns up in a pretty New England town in response to the bored wishes of three very different friends – Cher, Susan Sarandon and Michelle Pfeiffer – after they try to conjure up their perfect man. A devilish battle of the sexes, George Miller's film is fast moving and great fun. 1987, 18, 118MIN

Also on Friday

Fast & Furious 9
Sky Premiere HD, 10.15am & 8pm ★★★
See Premieres page 22.

Miss Juneteenth
Sky Women in Film, 11.05am ★★★★
See FilmFinder page 24.

22 Jump Street
ITV2, 9pm ★★★
Jonah Hill and Channing Tatum return for more riotous fun.

The Cabin in the Woods
Film4, 11.15pm ★★★★
See FilmFinder page 24.

The Birds
TCM, 12.45am ★★★★★
Tippi Hedren is all a-flutter.

Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

West Indies v England

THE MAIN EVENT

Joe Root's new-look side begin a three-Test series in Antigua

LIVE CRICKET

From Tuesday, BT Sport 1 HD, play starts 2pm

Following their T20 tour of the West Indies in January, England are back in the Caribbean for a three-match Test series to compete for the newly created Richards-Botham Trophy – a contest that honours the friendship between cricket legends Sir Ian Botham and Sir Vivian Richards.

The announcement of the England squad was not without controversy, with bowlers James Anderson and Stuart Broad both omitted from the touring party following a disastrous Ashes series that saw England narrowly avoid a whitewash.

Anderson, 39, and 35-year-old Broad – England's all-time leading Test bowlers with 1,177 wickets between them – have been dropped after an interim selection panel of Sir Andrew Strauss, Paul Collingwood and James Taylor decided to give opportunities to Yorkshire's Matthew Fisher and Lancashire's Saqib Mahmood.

The squad also sees a return for Surrey wicketkeeper Ben Foakes, and the inclusion of the uncapped Durham batter Alex Lees, who looks set to open alongside Zak Crawley.

Sir Ian Botham and Sir Vivian Richards

LEADERSHIP

Joe Root can consider himself fortunate to remain as captain after a record nine defeats in 2021. But he was England's leading run-scorer in Australia, and much will depend on his form with the bat in the West Indies.

New squad member Alex Lees

The Test series will start at the Sir Vivian Richards Stadium in Antigua on 8 March before moving to Barbados for the second Test from 16 March, while the third Test begins on 24 March in Grenada.

'Having a trophy named after us is a huge honour for my good friend Ian Botham and myself,' says Sir Vivian Richards, who scored 8,540 runs in 121 Tests for the Windies.

'When I had the opportunity to go to England and represent Somerset, Ian became one of my best friends. We were competitors on the field, but we showed we were brothers off the field. I'm proud to have my name on one side of the trophy with him on the other side.'

WORDS: RICHARD MCCLURE. PHOTOS: ALAMY, GETTY

Saqib Mahmood, Ben Foakes, Joe Root, Matthew Fisher and Zak Crawley

England captain Heather Knight

WOMEN'S WORLD CUP

Defending champions England are in action as the Women's World Cup gets into gear this week in New Zealand. After playing the favourites, Australia, in Hamilton in the early hours of Saturday (Sky Sports World Cup & Sky Sports Main Event, 1am), Heather Knight's side take on the West Indies in Dunedin on Tuesday (Sky Sports World Cup & Sky Sports Main Event, 10pm). Eight nations compete in a single group, with the top four sides progressing to the semi-finals. The final is in Christchurch on Sunday 3 April.

Snowboarder James Barnes-Miller

LIVE WINTER SPORTS

Winter Paralympics

Saturday-Friday, C4 HD

After Team GB's mixed showing at the Winter Olympics, which produced just two medals – gold for the women's curling team and silver for the men's – attention now switches to our Winter Paralympians in Beijing this week. Among our medal hopes is snowboarder James Barnes-Miller, who made history in Pyeongchang in 2018 as the first athlete to represent GB in the sport at the Paralympics. He'll be competing in both the snowboard cross and banked slalom events for athletes with lower and upper limb impairments. 'I'm fitter, stronger and more knowledgeable than I was four years ago, and I'm aiming to get on the podium,' he says.

Barnes-Miller in action

French scrum half Antoine Dupont

LIVE RUGBY UNION

Six Nations

Friday, BBC1 HD & S4C HD, kick-off 8pm

This year's Championship features a Friday-night match as Wales host France in what promises to be an epic encounter in Cardiff. Les Bleus have won the sides' last three meetings, most recently a thrilling 32-30 encounter in Paris last year when Antoine Dupont was among the try scorers. The Toulouse scrum half has continued his fine form into this year as France seek a first Six Nations title since 2010.

Inter's Marcelo Brozovic challenges Liverpool star Roberto Firmino

LIVE FOOTBALL

Champions League

Tuesday & Wednesday, BT Sport 2 HD, kick-offs 8pm

First-leg goals from Roberto Firmino and Mohamed Salah have put Liverpool in a strong position to reach the quarter-finals as Inter Milan visit Anfield on Tuesday. The San Siro match also saw midfielder Harvey Elliott become the youngest player to start in the Champions League for the Reds at the age of 18 years and 318 days. Meanwhile, Wednesday's game at the Etihad should be a formality for Manchester City, who defend a 5-0 lead against Sporting Lisbon.

Fabio Quartararo

LIVE MOTORCYCLING

MotoGP: Qatar Grand Prix

Sun, BT Sport 2 HD, race starts 3pm

Yamaha's Fabio Quartararo begins the defence of his crown at the season opener in Qatar after becoming the first ever Frenchman to win the MotoGP world title. There are five rookies on the grid, including 24-year-old Australian Remy Gardner, who took the 2021 Moto2 title, and Moto2 runner-up Raúl Fernández.

Sport A-Z and football planner »»

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- ✔ Excursion to Amsterdam

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GRAND TOUR OF ITALY

Italy is renowned for its scenic vistas, fascinating history and unique architecture and is home to some of the world's greatest works of art. Combined with a Mediterranean climate and delicious food and drink, it's no wonder that the country is one of Europe's most popular destinations! On this grand tour we enjoy many of Italy's highlights, immersing ourselves in the land of *la dolce vita* while taking in the spectacular landscapes of Tuscany and visiting wonderful cities. Experience remarkable Venice with its trademark canals, historic Florence, the capital of Rome and the beautifully-preserved hilltop city of Siena on this fantastic trip!

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- ✔ 7 nights at selected 4-star hotels in Italy with breakfast plus 6 dinners
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- ✔ Guided walking tours of Florence & Venice
- ✔ Guided city tour of Rome
- ✔ En-route visits to Pisa & Siena
- ✔ Fully escorted by a tour manager

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Sport week A-Z GUIDE This week's sport on TV

BASKETBALL

LIVE Collegebasketball
Sat 5pm & 7pm BT Sport/ESPN

LIVE Kansas Jayhawks v Texas Longhorns
Sat 9pm BT Sport/ESPN

LIVE Dallas Mavericks v Sacramento Kings
Sat 10pm Sky Sports Arena & Sky Sports Mix

LIVE Duke Blue Devils v North Carolina Tar Heels
Sat 11pm BT Sport/ESPN

LIVE Los Angeles Lakers v Golden State Warriors
Sat 1.30am Sky Sports Arena

LIVE Texas A&M Aggies v Mississippi State Bulldogs
Sat 1.30am BT Sport/ESPN

LIVE UCLA Bruins v USC Trojans
Sat 3am BT Sport 2 & BT Sport 3

LIVE Women's ACC Championship Game
Sun 5pm BT Sport/ESPN

LIVE Boston Celtics v Brooklyn Nets
Sun 6pm Sky Sports Arena & Sky Sports Mix

LIVE Women's SEC Championship Game
Sun 7pm BT Sport/ESPN

LIVE Milwaukee Bucks v Phoenix Suns
Sun 8.30pm Sky Sports Arena

LIVE Women's Big Ten Championship Game
Sun 9pm BT Sport/ESPN

LIVE Women's Pac-12 Championship Game
Sun 11pm BT Sport/ESPN

LIVE Women's Sun Belt Championship Game
Mon 7pm BT Sport/ESPN

LIVE College Basketball
Mon 12m't & 2am BT Sport 2

LIVE Women's Horizon League Championship Game
Tue 5pm BT Sport/ESPN

LIVE Crvena Zvezda v Madrid
Tue 5.55pm FreeSports

LIVE Women's Summit League Championship Game
Tue 7pm BT Sport/ESPN

LIVE Women's West Coast Conference Championship
Tue 9pm BT Sport/ESPN

LIVE College Basketball
Tue 12m't & 2am BT Sport/ESPN & BT Sport 2

Golf
Lee Westwood claimed second spot at the 2021 Players Championship

LIVE ACC Tournament
Wed 5pm, 7.30pm, 12m't & 2.30am BT Sport/ESPN

LIVE Real Madrid v Milano
Thu 7.40pm FreeSports

LIVE Big 12 Tournament
Thu 8pm BT Sport/ESPN

LIVE ACC Tournament
Thu 12m't & 2.30am BT Sport/ESPN

LIVE Philadelphia 76ers v Brooklyn Nets
Thu 12.30am Sky Sports Arena

LIVE Denver Nuggets v Golden State Warriors
Thu 3am Sky Sports Arena

LIVE SEC Tournament
Fri 5pm & 7.30pm BT Sport/ESPN

LIVE Newcastle Eagles v Manchester Giants
Fri 7pm Sky Sports Action & Sky Sports Mix

LIVE ACC Tournament
Fri 12m't & 2.30am BT Sport/ESPN

LIVE Big 12 Tournament
Fri 12m't & 2.30am BT Sport 2

BOXING

LIVE BT Sport Fight Night
Fri 7pm BT Sport 2

COMBAT SPORTS

LIVE UFC 272 Prelims
Sat 1am BT Sport 1

LIVE Colby Covington v Jorge Masvidal
Sat 3am BT Sport 1

CRICKET

LIVE Australia v England
Sat 6am Sky Sports Main Event & Sky Sports World Cup
Joining the action mid-game.

LIVE Pakistan v Australia
Sat 6am Sky Sports Mix & 11.30am Sky Sports World Cup; Sat 4.50am Sky Sports Mix & Sun 11.30am Sky Sports World Cup; Sun 4.50am Sky Sports Mix, Mon 11.30am Sky Sports Main Event & Sky Sports World Cup; Mon 4.50am Sky Sports Mix, Tue 11.30am Sky Sports Main Event & Sky Sports World Cup

LIVE India v Sri Lanka
Sat 8.05am Sky Sports Main Event & Sky Sports World Cup; Sun 8.05am Sky Sports Main Event & Sky Sports World Cup; Sun 5.15am Sky Sports Main Event & Sky Sports World Cup; Tue 8.05am Sky Sports Main Event & Sky Sports World Cup

LIVE Pakistan v India
Sat 12.30am Sky Sports Main Event & Sky Sports World Cup

LIVE New Zealand v Bangladesh
Sun 9.30pm Sky Sports World Cup & 11pm Sky Sports Main Event

LIVE T10 Cricket: ECC
Mon 7.55am, 9.55am, 11.55am, 1.55pm & 3.55pm FreeSports

LIVE Australia v Pakistan
Mon 1am Sky Sports Main Event & Sky Sports World Cup

LIVE Australia v Pakistan
Tue 6am Sky Sports Main Event & Sky Sports World Cup.

LIVE T10 Cricket: ECC
Tue 7.55am, 9.55am, 11.55am, 1.55pm & 3.55pm FreeSports

LIVE West Indies v England
Tue 1pm, Wed-Fri 1.30pm BT Sport 1
Days one to four of the first Test in the three-match series. See p28.

LIVE West Indies v England
Tue 9.30pm Sky Sports World Cup & 10pm Sky Sports Main Event

LIVE T10 Cricket: ECC
Wed 7.55am, 9.55am, 11.55am, 1.55pm & 3.55pm FreeSports

LIVE New Zealand v India
Wed 12.30am Sky Sports World Cup & 1.30am Sky Sports Main Event

LIVE T10 Cricket: ECC
Thu 7.55am, 9.55am, 11.55am, 1.55pm & 3.55pm FreeSports

LIVE Pakistan v South Africa
Thu 12.30am Sky Sports Main Event & Sky Sports World Cup

LIVE T10 Cricket: ECC
Fri 7.55am, 9.55am, 11.55am, 1.55pm & 3.55pm FreeSports

LIVE West Indies v India
Fri 12.30am Sky Sports Main Event & Sky Sports World Cup

LIVE Pakistan v Australia
Fri 4.50am Sky Sports Mix

CYCLING

LIVE Strade Bianche
Sat 11.30am & 12.50pm Euro2

LIVE Paris-Nice
Sun 2.10pm Euro2; Mon-Fri 1.15pm Euro1
Stages one to six of the race.

DARTS

LIVE UK Open
Sat 12.45pm & 7pm ITV4
Coverage of the fifth and sixth rounds.

LIVE UK Open
Sun 12.45pm & 7pm ITV4
Quarter-finals, semi-finals and final.

LIVE Premier League
Thu 7pm Sky Sports Action
Night five from the Brighton Centre.

EQUESTRIAN

LIVE Show Jumping
Sun 10.05pm Euro1

GOLF

LIVE HSBC Women's World Championship
Sat 6am & Sun 5.30am Sky Sports Golf

LIVE International Series Thailand
Sat 6am & Sun 5am FreeSports

LIVE Kenya Open
Sat & Sun 9.30am Sky Sports Golf

LIVE Arnold Palmer Invitational
Sat 2pm Sky Sports Golf & 8.30pm Sky Sports Main Event; Sun 2pm Sky Sports Golf & 9pm Sky Sports Main Event

LIVE Players Championship
Thu 3pm Sky Sports Main Event; Sky Sports The Players; Fri 11.30am & 10pm Sky Sports Main Event; 11.30am Sky Sports The Players
The first two days from TPC Sawgrass in Ponte Vedra Beach, Florida..

HORSE RACING

LIVE ITV Racing
Sat 1pm ITV
From Kelso, Doncaster and Newbury.

ICE HOCKEY

LIVE Philadelphia Flyers v Chicago Blackhawks
Sat 8pm Premier Sports 2

LIVE Toronto Maple Leafs v Vancouver Canucks
Sat 12m't Premier Sports 1

LIVE Winnipeg Jets v New York Rangers
Sun 12m't Premier Sports 2

LIVE Boston Bruins v LA Kings
Mon 12m't Premier Sports 1

LIVE Calgary Flames v Edmonton Oilers
Mon 2.30am Premier Sports 2

LIVE Pittsburgh Penguins v Florida Panthers
Tue 12m't Premier Sports 1

LIVE Calgary Flames v Washington Capitals
Tue 2am Premier Sports 2

LIVE Edmonton Oilers v Washington Capitals
Wed 1am Premier Sports 1

LIVE Vancouver Canucks v Montreal Canadiens
Wed 3.30am Premier Sports 2

LIVE Carolina Hurricanes v Colorado Avalanche
Thu 12m't Premier Sports 1

LIVE Los Angeles Kings v San Jose Sharks
Thu 3.30am Premier Sports 2

LIVE Columbus Blue Jackets v Minnesota Wild
Fri 12m't Premier Sports 1

LIVE Vancouver Canucks v Washington Capitals
Fri 3am Premier Sports 2

MOTORCYCLING

LIVE MotoGP: Qatar
Sat 8.15am & 12noon BT Sport 2
FP3 and qualifying from Qatar.

LIVE MotoGP: Qatar
Sun 10am, 11.15am, 1pm & 2.30pm BT Sport 2
The warm-ups, Moto3 Grand Prix, Moto2 Grand Prix and MotoGP Grand Prix from Qatar. See p29.

MOTORSPORT

LIVE V8 Supercars
Sat 8am & 3.30am BT Sport/ESPN

LIVE NASCAR Pennzoil 400
Sun 8pm Premier Sports 1

LIVE Formula 1: Testing
Thu 6.50am & 11.50am Sky Sports Main Event, Sky Sports F1 & Sky Sports Mix; Fri 6.50am & 11.50am Sky Sports F1 & Sky Sports Mix; 8.05am Sky Sports Main Event

NETBALL

LIVE Severn Stars v Celtic Dragons
Mon 5pm Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix

POOL

LIVE Ultimate Pool Masters
Sat 12noon & 7pm; Sun 10am, 3.30pm & 6pm; Mon 6.30pm FreeSports

RUGBY LEAGUE

LIVE Widnes Vikings v Barrow Raiders
Mon 7.15pm Premier Sports 1 (kick-off 7.45pm)

LIVE Penrith Panthers v Manly-Warringah Sea Eagles
Thu 9am Sky Sports Arena

LIVE Leeds Rhinos v Hull FC
Thu 7.30pm Sky Sports Arena (kick-off 8pm)

LIVE Brisbane Broncos v South Sydney Rabbitohs
Fri 9am Sky Sports Arena

LIVE St Helens v Warrington Wolves
Fri 7.30pm Sky Sports Arena (kick-off 8pm)

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Column Fruit Trees

'The Pride of Thousands of Gardens'

Yours from only £7.48 each*

(Please see coupon for details)

Kilos of ripe fruit bursting with flavour - the way fruit always used to taste - right there in your garden. A joy for children and adults alike.

Look forward to watching delicious fruit grow from the comfort and convenience of your own garden.
Our Column Trees were first developed by a head gardener of a prestigious castle in West Sussex with a passion for organic fruit growing. It took 20 years of development by the Agronomy Institute - the paradise of gardens - to turn their fruit trees into simple, resilient shrubs for planting. Thanks to their marvellous efforts you can now bring the delight of the Column Fruit tree to your garden at home.

Succulent fruits of superior - batch harvested - quality
Advances in agronomic research have allowed our professional growers to cultivate a more natural tasting fruit, one that has all the flavour of fruit as it used to be, before mass production and over farming changed things. Our column fruits are crisp, juicy, sweet and fragrant. You'll be pleasantly surprised to see the jealousy on the faces of your neighbours and relatives. They'll see column after column of succulent zesty flesh growing right on your balcony, terrace or garden – and those irresistible bright colours - all year round. Children (or grandchildren) will love watching your fruit grow, checking them for ripeness, choosing which ones to pick then filling up their baskets. Give your garden a little kiss from nature.

For patios, gardens or terraces - casual or professional gardeners alike. Just add water!
Making the most of your garden with luxurious Column Fruit Trees couldn't be easier. They don't require any special knowledge to plant or keep, all you have to do is add water! What's more they're 100% organic, growing fruit you can share safely with the whole family. It really is child's play! And the cherry on the cake is that they don't require maintenance. Of course if you wish to, you can restrict the height of your 70cm shrub by cutting it regularly: 1 metre, 1.5 metres, 2 metres - you decide.

How are we able to sell our trees from *£7.48 when outlets and online retail up to £39 per tree?
The answer is twofold 1) We're driven by the passion that every superior Column Fruit Tree sold makes happier customers and smarter gardens. 2) Once we learned grower's secrets from 20 years of Agronomical research - how to cultivate these beautiful garden shrubs – we then secured our own supply chain. As a result of keeping resellers or separate distributors out of the equation, we can happily offer you our award winning Column Trees at an unbeatable price.

Don't waste a second
The planting period runs from January to June, so don't delay!
Buy today and you could be harvesting your fruit very soon - just a few months after planting.

Pick sumptuous fruit
ALL SEASON ROUND

INTRODUCTORY OFFER FROM ONLY **£7.48*** each
(Please see coupon for details)

Why pay online prices ~~£39.99~~

Our "Bigarreau" column cherry trees (Prunus avium) produce sweet cherries with all the intense flavour of red fruits and unbeatable sweetness.

Our "Conference" column pear trees (Pyrus communis) pro-duce sweet and juicy fruits with green-yellow skin with an incredible fragrance.

Our "Idared" column apple trees (Malus domestica) produce crunchy, juicy, sweet and very fragrant apples.

ORDER YOUR COLUMN FRUIT TREES BY PHONE, ONLINE OR BY POST

GUARANTEED
We're confident you won't need it, but for your peace of mind these column trees come with a guarantee: If for any reason you are not satisfied, simply return your Trees to us at the address listed below - regardless of their condition - and we'll refund your money in full - so there is no financial risk!

10 reasons why tens of 1000's of customers choose our Column Fruit Trees over others

1) Pick fruit all season round
2) Fruit are full of traditional organic flavour
3) Harvest in bunches straight from the trunk
4) Large Harvests produced season after season
5) No size limit except as you choose to restrict the height
6) Resistant to disease and frost
7) A joy for children and adults alike
8) Lifetime guarantee, you don't risk a penny
9) Up to 79% off, highly cost-effective fruit
10) Takes up little space *(ideal for balconies, terraces, small gardens)*

FREE BOOK
The Complete Guide to Growing Fruit at Home With all orders!
~~£14.99~~ FREE!

Call cost 13p per minute plus any network extras
Call 0871 075 2635
SCAN ME
www.shopfruittrees.co.uk

Reader order: COLUMN FRUIT TREES
Post to: Wellform Ltd (**Code C0ITSFT**) DRMG House, Cremers Road, Sittingbourne, Kent, ME10 3US - *Please Send me the following:*

ITEM	PRICE	TOTAL
☐ 3 Plants (Cherry, Pear and Apple)	£29.95	
☐ 6 Plants (2 Cherry, 2 Pear and 2 Apple) SAVE £10	£49.90	
☐ *12 Plants (4 Cherry, 4 Pear and 4 Apple) SAVE £30	£89.80	
Please send me my FREE BOOK		
Standard 7 Working Day Delivery		£5.99
Priority Processing and Express Delivery		+ £3.00
TOTAL		

☐ **Cheque payable** to Wellform Ltd **Credit Card** ☐Visa ☐Mastercard
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RUGBY UNION

LIVE Benetton v Leinster
Sat 12.55pm Premier Sports 2 (kick-off 12.55pm)

LIVE Saracens v Leicester Tigers
Sat 2.30pm BT Sport 3 (kick-off 3pm)

LIVE Munster v Dragons
Sat 5pm S4C (kick-off 5.15pm)

LIVE Scarlets v Glasgow
Sat 5pm Premier Sports 1 (kick-off 5.15pm)

LIVE Clermont Auvergne v Lyon
Sat 8.05pm Premier Sports 1

LIVE Exeter Chiefs v Sale Sharks
Sun 2pm BT Sport 1

LIVE Ospreys v Zebre
Sun 1.45pm S4C, 2pm Premier Sports 1 (kick-off 2pm)

LIVE Stade Francais v Toulouse
Sun 8pm Premier Sports 2

LIVE Wales U20s v France U20s
Thu 7.45pm BBC2 Wales

LIVE Sharks v Scarlets
Fri 5pm BBC2 Wales & Premier Sports 1 (kick-off 5.10pm)

LIVE Wales v France
Fri 7.30pm BBC1 & S4C (kick-off 8pm)
The Six Nations encounter. See p29.

SKIING

LIVE Freestyle Skiing
Sat 6.50am Euro1

LIVE Nordic Combined Skiing
Sat 7.50am Euro2; Sun 8.20am Euro1

LIVE Cross-Country Skiing
Sat 9am Euro1; Fri 11.05am Euro1

LIVE Alpine Skiing
Sat 9am & 10.30am Euro2; Sun 9am, 10am & 12.30pm Euro2; Fri 1.45pm Euro2 & 5pm Euro1

LIVE Biathlon
Sat 11.35am Euro1; Sun 11.45am Euro2; Thu 1.20pm Euro2

SNOOKER

LIVE Welsh Open
Sat 1pm & 6.45pm Euro1 & Quest; 1.15pm BBC1 Wales; 7pm BBC2 Wales; Sun 1pm & 6.45pm Euro1 & Quest; 1.15pm BBC1 Wales; 7pm BBC2 Wales
Semi-finals and final from Newport.

LIVE Turkish Masters
Mon-Wed 11.30am & 6pm Euro2; Thu & Fri 6pm Euro2
Days one to five from Antalya.

TENNIS

LIVE BNP Paribas Open
Mon-Fri Prime Video
The first five days from Indian Wells.

WINTER PARALYMPICS

LIVE Winter Paralympics
Sat 6am & 1am; Sun 6am & 1.10am; Mon 6am & 1.15am Tue 6am & 1am; Wed 6am & 1am; Thu 6am & 1am; Fri 6am & 1am C4
Days one to eight in Beijing. See p29.

WINTER SPORTS

LIVE Ski Jumping
Sat 3.45pm Euro2

LIVE Snowboarding
Sun 6.50am Euro2

Football planner

Saturday 5

LIVE Central Coast Mariners v Brisbane Roar
6am BT Sport 1 (kick-off 6.05am)

LIVE Western Sydney Wanderers v Sydney FC
8.45am BT Sport 3

LIVE Aston Villa v Brighton & Hove Albion
11am Sky Sports Premier League & Sky Showcase (kick-off 11.30am)
The WSL match at Bescot Stadium.

LIVE Perth Glory v Adelaide United
11am BT Sport 3 (kick-off 11.05am)

LIVE Leicester City v Leeds United
11.30am BT Sport 1 (kick-off 12.30pm)
Coverage of the Premier League clash at the King Power Stadium.

LIVE Fulham v Blackburn Rovers
12noon Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
The Championship clash.

LIVE Osasuna v Villarreal
1pm La Liga TV (kick-off 1pm)

LIVE Espanyol v Getafe
3.15pm La Liga TV (kick-off 3.15pm)

LIVE Liverpool v West Ham United
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
Premier League action at Anfield.

LIVE Aldershot Town v Stockport County
5pm BT Sport 1 (kick-off 5.20pm)

LIVE Roma v Atalanta
5.15pm BT Sport 2

LIVE VfB Stuttgart v Borussia Mönchengladbach
5.20pm Sky Sports Football (kick-off 5.30pm)

LIVE Valencia v Granada
5.30pm Premier Sports 2 & La Liga TV (kick-off 5.30pm)

LIVE Cagliari v Lazio
7.30pm BT Sport 2 (kick-off 7.45pm)

LIVE Nice v PSG
7.45pm BT Sport 1 (kick-off 8pm)

LIVE Real Madrid v Real Sociedad
8pm La Liga TV (kick-off 8pm)

LIVE Real Salt Lake v Seattle Sounders
11pm Sky Sports Football

LIVE Vancouver Whitecaps v New York FC
11pm Premier Sports 2

LIVE FC Cincinnati v DC United
11.05pm FreeSports

LIVE Charlotte FC v LA Galaxy
12.55am FreeSports

LIVE A-League Women
5am BT Sport 2

Sunday 6

LIVE Wellington Phoenix v Melbourne City
8.45am BT Sport 1

LIVE PREMIER LEAGUE

Liverpool v West Ham United

Saturday, Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 5.30pm

Jürgen Klopp's men have closed the gap on Manchester City in the title race, and the Reds can take heart from the fact that West Ham boss David Moyes has never won at Anfield in 17 matches as a manager.

LIVE PREMIER LEAGUE

Manchester City v Manchester United

Sunday, Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 4.30pm

United have won at the Etihad on their last three visits, but were completely outclassed in the most recent Manchester derby when Portuguese star Bernardo Silva was on the scoresheet in a 2-0 victory.

LIVE FA CUP

Nottingham Forest v Huddersfield Town

Monday, ITV4 HD, kick-off 7.30pm

The final FA Cup fifth-round tie is this all-Championship clash at the City Ground, where the home side have claimed the scalps of Arsenal and Leicester. Forest defender Djed Spence has impressed since joining on loan from Middlesbrough.

LIVE Livingston v Celtic
11am Sky Sports Football & 11.30am Sky Sports Main Event (kick-off 12noon)
The Scottish Premiership clash from Tony Macaroni Arena.

LIVE Genoa v Empoli
11.30am BT Sport 1 (kick-off 11.30am)

LIVE Arsenal v Birmingham City
11.45am BBC2 (kick-off 12pm)
The WSL clash from Meadow Park.

LIVE St Etienne v Metz
12noon BT Sport 3 (kick-off 12noon)

LIVE Watford v Arsenal
1pm Sky Sports Premier League & 2pm Sky Sports Main Event (kick-off 2pm)
Coverage of the Premier League clash from Vicarage Road.

LIVE Cadiz v Rayo Vallecano
1pm La Liga TV (kick-off 1pm)

LIVE Rennes v Angers
2pm BT Sport/ESPN & BT Sport 3 (kick-off 2pm)

LIVE FSV Mainz 05 v Borussia Dortmund
2.30pm Sky Sports Football (kick-off 2.30pm)

LIVE Elche v Barcelona
3.15pm Premier Sports 2 & La Liga TV (kick-off 3.15pm)

LIVE Manchester City v Manchester United
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
Coverage of the Premier League clash from the Etihad Stadium.

LIVE Lille v Clermont Foot
4pm BT Sport 3 (kick-off 4.05pm)

LIVE FC Cologne v TSG 1899 Hoffenheim
4.30pm Sky Sports Football (kick-off 4.30pm)

LIVE Juventus v Spezia
5pm BT Sport 2 (kick-off 5pm)

LIVE Celta Vigo v Mallorca
5.30pm La Liga TV (kick-off 5.30pm)

LIVE Pacos de Ferreira v FC Porto
6pm BT Sport 3 (kick-off 6pm)

LIVE Marseille v Monaco
7.30pm BT Sport 2 (kick-off 7.45pm)

LIVE Napoli v AC Milan
7.45pm BT Sport 1 (kick-off 7.45pm)

LIVE Real Betis v Atletico Madrid
8pm La Liga TV (kick-off 8pm)

LIVE Austin FC v Inter Miami CF
9pm Sky Sports Football & Sky Sports Mix (kick-off 9pm)

LIVE Los Angeles FC v Portland Timbers
3.20am FreeSports

Monday 7

LIVE Nottingham Forest v Huddersfield Town
6.45pm ITV4 (kick-off 7.30pm)
Coverage of the FA Cup fifth-round tie from the City Ground.

LIVE Tottenham Hotspur v Everton
7pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
The Premier League match from the Tottenham Hotspur Stadium.

LIVE Athletic Bilbao v Levante
8pm Premier Sports 2 & La Liga TV (kick-off 8pm)

Tuesday 8

LIVE Liverpool v Inter Milan
7pm BT Sport 2 (kick-off 8pm)
Coverage of the Champions League last-16 second-leg clash from Anfield. See p29.

LIVE Wigan Athletic v Sutton United
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 7.45pm)
Coverage of the EFL Trophy semi-final from DW Stadium.

LIVE Bayern Munich v RB Salzburg
7.30pm BT Sport 3 (kick-off 8pm)
Coverage of the Champions League last-16 second-leg clash from the Allianz Arena.

Wednesday 9

LIVE Manchester City v Sporting Lisbon
7pm BT Sport 2 (kick-off 8pm)
Coverage of the Champions League last-16 second-leg from the Etihad Stadium. See p29.

LIVE Hartlepool United v Rotherham United
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 7.45pm)
Coverage of the EFL Trophy semi-final from Victoria Park.

LIVE Real Madrid v Paris Saint-Germain
7.30pm BT Sport 3 (kick-off 8pm)
The Champions League last-16 second-leg match at The Bernabeu.

LIVE Leeds United v Aston Villa
7.45pm Prime Video (kick-off 7.45pm)
Coverage of the Premier League match from Elland Road.

Thursday 10

LIVE UEFA Europa Conference League
5.15pm BT Sport/ESPN
A last-16 first-leg clash.

LIVE West Ham United v Chelsea
7pm Sky Sports Premier League & Sky Sports Football (kick-off 7.45pm)
Coverage of the WSL match at Chigwell Construction Stadium.

LIVE UEFA Europa League
7.30pm BT Sport 2
A last-16 first-leg clash.

LIVE UEFA Europa Conference League
7.45pm BT Sport 3
A last-16 first-leg match.

Friday 11

LIVE Adelaide United v Newcastle Jets
8.45am BT Sport 1 (kick-off 8.45am)

LIVE Ayr United v Kilmarnock
7.30pm BBC Scotland (kick-off 7.45pm)
The Scottish Championship match.

LIVE West Bromwich Albion v Huddersfield Town
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
Coverage of the Championship match from The Hawthorns.

LIVE Ligue 1
7.45pm BT Sport 3

LIVE Atlético Madrid v Levante
8pm FreeSports & La Liga TV

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Saturday

5 March

Evening Planner

Sport

Winter Paralympics
C4 HD, from 6am
As the Games get underway in Beijing, Team GB's wheelchair curling team face Norway in their first round-robin match

Football

Premier League
BT Sports HD & Sky Sports HD
Today's live top-flight action features Leicester City v Leeds (k-o 12.30pm) and Liverpool v West Ham (k-o 5.30pm)

Music

Tina Turner Weekend
Sky Arts HD, from 4.50pm
Including the documentary *One Last Time*, recorded at the singer's farewell concert at Wembley Stadium in 2000

Awards

National Comedy Awards
C4 HD, 9pm
As Tom Allen hosts the ceremony in aid of Stand Up to Cancer, stars up for gongs include James Acaster and Lolly Adefope

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The Wall Versus Celebrities	7.45 Pointless Celebrities		8.35 Casualty	9.15 Killing Eve		10.00 News	10.20 Match of the Day
102 BBC2	◂ 5.00 MOTD – Live	7.35 Grand Tours of...	8.05 The Perfect...	8.35 TOTP: The Story of 1990		9.35 Top of the Pops: Big Hits 1990		10.35 Mariah...
103 ITV	7.00 Ant & Dec's Saturday Night Takeaway			8.30 Starstruck		9.40 Paul Sinha's TV Showdown		10.25 News
104 CHANNEL 4	◂ 6.45 Film: Jumanji: Welcome to the Jungle				9.00 The National Comedy Awards for Stand Up to Cancer			
105 CHANNEL 5	◂ 6.30 Dunkirk...	7.30 Secrets of the Royal Gardens		8.30 Last of the Summer Wine: 30 Years of Laughs			10.00 The Unforgettable Cilla Black	
106 SKY SHOWCASE	7.00 UFO		8.00 Fast & Furious' Greatest Moments		9.00 Film: SAS: Red Notice			
ENTERTAINMENT								
117 BBC3	7.00 EastEnders	7.50 Gossip Girl			9.10 Gassed Up		10.00 Obsessed...	10.30 Mood
116 BBC4	7.00 Lost Cities of the Ancients		8.00 Arctic with Bruce Parry		9.00 Film: La Belle Epoque			
118 ITV2	◂ 6.15 Film: The Amazing Spider-Man 2				9.00 Film: 22 Jump Street			
136 MORE4	◂ 6.55 Bettany Hughes' Treasures of...	7.55 Lost Pharaohs of the Nile			9.00 24 Hours in A&E			
135 E4	7.00 The Big Bang Theory				9.00 Celebrity Gogglebox		10.00 Gogglebox	
107 SKY WITNESS	7.00 Blue Bloods				9.00 9-1-1		10.00 The Equalizer	
108 SKY ATLANTIC	◂ 6.50 The Sopranos				9.00 Game of Thrones			
110 GOLD	◂ 6.00 Vicar of Dibley: Inside Out		8.00 The Vicar of Dibley				10.00 The Royle Family	
111 DAVE	◂ 6.40 Would I Lie to You?		8.00 Not Going Out				10.00 Mel Giedroyc: Unforgivable	
119 ITV3	7.00 Midsomer Murders							
120 ITV4	7.00 Darts: UK Open – Live: Coverage of the evening session on day two							
112 COMEDY CENTRAL		7.15 Film: Shrek Forever After			9.00 Film: American Pie: The Wedding			
152 SYFY	◂ 6.00 Film: Monster Island		8.00 Film: Battlestar Wars				10.00 Film: Asteroid-a-geddon	
113 SKY MAX	7.00 Agatha Raisin				9.00 Strike Back: Shadow Warfare		10.00 The Flight Attendant	
132 ALIBI	◂ 6.00 Inspector George Gently		8.00 Death in Paradise				10.00 Traces	
130 SKY ARTS	7.00 Elvis Presley: A Legend in Concert		8.00 Music Icons	8.30 Video Killed...	9.00 Tina Turner: One Last Time – Live at Wembley Stadium			
DOCUMENTARY								
125 DISCOVERY	7.00 Gold Rush: White Water		8.00 Gold Rush		9.00 Building Off the Grid		10.00 Motor Mythbusters	
162 ANIMAL PLANET	7.00 Coyote Peterson: Brave the Wild		8.00 Edge of Alaska		9.00 Alaska Monsters		10.00 Finding Bigfoot	
129 NAT GEO	7.00 Car S.O.S.							
123 SKY HISTORY	7.00 Stonehenge: Digging Up Britain's Past		8.00 Digging Up Britain's Past		9.00 Vampire Skeletons		10.00 The Secret History of Air Force One	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 One Foot in the Grave				10.00 Sounds of the Sixties	
121 SKY DOCS	◂ 6.00 Chernobyl: The Lost Tapes		8.00 Veleno: The Town of Lost Children		9.00 Mr Dynamite: The Rise of James Brown			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Pil's Adventures	7.45 The Desperate Hour				9.30 Old		
303 HITS	◂ 6.25 Cosmic Sin		8.00 Apollo 13					10.25 The Man from...
304 BATMAN	◂ 5.40 Batman Begins		8.00 The Dark Knight					10.35 The Dark...
305 ANIMATION	◂ 6.25 Curious George 2: Follow...	7.50 Planet 51				9.25 Happily N'Ever After		
306 BOOK DAY	◂ 6.45 Ender's Game			8.40 Jumanji				10.25 8-Bit Christmas
307 INDIANA JONES	7.00 Indiana Jones and the Temple of Doom				9.00 Indiana Jones and the Last Crusade			
308 COMEDY		7.20 That Awkward Moment			9.00 Gambit			
309 THRILLER	◂ 6.20 Naked Singularity		8.00 Hell or High Water			9.45 Donnie Brasco		
310 DRAMA	◂ 6.00 Chef		8.00 Military Wives				10.00 American Gangster	
311 SCI-FI		7.10 Interstellar					10.00 The Matrix	
302 MYSTERY	◂ 6.00 Old		8.00 Final Destination			9.40 Total Recall		
313 FILM4	◂ 6.40 Charlotte Gray				9.00 Hancock			
315 TCM MOVIES	◂ 6.45 Big Jake				9.00 Maximum Risk			
SPORT								
401 MAIN EVENT	◂ 5.00 Premier League – Live: Liverpool v West Ham United			8.30 PGA Tour Golf – Live: The Arnold Palmer Invitational				
402 PREMIER LEAGUE	◂ 5.00 Premier League – Live: Liverpool v West Ham United			8.30 Renault Game of the Day				10.30 Premier League
403 FOOTBALL	◂ 5.20 Bundesliga...	7.30 WSL	8.00 EFL					
404 WORLD CUP	◂ 4.30 ICC Women's...	7.30 ICC Women's...	8.00 Best of the...	8.30 Test Cricket				10.30 ICC Women's...
413 BT SPORT 1	◂ 5.00 Vanarama...	7.30 Ligue 1 – Live: Nice v Paris Saint-Germain (Kick-off 8.00)					10.00 Rugby Stories	10.30 Gallagher...
414 BT SPORT 2	7.00 UEFA...	7.30 Serie A – Live: Cagliari v Lazio (Kick-off 7.45)				9.45 Vanarama...	10.15 UEFA Europa League...	

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With Joss Stone. (S)
11.30 **Rick Stein's Cornwall** (S)(R)(AD)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** In Stamford. (S)(R)
2.00 **Money for Nothing** A handmade sideboard is revived. (S)(R)
2.45 **Escape to the Country** A couple from London hope to find a rural property in Surrey. (S)(R)
3.45 **Garden Rescue** The team help a couple of emergency workers in Newport, south Wales (S)(R)
4.30 **Final Score** Results round-up. (S)
5.30 **Superman & Lois** New episode *Through the Valley of Death:* 12/15. An old friend is brought in to help with the search for Clark. Guest stars David Ramsey. (S1) (S)(AD)

7.00 The Wall Versus Celebrities

6 PM
6.10 **BBC News** (S)
6.20 **Local News** (S)
6.30 **Celebrity Mastermind** New edition 5/14. With Maria McErlane, The Vivienne, Martine Croxall and DJ Ace. (S)

7 PM
7.00 **The Wall Versus Celebrities** New edition Danny Dyer is joined by comedians Ellie Taylor and Shaparak Khorsandi. (S)
7.45 **Pointless Celebrities** New edition Featuring stars of children's TV, including Pat Sharp, Jayne Middlemiss, Andy Day, Philippa Forrester, Ortis Deley and Rani Price. (S)

8 PM
8.35 **Casualty** Matthew struggles as he tries to suppress his past trauma, while Marty's relationship is put to the test. (S)(AD)

9 PM
9.15 NEW SERIES **Killing Eve** 1/8. The concluding series of the spy thriller. Villanelle has embraced a new way of life, while Eve is on a revenge mission. (S4) (S)(AD)

10 PM
10.00 **BBC News** (S)
10.20 **Match of the Day** The latest Premier League action, including Liverpool v West Ham United at Anfield. (S)
■ *Match of the Day 2* is at 10.30pm tomorrow
11.45 FILM **A Time to Kill** Courtroom drama starring Matthew McConaughey and Sandra Bullock. An ambitious young lawyer defends a man who shot dead the Mississippi rednecks who raped his daughter. With Samuel L Jackson and Kevin Spacey. (S) (1996, 15, 145min) ★★★
2.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
2.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.40 AM **Blue Peter** (S)(R)
7.10 **Deadly 60** (S)(R)
7.40 **Malory Towers** (S)(R)(AD)
8.30 FILM **The Good Dinosaur** Animated adventure. (S)(AD) (2015, PG, 90min) ★★★★
10.00 **Forces of Nature with Brian Cox**
11.00 **Earth's Greatest Spectacles** (S)(R)
12.00 NOON **Great British Menu** (S)(R)
1.00 PM **Great British Menu** (S)(R)
2.00 FILM **Half a Sixpence** Musical based on HG Wells' novel *Kipps*, starring Tommy Steele and Julia Foster. (S) (1967, U, 140min) ★★★
4.20 **Flog It!** From Shropshire. (S)(R)
5.00 LIVE **Match of the Day** Chelsea Women v Manchester City Women: The FA Women's Continental League Cup final at the Cherry Red Records Stadium in Wimbledon. Kick-off is at 5.15. (S)

10.35 Mariah Carey at the BBC

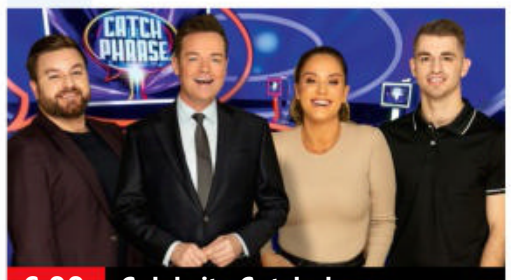
6 PM
LIVE **Match of the Day** (started at 5.00pm)

7.35 **Grand Tours of Scotland's Lochs** 4/6. Paul Murton pans for gold in an icy river. (S)(R)
8.05 **The Perfect Morecambe & Wise** 9/9. Eric and Ernie take a trip back to ancient Egypt. (S)(R)
8.35 **TOTP: The Story of 1990** A musical review of the year, featuring Adamski, Orbital, 808 State, Snap!, Betty Boo, Beats International, Sinead O'Connor, Maria McKee and Milli Vanilli. (S)(R)
9.35 **Top of the Pops: Big Hits 1990** Performers include Adamski featuring Seal, Vanilla Ice, Betty Boo, Sinead O'Connor, Kylie Minogue and Tina Turner. (S)(R)
10.35 NEW **Mariah Carey at the BBC** A selection of archive performances by the singer. (S)
11.35 **Later Presents... The Beautiful South in Concert** A 1997 performance by the group. (S)(R)
12.40 AM **Top of the Pops: Kylie Minogue** A compilation of classic performances. (S)(R)
1.10 **Phil Collins at the BBC** The singer's performances on BBC shows. (S)(R)
2.10 FILM **The Levelling** Drama with Ellie Kendrick and David Troughton. (S) (2016, 15, 80min) ★★★★
3.30 **to 6.15** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With opera and classical singer Carly Paoli. (S)
11.40 **Simply Raymond Blanc** New edition The chef shares recipes inspired by French bistro Le Petit Plats. (S)(AD)
12.45 PM **ITV News** (S)
1.00 LIVE **ITV Racing** Featuring coverage of the 3.15 Morebattle Hurdle from Kelso, plus action from Doncaster and Newbury. (S)
4.00 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
4.30 **The Chase Celebrity Special** With David Grant, Jonnie Peacock, Andy Hamilton and Pixie McKenna. (S)(R)
5.30 **ITV News** (S)
5.45 **Local News** (S)



6.00 Celebrity Catchphrase

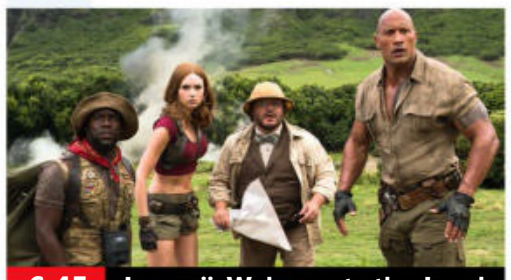
6.00 **Celebrity Catchphrase** New edition Stephen Mulhern hosts a charity edition of the game show, in which Alex Brooker, Vicky Pattison and Max Whitlock try to guess the familiar phrases. (S)(AD)
7.00 **Ant & Dec's Saturday Night Takeaway** New edition 3/7. Paloma Faith is this evening's Star Guest announcer, and *Strictly Come Dancing* judge Craig Revel Horwood is the latest victim of I'm a Celebrity... Get Out of Me Ear. Plus, Singalong Live is back, and the End of the Show Show goes international. (S)
8.30 **Starstruck** New edition 4/6. Olly Murs hosts as four more teams of superfans are transformed into their music idols before singing one of their biggest hits. With panellists Adam Lambert, Sheridan Smith, Beverley Knight and Jason Manford (S)
9.40 **Paul Sinha's TV Showdown** New edition With Joanna Page, Jenny Powell, Adam Thomas and David Baddiel. (S)
10.25 **ITV News** (S)
10.40 FILM **Ocean's Twelve** Caper thriller sequel starring George Clooney. Danny Ocean and his gang find themselves competing against a French criminal when they try to steal $160million in Europe. (S)(AD) (2004, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM **Shop: Ideal World**
3.00 **Living on the Veg** Serving up a plant-based lasagne. (S)(SL)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Alphabetical** Quiz hosted by Jeff Stelling. (S)(SL)(R)

+1 hour | 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM LIVE **Winter Paralympics** Coverage of wheelchair curling, including Great Britain v Norway. Plus, para ice hockey action. (S)
8.00 **Winter Paralympics Breakfast** Highlights from day one. (S)
9.00 **The Simpsons** (S)(R)(AD)
10.30 **Couples Come Dine with Me** From Brighton. (S)(R)
11.35 **Four in a Bed** Five editions. (S)(R)
2.10 PM FILM **Evolution** Sci-fi comedy starring David Duchovny, Julianne Moore and Orlando Jones. (S) (2001, PG, 120min) ★★★★
4.10 **Changing Rooms** 1/6. Interior design challenge. (S)(R)(AD)
5.10 **Kirstie and Phil's Love It or List It: Brilliant Builds** Kirstie Allsopp and Phil Spencer look back at two of their biggest builds. (S)(R)(AD)
5.45 **News** (S)



6.45 Jumanji: Welcome to the Jungle

6.15 **Winter Paralympics: Today in Beijing** Ade Adepitan presents action from day one in China. (S)
6.45 FILM **Jumanji: Welcome to the Jungle** Fantasy action comedy starring Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. Four teenagers get transported into a video game and transformed into a party of jungle explorers. (S) (2017, 12, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
9.00 NEW **The National Comedy Awards for Stand Up to Cancer** Tom Allen hosts the first National Comedy Awards ceremony from the Roundhouse in London. The event raises money for Stand Up To Cancer, and features awards voted for by the British public. Nominees include Mo Gilligan, Daisy May Cooper, Aisling Bea and Rosie Jones. (S)
11.05 **Sean Lock: Keep It Light** Stand-up comedy show. (S)(R)
12.05 AM **8 Out of 10 Cats Does Countdown** With Katherine Ryan and Joe Wilkinson. (S)(R)
1.00 **to 6.00** AM LIVE **Winter Paralympics** Coverage of day two in Beijing, as Menna Fitzpatrick and Millie Knight race for gold in the Super-G event. Plus, alpine and cross-country skiing action. (S)

+1 hour | 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
10.00 **SpongeBob SquarePants** (S)(R)
10.25 **Entertainment News** (S)
10.30 **Friends: Best of Monica** Five episodes. (S)(R)(AD)
1.00 PM **George Clarke's Build a New Life in the Country** A project to turn a water tower into a family home. (S)(R) **2.00** A couple renovate an 18th-century hunting lodge. (S)(R)
2.55 **Jane McDonald Cruising USA** The Great Lakes. (S)(SL)(R)
4.25 **Jane McDonald: My Yorkshire** Jane visits the station featured in *The Railway Children*. (S)(R)
5.25 **News** (S)
5.30 **Carol Drinkwater's Secret Provence** 1/6. The actor shares her love of Provence in the south of France. (S)(R)

6.30 Dunkirk: Mission Impossible

6.30 **Dunkirk: Mission Impossible** Series finale 3/3. Examining the closing battle to keep German forces back as the evacuation of Allied soldiers neared its conclusion. (S)

7.30 NEW **Secrets of the Royal Gardens** A look at the grounds of the UK's most renowned palaces, revealing the stories behind the opulent gardens at St James's and Kensington. (S)

8.30 NEW **Last of the Summer Wine: 30 Years of Laughs** A celebration of the much-loved comedy series that ran from 1973 to 2010, with contributions by members of cast and crew, families of the stars no longer with us, and celebrity fans. (S)

10.00 **The Unforgettable Cilla Black** The life story of the singer who rose from working-class roots in Liverpool to become one of the nation's best-loved all-round entertainers. (S)(R)

11.30 **Greatest Hits of the 70s: Part 1** 1/2. The stories behind songs from the decade. (S)(R)
1.00 AM **21.co.uk Live Casino Show**
3.00 **Entertainment News** (S)
3.10 **1991: Britain's Biggest Hits** The musical highs of 1991. (S)(R)
4.20 **Casualty 24/7: Every Second Counts** A girl suffers a prolonged epileptic seizure. (S)(R)
5.10 **to 5.35** AM **Great Artists** (S)(R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **New Kids in the Wild** (S)(R)
8.00 **The Office (US)** 7/24. Robert California has a proposition for Andy, Darryl and Kevin. (S)(R) **8.30** 8/24. Andy tries to inspire the team. (S)(R) **9.00** 9/24. Andy is put in a tricky situation. (S8) (S)(R)
9.30 **Soccer AM** Football magazine.
11.00 LIVE **WSL** Aston Villa v Brighton & Hove Albion: Coverage of the women's top-flight match at the Bescot Stadium. Kick-off is at 11.30.
2.00 PM **Sport's Funniest Moments** Farcical moments. (S)(R)(AD)
3.00 **Gillette Soccer Saturday** Up-to-the-minute scores.
5.00 **Battle of Alcatraz** 2/2. Five desperate convicts launch a brilliant escape plan. (R)

6.00 Craig Charles: UFO...

6.00 **Craig Charles: UFO Conspiracies** 8/10. Craig and co-host Sarah Cruddas turn their attention to reports of alien abductions, looking at a case in Yorkshire in 1980. (R)

7.00 **UFO** 2/4. When US Navy pilots encounter an unidentified aerial phenomenon in 2004, conversations around UFOs move from the fringes to the centre of the Pentagon. (S)(R)

8.00 **Fast & Furious' Greatest Moments** A look at highlights from the movie franchise. Stars include Paul Walker, Vin Diesel, Dwayne Johnson and Jason Statham. (R)

9.00 FILM **SAS: Red Notice** Action thriller based on the novel by Andy McNab, starring Sam Heughan and Ruby Rose. An off-duty SAS soldier attempts to thwart a terror attack on a Channel Tunnel train. With Andy Serkis, Hannah John-Kamen and Tom Hopper. (S)(AD) (2021, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.15 **Resident Alien** *The Wire*: 2/8. Harry has a plan to save Asta and himself. (S2) (S)(R)
12.10 AM **Dating No Filter** Comedians observe people on first dates. (S)(R)
12.40 **The Ultimate Adventure Movies** A look at outstanding films from the genre. (S)(R)
1.35 **Road Wars** Double bill. (S)(R)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
4.30-5.30pm Sportscene Results (S) **11.45** Sportscene Saturday (S) **12.55am** Weather for the Week Ahead (S) **1.00-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
1.15-4.30pm LIVE Snooker: The Welsh Open (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
2.00pm Murder, Mystery and My Family (S)(R) **2.45** Shark: Beneath the Surface (S)(R) **3.45** Flog It! (S)(R) **4.30** Inside Culture with Shahidha Bari New edition (S) **5.00** Your Garden Made Perfect New edition (S) **6.00** Great British Menu New edition (S) **7.00** LIVE Snooker: The Welsh Open (S) **10.00** NEW SERIES Rock Till We Drop (S) **11.00** NEW Mariah Carey at the BBC (S) **12.00m't** The Perfect Morecambe & Wise (S)(R) **12.30-12.40am** Nature's Weirdest Events (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Gwesty Aduniad **11.00** Ty am Ddim **12.00noon** Ffermio **12.30pm** Bwyd Bach Shumana a Catrin **1.00** Cymry ar Gynfas **1.30** Cynefin **2.30** Priodas Pum Mil **3.30** Cefn Gwlad (AD) **4.30** Wil ac Aeron **5.00** LIVE Clwb Rygbi **7.15** Newyddion a Chwaraeon **7.30** Codi Hwyl (AD) **8.00** Aur y Noson Lawen **9.00** Elis James – 'Nabod y Teip **9.30** Jonathan **10.30** Ty Gwerin O Bell **11.30pm-12.05am** Pa Fath o Bobl Sy'n Poeni Am Annibyniaeth?

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** The bullies demand money from Tommy. **7.30** Harvey goes to the police station to sign the witness statement.
7.50 **Gossip Girl** 3/18. Blair finds out a secret about Serena. **8.30** 4/18. Blair becomes the lead model for a brand new clothing line. (S1)
9.10 **Gassed Up** 3/6. Mist takes on Olympic gold medal-winning boxer Nicola Adams.
10.00 NEW SERIES **Obsessed with... Killing Eve** 1/8. Naomi Shimada and Zing Tsjeng talk about the final season of *Killing Eve*.
10.30 **Mood** 1/6. Drama starring Nicole Lecky. (S1)

11.15 FILM **Election** Satirical dark comedy starring Matthew Broderick and Reese Witherspoon. (1999, 15, 103min) ★★★★
12.55 AM **Eating with My Ex**
1.25 **RuPaul's Drag Race: UK Versus the World**
2.25 **Fast and the Farmer-ish**
2.55 **to 4.00** AM **Bad Love**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Lost Cities of the Ancients** 3/3. An insight into Hattusha, capital of the ancient Hittite civilisation.
8.00 **Arctic with Bruce Parry** 2/5. The explorer discovers how Inuit communities in the far north of Greenland rely on traditional hunting.
9.00 FILM PREMIERE **La Belle Epoque** French romantic comedy starring Daniel Auteuil and Fanny Ardant. A man in a failing marriage loses himself during a recreation of the week when he first met his wife, 40 years earlier. Subtitled. *See review, page 25.* (2019, 15, 115min) ★★★★

10.55 **Wogan: The Best Of** Terry Wogan recalls some of his most curious and unexpected moments.
11.40 **Harry Birrell Presents Films of Love & War**
1.10 AM **Arctic with Bruce Parry** As shown at 8pm.
2.10 **to 3.10** AM **Lost Cities of the Ancients**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun**
12.35 PM **Come Dine with Me**
3.15 **Four in a Bed** The competition kicks off at the Five Bells near Dover. **3.50** From the Thomas Paine Hotel in Thetford. **4.20** A visit to the Rose and Crown in Worcestershire. **4.50** From Woodlands Guest House in Exmoor. **5.20** The B&B owners meet up to find out what they have been paid.

5.55 **Secrets of the Royal Gardens** A look at the gardens at Buckingham Palace to Kensington Palace.
6.55 **Bettany Hughes' Treasures of the World** 4/5. Bettany embarks on a Mediterranean voyage.
7.55 **Lost Pharaohs of the Nile** The work of archaeologists to excavate sites along the Sudanese Nile Valley.
9.00 **24 Hours in A&E** Doctors fear that a 38-year-old woman may be paralysed following a fall from a tree. **10.00** A man is rushed in with severe knife wounds after being attacked.

11.00 **Father Ted**
1.15 AM **24 Hours in A&E**
3.20 **Winter Paralympics: Today in Beijing** Action from day one in China.
3.50 **to 4.00** AM **Escape to the Chateau**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Mike & Molly**
6.30 **Lego Masters Australia**
8.10 **Don't Tell the Bride**
10.15 **Married at First Sight Australia** Double bill.
1.20 PM **Ramsay's Kitchen Nightmares USA**
3.15 **Ramsay's 24 Hours to Hell and Back** Gordon Ramsay visits Bayou on the Vine in Kansas City.
4.15 FILM **Bumblebee** *Transformers* prequel starring Hailee Steinfeld. (2018, PG, 114min) ★★★★

6.30 **The Big Bang Theory** 14/24. With guest star Stephen Hawking. **7.00** 15/24. Howard receives shocking news. **7.30** 16/24. Howard and Bernadette run into trouble. **8.00** 17/24. Raj decides to snoop around Emily's flat. **8.30** 18/24. Leonard is upset when a magazine article fails to mention him. (S8)
9.00 **Celebrity Gogglebox** Programmes being appraised include *Clarkson's Farm* and *Snakes on a Plane*.
10.00 **Gogglebox** Shows including *Michael McIntyre's The Wheel* are appraised.

11.05 **Gogglebox** *Coronation Street* is appraised.
12.10 AM **First Dates**
2.20 **Celebrity Gogglebox**
3.15 **Gogglebox**
4.10 **to 6.00** AM **Don't Tell the Bride**

+1 hour 235 | 146 | 30 | 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **Stop, Search, Seize**
8.00 **Border Patrol** Six editions of the documentary series.
11.00 **Send in the Dogs** Alsatian Brodie pursues car vandals.
12.00 NOON **Stop, Search, Seize** Double bill of the documentary following the work of Ireland's border force.
2.00 PM **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.

7.00 Blue Bloods

7 PM

7.00 **Blue Bloods** *Higher Standards:* 7/19. Jamie and Frank cannot see eye to eye when two rookies are targeted.

8 PM

8.00 **Blue Bloods** *Friends in High Places:* 8/19. Erin considers a life-changing opportunity presented to her by the mayor. (S10)

9 PM

9.00 **9-1-1** *Home and Away:* 4/18. The team race to help when a truck crashes into a high-school homecoming parade. (S5)

10 PM

10.00 **The Equalizer** *Followers:* 5/12. True-crime enthusiasts hire McCall to uncover the identity of a murderous stalker. (S2)
11.00 **The Rookie** 7/11. Wesley struggles under the pressure of his debt to Elijah. (S4)
12.00 M'T **Bull** 9/16. (S5)
1.00 AM **Station 19** (S5)
2.00 **Blue Bloods** As 7.00pm.
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **The British** Four editions.
10.00 **Six Feet Under** 11-13/13. (S1)
1.20 PM **Six Feet Under** 1/13. Nate receives bad news. **2.25** 2/13. Federico asks Nate and David for a loan. (S2)
3.35 **The Sopranos** 16/21. Tony is bitten by the gambling bug. **4.35** 17/21. AJ is inconsolable after his split from Blanca. **5.40** 18/21. Christopher crashes the car, and AJ has a setback in therapy. **6.50** 19/21. AJ takes drastic action to end his misery. (S6)

3.35 The Sopranos

The Sopranos (started at 6.50pm)

8.00 **The Sopranos** 20/21. An innocent family become the victims of mistaken identity when the Italians open fire in Queens. (S6)

9.00 **Game of Thrones** *The Wars to Come:* 1/10. Jon Snow struggles to mediate between Mance Rayder and Stannis.

10.05 **Game of Thrones** *The House of Black and White:* 2/10. Arya arrives in Braavos, and Stannis has a proposal for Jon. (S5)
11.10 **Game of Thrones** 3/10. Queen Margaery spends time with her new husband King Tommen. (S5)
12.15 AM **Game of Thrones** (S5)
2.25 **In Treatment** (S4)
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stop, Search, Seize**
8.00 **The Flash** 3-5/19. (S6)
11.00 **A League of Their Own**
2.00 PM **Hawaii Five-0** 1/23. McGarrett awaits trial for the Governor's murder. **3.00** 2/23. A 15-year-old paddleboarder is abducted. **4.00** 3/23. The team look into the death of a Navy SEAL. (S2)
5.00 **Karl Pilkington: The Moaning of Life** Karl explores the impact of waste on earth. **6.00** Karl finds out what he will be like as an old man.

7.00 Agatha Raisin

7.00 **Agatha Raisin** *The Vicious Vet:* 5/8. The village vet and local heart-throb dies the day after going on a date with Agatha.

8.00 **Agatha Raisin** *The Day the Floods Came:* 6/8. The sleuth investigates a conspiracy surrounding the death of a bride. (S1)

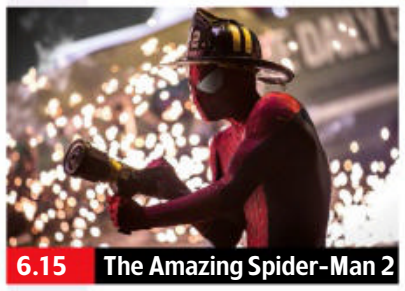
9.00 **Strike Back: Shadow Warfare** 9/10. Scott and Stonebridge race to find Kamali's daughter before Al-Zuhari gets to her. (S4)

10.00 **The Flight Attendant** *Other People's Houses:* 5/8. With Miranda on her tail, Cassie enlists Max in a complex plan. (S1)
11.00 **Resident Alien** 2/8. Harry hatches a plan to save Asta and himself. (S1)
12.00 M'T **Dating No Filter**
12.40 AM **The Ultimate Adventure Movies**
1.35 **Road Wars** Double bill.
3.00 **Brit Cops: Law & Disorder**
4.00 **to 6.00** AM **Caught on Dashcam**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.35 **Coronation Street Omnibus**
8.25 **Secret Crush**
10.25 **Dress to Impress**
12.25 PM **Catchphrase**
1.10 **You've Been Framed! Full Throttle** Comical clips.
2.15 FILM **Step Up: All In** Dance drama starring Ryan Guzman. (2014, PG, 110min) ★★★
4.25 FILM **Hotel Transylvania** Animated comedy featuring the voice of Adam Sandler. (2012, U, 88min) ★★★


6.15 The Amazing Spider-Man 2

6.15 FILM **The Amazing Spider-Man 2** Adventure sequel starring Andrew Garfield. The superhero battles a foe with electrical powers, while an old friend presents an even greater threat. (2014, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **22 Jump Street** Crime comedy starring Jonah Hill and Channing Tatum. Two cops are sent undercover at a university, but their friendship is threatened as they join different student cliques. (2014, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Family Guy** 22/22. Brian and Stewie are locked in a vault. **11.40** 2/22. Lois discovers that she is Jewish. (S8)
12.10 AM **American Dad!** (S12&11)
1.10 **Crossing Swords** (S2)
2.10 **Plebs** 1&2/8. (S3)
3.10 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **George and Mildred**
6.30 **A Touch of Frost**
10.45 **Agatha Christie's Poirot**
1.00 PM **Midsomer Murders** *Breaking the Chain:* The race leader of an international cycling competition is killed. **3.00** *A Dying Art:* The launch of a new sculpture park is marred by a murder. **4.55** *Death and Dust:* A doctor is killed in a hit-and-run, and Barnaby discovers the dead man had once been accused of stealing money.

7.00 Midsomer Murders

7.00 **Midsomer Murders** *The Axeman Cometh:* Members of a veteran rock band reunite for a gig – but somebody with a deep-seated grudge is determined to pull the plug on them. Guest stars Suzi Quatro.

9.00 **Midsomer Murders** *Picture of Innocence:* A photographer is found dead after exhibiting a compromising picture of Barnaby – who becomes a suspect in the ensuing investigation. Guest stars Liza Goddard and Adrian Scarborough.

11.00 **Kate & Koji** 3/6. Kate refuses to back down after being sued for an accident in the cafe. **11.30** 4/6. Kate refuses to step in line when a storm is predicted to hit the town. (S1)
12.00 M'T **Law & Order: UK** (S1)
2.00 **to 2.30** AM **Bless This House**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **The Edit**
7.30 **Sportscene Saturday** Action from the latest Premiership fixtures, including Rangers v Aberdeen and Ross County v St Mirren.
8.30 **Highland Road Rescue – Our Lives** A portrait of a family-run roadside recovery business.
9.00 **Best of Chewin' the Fat** Highlights of the comedy sketch show.
9.30 FILM **Highlander** Sci-fi action thriller starring Christopher Lambert. (1986, 15, 111min) ★★★★
10.30 **Stock Car Superstars** The final weekend of the season at Cowdenbeath Racewall stock-car track.
11.50 PM **to 12.00** M'T **Tune**

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **The Office (US)**
10.30 **The Mindy Project**
11.30 **Will & Grace** (S1)
2.00 PM **The Fresh Prince of Bel Air** 8-12/25. (S5)
4.30 **Modern Family** (S3&4)
7.00 **Eastbound & Down**
8.00 **Bored to Death** 1/8. Jonathan has to infiltrate a sex club. **8.30** 2/8. Jonathan spies on George's arch-rival's wife. (S2)
9.00 **Insecure** 1/10. Molly and Issa re-evaluate their relationships. **9.40** 2/10. Molly considers jumping back into the dating pool. (S5)
10.15 **Yvonne Orji: Momma I Made It!** The comedian and *Insecure* star takes to the stage for a live stand-up special.
11.30 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.30 AM **Girls** (S4&5)
3.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **The South Bank Show Originals**
6.30 **Fiddler: A Miracle of Miracles**
8.30 **Tales of the Unexpected**
11.00 **Discovering**
1.00 PM **Landscape Artist of the Year**
2.00 **Landscape Artist of the Year: Celebrity Special**
3.00 **Soundbreaking**
4.50 **Tina Turner: Live in Barcelona**
7.00 **Elvis Presley: A Legend in Concert**
8.00 **Music Icons: Soul R&B**
8.30 **Video Killed the Radio Star** Tina Turner.
9.00 **Tina Turner: One Last Time – Live at Wembley**
11.00 **Pink Floyd: Live in Venice** From 1989.
12.15 AM **Classic Albums**
1.15 **The Directors**
2.10 **Soul Power!**
4.10 **A Life on the Road**
5.05 **to 6.00** AM **Music Videos That Defined the 2000s**

Pick

159 | 156 | 36 | 144

6.00 AM **Nothing to Declare**
11.00 **Stop, Search, Seize**
12.00 NOON **Air Ambulance ER** Documentary.
1.00 PM **Police Force: Australia** Double bill.
2.00 **Highway Cops**
3.00 **Police Ten 7**
4.00 **Motorbike Cops**
5.00 **Stop, Search, Seize**
6.00 **Road Wars**
8.00 **Frontline Police**
9.00 **Britcam: Emergency on Our Streets**
10.00 **Killer Neighbours** A dispute over land leads to a man's demise.
11.00 **Ross Kemp: Extreme World** Ross travels to Calais, where thousands of migrants are living in squalor.
12.00 M'T **Night Cops**
1.00 AM **Killer Neighbours**
2.00 **Nothing to Declare**
4.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Friends** (S1)
3.30 PM FILM **Little Man** Comedy starring Marlon and Shawn Wayans. (2006, 12, 98min) ★
5.15 FILM **Labyrinth** Fantasy adventure starring David Bowie. (1986, U, 97min) ★★★★
7.15 FILM **Shrek Forever After** Animated comedy sequel with the voices of Mike Myers and Eddie Murphy. (2010, U, 93min) ★★★★
9.00 FILM **American Pie: The Wedding** Comedy sequel with Jason Biggs and Alyson Hannigan. (2003, 15, 96min) ★
10.55 FILM **Airplane!** Spoof of air-disaster movies, with Robert Hays. (1980, 12, 86min) ★★★★★
12.35 AM **Guessable?**
1.35 **The Ricky Gervais Show**
2.35 **South Park** (S15)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **Masters of Flip**
9.00 **LittleBe**
12.00 NOON **Masters of Flip**
1.00 PM **The Real Housewives of Jersey**
2.00 **Billie and Greg: The Family Diaries**
4.00 **The Only Way Is Essex**
6.00 **Dinner Date**
7.00 **Celebrity Dinner Date** Dating show, featuring former *Geordie Shore* star Ricci Guarnaccio. **8.00** *TOWIE*'s Yazmin Oukhellou is given five menus from which to pick three blind dates.
9.00 **Botched** Paul Nassif helps singer Norwood Young find his voice.
10.00 **Ibiza Weekender** David assembles a team of old and new faces. **11.00** David struggles to keep Savvas in line.
12.00 M'T **to 1.00** AM **Marriage Boot Camp: Reality Stars**

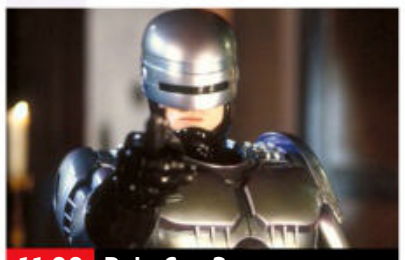
+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **River Monsters**
6.20 **Tenable**
7.15 **Hornblower**
9.30 **ITV Racing: The Opening Show** Matt Chapman and the team head to Kelso.
10.30 **Match Time Revisited**
12.35 PM **Dramatic Finishes**
12.45 LIVE **Darts: UK Open** Coverage of the afternoon session on day two from Butlin's Minehead in Somerset.
5.00 **Monster Carp**
6.25 **River Monsters**


11.00 RoboCop 3

7.00 LIVE **Darts: UK Open** Jacqui Oatley presents coverage of the evening session on day two from Butlin's Minehead in Somerset, featuring sixth-round matches. Eventual champion James Wader recorded a 10-5 win over Gabriel Clemens at this stage last year, Analysis from Chris Mason, Alan Warriner-Little and Mark Webster, reports by Ned Boulting, and commentary from Stuart Pyke and John Rawling.

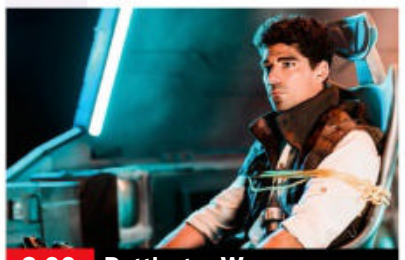
11.00 FILM **RoboCop 3** Sci-fi action sequel starring Robert Burke. RoboCop helps ghetto rebels in their fight against evil. (1992, 15, 104min) ★★
1.10 AM **Minder**
2.10 **The Protectors**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Stargate SG-1** (S2)
8.00 **Teleshopping**
11.00 FILM **San Andreas Mega Quake** Thriller starring Glen Baggerly and Joseph Michael Harris. (2019, PG, 87min) ★★
1.00 PM **Star Trek: Voyager** Five episodes, including at: **5.00** 16/16. Tuvok's attempt to instruct Maquis crew members in Starfleet protocol triggers a mutiny. (S1)
6.00 FILM **Monster Island** Sci-fi thriller starring Eric Roberts. (2019, PG, 90min) ★★


8.00 Battlestar Wars

FILM Monster Island (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 FILM **Battlestar Wars** Sci-fi drama starring Alyson Gorske. When the leader of the evil Coalition threatens to destroy a Rebel planet for its resources, his daughter has to fight for what is right. (2019, 12, 86min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 FILM **Asteroid-a-geddon** Adventure starring Eric Roberts and Veronika Issa. (2020, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Librarians** 3/10. The gang's first solo mission hits a snag when Baird loses the others in a mysterious labyrinth beneath a skyscraper. (S1)
1.00 AM **The Librarians** (S1)
5.00 **to 6.00** AM **Fact or Faked: Paranormal Files**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries** (S7)
10.00 **Hudson & Rex** (S4)
12.00 NOON **The Coroner** (S2)
2.00 PM **Shakespeare & Hathaway: Private Investigators** 7&8/10. (S2)
4.00 **The Mallorca Files** 8/10. Max and Miranda investigate the brutal murder of a famous British author. **5.00** 9/10. Max and Miranda hunt for a wanted killer. (S1)
6.00 **Inspector George Gently** *The Burning Man:* A body is found near an RAF base.

9.00 Death in Paradise

Inspector George Gently (started at 6.00pm)

8.00 **Death in Paradise** *The Stakes Are High:* 2/8. Jack enters the high-stakes world of poker when a player is poisoned.

9.00 **Death in Paradise** *Written in Murder:* 3/8. An author is stabbed through the heart. Guest stars Simon Callow. (S7)

10.00 **Traces** 3/6. McKinven's task is more daunting than ever, especially now that his wife Azra is joining the investigation. (S2)

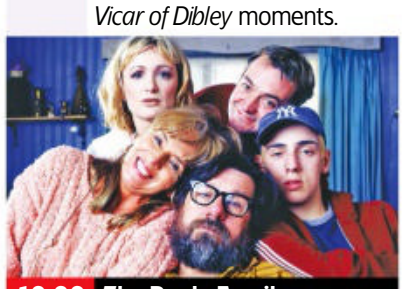
11.00 **Ragdoll** 5/6. Rose and the Killer engage in a sadistic game of cat-and-mouse. **12.00** M'T 6/6 Baxter and Edmunds are faced with a difficult decision. (S1)
1.00 AM **Death in Paradise** (S7)
3.00 **to 4.00** AM **Reef Break**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.00 AM **Last of the Summer Wine**
7.45 **Open All Hours**
8.20 **Citizen Khan**
9.35 **Desmond's**
10.10 **Jam & Jerusalem**
12.10 PM **Victoria Wood**
2.05 **The Vicar of Dibley** Six episodes, including at: **5.20** Geraldine conducts a radical Sunday service.
6.00 **The Vicar of Dibley: Inside Out** Dawn French, Richard Curtis and a host of guest stars remember their favourite *Vicar of Dibley* moments.


10.00 The Royle Family

The Vicar of Dibley: Inside Out (started at 6.00pm.)

8.00 **The Vicar of Dibley** The villagers discover their new vicar is a woman. **8.35** The *Songs of Praise* crew visit Dibley, and Geraldine develops a crush on the producer. **9.15** Geraldine is keen to find a celebrity to open the autumn fair in style.

10.00 **The Royle Family** Denise and Dave reveal that they are expecting a baby. **10.45** The relatives gather for Sunday lunch.

11.25 **The Royle Family** The family argue over the television programme *Changing Rooms*.
12.00 M'T **French and Saunders**
1.20 AM **Bridget & Eamon**
2.55 **Citizen Khan**
3.25 **to 4.00** AM **The Royle Family**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Ultimate Movers**
8.00 **Rick Stein's Road to Mexico**
9.00 **Rick Stein's Long Weekends**
10.00 **American Pickers**
12.00 NOON **Storage Hunters UK**
1.00 PM **Top Gear: Ambitious But Rubbish** Richard Hammond looks back at the V8-powered food blender.
2.00 **Top Gear** With Louis Walsh.
3.00 **Red Bull Soapbox Race**
4.00 **Top Gear: Ambitious But Rubbish** Disastrous outcomes.
6.00 **Would I Lie to You?**

8.00 Not Going Out

7 PM
7.20 **Would I Lie to You?** With Richard Madeley, Sanjeev Bhaskar, Kate Humble and Miles Jupp.

8 PM
8.00 **Not Going Out** Lee and Lucy play hot-tub fantasy date with Anna and Toby. **8.40** Lee worries that Charlie is getting a reputation at school for being the class clown. **9.20** Lee and Lucy attend a marriage counselling session.

9 PM

10 PM
10.00 **Mel Giedroyc: Unforgivable** With Rob Beckett, Scarlett Moffat and Paul Chowdhry.

11.00 **QI XL** With David Mitchell and Richard Osman.
12.00 M'T **Have I Got a Bit More News for You**
1.00 AM **Jon Richardson: Ultimate Worrier**
2.00 **Not Going Out**
3.10 **to 4.00** AM **British as Folk**

+1 hour 211 131 25

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye** (S2&3)
11.00 **Body of Proof**
1.00 PM **Body of Proof**
4.00 **Castle** 21/23. An air marshal is murdered during a flight to London. **5.00** 22/23. The creator of a hit comedy series is found murdered. **6.00** *Hollander's Woods:* 23/23. A murder reminds the writer of a pivotal event in his childhood. (S7) **7.00** *XY:* 1/22. Part one of two. A call from a mysterious stranger ignites an explosive chain of events. **8.00** *XX:* 2/22. Part two of two. Beckett goes on the run. (S8)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **Perception** (S1)
3.45 **to 6.00** AM **Hart to Hart**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
11.30 **A New Life in the Sun: Where Are They Now?**
3.30 PM **A Place in the Sun**
7.00 **A Place in the Sun** David and Megan from Gloucestershire search for a holiday home in southern Spain.
8.00 **Location, Location, Location** Properties in Balham, Putney and the Thames Valley.
9.00 **George Clarke's Amazing Spaces** A delicious taste of Italy in Wales' Portmeirion.
10.00 **Grand Designs** An energy conservationist who has decided to build a self-heating home for his family.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary.
1.15 **Gogglebox**
2.20 **First Dates**
3.20 **to 4.25** AM **I, Sniper: The Washington Killers**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
7.05 **Jesse Stone: Night Passage** Crime drama prequel starring Tom Selleck as an alcoholic LAPD detective who relocates to a small town.
9.00 **Yellowstone** *No Good Horses:* 3/9. The Duttons deal with a painful family anniversary. **10.00** *The Long Black Train:* 4/9. Human remains turn up at the Native American reservation. (S1)
11.00 **Law & Order: Special Victims Unit** *Torch:* 21/24. A former colleague of Stabler's joins the SVU. (S11)
12.00 M'T **Law & Order: Special Victims Unit**
1.55 AM **Law & Order: Criminal Intent** (S5)
3.35 **to 4.00** AM **Criminals Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Judge Judy**
9.25 FILM **27 Dresses** Comedy. (2008, 12, 106min) ★★★★
11.35 FILM **The Addams Family** Comedy. (1991, PG, 95min) ★★★★
1.45 PM FILM **Lost in Space** Sci-fi adventure. (1998, PG, 125min) ★★
4.25 FILM **Jupiter Ascending** Sci-fi action adventure. (2015, 12, 122min) ★★
6.50 FILM **Geostorm** Thriller. (2017, 12, 109min) ★
9.00 FILM **London Has Fallen** Action thriller. (2016, 15, 97min) ★★
11.00 FILM **Final Destination 5** Horror thriller sequel. (2011, 15, 91min) ★★★
12.55 AM **Critical Condition**
1.55 **Criminals: Caught on Camera** Documentary.
2.55 **Last Man Standing**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.10 AM **The Bill**
11.00 **Tipping Point**
1.00 PM **Tipping Point**
4.00 **My Family** Six episodes of the series, including at: **5.20** Abi's father decides to remarry. **6.00** Roger's illness puts the whole house into quarantine. **6.40** Janey returns to the Harper household. **7.20** Michael makes a new friend at school, who promptly develops a crush on Susan.
8.00 **Miranda** The joke-shop owner vows to get fit. **8.40** Miranda tries to do something for charity. **9.20** Things look up for Miranda's love life.
10.00 **Louis Theroux: By Reason of Insanity**
12.15 AM **Emma and AJ Get to Work**
1.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.30 AM **Where the Heart Is**
11.20 **Sharpe**
1.20 PM **Last of the Summer Wine**
2.00 **One Foot in the Grave**
4.00 **Hetty Wainthropp Investigates** (S3)
6.00 **The Brokenwood Mysteries** *Scared to Death:* 1/4. The boss of Brokenwood agricultural show dies after a ride on the Ghost Train. (S5)
8.00 **Shakespeare & Hathaway: Private Investigators** *Best Beware My Sting:* 7/10. An energy tycoon hires Frank and Lu to follow his daughters. (S3)
9.00 **Rebus** *The Black Book:* A past case returns to haunt Rebus when prostitute is found buried at a local landmark.
10.30 **The Brokenwood Mysteries** As 6.00pm.
12.30 **to 4.00** AM **Bleak House**

+1 hour 243 226 74

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

CBS Drama

147 197 68 134

9.00 AM **JAG** 4-8/22. (S1)
2.00 PM **Medical Detectives** Four editions.
4.00 **Judge Judy** Real-life small-claims cases.
9.00 **Psychic Private Eyes** Britain's best known psychic mediums investigate the deaths at Deepcut barracks.
10.00 **Medium** *Mother's Little Helper:* 7/22. Allison and Ariel discover two bodies. **11.00** *The Whole Truth:* 8/22. Allison and Devalos investigate the death of a congressman. **12.00** M'T *Better Off Dead:* 9/22. A ghost declines Allison's help. **1.00** AM *Very Merry Maggie:* 10/22. Allison is haunted by terrifying visions of a boy's doll. **2.00** *Apocalypse, Push:* 11/22. Kenneth Push experiences visions of murder. (S3)
3.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 41 137

8.30 AM **The Key of David**
9.00 **Diagnosis Murder**
12.00 NOON **JAG** (S1)
2.00 PM **CSI: NY** (S1)
4.00 **CSI: Miami** (S3)
7.00 **JAG** *Defensive Action:* 13/22. Harm has to defend a senior pilot. **8.00** *Smoked:* 14/22. A plane strays into Cuban airspace. (S1)
9.00 **NCIS** *Troll:* 22/24. The death of a naval intelligence ensign is linked to a conspiracy. **10.00** *The Lost Boys:* 23/24. The NCIS team help in a global investigation into an international terror group. **11.00** *Neverland:* 24/24. Dorneget's CIA officer mother Joanna Teague joins the fight against The Calling. (S12)
12.00 M'T **NCIS** 1&2/24. (S10)
1.55 AM **JAG** 13&14/22. (S1)
3.45 **to 6.00** AM **Diagnosis Murder**

Challenge

160 160 48 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune**
11.30 **Family Fortunes**
1.30 PM **All Star Family Fortunes** Double bill.
3.00 **Strike It Lucky**
4.00 **The Cube** Five editions of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Contestants Matthew Wright, Suzi Perry, Ian 'H' Watkins and Crissy Rock hope to win thousands of pounds for charity by outwitting one of the show's resident trivia experts.
10.00 **The Chase** Bradley Walsh presents as four contestants answer general knowledge questions and work as a team to take on ruthless quiz genius The Chaser and secure a cash prize..
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 **to 6.00** AM **The Chase**

E!

151 151 835 164 163

7.00 AM **True Hollywood Story** Documentary.
8.00 **Total Bellas**
10.00 **News: Daily Pop**
11.00 **Total Bellas**
2.00 PM **Keeping Up with the Kardashians**
7.00 **Keeping Up with the Kardashians** Kris tries to prove to Kim that she has still got it. **8.00** Kris goes too far in making sure Caitlyn is not lonely. **9.00** Khloe rethinks her attitude when her bad behaviour rubs off on her younger sister.
10.00 **Botched** A woman whose nose was ruined because of vanity.
11.00 **Temptation Island**
12.00 M'T **Relatively Famous: Ranch Rules**
1.00 AM **True Hollywood Story** Documentary.
2.00 **Teleshopping**
3.00 **to 5.00** AM **Rich Kids of Beverly Hills**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Discovering**
8.00 **Hillary**
10.30 **PL Legends**
11.00 **The Directors**
12.00 NOON **The Capote Tapes**
2.00 PM **Agnelli**
4.00 **The Way I See It**
6.00 **Chernobyl: The Lost Tapes** Footage and witness accounts of the 1986 nuclear disaster.
8.00 **Veleno: The Town of Lost Children** 4/5. A journalist reopens the case 20 years after the fact. Subtitled.
9.00 **Mr Dynamite: The Rise of James Brown**
11.15 **Assassins**
1.15 AM **Breslin and Hamill: Deadline Artists**
3.15 FILM **After Truth: Disinformation and the Cost of Fake News** The ongoing threat caused by 'fake news'. (2020, 12, 95min) ★★★★
5.00 **to 6.00** AM **The Directors**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **New Kids in the Wild** Double bill.
8.00 **Arabian Inferno**
12.00 NOON **World's Most Toxic Animals**
1.00 PM **Into the Big Blue Heart** Documentary.
2.00 **Great Barrier Reef with David Attenborough**
3.00 **Hope for Wildlife**
6.00 **Carpathian Predators**
8.00 **Rare Survivors: China's Iconic Wildlife**
9.00 **World's Most Toxic Animals** The world's most venomous spider.
10.00 **Africa's Claws and Jaws**
11.00 **Into the Big Blue Heart**
12.00 M'T **How Animals Talk to Each Other**
1.00 AM **Valley of Flood and Fire** Documentary.
2.00 NEW SERIES **Land of the Far North**
3.00 **City Wildlife Rescue**
4.00 **to 6.00** AM **Africa's Hunters**

HGTV

158 286 44 166

7.00 AM **Honey I Bought the House** House-hunting challenge show.
8.00 **The Great Interior Design Challenge**
9.00 **Escape to the Country**
10.00 **My Mortgage Free Home** Property series.
11.00 **DIY SOS**
1.00 PM **Fixer Upper**
3.00 **Sarah Beeny's Renovate Don't Relocate**
5.00 **A Place in the Sun**
8.00 **Escape to the Country** A couple search for their dream home in Devon. **9.00** Former expats seek a home in which to retire in Gloucestershire.
10.00 **DIY SOS**
12.00 M'T **Flipping 101 with Tarek El Moussa**
1.00 AM **100 Day Dream Home** Property series.
2.00 **Honey I Bought the House** Property series.
3.00 **to 4.00** AM **Buying the View**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Guy's Grocery Games** Double bill.
8.00 **The Pioneer Woman**
12.00 NOON **The Great British Bake Off: The Final**
1.00 PM **River Cottage to the Core** Double bill.
3.00 **Hairy Bikers' Best of British** The history of the potato in Britain. **4.00** Si and Dave explore comfort food. **5.00** Si and Dave celebrate British beef. **6.00** Food that was popular in the 1970s.
7.00 **Ainsley's Food We Love**
8.00 **Rick Stein's Taste of the Sea** Rick prepares a seafood salad. **8.30** Michael Bateman tries a seafood starter.
9.00 **Man v Food Nation**
9.30 **Man v Food** Five editions.
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Hairy Bikers' Best of British**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Deadliest Catch**
9.00 **Yukon Gold**
12.00 NOON **American Pickers** Triple bill.
3.00 PM **Fantomworks**
6.00 **G.A.S. Extreme Customs**
7.00 **Kindig Customs**
8.00 **Ant Anstead Master Mechanic** Ant tries to take the Alfa 158 to the US Grand Prix in Austin.
8.30 **Motor Pickers**
9.00 **Disasters at Sea** The explosion in the port of New Orleans in 2012.
10.00 **Monsters Inside Me**
11.00 **UFOs: Lost Evidence**
12.00 M'T **Finding Bigfoot: Further Evidence**
1.00 AM **Monsters Inside Me**
2.00 **Naked and Afraid XL**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Criminals: Caught on Camera**
9.25 **The Gadget Show**
10.25 **Police Interceptors**
2.30 PM FILM **The Vikings** Viking adventure. (1958, PG, 116min) ★★★★
5.00 FILM **Smokey and the Bandit II** Action comedy sequel. (1980, PG, 104min) ★★
7.05 FILM **Joe Kidd** Western. (1973, 15, 88min) ★★★
9.00 FILM **Parker** Thriller starring Jason Statham and Jennifer Lopez. (2013, 15, 114min) ★★★
11.25 FILM **Exit Wounds** Action thriller starring Steven Seagal and DMX. (2001, 18, 97min) ★
1.25 AM **Treadstone** (S1)
2.20 **World's Wildest Holidays** Footage of bad behaviour aboard planes.
3.20 **The Torture King: Britain's Worst Gangster**
4.15 **to 5.00** AM **Criminals: Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Highway Patrol**
11.00 **Brit Cops: Law & Disorder** Double bill.
1.00 PM **Road Wars**
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
6.00 **Killer in My Village**
7.00 **Murdered at First Sight**
8.00 **World's Most Evil Killers** The story of Don Miller.
9.00 **Murder in the Valleys** 4/4. Documentary examining the biggest criminal investigation in Welsh history.
10.00 **Britain's Most Evil Killers** Fred and Rose West. **11.00** A profile of serial killer Steve Wright.
12.00 M'T **Britain's Most Evil Killers** Four editions.
4.00 AM **Brit Cops: Rapid Response**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 **World's Most Unexplained...**
7.00 **48 Hours** A wealthy Florida businessman is arrested following a violent confrontation with his wife. **8.00** The parents of Brooke Skylar Richardson speak out.
9.00 **New Scotland Yard Files** A look at the case of David Morley, who was beaten to death on London's South Bank. **10.00** Police investigate the 2006 murder of Nisha Patel-Nasri. **11.00** The investigation into the disappearance of Alice Gross.
12.00 M'T **New Scotland Yard Files** Triple bill.
3.00 AM **Unsolved Mysteries**
5.10 **to 6.00** AM **Egg Factor**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** On Sardinia.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Four editions.
12.00 NOON **Charlotte Church's Dream Build**
1.00 PM **A Place in the Sun**
3.00 **The Yorkshire Auction House** House clearances.
4.00 **Helicopter ER**
7.00 **The Big Clean**
8.00 **Saving Lives at Sea**
9.00 **The Holzer Files** New edition A visit to Franklin Castle in Ohio.
10.00 **Haunted Hospitals** New edition A doctor employs a priest to banish a demonic entity.
11.00 **Ghost Adventures: Top 10** The most memorable ghosts caught on camera.
12.00 M'T **Kindred Spirits**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 **to 6.00** AM **A Place in the Sun**

Blaze

164 216 64 162

6.00 AM **The Curse of Oak Island** Documentary.
7.00 **Cities of the Underworld**
8.00 **Wicked Tuna**
9.00 **The Liquidator**
10.00 **Highway Thru Hell**
12.00 NOON **Hardcore Pawn**
3.00 PM **Ancient Aliens**
7.00 **Ancient Aliens** Gods worshipped by Vikings.
8.00 **Paranormal: Caught on Camera**
9.00 **Court Cam**
10.00 **World's Deadliest Weather: Caught on Camera** A tornado tears through Oklahoma.
11.00 **Paranormal: Caught on Camera**
12.00 M'T **William Shatner's Weird or What?**
1.00 AM **Monsterquest**
2.00 **Believers: Extreme Hauntings**
3.00 **to 6.00** AM **Hardcore Pawn**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
10.00 **Say Yes to the Dress**
12.00 NOON **Say Yes... Randy Knows Best** Double bill.
1.00 PM **Curvy Brides Boutique** Four editions.
3.00 **Dr Pimple Popper**
5.00 **Say Yes... UK**
6.00 **Say Yes... The Big Day**
7.00 **Say Yes... America**
8.00 **My 600lb Life** Joyce must revisit an unhappy past with her mother.
10.00 **Hoarding: Buried Alive** A couple whose hoarding has put them at risk of losing their home.
11.00 **My Feet Are Killing Me**
12.00 M'T **My 600lb Life**
2.00 AM **Hoarding: Buried Alive** As 10.00pm.
3.00 **Sex Sent Me to the ER**
4.00 **Say Yes to the Dress: Randy Knows Best**
5.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Four editions.
1.00 PM **Great Rivers Then & Now: The Clyde**
2.00 **Great Rivers Then & Now: The Tyne**
3.00 **Great Rivers Then & Now: The Trent**
4.00 **Great Rivers Then & Now: The Stour**
5.00 **Ben Fogle: New Lives in the Wild** Triple bill.
8.00 **Michael Palin in North Korea** Documenting life for many of the millions living in North Korea.
10.00 **China: 1,000 Years of History** Exploring how China became a dominant power of the ancient world.
12.00 M'T **What Went Wrong: Countdown to Disaster**
1.00 AM **Flights from Hell**
2.00 **Tsunami: Destruction**
3.00 **The Thames at Night with Tony Robinson**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **Massive Engineering Mistakes**
7.00 **Wheeler Dealers**
12.00 NOON **Snooker: Welsh Open** The quarter-finals.
1.00 PM LIVE **Snooker: Welsh Open** The opening semi-final from at Celtic Manor, Newport.
4.30 **Kings of the Wood**
5.30 **Salvage Hunters**
6.30 **Salvage Hunters: The Restorers**
6.45 LIVE **Snooker: Welsh Open** Coverage of the second semi-final at Celtic Manor in Newport.
9.00 **EFL on Quest** Action from the latest fixtures.
11.00 **How Do They Do It?**
1.00 AM **Massive Engineering Mistakes**
2.00 **Mega Shippers**
3.00 **Salvage Hunters**
4.00 **Mighty Cruise Ships**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Animal Cops**
9.00 **My 600lb Life**
12.00 NOON **Hoarding: Buried Alive**
1.00 PM **Long Lost Family Australia**
2.00 **Say Yes... Lancashire**
6.00 **Long Island Medium**
8.00 **American Monster** New edition
9.00 **Murder on CCTV** New edition
10.00 **Deadliest Kids** New edition
11.00 NEW **The Happy Face Killer: Mind of a Monster** Documentary.
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Animal ER**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Building Off the Grid**
12.00 NOON **Blowing Up History: Seven Wonders** Investigating the mysteries behind iconic Roman structures, including ancient aqueducts. **2.00** PM Experts investigate the mystery behind pyramids from all over the globe. **4.00** Experts investigate new evidence of some of history's most intriguing lost cities.
6.00 **Wheeler Dealers** Mike nabs a Porsche 997 at a bargain price of just £15,000.

10.00 Motor Mythbusters

7.00 **Gold Rush: White Water** Following Dakota Fred and his son Dustin as they risk their lives to find a fortune in gold nuggets.
8.00 **Gold Rush** Parker's crew build a large pad to get through a cut in record time, and Fred forms an unexpected partnership.
9.00 **Building Off the Grid** A couple face flooding and huge fires as they build out their inherited property in Missouri.
10.00 **Motor Mythbusters** New edition The team test whether an electric vehicle can drive through water and still work.
11.00 **Legendary Locations** Josh Gates explores a treacherous island prison in Ireland. **12.00** M'T Josh explores five locations where fight and flight were the only options.
1.00 AM **Legendary Locations**
4.00 AM **The Alaska Triangle**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Amanda to the Rescue**
10.00 **The Zoo**
11.00 **Alaskan Bush People**
2.00 PM **Alaska: Surviving the Last Frontier**
3.00 **Restoration Wild**
4.00 **Saved By the Barn**
5.00 **Into the Shark Bite** Inside the mouth of the ocean's most feared predator.
6.00 **The Crocodile Hunter: Best of Steve Irwin** The Australia Zoo team undertake a crocodile rescue in East Timor.

8.00 Edge of Alaska

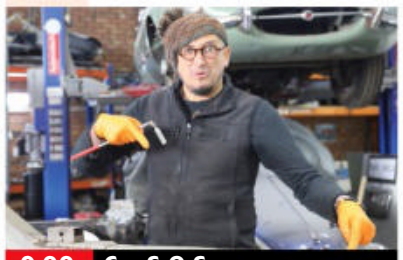
7.00 **Coyote Peterson: Brave the Wild** The rare knob-tailed gecko. **7.30** The bizarre thorny devil in the outback.
8.00 **Edge of Alaska** Documentary series following the day-to-day lives of the residents of McCarthy in Alaska.
9.00 **Alaska Monsters** Exploring the Alaska Triangle to uncover proof of the cryptic creatures thought to be living there.
10.00 **Finding Bigfoot** The team investigate a photo taken in Vermont that appears to capture a sasquatch carrying its baby.
11.00 **In Search of Monsters** A team of researchers seek answers to mysteries surrounding the Mothman.
12.00 M'T **Monsters Inside Me** Double bill of the documentary.
2.00 AM **Edge of Alaska**
3.00 **Alaska Monsters**
4.00 **to 5.00** AM **Finding Bigfoot**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Car S.O.S** Five editions.
1.00 PM **Car S.O.S** Tim Shaw and Fuzz Townshend attempt to restore a rare French classic car. **2.00** Tim and Fuzz restore a classic Japanese sports coupe. **3.00** Tragedy strikes while Tim and Fuzz are fixing up a World Rally-winning car. **4.00** Fuzz and Tim restore a 1965 German classic car. **5.00** Tim and Fuzz get help from actor James Nesbitt. **6.00** Fuzz and Tim secretly restore a valuable AC Aceca.



9.00 Car S.O.S

7.00 **Car S.O.S** Fuzz Townshend and Tim Shaw attempt to restore a classic 1970s car belonging to a doctor.
8.00 **Car S.O.S** Fuzz Townshend and Tim Shaw enlist the help of actor Roger Moore for their latest project.
9.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a sports car that has not been on the road for 17 years.
10.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a sports car for a former ambulance driver in Plymouth.
11.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a 1991 Range Rover, which is a sad reminder of happier days for the owner and her family. **12.00** M'T Fuzz Townshend and Tim Shaw attempt to restore a BMW 2002 Turbo.
1.00 **to 5.00** AM **Car S.O.S**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Medieval Dead**
7.00 **WW2 Treasure Hunters**
9.00 **Pawn Stars**
11.00 **Storage Wars**
1.00 PM **Swamp People: Serpent Invasion** Burmese pythons invading the Florida Everglades. **2.00** The danger-filled Everglades Triangle. **3.00** The hunters find their backs are against the wall.
4.00 **Crusaders**
5.00 **Battle of Alcatraz**
6.00 **Craig Charles: UFO Conspiracies**

9.00 Vampire Skeletons

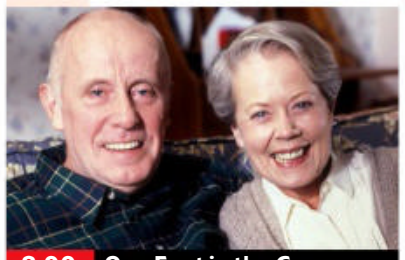
7.00 **Stonehenge: Digging Up Britain's Past** Helen Skelton and Alex Langlands explore the history of Stonehenge.
8.00 **Digging Up Britain's Past** Helen Skelton and Alex Langlands venture to Lindisfarne and the Isle of Man.
9.00 **Vampire Skeletons** Examining skeletons that appear to be treated as revenants who might return from the dead.
10.00 **The Secret History of Air Force One** An appraisal of the most protected and recognisable aeroplane in the world.
11.00 **The UnXplained with William Shatner**
12.00 M'T **Paranormal: Caught on Camera** A spirit breaks glasses and bottles of wine at a bar in Australia.
1.00 AM **Forged in Fire**
5.00 **to 6.00** AM **Digging Up Britain's Past**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **A Tale of Two Sisters**
8.00 **Trains That Changed the World** Freight trains.
9.00 **Full Steam Ahead**
12.00 NOON **The Architecture The Railways Built** Triple bill.
3.00 PM **Great British Railway Journeys** Eight editions of the series, including at: **5.30** A railway journey along England's south coast. **6.00** Michael Portillo travels from Newhaven to Worthing. **6.30** From Littlehampton to the New Forest.



8.00 One Foot in the Grave

7.00 **Great British Railway Journeys** Travelling from Lymington to Exmouth. **7.30** A journey from Plymouth to Porthcurno.
8.00 **One Foot in the Grave** Victor discovers the house has been burgled. **8.40** Margaret is haunted by a nightmare in which she plans to murder her husband. **9.20** Victor tempts fate by agreeing to look after their neighbours' house.
10.00 **Sounds of the Sixties** Music by The Kinks and The Rolling Stones. **10.30** Music by Leonard Cohen and Bob Dylan.
11.00 **Sounds of the Seventies** Featuring music by Free, Dr Feelgood and Deep Purple. **11.30** Music by The Carpenters and Kate Bush.
12.00 M'T **Trains That Changed the World** Freight trains.
1.00 **to 3.00** AM **A Tale of Two Sisters**

+1 hour 255 200 75

Saturday

7 PM

8 PM

9 PM

10 PM

Disc. History

177 257

6.00 AM **Secret Space Escapes** Triple bill.
9.00 **Combat Dealers**
12.00 NOON **Mighty Ships**
3.00 PM **Combat Dealers**
6.00 **Mysteries of the Missing** Terry O'Quinn examines the MH370 Malaysia Airlines disaster of 2014. **7.00** Terry investigates the disappearance of a huge cargo ship.
8.00 **King Tut Unwrapped** The secrets of Tutankhamun's life.
10.00 **Life After: Chernobyl** Scientists explore how the environment and wildlife have been affected after 30 years in the contamination area.
11.00 **Aircrash Unsolved: The Mystery of Helios 522**
12.00 M'T **Wings of War**
2.00 **to 6.00** AM **Combat Dealers**

+1 hour 277 261

Eden

166 245 247

9.00 AM **The Octopus in My House: Natural World**
10.00 **David Attenborough's Natural Curiosities**
1.00 PM **David Attenborough's Natural Curiosities**
2.00 **Attenborough and the Giant Egg**
3.00 **Attenborough's Wonder of Eggs**
4.00 **David Attenborough's Natural Curiosities**
8.00 **Attenborough and the Giant Egg**
9.00 **Attenborough's Wonder of Eggs** The secrets of birds' eggs.
10.00 **David Attenborough's Natural Curiosities**
2.00 AM **Attenborough and the Giant Egg**
3.00 **Attenborough's Wonder of Eggs**
3.50 **Animal Social Network**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265

8.00 AM **Safari Brothers**
2.00 PM **Born in Africa: The Circle of Life**
3.00 **Kingdom of the Apes: Battle Lines**
4.00 **Africa's Deadly Kingdoms**
5.00 **The Last Lions** An insight into the plight of a young female lion.
7.00 **Africa's Blood River** The dangers faced by zebra on migration.
8.00 **Grit: Honey Badger Tough** Documentary about the fierce animals.
9.00 **Relentless Enemies** The plight of Botswana lions that have refined their hunting techniques to target buffalo, but now find their prey is beginning to fight back.
11.00 **Way of the Cheetah**
12.00 M'T **Shadow Cats**
1.00 AM **Africa's Big Five**
2.00 **to 5.00** AM **Safari Brothers**

Sky History 2

163 163 840 272

8.00 AM **Dogfights**
9.00 **Ancient Aliens**
1.00 PM **Lost Worlds**
6.00 **Patton 360**
7.00 **Bigfoot Files**
8.00 **Spycraft** Examining the motivations leading people to spy against their own nations.
9.00 **Barbarians II** The notoriously violent Lombard clan.
10.00 **Real War of Thrones** The rival dynasties that forged the history of medieval and early modern Europe.
11.00 **Deadliest Warrior** Looking at who would win a fight between an Apache and a gladiator. **12.00** M'T Examining whether a Viking could beat a samurai in a battle to the death.
1.00 AM **Shootout**
3.00 **Best of Monsterquest**
4.00 **Patton 360**
5.00 **to 6.00** AM **Bigfoot Files**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **A History of Ancient Britain: Orkney's Stone Age Temple**
9.40 **Secrets of Orkney: Britain's Ancient Capital**
1.00 PM **Beautiful Serengeti**
1.35 **Iberia's Woodlands: Life on the Edge**
3.55 **Yellowstone Wolves: The Renewal of Nature**
5.05 **A History of Ancient Britain: Orkney's Stone Age Temple**
6.15 **Secrets of Orkney: Britain's Ancient Capital**
9.45 **Yellowstone Wolves: The Renewal of Nature** The largest wolf pack in the national park.
11.00 **A History of Ancient Britain: Orkney's Stone Age Temple**
12.15 AM **Secrets of Orkney: Britain's Ancient Capital**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

166 166 839 209

6.00 AM **On the Case with Paula Zahn** Triple bill.
9.00 **Killer in Plain Sight**
12.00 NOON **One Deadly Mistake** Double bill.
2.00 PM **On the Case with Paula Zahn**
7.00 **What the Killer Did Next** The hunt for Peter Fasoli's murderer leads detectives to a second body in Italy. **8.00** Investigating the murder of Geoff Seggie.
9.00 **Killer Britain with Dermot Murnaghan** The murder of Libby Squire in 2019.
10.00 **Mastermind of Murder**
11.00 **Court Cam: Under Oath** Double bill.
12.00 M'T **Homicide: Hours to Kill** Documentary.
1.00 AM **Meet, Marry, Murder**
2.00 **Green Eyed Killers**
3.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY Films

Saturday

Sky Cinema Premiere

301 301 848 401 501 515

6.45 AM **PREMIERE Pil's Adventures** As 6.00pm.
8.30 **Space Jam: A New Legacy**
10.35 **Old Henry** As 1.10am.
12.30 PM **PREMIERE Pil's Adventures** As 6.00pm.
2.15 **The Desperate Hour** (2021)
4.00 **Space Jam: A New Legacy** Partly-animated adventure. (2021, U, 115min) ★★★
6.00 **PREMIERE Pil's Adventures** Animation. (2021, U, 89min) ★★ *See review, page 23.*

6.00 Pil's Adventures

8 PM

7.45 **The Desperate Hour** Thriller with Naomi Watts. A woman races against time to save her child as authorities place her small town on lockdown. (2021, 12, 84min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.30 **Old** M Night Shyamalan's horror with Gael García Bernal. A family discover that the secluded beach where they are relaxing is somehow causing them to age rapidly. (2021, 15, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.25 **The Tiger Rising** Family drama starring Dennis Quaid, Queen Latifah, Christian Convery and Madalen Mills. (2022, PG, 102min) ★★★
1.10 AM **Old Henry** Western starring Tim Blake Nelson, Scott Haze and Gavin Lewis. (2021, 15, 99min) ★★★★
2.55 **Old** As shown at 9.30pm.
4.50 **to 6.35** AM **The Tiger Rising**

11 PM

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.10 AM **Max Winslow and the...**
8.00 **Season of the Witch** Adventure. (2010, 15) ★★
9.50 **The Man from U.N.C.L.E**
11.50 **I, Robot** Sci-fi thriller. (2004, 12, 115min) ★★★★
1.50 PM **Inception** Sci-fi thriller. (2010, 12, 149min) ★★★★★
4.25 **Rise of the Planet of the Apes** Sci-fi action thriller. (2011, 12, 104min) ★★★★
6.25 **Cosmic Sin** Sci-fi thriller. (2020, 15, 88min) ★★

10.25 The Man from U.N.C.L.E

8.00 **Apollo 13** Gripping drama telling the story of the near-disastrous Apollo 13 space mission in 1970. Stars Tom Hanks, Kevin Bacon, Bill Paxton, Gary Sinise, Ed Harris and Kathleen Quinlan. (1995, PG, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **The Man from U.N.C.L.E** Spy adventure based on the 1960s TV series, starring Henry Cavill, Armie Hammer, Hugh Grant and Alicia Vikander. (2015, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Rise of the Planet of the Apes** As shown at 4.25pm.
2.25 **Cosmic Sin** As 6.25pm.
4.10 **to 6.00** AM **Max Winslow and the House of Secrets** Sci-fi thriller starring Chad Michael Murray and Sydne Mikelle. (2019, 12, 98min) ★

Sky Cinema Book Day

306 306 850 406 506 520

6.00 AM **Hook** (1991, U) ★★
8.30 **8-Bit Christmas** As 10.25pm.
10.20 **Matilda** (1996, PG) ★★★★
12.15 PM **The Borrowers** Adventure. (1997, U, 86min) ★★★★
1.45 **The Witches** Fantasy remake. (2020, PG, 106min) ★★★
3.30 **James and the Giant Peach** Fantasy. (1996, U) ★★★★
5.00 **Goosebumps** Adventure. (2015, PG, 103min) ★★★
6.45 **Ender's Game** Adventure. (2013, 12, 111min) ★★★

5.00 Goosebumps

8.40 **Jumanji** Fantasy adventure starring Robin Williams and Bonnie Hunt. A mysterious board game unleashes a series of wild creatures upon a small town. (1995, PG, 104min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **8-Bit Christmas** Comedy starring Steve Zahn. In 1980s Chicago, a boy sets out on a quest to get hold of the Christmas gift of his generation. (2021, PG, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Water Horse** Fantasy. (2007, PG, 107min) ★★★
2.00 **Pinocchio** Italian adaptation of the classic tale. Subtitled. (2019, PG, 125min) ★★★★
4.15 **to 6.00** AM **Arthur and the Great Adventure** Fantasy. (2010, PG, 107min) ★★★

Sky Cinema Indiana Jones

307 307 851 407 507 521

6.25 AM **Indiana Jones and the Kingdom of the Crystal Skull**
8.30 **Raiders of the Lost Ark**
10.30 **Indiana Jones and the Temple of Doom** As 7.00pm.
12.30 PM **Indiana Jones and the Last Crusade** As 9.00pm.
2.45 **Indiana Jones and the Kingdom of the Crystal Skull**
5.00 **Raiders of the Lost Ark**
7.00 **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★

5.00 Raiders of the Lost Ark

Indiana Jones and the Temple of Doom (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Indiana Jones and the Last Crusade** Steven Spielberg's action adventure starring Harrison Ford and Sean Connery. Indiana Jones and his father tangle with Nazis searching for the Holy Grail. (1989, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's action adventure starring Harrison Ford. (2008, 12, 122min) ★★★
1.15 AM **The Ultimate Adventure Movies** Outstanding films.
2.15 **Raiders of the Lost Ark** Steven Spielberg's action adventure with Harrison Ford. (1981, PG, 115min) ★★★★★
4.15 **to 6.15** AM **Indiana Jones and the Temple of Doom**

Sky Cinema Comedy

308 308 852 408 508 522

7.00 AM **Dad's Army** Comedy. (2016, PG, 98min) ★★★
8.50 **The Naked Gun** As 12.40am.
10.30 **Gambit** As 9.00pm.
12.10 PM **The Other Guys** (2010)
2.00 **Around the World in 80 Days** (2004, PG) ★★★
4.05 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
5.45 **Bill & Ted Face the Music** Comedy. (2020, PG) ★★★
7.20 **That Awkward Moment** Comedy. (2014, 15, 92min) ★★

4.05 Wayne's World

That Awkward Moment (film started at 7.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Gambit** Heist comedy remake with Colin Firth and Cameron Diaz. An art curator recruits a rodeo queen to help him con a media tycoon into buying a fake Monet painting. (2012, 12, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **The Other Guys** Crime comedy starring Will Ferrell, Mark Wahlberg and Eva Mendes. (2010, 12, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Naked Gun** Spoof thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
2.20 **Mr Nice** Biopic with Rhys Ifans. (2010, 18, 121min) ★★★★
4.35 **to 6.40** AM **Dr Bird's Advice for Sad Poets** Comedy drama. (2021, 12, 109min) ★★★

primetime

Sky Cinema Batman

304 304 849 404 504 518

6.00 AM **Lego DC Batman: Family...**
7.25 **Lego Batman: The Movie...**
8.40 **Batman & Robin** Fantasy. (1997, PG, 125min) ★★
10.45 **Batman** Comic-book adventure. (1989, 15, 121min) ★★★★
12.55 PM **Batman Returns** Adventure. (1992, 12, 121min) ★★★
3.05 **Batman v Superman: Dawn of Justice** Superhero adventure. (2016, 12, 164min) ★★

5.40 **Batman Begins** Comic-book thriller tracing the origins of Batman, starring Christian Bale, Liam Neeson and Cillian Murphy. (2005, 12, 140min) ★★★★★
8.00 **The Dark Knight** Dark comic-book action thriller starring Christian Bale, Heath Ledger and Aaron Eckhart. (2008, 12, 152min) ★★★★
10.35 **The Dark Knight Rises** Crime action drama starring Christian Bale and Tom Hardy. (2012, 12, 164min) ★★★★

1.25 AM **Batman Forever** Adventure. (1995, 12, 121min) ★★★
3.40 **Lego DC Batman: Family Matters** Animated comedy. (2019, U, 72min) ★★
5.10 **to 6.30** AM **Lego Batman: The Movie – DC Super Heroes Unite** Animation. (2013, PG) ★★★

Sky Cinema Animation

305 305 412 500 514

7.00 AM **Happily N'Ever After**
8.45 **Dragon Rider** As 11.05pm.
10.25 **The Queen's Corgi** Animated comedy. (2019, PG, 85min) ★
12.05 PM **Fantastic Mr Fox** Animation. (2009, PG, 87min) ★★★★
1.50 **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
3.30 **Curious George** Animation. (2006, U, 87min) ★★★★

5.00 **Space Chimps** Animation. (2008, U, 81min) ★★
6.25 **Curious George 2: Follow That Monkey!** Animated sequel. (2009, U, 77min) ★★
7.50 **Planet 51** Animation featuring the voice of Dwayne Johnson. (2009, U, 86min) ★★★
9.25 **Happily N'Ever After** Animated spoof fairy tale featuring the voice of Sarah Michelle Gellar. (2005, U, 85min) ★★
11.05 **Dragon Rider** Animation. (2020, PG, 91min) ★★★

12.50 AM **Go Fish** Animation. (2019, U, 85min) ★★
2.10 **Leo Da Vinci: Mission Mona Lisa** Animation. (2018, U) ★★
3.50 **Bon Voyage, Charlie Brown** Animation. (1980, U) ★★
5.15 **to 6.50** AM **Captain Sabertooth** Animation. (2019, U) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
6.35 **Off Set** With Jamie Cullum.
7.00 **High Society** Musical comedy. (1956, U, 107min) ★★★★★
9.10 **The Barretts of Wimpole Street** Drama. (1957, U) ★★
11.25 **Cattle King** (1963, U) ★★
1.20 PM **The Walking Hills** Western. (1949, b/w, PG, 78min) ★★
3.00 **Across the Wide Missouri** Western. (1951, U, 78min) ★★★

4.45 **Billy Two Hats** Western starring Gregory Peck and Desi Arnaz Jr. (1973, 15, 99min) ★★★
6.45 **Big Jake** Western starring John Wayne. (1971, 15, 110min) ★★★
9.00 **Maximum Risk** Action thriller starring Jean-Claude Van Damme. A French police officer travels to New York to solve the murder of his twin brother. (1996, 18, 101min) ★★
11.05 **Above the Law** Action thriller starring Steven Seagal. (1988, 18, 99min) ★★★

1.15 AM **The Birds** Alfred Hitchcock's classic horror with Tippi Hedren. (1963, 15, 118min) ★★★★★
3.30 **Close Up** Triple bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Coastal Command** Documentary. (1943, b/w, U) ★★
7.30 **The Hostage** Crime thriller. (1956, b/w, PG, 80min) ★★
9.00 **Hawkeye & the Last of the Mohicans** (S1)
9.30 **Young Eagles** 10/12. (S1)
9.50 **Adventure in the Hopfields** Adventure. (1954, b/w, U) ★★
11.00 **Badger's Bend** 8/17. (S1)
11.30 **Champion the Wonder Horse**

12.00 NOON **The Scarlet Pimpernel** Classic comedy adventure. (1934, b/w, U, 98min) ★★★★
2.00 PM **Dateline Diamonds** Musical thriller. (1965, PG, 73min) ★★
3.30 **Mohawk** Western starring Scott Brady. (1956, PG, 79min) ★★
5.05 **Captain from Castile** Adventure. (1947, b/w, U, 140min) ★★★
7.50 **Look at Life** Documentary.
8.00 **Maigret** *The Mistake:* 9/13. (S1)
9.05 **The Offence** Drama starring Sean Connery and Ian Bannen. (1972, 15, 115min) ★★★★

11.15 **Blood and Wine** Thriller with Jack Nicholson and Michael Caine. (1996, 15, 100min) ★★
1.20 AM **Lust for a Vampire** Horror. (1970, 18, 95min) ★★★
3.20 **Anywhere But Here** Comedy. (1999, 12, 114min) ★★★
5.30 **to 6.00** AM **Honey West**

Horror

317 149 69 138

8.00 AM **Fall of Hyperion** Sci-fi thriller. (2008, 12, 88min) ★★
10.00 **Airwolf** 17-21/24. (S4)
3.00 PM **Airplane vs Volcano** Thriller. (2014, 15, 91min) ★
4.50 **Icetastrophe** Sci-fi disaster movie. (2014, PG, 86min) ★★
6.40 **Geo-Disaster** Sci-fi drama with Matthew Pohlkamp, Natalie Pelletier and Erich Riegelmann. (2017, 12, 110min) ★

8.30 **Tales from the Darkside** *Barter:* In a parody of *I Love Lucy*, an alien arrives on a family's doorstep trying to make a deal involving supplying ammonia.
9.00 **Prey** Horror with Logan Miller. A man is sent to an apparently uninhabited island, but soon discovers that something else is lurking on the tropical paradise. (2018, 15, 85min) ★★★
10.40 **Exorcist: The Beginning** Horror prequel with Stellan Skarsgård. (2004, 15, 114min) ★★

12.50 AM **Bite** Horror starring Elma Begovic and Annette Wozniak. (2015, 18, 88min) ★★
2.35 **to 4.30** AM **The Stepfather** Thriller starring Dylan Walsh. (2009, 15, 101min) ★★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.20 AM **Unhinged** Thriller. (2020, 15, 90min) ★★★
8.00 **Heat** Michael Mann's thriller. (1995, 15, 171min) ★★★★★
11.00 **One Shot** (2021, 15) ★★
12.45 PM **Those Who Wish Me Dead** Drama. (2021, 15) ★★
2.30 **Under Siege** Action thriller. (1992, 15, 98min) ★★★
4.15 **The Sum of All Fears** Thriller. (2002, 12, 119min) ★★★★
6.20 **Naked Singularity** Comedy. (2021, 15, 93min) ★★★

4.15 The Sum of All Fears

8.00 **Hell or High Water** Crime drama starring Jeff Bridges. A divorcee and his ex-con older brother resort to a desperate scheme in order to save their family ranch. (2016, 15, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Donnie Brasco** Fact-based crime drama with Al Pacino and Johnny Depp. An ageing gangster takes a young man under his wing, unaware that he is an undercover FBI agent seeking to infiltrate the Mob. (1997, 18, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Bay of Silence** Thriller starring Claes Bang. (2020, 18, 93min) ★★★
1.35 AM **Echo Boomers** Crime drama with Michael Shannon. (2020, 15, 94min) ★★★
3.15 **Under Siege** As 2.30pm.
5.00 **to 6.25** AM **Blindfire** Drama. (2020, 15, 83min) ★

Sky Cinema Drama

310 310 854 410 510 524

6.30 AM **Boogie** As 2.35am.
8.05 **The Last Vermeer** As 4.10am.
10.05 **St Elmo's Fire** Brat Pack drama. (1985, 15, 108min) ★★★
11.55 **Dreamgirls** Musical. (2006, 12, 130min) ★★★
2.05 PM **All My Life** Romantic drama. (2020, 12, 91min) ★★
3.50 **Valentine's Day** Romantic comedy with Ashton Kutcher. (2010, 12, 125min) ★★★
6.00 **Chef** Jon Favreau's comedy. (2014, 15, 114min) ★★★★

6.00 Chef

8.00 **Military Wives** Comedy drama starring Kristin Scott Thomas and Sharon Horgan. With their partners serving in Afghanistan, a group of women form a choir and find themselves at the centre of a global movement. (2019, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

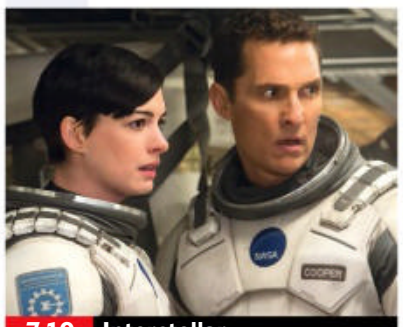
10.00 **American Gangster** Ridley Scott's real-life crime drama starring Denzel Washington and Russell Crowe. A Harlem gangster makes a fortune from heroin in the 1970s but comes up against an incorruptible cop. (2007, 18, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Let Him Go** Crime drama. (2020, 15, 113min) ★★★
2.35 **Boogie** Sports drama. (2021, 15, 90min) ★★★
4.10 **to 6.10** AM **The Last Vermeer** Mystery drama. (2019, 15, 118min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.15 AM **Edge of Tomorrow** (2014)
8.15 **The Omen** As 12.20am.
10.15 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
12.00 NOON **A Quiet Place Part II** Horror. (2020, 15) ★★★★
1.45 PM **Candyman** As 2.15am.
3.30 **Resident Evil** Sci-fi thriller. (2002, 15, 100min) ★★★
5.15 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
7.10 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★


7.10 Interstellar

Interstellar (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Matrix** Sci-fi thriller starring Keanu Reeves. A computer hacker learns that he is destined to save humanity from enslavement by a network of artificially intelligent computers. (1999, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Omen** Occult horror remake with Liev Schreiber. (2006, 15, 110min) ★★
2.15 **Candyman** Horror chiller. (1992, 18, 97min) ★★★★
4.00 **to 6.00** AM **Howard... A New Breed of Hero** Fantasy. (1986, PG, 110min) ★★★

Sky Cinema Mystery

302 302 856 402 502 516

7.00 AM **Sleepy Hollow** As 4pm.
9.00 **Cloverfield** Disaster movie. (2007, 15, 81min) ★★★
10.30 **Final Destination** As 8.00pm.
12.15 PM **Before I Go to Sleep** Thriller with Nicole Kidman. (2014, 15, 90min) ★★★
2.00 **Unknown** As 11.40pm.
4.00 **Sleepy Hollow** Tim Burton's comic horror fantasy. (1999, 15, 105min) ★★★★
6.00 **Old** Horror with Gael García Bernal. (2021, 15, 108min) ★★

9.40 Total Recall

8.00 **Final Destination** Horror with Devon Sawa. After cheating death by missing a plane which crashes, a group of students are pursued by a vengeful supernatural force. (2000, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Total Recall** Sci-fi action thriller starring Arnold Schwarzenegger. A construction worker discovers that he is really an intergalactic spy. (1990, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Unknown** Conspiracy thriller with Liam Neeson. A scientist discovers that another man has stolen his identity. (2011, 12, 113min) ★★★
1.35 AM **The Cinema List: Mystery**
1.50 **Abduction** Action horror with Scott Adkins and Andy On. (2019, 15, 98min) ★★
3.30 **Antebellum** Horror mystery with Janelle Monae and Eric Lange. (2019, 15, 105min) ★★
5.20 **to 7.20** AM **Total Recall**

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Carry On Nurse** Comedy. (1959, b/w, PG, 85min) ★★★
12.45 PM **Wonder Park** Animation. (2019, PG, 85min) ★★★
2.25 **Ice Age: Collision Course** Animated adventure sequel. (2016, U, 91min) ★★
4.15 **The Karate Kid** Martial arts adventure with Ralph Macchio. (1984, 12, 127min) ★★★★
6.40 **Charlotte Gray** Drama. (2001, 15, 121min) ★★★★

10.45 Brightburn

Charlotte Gray (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Hancock** Action comedy fantasy starring Will Smith as a drunken superhero who leaves disaster in his wake – until he encounters an idealistic PR guru and his wife. (2008, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.45 **Brightburn** Horror starring Elizabeth Banks. A childless couple think their prayers have been answered when an extra-terrestrial child crash-lands on Earth. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.35 **to 3.25** AM **Her Smell** Drama starring Elisabeth Moss, Cara Delevingne and Dan Stevens. (2018, 15, 136min) ★★★★

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Dragonfly Squadron** War drama. (1954, b/w, U) ★★
7.40 **What a Carve Up!** Comedy chiller. (1961, b/w, U, 88min) ★★
9.25 **It Should Happen To You** Comedy. (1953, b/w, U) ★★★
11.10 **The Taming of the Shrew** Screen version of Shakespeare's play. (1967, U, 126min) ★★★★
1.35 PM **Lawrence of Arabia** Biopic. (1962, PG, 221min) ★★★★★

5.40 **The Inn of the Sixth Happiness** Biopic starring Ingrid Bergman as a missionary in pre-World War Two China. (1958, PG, 151min) ★★★
9.00 **Move Over, Darling** Comedy starring Doris Day as a wife who returns from five years marooned on a desert island to discover that her husband has just remarried. With James Garner. (1963, U, 103min) ★★★★
11.10 **Cover Girl** Musical. (1944, b/w, U, 100min) ★★★★

1.20 AM **Shampoo** Satirical comedy. (1975, 18, 110min) ★★★★
3.30 **Hell Squad** War drama. (1958, b/w, PG, 64min) ★★
4.35 **to 6.00** AM **Machine-Gun Kelly** Drama. (1958, b/w, 15) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Guilty Until Proven Innocent: Garage Sale Mystery** Drama. (2016, PG, 90min) ★★
10.50 **The Art of Murder: Garage Sale Mystery** (2017, PG) ★★
12.40 PM **Garage Sale Mystery: The Mask Murder** (2018, PG) ★★
2.30 **Moneyball** Sports drama. (2011, 12, 133min) ★★★★
5.05 **Tracker** Period action drama. (2010, 12, 101min) ★★★

7.05 **Survivor** Thriller starring Milla Jovovich, Pierce Brosnan and Dylan McDermott. A US embassy official based in London goes on the run after being framed for a terrorist bombing. (2015, 12, 96min) ★★
9.00 **Shooter** Action thriller starring Mark Wahlberg and Danny Glover. A former Marine sniper is framed for a political assassination and forced to go on the run. With Michael Peña. (2007, 15, 125min) ★★★★

11.30 **The Operative** Thriller. (2019, 15, 116min) ★★★
1.45 AM **Human Traffic** British drama. (1999, 18, 99min) ★★★
3.40 **to 6.00** AM **Catch and Release** Comedy drama. (2006, 12) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
7.50 **A Bullet for the General** Western. (1966, 18, 115min) ★★
10.05 **Three Hours to Kill** Western. (1954, 12, 77min) ★★
11.45 **Apache Ambush** Western. (1955, U, 68min) ★★
1.10 PM **The Nevadan** Western. (1949, U, 81min) ★★
2.55 **Santa Fe** Western. (1951, U) ★★

4.45 **The Bravados** Western. (1958, PG, 98min) ★★★
6.55 **The Last Frontier** Western starring Victor Mature and Anne Bancroft. A scout for the cavalry becomes attracted to a colonel's wife. (1955, PG, 97min) ★★
9.00 **Will Penny** Western drama starring Charlton Heston, Joan Hackett and Donald Pleasence. An ageing cowboy finds dangerous but rewarding work with a frontier widow. (1967, PG, 109min) ★★★

11.15 **Pistol Whipped** Action thriller. (2007, 15, 96min) ★★★
1.15 AM **Half Past Dead 2** Thriller sequel. (2007, 15, 92min) ★★
3.00 **to 4.00** AM **The Blitz on Hamburg**

+1 hour 324

Movies 24

325 419

7.00 AM **One Perfect Wedding**
9.00 **You Had Me at Aloha** As 9pm.
11.00 **Mystery 101: Words Can Kill**
1.00 PM **Mystery 101: Dead Talk**
3.00 **PREMIERE** **Listen Out for Love** Romantic comedy with Mark Ghanimé and Stephanie Bennett. (2022, PG, 88min) ★★
5.00 **More Bitter Than Death: An Emma Fielding Mystery** Crime drama. (2019, PG, 90min) ★★

7.00 **One Perfect Wedding** Drama starring Taylor Cole and Jack Turner. A couple's plans for a destination wedding at the ski resort where they met encounters a series of setbacks. (2021, PG, 84min) ★★
9.00 **You Had Me at Aloha** Romantic drama starring Pascale Hutton and Kavan Smith. Two TV presenters are thrown together as the co-hosts of a travel show filmed in Hawaii. (2021, PG, 84min) ★★

11.00 **Mystery 101: Words Can Kill** Thriller. (2019, PG, 90min) ★★
1.00 AM **Mystery 101: Dead Talk** Thriller. (2019, PG, 88min) ★★
3.00 **to 5.00** AM **Listen Out for Love** As shown at 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.00 PM **Monster Island** *Syfy* ★★
6.15 **The Amazing Spider-Man 2** *ITV2* Superhero sequel. ★★★
6.45 **Jumanji: Welcome to the Jungle** *Channel 4* ★★★★
6.50 **Geostorm** *5STAR* Thriller. ★
7.05 **Joe Kidd** *5Action* Western. ★★★
7.15 **Shrek Forever After** *Comedy Central* Animation. ★★★★
8.00 **Battlestar Wars** *Syfy* ★★
9.00 **SAS: Red Notice** *Sky Showcase* Action thriller. ★★★
9.00 **22 Jump Street** *ITV2* ★★★
9.00 **London Has Fallen** *5STAR* ★★
9.00 **American Pie: The Wedding** *Comedy Central* Comedy. ★
9.00 **La Belle Epoque** *BBC4* French comedy. Subtitled. ★★★★
9.00 **Parker** *5Action* Thriller. ★★★
9.30 **Highlander** *BBC Scotland* Sci-fi action thriller. ★★★★
10.00 **Asteroid-a-geddon** *Syfy* ★★
10.40 **Ocean's Twelve** *ITV* ★★★★
10.55 **Airplane!** *Comedy Central* Comedy spoof. ★★★★★
11.00 **RoboCop 3** *ITV4* Sci-fi. ★★
11.00 **Final Destination 5** *5STAR* Horror thriller sequel. ★★★
11.15 **Election** *BBC3* Comedy. ★★★★
11.25 **Exit Wounds** *5Action* Thriller. ★

SATURDAY Sport

5 March

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM LIVE **ICC Women's World Cup Australia v England.** The group match from Seddon Park in Hamilton, New Zealand.
8.05 LIVE **Test Cricket India v Sri Lanka.** The second day of the first Test in the two-match series at Punjab Cricket Association Stadium in Mohali, Chandigarh.
11.30 **Soccer Saturday Pre-Match**
12.00 NOON LIVE **EFL Fulham v Blackburn Rovers.** The Championship clash from Craven Cottage. Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday** Up-to-the-minute scores.
5.00 LIVE **Premier League Liverpool v West Ham United.** Coverage of the top-flight clash from Anfield. Kick-off 5.30pm.
8.30 LIVE **PGA Tour Golf** Further coverage of the third day of the Arnold Palmer Invitational from Bay Hill Club and Lodge in Florida.
11.00 **Sky Sports News**
12.30 **to 6.00** AM LIVE **ICC Women's World Cup Pakistan v India.** Coverage of the group match at Bay Oval in Mount Maunganui, New Zealand.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Best PL Goals 93/94**
8.00 **Inside the WSL**
8.30 **Saturday Social**
9.30 **Soccer AM** Football magazine.
11.00 LIVE **WSL Aston Villa v Brighton & Hove Albion.** Coverage of the top-flight women's match from the Bescot Stadium. Kick-off 11.30am.
2.00 PM **Gillette Soccer Saturday: Build-Up** Preview show.
3.00 **Gillette Soccer Saturday** Up-to-the-minute scores.
5.00 LIVE **Premier League Liverpool v West Ham United.** Coverage of the top-flight clash from Anfield. Kick-off 5.30pm.
8.30 **Renault Game of the Day** A full re-run of one of this afternoon's fixtures in the Premier League.
10.30 **Premier League**
12.15 AM **SNF** A re-run of Liverpool v West Ham United at Anfield.
2.00 **Premier League**
3.45 **PL Greatest Games**
4.00 **Best PL Goals 93/94**
5.00 **Best PL Goals: Man Utd v Everton**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Greatest Games**
6.30 **Championship Review 17/18**
7.30 **EFL Greatest Games**
8.00 **SPFL Greatest Games**
8.15 **EFL Highlights**
8.30 **Saturday Social**
9.30 **Soccer AM** Football magazine.
11.00 **EFL Cup** Chelsea v Liverpool.
12.00 NOON LIVE **EFL Fulham v Blackburn Rovers.** The Championship clash from Craven Cottage. Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.00 **EFL Highlights**
5.15 **MLS** Nani's top five MLS goals.
5.20 LIVE **Bundesliga VfB Stuttgart v Borussia Monchengladbach.** The German top-flight clash from Mercedes-Benz Arena. Kick-off 5.30pm.
7.30 **WSL** Aston Villa v Brighton.
8.00 **EFL** Fulham v Blackburn Rovers.
11.00 LIVE **MLS Real Salt Lake v Seattle Sounders.** The Western Conference clash from Rio Tinto Stadium. Kick-off 11.00pm.
1.10 AM **MLS** Didier Drogba's best goals.
1.15 **EFL Greatest Games**
2.00 **EFL Play Off Final L2 15/16**
3.00 **to 6.00** AM **EFL Highlights**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM LIVE **ICC Women's World Cup Australia v England.** The group match from Seddon Park in Hamilton, New Zealand.
8.05 LIVE **Test Cricket India v Sri Lanka.** The second day of the first Test in the two-match series at Punjab Cricket Association Stadium in Mohali, Chandigarh.
11.30 LIVE **Test Cricket Pakistan v Australia.** Coverage of day two of the first Test in the three-match series, which takes place at Rawalpindi Cricket Stadium.
12.30 PM **ICC Women's World Cup**
2.30 **Test Cricket** India v Sri Lanka.
3.30 **Test Cricket** Pakistan v Australia.
4.30 **ICC Women's World Cup**
7.30 **ICC Women's World Cup 2017** England v India in the final.
8.00 **Best of the ICC Women's World Cup** Double bill.
8.30 **Test Cricket** India v Sri Lanka.
9.30 **Test Cricket** Pakistan v Australia.
10.30 **ICC Women's World Cup**
12.30 **to 6.00** AM LIVE **ICC Women's World Cup Pakistan v India.** Coverage of the group match at Bay Oval in Mount Maunganui, New Zealand.

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM LIVE **LPGA Tour Golf** Coverage of the third day of the HSBC Women's World Championship, taking place at Sentosa Golf Club in Singapore.
7.30 **LPGA Tour Golf** Highlights from day three of the HSBC Women's World Championship.
9.30 LIVE **DP World Tour Golf** The third day of the Kenya Open at Muthaiga Golf Club in Nairobi.
2.00 PM LIVE **PGA Tour Golf** Coverage of the third day of the Arnold Palmer Invitational from Bay Hill Club and Lodge in Florida.
5.30 LIVE **PGA Tour Golf** Further coverage of the third round of the Arnold Palmer Invitational.
11.00 **LPGA Tour Golf** Highlights from day three of the HSBC Women's World Championship.
1.00 AM **Golf's Greatest Holes**
2.00 **Golf Academy**
3.00 **European Challenge Tour Golf**
3.30 **LPGA Tour Golf**
5.30 **to 6.00** AM LIVE **LPGA Tour Golf** Coverage of the fourth and final day of the HSBC Women's World Championship, taking place at Sentosa Golf Club in Singapore.

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM LIVE **Isuzu UTE A-League Central Coast Mariners v Brisbane Roar.** From Central Coast Stadium. Kick-off 6.05am.
8.00 **WWE NXT UK**
9.00 **WWE Friday Night SmackDown**
10.30 **The Football's On**
11.30 LIVE **Premier League Leicester City v Leeds United.** The top-flight clash from the King Power Stadium. Kick-off 12.30pm.
3.00 PM **BT Sport Score**
5.00 LIVE **Vanarama National Aldershot Town v Stockport County.** From the Recreation Ground. Kick-off is at 5.20pm.
7.30 LIVE **Ligue 1 Nice v Paris Saint-Germain.** Coverage from Allianz Riviera. Kick-off 8.00pm.
10.00 **Rugby Stories**
10.30 **Gallagher Premiership Rugby Union** Saracens v Leicester Tigers.
12.00 M'T **Fight Week**
12.30 AM **The Dan Hardy Show**
1.00 LIVE **UFC** Coverage of the preliminary bouts from UFC 272.
3.00 **to 7.00** AM LIVE **UFC Colby Covington v Jorge Masvidal.** The welterweight bout from the T-Mobile Arena in Las Vegas.

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Premier League Match Pack**
6.30 **Premier League Preview**
7.00 **ESPN FC** Football news.
7.30 **Scottish Football Extra**
8.00 **MotoGP: ICYMI**
8.15 LIVE **MotoGP** Coverage from FP3 at the Grand Prix of Qatar.
11.15 **MotoGP Rewind**
12.00 NOON LIVE **MotoGP** Coverage of the qualifying session from the Grand Prix of Qatar.
4.00 PM **FIM Enduro Pale**
5.00 **What I Wore: Gianfranco Zola**
5.15 LIVE **Serie A Roma v Atalanta.** The Italian top-flight encounter at the Stadio Olimpico.
7.00 **UEFA Champions League**
7.30 LIVE **Serie A Cagliari v Lazio.** The Italian top-flight clash from Unipol Domus. Kick-off 7.45pm.
9.45 **Vanarama National League**
10.15 **Europa League Magazine**
11.15 **Champions League Magazine**
11.45 **BT Sport Reload**
12.00 M'T **FIM Enduro Pale**
1.00 AM **Ligue 1** Double bill.
3.00 LIVE **College Basketball UCLA Bruins v USC Trojans.**
5.00 **to 7.00** AM LIVE **A-League Women** Action from Australia.

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Scottish Football Extra**
6.30 **BT Sport Reload**
6.45 **Serie A** Inter Milan v Salernitana.
7.45 **Ligue 1** Lorient v Lyon.
8.45 LIVE **Isuzu UTE A-League Western Sydney Wanderers v Sydney FC.** Kick-off 8.45am.
10.45 **BT Sport Reload**
11.00 LIVE **Isuzu UTE A-League Perth Glory v Adelaide United.** Kick-off 11.05am.
1.00 PM **Premiership Rugby Union**
2.30 LIVE **Gallagher Premiership Rugby Union Saracens v Leicester Tigers.** Coverage of the top-flight match at StoneX Stadium. Kick-off 3.00pm.
5.15 **Sport in Focus**
5.30 **Badminton Unlimited**
6.00 **Isuzu UTE A-League**
9.00 **WWE Friday Night SmackDown**
10.30 **Serie A** Triple bill of action.
1.30 AM **Premiership Rugby Union**
3.00 LIVE **College Basketball UCLA Bruins v USC Trojans.** The NCAA match at Galen Centre in Los Angeles. Tip-off 3.00am.
5.00 **Inside Sailing**
5.30 **to 6.00** AM **FIH Hockey Pro League Magazine**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **Premier League Darts**
9.30 **NFL Bitesize Highlights**
9.45 **Super Bowl LVI Highlights** Extended highlights of Cincinnati Bengals v Los Angeles Rams.
10.00 **Fight Night International**
11.00 **Fight Night**
1.00 PM **Premier League Darts** The fourth night of the 2022 tournament from Exeter.
4.30 **British Basketball** A re-run of Glasgow Rocks v London Lions.
7.00 **Fight Night International** Jose Ramirez v Jose Pedraza.
8.00 **Fight Night** A replay of Josh Taylor v Jack Catterall.
9.00 **Fight Night** The catchweight bout between Amir Khan and Kell Brook at AO Arena in Manchester.
10.00 **Top Rank Boxing Archive** Davey Moore v Roberto Duran.
10.45 **Top Rank Boxing Archive** Marvin Hagler v Thomas Hearns.
11.15 **Top Rank Boxing Archive** Iran Barkley v Roberto Duran.
12.30 AM **Top Rank Boxing Archive** George Foreman v Gerry Cooney.
1.00 **Fight Night** A replay of Josh Taylor v Jack Catterall.
2.00 **Premier League Darts**
5.30 **to 6.00** AM **Darts Gold**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM LIVE **Test Cricket Pakistan v Australia.** Day two of the first Test in the three-match series at Rawalpindi Cricket Stadium.
12.30 PM **Betfred Super League Highlights** Recent action.
1.00 **Drone Racing League**
3.00 **Pakistan Super League Highlights** This year's final.
4.00 **British Basketball**
6.30 **Betfred Super League Highlights** Recent action.
7.30 **Jason Robinson: Tackling Diversity** The dual-code rugby star talks about his past experiences of race in sport.
8.00 **NBA Basketball** Los Angeles Clippers v Los Angeles Lakers.
10.00 LIVE **NBA Basketball Dallas Mavericks v Sacramento Kings.** Coverage of the Western Conference clash from American Airlines Centre. Tip-off 10.00pm.
12.30 AM **NBA Heatcheck**
1.00 **Premier League Darts**
4.30 **My Icon** With Michael Holding.
4.50 **to 6.00** AM LIVE **Test Cricket Pakistan v Australia.** Day three of the first Test in the three-match series, which takes place at Rawalpindi Cricket Stadium.

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **Highlights**
8.00 LIVE **AFLW Fremantle Women v Melbourne Women.**
10.00 **ESPN FC** Football news.
10.30 **Around the Horn**
11.00 **Pardon the Interruption**
11.30 LIVE **Motorcycling: Asia Talent Cup** Race one from Qatar.
12.30 PM **College Basketball**
2.15 **Around the Horn**
2.45 **BT Sport Reload**
3.00 **College GameDay**
5.00 LIVE **College Basketball**
9.00 LIVE **College Basketball Kansas Jayhawks v Texas Longhorns.** Tip-off 9.00pm.
11.00 LIVE **College Basketball Duke Blue Devils v North Carolina Tar Heels.** Tip-off 11pm.
1.00 AM **BT Sport Reload**
1.30 LIVE **College Basketball Texas A&M Aggies v Mississippi State Bulldogs.**
3.30 **to 6.00** AM LIVE **V8 Supercars** From Sydney..

Eurosport 1

410 410 868 | 521 | 412 435

6.50 AM LIVE **Freestyle Skiing** From Bakuriani, Georgia.
9.00 LIVE **Cross-Country Skiing** Coverage from Oslo, Norway.
10.30 **Biathlon**
11.35 LIVE **Biathlon** Coverage from Kontiolahti in Finland.
1.00 PM LIVE **Snooker: Welsh Open** The afternoon session on day six at Celtic Manor in Newport, featuring the opening semi-final.
4.30 **Motocross World Championship**
5.00 **Formula E**
6.00 **Snooker: Welsh Open**
6.45 LIVE **Snooker: Welsh Open** The evening session on day six from Celtic Manor in Newport, featuring the second semi-final.
10.30 **Snooker: Welsh Open**
12.00 M'T **Alpine Skiing**
2.00 AM **Snooker: Welsh Open**
4.00 **Alpine Skiing**
5.00 **to 6.00** AM **Cycling: Strade Bianche**

Eurosport 2

411 411 869 | 522 | 413 436

6.55 AM **Alpine Skiing**
7.50 LIVE **Nordic Combined Skiing** The World Cup meeting from Oslo.
9.00 LIVE **Alpine Skiing** Coverage from Lenzerheide, Switzerland.
10.30 LIVE **Alpine Skiing** World Cup coverage from Kvitfjell, Norway.
11.30 LIVE **Cycling: Strade Bianche** The women's one-day race.
12.30 PM **Cycling: GP Le Samyn**
12.50 LIVE **Cycling: Strade Bianche** The men's one-day race.
3.45 LIVE **Ski Jumping** The World Cup meeting from Oslo in Norway.
5.50 **Alpine Skiing**
8.00 **Cycling: Strade Bianche**
10.00 **Snowboarding**
11.05 **Alpine Skiing**
12.00 M'T **Cycling: Strade Bianche**
2.00 AM **Formula E**
3.00 **Olympic Games Hall Of Fame – Beijing 2022 Ski Jumping**
4.00 **Snooker: Welsh Open**
5.55 **to 6.50** AM **Alpine Skiing**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **NBA Basketball**
10.00 **Betfred Super League Highlights** Recent action.
11.30 **Super League's Supermen**
12.00 NOON **NBA Basketball**
4.00 PM **Betfred Super League Highlights** Recent action.
4.30 **Super League's Supermen** An interview with Martin Offiah.
5.30 **NBA Heatcheck**
6.00 **NBA Basketball**
10.00 LIVE **NBA Basketball Dallas Mavericks v Sacramento Kings.** Coverage of the Western Conference clash from American Airlines Centre. Tip-off 10.00pm.
12.30 AM **NBA Heatcheck**
1.00 **High Tops**
1.30 LIVE **NBA Basketball Los Angeles Lakers v Golden State Warriors.** The Western Conference clash from Crypto.com Arena. Tip-off 1.30am.
4.00 **to 6.00** AM **Betfred Super League Highlights**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula One: Best of 2021**
11.00 **2021 F1 Engines**
11.05 **Formula 1** Action from the opening practice session of the 2021 Mexico City Grand Prix.
12.20 PM **Formula 1** The second practice session from the 2021 Mexico City Grand Prix.
1.35 **Formula 1** The third and final practice session from the 2021 Mexico City Grand Prix.
2.50 **Formula 1** The 2021 Mexican Grand Prix qualifying session.
5.10 **Formula 1** A re-run of the 2021 Mexican Grand Prix.
7.30 **Formula 1** Action from the 2021 Mexican Grand Prix.
8.30 **Formula 1** A re-run of the 2021 Sao Paulo Grand Prix.
10.45 **Formula 1** Action from the 2021 Sao Paulo Grand Prix.
11.45 **Martin & Damon in the FW07**
11.55 **Abu Dhabi Hot Lap**
12.00 M'T **to 6.00** AM **Formula One: Best of 2021**

SKY HD SD | VIRGIN HD | BT HD

Sunday

6 March

Evening Planner

Football

Premier League
Sky Sports Main Event HD, from 2pm
Watford entertain Arsenal in London (kick-off 2pm) before City host United in the Manchester derby (kick-off 4.30pm)

Drama

The Ipcress File
ITV HD, 9pm
Joe Cole (*Gangs of London*) stars as Harry Palmer in this thrilling six-part adaptation of Len Deighton's spy novel

Drama

Peaky Blinders
BBC1 HD, 9pm
Tommy Shelby (Cillian Murphy) is playing a dangerous game when he makes a deadly pact in this week's episode

OnDemand

STARZPLAY

Outlander
Available today
The time-travelling drama returns, and there's a surprise for Jamie (Sam Heughan) when a face from his past shows up

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow		9.00 Peaky Blinders		10.00 News	10.30 Match of the...
102 BBC2		7.20 Stanley Tucci...	8.00 Wonders of the Celtic Deep		9.00 Film: Misbehaviour			10.40 Miss...
103 ITV	◂ 6.30 Dancing on Ice		8.00 Coronation Street		9.00 The Ipcress File		10.00 News	10.20 Against the Odds
104 CHANNEL 4		7.15 Winter...	7.45 The Great Pottery Throw Down: The Final		9.00 Celebrity Hunted		10.00 The Curse	10.30 Gogglebox
105 CHANNEL 5	7.00 Filthy Garden SOS		8.00 Bargain-Loving Brits in the Sun		9.00 Jane McDonald: My Yorkshire		10.00 Upgrade Me: Secrets of the First...	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 The Equalizer		9.00 Magnum P.I.		10.00 NCIS: New Orleans	
ENTERTAINMENT								
117 BBC3	7.00 EastEnders		8.00 Gassed Up		9.00 Zara McDermott: Uncovering Rape...		10.00 RuPaul's Drag Race: UK Versus the...	
116 BBC4	7.00 The Birth of British Music		8.00 Female Film-Makers...		9.00 Lights Up: Rough Girls			10.30 Imagine...
118 ITV2	◂ 6.30 Film: Stardust				9.00 Film: Fast & Furious 6			
136 MORE4	◂ 6.55 Come Dine with Me		8.00 Car S.O.S.		9.00 The Great Australian Bake Off		10.15 24 Hours in A&E	
135 E4		7.05 Film: Crocodile Dundee			9.00 Film: Knight and Day			
107 SKY WITNESS	7.00 Blue Bloods		8.00 The Equalizer		9.00 The Rookie		10.00 9-1-1	
108 SKY ATLANTIC	7.00 The Fear Index				9.00 The Gilded Age		10.05 Billions	
110 GOLD		7.20 French & Saunders: Funny Women				9.20 Absolutely Fabulous		
111 DAVE	7.00 Special Ops: Crime Squad UK		8.00 QI XL		9.00 Have I Got a Bit More News for You		10.00 Outsiders	
119 ITV3	◂ 6.00 Midsomer Murders		8.00 Long Lost Family		9.00 Joanna Lumley's Unseen Adventures		10.00 The Suspicions of Mr Whicher...	
120 ITV4	7.00 Darts: UK Open – Live: Coverage of the evening session on day three							
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Role Models			
152 SYFY	7.00 Film: San Andreas Mega Quake				9.00 Grimm			
113 SKY MAX	7.00 A League of Their Own		8.00 Resident Alien		9.00 Magnum P.I.		10.00 NCIS: New Orleans	
132 ALIBI	7.00 Hudson & Rex				9.00 Death in Paradise		10.00 Clarice	
130 SKY ARTS	◂ 6.40 Eric Clapton: Planes, Trains and Eric			8.30 Discovering...	9.00 Tina			
DOCUMENTARY								
125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Homestead Rescue: Raney Ranch		10.00 Wheeler Dealers	
162 ANIMAL PLANET	7.00 Alaska: Homestead Rescue		8.00 Crikey! It's the Irwins		9.00 Crocodile Hunter		10.00 Finding Bigfoot	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Apocalypse: Hitler Takes On The East		9.00 Hitler's Death Squad		10.00 Trafficked with Mariana Van Zeller	
123 SKY HISTORY	7.00 Medieval Dead		8.00 The Strongest Man in History		9.00 The Butcher			
155 YESTERDAY	7.00 Bangers and Cash		8.00 Open All Hours				10.00 Bangers and Cash	
121 SKY DOCS	7.00 The Larry David Story				9.00 Film: The Beatles: Eight Days a Week – The Touring Years			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Space Jam: A New Legacy		8.00 The World to Come				9.55 In The Earth	
303 HITS	◂ 6.25 Fantastic Mr Fox		8.00 Mad Max: Fury Road				10.00 Collateral	
304 BATMAN	◂ 5.50 Batman Returns		8.00 The Dark Knight Rises					
305 ANIMATION	◂ 6.25 Scoob!			8.10 Happily N'Ever After 2		9.25 The Adventures of Tom Thumb and Thumbelina		
306 BOOK DAY	◂ 6.45 Jumanji			8.35 Willy Wonka and the Chocolate Factory				10.30 Arthur and...
307 INDIANA JONES	7.00 Raiders of the Lost Ark				9.00 Indiana Jones and the Temple of Doom			
308 COMEDY	◂ 6.00 Hitch		8.00 The Intern				10.05 As Good As It Gets	
309 THRILLER		7.15 Munich					10.00 Crank	
310 DRAMA	◂ 5.45 Mud		8.00 Warrior					10.25 American Sniper
311 SCI-FI	◂ 6.10 Sleepy Hollow		8.00 A.I. Artificial Intelligence					10.30 The Matrix...
302 MYSTERY	◂ 6.25 Lucy		8.00 The Dry				10.00 The Secrets We Keep	
313 FILM4	◂ 6.15 Master and Commander: The Far Side of the World				9.00 Peppermint			
315 TCM MOVIES		7.15 Money, Women and Guns			9.00 Absolute Power			
SPORT								
401 MAIN EVENT	7.00 Duel: Hamilton v Verstappen				9.00 PGA Tour Golf – Live: The Arnold Palmer Invitational			
402 PREMIER LEAGUE	◂ 4.00 Renault...	7.30 PL 100 Club	8.00 The Tyler Archives		9.00 Gary Neville's Soccerbox		10.00 Premier League	
403 FOOTBALL	7.00 EFL Goals...	7.30 EFL Highlights		8.30 WSL	9.00 MLS – Live: Austin FC v Inter Miami CF (Kick-off 9.00)			
404 WORLD CUP	◂ 6.30 Test Cricket			8.30 ICC Women's World Cup		9.30 ICC Women's World Cup – Live: New Zealand v Bangladesh		
413 BT SPORT 1	7.00 Golazzo Live		7.45 Serie A – Live: Napoli v AC Milan (Kick-off 7.45)				10.00 WWE SmackDown Highlights	
414 BT SPORT 2	7.00 UEFA...	7.30 Ligue 1 – Live: Marseille v Monaco (Kick-off 7.45)				9.45 UFC		

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
7.30 **Match of the Day** (S)(R)
9.00 **Sunday Morning** (S)
10.00 **Politics England** (S)
10.30 **Homes Under the Hammer** (S)(R)
11.30 **Wanted Down Under Revisited** Catch-up edition. (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition Christian influences on Sunderland's glass-making industry. (S)
1.50 **Escape to the Country** (S)(R)(AD)
2.45 **Money for Nothing** (S)(R)
3.15 **Fantastic Beasts: A Natural History** Stephen Fry uncovers the real-life animals behind the greatest legends in history. (S)(R)(AD)
4.15 FILM **Ant-Man** Superhero adventure starring Paul Rudd. (S)(AD) (2015, 12, 110min) ★★★★

4.15 Ant-Man

6 PM
6.05 **BBC News** (S)
6.20 **Local News** (S)
6.30 **Extraordinary Portraits** New edition 2/6. Photographer Christy Lee Rogers works with Cee Cee, a model with albinism, on an underwater shoot. (S)(AD)

7 PM
7.00 **Countryfile** New edition Matt Baker and Charlotte Smith visit the High Weald on the borders of Sussex and Kent, to discover the role of local wood, iron and clay both historically and for the future. (S)

8 PM
8.00 **Antiques Roadshow** New edition 8/19. The team of experts visit Ham House in the London borough of Richmond, while Fiona Bruce meets members of the Punjabi community in Southall. (S)

9 PM
9.00 **Peaky Blinders** New episode *Black Shirt:* 2/6. Tommy gets mixed up in a power struggle when a Boston gangster comes to the UK on a fact-finding mission. *See feature, page 7.* (S6) (S)(AD)

10 PM
10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Match of the Day 2** The day's Premier League action, including Manchester City v Manchester United. (S)
11.30 **The Women's Football Show** Highlights of the weekend's games in the Super League, including Arsenal v Birmingham City, and Manchester City v Everton. (S)
12.05 AM **Question of Sport** With guest panellists Johanna Konta, James Haskell, Hollie Pearne-Webb and Anyika Onuora. (S)(R)
12.35 **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.15 AM **James Wong and the Malaysian Garden** (S)(R)
7.15 **Countryfile** (S)(R)
8.15 **Your Garden Made Perfect** (S)(R)
9.15 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
10.45 **Great British Menu** (S)(R)
11.45 LIVE **Match of the Day: Women's Super League** Arsenal v Birmingham City: The top-flight clash from Meadow Park. Kick-off is at 12.00. (S)
2.10 PM FILM **McFarland, USA** Fact-based drama starring Kevin Costner and Ramiro Rodriguez. (S) (2015, PG, 125min) ★★★
4.15 **Humpback Whales: A Detective Story** A film-maker revisits his near-death incident involving a 30-ton humpback whale. (S)(R)
5.15 **Flog It!** From Nottingham. (S)(R)

9.00 Misbehaviour

6.15 **Scotland's Sacred Islands with Ben Fogle** 4/4. Travelling across the Shetland Isles, Ben Fogle meets people whose lives are rooted to the islands' history and visits a tiny church with big ideas. (S)(R)
7.15 **Stanley Tucci: Searching for Italy** New edition 2/6. The actor journeys to Rome, where he heads to a restaurant to order rigatoni all'amatriciana. (S)(AD)
8.00 **Wonders of the Celtic Deep** Series finale 4/4. Sian Phillips takes a look at the biggest challenges and issues the marine environment currently faces, meeting conservation heroes from across Wales. (S)
9.00 FILM **Misbehaviour** Comedy drama starring Keira Knightley and Gugu Mbatha-Raw. The 1970 Miss World beauty pageant is disrupted by the newly formed women's liberation movement. With Keeley Hawes and Rhys Ifans. (S) (2020, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.40 **Miss World 1970: Beauty Queens and Bedlam** The story of the protest that took place at the event. (S)(R)
11.40 **What We Do in the Shadows** 9/10. Nandor and Laszlo are abducted by witches. (S)(R)
12.00 M'T 10/10. The vampires prepare for an event. (S2) (S)(R)
12.20 AM 1/10. Guillermo's fate hangs in the balance. (S)(R)
12.45 2/10. Nadja works on a power-sharing deal. (S3) (S)(R)
1.10 **Sign Zone: Question Time** (S)(R)
2.10 **Sign Zone: Holby City** (S)(R)(AD)
2.50 **to 6.45** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
9.25 **ITV News** (S)
9.30 **Dickinson's Real Deal Winners** New edition Featuring items that fetched big money. (S)
10.00 **Love Your Weekend with Alan Titchmarsh** New edition With Kate Humble and Barbara Dickson. (S)
12.00 NOON **Love Your Garden** (S)(R)
12.30 PM **The Pet Show** (S)(R)(AD)
1.30 **ITV News** (S)
1.40 **The Masked Singer US** (S)(R)
2.35 FILM **Liar Liar** Comedy starring Jim Carrey and Maura Tierney. (S)(AD) (1997, 12, 95min) ★★★★
4.10 FILM **Uncle Buck** Comedy starring John Candy as a domestically inept bachelor who is called in to look after his nephew and nieces while their parents are away. (S)(AD) (1989, 12, 110min) ★★★

6.30 Dancing on Ice

6.00 **ITV News** (S)
6.15 **Local News** (S)
6.30 **Dancing on Ice** New edition Phillip Schofield and Holly Willoughby co-host as the celebrities and their professional partners take to the ice once again, performing routines inspired by Olympic champions Torvill and Dean. Plus, there is performance by Team GB's ice dance pair Lilah Fear and Lewis Gibson. (S)
8.00 **Coronation Street** Abi uses drugs to block out her suffering, while Kevin makes a surprise return home. Adam tells the police about Lydia's campaign to frame him, and Kelly confides in Simon. (S)(AD)
9.00 NEW SERIES **The Ipcress File** 1/6. Cold War 1960s-set spy thriller starring Joe Cole. British Army corporal Harry Palmer is recruited by British Intelligence. *See feature, page 4.* (S1) (S)(AD)
■ Entire series on ITV Hub
10.00 **ITV News** (S)
10.20 **Against the Odds** The story of England rugby union star Kyle Sinckler, who has fought his way to the top of a sport that rarely attracts players from the streets of south London. (S)(R)
11.15 **Gallagher Premiership Rugby Union Highlights** Action from the 19th round of fixtures, including Harlequins v Newcastle Falcons. (S)
12.05 AM **Shop: Ideal World**
3.00 **Million Pound Pawn** A pawnbroker takes a helicopter ride to the biggest deal of his career. (S)(SL)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM LIVE **Winter Paralympics** Day two coverage continues from Beijing, with Great Britain v RPC in wheelchair curling, and USA v South Korea in para ice hockey. (S)
8.00 **Winter Paralympics Breakfast** (S)
9.00 **The Simpsons** (S)(R)(AD)
9.30 **Sunday Brunch** New edition With Roman Kemp and AJ Odudu. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.55 FILM **Kung Fu Panda** Animated comedy featuring the voice of Jack Black. A panda dreams of becoming a martial arts master. (S) (2008, PG, 110min) ★★★★
4.45 **Chateau DIY** Donna plans to turn an old sideboard into a grand statement bed. (S)(R)(AD)
5.50 **Devon and Cornwall** Steve and Crispin Alford prepare for a sheep-shearing contest. (S)(R)(AD)

7.45 The Great Pottery Throw Down

6.45 **News** (S)
7.15 **Winter Paralympics: Today in Beijing** Ade Adepitan presents highlights from day two. (S)
7.45 **The Great Pottery Throw Down: The Final** Series finale 10/10. Ellie Taylor and Siobhán McSweeney host the conclusion of the contest, in which the contestants must create a garden totem sculpture that tells their life story. (S)(AD)
9.00 **Celebrity Hunted** Series finale 6/6. Extraction is less than 48 hours away, but three fugitives remain at large. Iwan Thomas hides in a warehouse, unaware that the hunters are closing in. (S)(AD)
10.00 **The Curse** New episode *Millionaires:* 5/6. Mick and Phil decide to buy a nightclub in Soho. (S1) (S)(AD)
■ Entire series on All4
10.30 **Gogglebox** Viewer opinions. (S)(R)(AD)
11.35 **First Dates** A look back at some memorable double daters in the programme's history. (S)(R)(AD)
12.30 AM **24 Hours in A&E** (S)(R)(AD)
1.10 **to 6.00** AM LIVE **Winter Paralympics** Day three in Beijing begins with Paralympics GB's wheelchair curlers taking on Switzerland. Plus, the finals in all classifications of para snowboard cross at Genting Snow Park. (S)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
10.00 **SpongeBob SquarePants** (S)(R)
10.25 **Entertainment News** (S)
10.30 **Friends: Best of Monica** Five episodes. (S)(R)(AD)
12.55 PM FILM **Sweet Home Alabama** Romantic comedy with Reese Witherspoon, Josh Lucas and Patrick Dempsey. (S) (2002, 12, 135min) ★★★
3.10 FILM **Appointment with Death** Agatha Christie mystery starring Peter Ustinov as Hercule Poirot. (S) (1988, PG, 130min) ★
5.20 NEW **Miss Willoughby Mysteries** Drama starring Nathalie Cox and Kelsey Grammer. A college professor is asked by old family friends to investigate a series of hauntings at their antique bookshop. (S)

9.00 Jane McDonald: My Yorkshire

Miss Willoughby Mysteries (started at 5.20pm)

7.00 Filthy Garden SOS 3/6. Diarmuid Gavin and his team help a couple who want their overgrown garden to be transformed into a safe place by the time their twins start walking. (S)(R)

8.00 Bargain-Loving Brits in the Sun New edition 9/10. The programme meets a man who runs the Costa del Sol's longest established British fish-and-chip shop. (S)

9.00 Jane McDonald: My Yorkshire New edition 3/5. The singer and her best friend journey to North Yorkshire to take a tandem cycle tour of the spa town of Knaresborough. (S)

10.00 Upgrade Me: Secrets of the First Class Flight 1/2. Behind the scenes on luxurious flights. (S)(R)

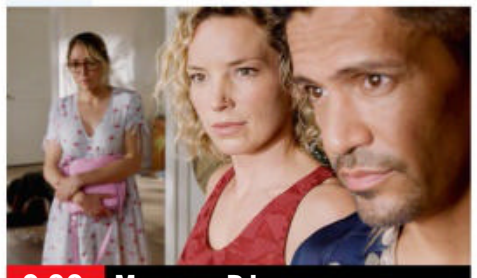
10.55 Funniest Ever TV Cock-Ups 2 Classic TV mistakes. (S)(R)
12.55 AM **Entertainment News** (S)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **Police Interceptors** Nick and Bob chase down a suspicious looking van. (S)(R)
4.00 **Britain's Greatest Bridges** The design and construction of the Tyne Bridge. (S)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **Great Scientists** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **Hour of Power** (S)
7.00 **Croods Family Tree** (S)(R)
9.05 **The Simpsons** (S)(R)
11.00 **Magnum P.I.** (S4) (S)(R)(AD)
12.00 NOON **NCIS: New Orleans** (R)
1.00 PM **The Office (US)** (S8) (R)
2.00 **The Simpsons** *Dark Knight Court:* Mr Burns tries to become a superhero. (S)(R) **2.30** *What Animated Women Want:* Homer tries to help around the house. (S)(R) **3.00** *Pulpit Friction:* Homer is recruited to be a deacon. (S)(R) **3.30** *Yolo:* Homer gets in touch with an old pen-pal. (S)(R)
4.00 **The Ultimate Adventure Movies** A look at outstanding films from the genre. (S)(R)
5.00 **Sport's Funniest Moments** Comical clips. (S)(R)(AD)



9.00 Magnum P.I.

Sport's Funniest Moments (started at 5.00pm)

7.00 The Simpsons New episode *Portrait of a Lackey on Fire:* Homer plays matchmaker for Smithers. (S) **7.30** *Labour Pains:* Homer helps to deliver a baby in a lift. (S)(R)

8.00 The Equalizer *Followers*: 5/12. True-crime enthusiasts hire McCall to help them uncover the identity of a stalker who is claiming he will kill his target in eight hours. (S2) (S)(R)

9.00 Magnum P.I. New episode *Dream Lover:* 10/20. A woman hires Thomas and Higgins to locate a man she met briefly, and they soon learn he is hiding a big secret. (S4) (S)

10.00 NCIS: New Orleans New episode *Homeward Bound:* 10/16. The team hunt for a sniper after a petty officer is shot dead and fear the shooter may not have been acting alone. (S7) (S)

11.00 **Saturday Night Live** American sketch show. (R)
12.30 AM **SEAL Team** *Frog on the Tracks:* 5/14. Bravo race against the clock to prevent a terrorist attack. (S5) (S)(R)
1.30 **The Force: North East** An argument turns nasty. (S)(R)
2.30 **Road Wars** (R)
3.00 **Nothing to Declare** (S)(R)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
10.00-10.30am The Sunday Show **11.30pm** Sportscene **12.30am** The Women's Football Show **1.05** Question of Sport **1.35** Weather for the Week Ahead **1.40-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
4.15pm Barra on the Foyle **4.35** Celebrity Mastermind **5.05-6.05pm** BBC Northern Ireland School Soloist of the Year 2022: The Final

WALES
Sky **952**, Virgin **864**, Freesat **964**
1.15pm LIVE Snooker: The Welsh Open **4.35** Kiri's TV Flashback **5.05-6.05pm** Hidden Wales: Last Chance to Save

BBC2

N. IRELAND
Sky **972**, Freesat **969**
4.15-5.15pm Your Garden Made Perfect **10.40** Lights Up 2: Rough Girls **12.10am** Sunday Politics Northern Ireland **12.40** What We Do in the Shadows **1.00-1.10am** Weather Watchers with Barra Best

WALES
Sky **971**, Freesat **971**
2.10pm Songs of Praise **2.45** Murder, Mystery and My Family **3.30** Secrets of Orkney: Britain's Ancient Capital **4.35** A to Z of TV Gardening **4.45** Stanley Tucci: Searching for Italy **5.30** Ray Reardon: The Welsh Master **6.00** Scrum V Sunday **7.00** LIVE Snooker: The Welsh Open **10.00-11.40pm** FILM Misbehaviour (2020, 12, 100min) ★★★★

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw **9.00** Lle Bach Mawr **10.00** Eryri: Pobol y Parc **11.00** Dechrau Canu Dechrau Canmol **12.00noon** Yr Wythnos **12.35pm** Dan Do **1.05** 47 Copa: Her Huw Jack Brassington **1.35** Cynefin **1.45** LIVE Clwb Rygbi **4.00** Clwb Rygbi **5.45** Ffermio **6.10** Pobol y Cwm Omnibws **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol **8.00** Côr Cymru 2022 **9.00** Stad **10.00** Ysgol Ni: Moelwyn **11.00-11.35pm** Y Byd ar Bedwar

TV&Satellite week
Best for Sky and Virgin

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Mick steps into the boxing ring. **7.30** The Carters' world is turned upside down.
8.00 **Gassed Up** 3/6. Mist takes on Olympic gold medal-winning boxer Nicola Adams.
8.45 **Zen Motoring** 3/6. Ogmios tests out his prototype 'gentle beep'.
9.00 **Zara McDermott: Uncovering Rape Culture** The reality TV star and model investigates sexual assault in Britain's schools.
10.00 **RuPaul's Drag Race: UK Versus the World** 5/6. The queens are given a singing and dancing challenge. With Little Mix star Jade Thirlwall.
11.05 **Starstruck**
11.30 **Eating with My Ex**
12.00 M'T **Nail Bar Boys**
12.30 AM **Bad Love: Why Did Fri Kill Kyle?**
1.30 **Zara McDermott: Uncovering Rape Culture**
2.30 **The Fast and the Farmer-ish**
3.00 **to 3.50** AM **Gassed Up**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **The Birth of British Music** The legacy of Austrian composer Joseph Haydn.
8.00 NEW **Female Film-Makers: BBC Introducing Arts** A collection of intriguing short films by emerging female storytellers.
9.00 NEW **Lights Up: Rough Girls** Tara Lynne O'Neill's debut play chronicles the first Northern Irish women's football team, known as the suffragettes of soccer. Stars Carol Moore, Claire Cogan and Jo Donnelly.
10.30 **Imagine... Edna O'Brien: Fearful and Fearless** Alan Yentob meets Irish novelist Edna O'Brien.
11.35 **Arena: Delia Derbyshire – The Myths and the Legendary Tapes**
1.10 AM **A Garden in Snowdonia** Bodnant is threatened by an oak disease.
1.40 **The Birth of British Music**
2.40 **to 3.45** AM **Imagine... Edna O'Brien: Fearful and Fearless**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **George Clarke's Amazing Spaces**
9.55 **Ugly House to Lovely House with George Clarke** From London.
11.00 **George Clarke's Old House, New Home**
12.00 NOON **Come Dine with Me**
2.40 PM **Four in a Bed**
5.20 **Come Dine with Me** A ladies' day-themed meal in Windsor, Berkshire. **5.50** An evening featuring traditional Irish dishes. **6.25** An ambitious menu.
6.55 **Come Dine with Me** A woman lays down the law at the start of her night. **7.30** The final night of the competition in Windsor.
8.00 **Car S.O.S** Tim and Fuzz pick up a 1978 Bedford HA ice-cream van in Manchester.
9.00 **The Great Australian Bake Off** New edition The remaining bakers must tackle a Signature of savoury delights in Classics Week.
10.15 **24 Hours in A&E** A 50-year-old mechanical engineer is rushed in with a suspected heart attack.
11.20 **Emergency Helicopter Medics** A biker suffers a fall.
12.25 AM **8 Out of 10 Cats Does Countdown**
2.25 **Father Ted**
3.00 **Winter Paralympics: Today in Beijing**
3.35 **to 3.45** AM **Escape to the Chateau**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks Omnibus**
8.25 **Rude(ish) Tube Shorts**
8.45 **Married at First Sight Australia** Double bill.
11.50 **The Real Dirty Dancing**
1.55 PM **Teen First Dates**
3.00 **The Big Bang Theory** Six episodes, including at: **4.50** 23/24. Guest stars Christine Baranski. (S8) **5.15** 9/24. With guest star Stephen Hawking. (S10)
5.40 **Lego Masters Australia** Series finale The winner of the title is announced.
7.05 FILM **Crocodile Dundee** Comedy adventure starring Paul Hogan and Linda Kozlowski. A New York reporter takes a legendary adventurer from the Australian Outback to the Big Apple to sample the delights and dangers of the urban jungle. (1986, 15, 102min) ★★★★★
9.00 FILM **Knight and Day** Comedy thriller starring Tom Cruise and Cameron Diaz. A rogue secret agent kidnaps a hapless bystander and takes her on a perilous globe-trotting adventure. (2010, 12, 109min) ★★★
11.05 **Naked Attraction**
1.15 AM **Gogglebox**
2.20 **Below Deck: Mediterranean**
3.10 **Mike & Molly**
3.35 **to 6.00** AM **Hollyoaks Omnibus**

+1 hour 235 | 146 | 30 | 123

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Border Security: Australia's Front Line**
6.30 **Nothing to Declare**
9.00 **Border Patrol**
11.00 **The Real A&E**
12.00 NOON **999 Frontline** Police in King's Lynn deal with a difficult Saturday night. **12.30** PM Paramedics attend to a pregnant woman.
1.00 PM **UK Border Force** A man from Johannesburg is stopped at Heathrow.
2.00 **Nothing to Declare** Ten editions of the documentary.

6.00 Border Security

7 PM
7.00 **Blue Bloods** *Grave Error:* 9/19. Erin disagrees with a psychiatric consultant, and a woman overhears a murder plot. (S10)

8 PM
8.00 **The Equalizer** *Followers:* 5/12. True-crime enthusiasts hire McCall to uncover the identity of a murderous stalker. (S2)

9 PM
9.00 **The Rookie** *Fire Fight:* 7/11. Nolan and Bailey discover that there is more to Fred's death than meets the eye. (S4)

10 PM
10.00 **9-1-1** *Home and Away:* 4/18. The team race to help when a truck crashes into a high-school homecoming parade. (S5)
11.00 **Grey's Anatomy** Meredith seeks advice from Amelia, and Richard feels inspired. (S18)
12.00 M'T **Blue Bloods** 8&9/19. (S10)
2.00 AM **How to Get Away with Murder** 5/15. (S5)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **The British** Four editions.
9.50 **In Treatment** 3/24. (S4)
10.20 **Six Feet Under** 3-5/13. (S2)
1.40 PM **Six Feet Under** 6/13. Ruth's estranged sister makes an appearance. **2.45** 7/13. Nate seeks spiritual guidance. (S2)
3.50 **The Sopranos** 21/21. Tony comes out of hiding. (S6)
5.00 **The Fear Index** 1/4. Dr Alex Hoffman is attacked. **6.00** 2/4. Alex has concerns when he finds terrorist websites open on his computer. (S1)

5.00 The Fear Index

7 PM
7.00 **The Fear Index** 3/4. Alex heads to his therapist, terrified that he may be losing his mind.

8 PM
8.00 **The Fear Index** 4/4. Dr Hoffman races against the clock to stop what he might have inadvertently started. (S1)

9 PM
9.00 **The Gilded Age** *Heads Have Rolled for Less:* 6/9. As George fights to protect his image, Agnes' status quo is disrupted. (S1)

10 PM
10.05 **Billions** *Hostis Humani Generis:* 6/12. Chuck searches for a way to undermine Prince's generosity. (S6)
11.10 **Succession** 1/10. Kendall tries to make amends, and Logan gets some stark advice. (S2)
12.15 AM **Euphoria** 8/8. (S2)
1.20 **In Treatment** 4-6/24. (S4)
2.55 **Billions** New episode *Napoleon's Hat:* 7/12. (S6)
4.00 **to 6.00** AM **Storm City**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Hour of Power**
7.00 **Highway Cops**
7.30 **Stop, Search, Seize**
8.30 **Supergirl** 12-14/20. (S6)
11.30 **Magnum P.I.** 9/20. (S4)
12.30 PM **NCIS: New Orleans**
4.30 **The Ultimate Adventure Movies** A look at outstanding films from the genre.
5.30 **Dating No Filter** Comedians observe people on first dates.
6.00 **A League of Their Own** With guest panellists Sue Perkins, Teddy Sheringham, Kadeena Cox and Chris Ramsay.

10.00 NCIS: New Orleans

7 PM
7.00 **A League of Their Own** Guests Denise Lewis, Jimmy Carr, Andrew 'Beef' Johnston and Alan Carr join the regulars.

8 PM
8.00 **Resident Alien** *The Wire:* 2/8. Harry has a plan to save Asta and himself, but he must first attend the sheriff's poker game. (S2)

9 PM
9.00 **Magnum P.I.** New episode *Dream Lover:* 10/20. A woman hires Thomas and Higgins to locate a man she met briefly. (S4)

10 PM
10.00 **NCIS: New Orleans** New episode *Homeward Bound:* 10/16. The team hunt for a sniper after a petty officer is shot. (S7)
11.00 **Brassic** 6/6. Cardi proposes to Carol and Vinnie promises to give him the best wedding he can pull together. (S2) **12.00** M'T 1/8. Vinnie is released from prison. (S3)
1.00 AM **SEAL Team** 5/14. (S5)
2.00 **The Force: North East**
3.00 **Brit Cops: Law & Disorder**
4.00 **to 6.00** AM **Highway Cops**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.25 **Secret Crush**
8.20 **Dress to Impress**
11.20 **Celebrity Supermarket Sweep** Game show.
12.20 PM **Celebrity Catchphrase**
1.20 **You've Been Framed! Gold**
2.50 FILM **The Pirates! In an Adventure with Scientists** Animated comedy adventure. (2012, U, 87min) ★★★★
4.45 FILM **Hotel Transylvania 2** Animated comedy sequel. (2015, U, 89min) ★★★

9.00 Fast & Furious 6

7 PM
6.30 FILM **Stardust** Fairytale adventure starring Claire Danes. A man enters a magical kingdom to retrieve a falling star for his beloved in exchange for her hand in marriage. With Charlie Cox. (2007, PG, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9 PM
9.00 FILM **Fast & Furious 6** Action thriller sequel starring Vin Diesel, Paul Walker and Jordana Brewster. The gang of carjackers come out of retirement. (2013, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM
11.30 **Family Guy** 4/22. Brian dates an older woman. (S8)
12.00 M'T **Family Guy** 6/22. (S8)
12.30 AM **American Dad!** (S12&11)
1.30 **The Stand Up Sketch Show**
2.00 **Shopping with Keith Lemon**
2.30 **Don't Hate the Playaz**
3.15 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Emmerdale Omnibus**
8.50 **A Touch of Frost**
1.05 PM **Agatha Christie's Poirot**
2.05 **Midsomer Murders** *Saints and Sinners:* The leader of an archaeological dig is killed. **4.05** *Harvest of Souls:* The owner of an equestrian centre is trampled by his horse. **6.00** *Crime and Punishment:* A member of the Bleakridge Watch, a group of villagers who walk the streets reporting anyone who falls foul of the law, is found dead in a freezer.

8.00 Long Lost Family

7 PM
Midsomer Murders (started at 6.00pm)

8 PM
8.00 **Long Lost Family** A woman abandoned as a baby in Hong Kong heads back there to learn about her origins.

9 PM
9.00 **Joanna Lumley's Unseen Adventures** Unseen footage from Joanna's travels in India and Uzbekistan.

10 PM
10.00 **The Suspicions of Mr Whicher: Beyond the Pale** 1/2. Victorian crime drama starring Paddy Considine. (S3)
12.00 M'T **Law & Order: UK** 1/6. Brooks and Devlin investigate a homophobic religious group within the police force. **1.00** 2/6. The body of a missing girl is found. (S2)
2.00 **A Touch of Frost**
5.40 **to 6.00** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Sportscene** Highlights of Livingston v Celtic at Tony Macaroni Arena.
8.30 **The Mart** 3/6. Auctioneer Finlay McIntyre is under pressure to get top prices at the pedigree ram sale.
9.00 **Still Game** 3/6. Jack arranges a birthday surprise for Victor's 75th – a boat trip down the River Kelvin. (S5)
9.30 **Two Doors Down** 1/6. Beth and Eric celebrate Ian and Gordon's anniversary. (S5)
10.00 **Darren McGarvey's Class Wars** 4/4. Darren's examination of social class concludes with a look to the future.
11.00 PM **to 12.00** M'T **Seven Days**

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **The Office (US)**
9.30 **The Mindy Project**
10.30 **Will & Grace** (S1)
1.00 PM **The Office (US)**
2.00 **Fresh Prince of Bel Air**
4.30 **Modern Family** (S4)
6.50 **Eastbound & Down** 6/7. Kenny settles a few scores and bids farewell to Vida. **7.25** 7/7. Kenny makes a fool of himself at his old school in Shelby. (S2)
8.00 **Bored to Death** 3/8. A newly single Jonathan gets kidnapped. **8.30** 4/8. Jonathan is hired to retrieve a valuable book. (S2)
9.00 **Saturday Night Live** New edition Satirical US sketch show.
10.30 **Flight of the Conchords** 8/12. Jemaine and Bret pick up women at a croissant shop. (S1)
11.00 **Saturday Night Live**
12.30 AM **Girls** 5-9/10. (S5)
3.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Arts Uncovered: Gary James McQueen**
6.20 **La Boheme on Sydney Harbour**
8.30 **Tales of the Unexpected**
10.30 **Inside Art**
11.00 **Landscape Artist of the Year**
12.00 NOON **Landscape Artist of the Year: Celebrity Special**
1.00 PM **Discovering**
2.00 **Big Design Challenge**
3.00 FILM **Passport to Pimlico** Comedy. (1949, b/w, U, 80min) ★★★★★
4.40 **Tina Turner: One Last Time – Live at Wembley Stadium**
6.40 **Eric Clapton: Planes, Trains and Eric**
8.30 **Discovering**
9.00 **Tina** Documentary.
11.10 **The Eagles: Live from the LA Forum**
2.05 AM **Soul Power!**
3.05 **My View: Clem Burke**
4.05 **The Sixties**
5.00 **to 6.00** AM **Discovering**

Pick

159 156 | 36 | 144

6.00 AM **Border Patrol**
8.00 **Police Force: Australia**
10.00 **Highway Cops**
11.00 **Road Wars**
1.00 PM **UK Border Force**
2.00 **Nothing to Declare**
4.00 **Highway Cops**
5.00 **Caught Red Handed**
7.00 **Motorbike Cops**
8.00 **Brit Cops: Law & Disorder** Focusing on motorbike thefts.
9.00 **The Good Doctor** *Breakdown:* 17/18. Shaun tries to figure out the cause of a child's injuries. (S2)
10.00 **The Killer Within** New Orleans police officer Antoinette Frank.
11.00 **Britain's Most Evil Killers** Trevor Hardy.
12.00 M'T **Killer Colleagues**
1.00 AM **Britain's Most Evil Killers** Vincent Tabak.
2.00 **Police Force: Australia**
4.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Friends** (S1)
1.00 PM **Friends** (S2)
7.00 **Friends** 13/24. Rachel lands a date with Jean-Claude Van Damme. **7.30** 14/24. Rachel sees Ross in a different light. **8.00** 15/24. Monica falls for an old family friend. **8.30** 16/24. Joey moves out of the flat. (S2)
9.00 FILM **Role Models** Comedy starring Paul Rudd and Seann William Scott. Two salesmen are assigned to mentor a couple of troubled kids when they are sentenced to community service after a bender. (2008, 15, 96min) ★★★★
11.00 **When TV Goes Horribly Wrong** Mishaps on live news broadcasts.
2.00 AM **The Ricky Gervais Show** 4&5/13. (S2)
3.00 **South Park** (S15)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 179 | 28 | 119

7.00 AM **Masters of Flip**
9.00 **LittleBe**
12.00 NOON **Be Tasty**
12.10 PM **Real Housewives of Orange County**
5.00 **Chrisley Knows Best**
6.00 **Dinner Date**
7.00 **Celebrity Dinner Date** Jon Lee picks three blind dates from five potential partners, based on the menus they have created. **8.00** *The Only Way Is Essex* star Chloe Meadows takes part.
9.00 **Botched** A cosplayer hopes to make her body more comical.
10.00 **For Real: The Story of Reality TV** Andy Cohen delves into the history of unscripted television.
11.00 **The Real Housewives of Jersey** Mia catches up with Sarha to fill her in on 'fib-gate'.
12.00 M'T **to 1.00** AM **Botched**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **Motorsport Mundial**
6.25 **Auto Mundial**
6.50 **World Rally Championship Highlights** From Sweden.
7.50 **The Protectors**
8.25 **The Sweeney**
9.30 **The Professionals**
10.35 **Hornblower**
12.45 PM **LIVE Darts: UK Open** Coverage of day three from Butlin's Minehead in Somerset, featuring the quarter-finals.
5.00 **River Monsters**
6.00 **Cycling: Paris-Nice Highlights**

5.00 River Monsters

7.00 **LIVE Darts: UK Open** Jacqui Oatley presents coverage of the evening session on day three from Butlin's Minehead in Somerset, featuring the semi-finals and final. Analysis from Chris Mason, Alan Warriner-Little and Mark Webster, reports by Dan Dawson, and commentary from Stuart Pyke and John Rawling.

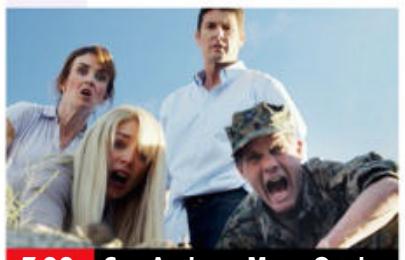
11.00 **FILM Total Recall** Sci-fi thriller starring Arnold Schwarzenegger, Rachel Ticotin and Sharon Stone. (1990, 15, 109min) ★★★
1.20 AM **Minder**
2.20 **The Protectors**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Stargate SG-1** (S2)
8.00 **Teleshopping**
11.00 **Stargate SG-1** 1/22. (S3)
12.00 NOON **FILM Battlestar Wars** Sci-fi drama starring Alyson Gorske and Aimee Stolte. (2019, PG, 86min) ★★
2.00 PM **Quantum Leap** Five episodes, including at: **4.00** 6/9. Sam occcupies the body of a Mafia hitman. **5.00** 7/9. Sam experiences racial hatred in the Deep South. **6.00** 8/9. Sam occupies the body of a student. (S1)


7.00 San Andreas Mega Quake

7.00 **FILM San Andreas Mega Quake** Thriller with Glen Baggerly. Discovering that an earthquake will sink California in two days, scientists rupture a volcano to displace the earthquake's energy. (2019, PG, 87min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Grimm** *To Protect and Serve Man:* 11/22. Hank and Nick try to prove that a man on death row for murder is innocent.

10.00 **Grimm** *Season of the Hexenbiest:* 12/22. Adalind returns to avenge her mother's death. (S2)

11.00 **Grimm** 13&14/22. (S2)
1.00 AM **FILM Asteroid-a-geddon** Adventure with Eric Roberts. (2020, PG, 90min) ★★
3.00 **FILM Descent** Disaster drama. (2005, PG, 90min) ★★
5.00 **to 6.00** AM **Fact or Faked: Paranormal Files**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries** (S7)
10.00 **Frankie Drake Mysteries**
12.00 NOON **Death in Paradise**
2.00 PM **The Mallorca Files** (S1)
4.00 **Reef Break** 7/13. A mysterious general arrives on The Reef with a secret collection of stolen art and jewellery. **5.00** 8/13. When Tori Eastland hosts The Reef's first women's surf competition, the stakes quickly become deadly. (S1)
6.00 **Murdoch Mysteries** 6/12. Murdoch pursues a killer dressed as a clown. (S15)

7.00 Hudson & Rex

7.00 **Hudson & Rex** New episode *Leader of the Pack:* 4/16. The duo investigate the murder of a college professor. (S4)

8.00 **Hudson & Rex** *Under the Influencer:* 3/16. A social media star dies while she is livestreaming her wedding day. (S2)

9.00 **Death in Paradise** *The Healer:* 4/8. A blind woman dies live on stage while being treated by a faith healer. (S7)

10.00 **Clarice** *Motherless Child:* 10/13. Ruth recruits Krendler and ViCAP to track Catherine down. (S1)

11.00 **Pretty Hard Cases** 7/10. Sam and Kelly stake out an auto body shop. (S1)
12.00 M'T **Traces** 3/6. The task facing McKinven is more daunting than ever. (S2)
1.00 AM **Rizzoli & Isles** (S2)
3.00 **to 4.00** AM **Reef Break**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.30 AM **Citizen Khan**
8.40 **Jam & Jerusalem**
11.20 **Victoria Wood**
1.15 PM **dinnerladies**
5.20 **The Vicar of Dibley** The villagers set up a radio station to mark the 650th anniversary of St Barnabus's Church. **6.00** Geraldine rockets to stardom after appearing on Terry Wogan's radio show. **6.40** Alice shocks Geraldine with a monumental pre-wedding revelation. Guest stars Clive Mantle.

7.20 French & Saunders

7.20 **French & Saunders: Funny Women** Much-loved duo Dawn French and Jennifer Saunders discuss crucial female contributions to comedy across the globe.

9.20 **Absolutely Fabulous** Emma Bunton arrives for a meeting and is horrified at the state of the house.

10.00 **Absolutely Fabulous** Edina worries about becoming a grandmother. **10.40** With guest star Minnie Driver.
11.20 **Absolutely Fabulous** Eddie and Patsy go hunting. **12.00** M'T Edina is torn between love and duty.
12.40 AM **French and Saunders**
1.55 **Bridget & Eamon**
2.35 **to 4.00** AM **Absolutely Fabulous**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Ultimate Movers**
8.00 **Rick Stein's Long Weekends**
9.00 **Storage Hunters UK**
10.00 **Expedition with Steve Backshall** Steve visits Gabon.
11.00 **World's Most Dangerous Roads** From Bolivia.
12.00 NOON **Top Gear**
1.00 PM **Special Ops: Crime Squad UK** A vaccine fraudster.
2.00 **Fast Justice**
3.00 **Top Gear** The team visit Italy.
4.00 **Would I Lie to You?**
6.00 **Top Gear** The Baja 1000 race.

4.00 Would I Lie to You?

7.00 **Special Ops: Crime Squad UK** New edition Special police task forces tackle violent drug dealers in Gloucestershire.

8.00 **QI XL** Deirdre O'Kane, Richard Osman and David Mitchell join regular panellist Alan Davies and host Sandi Toksvig.

9.00 **Have I Got a Bit More News for You** Aisling Bea hosts the satirical quiz, with guest panellists Clive Myrie and Roisin Conaty.

10.00 **Outsiders** David Mitchell tests out whether the shelters he has asked the comedians to build are waterproof or not.

11.00 **QI XL** With Bill Bailey, Colin Lane and Desiree Burch.
12.00 M'T **Alan Davies: As Yet Untitled** With Dara O Briain.
1.00 AM **Live at the Apollo**
2.00 **Have I Got a Bit More News for You** As 9.00pm.
3.05 **to 4.00** AM **British as Folk**

+1 hour 211 131 25

Sunday

7 PM 8 PM 9 PM 10 PM

GREAT! tv

157 189 50 142

6.00 AM **Hart to Hart: Two Harts in 3/4 Time**
8.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **4.00** *Murder at a Discount:* Jessica finds herself in court for defamation. **5.00** *Murder in White:* A theatre producer meets a grisly fate. **6.00** *Northern Explosion:* Conflict erupts between miners and Native Americans. **7.00** *Proof Is in the Pudding:* A gangster puts pressure on a chef. **8.00** *Portrait of Death:* Jessica's friend wins a fortune in a sweepstake
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **Perception** (S1)
3.00 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Hart to Hart**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Come Dine with Me**
11.30 **Four in a Bed**
1.00 PM **Four in a Bed**
2.00 **A Place in the Sun**
7.00 **A Place in the Sun** A couple seek a holiday home in Tenerife, where they plan to spend up to half the year.
8.00 **24 Hours in A&E** A 79-year-old woman is rushed in with signs of a stroke and a wrestler comes in after injuring his knee in the ring.
9.00 **Gogglebox** Opinions on *Game of Talents* and *Line of Duty*.
10.00 **Naked Attraction** A sex-toy tester and a tree surgeon take their pick of potential partners.
11.05 **8 Out of 10 Cats Does Countdown**
12.10 AM **Celebrity Hunted**
1.15 **The Great Pottery Throw Down: The Final**
2.35 **to 5.00** AM **The Simpsons**

5USA

141 141 153 21 129

9.00 AM **Columbo**
2.00 PM **Columbo** Four episodes of the crime drama with Peter Falk.
9.00 **NCIS** *Winter Chill:* 9/16. A man is found frozen to death in the back of a food truck. (S18)
10.00 **Law & Order: Special Victims Unit** *Wannabe:* 23/24. A cop attacks a suspected rapist. **11.00** *Shattered:* 24/24. An eight-year-old boy is kidnapped. **11.55** *Quickie:* 11/24. Stabler and Benson investigate the death of a 17-year-old girl. **12.55** AM *Shadow:* 12/24. A wealthy couple are found dead. **1.50** *PC:* 13/24. A killer targets members of the gay community. (S11)
2.50 **Law & Order: Criminal Intent** 18/22. (S5)
3.35 **to 4.00** AM **Criminals Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Criminals: Caught on Camera**
8.20 **Caught on Camera: Funniest Moments**
9.10 **Judge Judy**
12.00 NOON **Filthy House SOS** Double bill.
2.00 PM **Traffic Cops Special: Carjacked**
3.00 **Traffic Cops**
5.00 **Police Interceptors**
8.00 **Police Interceptors: Under Attack**
9.00 **FILM Fifty Shades Darker** Erotic drama sequel with Jamie Dornan and Dakota Johnson. (2017, 18, 118min) ★
11.20 **FILM The Woman in Black** Supernatural chiller starring Daniel Radcliffe. (2012, 12, 91min) ★★★★
1.15 AM **Countdown to Murder** Documentary.
2.15 **Fights, Camera, Action!**
3.05 **to 4.00** AM **Last Man Standing**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.10 AM **Tipping Point**
2.00 PM **My Family**
6.00 **Inside the Ambulance**
7.00 **999 Rescue Squad** A teenage dare leads to a massive rescue operation after a boy vanishes in the water.
8.00 **Inside the Operating Theatre** The team tackle an operation where a patient's heart is stopped and restarted.
9.00 **Louis Theroux: By Reason of Insanity** Part one of two. Louis visits Ohio's maximum security state psychiatric hospitals. **10.00** Part two of two. The journalist examines how insanity is defined.
11.00 **One Born: What Happened Next?**
1.10 AM **Emma and AJ Get to Work**
2.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.20 AM **One Foot in the Grave** The Meldrews spend a day on the river.
7.50 **The Bill**
12.30 PM **All Creatures Great and Small Christmas Special**
2.30 **Hetty Wainthropp Investigates** (S3)
3.30 **Catherine Cookson's The Round Tower** Drama with Emilia Fox.
6.40 **Call the Midwife** 1/8. Two new nuns join Nonnatus House, as the midwives deal with a shocking emergency. (S8)
8.00 **Miss Marple** *4.50 from Paddington:* The sleuth investigates when a friend claims to have witnessed a murder.
10.30 **Happy Valley** 4/6. Catherine visits Tommy's mother in her search for answers. (S1)
11.50 **New Tricks** *Wicca Work.*
12.50 **to 4.00** AM **Bleak House**

+1 hour 243 226 74

CBS Drama

147 197 68 134

7.30 AM **The Key of David**
9.00 **The Fugitive** (S4)
2.00 PM **Unsolved Mysteries**
6.00 **Matlock** *The Cover Girl:* 10/22. Conrad's girlfriend is accused of murder.
7.00 *The Biker:* 11/22. A bodyguard is accused of murdering a film star.
8.00 *The Broker:* 12/22. A stockbroker is accused of murder.
9.00 *The Fighter:* 13/22. A boxer is charged with murdering a reporter.
10.00 *The Critic:* 14/22. The attorney advises on a play about lawyers. With Joel Grey. (S5)
11.00 **Scorpion** *Bat Poop Crazy*: 6/22. The team explore a cave system.
12.00 M'T *We're Gonna Need a Bigger Vote:* 7/25. A terrorist threatens to cause chaos on US election day. (S3)
1.00 AM **Scorpion** (S3)
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
12.00 NOON **JAG** (S1)
2.00 PM **NCIS** (S12&10)
7.00 **JAG** *Hemlock:* 15/22. Harm pursues a deadly assassin.
8.00 *High Ground:* 16/22. A marksman is arrested. (S1)
9.00 **CSI: NY** *The Closer:* 22/23. Mac's testimony at a murder trial is questioned by the defendant.
10.00 *What You See Is What You See:* 23/23. Mac gets caught up in a shooting. (S1)
11.00 **CSI: Miami** *Lost Son*: 1/24. A member of the team is killed.
12.00 M'T *Pro Per:* 2/24. A suspected killer represents himself in court. (S3)
1.00 AM **CSI: Miami** (S3)
1.55 **JAG** 15&16/22. (S1)
3.45 **to 6.00** AM **Diagnosis Murder**

Challenge

160 160 48 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune**
11.30 **The Price Is Right** Double bill of editions.
12.30 PM **Blockbusters** Triple bill of the quiz show hosted by Simon Mayo.
2.00 **Family Fortunes** Double bill of the game show with Les Dennis.
3.00 **Catchphrase** Four editions of the game show with Nick Weir.
5.00 **The Chase** Four editions of the general knowledge quiz hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Contestants Russell Watson, Rita Simons, Bill Oddie and Denise Welch try to win thousands of pounds for charity by outwitting one of the show's resident trivia experts. Hosted by Bradley Walsh.
10.00 PM **to 6.00** AM **The Chase**

E!

151 151 835 164 163

7.00 AM **Rob & Chyna**
11.00 **Botched**
1.00 PM **Botched** Nine editions, including at:
5.00 The surgeons help a man with a flat nose.
6.00 A pop star impersonator seeks help.
7.00 A woman who had a double mastectomy to beat cancer.
8.00 A woman whose nose was destroyed.
9.00 New edition A former patient surprises the doctors with her transformation.
10.00 **Relatively Famous: Ranch Rules** Austin and Hana struggle to navigate their emotions.
11.00 **Temptation Island** The couples ponder the consequences of their actions on the island.
12.00 M'T **Botched**
2.00 AM **Teleshopping**
3.00 **to 5.00** AM **Rich Kids of Beverly Hills**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Discovering**
8.00 **Hillary** Double bill.
10.30 **Terry Venables: A Man Can Dream**
12.30 PM **Rise of the Superheroes**
2.45 **My Icon**
3.00 **Audrey** Documentary.
5.00 **Leonard Cohen I'm Your Man** Documentary.
7.00 **The Larry David Story** 1&2/2. The writer and comedian discusses his life and career.
9.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Ron Howard's documentary charting the band's time on the road. (2016, 12, 113min) ★★★★
11.10 **Nixon by Nixon: In His Own Words**
12.40 AM **Burn Mother******, Burn!** Documentary.
2.30 **Friedkin Uncut**
4.40 **My Icon**
5.00 **to 6.00** AM **The Directors**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Attack and Defend**
9.00 **New Kids in the Wild**
12.00 NOON **Tales from Zambia** Triple bill.
3.00 PM **Into the Wild: India**
8.00 NEW SERIES **Land of the Far North** 1/2. The challenges for nature in the region north of Polar Circle.
9.00 **Great Barrier Reef with David Attenborough** The future of the reef.
10.00 **World's Most Toxic Animals** Lethal killers, including the world's most venomous spider.
11.00 **Rare Survivors: China's Iconic Wildlife**
12.00 M'T **Land of the Far North** As 8.00pm.
1.00 AM **Great Barrier Reef with David Attenborough**
2.00 **Africa's Claws and Jaws**
3.00 **City Wildlife Rescue**
4.00 **to 6.00** AM **Volcanic Odysseys**

HGTV

158 286 44 166

7.00 AM **Honey I Bought the House** House-hunting challenge show.
8.00 **My Lottery Dream Home** Four editions.
10.00 **Flip or Flop**
11.00 **Flipping 101 with Tarek El Moussa**
12.00 NOON **Selling Houses with Amanda Lamb**
2.00 PM **100 Day Dream Home** Property series.
3.00 **A Place in the Sun**
5.00 **Love Your Garden**
6.00 **My Mortgage Free Home** Property series.
7.00 **Help! I Wrecked My House** A fixer upper.
8.00 **A Place in the Sun**
10.00 **Celebrity IOU**
11.00 **Good Bones**
12.00 M'T **My Lottery Dream Home** Four editions.
2.00 AM **Honey I Bought the House** As 7.00am.
3.00 **to 4.00** AM **Bahamas Life**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Guy's Grocery Games** Double bill.
8.00 **The Pioneer Woman**
10.00 **Man v Food with Casey Webb**
10.30 **Man v Food**
1.00 PM **River Cottage to the Core** Double bill.
3.00 **John Torode's Middle East** Four editions.
5.00 **John Torode's Korean Food Tour**
7.00 **Nigel Slater's Simple Cooking** Double bill.
8.00 **Michel Roux's French Country Cooking**
9.00 **Mary Berry's Absolute Favourites** The cook takes inspiration from the herb garden.
9.30 A visit to Guildford Farmer's Market.
10.00 **Chopped**
11.00 **Restaurant: Impossible**
12.00 M'T **Mystery Diners**
2.00 **to 3.00** AM **Hairy Bikers' Best of British**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Fast N' Loud**
9.00 **G.A.S. Extreme Customs**
10.00 **American Pickers**
12.00 NOON **Alaskan Bush People** Triple bill.
3.00 PM **Aussie Gold Hunters**
6.00 **Gold Divers**
7.00 **Jade Fever**
8.00 **Alaska: The Last Frontier** Otto, Charlotte and August find themselves marooned.
9.00 **Naked and Afraid XL** One survivalist takes a huge risk.
10.00 **Finding Bigfoot: Further Evidence**
11.00 **Monsters Inside Me**
12.00 M'T **Disasters at Sea**
1.00 AM **Building Alaska**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Police Interceptors**
10.00 **WWE – SmackDown Highlights**
11.00 **WWE – Raw Highlights**
12.05 PM **Police Interceptors**
1.05 **Traffic Cops**
2.05 FILM **Column South** Western. (1953, U) ★★
3.50 FILM **The Gunfighter** Classic Western. (1950, b/w, U, 84min) ★★★★
5.35 FILM **My Darling Clementine** John Ford Western. (1946, b/w, U, 100min) ★★★★★
7.40 FILM **Ben-Hur** Drama. (2016, 12, 130min) ★★★
10.00 FILM **The Mechanic** Action thriller. (2011, 15, 92min) ★★
11.50 FILM **Crank 2: High Voltage** Thriller sequel. (2009, 18, 91min) ★★
1.40 AM **Criminals: Caught on Camera** Double bill.
3.35 **Car Crash TV**
4.25 **Criminals: Caught on...**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
10.00 **Highway Cops**
11.30 **Caught Red Handed**
1.00 PM **Send in the Dogs**
2.00 **World's Most Evil Killers**
3.00 **An Unexpected Killer**
4.00 **Killer in My Village**
6.00 **When Life Means Life**
7.00 **Britain's Most Evil Killers** The crimes of Peter Sutcliffe.
8.00 **Murdered at First Sight**
9.00 NEW SERIES **Death on the Beach** 1/3. Young travellers who have died under mysterious circumstances on the remote backpacking Thai island of Koh Tao.
10.00 **The Murderer & Me**
11.30 **New York Homicide**
12.30 AM **World's Most Evil Killers** Four editions.
4.30 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

8.00 AM **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
5.00 PM **World's Most Unexplained...**
7.00 **48 Hours** A woman accused of setting her house on fire and then intentionally running over her husband.
8.00 A rare look inside a murder case where virtually everything was captured on camera.
9.00 **Snapped: Killer Couples** The discovery of a body in a town park exposes a sordid tale of lust.
10.00 A young woman finds herself the target of a murder investigation.
11.00 The murder of a husband and father.
12.00 M'T **Snapped: Killer Couples** Triple bill.
3.00 AM **Unsolved Mysteries**
5.10 **to 6.00** AM **Egg Factor**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** Pembrokeshire.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** From Puglia, Italy.
9.00 **The Big Clean**
10.00 **A Place in the Sun**
3.00 PM **Homestead Rescue: Raney Ranch**
4.00 **Antiques Road Trip**
7.00 **The Yorkshire Auction House** House clearances.
8.00 **Charlotte Church's Dream Build** The singer transforms a mansion into a holiday retreat.
9.00 **Dr Pimple Popper** Shoshana is depressed because of the large growth on her forehead.
10.00 **The Detectives: My Killer Case** The murder of Andrew Scanlan.
11.00 **Ghost Adventures**
12.00 M'T **The Holzer Files**
1.00 AM **Haunted Hospitals**
2.00 **Teleshopping**
4.00 **to 6.00** AM **A Place in the Sun**

Blaze

164 216 64 162

6.00 AM **Mountain Men**
7.00 **Alone**
8.00 **Alaska: Mysteries Unsolved** Documentary.
9.00 **Swamp Mysteries**
10.00 **Top Secret UFO Projects Declassified**
11.00 **UFO Europe: The Untold Stories**
12.00 NOON **Strangest Things**
1.00 PM **Ancient Superstructures**
2.00 **Bigfoot Files**
3.00 **Monsterquest**
7.00 **Cities of the Underworld**
8.00 **The Curse of Oak Island**
9.00 **Wicked Tuna**
10.00 **Storm Stories**
11.00 **Alone**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Court Cam**
2.00 **World's Deadliest Weather: On Camera**
3.00 **Wicked Tuna**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
10.00 **Say Yes to the Dress**
2.00 PM **Say Yes to the Dress: UK** Four editions.
4.00 **Something Borrowed, Something New**
5.00 **Dr Pimple Popper**
6.00 **I am Shauna Rae**
7.00 **Sister Wives**
8.00 **Dr Pimple Popper**
9.00 **Heartbreak Island**
10.00 **Big Hips: Strange Love**
10.30 **The Bearded Lady: Strange Love**
11.00 **Bride & Prejudice: The Forbidden Weddings**
12.00 M'T **Dr Pimple Popper**
1.00 AM **Dr. Pimple Popper: Pop Ups**
2.00 **Big Hips: Strange Love**
2.30 **The Bearded Lady: Strange Love**
3.00 **Bride & Prejudice: The Forbidden Weddings**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **The Gadget Show**
10.00 **GPs: Behind Closed Doors** Four editions.
2.00 PM **Walking Wartime Britain** Six editions.
8.00 **Attack on Pearl Harbor: Caught By Surprise** The Japanese attacks on Pearl Harbour.
9.00 **Attack on Pearl Harbor: 30 Mins of Hell** The attack begins and the months of practice are put into place.
10.00 **Attack on Pearl Harbor: Declaration of War** Drama and mayhem ensue as the first wave of the attack draws to an end.
11.00 **Clint Eastwood: The Man & the Movies**
12.30 AM **Britain's Greatest Bridges** Britannia Bridge.
1.25 **Brunel: Building a Great Britain**
3.25 **The Yorkshire Vet**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **Combat Dealers**
7.00 **Iron Resurrection**
8.00 **Vintage Voltage**
9.00 **Salvage Hunters**
10.00 **EFL on Quest**
12.00 NOON **Snooker: Welsh Open** The semi-finals.
1.00 PM LIVE **Snooker: Welsh Open** The opening session of the final at Celtic Manor in Newport.
4.00 **Shed and Buried**
6.30 **Salvage Hunters: The Restorers**
6.45 LIVE **Snooker: Welsh Open** The second session of the final.
10.00 **The Repair Shop**
11.00 **Outback Opal Hunters**
12.00 M'T **Jade Fever**
1.00 AM **Roswell: The Final Verdict**
2.00 **Aliens In Alaska**
3.00 **Vintage Voltage**
4.00 **Mighty Cruise Ships**
5.00 **to 6.00** AM **Snooker: Welsh Open**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes... UK**
7.00 **Animal Cops**
9.00 **My 600lb Life**
1.00 PM **My Extreme Excess Skin**
2.00 **Say Yes to the Dress**
6.00 **Long Island Medium** Victoria shocks her parents by dropping out of school.
7.00 Victoria uses her family to test her plans.
8.00 **Faking It: Tears of a Crime** The case of Darren Vickers.
9.00 **Deadliest Kids**
10.00 **My Murder Story**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Animal ER**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
12.00 NOON **Gold Rush: White Water** Six editions, including at: **3.00** PM Dakota Fred and his son Dustin risk their lives in a bid to find a fortune. **4.00** Kayla makes a discovery that will change the course of their entire season. **5.00** Fred celebrates his 78th birthday by diving for gold.
6.00 **Building Off the Grid** Building a modern, solar-powered home in the Black Hills of South Dakota.

7.00 Alaska: Homestead...

7.00 **Alaska: Homestead Rescue** New edition The Raneys help a struggling Idaho family in a cliffside geodesic dome home. Misty builds an innovative garden greenhouse, while Matt finds a dangerous predator.
9.00 **Homestead Rescue: Raney Ranch** With several projects to complete, the Raneys face a season-ending winter storm.
10.00 **Wheeler Dealers** Mike and Elvis attempt to restore a 1974 Jaguar XJ6 that has not been on the road since 1990.
11.00 **Moonshiners** Tim heads to Oaxaca to uncover the secrets of making Mezcal. Meanwhile, with costly corn mash about to expire, Jerry jury rigs auto parts to help accelerate the flow of liquor.
12.00 M'T **Yukon Men**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Amanda to the Rescue**
10.00 **The Zoo**
11.00 **Alaskan Bush People**
1.00 PM **Crikey! It's the Irwins**
2.00 **Crocodile Hunter**
3.00 **Born Mucky: Life on the Farm**
4.00 **Scaled**
5.00 **Sharkwrecked: Crash Landing** Paul de Gelder and James Glancy bail out of an aircraft at 3,500ft.
6.00 **Predators Up Close with Joel Lambert** The world's most dangerous predators.

8.00 Crikey! It's the Irwins

7.00 **Alaska: Homestead Rescue** Marty must move a failing cabin onto a flood-proof foundation.
8.00 **Crikey! It's the Irwins** New edition Robert handles a hostile wombat, and it's moving day for a giant anaconda.
9.00 **Crocodile Hunter** Steve and Terri Irwin travel the globe in search of rare and dangerous animals.
10.00 **Finding Bigfoot** The team head for the Indonesian island of Sumatra in search of the orang pendek.
11.00 **Lost Beasts of the Ice Age** Following Phil Torres and Dr Tori Herridge as they go on a journey to Siberia for the biggest ever Ice Age dig.
1.00 AM **Monsters Inside Me**
2.00 **Crikey! It's the Irwins**
3.00 **to 5.00** AM **Lost Beasts of the Ice Age**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Car S.O.S**
1.00 PM **Car S.O.S** Tim and Fuzz restore a Triumph TR4. **2.00** Tim and Fuzz restore a 1930 Ford Model A. **3.00** Tim and Fuzz team up with Paddy Hopkirk to fix up their first rally car. **4.00** Tim and Fuzz go to France in search of a war veteran's old car. **5.00** Tim and Fuzz secretly restore a 1971 sports car. **6.00** Revisiting vehicles from the first four series.

8.00 Apocalypse: Hitler Takes...

7.00 **Air Crash Investigation** A look at how American Airlines 1572 suffered double-engine failure during a thunderstorm.
8.00 **Apocalypse: Hitler Takes on the East** New edition October 1941, and Hitler believes his triumph over the USSR is imminent.
9.00 **Hitler's Death Squad** The story of the Nazi soldiers that were charged with carrying out Hitler's plans for genocide.
10.00 **Trafficked with Mariana Van Zeller** The reporter follows a smuggling route of cars stolen from America to West Africa.
11.00 **Car S.O.S** Tim Shaw and Fuzz Townshend rescue the rusting wreck of a rare Talbot Sunbeam Lotus belonging to a former firefighter in Forfar. **12.00** M'T Tim and Fuzz travel to Kent to restore a very tired 1991 VW T4 Campervan.
1.00 **to 5.00** AM **Car S.O.S**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Blown Away**
7.00 **Storage Wars**
9.00 **History's Greatest Mysteries**
11.00 **Pawn Stars**
1.00 PM **Lost Gold of World War II** Four editions, including at: **4.00** John makes plans to drill across the mountain to get under the waterfall.
5.00 **Mystery Weapons** Technology to enable the transmission of brainwaves.
6.00 **The Curse of Oak Island** A breakthrough discovery is made in the Money Pit.

9.00 The Butcher

7.00 **Medieval Dead** The team travel to Montsegur in France to investigate the massacre of hundreds of Cathars in 1244.
8.00 **The Strongest Man in History** Four of the strongest men in the world attempt historical feats of strength.
9.00 **The Butcher** The butchers are tasked with carving an entire deer with a traditional flint knife.
10.00 **The Butcher** The butchers are tasked with breaking down a huge bison using a tomahawk.
11.00 **Great Escapes with Morgan Freeman** Interviews and re-creations bring some of history's most daring jailbreaks to life, detailing every step of the way.
12.00 M'T **American Pickers**
5.00 **to 6.00** AM **Mystery Weapons**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **The Great War in Numbers** Double bill.
8.00 **World War Weird**
12.00 NOON **Steam Train Britain** Four editions, including at: **3.00** PM Trainee Claire Oates takes her driving test.
4.00 **Bangers and Cash** As shown at 10.00pm. **5.00** Dave heads for an isolated tent in the Midlands to collect a Triumph Toledo. **6.00** A Ford Thames 400E that once belonged to the pop band Edison Lighthouse.

8.00 Open All Hours

7.00 **Bangers and Cash** A series of head-turning supercharged cars head to the Mathewson's auction room. **7 PM**
8.00 **Open All Hours** Arkwright decides that Granville needs toughening up. **8.40** Arkwright tries to improve the sale of an overstocked commodity – Jamaican Ginger cake. **9.20** A squeak on Granville's bike interferes with his hopes of romance. **8 PM**
9 PM
10.00 **Bangers and Cash** There's a surprise for Derek in Hull – an MGSA sports car that once had a tree growing through it. **10 PM**
11.00 **Bangers and Cash** As 7pm.
12.00 M'T **Secrets of the Transport Museum** Two of the museum's most famous and fastest vehicles go head-to-head. Plus, an old airfield fire engine needs some TLC.
1.00 **to 3.00** AM **The Great War in Numbers**

+1 hour 255 200 75

Disc. History

177 257

6.00 AM **Mysteries at the Museum** Triple bill.
9.00 **Combat Dealers**
12.00 NOON **Expedition Unknown** Triple bill.
3.00 PM **Combat Dealers**
6.00 **Greatest Events of World War II** The tactic of blitzkrieg. **7.00** Restored footage tells the story of Operation Sealion in a new light. **8.00** Restored footage recounts Japan's attack on Pearl Harbour.
9.00 **Deadly Legacy** The victims of John Wayne Gacy, one of America's most infamous serial killers.
10.00 **Jeffrey Dahmer: Mind of a Monster** The crimes of Jeffrey Dahmer.
12.00 M'T **Bloody Britain**
2.00 **to 6.00** AM **Combat Dealers**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Attenborough and the Giant Egg**
10.00 **Meet the Bears**
11.00 **Mountain Lions: Life on the Edge**
12.00 NOON **Horizon: Dippy and the Whale**
1.00 PM **Attenborough's Wonder of Eggs**
2.00 **Equator: Line of Life**
5.00 **Meet the Bears**
6.00 **Mountain Lions: Life on the Edge**
7.00 **Horizon: Dippy and the Whale**
8.00 **Attenborough's Wonder of Eggs**
9.00 **Equator: Line of Life**
12.00 M'T **Meet the Bears**
1.00 AM **Mountain Lions: Life on the Edge**
2.00 **Horizon: Dippy and...**
3.00 **Attenborough's Wonder of Eggs**
3.50 **Animal Social Network**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265

8.00 AM **Lion Kingdom**
11.00 **Okavango: River of Dreams** Triple bill.
2.00 PM **Lion Battle Zone**
3.00 **The World's Most Famous Tiger**
4.00 **Africa's Deadly Kingdoms**
5.00 **Lion Brothers: Cubs to Kings**
6.00 **Gorongosa: Paradise Reborn**
7.00 **Victoria Falls: Africa's Garden of Eden** Documentary exploring the famous waterfall.
8.00 **Cave Crocs of Gabon**
9.00 **Big Cat Odyssey** Exploring the power, nobility and adaptability of large cats.
10.00 **Eye of the Leopard**
11.00 **War of the Lions**
12.00 M'T **Living with Big Cats**
1.00 AM **Leopard & Hyena: Strange Alliance**
2.00 **to 5.00** AM **Okavango: River of Dreams**

Sky History 2

163 163 840 272

8.00 AM **Ancient Mysteries**
1.00 PM **Ancient Aliens**
6.00 **Digging for Britain**
7.00 **Britain Stands Alone** The threat of invasion during World War Two.
8.00 NEW SERIES **History's Greatest Aircraft** British heavy bomber the Lancaster.
9.00 **How the Nazis Lost the War** The story of how Germany started to feel overstretched during World War Two.
10.00 **Private Lives of the Holy Men** Exploring the secrets of the papacy.
11.00 **Barbarians II** Investigating the creators of the Frankish empire.
12.00 M'T **Shootout**
2.00 AM **Real War of Thrones** Documentary.
3.00 **Digging for Britain**
4.00 **Britain Stands Alone**
5.00 **to 6.00** AM **History's Greatest Aircraft**

PBS America

174 273 84 155

8.00 AM **The Atom and Us**
9.15 **Ancient Skies**
1.00 PM **Beautiful Serengeti**
1.35 **The Atom and Us**
2.50 **I Am Your Father**
4.00 **Alcatraz: The Greatest Escapes** Double bill.
6.05 **Ancient Skies** Discovering how people used the skies to navigate and tell time. **7.20** How the ideas of Ptolemy, Copernicus and Galileo reshaped our ancient skies. **8.35** Examining how people continued to unleash their imaginations on the skies.
9.45 **The Atom and Us** The history of nuclear power.
11.00 **Alcatraz: The Greatest Escapes** Double bill.
1.05 AM **I Am Your Father**
2.05 **The Atom and Us**
3.05 **to 4.00** AM **I Am Your Father**

+1 hour 87

CI

166 166 839 209

6.00 AM **Meet, Marry, Murder**
11.00 **Homicide: Hours to Kill**
1.00 PM **Jo Frost on Britain's Killer Kids**
5.00 **Cruise Ship Killers**
9.00 **Green Eyed Killers** New edition A man who targeted his ex-girlfriend in a jealous frenzy.
10.00 **The Real Murders of Orange County** Two bodies are found in a burning hill-top mansion. **11.00** A rising financial star is found brutally murdered in his seaside Huntington Beach home. **12.00** M'T A nightclub owner is knocked down outside his home. **1.00** AM The execution-style murder of a wife and mother.
2.00 **Cruise Ship Killers**
3.00 **Fear Thy Neighbour**
4.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

SUNDAY Films

Sunday

Sky Cinema Premiere

301 301 848 401 501 515

6.35 AM **Dream Horse** As 2.00pm.
8.30 **Pil's Adventures** As 5.20am.
10.10 **Space Jam: A New Legacy**
12.10 PM **PREMIERE The World to Come** As shown at 8.00pm.
2.00 **Dream Horse** Comedy drama starring Toni Collette. (2020, PG, 113min) ★★★★
4.00 **Old** As shown at 11.50pm.
6.00 **Space Jam: A New Legacy** Partly-animated adventure starring LeBron James. (2021, U, 115min) ★★★

8.00 The World to Come

8 PM

8.00 **PREMIERE The World to Come** Romantic drama with Katherine Waterston and Vanessa Kirby. A farmer's wife and her new neighbour find themselves drawn to each other. (2020, 15, 105min) ★★★★ *See review, pg 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.55 **In The Earth** Director Ben Wheatley's horror starring Joel Fry, Ellora Torchia and Reece Shearsmith. (2021, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

11.50 **Old** M Night Shyamalan's horror starring Gael García Bernal, Vicky Krieps and Rufus Sewell. (2021, 15, 108min) ★★
1.45 AM **The Desperate Hour** Thriller starring Naomi Watts. (2021, 12, 84min) ★★★★
3.25 **In The Earth** As 9.55pm.
5.20 **to 7.00** AM **Pil's Adventures** Animated family adventure. (2021, U, 89min) ★★

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **Mass** As shown at 2pm.
8.00 **Salt** As shown at 12.05am.
9.45 **Collateral** As shown at 10pm.
11.50 **Mad Max: Fury Road** As 8pm.
2.00 PM **Mass** Drama. (2021, 12, 111min) ★★★★★
4.00 **Apollo 13** Drama starring Tom Hanks and Kevin Bacon. (1995, PG, 140min) ★★★★
6.25 **Fantastic Mr Fox** Animated tale with the voices of George Clooney and Meryl Streep. (2009, PG, 87min) ★★★★

6.25 Fantastic Mr Fox

8.00 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. With Nicholas Hoult. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Collateral** Crime thriller starring Tom Cruise and Jamie Foxx. A ruthless contract killer chooses an unwilling LA taxi driver to act as his chauffeur while he performs five hits in a single night for a drugs cartel. (2004, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **Salt** Action thriller. (2010, 12, 99min) ★★★
1.55 **Golden Arm** Comedy. (2020, 15, 90min) ★★★
3.35 **The Sinners** Teen thriller. (2020, 15, 96min) ★★
5.20 **to 7.00** AM **Fantastic Mr Fox**

Sky Cinema Book Day

306 306 850 406 506 520

6.00 AM **James and the Giant Peach** (1996, U) ★★★★
7.35 **The Borrowers** (1997) ★★★★
9.20 **The Tiger Rising** (2022) ★★★
11.15 **Ender's Game** (2013, 12) ★★★
1.10 PM **The Cinema List**
1.25 **Charlotte's Web** As 2.15am.
3.15 **Goosebumps** Adventure. (2015, PG, 103min) ★★★
5.00 **A Boy Called Christmas** Adventure. (2021, PG) ★★★★
6.45 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★★

6.45 Jumanji

8.35 **Willy Wonka and the Chocolate Factory** Musical fantasy adapted from Roald Dahl's famous children's story, starring Gene Wilder as the eccentric owner of a strange and marvellous chocolate factory. (1971, U, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

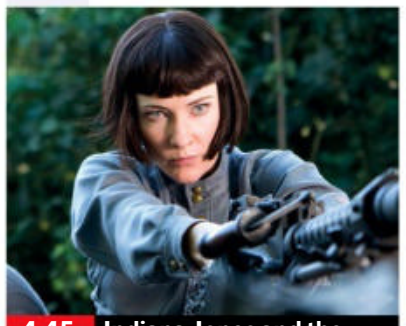
10.30 **Arthur and the Great Adventure** Fantasy adventure sequel mixing live-action and animation, starring Freddie Highmore. (2010, PG, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Nancy Drew and the Hidden Staircase** Drama. (2019, PG, 89min) ★★★
2.15 **Charlotte's Web** Adventure. (2006, U, 97min) ★★★
4.05 **to 6.00** AM **The Amazing Mr Blunden** Period ghost story. (1972, U, 95min) ★★★★

Sky Cinema Indiana Jones

307 307 851 407 507 521

6.15 AM **Indiana Jones and the Last Crusade** As 11.00pm.
8.25 **Indiana Jones and the Kingdom of the Crystal Skull**
10.30 **Raiders of the Lost Ark**
12.30 PM **Indiana Jones and the Temple of Doom** As 9.00pm.
2.30 **Indiana Jones and the Last...**
4.45 **Indiana Jones and the Kingdom of the Crystal Skull**
7.00 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★


4.45 Indiana Jones and the...

Raiders of the Lost Ark (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

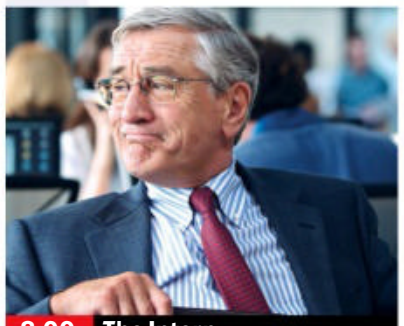
9.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford. Archaeologist Indiana Jones escapes a gang boss in Shanghai and encounters an evil cult in India. With Kate Capshaw. (1984, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure with Harrison Ford. (1989, PG, 127min) ★★★★★
1.10 AM **The Ultimate Adventure Movies** Outstanding films.
2.00 **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's action adventure with Harrison Ford. (2008, 12, 122min) ★★★
4.05 **to 6.05** AM **Raiders of the Lost Ark** As shown at 7pm.

Sky Cinema Comedy

308 308 852 408 508 522

6.40 AM **Just Go With It** As 4pm.
8.45 **The Naked Gun 2½: The Smell of Fear** As 2.20am.
10.25 **The Intern** As 8pm.
12.30 PM **That Awkward Moment** Comedy. (2014, 15, 92min) ★★
2.15 **Bill & Ted Face the Music** Comedy with Keanu Reeves. (2020, PG, 91min) ★★★
4.00 **Just Go With It** Romantic comedy. (2011, 12, 116min) ★
6.00 **Hitch** Romantic comedy. (2005, 12, 118min) ★★★


8.00 The Intern

8.00 **The Intern** Comedy starring Robert De Niro and Anne Hathaway. A retiree becomes an intern at a start-up run by a beautiful entrepreneur. With Rene Russo. (2015, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **As Good As It Gets** Comedy starring Jack Nicholson, Helen Hunt and Greg Kinnear. (1997, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **That's My Boy** Comedy starring Adam Sandler. (2012, 15, 112min) ★★
2.20 **The Naked Gun 2½: The Smell of Fear** Police comedy sequel starring Leslie Nielsen. (1991, 15, 81min) ★★★
3.50 **The Comeback Trail** Crime comedy with Robert De Niro. (2020, 12, 104min) ★★★
5.35 **to 7.15** AM **Me, Myself and Di** Comedy. (2021, 12, 93min) ★

primetime

Sky Cinema Batman

304 304 849 404 504 518

6.30 AM **Batman Unlimited...**
8.00 **Batman Forever** Adventure. (1995, 12, 121min) ★★★
10.20 **Batman v Superman: Dawn of Justice** Superhero adventure. (2016, 12, 164min) ★★
1.00 PM **The Dark Knight** Thriller. (2008, 12, 152min) ★★★★
3.40 **Batman** As 10.45pm.
5.50 **Batman Returns** Adventure. (1992, 12, 121min) ★★★

8.00 **The Dark Knight Rises** Crime action drama sequel starring Christian Bale and Tom Hardy. Vigilante superhero Batman returns to Gotham City to battle an evil terrorist. (2012, 12, 164min) ★★★★
10.45 **Batman** Comic-book adventure starring Michael Keaton and Jack Nicholson. Gotham City's mysterious black-cloaked vigilante tackles a psychotic villain known as The Joker. (1989, 15, 121min) ★★★★

1.00 AM **Batman Returns** As 5.50pm.
3.10 **Lego Batman: The Movie – DC Super Heroes Unite** Animation. (2013, PG, 71min) ★★★
4.30 **to 6.00** AM **Batman Unlimited: Animal Instincts** Animated superhero adventure. (2015, PG, 74min) ★★

Sky Cinema Animation

305 305 412 500 514

6.50 AM **Happily N'Ever After 2**
8.10 **The Adventures of Tom Thumb and Thumbelina**
9.30 **Planet 51** (2009, U) ★★★
11.05 **Space Chimps** (2008, U) ★★
12.30 PM **Space Chimps 2: Zartog Strikes Back** Animated sci-fi sequel. (2010, U, 72min) ★
2.00 **Curious George 2: Follow That Monkey!** Animated sequel. (2009, U, 77min) ★★

3.25 **Minions** Animated comedy. (2015, U, 91min) ★★★★
5.00 **Curious George 3: Back To The Jungle** Animated sequel. (2015, U, 81min) ★★
6.25 **Scoob!** Animated comedy. (2020, PG, 93min) ★★★
8.10 **Happily N'Ever After 2** Animation. (2009, U) ★★
9.25 **The Adventures of Tom Thumb and Thumbelina** Animation. (2002, U, 72min) ★★
10.45 **Bon Voyage, Charlie Brown** Animation. (1980, U, 70min) ★★

12.05 AM **Dreambuilders** Animation. (2020, U, 81min) ★★★
1.30 **Okko's Inn** Animated fantasy. (2018, PG, 94min) ★★★
3.10 **Spark** Animated adventure. (2016, PG, 91min) ★★
4.45 **to 6.25** AM **Mosley** Animation. (2019, PG, 100min) ★★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** With Ben Miller.
7.30 **Stagecoach to Dancer's Rock** Western. (1962, PG, 90min) ★★
9.00 **Calamity Jane** Musical Western. (1953, U, 100min) ★★★★
11.10 **He Rides Tall** (1964, 18) ★★
1.00 PM **Cattle Annie and Little Britches** (1979, PG) ★★
3.00 **Apache War Smoke** Western. (1952, b/w, U, 68min) ★★

4.30 **Top Gun** Western with Sterling Hayden. (1955, b/w, U) ★★
6.05 **The Hawk of Wild River** Western with Charles Starrett. (1952, b/w, U, 53min) ★★
7.15 **Money, Women and Guns** Western starring Jock Mahoney. (1958, PG, 80min) ★★
9.00 **Absolute Power** Thriller directed by and starring Clint Eastwood. (1996, 15, 121min) ★★★
11.25 **Pat Garrett and Billy the Kid** Sam Peckinpah's Western. (1973, 18, 116min) ★★★★

1.45 AM **The Battle of the Sexes** Comedy. (1960, b/w, U) ★★
3.20 **Off Set** With Jamie Cullum.
3.30 **Close Up** Triple bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Strawberry Roan** Drama. (1944, b/w, U, 94min) ★★
7.45 **Johnny on the Run** Drama. (1953, b/w, U, 75min) ★★★
9.10 **Murder at 3am** Mystery. (1953, b/w, PG, 60min) ★★
10.25 **A Farewell to Arms** Romance. (1932, b/w, PG, 78min) ★★★
12.10 PM **Down to the Sea in Ships** Adventure. (1949, U) ★★★
2.40 **Look at Life**

2.50 **Crash Dive** Romantic wartime drama. (1943, U, 105min) ★★
5.00 **The Footage Detectives**
6.00 **Upstairs, Downstairs** (S5)
7.00 **1955: The Channel Islands**
7.20 **One Way Pendulum** Comedy starring Eric Sykes. A family of inventors decide to reenact a murder and the resulting trial. (1964, b/w, U, 90min) ★★
9.00 **Secret Army** 8/13. (S2)
10.05 **Steptoe and Son** Comedy with Wilfrid Brambell and Harry H Corbett. (1972, PG, 98min) ★★

11.55 **The Shakedown** Crime thriller starring Terence Morgan. (1959, b/w, 15, 92min) ★★
1.45 AM **The Fan** Chiller with Lauren Bacall. (1981, 18, 95min) ★
3.45 **Men in War** Korean War drama. (1956, b/w, PG, 104min) ★★
5.50 **to 6.00** AM **Look at Life**

Horror

317 149 69 138

8.00 AM **Geo-Disaster** Sci-fi action drama. (2017, 12, 90min) ★
10.00 **Star Trek** 10-14/26. (S2)
3.00 PM **Wyvern** Monster movie. (2009, 15, 84min) ★★
4.45 **Killer Bees** Horror thriller. (2002, PG, 91min) ★
6.40 **The 7th Voyage of Sinbad** Fantasy adventure starring Kerwin Mathews and Kathryn Grant. (1958, U, 87min) ★★★★

8.30 **Tales from the Darkside** *Basher Malone:* A wrestler seeking a career-defining opponent finds himself pitted against a ferocious demon straight out of Hell.
9.00 **PREMIERE Wired Shut** Thriller starring Blake Stadel and Natalie Sharp. While recovering from surgery in an isolated cabin, a writer has a visit from his estranged daughter – but she is not the only person who arrives. (2021, 15, 95min) ★★

10.55 **Viral** Horror starring Sofia Black D'Elia. (2016, 15, 85min) ★★★
12.40 AM **Let Us Prey** Horror thriller. (2014, 18, 92min) ★★★
2.30 **to 4.30** AM **Itsy Bitsy** Fantasy horror. (2019, 15, 94min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.25 AM **Naked Singularity** Crime comedy. (2021, 15) ★★★
8.00 **The Sum of All Fears** Thriller. (2002, 12, 119min) ★★★★
10.05 **Munich** As shown at 7.15pm.
12.50 PM **Locked In** (2021, 15) ★
2.25 **The Transporter** (2002) ★★★
4.00 **Transporter 2** Thriller sequel. (2005, 15, 88min) ★★★
5.30 **The Birthday Cake** Crime thriller. (2021, 15, 93min) ★★
7.15 **Munich** Political thriller. (2005, 15, 164min) ★★★★

10.00 Crank

Munich (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

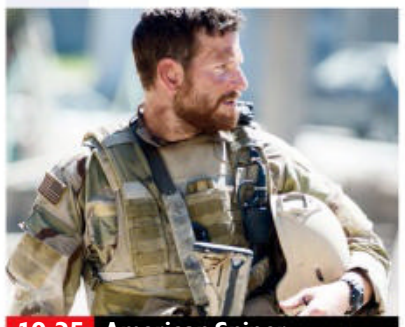
10.00 **Crank** Action thriller starring Jason Statham and Amy Smart. (2006, 18, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Manhunter** Psychological thriller with Brian Cox, William L Petersen and Joan Allen. (1986, 18, 118min) ★★★★
1.35 AM **Becky** Thriller starring Lulu Wilson and Kevin James. (2020, 18, 93min) ★★★
3.10 **Coyote Lake** Thriller starring Camila Mendes and Adriana Barraza. (2018, 15, 93min) ★★
4.45 **to 6.10** AM **Masquerade** Horror starring Bella Thorne. (2021, 18, 80min) ★★

Sky Cinema Drama

310 310 854 410 510 524

6.10 AM **Love Story** As 4.10am.
8.00 **The Obscure Life of the Grand Duke of Corsica**
9.45 **Steel Magnolias** Comedy. (1989, PG, 115min) ★★★★
11.45 **Chef** Jon Favreau's comedy. (2014, 15, 114min) ★★★★
1.45 PM **Let Him Go** Crime drama. (2020, 15, 113min) ★★★
3.45 **Military Wives** Comedy drama. (2019, 12, 112min) ★★★★
5.45 **Mud** Coming-of-age adventure. (2012, 12, 130min) ★★★★


10.25 American Sniper

8.00 **Warrior** Action drama starring Joel Edgerton and Tom Hardy. Two bitterly estranged brothers enter a $5million winner-takes-all Mixed Martial Arts tournament in Atlantic City. With Nick Nolte. (2011, 12, 139min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

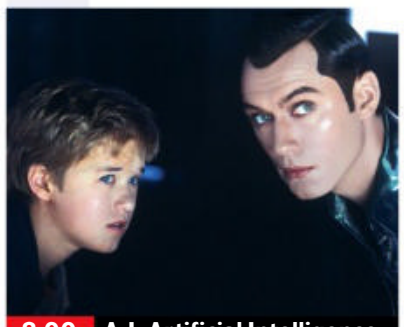
10.25 **American Sniper** Biopic about sniper Chris Kyle, starring Bradley Cooper and Sienna Miller. (2014, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Lost Girls & Love Hotels** Psychological thriller. (2020, 18, 97min) ★★★
2.30 **The Obscure Life of the Grand Duke of Corsica** Comedy drama with Timothy Spall. (2021, 15, 93min) ★★★
4.10 **to 6.00** AM **Love Story** Romantic melodrama. (1970, PG, 100min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Alone** Horror thriller. (2020, 15, 98min) ★★★★
7.45 **Tremors: Shrieker Island** Action comedy. (2019, 15) ★★
9.30 **The Matrix** Sci-fi thriller. (1999, 15, 136min) ★★★★
11.50 **The Unholy** (2021, 15) ★★
1.35 PM **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
4.25 **Freaky** Comedy horror. (2020, 15, 102min) ★★★★
6.10 **Sleepy Hollow** Horror fantasy. (1999, 15, 105min) ★★★★


8.00 A.I. Artificial Intelligence

8.00 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy starring Haley Joel Osment as a robot child who goes on a quest to become a real boy and win his human mother's love. With Frances O'Connor, Jude Law and William Hurt. (2001, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

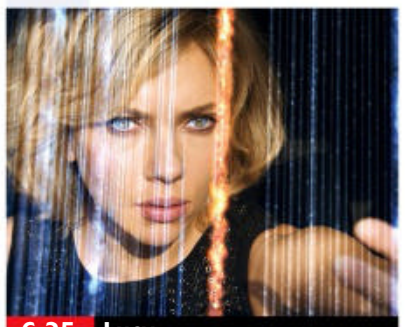
10.30 **The Matrix Reloaded** Sci-fi thriller sequel starring Keanu Reeves, Laurence Fishburne, Carrie-Anne Moss and Hugo Weaving. (2003, 15, 137min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Urban Legend** Horror thriller. (1998, 18, 99min) ★
2.35 **Archive** Sci-fi drama. (2020, 15, 109min) ★★★
4.30 **to 6.00** AM **12 Hour Shift** Horror comedy with Angela Bettis. (2020, 15, 86min) ★★★

Sky Cinema Mystery

302 302 856 402 502 516

7.20 AM **Apartment 1BR** As 2am.
8.55 **Lucy** As shown at 6.25pm.
10.30 **Old** M Night Shyamalan's horror with Gael García Bernal. (2021, 15, 108min) ★★
12.25 PM **The Dry** As 8pm.
2.25 **The Call** Horror starring Lin Shaye. (2020, 15, 97min) ★★
4.05 **Vanilla Sky** As 11.40pm.
6.25 **Lucy** Luc Besson's sci-fi thriller starring Scarlett Johansson and Morgan Freeman. (2014, 15, 90min) ★★★


6.25 Lucy

8.00 **The Dry** Crime drama starring Eric Bana and and Genevieve O'Reilly. A federal agent returns to his drought-stricken home town to attend a funeral, but his arrival opens up a decades-old wound. (2020, 15, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

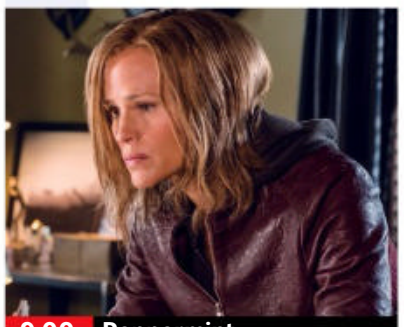
10.00 **The Secrets We Keep** Mystery thriller starring Noomi Rapace. (2020, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Vanilla Sky** Romantic fantasy drama, a remake of the Spanish film *Open Your Eyes*, with Tom Cruise and Penélope Cruz. (2001, 15, 136min) ★★★
2.00 AM **Apartment 1BR** Horror thriller starring Nicole Brydon Bloom and Giles Matthey. (2019, 15, 90min) ★★★
3.35 **The Secrets We Keep** As shown at 10.00pm.
5.15 **to 6.55** AM **The Call** As shown at 2.25pm.

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Sense and Sensibility** Romantic period drama. (1995, U, 136min) ★★★★★
1.45 PM **A Dog's Purpose** Drama. (2017, PG, 100min) ★★★
4.00 **Star Trek II: The Wrath of Khan** Sci-fi adventure. (1982, 12, 113min) ★★★★
6.15 **Master and Commander: The Far Side of the World** Epic seafaring adventure. (2003, 12, 138min) ★★★★


9.00 Peppermint

Master and Commander: The Far Side of the World (film started at 6.15pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Peppermint** Revenge thriller starring Jennifer Garner. An LA banker sets out on a one-woman vengeance mission after her husband and daughter are killed. With Jeff Hephner and Juan Pablo Raba. (2018, 15, 101min) ★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **You Were Never Really Here** Thriller starring Joaquin Phoenix. A former soldier is hired to rescue a senator's teenage daughter, who has been trafficked into a brothel. (2017, 15, 89min) ★★★★★ **11 PM**
12.50 **to 3.15** AM **Mr. & Mrs. Smith** Black comedy thriller starring Brad Pitt and Angelina Jolie. (2004, 15, 120min) ★★★

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **The Fugitive** Drama. (1947, b/w, PG, 104min) ★★★★
8.00 **Watch It, Sailor!** Comedy. (1961, U, 81min) ★★
9.40 **Hannibal** Historical action drama. (1959, PG, 103min) ★
11.40 **Ivanhoe** Romantic adventure. (1981, PG, 136min) ★★★
2.25 PM **Guess Who's Coming to Dinner** Oscar-winning drama. (1967, PG, 112min) ★★★★
4.35 **To Sir, with Love** Drama. (1966, PG, 105min) ★★
6.45 **Magnificent Obsession** Glossy Hollywood melodrama starring Jane Wyman and Rock Hudson. (1954, U, 108min) ★★★★
9.00 **Gideon of Scotland Yard** Drama starring Jack Hawkins as a Scotland Yard detective encountering crime after crime during an eventful day. (1958, PG, 91min) ★★
10.55 **Callan** Espionage thriller. (1974, 15, 106min) ★★★
1.00 AM **Bugsy** Gangster biopic. (1991, 15, 136min) ★★★
3.35 **Strongroom** Crime thriller. (1961, b/w, PG, 80min) ★★
4.55 **to 6.00** AM **Hell Squad** War drama. (1958, b/w, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.10 AM **Dying for the Crown** Thriller. (2018, PG, 89min) ★★
11.00 **Oliver!** Oscar-winning musical. (1968, U, 146min) ★★★★★
2.00 PM **The Italian Job** Crime thriller remake starring Mark Wahlberg and Charlize Theron. (2003, 12, 110min) ★★★
4.15 **Everest** Adventure starring Jason Clarke and Josh Brolin. (2015, 12, 121min) ★★★★
6.40 **Battle: Los Angeles** Epic sci-fi adventure starring Aaron Eckhart. A group of Marines set out to defend LA from invading aliens. (2011, 12, 116min) ★★★
9.00 **The Bank Job** Crime thriller inspired by the true story of the unsolved robbery of a Baker Street bank in 1971, a heist reportedly linked to a suppressed scandal involving the Royal Family. Stars Jason Statham and Saffron Burrows. (2008, 15, 107min) ★★★
11.15 **A Most Violent Year** Thriller. (2014, 15, 120min) ★★★★★
1.50 AM **Sirens** Comedy drama. (1994, 15, 95min) ★★★
3.45 **to 6.00** AM **Tracker** Action drama. (2010, 12, 101min) ★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Passport to China** Drama. (1960, U, 75min) ★★
7.35 **East of Sudan** (1964, U) ★
9.25 **Battle of the Coral Sea** Drama. (1959, b/w, PG, 83min) ★★
11.10 **Paratrooper** Action adventure. (1953, PG, 88min) ★★
1.00 PM **Suicide Mission** Drama. (1956, U, 69min) ★★
2.30 **The Desert Fox** War biopic. (1951, b/w, PG, 88min) ★★★
4.20 **Tank Force** Wartime adventure. (1958, PG, 102min) ★★★
6.10 **Tora! Tora! Tora!** World War Two epic starring Martin Balsam. Partially subtitled. (1970, U, 144min) ★★★
9.00 **Battle of the Bulge** World War Two drama starring Tom Berenger. (2017, 15, 85min) ★★
10.35 **Das Boot** Wolfgang Petersen's epic German World War Two starring Jürgen Prochnow and Klaus Wennemann. Subtitled. (1981, 12, 149min) ★★★★★
1.30 AM **Jet Attack** Korean War drama starring John Agar. (1958, b/w, PG, 69min) ★
2.55 **to 4.00** AM **Hell Squad** War drama starring Wally Campo. (1958, b/w, PG, 64min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Chronicle Mysteries**
9.00 **It Was Always You** As 9.00pm.
11.00 **Mix Up In The Mediterranean**
1.00 PM **South Beach Love** As 1am.
3.00 **PREMIERE** **Love at Sky Gardens** Romantic comedy drama starring Jenny Raven. (2021, PG, 84min) ★★
5.00 **The Baby Proposal** Romantic comedy starring Alexandra Chando. (2019, PG, 90min) ★★
7.00 **Chronicle Mysteries** *The Deep End:* Mystery starring Alison Sweeney, Benjamin Ayres and Olivia Steele-Falconer. When a man's body is discovered in a pond, his wife finds herself involved in a complex trial.
9.00 **It Was Always You** Romantic drama starring Erin Krakow and Tyler Hynes. A woman's meets her fiancé's brother, and starts to question if going through with the wedding is the right thing to do. (2021, PG, 86min) ★★
11.00 **Mix Up In The Mediterranean** Comedy. (2021, PG, 84min) ★★
1.00 AM **South Beach Love** Comedy. (2021, PG, 83min) ★★
3.00 **to 5.00** AM **Love at Sky Gardens** As shown at 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.30 PM **Stardust** *ITV2* Fairytale comedy adventure. ★★★★
7.00 **San Andreas Mega Quake** *Syfy* Thriller with Glen Baggerly. ★★
7.05 **Crocodile Dundee** *E4* Comedy adventure. ★★★★★
7.40 **Ben-Hur** *5Action* Drama. ★★★
9.00 **Misbehaviour** *BBC2 (Wales 10.00pm)* Comedy. ★★★★
9.00 **Fast & Furious 6** *ITV2* Action thriller sequel. ★★★
9.00 **Knight and Day** *E4* Comedy thriller with Tom Cruise. ★★★
9.00 **Fifty Shades Darker** *5STAR* Adult drama sequel. ★
9.00 **Role Models** *Comedy Central* Comedy with Paul Rudd. ★★★★
9.00 **The Beatles: Eight Days a Week – The Touring Years** *Sky Documentaries* ★★★★
10.00 **The Mechanic** *5Action* Action thriller with Jason Statham. ★★
11.00 **Total Recall** *ITV4* Sci-fi. ★★★
11.20 **The Woman in Black** *5STAR* Supernatural chiller. ★★★★
11.50 **Crank 2: High Voltage** *5Action* Action thriller sequel. ★★
1.00 AM **Asteroid-a-geddon** *Syfy* Action adventure. ★★
3.00 **Descent** *Syfy* Thriller. ★★

Sunday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE ICC Women's World Cup Pakistan v India.** Coverage of the group match at Bay Oval in Mount Maunganui, New Zealand.
8.05 **LIVE Test Cricket India v Sri Lanka** The third day of the first Test in the two-match series.
11.30 **LIVE SPFL Livingston v Celtic.** Coverage from Tony Macaroni Arena. Kick-off **12.00noon**.
2.00 PM **LIVE Renault Super Sunday Watford v Arsenal.** The top-flight encounter from Vicarage Road. Kick-off **2.00pm**.
4.00 **LIVE Renault Super Sunday Manchester City v Manchester United.** The top-flight clash at the Etihad Stadium. Kick-off **4.30pm**.
7.00 **Duel: Hamilton v Verstappen**
9.00 **LIVE PGA Tour Golf** Coverage of the fourth and final day of the Arnold Palmer Invitational.
11.00 **LIVE ICC Women's World Cup New Zealand v Bangladesh.** The group match from University Oval in Dunedin, New Zealand.
5.15 **to 6.00** AM **LIVE Test Cricket India v Sri Lanka.** Coverage of the fourth day's play of the first Test in the two-match series.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **Premier League**
1.00 PM **LIVE Renault Super Sunday Watford v Arsenal.** The top-flight encounter from Vicarage Road. Kick-off **2.00pm**.
4.00 **LIVE Renault Super Sunday Manchester City v Manchester United.** Coverage of the top-flight clash from the Etihad Stadium. Kick-off **4.30pm**.
7.30 **Premier League 100 Club** A look at Raheem Sterling's best Premier League goals.
8.00 **The Tyler Archives** Past games between Manchester United and Manchester City.
8.30 **The Tyler Archives** A look back at past games between Arsenal and Manchester United.
9.00 **Gary Neville's Soccerbox**
10.00 **Premier League** A re-run of Watford v Arsenal.
11.45 **Premier League** Manchester City v Manchester United.
1.30 AM **SNF** Liverpool v West Ham.
3.15 **PL Greatest Games**
4.00 **Best PL Goals 94/95**
5.00 **Best PL Goals: Newcastle v Liverpool**
5.30 **to 6.00** AM **PL 100 Club: England's Finest**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Goals: Leagues 1 & 2**
6.30 **EFL Highlights**
8.00 **EFL Goals: Leagues 1 & 2**
8.30 **EFL Highlights**
10.00 **EFL Goals: Leagues 1 & 2**
10.30 **EFL Highlights**
11.00 **LIVE SPFL Livingston v Celtic.** Coverage from Tony Macaroni Arena. Kick-off **12.00noon**.
2.30 PM **LIVE Bundesliga FSV Mainz 05 v Borussia Dortmund.** Coverage from Opel Arena. Kick-off **2.30pm**.
4.30 **LIVE Bundesliga FC Cologne v TSG 1899 Hoffenheim.** From RheinEnergieStadion. Kick-off is at **4.30pm**.
6.30 **WSL** Aston Villa v Brighton.
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **EFL Highlights**
8.30 **WSL** Aston Villa v Brighton.
9.00 **LIVE MLS Austin FC v Inter Miami CF.** Coverage of the inter-conference clash from Q2 Stadium. Kick-off **9.00pm**.
11.10 **MLS** Zlatan Ibrahimovic.
11.15 **SPFL** Livingston v Celtic.
2.45 AM **EFL Greatest Games**
3.00 **EFL Cup Retro 12**
5.45 **to 6.00** AM **One2Eleven**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM **LIVE ICC Women's World Cup Pakistan v India.** Coverage of the group match at Bay Oval in Mount Maunganui, New Zealand.
8.05 **LIVE Test Cricket India v Sri Lanka** The third day of the first Test in the two-match series.
11.30 **LIVE Test Cricket Pakistan v Australia** Day three of the first Test in the three-match series.
12.30 PM **ICC Women's World Cup**
1.30 **Women's World T20**
1.45 **Best of the ICC Women's World Cup** England v Sri Lanka.
2.00 **ICC Women's World Cup 2017**
2.30 **Test Cricket** Double bill.
4.30 **ICC Women's World Cup**
5.30 **Women's World T20 Classics**
6.00 **ICC Women's World Cup 2017**
6.30 **Test Cricket** Double bill.
8.30 **ICC Women's World Cup**
9.30 **LIVE ICC Women's World Cup New Zealand v Bangladesh.** The group match from University Oval in Dunedin, New Zealand.
5.15 **to 6.00** AM **LIVE Test Cricket India v Sri Lanka** Day four of the first Test in the two-match series at Punjab Cricket Association Stadium in Mohali, Chandigarh.

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **LIVE LPGA Tour Golf** Coverage of the fourth and final day of the HSBC Women's World Championship, taking place at Sentosa Golf Club in Singapore.
7.30 **LPGA Tour Golf**
9.30 **LIVE DP World Tour Golf** Coverage of the fourth and final day's play of the Kenya Open at Muthaiga Golf Club in Nairobi.
2.00 PM **LIVE PGA Tour Golf** The fourth and final day of the Arnold Palmer Invitational from Bay Hill Club and Lodge in Florida.
5.30 **LIVE PGA Tour Golf** Further coverage of the fourth and final day's play of the Arnold Palmer Invitational from Bay Hill Club and Lodge in Florida.
11.00 **LPGA Tour Golf** Highlights from the final day of the HSBC Women's World Championship.
1.00 AM **PGA Tour Champions** This year's Cologuard Classic.
2.00 **Golf Special: Mr Palmer's Legacy**
2.45 **My Icon**
3.00 **Golf's Greatest Holes**
4.00 **PGA Tour Champions**
5.00 **to 6.00** AM **Golf Academy**

BT Sport 1

413 413 870 | 527 | 408 430

7.00 AM **Premier League**
8.30 **What I Wore**
8.45 **LIVE Isuzu UTE A-League Wellington Phoenix v Melbourne City.** At WIN Stadium.
10.45 **ESPN FC**
11.15 **BT Sport Reload**
11.30 **LIVE Serie A Genoa v Empoli.** The Italian top-flight clash at Stadio Luigi Ferraris. Kick-off **11.30am**.
1.30 PM **Vanarama National League Highlights**
2.00 **LIVE Gallagher Premiership Rugby Union Exeter Chiefs v Sale Sharks.** The match from Sandy Park. Kick-off **3.00pm**.
5.15 **Rugby Tonight**
6.00 **The Football's On**
7.00 **Golazzo Live**
7.45 **LIVE Serie A Napoli v AC Milan.** From Diego Armando Maradona Stadium. Kick-off **7.45pm**.
10.00 **WWE SmackDown Highlights**
11.00 **WWE NXT** Wrestling action.
12.45 AM **Sport in Focus**
1.00 **Gallagher Premiership Rugby Highlights** Recent action.
2.30 **What Went Down**
3.30 **Badminton Unlimited**
4.00 **to 6.00** AM **Classic MOTD**

BT Sport 2

414 414 871 | 528 | 409 431

7.00 AM **Serie A**
10.00 **LIVE MotoGP** The warm-ups for the Grand Prix of Qatar.
11.15 **LIVE MotoGP** Coverage of the Moto3 Grand Prix of Qatar, taking place at Losail International Circuit. Start-time **12.00noon**.
1.00 PM **LIVE MotoGP** Coverage of the Moto2 Grand Prix of Qatar. Start-time is at **2.10pm**.
2.30 **LIVE MotoGP** Coverage of the MotoGP Grand Prix of Qatar. Start-time **3.00pm**.
4.00 **MotoGP Chequered Flag**
5.00 **LIVE Serie A Juventus v Spezia.** Coverage from Allianz Stadium. Kick-off **5.00pm**.
7.00 **Champions League Magazine**
7.30 **LIVE Ligue 1 Marseille v Monaco.** Coverage from Stade Velodrome. Kick-off **7.45pm**.
9.45 **UFC** Covington v Masvidal.
12.45 AM **UFC Unleashed**
1.45 **BT Sport Reload**
2.00 **Champions League Magazine**
2.30 **Europa League Magazine**
3.30 **The Football's On**
4.30 **Gearing Up**
5.00 **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A**
9.00 **WWE Raw Highlights**
10.00 **WWE SmackDown Highlights**
11.00 **Ligue 1** Highlights of Nice v PSG.
12.00 NOON **LIVE Ligue 1 St. Etienne v Metz.** Coverage of the French top-flight encounter from Stade Geoffroy-Guichard. Kick-off **12.00noon**.
2.00 PM **LIVE Ligue 1 Rennes v Angers.** Coverage of the French top-flight match from Roazhon Park. Kick-off **2.00pm**.
4.00 **LIVE Ligue 1 Lille v Clermont Foot.** Coverage of the French top-flight clash from Stade Pierre-Mauroy. Kick-off **4.05pm**.
6.00 **LIVE Primeira Liga Pacos de Ferreira v FC Porto.** Coverage of the Portuguese top-flight match at Estadio Capital do Movel. Kick-off **6.00pm**.
8.00 **PSA Squash Highlights**
9.00 **WWE NXT UK**
10.00 **The Football's On**
11.00 **Ligue 1**
3.00 AM **Ariel Helwani Meets**
4.30 **Inside Sailing**
5.00 **BT Sport Reload**
5.30 **to 6.00** AM **Badminton**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **Fight Night International**
7.00 **Fight Night** A replay of Josh Taylor v Jack Catterall.
8.00 **Fight Night** A chance to see the catchweight bout between Amir Khan and Kell Brook at AO Arena in Manchester.
9.00 **Premier League Darts** A replay of the fourth night of the 2022 tournament.
12.30 PM **British Basketball** A replay of Glasgow Rocks v London Lions.
3.00 **Fight Night** A replay of Josh Taylor v Jack Catterall.
4.00 **Premier League Darts** A replay of the fourth night of the 2022 tournament at Westpoint Arena in Exeter.
7.30 **Darts Gold** The PDC World Darts Championship finals of 1999.
8.00 **NFL Highlights** Arizona Cardinals v Los Angeles Rams.
9.00 **NFL Highlights** Cincinnati Bengals v Kansas City Chiefs.
10.00 **NFL Highlights** Cincinnati Bengals v Las Vegas Raiders.
11.00 **NFL Highlights** Los Angeles Rams v Arizona Cardinals.
12.00 M'T **NFL Highlights**
4.00 **to 6.00** AM **Super Bowl LVI Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **LIVE Test Cricket Pakistan v Australia.** Day three of the first Test in the three-match series, which takes place at Rawalpindi Cricket Stadium.
12.30 PM **ICC Women's World Cup**
1.30 **Betfred Super League Highlights** Recent action.
2.00 **Drone Racing League**
4.00 **NBA Basketball**
6.00 **LIVE NBA Basketball Boston Celtics v Brooklyn Nets.** The Eastern Conference clash from TD Garden. Tip-off **6.00pm**.
8.30 **Betfred Super League Highlights** Recent action.
9.00 **LIVE MLS Austin FC v Inter Miami CF.** Coverage of the inter-conference clash from Q2 Stadium. Kick-off **9.00pm**.
11.10 **My Icon** Double bill.
11.30 **Premier League World**
12.00 M'T **NFL Highlights**
4.00 AM **Super Bowl LVI Highlights**
4.15 **My Icon** Triple bill.
4.50 **to 6.00** AM **LIVE Test Cricket Pakistan v Australia.** Day four of the first Test in the three-match series, which takes place at Rawalpindi Cricket Stadium.

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC**
6.30 **NHRA Drag Racing Highlights**
7.30 **ESPN FC**
8.00 **College Basketball**
9.45 **ESPN FC**
10.15 **College Basketball**
1.45 PM **BT Sport Reload**
2.00 **LIVE Serie A Fiorentina v Verona.** Kick-off **2.00pm**.
4.00 **NHRA Drag Racing Highlights**
5.00 **LIVE College Basketball** The Women's ACC Championship.
7.00 **LIVE College Basketball** The Women's SEC Championship.
9.00 **LIVE College Basketball** The Women's Big Ten Championship.
11.00 **LIVE College Basketball** The Women's Pac-12 Championship.
1.00 AM **LIVE NCAA Championship** Coverage of the Big 12 Wrestling Championship.
3.30 **BT Sport Reload**
3.45 **The Outdoor Sports Show**
4.15 **to 6.00** AM **College Basketball**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Snooker: Welsh Open**
8.00 **Snooker 147s**
8.20 **LIVE Nordic Combined Skiing** From Oslo, Norway.
9.20 **Snowboarding: Charlotte Bankes**
9.30 **Golf: PGA Tour Weekly**
10.00 **Cycling: Strade Bianche**
11.00 **Snooker: Welsh Open**
1.00 PM **LIVE Snooker: Welsh Open** Coverage of the opening session of the final.
4.30 **Motocross World Championship**
5.00 **Formula E**
6.00 **Snooker: Welsh Open**
6.45 **LIVE Snooker: Welsh Open** The second session of the final.
10.05 **LIVE Show Jumping** The latest meeting of the FEI World Cup season from Ocala in Florida.
11.30 **Snooker: European Masters**
1.30 AM **Golf: PGA Tour Weekly**
2.00 **Ski Jumping**
4.00 **to 6.00** AM **Masters Snooker**

Eurosport 2

411 411 869 | 522 | 413 436

6.50 AM **LIVE Snowboarding** From Bakuriani, Georgia.
9.00 **LIVE Alpine Skiing** Coverage from Lenzerheide, Switzerland.
10.00 **LIVE Alpine Skiing** World Cup coverage from Kvitfjell, Norway.
11.45 **LIVE Biathlon** From Finland.
12.30 PM **LIVE Alpine Skiing** From Lenzerheide, Switzerland.
1.30 **Snowboarding**
1.40 **Judo** The Paris Grand Slam.
2.10 **LIVE Cycling: Paris-Nice** Coverage of stage one.
4.00 **Athletics: Tokyo Marathon**
5.30 **Alpine Skiing**
7.30 **Golf: PGA Tour Weekly**
8.00 **Cycling: Paris-Nice**
9.00 **Ski Jumping**
10.00 **Alpine Skiing**
12.00 M'T **Cycling: Paris-Nice**
1.00 AM **Cycling: Strade Bianche**
2.00 **Snooker: European Masters**
4.00 **Cycling: Strade Bianche**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Netball Superleague**
8.00 **Drone Racing League**
10.00 **Kevin Sinfield: The Extra Mile**
11.00 **Betfred Super League Highlights** Recent action.
12.00 NOON **Drone Racing League**
2.00 PM **NRL** The NRL Grand Final.
3.00 **Betfred Super League Highlights** Recent action.
4.00 **NBA Basketball**
6.00 **LIVE NBA Basketball Boston Celtics v Brooklyn Nets.** The Eastern Conference clash from TD Garden. Tip-off is at **6.00pm**.
8.30 **LIVE NBA Basketball Milwaukee Bucks v Phoenix Suns.** Coverage of the inter-conference clash from Fiserv Forum. Tip-off **8.30pm**.
11.00 **NBA Basketball**
1.00 AM **NBA Heatcheck**
1.30 **Betfred Super League Highlights** Recent action.
2.00 **Drone Racing League**
4.00 **to 6.00** AM **NBA Basketball**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula One: Best of 2021**
10.15 **The Notebook**
10.45 **Formula 1** The 2021 Sao Paulo Grand Prix first practice session .
12.00 NOON **Formula 1** Action from the qualifying session for the 2021 Sao Paulo Grand Prix.
1.55 PM **Formula 1** The second practice session at the 2021 Sao Paulo Grand Prix.
3.10 **Data in F1**
3.15 **Formula 1** Action from the 2021 Sao Paulo Grand Prix Sprint Race, the 19th round of the season.
4.15 **Formula 1** A re-run of the 2021 Sao Paulo Grand Prix, the 19th round of the season, held at Autodromo Jose Carlos Pace.
6.30 **The Notebook**
7.00 **Duel: Hamilton v Verstappen**
9.00 **Formula 1** A re-run of the 2021 Abu Dhabi Grand Prix.
11.15 **Indycar**
12.15 **to 6.00** AM **Formula One: Best of 2021**

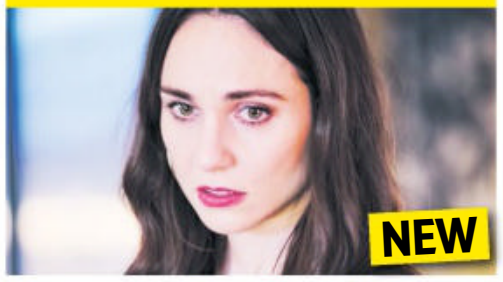
SKY HD SD | VIRGIN HD | BT HD

Monday

7 March

Evening Planner

Drama



Our House
ITV HD, 9pm
In this new four-part drama, a woman (Tuppence Middleton) returns home to find strangers moving into her house

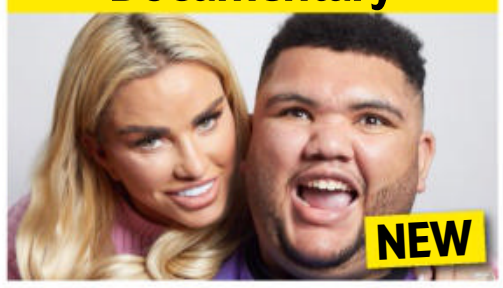
Drama

Life and Death in the Warehouse
BBC3 HD, 9pm
One-off drama starring Poppy Lee Friar, set in a warehouse distrubution centre

Documentary

The Real Peaky Blinders
BBC2 HD, 9pm
One-off documentary examining the real-life Birmingham gang that inspired Steven Knight to create the hit drama

Documentary



Katie Price: What Harvey Did Next
BBC1 HD, 9pm (times vary)
This follow-up to *Harvey and Me* shows Harvey preparing for life at college

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Manchester...	8.30 We Are... †	9.00 Katie Price: What Harvey Did Next		10.00 News	10.30 Weather
102 BBC2	7.00 Doctors	7.30 Nigella's Cook...	8.00 Mastermind	8.30 University...	9.00 The Real Peaky Blinders		10.00 Couples...	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Our House		10.00 News; Local News	
104 CHANNEL 4	7.00 News	7.30 Winter...	8.00 The Great Cookbook Challenge...		9.00 Moors Murders: The Trial		10.00 Catching a Killer: A Bullet Through...	
105 CHANNEL 5	7.00 Police Interceptors		8.00 Traffic Cops		9.00 Police: Night Shift 999		10.00 Casualty 24/7: Every Second Counts	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Duel: Hamilton v Verstappen		9.00 The Great Debate		10.00 Death on the Beach	
ENTERTAINMENT								
117 BBC3	7.05 MasterChef Australia			8.30 Nail Bar Boys	9.00 Life and Death in the Warehouse		10.00 Starstruck	10.25 Film: Game Night
116 BBC4	7.00 The Lakes with...	7.30 Fred Dibnah's...	8.00 Britain's Lost Masterpieces		9.00 The Secret Life of the Mona Lisa		10.00 Da Vinci: The Lost Treasure	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Family Guy		10.00 The Stand Up...	10.30 Family Guy
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 The Great Australian Bake Off			10.15 24 Hours in A&E
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 The Real Dirty Dancing		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Blue Bloods		9.00 9-1-1		10.00 Law & Order: Special Victims Unit	
108 SKY ATLANTIC	◂ 6.45 The Sopranos		7.55 Game of Thrones		9.00 Billions			10.05 The Night Of
110 GOLD	◂ 6.35 The Cockfields		8.00 Dad's Army			9.20 Fawlty Towers	10.00 Billy Connolly Does..	
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	7.00 Heartbeat		8.00 Agatha Christie's Poirot		9.00 Long Lost Family			10.05 Law & Order: UK
120 ITV4	◂ 6.45 FA Cup Football – Live: Nottingham Forest v Huddersfield Town (Kick-off 7.30)					9.45 MotoGP Highlights		
112 COMEDY CENTRAL	7.00 Friends				9.00 Guessable?		10.00 Impractical...	10.30 Impractical...
152 SYFY	7.00 Quantum Leap		8.00 Fringe		9.00 Fortitude			
113 SKY MAX	7.00 Stargate SG-1		8.00 Freddie Fries Again		9.00 Agatha Raisin			
132 ALIBI	7.00 Rizzoli & Isles		8.00 Death in Paradise		9.00 Clarice		10.00 Traces	
130 SKY ARTS	7.00 André Rieu: Welcome to My World		8.00 The Big Design Challenge		9.00 André Rieu: Wonderful World – Live in Maastricht			
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Iron Resurrection		9.00 Wheeler Dealers		10.00 Texas Metal	
162 ANIMAL PLANET	7.00 Extinct or Alive		8.00 Coyote Peterson: Brave the Wild		9.00 Alaska: Homestead Rescue		10.00 Monsters Inside Me	
129 NAT GEO	7.00 Car S.O.S.		8.00 Air Crash Investigation		9.00 Trafficked with Mariana Van Zeller		10.00 America's Hardest Prisons	
123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Secrets in the Ice		10.00 Secrets of the Viking Stone	
155 YESTERDAY	7.00 Full Circle with Michael Palin		8.00 Underground Worlds		9.00 Smoke & Steel		10.00 Bangers and Cash	
121 SKY DOCS	7.00 The Seventies		8.00 Duel: Hamilton v Verstappen				10.00 Meth Storm	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.05 The World to Come		8.00 Old				10.00 Escape Room: Tournament of...	
303 HITS	◂ 6.25 Shrek		8.00 Sherlock Holmes					10.15 Voyagers
304 GREATS	◂ 6.10 The Amazing Mr Blunden		8.00 Forrest Gump					10.25 The Italian Job
305 ANIMATION	◂ 6.30 Animals United		8.10 Surf's Up		9.40 Riverdance: The Animated Adventure			
306 BOOK DAY	◂ 6.45 How The Grinch Stole Christmas			8.35 A Boy Called Christmas				10.25 The Wizard of Oz
307 ACTION	◂ 5.30 Mission...	7.30 Mission: Impossible II				9.35 Darkman		
308 COMEDY	◂ 5.40 As Good As It Gets		8.00 50 First Dates			9.50 Bad Teacher		
309 THRILLER	7.00 A Few Good Men				9.25 Carlito's Way			
310 DRAMA	◂ 6.05 Grease		8.00 Whiplash				10.00 Enemy at the Gates	
311 SCI-FI	◂ 6.15 The New Mutants		8.00 I, Robot				10.00 The Matrix Revolutions	
302 WOMEN IN FILM	◂ 6.05 The Colour Room		8.00 Erin Brockovich					10.15 Lucy
313 FILM4	◂ 6.50 Suffragette				9.00 2012			
315 TCM MOVIES		7.10 Hellfire			9.00 Passenger 57			
SPORT								
401 MAIN EVENT	7.00 MNF – Live: Tottenham Hotspur v Everton (Kick-off 8.00)							
402 PREMIER LEAGUE	7.00 MNF – Live: Tottenham Hotspur v Everton (Kick-off 8.00)							
403 FOOTBALL	7.00 Bundesliga Highlights Show		8.00 EFL Highlights	8.30 Soccer AM...	9.00 Scottish...	9.30 Bundesliga Highlights Show		10.30 MLS...
404 WORLD CUP	◂ 6.30 Test Cricket	7.30 ICC Women's World Cup				9.30 Test Cricket		
413 BT SPORT 1	◂ 6.30 Gallagher Premiership Rugby...		8.00 Rugby Tonight		9.00 Fishing: On the Bank		10.00 Goals Reload	10.30 UEFA...
414 BT SPORT 2	7.00 PSA Squash Highlights		8.00 WSL Presents		9.00 UFC			

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 NEW SERIES **Crimewatch Live** 1/15. Help with unsolved cases. (S)
10.45 **Caught Red Handed** New edition A con-woman steals diamonds worth millions of pounds. (S)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Shakespeare & Hathaway: Private Investigators** (S)(R)(AD)
3.00 **Escape to the Country** New edition From Yorkshire. (S)
3.45 **Garden Rescue** (S)(R)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Jermaine Jenas and Alex Jones present the topical show. (S)
7.30 **EastEnders** Gray and Chelsea prepare to bring Jordan home, and Rocky turns to Harvey for help. (S)(AD)

8 PM

8.00 **Manchester Arena Bombing: Saffie's Story – Panorama** New edition In-depth current affairs report. (S)
8.30 **We Are England** New edition Regional current affairs reports. (S)

9 PM

9.00 NEW **Katie Price: What Harvey Did Next** One-off documentary following the celebrity's son as he turns 19 and pursues a more independent life, embarking on his first term at a specialist college. *See feature, page 21*. (S)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Extraordinary Portraits** 2/6. Photographer Christy Lee Rogers works with Cee Cee, a model with albinism, on an underwater shoot. (S)(R)(AD)
11.05 **The Graham Norton Show** 21/22. Compilations of highlights from the recent series, featuring Will Smith, Tom Holland, Salma Hayek and Ian McKellen. (S)(R)
11.55 **The Wall Versus Celebrities** Comedians Shaparak Khorsandi and Ellie Taylor take part. (S)(R)
12.45 AM **Killing Eve** 1/8. Villanelle has embraced a new way of life, while Eve is out for revenge. (S4) (S)(R)
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.45 AM **Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Amazing Hotels: Life Beyond the Lobby** (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Ready Steady Cook** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **Put Your Money Where Your Mouth Is** From London. (S)(R)
3.00 **The Heights** (S1) (S)(R)(AD)
3.30 **Murder, Mystery and My Family** (R)
4.15 **Sacred Wonders of Britain** (S)(R)
5.15 **Flog It!** From East Sussex. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Marcus Wareing's Tales from a Kitchen Garden** New edition 6/10. The chef makes plans to expand the herb patch. (S)

9.00 The Real Peaky Blinders

7.00 **Doctors** Asif calls Jimmi in crisis, while Princess makes an impression at the Mill. (S)(R)(AD)
7.30 **Nigella's Cook, Eat, Repeat** 1/6. Nigella Lawson prepares her take on bhorta. (S)(R)(AD)

8.00 **Mastermind** New edition The second semi-final, with subjects including Vincent Van Gogh. (S)
8.30 **University Challenge** New edition The quarter-final matches continue. (S)

9.00 NEW SERIES **The Real Peaky Blinders** 1/2. Historian Carl Chinn explores the real-life stories of the Birmingham gangs that inspired the hit BBC drama, sorting out the fact from the fiction. *See feature, page 20*. (S)

10.00 **Couples Therapy** Series finale 9/9. Alan and Evelyn find a path forward. (S)
10.25 **Africa's Lion Kings: Natural World** 10/10. Documentary. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 FILM **The Man with the Iron Heart** Thriller starring Jason Clarke and Rosamund Pike. Two Czech resistance members plan to assassinate Nazi leader Reinhard Heydrich, the mastermind of the Final Solution. With Jack O'Connell. (S) (2017, 15, 115min) ★★★
1.10 AM **Sign Zone: Countryfile** From Wrest Park in Bedfordshire. (S)(R)
2.05 **Sign Zone: Fraud Squad** (S)(R)
3.35 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Buxton in Derbyshire, where Simon Schneider shows off his ventriloquism skills, and Tim Hogarth is impressed by an unusual telephone. (S)(R)
3.00 **Lingo** Word-based quiz show presented by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.30 **Emmerdale** Charity and Chas fail to see eye to eye, and Rhona is shocked when her mum arrives. (S)(AD)

8.00 **Coronation Street** Kelly struggles to balance caring for Laura with her other commitments, Nick blames Sam's chess obsession for a decline in his schoolwork, and Tyrone suspects Abi of stealing a car from the garage. (S)(AD)

9.00 NEW SERIES **Our House** 1/4. Thriller starring Tuppence Middleton and Martin Compston. A woman arrives home to find strangers moving in, and is unable to contact her husband. *See feature, page 8*. (S1) (S)(AD)
■ Continues tomorrow

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **On Assignment** New edition Robert Moore is in Philadelphia to explore the reasons behind a surge in gun violence across America. (S)
11.15 **Heathrow: Britain's Busiest Airport** A passenger has an entourage of armed police officers waiting for him. (S)(R)(AD)
11.45 **All Elite Wrestling: Dynamite** Hard-hitting action from the world of All Elite Wrestling. (S)
1.30 AM **Shop: Ideal World**
3.00 **Loose Women** (S)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz. (S)(SL)(R)

+1 hour | 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM LIVE **Winter Paralympics** Wheelchair curling and the snowboard cross finals. (S)
8.00 **Winter Paralympics Breakfast** (S)
9.00 **Frasier** 12-14/24. (S4) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** Catch-up edition. (S)(R)
11.25 **News** (S)
11.30 **Coast vs Country** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** New edition (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition The first night from Sheffield. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** James makes a life-changing decision. (S)(AD)

9.00 Moors Murders: The Trial

7.00 **News** (S)
7.30 **Winter Paralympics: Today in Beijing** Ade Adepitan presents highlights from day three. (S)

8.00 **The Great Cookbook Challenge with Jamie Oliver** New edition The remaining contestants face two semi-final challenges – a live cooking demonstration and a lavish meal to be photographed for a double page spread. (S)(AD)

9.00 **Moors Murders: The Trial** Series finale 3/3. Myra Hindley's brother-in-law David Smith and journalist Clive Entwistle describe the killers' trial in 1966, and recall the tension in court as they faced justice. (S)(AD)

10.00 **Catching a Killer: A Bullet Through the Window** Documentary following the investigation by Thames Valley Police into a fatal shooting in Milton Keynes. Detectives learn there is more to the inquiry than meets the eye. (S)(R)(AD)
11.25 **Women Who Kill** 1/2. Documentary. (S)(R)(AD)
12.25 AM **Celebrity Hunted** 6/6. Extraction is less than 48 hours away, but three fugitives still remain at large. (S)(SL)(R)(AD)
1.15 **to 6.00** AM LIVE **Winter Paralympics** Coverage of day four, featuring the super combined event, Great Britain v Estonia in wheelchair curling, and the 10km biathlon sitting final. (S)

+1 hour | 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Nightmare Tenants, Slum Landlords** A troublesome tenant whose behaviour led to the police being called. (S)(R)
1.10 **News** (S)
1.15 **Home and Away** (S)(R)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM PREMIERE **A Daughter's Revenge** Thriller with Natalie Brown and Amalia Williamson. (S) (2020, 12, 105min) ★★
4.00 **Filthy House SOS** Richard and Brennan come to the aid of a grandmother in Oswestry. (S)(R)
5.00 **News** (S)
6.00 **Neighbours** David is furious with Aaron for his jealous attack on Dean. (S)(R)(AD)
6.30 **Eggheads** New edition Quiz. (S)

9.00 Police: Night Shift 999

7.00 Police Interceptors The team perform a tactical pursuit and containment on a suspected cloned car, and a drunk driver attempts to escape police officers. (S)(R)
7.55 **News** (S)
8.00 Traffic Cops New edition 4/10. Officers are on the look-out for a car linked to the theft of a pair of motorbikes but when they spot the vehicle parked up, it immediately races off. (S)
9.00 Police: Night Shift 999 New edition 4/6. An officer responds to reports of a break-in at a garage, while police discover a trail of blood leading into a block of flats after receiving a call about a fight with a knife. (S)
10.00 Casualty 24/7: Every Second Counts 5/9. Emergency nurse practitioner Jo Birkenshaw assesses a 78-year-old man who arrived at hospital after being bitten by a dog. (S)(R)
11.05 **A&E After Dark** 10/12. A patient refuses to leave A&E after his treatment. (S)(R)
12.05 AM **I'm 16 But Look 60** (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **Celebrity 5 Go Fishing** (S)(R)
4.00 **Britain's Greatest Bridges** The Humber Bridge. (S)(SL)(R)(AD)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Wildlife Rescue New Zealand** Documentary series. (S)(R)(AD)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 8/19. (S6) (S)(R)
11.00 **NCIS: New Orleans** (S4) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 16/22. (S1) (S)(R)(AD)
3.10 **Modern Family** (S4) (S)(R)
4.00 **The Office (US)** (S8) (R)
5.00 **The Simpsons** *Yolo:* Homer contacts an old pen-pal. (S)(R)
5.30 **The Fresh Prince of Bel Air** 18/25. Will and Lisa elope to Las Vegas to tie the knot. (S)(R) **6.00** 19/25. Will turns to Uncle Phil for financial help. (S5) (S)(R)
6.30 **The Simpsons** *The Kid Is All Right:* Lisa decides to run for class representative. (S)(R)

9.00 The Great Debate

7.00 The Simpsons *Steal This Episode:* Homer gets busted for illegally downloading movies. (S)(R) **7.30** *Married to the Blob:* Comic Book Guy receives advice from Marvel Comics supremo Stan Lee. (S)(R)
8.00 NEW SERIES **Duel: Hamilton v Verstappen** 1/2. The rivalry between F1 drivers Lewis Hamilton and Max Verstappen, which culminated in a nail-biting end to the 2021 season. ■ Concludes tomorrow
9.00 The Great Debate New edition Trevor Phillips chairs the weekly discussion programme, tackling the biggest issues as a virtual audience puts questions to leaders and decision-makers.
10.00 Death on the Beach 1/3. Documentary series focusing on the stories of numerous young travellers who have died under mysterious circumstances on the remote backpacking Thai island of Koh Tao. (R)
11.00 **Last Week Tonight with John Oliver** A satirical look at news, politics and popular culture. (R)
11.35 **Road Wars** An illegal driver tries to fool Charley and Roma. (R)
12.35 AM **The Force: North East** (R)
1.35 **Brit Cops: War on Crime** (R)
2.30 **Road Wars** (R)
3.00 **Hawaii Five-0** 6/23 (S2) (S)(R)
4.00 **S.W.A.T.** 16/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
8.30-9.00pm Loggerheads **11.05** Sportscene: SWPL Highlights **11.35** The Graham Norton Show **12.25am** The Wall Versus Celebrities **1.15** Killing Eve **2.00** Weather for the Week Ahead **2.05-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
8.00pm Beautiful Interiors Northern Ireland **8.30-9.00** The Fast and the Farmer-ish **10.35** The White Handkerchief **11.35** Manchester Arena Bombing: Saffie's Story – Panorama **12.05am** Extraordinary Portraits **12.35** The Graham Norton Show **1.25-6.00am** BBC News

WALES
Sky **952**, Virgin **864**, Freesat **964**
8.00pm X-Ray **8.30** Manchester Arena Bombing: Saffie's Story – Panorama **9.00-10.00** Life and Death in the Warehouse **10.35** Katie Price: What Harvey Did Next **11.35** Extraordinary Portraits **12.05am** The Graham Norton Show **12.55** The Wall Versus Celebrities **1.45-6.00am** BBC News

BBC1 North/North East/North West/ Yorkshire & Lincolnshire
Sky **956/955/958/957**, Freesat **966/956/955/967**
11.55pm-12.45am The Super League Show

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm Ceol Ie Toal **11.15** Couples Therapy **11.40** What We Do in the Shadows **12.50-1.10am** BBC News

WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
10.45pm Sharp End **11.15-11.45pm** On Assignment

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Pobl a'u Gerddi **12.30** Heno **1.00** Y Sioe Fwyd **1.30** Natur Gwyllt Iolo **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Côr Cymru 2022 **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dau Gi Bach **6.30** Rownd a Rownd **6.57** Newyddion S4C **7.00** Heno **7.30** Newyddion S4C a'r Tywydd **8.00** Cymry ar Gynfas **8.25** Yn y Fan A'r Lle **8.55** Newyddion S4C a'r Tywydd **9.00** Ffermio **9.35** Pen Petrol **10.00** Sgorio **10.30-11.35pm** Efaciwîs

BBC3

117/141/173 | 107/157 | 23 109 | 179 107

BBC3 programmes start at 7.00pm

7.00 PM NEW **Meet the Khans Relationship Quiz** Amir Khan and Faryal Makhdoom play the Mr and Mrs Quiz.
7.05 **MasterChef Australia** New edition Nigella Lawson presents a mystery box.
8.25 **The Catch Up**
8.30 **Nail Bar Boys** Series finale 3/3. The day of Astro's boxing bout arrives.
9.00 NEW **Life and Death in the Warehouse** Drama inspired by real-world events, telling the story of young warehouse worker Alys. *See feature, page 6.* (S1)
10.00 **Starstruck** New episode 5/6. Jessie's job puts a strain on her relationship. (S2)
10.25 FILM **Game Night** Comedy. (2018, 15, 100min) ★★★★
12.00 M'T **Nail Bar Boys**
12.30 AM **Life and Death in the Warehouse** As 9pm.
1.30 **Starstruck**
1.55 **Eating with My Ex**
2.25 **Fast and the Farmer-ish**
2.55 **Gassed Up**
3.45 **to 4.00** AM **Zen Motoring**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **The Lakes with Paul Rose** A visit to Windermere.
7.30 **Fred Dibnah's Made in Britain** The host travels to Buckingham Palace.
8.00 **Britain's Lost Masterpieces** 4/4. Dr Bendor Grosvenor and Emma Dabiri investigate a 16th-century portrait.
9.00 **The Secret Life of the Mona Lisa** 3/3. The mystery of the *Mona Lisa*.
10.00 **Da Vinci: The Lost Treasure** Fiona Bruce travels across Europe to tell the story of Leonardo da Vinci's life, before heading to New York to see a recently found painting by the artist.
11.00 **Art on the BBC: The Genius of Leonardo da Vinci** An exploration of the Renaissance artist's work.
12.00 M'T **Garden in Snowdonia**
12.30 AM **The Lakes with...**
1.00 **Fred Dibnah's Made in...**
1.30 **Britain's Lost Masterpieces**
2.30 **to 3.30** AM **The Secret Life of the Mona Lisa**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun**
10.35 **Find It, Fix It, Flog It**
12.35 PM **Heir Hunters**
1.35 **Four in a Bed**
4.15 **The Hotel Fixers** New edition An eco-friendly hostel in the Connemara area of County Galway.
4.50 **Find It, Fix It, Flog It** Double bill of editions.
6.55 **Escape to the Chateau: DIY** Dick Strawbridge offers advice to Paul, who has to design, build and fit two heavy balconies from scratch.
7.55 **Grand Designs** Kevin McCloud catches up with the Sampsons in the Lot region of France to check how their house turned out.
9.00 **The Great Australian Bake Off** New edition The remaining bakers have made it through to Patisserie Week, featuring a cream horn Signature, a fancy French Technical and a fruit tart Showstopper.
10.15 **24 Hours in A&E** A groom-to-be is examined following an epileptic seizure.
11.20 **Emergency Helicopter Medics** A cyclist is injured.
12.25 AM **8 Out of 10 Cats Does Countdown**
1.25 **24 Hours in A&E**
2.30 **Father Ted**
3.05 **Winter Paralympics: Today in Beijing**
3.35 **to 3.40** AM **Escape to the Chateau**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Big Bang Theory**
11.00 **Young Sheldon**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Young Sheldon**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes, including at: **6.00** 3/23. Sheldon tries to modify Penny's behaviour. **6.30** 4/23. Raj faces being sent back to India. (S3)
7.00 **Hollyoaks** Things quickly turn sour at Hollyoaks High when someone paints some harmful graffiti against Ella.
7.30 **Married at First Sight Australia** New edition The couples have their first commitment ceremonies.
9.00 **The Real Dirty Dancing** New edition 5/8. The celebrities must improvise a routine inspired by the film's *Cry to Me* scene.
10.00 **Naked Attraction** A pansexual singer looking for a man as tall as she is.
11.05 **Gogglebox**
12.10 AM **First Dates**
1.15 **Married at First Sight Australia** As 7.30pm.
2.45 **The Real Dirty Dancing**
3.40 **Below Deck: Mediterranean**
4.30 **Ramsay's Kitchen Nightmares USA**
5.20 **to 6.00** AM **Mike & Molly**

+1 hour 235 | 146 | 30 | 123

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Law & Order** 11/24. (S15)
12.00 NOON **Bull** 20/23. (S1)
1.00 PM **Blue Bloods** (S11)
3.00 **Private Eyes** 6/12. Shade and Angie recruit Liam, Jules and Becca for help in an investigation. (S4)
4.00 **UK Border Force**
5.00 **Nothing to Declare** Four editions of the documentary.

9.00 9-1-1

7 PM

7.00 **Air Ambulance ER** A doctor's trauma skills are tested in South Shields, and a cyclist suffers a head injury in Oxford.

8 PM

8.00 **Blue Bloods** *Handcuffs:* 9/22. A video of cops being harassed by a group of people at a housing complex surfaces. (S9)

9 PM

9.00 **9-1-1** New episode *Peer Pressure:* 5/18. May gets an emergency call from a suicidal teenager. (S5)

10 PM

10.00 **Law & Order: Special Victims Unit** *Inconceivable:* 14/19. Fertilised embryos are stolen from a sperm bank. (S9)
11.00 **Law & Order: SVU** 19/19. (S9)
12.00 M'T **Private Eyes** 5/8. (S5)
1.00 AM **The Equalizer** 5/12. (S2)
2.00 **Criminal Minds** 5/10. (S15)
3.00 **CSI** 22/23. (S10)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Urban Secrets**
8.00 **CSI** 1/24. (S6)
9.00 **The Newsroom** 1/9. (S2)
10.05 **The Sopranos** (S2)
12.25 PM **Game of Thrones** (S5)
1.30 **Gomorrah** 3&4/10. (S5)
3.30 **Ray Donovan** 4/12. The LA fixer faces a tough challenge. **4.40** 5/12. Ray's new mission drives a wedge between Finney and Paige. (S3)
5.45 **The Sopranos** 8/13. Meadow receives a helping hand. **6.45** 9/13. Carmela confronts Tony about his infidelity. (S2)

9.00 Billions

7.55 **Game of Thrones** *Unbowed, Unbent, Unbroken:* 6/10. Jorah and Tyrion run into slavers, the Sand Snakes mount an attack, and Arya continues her training. (S5)

9.00 **Billions** New episode *Napoleon's Hat:* 7/12. Chuck follows a lead and Mase Carb develops a new algorithm. (S6)

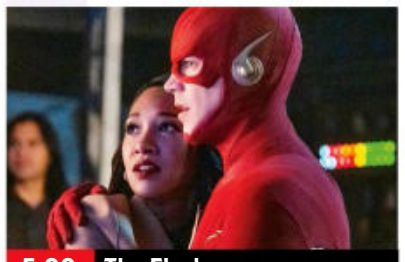
10.05 **The Night Of** *The Beach:* 1/8. A student embarks upon a night out, but a nightmarish run of events leads to his arrest. (S1)
11.35 **Gangs of London** 2/9. (S1)
12.45 AM **In Treatment** (S3)
2.00 **The Gilded Age** New episode 7/9. Edison's illuminating electricity demonstration sparks conversation. (S1)
3.05 **Babylon Berlin** 6/8. (S1)
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S3)
8.00 **Supergirl** 16/20. (S6)
9.00 **DC's Legends of Tomorrow**
10.00 **The Flash** 8/19. (S6)
11.00 **NCIS: New Orleans** (S4)
1.00 PM **Hawaii Five-0** 6/23. (S2)
2.00 **S.W.A.T.** 16/22. (S1)
3.00 **DC's Legends of Tomorrow**
4.00 **Supergirl** 17/20. (S6)
5.00 **The Flash** 8/19. Iris and Cisco battle to help Barry. (S6)
6.00 **Stargate SG-1** 16/22. A curious entity invades the crew's minds. (S3)



5.00 The Flash

7.00 **Stargate SG-1** *A Hundred Days:* 17/22. A meteor strike leaves Jack stranded on a primitive planet with no means of escape. (S3)

8.00 **Freddie Fries Again** Andrew and Rob visit Newmarket, where they take their chances in a high-speed water ski trial.

9.00 **Agatha Raisin** *The Witch of Wyckhaddon:* 7/8. Agatha investigates when a local witch is found bludgeoned to death.

10.00 **Agatha Raisin** *The Murderous Marriage:* 8/8. The amateur sleuth's first husband is found dead in a ditch. (S1)
11.00 **NCIS: New Orleans** 10/16. The team hunt for a sniper after a petty officer is shot dead. (S7)
12.00 M'T **Road Wars**
1.00 AM **The Force: North East**
2.00 **The Blacklist** 6/22. (S8)
3.00 **Hawaii Five-0** 6/23. (S2)
4.00 **S.W.A.T.** 16/22. (S1)
5.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Dress to Impress**
7.00 **The Ellen DeGeneres Show**
8.00 **You've Been Framed!**
9.00 **Secret Crush**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Supermarket Sweep**
1.00 PM **Celebrity Tipping Point**
2.00 **Rolling in It**
3.00 **The Ellen DeGeneres Show** New edition Talk show.
4.00 **The Masked Singer US**
5.00 **You've Been Framed!**
6.00 **Celebrity Catchphrase**

10.00 The Stand Up Sketch Show

7.00 **Superstore** 12/15. Matteo needs Garrett's help. **7.30** 13/15. The son of Cloud 9's founder pays a surprise visit. (S6)

8.00 **Bob's Burgers** 6/13. Bob takes a second job. **8.30** 9/13. Bob and Gene discover they have a common interest. (S1)

9.00 **Family Guy** 17&18/22. Peter presents his own version of *Episode V: The Empire Strikes Back*. (S8)

10.00 **The Stand Up Sketch Show** New edition With Russell Kane.
10.30 **Family Guy** 8/22. Brian kills a fellow dog. (S8)
10.55 **Family Guy** 9/22. (S8)
11.25 **Crossing Swords** New episode **11.55** Series finale 10/10. (S2)
12.25 AM **American Dad!** (S12&11)
1.20 **Bob's Burgers** (S1)
2.15 **Superstore** (S6)
3.05 **to 3.30** AM **Totally Bonkers Guinness World Records**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **George and Mildred**
9.40 **The Royal**
11.50 **Heartbeat**
2.00 PM **Classic Emmerdale**
3.00 **Classic Coronation Street**
4.05 **Midsomer Murders** *Last Man Out:* Lower Pampling's star cricketer Leo Henderson is found dead after a match.
6.00 **Heartbeat** *Deadlier Than the Male:* A domestic dispute gets out of hand.

8.00 Agatha Christie's Poirot

7.00 **Heartbeat** *Jobs for the Boys:* A modern-day Robin Hood baffles the Aidensfield officers.

8.00 **Agatha Christie's Poirot** *The Dream:* A well-known eccentric contacts the Belgian sleuth when he is haunted by nightmares.

9.00 **Long Lost Family** A woman on a quest to find her sisters, and a woman who made gave up her son for adoption.

10.05 **Law & Order: UK** *Sacrifice:* 4/6. A man is attacked and his kidney is surgically removed. Guest stars Denis Lawson. (S2)
11.05 **Flesh and Blood** 1/4. When recently widowed Vivien announces her love for a new man, Mark, it throws her family of adult children into chaos. Stars Francesca Annis. (S1)
12.05 AM **The Royal**
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Inside the Zoo** Documentary.
3.00 **Sign Zone: The Mart**
3.30 **Sign Zone: Iain Robertson Rambles**
4.00 **Sign Zone: Grand Tours of Scotland's Lochs**
4.30 **This Is BBC Scotland**
7.00 **Sportscene: SWPL Highlights** Action from the latest fixtures.
7.30 **The Mart** 3/6. Auctioneer Finlay McIntyre is under pressure to get top prices at the pedigree ram sale.
8.00 **Born to Be Wild** Kaniz and Gaby struggle with a pair of feisty gannets.
9.00 **The Nine**
10.00 **River City** New episode Lenny makes a deal with an old enemy.
11.00 PM **to 12.00** M'T **Getting Hitched Asian Style**

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Parks and Recreation** (S5)
9.00 **Fresh Prince of Bel Air**
9.50 **The Office (US)** (S8)
10.40 **The Comeback** (S2)
2.00 PM **Vice Principals** (S1)
3.10 **Modern Family** (S4)
4.00 **The Office (US)** (S8)
5.00 **Parks and Recreation**
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace** (S6)
8.00 **Parks and Recreation**
9.00 **Last Week Tonight with John Oliver** New edition Talk show.
9.45 **Saturday Night Live** American sketch show.
11.00 **Last Week Tonight with John Oliver** As 9.00pm.
11.45 **Yvonne Orji: Momma I Made It!** The comedian and *Insecure* star takes to the stage for a live stand-up special.
1.00 AM **Miracle Workers: Oregon Trail** (S3)
2.00 **Room 104** (S4)
4.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Casanova**
8.00 **Battle of the Brass Bands** Documentary.
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **The South Bank Show Originals**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Landscape Artist of the Year**
4.00 **Landscape Artist of the Year: Celebrity Special**
5.00 **Tales of the Unexpected**
6.00 **Discovering**
7.00 **André Rieu: Welcome to My World**
8.00 **The Big Design Challenge** New edition
9.00 **André Rieu: Wonderful World – Live**
12.00 M'T **Great Art Walks**
1.00 AM **Cold War Steve Meets the Outside World** Documentary.
3.00 **Discovering**
3.55 **Why Do We Dance?**
5.05 **to 6.00** AM **The Art of Architecture**

Pick

159 | 156 | 36 | 144

7.00 AM **America's Front Line**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Highway Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Border Patrol**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S2)
5.00 **Star Trek: The Next Generation** 14/26. (S3)
6.00 **Quantum Leap** (S5)
7.00 **Hawaii Five-0** (S1)
8.00 **World's Most Evil Killers**
9.00 **The Killer Within**
10.00 **Grimm** 21/22. (S1)
11.00 **Killer Neighbours**
12.00 M'T **Britain's Most Evil Killers** David Heiss.
1.00 AM **The Force: Manchester**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Impractical Jokers: Inside Jokes**
8.35 **Impractical Jokers**
9.30 **Impractical Jokers: Inside Jokes**
11.00 **Younger** 3-6/12. (S4)
1.00 PM **Friends** (S3)
8.00 **Friends** 23/25. Ross discovers a strange growth on his buttocks. **8.30** 24/25. Guest stars Robin Williams (S3)
9.00 **Guessable?** New edition With Gyles Brandreth, Nick Helm, Sarah Kendall and Katy Wix.
10.00 **Impractical Jokers: Inside Jokes** New edition
10.30 **Impractical Jokers: British Invasion**
11.30 **Impractical Jokers**
12.00 M'T **Rhod Gilbert's Growing Pains**
1.00 AM **Ricky Gervais Show**
2.00 **The Alternative Comedy Experience**
3.00 **South Park** (S10)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of Atlanta**
1.25 **The Real Housewives of Cheshire**
2.25 **The Only Way Is Essex**
3.10 **Little Women: LA**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Orange County**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Jersey** New edition For the first time in two series, the Housewives are brought together.
10.00 **Botched**
11.00 **Atlanta Plastic**
11.55 **The Only Way Is Essex**
12.40 **to 1.00** AM **Unwind**

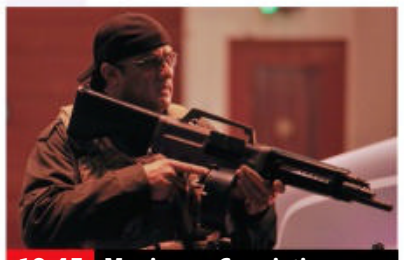
+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Derby Through the Years** Memorable stagings.
6.15 **Cadfael**
7.35 **Dempsey and Makepeace**
8.25 **The Professionals**
9.35 **Minder**
10.40 **The Champions**
11.45 **Cadfael**
1.25 PM **Dempsey and Makepeace**
2.25 **The Professionals**
3.30 **Minder**
4.40 **Gallagher Premiership Rugby Union Highlights**
5.40 **Cycling: Paris-Nice Highlights**


10.45 Maximum Conviction

6.45 LIVE **FA Cup Football** Nottingham Forest v Huddersfield Town: Seema Jaswal presents all the action from the fifth-round tie from the City Ground. With analysis from Grant Holt and Glen Murray, and commentary by Seb Hutchinson and Dean Ashton. Kick-off is at 7.30.

9.45 **MotoGP Highlights** Action from the first round of the season, the Grand Prix of Qatar.

10.45 FILM **Maximum Conviction** Action thriller starring Steven Seagal (2012, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **The Professionals** *Hunter Hunted:* Doyle tests a new rifle.
2.00 **The Protectors** *The Tiger and the Goat:* The Contessa is used as bait to trap an assassin.
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Quantum Leap** 9/9. (S1)
7.00 **Star Trek: Enterprise** (S3)
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **The Librarians** 8/10. (S1)
2.00 **Pandora** 8/10. (S2)
3.00 **Fringe** As 8.00pm.
4.00 **Stargate Atlantis** 6/20. (S3)
5.00 **Stargate SG-1** 2/22. (S3)
6.00 **Star Trek: Enterprise** 23/24. Part one of two. Archer has to make a pact with several Xindi factions. (S3)

9.00 Fortitude

7.00 **Quantum Leap** *Play It Again, Seymour:* 9/9. Sam occupies the body of a cynical private eye investigating a murder. (S1)

8.00 **Fringe** *The Day We Died:* 22/22. Peter pursues a solution to the crisis that is threatening everyone's lives. (S3)

9.00 **Fortitude** 1/11. Feature-length opening episode of the thriller starring Stanley Tucci, Sofie Gråbøl, Richard Dormer, Michael Gambon and Christopher Eccleston. A murder rocks the residents of a small town in the Arctic Circle. (S1)

11.00 **Stargate SG-1** 2/22. (S3)
12.00 M'T **Stargate Atlantis** (S3)
1.00 AM **Star Trek: Enterprise**
2.00 **Star Trek: Voyager** (S2)
3.00 **Fringe** As 8.00pm.
4.00 **Pandora** 8/10. (S2)
5.00 **to 6.00** AM **Fact or Faked: Paranormal Files**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Unforgettable** 18/22. (S1)
10.00 **Major Crimes** 12/19. (S3)
11.00 **Rizzoli & Isles** 1/16. (S4)
12.00 NOON **Hudson & Rex** (S3)
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S8&9)
4.00 **Unforgettable** 19/22. (S1)
5.00 **Major Crimes** 13/19. A former child actor is found dead. (S3)
6.00 **Hudson & Rex** 9/16. Charlie and Rex are in grave danger as they find themselves captives of a kidnapper. (S3)

9.00 Clarice

7.00 **Rizzoli & Isles** *We Are Family:* 1/16. Jane and Maura investigate the assassination of the state senator at a parade. (S4)

8.00 **Death in Paradise** *The Healer:* 4/8. A blind woman dies live on stage while being treated by a faith healer. (S7)

9.00 **Clarice** New episode *Achilles Heel:* 11/13. Clarice runs into difficulties while questioning CEO Nils Hagen. (S1)

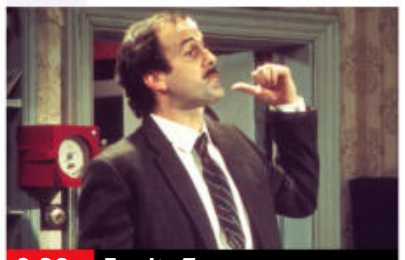
10.00 **Traces** 3/6. McKinven's task is more daunting than ever, especially now that his wife Azra is joining the investigation. (S2)
11.00 **Rizzoli & Isles** 3/13. The team investigate after a murder is committed at a zombie convention. (S7)
12.00 M'T **Annika** 5/6. (S1)
1.00 AM **Evil** 6/13. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.30 AM **Highlights**
8.45 **Hi-de-Hi!**
9.25 **Last of the Summer Wine**
10.45 **The Green Green Grass**
11.25 **The Cockfields**
12.50 PM **Chef!**
1.25 **Hi-de-Hi!**
2.05 **Desmond's**
2.40 **The Green Green Grass**
3.20 **Dad's Army**
4.00 **Last of the Summer Wine**
5.20 **Hi-de-Hi!**
6.00 **Desmond's**
6.35 **The Cockfields**


9.20 Fawlty Towers

7.15 **The Cockfields** Simon goes on a bike ride with Larry, while Esther spends the day with Sue.

8.00 **Dad's Army** Godfrey learns his cottage is scheduled for demolition. **8.40** Mainwaring and the platoon try to capture three German airmen who have landed in a lake.

9.20 **Fawlty Towers** A party of German guests come to stay at the hotel.

10.00 **Billy Connolly Does...** 2/7. The Big Yin offers words of wisdom on the subject of fatherhood.

11.00 **Peep Show** Mark and Jeremy find romance. **11.35** Jeremy is seized by uncontrollable fits of jealousy.
12.15 AM **French and Saunders**
12.55 **Chef!**
1.35 **The Rebel**
3.30 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Sin City Motors**
8.00 **Ultimate Movers**
9.00 **Storage Hunters UK**
10.00 **Eddie Eats America**
11.00 **Expedition with Steve Backshall** Steve visits Gabon.
12.00 NOON **Top Gear**
1.00 PM **Fast Justice**
2.00 **Travel Man: 48 Hours in...**
3.00 **Rick Stein: From Venice to Istanbul**
4.00 **Red Bull Soapbox Race**
5.00 **Rick Stein's Road to Mexico**
6.00 **Taskmaster**

9.00 QI XL

7.00 **Richard Osman's House of Games** With Gareth Malone and Paul Martin. **7 PM**
7.40 **Room 101** With Brendan O'Carroll, Bob Mortimer and Rachel Riley.
8.20 **Would I Lie to You?** With guest panellists Oti Mabuse, James Acaster, Dani Dyer and Fred Sirieix. **8 PM**

9.00 **QI XL** Bridget Christie, Johnny Vegas and Holly Walsh join regular panellist Alan Davies and host Sandi Toksvig. **9 PM**

10.00 **Have I Got a Bit More News for You** Actor Damian Lewis hosts, with guests Katy Balls and Chris McCausland. **10 PM**
11.00 **Mel Giedroyc: Unforgivable** With Rob Beckett, Scarlett Moffatt and Paul Chowdhry.
12.00 M'T **Hypothetical**
12.40 AM **QI**
1.20 **Would I Lie to You?**
2.00 **Live at the Apollo**
2.45 **to 4.00** AM **Judge Romesh**

+1 hour 211 131 25

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 FILM **Lucky in Love** Drama with Jessica Szohr. (2014, 12, 87min) ★★
11.50 **GREAT! Movie News**
12.00 NOON **Sue Thomas: F.B.Eye** 4/19. (S3)
1.00 PM **Perception** (S1)
2.00 **Body of Proof** 2/9. (S1)
3.00 **Castle** 3/22. (S8)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 18/25. Father Mulcahy takes on a dangerous mission. **8.30** 19/25. Radar becomes a DJ. (S6)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S6)
3.00 **Hart to Hart** (S2)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** In Birmingham.
10.30 **A New Life in the Sun: Where Are They Now?**
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun: Where Are They Now?**
7.00 **A Place in the Sun: Home or Away** Choosing between Teignmouth in Devon and Nerja on Spain's Costa del Sol.
8.00 **George Clarke's Amazing Spaces** A beach hut that can sleep four and float.
9.00 **Gogglebox** Double bill.
11.05 **Naked Attraction** A sex-toy tester and a tree surgeon look for love.
12.10 AM **Moors Murders**
1.15 **First Dates**
2.20 **8 Out of 10 Cats Does Countdown**
4.20 **to 4.50** AM **The Simpsons**

+1 hour 252 229

5USA

141 141 153 21 129

9.00 AM **NCIS** (S5&6)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
2.55 PM **Entertainment News**
3.00 **Law & Order** (S16)
6.00 **NCIS** *Truth or Consequences:* 1/24. Tony tries to track down Ziva in North Africa. **7.00** *Reunion:* 2/24. Gibbs and his team investigate the bizarre death of a Marine. **8.00** *The Inside Man:* 3/24. A blogger who accused the NCIS of a cover-up is killed. (S7) **9.00** *Watchdog:* 10/16. A case involving a dog-fighting ring sends Gibbs to breaking point. (S18)
10.00 **Law & Order: Special Victims Unit** Four episodes. (S12&11)
1.50 AM **Law & Order: Criminal Intent** (S5)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Criminals: Caught on Camera**
8.25 **Shoplifters & Scammers**
9.10 **Filthy House SOS**
10.10 **Judge Judy**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers**
6.00 **Home and Away**
7.00 **Caught on Camera: Funniest Moments**
8.00 **Nick Knowles' Better Homes**
9.00 **Skin A&E** New edition
10.00 **Adults Only: S****ing 9 To 5** Documentary.
11.00 **The Lesbian Guide to Straight Sex**
12.00 M'T **Call the Bailiffs: Time to Pay Up**
1.00 AM **Million Pound Motorhomes**
2.00 **Tattoo Disasters UK**
3.00 **Judge Judy**
3.45 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.15 AM **MasterChef Australia** Three hopefuls must serve an apple pie.
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **Tipping Point**
8.00 **Inside the Ambulance** Sam and Tony are called to a woman who is suffering excruciating stomach pains.
9.00 **Jo Frost: Nanny on Tour** A couple who share their bed with their children.
10.00 **The Undateables**
11.00 **Children's Ward**
12.20 AM **999 Rescue Squad**
1.30 **The Shift: Women on the Force** Documentary.
2.20 **to 3.00** AM **Inside the Ambulance**

+1 hour 209/210 190

Drama

143 130 20 158

7.25 AM **Ashes to Ashes**
8.35 **The Bill**
9.35 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **A Place to Call Home**
3.15 **All Creatures Great and Small**
4.20 **Peak Practice**
5.20 **Brush Strokes**
6.00 **Are You Being Served?**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Inspector George Gently** *Gently Between the Lines:* Bacchus and Gently look into the death of a man in custody.
10.00 **New Tricks** *Wicca Work:* The team must track down members of a witches' coven while attempting to solve a 10-year-old murder case.
11.20 **Silent Witness**
1.20 **to 4.00** AM **Bleak House**

+1 hour 243 226 74

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

CBS Drama

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 14/22. (S5)
12.00 NOON **Medium** (S3)
1.00 PM **JAG** 7&8/25. (S5)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *The One Behind the Wheel:* 12/22. Allison becomes convinced she is a different person called Sandra, while Bridgette looks forward to Valentine's Day. (S3)
10.00 **Unsolved Mysteries** Exploring the hidden treasures of Skeleton Canyon in Arizona. **11.00** Investigating new evidence in the case of the Boston Strangler.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **Donal MacIntyre's Murder Files**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 14&15/26. (S5)
3.00 **CSI: NY** 22/23. (S1)
4.00 **NCIS** 22/24. (S12)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** 16&17/26. (S5)
9.00 **CSI: NY** *The Closer:* 22/23. Mac's testimony is questioned by a defendant protesting his innocence in a murder trial. (S1)
10.00 **NCIS** *Troll:* 22/24. The death of a naval intelligence ensign is linked to a larger conspiracy. (S12)
11.00 **Diagnosis Murder**
1.00 AM **Walker, Texas Ranger** 16&17/26. (S5)
2.55 **JAG** 7/15. (S2)
3.55 **Evidence of Evil**
4.45 **to 6.00** AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Price Is Right**
4.00 **Play Your Cards Right**
5.00 **Bullseye** Double bill.
6.00 **Tenable** A family of five from the north-east of England take part.
7.00 **Pointless Celebrities** A sporting special of the quiz show, featuring Joe Calzaghe, Phil Taylor, Phil Vickery, Geoff Hurst, Ravi Bopara, Sarah Storey, Sophie Hosking and Helen Glover.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Who Wants to Be a Millionaire?** Quiz show.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **Kourtney and Khloé Take Miami**
8.00 **Keeping Up with the Kardashians**
10.00 **Relatively Famous: Ranch Rules**
11.00 **Total Bellas**
12.00 NOON **Keeping Up with the Kardashians**.
7.00 **Botched** A pop star impersonator needs help. his nose fixed. **8.00** A backside that has been supersized.
9.00 **Hollywood Medium with Tyler Henry** With Eva Longoria, Bobby Brown and Jwoww.
10.00 **Botched** A former patient returns to surprise the doctors.
11.00 **Relatively Famous: Ranch Rules**
12.00 M'T **Total Bellas**
1.00 AM **Kourtney and Khloé Take Miami**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Rich Kids of Beverly Hills**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Simple as Water**
8.00 **Urban Secrets**
9.00 **Discovering**
10.00 **The Directors**
11.00 **Hollywood Couples**
12.00 NOON **The Seventies**
1.00 PM **God is the Bigger Elvis** Documentary.
2.00 **FILM Ice on Fire** Documentary. (2019, PG, 88min) ★★★★
4.00 **Discovering**
5.00 **The Directors**
6.00 **Hollywood Couples**
7.00 **The Seventies**
8.00 **NEW SERIES Duel: Hamilton v Verstappen** 1/2. The rivalry between the Formula One drivers. **9.00** Series finale 2/2.
10.00 **Meth Storm**
11.50 **The Ibiza Affair: Uncovered**
1.50 AM **Nixon by Nixon: In His Own Words**
3.30 **PL Legends**
4.00 **Discovering**
5.00 **to 6.00** AM **Urban Secrets**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Volcanic Odysseys**
7.00 **Monkey Life**
8.00 **Wildlife Rescue New Zealand**
9.00 **Arabian Inferno**
10.00 **Into the Wild: India**
11.00 **Animal Empires**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand**
3.00 **Arabian Inferno**
4.00 **Into the Wild: India**
5.00 **Animal Empires**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Seasons of the Wild**
9.00 **Wild Rockies**
10.00 **Animal Empires**
11.00 **Hope for Wildlife**
12.00 M'T **Secret Life of the Wombat**
1.00 AM **Gangs of Lemur Island**
2.00 **Seasons of the Wild**
3.00 **Wild Rockies**
4.00 **Wildlife Rescue New...**
5.00 **to 6.00** AM **Arabian Inferno**

HGTV

158 286 44 166

7.00 AM **Homes Under the Hammer** From Surrey.
8.00 **Fantasy Homes by the Sea** From East Sussex.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer Upper**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **DIY SOS**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **My Mortgage Free Home** New edition
10.00 **NEW SERIES No Demo Reno** Renovation show.
11.00 **Fixer Upper**
12.00 M'T **Escape to the...**
1.00 AM **DIY SOS**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Bahamas Life**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Highlights**
8.00 **Guy's Grocery Games** New edition
9.00 **Bikers' Best of British**
10.00 **French Country Cooking**
11.00 **Nigel's Simple Suppers**
12.00 NOON **Great British...**
1.00 PM **Friday Night Feast**
2.00 **James Martin's Favourite Feasts**
3.00 **Rachel Allen: Bake!**
4.00 **River Cottage**
5.00 **NEW SERIES The Pioneer Woman**
5.30 **NEW SERIES Delicious Miss Brown**
6.00 **NEW SERIES Barefoot Contessa: Back to Basics**
6.30 **NEW SERIES Girl Meets Farm**
7.00 **Great British Bake Off**
8.00 **Bikers' Best of British**
9.00 **Tom's American Feast**
10.00 **French Country Cooking**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery...**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Treehouse Masters**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Marooned**
12.00 NOON **Naked and Afraid**
1.00 PM **Homestead Rescue**
2.00 **Lone Star Law**
3.00 **Helicopter ER**
4.00 **Disasters at Sea**
5.00 **Alaskan Bush People**
6.00 **Outback Truckers**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **UFOs: Lost Evidence**
10.00 **Finding Bigfoot: Further Evidence**
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid XL**
2.00 **Kindig Customs**
3.00 **Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Criminals: Caught on Camera**
9.25 **Traffic Cops**
11.25 **Sinkholes: Buried Underground**
12.30 PM **FILM Comanche Territory** Western. (1950, U, 75min) ★★
2.05 **FILM Death of a Gunfighter** Western. (1969, PG, 100min) ★★
4.00 **I Survived a Sinkhole**
5.00 **Traffic Cops**
7.00 **Police Interceptors**
8.00 **Trucking Hell** A serious blaze leaves an eight-wheel sewage tanker stricken in a layby.
9.00 **FILM Young Guns II: Blaze of Glory** Western sequel. (1990, 15, 104min) ★★★
11.10 **FILM Unlocked** Thriller. (2017, 15, 98min) ★★★
1.05 AM **Car Crash TV**
2.05 **Fights, Camera, Action!**
4.00 **Outrageous Stunts**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **Caught Red Handed**
8.30 **999 Frontline**
9.00 **Nothing to Declare**
10.00 **The Force: Manchester**
11.00 **Road Wars**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **Britain's Most Evil...**
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Killer in My Village**
5.00 **Killer Families**
6.00 **World's Most Evil Killers**
7.00 **How I Caught the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **The Real Manhunter**
10.00 **Death on the Beach**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Dahmer on Dahmer: A Serial Killer Speaks**
2.35 **How I Caught the Killer**
3.30 **Brit Cops: Law & Disorder** Documentary.
4.30 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** How investigators used a handprint to identify a killer. **7.30** Investigating the disappearance of a man's mail-order bride.
8.00 **Written In Blood** The abduction and murder of Leanne Tiernan.
9.00 **Murder By the Sea** The case of Malcolm Green.
10.00 **Snapped: Killer Couples** New edition A respected Toronto bookkeeper is found dead inside his home.
11.00 **Fatal Vows**
12.00 M'T **The Mind of a Murderer** Tracy Beatty.
1.00 AM **Murder By the Sea**
2.00 **Snapped: Killer Couples**
3.00 **Written In Blood**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Whitstable.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Garden chairs.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Phoenix**
4.00 **Pit Bulls & Parolees**
5.00 **Ambulance**
6.00 **The Yorkshire Auction House** From Newcastle.
7.00 **Antiques Road Trip**
9.00 **The Yorkshire Auction House** Series finale Angus Ashworth and his team perform house clearances.
10.00 **The Repair Shop** The team restore two vases. **10.30** The team try to restore a treasure box.
11.00 **Ghost Adventures**
1.00 AM **The Holzer Files**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Phoenix**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.25 **The Liquidator**
7.55 **American Restoration**
8.25 **Ancient Aliens**
10.20 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
3.30 **The Liquidator**
4.00 **Ancient Aliens**
6.00 **The Curse of Oak Island**
7.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island** The team make make a discovery that suggests copious silver lies in the money pit.
10.00 **Cities of the Underworld**
11.00 **Ancient X Files**
12.00 M'T **The Liquidator**
12.30 AM **Storage Wars**
1.00 **Storage Wars Canada**
2.00 **Mountain Men**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Extreme Cheapskates**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Good Bones**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **Extreme Cheapskates**
6.00 **Good Bones**
7.00 **I am Shauna Rae** New edition Shauna asks Tara for advice.
8.00 **I Am Jazz** New edition Jazz and Sander throw Neasa and Noah an engagement party.
9.00 **Sister Wives**
10.00 **Dr Pimple Popper**
12.00 M'T **I Am Jazz**
1.00 AM **Sister Wives**
2.00 **Dr Pimple Popper**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **The Yorkshire Vet**
7.00 **The Highland Vet**
9.00 **Escape to the Farm with Kate Humble** Kate kayaks down the River Wye with her friend Graham Symmonds.
10.00 **Walking Britain's Lost Railways** Rob Bell revisits railway lines that were decommissioned in the 1960s. **11.00** Rob follows a line over the Pennines into industrial Manchester.
12.00 M'T **Walking Wartime Britain** Triple bill.
3.00 AM **Walking Tudor England** East Anglia.
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **World's Greatest Motorcycle Rides**
8.00 **The Repair Shop**
9.00 **Combat Dealers**
10.00 **Chasing Classic Cars**
11.00 **Fantomworks**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **The Repair Shop**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Outback Opal Hunters** New edition
10.00 **NEW SERIES Hunting Atlantis**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Sydney Harbour Force** Documentary.
2.00 **World's Greatest Cars**
3.00 **to 6.00** AM **Highlights**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
8.00 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **Faking It: Tears of a Crime** April Barber.
2.00 **Disappeared**
3.00 **Evil Online**
4.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr Pimple Popper: Pop Ups** A bumpy nose.
9.00 **My Baby's Face Tumour: Body Bizarre**
10.00 **Emergency**
11.00 **Deadliest Kids**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Animal ER**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**.
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Gold Rush: White Water**
3.00 **Rise of the Machines**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers** Mike finds a rare 1972 Lancia Fulvia.
6.00 **Fast N' Loud** Richard plans to reveal the 'Krew Kut' Dually.

10.00 Texas Metal

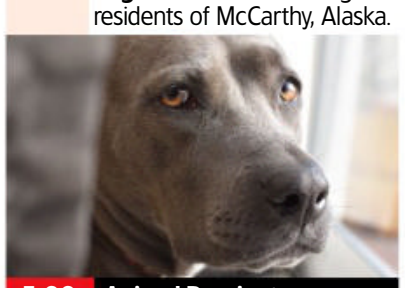
7.00 **Outback Truckers** Bureaucracy threatens to derail Yogi's mercy mission to drought-ravaged farmers.
8.00 **Iron Resurrection** Joe and the team work to realise his dream of a 1970 Chevelle race car with a chopped roof.
9.00 **Wheeler Dealers** Mike and Elvis wrestle an iconic Japanese rally car – a Mitsubishi Lancer Evo7.
10.00 NEW SERIES **Texas Metal** Bill and the team split a 1960 Willys Jeep into four pieces to make it longer and wider.
11.00 **Combat Dealers** A rare German Panzer 1 tank.
12.00 M'T **Wheeler Dealers**
1.00 AM **Texas Metal**
2.00 **Moonshiners**
3.00 **Wheeler Dealers**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers: Dream Car**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Dr Dee: Alaska Vet**
10.00 **Amanda to the Rescue**
11.00 **Extinct or Alive**
12.00 NOON **Saved By the Barn**
1.00 PM **Scaled**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** The bonds that the keepers form with the animals.
4.00 **Dogs 101: Specials** The best canine travelling companions.
5.00 **Animal Precinct** Two cane corso dogs receive help.
6.00 **Edge of Alaska** Following the residents of McCarthy, Alaska.


5.00 Animal Precinct

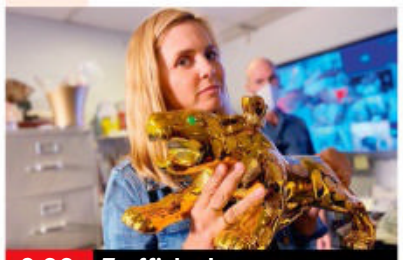
7.00 **Extinct or Alive** Forrest Galante travels to rural Columbia in search of a unique crocodile species, the Rio Apaporis caiman.
8.00 **Coyote Peterson: Brave the Wild** Australia's most fascinating lizards. **8.30** The history behind the Tasmanian devil.
9.00 **Alaska: Homestead Rescue** The Raneys tackle a treehouse cabin on the verge of collapse in Missouri.
10.00 **Monsters Inside Me** Cases feature an affliction that shuts down a teenager's lungs.
11.00 **Alaskan Bush People** Ami prepares to undergo treatment for lung cancer.
12.00 M'T **Finding Bigfoot**
1.00 AM **Extinct or Alive**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **to 5.00** AM **Dogs 101: Specials**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Lost Treasures of Egypt**
9.00 **Lost Cities with Albert Lin**
10.00 **Ancient X Files**
11.00 **Legends of Atlantis**
12.00 NOON **Anne Frank: The Nazi Capture** The diarist's capture from the perspective of the Nazis.
1.00 PM **World War I Apocalypse**
2.00 **Hitler's Secret Underground Factory** The revolutionary Messerschmitt ME 262.
3.00 **Air Crash Investigation**
5.00 **To Catch a Smuggler**
6.00 **Ice Road Rescue**


9.00 Trafficked

7.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a 1969 Lancia Fulvia 1.3 Rallye in Aberfeldy.
8.00 **Air Crash Investigation** New edition Investigators uncover two key factors that led to an Illinois turboprop's horrific crash.
9.00 **Trafficked with Mariana Van Zeller** New edition Mariana searches California's black market for marijuana.
10.00 **America's Hardest Prisons** A first timer struggles to navigate a world filled with predators and prey.
11.00 **Air Crash Investigation**
12.00 M'T **Alaska: Next Generation**
1.00 AM **Ice Road Rescue: Highway Havoc!**
2.00 **Lawless Island**
3.00 **Draining Chicago: What Lies Beneath**
4.00 **to 5.00** AM **Drain the Oceans**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Treasures Decoded**
8.00 **American Pickers**
9.00 **Pawn Stars**
11.00 **Winston Churchill's War**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Treasures Decoded** Investigating the legend of 'the spear of destiny'. **5.00** The story of Cahokia.
6.00 **Pawn Stars** Postcards signed by Hollywood stars. **6.30** Rick checks out an early version of *Rip Van Winkle*.

10.00 Secrets of the Viking...

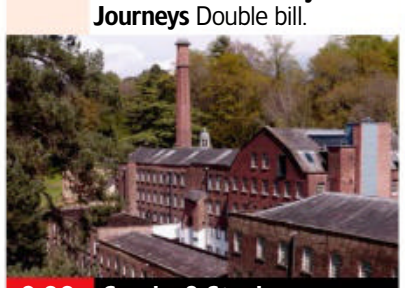
7.00 **Forged in Fire** The smiths are challenged to forge a signature blade from a steel cage and a pile of barbed wire.
8.00 **American Pickers** New edition In Texas, the Wolfe brothers visit a one-of-a-kind custom-built home.
9.00 **Secrets in the Ice** New edition Dark secrets, forgotten treasures, and lost relics from cold places.
10.00 **Secrets of the Viking Stone** New edition Peter and Elroy contemplate what they have learnt throughout the journey..
11.00 **Mythical Beasts** Focusing on the Loch Ness Monster.
12.00 M'T **Craig Charles: UFO Conspiracies**
1.00 AM **American Pickers**
2.00 **Forged in Fire**
3.00 **Mythical Beasts**
4.00 **River Hunters**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Antiques Roadshow**
8.00 **Murder Maps**
9.00 **Abandoned Engineering**
11.00 **Great Continental Railway Journeys** A journey through Bohemia and Bavaria.
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Abandoned Engineering**
4.00 **Adolf Hitler's War**
5.00 **War Factories** How the Mitsubishi Zero was reduced to a kamikaze plane.
6.00 **Great British Railway Journeys** Double bill.


9.00 Smoke & Steel

7.00 **Full Circle with Michael Palin** Michael visits Mexico, USA and Canada, before arriving in the frozen wastes of Alaska. **7 PM**
8.00 **Underground Worlds** New edition Exploring tunnels in an abandoned tin mine beneath the moors of Cornwall. **8 PM**
9.00 **Smoke & Steel** New edition Examining a mill in Manchester, a bridge in St. Louis and a vast hanger in Brazil. **9 PM**
10.00 **Bangers and Cash** A classic car fan with a love of the Jaguar E-Type reluctantly sends his dream car to auction. **10 PM**
11.00 **Bangers and Cash** There's a surprise for Derek in Hull – an MGSA sports car that once had a tree growing through it.
12.00 M'T **Abandoned Engineering** Structures immortalised on the silver screen.
1.00 **to 3.00** AM **Antiques Roadshow**

+1 hour 255 200 75

Disc. History

177 257

6.00 AM **Wings of War**
7.00 **UFOs: Lost Evidence**
8.00 **World War II: Witness to War**
9.00 **NASA's Unexplained...**
10.00 **Mighty Ships**
11.00 **UFOs: Lost Evidence**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the...**
5.00 **World War II: Witness...**
6.00 **NASA's Unexplained...**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **UFOs: Lost Evidence**
10.00 **NASA's Unexplained...**
11.00 **Greatest Events of World War II**
12.00 M'T **Combat Dealers**
2.00 AM **NASA's Unexplained Files**
3.00 **Greatest Events of...**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Attenborough's Natural Curiosities**
10.00 **The Life of Mammals**
11.00 **Big Animal Surgery**
12.00 NOON **Equator: Line...**
1.00 PM **Natural World**
2.00 **Natural Curiosities**
3.00 **Equator: Line of Life**
4.00 **Fascinating New...**
5.00 **Big Animal Surgery**
6.00 **Natural World**
7.00 **The Life of Mammals**
8.00 **Natural Curiosities**
9.00 **Fascinating New Zealand** Documentary.
10.00 **Natural World**
11.00 **Big Animal Surgery**
12.00 M'T **Life of Mammals**
1.00 AM **Natural Curiosities**
2.00 **Wild and Wonderful Denmark**
3.00 **Costa Rica: The Rise of Nature** Documentary.
3.50 **The Hidden River**
4.40 **It's a Wild Christmas**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265

8.00 AM **United Vets of America** Documentary.
9.00 **Yukon Vet**
10.00 **Exotic Animal ER**
11.00 **Bizarre Animal Friends**
12.00 NOON **Snakes in the...**
1.00 PM **Man Vs Octopus**
2.00 **Shocking Sharks**
3.00 **Shark Alley**
4.00 **Shark Beach with Chris Hemsworth**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Africa's Hunters**
8.00 NEW **Serpents Surprise** Discovering the varied lives of snakes.
9.00 **King Cobra: Cannibal Snake**
10.00 **World's Deadliest Snakes** Documentary.
11.00 **Caught in the Act**
12.00 M'T **Swamp Men**
1.00 AM **Animals Gone Wild**
2.00 **Bizarre Animal Friends**
3.00 **Snakes in the City**
4.00 **to 5.00** AM **Man Vs Octopus**

Sky History 2

163 163 840 272

8.00 AM **WW2 Treasure Hunters: WW1 Special**
9.00 **Unidentified: Inside America's UFO Investigation**
10.00 **The Colour of War**
11.00 **Dogfights**
12.00 NOON **Ancient Aliens**
2.00 PM **Lost Worlds**
3.00 **Mythical Beasts**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **WW2 Treasure Hunters**
7.00 **Unidentified: Inside America's UFO Investigation**
8.00 **Shaun Ryder on UFOs**
9.00 **Hunt for the Skinwalker**
11.30 **Conspiracy Files: Unsealed**
12.00 M'T **Ancient Aliens**
1.00 AM **WW2 Treasure...**
2.00 **Hunt for the Skinwalker**
4.30 **Conspiracy Files: Unsealed**
5.00 **to 6.00** AM **Unidentified: Inside America's UFO...**

PBS America

174 273 84 155

8.00 AM **In Search of Medieval Britain**
9.15 **Rome's Invisible City**
10.30 **Ancient Invisible Cities**
11.50 **Redeeming Uncle Tom: The Josiah Henson Story** Documentary.
1.00 PM **Beautiful Serengeti**
1.35 **Singapore on Film**
2.35 **In Search of Medieval Britain** Double bill.
3.55 **Rome's Invisible City**
5.00 **Ancient Invisible Cities**
6.15 **Singapore on Film**
7.20 **In Search of Medieval Britain** Double bill.
8.35 **Rome's Invisible City**
9.45 **Ancient Invisible Cities** The historical secrets of Cairo and Ancient Egypt.
11.00 **Singapore on Film**
12.05 AM **In Search of Medieval Britain**
1.20 **Rome's Invisible City**
2.25 **Ancient Invisible Cities**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

166 166 839 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **Killer in Plain Sight**
12.00 NOON **Homicide Hunter**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** The Manchester Arena bombing.
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Meet, Marry, Murder**
9.00 **Killer Britain with Dermot Murnaghan** New edition Mark Jewitt.
10.00 **Murdertown**
11.00 **Court Cam**
12.00 M'T **Snapped**
1.00 AM **Killer Britain with...**
2.00 **Nightmare in Suburbia**
3.00 **Unusual Suspects**
4.00 **On the Case with...**
5.00 **to 6.00** AM **Snapped**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

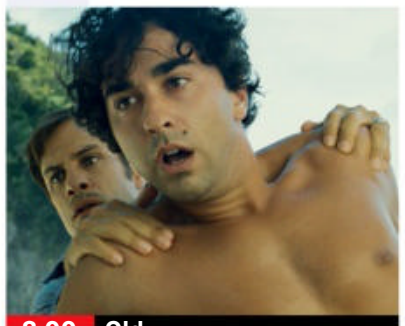
MONDAY Films

Monday

Sky Cinema Premiere

301 301 848 401 501 515

7.00 AM **The World to Come**
8.50 **Pil's Adventures** Animation. (2021, U, 89min) ★★
10.35 **The Desperate Hour** (2021)
12.20 PM **Old** As shown at 8.00pm.
2.20 **In The Earth** As 1.25am.
4.20 **Kimi** Crime thriller starring Zoë Kravitz and Rita Wilson. (2022, 15, 87min) ★★★★
6.05 **The World to Come** Romance starring Katherine Waterston and Vanessa Kirby. (2020, 15, 105min) ★★★★


8.00 Old

8 PM

8.00 **Old** M Night Shyamalan's horror starring Gael García Bernal, Alex Wolff and Rufus Sewell. A family discover that the secluded beach where they are relaxing is somehow causing them to age rapidly. (2021, 15, 108min) ★★
SEX ●○○ VIOLENCE ●●● LANG ●●○

9 PM

10 PM

10.00 **Escape Room: Tournament of Champions** Horror sequel with Taylor Russell. (2021, 15, 88min) ★★
SEX ○○○ VIOLENCE ●●● LANG ●●○

11 PM

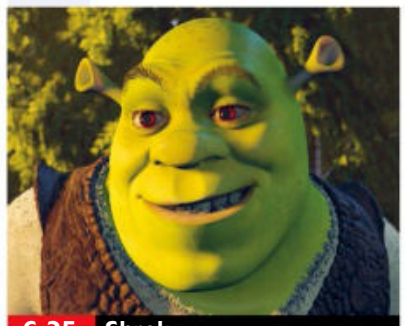
11.45 **Kimi** As shown at 4.20pm.
1.25 AM **In The Earth** Director Ben Wheatley's horror starring Joel Fry and Reece Shearsmith. (2021, 15, 107min) ★★★
3.20 **Book of Love** Romantic comedy starring Sam Claflin. (2022, 12, 106min) ★★★
5.15 **to 7.00** AM **The Desperate Hour** Thriller with Naomi Watts. (2021, 12, 84min) ★★★★

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

7.00 AM **To Olivia** As 4.10am.
8.50 **The Climb** As 2.20am.
10.40 **Shrek** As shown at 6.25pm.
12.25 PM **Sherlock Holmes** As 8pm.
2.35 **Voyagers** As 10.15pm.
4.25 **District 9** Satirical sci-fi action thriller starring Sharlto Copley. (2009, 15, 112min) ★★★★
6.25 **Shrek** Animated comedy adventure featuring the voices of Mike Myers, Eddie Murphy and Cameron Diaz. (2001, U, 90min) ★★★★★


6.25 Shrek

8.00 **Sherlock Holmes** Guy Ritchie's action adventure starring Robert Downey Jr and Jude Law. Sherlock Holmes and Dr Watson strive to foil a plot by a villainous Satan-worshipping aristocrat to bring down Parliament and seize power. (2009, 12, 128min) ★★★★
SEX ○○○ VIOLENCE ●○○ LANG ○○○

10.15 **Voyagers** Sci-fi thriller starring Colin Farrell. A crew of astronauts on a multi-generational mission descend into paranoia and madness. With Tye Sheridan. (2020, 15, 108min) ★★★
SEX ●●○ VIOLENCE ●●○ LANG ●●○

12.15 AM **District 9** As 4.25pm.
2.20 **The Climb** Comedy drama directed by and starring Michael Angelo Covino. (2020, 15, 98min) ★★★★
4.10 **to 6.10** AM **To Olivia** Drama starring Hugh Bonneville. (2021, PG, 90min) ★★★★

Sky Cinema Book Day

306 306 850 406 506 520

6.00 AM **Nancy Drew and the Hidden Staircase** (2019) ★★★
7.45 **The Addams Family** (1991)
9.30 **The Cinema List**
9.45 **How The Grinch Stole...**
11.35 **Willy Wonka & the Chocolate Factory** (1971, U) ★★★★
1.25 PM **Mr Popper's Penguins**
3.15 **The Wizard of Oz** As 10.25pm.
5.00 **The Secret Garden** Drama. (2020, PG, 99min) ★★★★
6.45 **How The Grinch Stole Christmas** (2000, PG) ★★★★

8.35 A Boy Called Christmas

8.35 **A Boy Called Christmas** Adventure starring Henry Lawfull. An ordinary boy sets out on an extraordinary adventure to find his father, who is on a quest to discover a fabled village. (2021, PG, 106min) ★★★★
SEX ○○○ VIOLENCE ○○○ LANG ○○○

10.25 **The Wizard of Oz** Classic musical fantasy starring Judy Garland. A young Kansas girl is swept by a twister to the magical land of Oz. (1939, U, 98min) ★★★★★
SEX ○○○ VIOLENCE ○○○ LANG ○○○

12.20 AM **The Addams Family** Spooky black comedy. (1991, PG, 95min) ★★★★
2.15 **Mr Popper's Penguins** Family comedy. (2011, PG) ★★★
4.05 **to 6.25** AM **Pinocchio** Italian adaptation of the classic tale. (2019, PG, 125min) ★★★★

Sky Cinema Action

307 307 851 407 507 521

6.05 AM **Gunpowder Milkshake** Action thriller. (2021, 15) ★★★
8.00 **The Paper Tigers** (2020) ★★★
10.00 **Dragon: The Bruce Lee Story**
12.00 NOON **The Three Musketeers**
2.00 PM **Rise of the Planet of the Apes** Thriller. (2011, 12) ★★★★
3.50 **Season of the Witch** Adventure. (2010, 15) ★★
5.30 **Mission: Impossible** Thriller. (1996, PG, 110min) ★★★
7.30 **Mission: Impossible II** Thriller sequel. (2000, 15) ★★★★

5.30 Mission: Impossible

Mission: Impossible II (film started at 7.30pm)
SEX ●○○ VIOLENCE ●●○ LANG ●○○

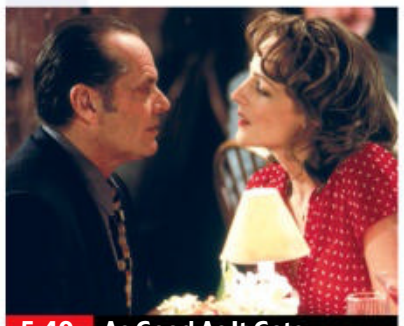
9.35 **Darkman** Fantasy action thriller starring Liam Neeson as a disfigured scientist who begins a new life as shadowy superhero Darkman. With Frances McDormand. (1990, 18, 95min) ★★★
SEX ○○○ VIOLENCE ●●● LANG ●●●

11.15 **Desperado** Action thriller starring Antonio Banderas. (1995, 18, 105min) ★★★
1.05 AM **The Three Musketeers** Rollicking costume adventure starring Logan Lerman. (2011, 12, 110min) ★★★
3.00 **Dragon: The Bruce Lee Story** Biopic with Jason Scott Lee. (1993, 15, 114min) ★★★
5.00 **to 6.00** AM **JLA Adventures: Trapped in Time** Animation. (2014, PG, 50min) ★★

Sky Cinema Comedy

308 308 852 408 508 522

7.15 AM **That's My Boy** Comedy. (2012, 15, 112min) ★★
9.10 **The Naked Gun 33⅓: The Final Insult** As 1.25am.
10.40 **Hitch** Romantic comedy. (2005, 12, 118min) ★★★
12.40 PM **50 First Dates** As 8pm.
2.25 **Bad Teacher** As 9.50pm.
4.05 **Not Another Teen Movie**
5.40 **As Good As It Gets** Comedy starring Jack Nicholson, Helen Hunt and Greg Kinnear. (1997, 15, 138min) ★★★★


5.40 As Good As It Gets

8.00 **50 First Dates** Romantic comedy starring Adam Sandler and Drew Barrymore. A Hawaii vet falls for a woman with short-term memory loss and finds that he has to woo her afresh every day. (2004, 12, 99min) ★★★
SEX ○○○ VIOLENCE ○○○ LANG ●○○

9.50 **Bad Teacher** Comedy starring Cameron Diaz. A gold-digging teacher will stop at nothing to find a rich husband. (2011, 15, 92min) ★★★
SEX ●●○ VIOLENCE ●○○ LANG ●●●

11.40 **Not Another Teen Movie** Spoof teen comedy starring Chyler Leigh and Chris Evans. (2001, 15, 89min) ★
1.25 AM **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel starring Leslie Nielsen. (1994, 12, 83min) ★★★
3.05 **Safe Spaces** Comedy drama. (2019, 15, 93min) ★★
4.55 **to 6.40** AM **The Very Excellent Mr Dundee** Comedy. (2020, 12, 88min) ★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Speed 2: Cruise Control**
8.15 **The Amazing Mr Blunden**
10.05 **Carry On Cruising** As 12.10am.
11.50 **Forrest Gump** As 8.00pm.
2.20 PM **Behind the Candelabra** Biopic starring Michael Douglas. (2013, 15, 116min) ★★★★
4.20 **On the Waterfront** Classic Oscar-winning drama starring starring Marlon Brando. (1954, b/w, PG, 108min) ★★★★★

6.10 **The Amazing Mr Blunden** Ghost story starring Laurence Naismith and Lynne Frederick. (1972, U, 95min) ★★★★
8.00 **Forrest Gump** Multi-Oscar-winning whimsical fable starring Tom Hanks as an Alabama-born man who leads a charmed existence over four turbulent decades of US history. (1994, 12, 136min) ★★★★
10.25 **The Italian Job** Classic crime caper starring Michael Caine. (1969, PG, 100min) ★★★★★

12.10 AM **Carry On Cruising** Comedy with Sidney James and Kenneth Williams. (1962, U, 85min) ★★
1.50 **Behind the Candelabra** (2013)
3.55 **to 6.05** AM **Speed 2: Cruise Control** Action thriller sequel with Sandra Bullock and Jason Patric. (1997, PG, 125min) ★★

Sky Cinema Animation

305 305 412 500 514

6.25 AM **The Hero of Colour City**
7.50 **Surf's Up** As 8.10pm.
9.20 **Scoob!** Animated comedy. (2020, PG, 93min) ★★★
11.00 **Space Chimps 2: Zartog Strikes Back** (2010, U) ★
12.20 PM **Minions** Animated comedy. (2015, U, 91min) ★★★★
2.00 **Curious George 3: Back To The Jungle** Animated sequel. (2015, U, 81min) ★★

3.25 **Rock Dog 2: Rock Around the Park** Animation. (2021, U) ★★
5.00 **Curious George: Royal Monkey** Animation. (2019, U) ★★
6.30 **Animals United** Animation. (2010, U, 92min) ★★
8.10 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
9.40 **Riverdance: The Animated Adventure** (2021, U) ★★★
11.15 **The Hero of Colour City** Animation. (2014, U) ★★
12.40 AM **Ella Bella Bingo** Animation. (2020, U, 75min) ★★

2.05 **Two by Two: Overboard** Animation. (2020, U) ★★
3.35 **Cranston Academy: Monster Zone** Animated adventure. (2020, PG, 85min) ★★★
5.15 **to 6.50** AM **Dogtanian and the Three Muskehounds** Animation. (2021, U, 84min) ★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** With Jamie Cullum.
7.25 **Imitation of Life** Melodrama. (1959, 12, 124min) ★★★★
10.00 **The Brass Legend** Western. (1956, b/w, PG, 79min) ★
11.45 **The Young Guns** Western. (1956, b/w, PG, 84min) ★★
1.30 PM **Murder She Said** Miss Marple comedy thriller. (1961, b/w, PG, 86min) ★★★

3.20 **The Fastest Gun Alive** Western. (1956, b/w, U, 85min) ★★
5.20 **Cattle King** Western with Robert Taylor. (1963, U, 88min) ★★
7.10 **Hellfire** Western starring Bill Elliott. (1949, PG, 90min) ★★
9.00 **Passenger 57** Action thriller starring Wesley Snipes as an anti-terrorist expert who finds himself on board a hijacked plane. (1992, 15, 84min) ★★★
10.45 **Dirty Harry** Police thriller starring Clint Eastwood. (1971, 18, 103min) ★★★★★

12.50 AM **The Barretts of Wimpole Street** Romantic period drama. (1957, U, 104min) ★★
3.00 **Close Up** Four editions.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Don Chicago** Crime comedy. (1945, b/w, PG, 79min) ★★
7.40 **Theatre Royal** Comedy. (1943, b/w, U, 107min) ★★
8.55 **Scarlet Thread** Crime drama. (1951, b/w, PG, 85min) ★★
10.25 **Look at Life**
10.35 **Don't Take It to Heart** Comedy. (1944, b/w, U, 91min) ★★★
12.20 PM **Faces in the Dark** Thriller. (1960, b/w, PG, 85min) ★★★

2.00 **Rooms**
3.00 **The Scarlet Blade** Adventure. (1963, U, 83min) ★★
4.40 **That's an Order** Family drama. (1955, b/w, U, 18min) ★★
5.00 **The Footage Detectives**
6.00 **Look at Life**
6.10 **Come to the Stable** Comedy drama starring Loretta Young. (1949, b/w, U, 94min) ★★
8.00 **The Main Chance** 10/13. (S4)
9.00 **The Honey Pot** Black comedy starring Rex Harrison. (1966, PG, 150min) ★★★

11.35 **The Amorous Adventures of Moll Flanders** Period comedy. (1965, PG, 126min) ★★
2.10 AM **Fade-In** Romantic drama. (1973, 12, 93min) ★★
4.00 **Police Dog** Thriller. (1955, U) ★★
5.30 **to 6.00** AM **The Adventures of Sir Lancelot**

Horror

317 149 69 138

8.00 AM **First Wave** 1/22. (S1)
9.00 **The Time Tunnel** 30/30. (S1)
10.00 **Airwolf** 21/24. (S4)
11.00 **The 7th Voyage of Sinbad** Fantasy. (1958, U) ★★★★
12.50 PM **Sinbad and the Eye of the Tiger** Fantasy. (1977, U) ★★★
3.00 **Andromeda** 6/22. (S5)
4.00 **Stonehenge Apocalypse** Sci-fi thriller. (2010, 15, 90min) ★
6.00 **Airwolf** 22/24. (S4)

7.00 **Battlestar Galactica** *Saga of a Star World – Part One:* 1/24. Pilot episode of the sci-fi adventure. (S1)
8.00 **Star Trek** *The Trouble with Tribbles:* 15/26. The *Enterprise* becomes overrun by small furry creatures. (S2)
9.00 **Christine** Horror movie based on Stephen King's novel about a demonic car which exerts a sinister influence on its young owner. Stars Keith Gordon. (1983, 18, 110min) ★★★

11.10 **The Children** British horror chiller. (2008, 15, 84min) ★★★
12.50 AM **Sacrifice** Horror thriller. (2020, 15, 87min) ★★
2.35 **to 4.30** AM **Ultraviolet** Sci-fi thriller. (2006, 15, 87min) ★★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.10 AM **Target Number One** Thriller. (2019, 15) ★★★
8.20 **Grand Isle** As 4.10am.
10.00 **Collide** As shown at 2.20am.
11.50 **The Birthday Cake** Crime thriller. (2021, 15, 93min) ★★
1.40 PM **The Kid Detective** Comedy drama. (2020, 15) ★★★★
3.30 **Locke** (2013, 15) ★★★★
5.00 **Panic Room** Suspense thriller. (2002, 15, 112min) ★★★
7.00 **A Few Good Men** Drama. (1992, 15, 132min) ★★★★

9.25 Carlito's Way

A Few Good Men (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 **Carlito's Way** Brian De Palma's crime thriller starring Al Pacino as an ex-jailbird who is pulled back into the violent drugs underworld by his sleazy lawyer. With Sean Penn, Penelope Ann Miller, Viggo Mortensen and John Leguizamo. (1993, 18, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Legend** Biopic of the Kray twins, starring Tom Hardy. (2015, 18, 128min) ★★★
2.20 AM **Collide** Thriller starring Nicholas Hoult and Felicity Jones. (2016, 12, 99min) ★★★
4.10 **to 6.00** AM **Grand Isle** Action thriller starring Nicolas Cage. (2019, 15, 97min) ★★

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **Josie & Jack** As 2.05am.
7.45 **My Zoe** Julie Delpy's drama. (2019, 12, 100min) ★★★
9.30 **The Public** As 4.00am.
11.30 **Son of the South** Biographical drama. (2020, 15, 105min) ★★
1.25 PM **American Sniper** Biopic. (2014, 15, 132min) ★★★★
3.40 **Warrior** Action drama. (2011, 12, 139min) ★★★★
6.05 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★

8.00 Whiplash

8.00 **Whiplash** Music drama starring Miles Teller and JK Simmons. A jazz drummer's dream of enrolling at a prestigious music academy turns into a nightmare thanks to his uncompromising tutor. With Paul Reiser. (2014, 15, 104min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Enemy at the Gates** World War Two drama starring Jude Law. During the Battle of Stalingrad, the Russian army search for a hero to inspire their army in their struggle against the Germans. (2001, 15, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Pig** Drama starring Nicolas Cage and Alex Wolff. (2021, 15, 92min) ★★★★
2.05 **Josie & Jack** Drama. (2019, 15, 103min) ★★
4.00 **to 6.00** AM **The Public** Drama starring Alec Baldwin. (2017, 15, 119min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **I, Robot** As 8.00pm.
8.00 **A.I. Artificial Intelligence** Fantasy. (2001, 12) ★★★★
10.30 **The Matrix Reloaded** Sci-fi sequel. (2003, 15) ★★★★
12.50 PM **Freaky** Comedy horror. (2020, 15, 102min) ★★★★
2.35 **Sleepy Hollow** Horror fantasy. (1999, 15, 105min) ★★★★
4.25 **Gremlins** Comedy horror. (1984, 12, 106min) ★★★★
6.15 **The New Mutants** Adventure. (2020, 15, 94min) ★★★

4.25 Gremlins

8.00 **I, Robot** Sci-fi thriller starring Will Smith. A maverick cop investigates when a robot gets blamed for the death of a scientist. With Bridget Moynahan, Alan Tudyk and Bruce Greenwood. (2004, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Matrix Revolutions** Sci-fi thriller starring Keanu Reeves. As the machine army advances on the underground city of Zion, messiah-like hero Neo remains trapped between the Matrix and the machine world. (2003, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Devil's Rejects** Horror thriller sequel. (2005, 18, 109min) ★★★
2.15 **Synchronic** Sci-fi thriller. (2020, 15, 102min) ★★★★
4.05 **to 6.00** AM **Mortal** Fantasy. (2020, 15, 100min) ★★

Sky Cinema Women in Film

302 302 856 402 502 516

6.55 AM **The Glorias** Biopic. (2020, 12, 139min) ★★★
9.25 **Love Sarah** Comedy drama. (2020, 12, 97min) ★★★
11.05 **I Used to Go Here** Comedy. (2020, 15, 95min) ★★★
12.40 PM **Spinster** Comedy. (2019, 15, 87min) ★★★
2.20 **Clemency** As 1.35am.
4.15 **Kajillionaire** Comedy drama. (2020, 12, 104min) ★★★★
6.05 **The Colour Room** Drama. (2021, PG, 109min) ★★★★

8.00 Erin Brockovich

8.00 **Erin Brockovich** Fact-based drama starring Julia Roberts as a single mother who takes a job in a law firm and becomes an unlikely environmental crusader. With Albert Finney and Aaron Eckhart. (2000, 15, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

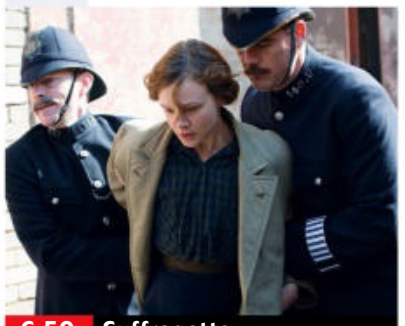
10.15 **Lucy** Sci-fi thriller starring Scarlett Johansson and Morgan Freeman. (2014, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Resident Evil** Sci-fi horror thriller starring Milla Jovovich. A commando team battle a deadly supercomputer and an army of undead zombies when they try to stop a viral outbreak. With Eric Mabius. (2002, 15, 100min) ★★★
1.35 AM **Clemency** Prison drama starring Alfre Woodard. (2019, 15, 112min) ★★★★
3.35 **Spinster** As 12.40pm.
5.15 **to 6.50** AM **Lucy** As 10.15pm.

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Man from Colorado** Western. (1948, PG) ★★★
1.05 PM **The Stranger** Thriller. (1946, PG, 95min) ★★★★
3.00 **Arabian Nights** Fantasy. (1942, PG, 86min) ★★★
4.45 **The Court Martial of Billy Mitchell** Courtroom drama. (1955, U, 100min) ★★★
6.50 **Suffragette** Period drama starring Carey Mulligan. (2015, 12, 104min) ★★★


6.50 Suffragette

Suffragette (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM **9.00** **2012** Epic disaster thriller starring John Cusack, Chiwetel Ejiofor and Amanda Peet. A struggling writer strives to get his family to safety after he learns of an impending global catastrophe. (2009, 12, 151min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **12.10** AM **PREMIERE Ninjababy** Norwegian comedy drama starring Kristine Thorp. A woman discovers she is pregnant, and doodles of her unborn baby start talking to her. Subtitled. (2021, 15, 104min) ★★★★
2.15 **to 4.00** AM **The Future** Drama starring Miranda July. (2011, 12, 90min) ★★★

11 PM

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Night Song** Romance. (1947, b/w, PG, 101min) ★★★
8.00 **Till the End of Time** Drama. (1946, b/w, PG, 105min) ★★★
10.05 **You Must Be Joking!** Comedy. (1965, U, 101min) ★★★
12.05 PM **Walk, Don't Run** Romantic comedy. (1966, U, 114min) ★★
2.25 **Cover Girl** Musical starring Rita Hayworth and Gene Kelly. (1944, b/w, U, 100min) ★★★★

6.50 **To Sir, with Love** Drama starring Sidney Poitier as a novice teacher at a tough London school who battles to win the respect of his students. (1966, PG, 105min) ★★
9.00 **Funeral in Berlin** Spy thriller starring Michael Caine and Eva Renzi. Rebellious cockney spy Harry Palmer travels to Berlin to organise a Russian's defection. (1966, PG, 100min) ★★★
11.10 **Eyes of Laura Mars** Thriller. (1978, 15, 104min) ★★★

1.10 AM **Seven Dollars on the Red** Western. (1966, PG, 85min) ★★
3.10 **Tomorrow We Live** War drama. (1942, b/w, U, 87min) ★★
4.35 **to 6.00** AM **Machine-Gun Kelly** Crime drama. (1958, b/w, 15) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **The Nurse** Drama. (2014, PG, 89min) ★★
11.00 **Lethal Beauty** Thriller. (2018, 12, 90min) ★★
1.00 PM **A Case of Murder: Garage Sale Mystery** Crime drama. (2017, PG, 90min) ★★
2.50 **Ring of Deception** Thriller. (2017, PG, 90min) ★★
4.40 **The Deadly Affair** Thriller. (1966, PG, 107min) ★★★

7.05 **The Cable Guy** Black comedy starring Jim Carrey and Matthew Broderick. A lonely young man finds his life spiralling out of control after he strikes up a friendship with a cable TV man. (1996, 12, 96min) ★★★★
9.00 **Eternal Sunshine of the Spotless Mind** Offbeat romantic comedy starring Jim Carrey and Kate Winslet. An estranged couple decide to have their memories of each other erased. (2004, 15, 108min) ★★★★★

11.15 **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★
2.05 AM **Baby Driver** Action thriller. (2017, 15, 112min) ★★★★
4.20 **to 6.00** AM **Killer on the Island** Thriller. (2018, 15, 86min) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Three Hours to Kill** Western. (1954, 12, 77min) ★★
7.35 **Castle Keep** War adventure. (1969, 15, 107min) ★★★
9.40 **The Mountain Road** Adventure. (1959, U, 120min) ★★
11.50 **3.10 to Yuma** Classic Western. (1957, b/w, PG, 80min) ★★★★
1.45 PM **Kentucky Rifle** Western. (1956, U, 84min) ★★
3.25 **At the Edge** Documentary.

4.35 **Waterloo** Historical drama. (1970, U, 132min) ★★★
7.15 **2012: Doomsday** Sci-fi adventure starring Cliff De Young, Dale Midkiff and Ami Dolenz. (2008, 12, 90min) ★
9.00 **Disturbing the Peace** Thriller starring Guy Pearce and Devon Sawa. A small-town marshal who has not carried a gun since a tragic shooting must pick up his weapon again to take on a gang of outlaw bikers. (2019, 15, 91min) ★

10.55 **The Hatton Garden Job** Crime drama. (2017, 15, 93min) ★★
12.45 AM **Alpha Dog** Crime drama. (2006, 15, 117min) ★★
3.00 **to 4.00** AM **The Blitz on Hamburg**

+1 hour 324

Movies 24

325 419

7.00 AM **Rome in Love** Romantic drama. (2019, PG, 90min) ★★
9.00 **Save the Wedding** As 9.00pm.
11.00 **Love, For Real** As 11.00pm.
1.00 PM **Crashing Through the Snow**
3.00 **A Beautiful Place to Die: A Martha's Vineyard Mystery** Drama. (2020, PG, 104min) ★★
5.00 **A Game of Cat and Mouse: An Aurora Teagarden Mystery** Drama. (2019, PG, 88min) ★★

7.00 **Sand Dollar Cove** Romantic drama starring Chad Michael Murray and Aly Michalka. A real-estate developer falls for a man trying to protect his seaside home town's beloved pier. (2021, PG, 84min) ★★
9.00 **Save the Wedding** Romantic drama starring Kasey Landoll and Travis Burns. A wedding planner must work together with the best man to help the bride get over her last minute nerves. (2021, PG, 86min) ★★

11.00 **Love, For Real** Romantic comedy. (2021, PG, 84min) ★★
1.00 AM **Crashing Through the Snow** Drama. (2021, PG) ★★
3.00 **to 5.00** AM **A Beautiful Place to Die: A Martha's Vineyard...**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **Young Guns II: Blaze of Glory** *5Action* Western sequel starring Kiefer Sutherland. Billy the Kid and his gang seek sanctuary in Old Mexico. ★★★
10.25 **Game Night** *BBC3* Black comedy starring Jason Bateman. A group of friends become entangled in a mystery when the brother of one of them is seemingly kidnapped by gangsters. ★★★★
10.45 **Maximum Conviction** *ITV4* Action thriller starring Steven Seagal. Two former Special Forces operatives cross paths with a band of mercenaries when they are hired to decommission a prison. ★★
11.10 **Unlocked** *5Action* Thriller starring Noomi Rapace and Orlando Bloom. A CIA agent turns to an ex-soldier to prevent a lethal biological attack on London. ★★★
11.15 **The Man with the Iron Heart** *BBC2 (Not NI)* Thriller starring Jason Clarke. Two Czech resistance members plan to assassinate Nazi leader Reinhard Heydrich. ★★★

MONDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE Test Cricket India v Sri Lanka.** Coverage of the fourth day of the first Test in the two-match series, taking place at Punjab Cricket Association Stadium in Mohali, Chandigarh
11.30 **LIVE Test Cricket Pakistan v Australia.** Coverage of day four of the first Test in the three-match series, which takes place at Rawalpindi Cricket Stadium.
12.30 PM **The Football Show**
1.00 **Sky Sports News**
5.00 **LIVE Netball Superleague Severn Stars v Celtic Dragons.** Coverage of the match from University of Worcester Arena. Centre-pass is at **5.30pm**.
7.00 **LIVE MNF Tottenham Hotspur v Everton.** Coverage of the Premier League encounter from the Tottenham Hotspur Stadium. Kick-off **8.00pm**.
11.00 **Duel: Hamilton v Verstappen** The rivalry between the drivers.
1.00 **to 6.00** AM **LIVE ICC Women's World Cup Australia v Pakistan.** Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
6.30 **Premier League**
10.00 **The Football Show** A round-up of the latest sports news, with live analysis and comment.
1.00 PM **Premier League Years** Memorable moments from the 2010/11 season.
3.00 **Premier League** Another chance to see Watford v Arsenal. **4.45** A replay of Manchester City v Manchester United.
6.30 **Soccer AM: The Best Bits**
7.00 **LIVE MNF Tottenham Hotspur v Everton.** Coverage of this afternoon's Premier League match from Tottenham Hotspur Stadium. Kick-off is at **8.00pm**.
11.00 **Soccer AM: The Best Bits**
11.30 **WSL** Highlights of Aston Villa v Brighton & Hove Albion.
12.00 M'T **MNF** A replay of tonight's Premier League match between Tottenham Hotspur and Everton.
1.45 AM **Premier League Years**
3.45 **PL Greatest Games**
4.00 **Best PL Goals 96/97**
5.00 **Best PL Goals: Manchester United**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **WSL** Recent action.
7.30 **EFL Goals: Leagues 1 & 2**
8.00 **EFL Greatest Games**
8.15 **SPFL Greatest Games**
9.00 **Scottish Premiership Round-Up**
9.15 **SPFL** Match highlights.
9.30 **EFL Highlights**
10.30 **WSL** Recent action.
11.00 **EFL Cup Final 08**
1.45 PM **Retro: C'Ship Playoff Final**
4.30 **Best Goals: Carabao Cup 18/19**
5.00 **EFL Greatest Games**
5.30 **Scottish Premiership Round-Up**
5.45 **SPFL** Match highlights.
6.00 **Soccer AM: The Best Bits**
6.30 **EFL Highlights**
7.00 **Bundesliga Highlights Show**
8.00 **EFL Highlights**
8.30 **Soccer AM: The Best Bits**
9.00 **Scottish Premiership Round-Up**
9.15 **SPFL** Match highlights.
9.30 **Bundesliga Highlights Show**
10.30 **MLS Round-Up Show**
11.00 **Soccer AM: The Best Bits**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro 16**
2.45 AM **One2Eleven**
3.00 **EFL Play Off Final C'Ship 16/17**
4.00 **to 6.00** AM **Highlights**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM **LIVE Test Cricket India v Sri Lanka.** Coverage of the fourth day of the first Test in the two-match series, taking place at Punjab Cricket Association Stadium in Mohali, Chandigarh
11.30 **LIVE Test Cricket Pakistan v Australia.** Coverage of day four of the first Test in the three-match series, which takes place at Rawalpindi Cricket Stadium.
12.30 PM **ICC Women's World Cup** New Zealand v Bangladesh. **1.30** Pakistan v India.
2.30 **Test Cricket** India v Sri Lanka. **3.30** Pakistan v Australia.
4.30 **ICC Women's World Cup** New Zealand v Bangladesh.
5.30 **Test Cricket** India v Sri Lanka. **6.30** Pakistan v Australia.
7.30 **ICC Women's World Cup** New Zealand v Bangladesh. **8.30** Pakistan v India.
9.30 **Test Cricket** India v Sri Lanka. **10.30** Pakistan v Australia.
11.30 **ICC Women's World Cup**
1.00 **to 6.00** AM **LIVE ICC Women's World Cup Australia v Pakistan.** Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand.

Sky Sports The Players

405 405 863 | 515 505 | 424 444

6.00 AM **The Players Championship**
7.00 **PGA Tour Golf**
12.30 PM **Masterpiece Theatre**
12.45 **PGA Tour Profiles**
1.00 **The Players Championship Official Film** A look back at Jack Nicklaus's final round in 1974.
2.00 **The Players Championship Official Film** The 1987 event.
4.00 **How the 2019 Players Was Won** Action from the final day of the 2019 Players Championship.
6.00 **The Players Championship Official Film** A look back at the story of the 2013 tournament.
7.00 **PGA Tour Golf** Highlights from the Arnold Palmer Invitational.
8.00 **The Players Championship Official Film** A look back at the 2021 Players Championship.
9.00 **PGA Tour Golf** Highlights from the Arnold Palmer Invitational.
10.00 **The Players Championship Official Film** A look back at the 2019 staging of the tournament. **11.00** A look back at the 2021 Players Championship.
12.00 M'T **PGA Tour Classic**
2.00 AM **PGA Tour Golf**
3.00 **to 6.00** AM **The Players Championship Official Film**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Premier League Review**
7.00 **WWE NXT Highlights**
8.00 **Premier League**
9.30 **Premier League World**
10.00 **ESPN FC** Football news.
10.30 **Vanarama National League**
12.00 NOON **Vanarama National League Highlights**
12.30 PM **UEFA Documentaries**
1.00 **Premier League Review**
2.00 **Ligue 1 Highlights**
3.00 **Champions League Magazine**
3.30 **Europa League Magazine**
4.30 **ESPN FC** Football news.
5.00 **Premier League World**
5.30 **Premier League Review**
6.30 **Gallagher Premiership Rugby Highlights** Recent action.
8.00 **Rugby Tonight**
8.45 **Sport in Focus**
9.00 **Fishing: On the Bank**
10.00 **BT Sport Goals Reload**
10.30 **Champions League Magazine**
11.00 **WWE Raw Highlights**
12.00 M'T **WWE SmackDown Hlts**
1.00 AM **LIVE WWE Monday Night Raw** Wrestling action.
4.15 **BT Sport Goals Reload**
4.30 **Classic MOTD**
5.00 **to 6.00** AM **Fishing: On the Bank**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **MotoGP**
9.00 **MotoGP Chequered Flag**
10.00 **UEFA Champions League Magazine** News and action.
10.30 **UEFA Europa League Magazine** News and action.
11.30 **PSA Squash Highlights**
12.30 PM **The Volleyball Show**
1.00 **30 for 30** The feud between Raiders owner Al Davis and NFL commissioner Pete Rozelle.
2.30 **Clash Daytona**
3.30 **FIM Enduro Pale**
4.30 **MotoGP** Action from the MotoGP Grand Prix of Qatar.
5.30 **MotoGP Chequered Flag**
6.30 **The Volleyball Show**
7.00 **PSA Squash Highlights**
8.00 **WSL Presents**
9.00 **UFC** Action from Colby Covington v Jorge Masvidal.
12.00 M'T **LIVE College Basketball** Coverage of an NCAA match.
2.00 AM **LIVE College Basketball** Coverage of an NCAA match.
4.00 **UFC: Beyond The Octagon Classic Fights**
4.30 **UFC Unleashed: Female Phenoms**
5.30 **to 6.00** AM **ESPN Films: Blackfeet Boxing: Not Invisible**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A** Highlights from Inter Milan v Salernitana. **7.00** Udinese v Sampdoria. **8.00** Roma v Atalanta. **9.00** Cagliari v Lazio. **10.00** Genoa v Empoli. **11.00** Fiorentina v Hellas Verona. **12.00** NOON Bologna v Torino. **1.00** PM Venezia v Sassuolo. **2.00** Juventus v Spezia. **3.00** Napoli v AC Milan.
4.00 **Test Cricket Highlights** The second Test between New Zealand and South Africa.
6.00 **Vanarama National League** Action from Aldershot Town v Stockport County.
7.30 **Vanarama National League Highlights** Recent action.
8.00 **Ligue 1 Highlights** Recent action from French Ligue 1.
9.00 **The Football's On**
10.00 **BT Sport Films: The Crazy Gang**
11.30 **FIH Hockey Pro League Magazine** News and action.
12.00 M'T **Women's T20 Super Smash**
1.00 AM **Pat XO**
2.00 **Let Them Wear Towels**
3.00 **No Limits**
4.00 **Ligue 1 Highlights**
5.00 **to 6.00** AM **WSL Presents**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights**
8.00 **Premier League Darts**
11.30 **Top Rank Boxing Archive**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Bitesize** Tennessee Titans v New Orleans Saints. **3.15** Action from New England Patriots v Tennessee Titans.
3.30 **Fight Night International** Jose Ramirez v Jose Pedraza.
4.30 **Fight Night** A replay of Josh Taylor v Jack Catterall. **5.30** Amir Khan v Kell Brook. A chance to see the catchweight bout at AO Arena in Manchester.
6.30 **NFL Bitesize** Baltimore Ravens v Los Angeles Chargers. **6.45** Baltimore Ravens v Cincinnati Bengals.
7.00 **NBC's Pro-Football Talk**
9.00 **Top Rank Boxing Archive** Sugar Ray Leonard v Roberto Duran from 1980.
10.30 **Fight Night**
11.30 **Top Rank Boxing Archive**
12.00 M'T **Total Access**
1.00 AM **NFL: America's Game**
2.00 **Super Bowl LV Highlights**
2.00 **to 6.00** AM **Super Bowl LVI Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **LIVE Test Cricket Pakistan v Australia.** Day four of the first Test in the three-match series, which takes place at Rawalpindi Cricket Stadium.
12.30 PM **ICC Women's World Cup**
2.30 **My Icon**
3.00 **Netball Superleague**
5.00 **LIVE Netball Superleague Severn Stars v Celtic Dragons.** Coverage of the match from University of Worcester Arena. Centre-pass is at **5.30pm**.
7.15 **My Icon**
7.30 **PGA Tour Golf**
8.30 **The Players Championship**
9.30 **PGA Tour Golf**
10.30 **The Players Championship Official Film** A look back at the 2019 staging of the tournament.
11.30 **ICC Women's World Cup**
12.30 AM **ICC Women's World Cup**
1.30 **Test Cricket**
2.30 **ICC Women's World Cup**
3.30 **Test Cricket**
4.30 **My Icon**
4.50 **to 6.00** AM **LIVE Test Cricket Pakistan v Australia.** Day five of the first Test in the three-match series, which takes place at Rawalpindi Cricket Stadium.

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **College Basketball**
8.30 **ESPN FC** Football news.
9.00 **College Basketball**
12.30 PM **ESPN FC** Football news.
1.00 **ESPN SportsCenter**
1.15 **College Basketball**
6.30 **ESPN FC Presents: Gab & Juls**
7.00 **LIVE College Basketball** Coverage of the Women's Sun Belt Championship Game, held at Pensacola Bay Centre in Florida. Tip-off **7.00pm**.
9.00 **ESPN SportsCenter**
9.15 **NCAA Championship** The Big 12 Wrestling Championship.
11.15 **ESPN FC Presents: Gab & Juls**
11.45 **ESPN SportsCenter**
12.00 M'T **NCAA Championship**
1.30 AM **ESPN FC Presents: Gab & Juls** Football news.
2.00 **ESPN SportsCenter**
2.15 **College Basketball**
5.45 **to 6.00** AM **BT Sport Reload**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Olympic Games Hall of Fame: Beijing 2022 Ice Hockey**
7.00 **Cycling: Strade Bianche**
8.00 **Cycling: Paris-Nice**
9.00 **Biathlon**
11.00 **Cycling: Tour of Flanders**
11.15 **Cycling: Strade Bianche**
12.15 PM **Cycling: Paris-Nice**
1.15 **LIVE Cycling: Paris-Nice** Coverage of the second stage.
3.00 **LIVE Cycling: Tirreno-Adriatico** Coverage of the opening stage of the race.
4.15 **Cycling: Strade Bianche**
5.15 **Cycling: Tour of Flanders**
5.30 **Ibiza Marathon**
7.00 **Ski Jumping**
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Tirreno-Adriatico**
10.00 **Alpine Skiing**
12.00 M'T **Cycling: Paris-Nice**
1.00 AM **Cycling: Tirreno-Adriatico**
2.00 **Alpine Skiing**
4.00 **to 6.00** AM **Snooker: Turkish Masters**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Snooker: Welsh Open**
8.00 **LIVE Snooker: Turkish Masters** The morning session on day one from Nirvana Cosmopolitan Hotel in Antalya.
11.00 **World Superbikes: Support Race of 2021**
11.30 **Snooker: Turkish Masters**
12.30 PM **LIVE Snooker: Turkish Masters** The afternoon session on day one from Nirvana Cosmopolitan Hotel in Antalya.
3.30 **Formula E** The Diriyah ePrix.
4.30 **Snooker: Turkish Masters**
5.00 **LIVE Snooker: Turkish Masters** Coverage of the evening session on day one from Nirvana Cosmopolitan Hotel in Antalya.
8.00 **The Judo Show**
9.05 **Snooker: Turkish Masters**
11.00 **Motorsport: WTCR**
12.00 M'T **Alpine Skiing**
2.00 AM **Snooker: Turkish Masters**
4.00 **Cycling: Tirreno-Adriatico**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Betfred Super League Highlights** Recent action.
7.00 **Rugby League Retro**
9.00 **Betfred Super League Highlights** Recent action.
10.00 **NBA Basketball**
2.00 PM **Betfred Super League Highlights** Recent action.
3.00 **Netball Superleague**
5.00 **LIVE Netball Superleague Severn Stars v Celtic Dragons.** Coverage of the top-flight match from University of Worcester Arena. Centre-pass **5.30pm**.
7.15 **NBA GameTime**
7.45 **NBA Basketball**
9.45 **NBA** A replay of Milwaukee Bucks v Phoenix Suns.
11.45 **Betfred Super League Highlights** Recent action.
12.00 M'T **Netball Superleague**
4.00 AM **Betfred Super League Highlights** Recent action.
5.00 **to 6.00** AM **Super League's Supermen**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula One: Best of 2021**
11.00 **The Weekend Debrief**
11.30 **Formula 1** Action from the practice and qualifying sessions for the 2021 Qatar Grand Prix.
5.25 PM **Formula 1** A re-run of the 2021 Qatar Grand Prix, the 20th round of the season, held at Losail International Circuit.
7.30 **Formula 1** Highlights of the 2021 Qatar Grand Prix.
8.30 **Mick Schumacher Drives The Jordan** Mick gets behind the wheel of the Jordan 191 his father drove on his debut.
8.45 **Formula 1** A re-run of the 2021 Saudi Arabian Grand Prix, the 21st round of the season.
11.00 **Duel: Hamilton v Verstappen** The rivalry between Lewis Hamilton and Max Verstappen, culminating in a controversial end to the 2021 season.
1.00 **to 6.00** AM **Formula One: Best of 2021**

SKY HD SD | VIRGIN HD | BT HD

Tuesday

8 March

Evening Planner

Cricket

West Indies v England
BT Sport 1 HD, 1.30pm, play starts 2pm
Still smarting from their Ashes defeat this winter, captain Joe Root's Test side begin a three-match series today in Antigua

Football

Champions League
BT Sport 2 HD, 7pm
Liverpool's 2-0 win in the first leg has put them in a favourable position as they host Inter Milan tonight (kick-off 8pm)

Drama

Can You Ever Forgive Me?
Film4 HD, 9pm
A writer with financial troubles (Melissa McCarthy) finds a novel way to make ends meet. Richard E Grant co-stars

Comedy

The Witchfinder
BBC2 HD, 10pm
Tim Key's incompetent witchfinder drags an accused witch (Daisy May Cooper) to trial through Civil War-ravaged England

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show †	7.30 EastEnders †	7.50 Holby City †	8.30 Clean It, Fix It †	9.00 This Is Going to Hurt		10.00 News; Local News	10.35 Cheaters
102 BBC2	7.00 Doctors	7.30 Nigella's Cook...	8.00 Great British Menu		9.00 Rock Till We Drop		10.00 The Witchfinder	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 The Martin Lewis Money Show: Live		9.00 Our House		10.00 News; Local News	
104 CHANNEL 4	7.00 News	7.30 Winter...	8.00 George Clarke's Amazing Spaces		9.00 24 Hours in A&E		10.00 Gogglebox	
105 CHANNEL 5	7.00 Dream Kitchens & Bathrooms...		8.00 Dogs Behaving (Very) Badly		9.00 Ben Fogle: New Lives in the Wild		10.00 Jack the Ripper: The Missing Evidence	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Duel: Hamilton v Verstappen		9.00 Film: Batman Begins			
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia		8.00 Meet the Khans: Big in Bolton		9.00 RuPaul's Drag Race: UK Versus the...		10.00 Mood	
116 BBC4	7.00 The Lakes with...	7.30 Fred Dibnah's...	8.00 Keeping Up...	8.30 Yes, Prime...	9.00 Mothers, Missiles and the American...		10.00 Girl Friday	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Family Guy		10.00 Plebs	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Grand Designs		9.00 Car S.O.S.		10.00 Emergency Helicopter Medics	
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 The Real Dirty Dancing		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Blue Bloods		9.00 The Equalizer		10.00 Criminal Minds	
108 SKY ATLANTIC	◂ 6.45 The Sopranos		7.55 Game of Thrones		9.00 The Gilded Age			10.05 Raised by Wolves
110 GOLD	7.20 The Green Green Grass		8.00 Dad's Army			9.25 Fawlty Towers	10.00 French & Saunders: Funny Women	
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 QI XL		10.00 Mel Giedroyc: Unforgivable	
119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders					10.05 Law & Order: UK
120 ITV4	7.00 Cycling: Paris-Nice Highlights		8.00 River Monsters		9.00 Film: The Bourne Identity			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: American Pie: The Wedding			
152 SYFY	7.00 Quantum Leap		8.00 Fringe		9.00 Grimm		10.00 Film: Battlestar Wars	
113 SKY MAX	7.00 Stargate SG-1		8.00 Fast & Furious' Greatest Moments		9.00 Strike Back: Shadow Warfare		10.00 SEAL Team	
132 ALIBI	7.00 Rizzoli & Isles		8.00 Father Brown		9.00 Traces		10.00 Smother	
130 SKY ARTS	7.00 The Big Design Challenge		8.00 The Conductor				10.00 Frida Kahlo	
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Iron Resurrection		9.00 Gold Rush		10.00 Gold Rush: White Water	
162 ANIMAL PLANET	7.00 Extinct or Alive		8.00 The Crocodile Hunter: Best of Steve...		9.00 Predators Up Close with Joel Lambert		10.00 Monsters Inside Me	
129 NAT GEO	7.00 Car S.O.S.		8.00 Lost Tomb of Genghis Khan		9.00 Uncovering Herod's Lost Tomb		10.00 China's Mystery Mummies	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Roswell: The First Witness		9.00 Craig Charles: UFO Conspiracies		10.00 The Proof Is Out There	
155 YESTERDAY	7.00 Himalaya with Michael Palin		8.00 Secrets of the Transport Museum				10.00 Bangers and Cash	
121 SKY DOCS	7.00 Janet Jackson				9.00 Tina			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Space Jam: A New Legacy		8.00 Escape Room: Tournament of Champions			9.45 Old Henry		
303 HITS	◂ 6.25 Shrek 2		8.00 Sherlock Holmes: A Game of Shadows				10.15 The Fighter	
304 GREATS	◂ 6.10 The Wizard of Oz		8.00 Zulu					10.20 The Big Heat
305 ANIMATION	◂ 6.45 The Queen's Corgi		8.15 Rio			9.55 The Magic Roundabout		
306 FAMILY	◂ 6.35 Hop		8.15 Monte Carlo				10.15 Earth to Echo	
307 ACTION	◂ 6.40 Salt			8.30 Trauma Centre			10.00 The Raid	
308 COMEDY	◂ 6.00 Locked Down		8.00 Meet the Parents				10.00 This Is the End	
309 THRILLER	◂ 5.45 The Little Things		8.00 Everest					10.05 Baby Driver
310 DRAMA	◂ 6.00 Save the Cinema		8.00 Valentine's Day					10.05 Legends of the Fall
311 SCI-FI	7.05 Gattaca				9.00 2001: A Space Odyssey			
302 WOMEN IN FILM	◂ 5.25 Wonder Woman 1984		8.00 Promising Young Woman				10.00 Bridesmaids	
313 FILM4	◂ 6.40 Little Women				9.00 Can You Ever Forgive Me?			
315 TCM MOVIES	7.20 The Walking Hills				9.00 Above the Law			
SPORT								
401 MAIN EVENT	◂ 2.00 The Players...	7.30 EFL Trophy Football – Live: Wigan Athletic v Sutton United (Kick-off 7.45)					10.00 ICC Women's World Cup – Live	
402 PREMIER LEAGUE	7.00 Gillette Soccer Special – Live: Update on today's games						10.00 Premier League Review	
403 FOOTBALL	7.00 EFL Trophy...	7.30 EFL Trophy Football – Live: Wigan Athletic v Sutton United (Kick-off 7.45)						10.15 Inside the WSL
404 WORLD CUP	◂ 6.30 Test Cricket	7.30 Test Cricket		8.30 ICC Women's World Cup		9.30 ICC Women's World Cup – Live: West Indies v England		
413 BT SPORT 1	◂ 1.00 Test Cricket – Live: West Indies v England						10.00 WWE Monday Night Raw	
414 BT SPORT 2	7.00 UEFA Champions League – Live: Liverpool v Inter Milan (Kick-off 8.00)							10.30 BT Sport Films

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** New edition A stolen computer. (S)(AD)
11.15 **Homes Under the Hammer** New edition Properties in Brixton, Chesterton and Chelmsford. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Shakespeare & Hathaway: Private Investigators** (S)(R)(AD)
3.00 **Escape to the Country** New edition The Cotswolds. (S)
3.45 **Garden Rescue** (S)(R)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 This Is Going to Hurt

7 PM

7.00 **The One Show** Including highlights from the Red Nose and Spoon Race. (S)
7.30 **EastEnders** Shirley storms out of the Vic to find Gray. (S)(AD)
7.50 **Holby City** Regina is relying on Madge to betray the hospital, and Jac needs to find a surgeon who will operate on her tumour. (S)(AD)

8 PM

8.30 **Clean It, Fix It** The team help a family from Bristol who are struggling to house their bikes. (S)(R)

9 PM

9.00 **This Is Going to Hurt** New episode 5/7. Adam learns he is the subject of a serious complaint. (S1) (S)(AD)
■ Entire series on BBC iPlayer
9.50 **Cheaters** New episode 13/18. Zack gets devastating news. (S1) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Cheaters** New episodes 14/18. Josh bumps into Zack. (S)(AD)
10.45 15/18. A party leads to a confession. (S1) (S)(AD)
10.55 **Starstruck** 5/6. Jessie's new job puts a strain on her relationship with Tom. (S2) (S)(R)(AD)
11.20 **Would I Lie to You?** With guests Jo Brand, Sam Quek, Bobby Seagull and Joe Thomas. (S)(R)
11.50 **The Apprentice** 9/12. The candidates sell goods to the nation by taking over the airwaves of a leading TV shopping channel in a prime-time slot. (S)(R)
12.50 AM **Weather for the Week Ahead**
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Antiques Roadshow** From Belfast. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Super League Show** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **Put Your Money Where Your Mouth Is** From Kent. (S)(R)
3.00 **The Heights** (S1) (S)(R)(AD)
3.30 **Murder, Mystery and My Family** A murder from 1933. (S)(R)(AD)
4.15 **Sacred Wonders of Britain** (S)(R)
5.15 **Flog It!** From St Albans. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Marcus Wareing's Tales from a Kitchen Garden** New edition 7/10. Marcus brings in new apple trees to the orchard. (S)

6.30 Marcus Wareing's Tales from...

7 PM

7.00 **Doctors** Daniel and Zara try a new approach. (S)(R)(AD)
7.30 **Nigella's Cook, Eat, Repeat** 2/6. Nigella shares recipes for cheesecake ice-cream and a fish stew. (S)(R)(AD)

8 PM

8.00 **Great British Menu** New edition Chefs from the north-east and Yorkshire – Luke French, Liz Cottam, Mark Aisthorpe and Bobby Geetha – prepare their starters and fish courses for the judges. (S)
■ Continues tomorrow

9 PM

9.00 **Rock Till We Drop** New edition 2/4. The bands come together to rehearse for the first time, but for Martin and Lady Leshurr, hearing them all play together proves to be a different experience than they expected. (S)

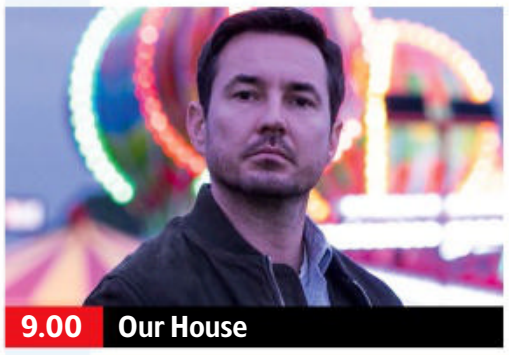
10 PM

10.00 NEW SERIES **The Witchfinder** 1/6. Period comedy starring Tim Key and Daisy May Cooper. *See feature, page 11*. (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 FILM **Phantom Thread** Drama starring Daniel Day-Lewis and Vicky Krieps. A celebrated British dressmaker falls in love with a shy but strong-willed waitress. (S) (2017, 15, 125min) ★★★★★
1.20 AM **Sign Zone: Dragons' Den** (R)
2.20 **Sign Zone: Rise of the Nazis: Dictators at War** (S)(R)(AD)
3.20 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
3.50 **to 6.15** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team help people in Manchester sort the treasures from their trash, including a mid-century clock, an antique revolver, and a portrait of a sleepy subject. (S)(R)
3.00 **Lingo** Word-based quiz show presented by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 Our House

7.30 **Emmerdale** Mandy is devastated, Charity discovers Chas' plan, and the police arrive. (S)(AD)

8 PM

8.00 **The Martin Lewis Money Show: Live** Series finale In this hour-long Cost of Living special, Martin demonstrates how to steal a march on April price hikes, sharing tips on how to save cash by reducing the cost of bills. (S)

9 PM

9.00 **Our House** New episode 2/4. Fi is left reeling by Bram's apparent involvement in the house sale. Meanwhile, in the past, Bram frantically covers up his part in the accident. (S1) (S)(AD)
■ Continues tomorrow

10 PM

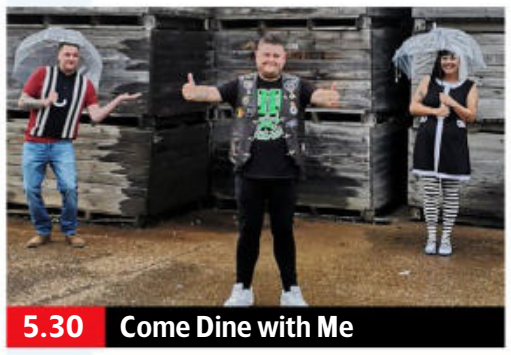
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Billy Connolly: It's Been a Pleasure** Celebration of some of the comedian's greatest stand-up performances. (S)(R)(AD)
12.00 M'T **Shop: Ideal World**
3.00 AM **Masterpiece with Alan Titchmarsh** Alan and Rachel Houston-Holland visit Avington Park in Hampshire, where another three teams of enthusiasts compete to find the most rare and valuable items. (S)(SL)(R)(AD)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz show hosted by Ben Shephard. (S)(SL)(R)

+1 hour | 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **LIVE Winter Paralympics** Day four coverage from Beijing continues with para alpine skiing and para biathlon events. (S)
8.00 **Winter Paralympics Breakfast** (S)
9.00 **Frasier** 15-17/24. (S4) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(R)
11.25 **News** (S)
11.30 **Coast vs Country** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** New edition (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition A mods-and-rockers party. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)



5.30 Come Dine with Me

7 PM

7.00 **News** (S)
7.30 **Winter Paralympics: Today in Beijing** Ade Adepitan presents action from day four in China. (S)

8 PM

8.00 NEW **George Clarke's Amazing Spaces** One-off special edition following George and master craftsman Will Hardie as they create a hand-built observatory in honour of George's stargazing late father. (S)(AD)

9 PM

9.00 **24 Hours in A&E** New edition A 79-year-old man is rushed in after collapsing, and doctors are concerned he has suffered a stroke, and an 88-year-old is in minor injuries with crippling pain in his fingers. (S)(AD)

10 PM

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(R)(AD)
11.05 **Gogglebox** Opinions on *Line of Duty*, *Snackmasters*, *Alan Carr's Epic Gameshow*, *Mastermind* and *The Art of the Joy of Sex*. (S)(R)
12.05 AM **Davina McCall: Sex, Myths and the Menopause** Lifting the lid on the menopause. (S)(SL)(R)(AD)
1.00 **to 6.00** AM **LIVE Winter Paralympics** Coverage of day five from Beijing, featuring an action-packed schedule of para cross-country skiing. (S)

+1 hour | 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Nightmare Tenants, Slum Landlords** A look back at cases from previous editions. (S)(R)
1.10 **News** (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM PREMIERE **My Killer Twin** Thrilller starring Emily Piggford and Ish Morris. (S) (2121, PG, 105min) (S) ★★
4.00 **Filthy House SOS** Richard and Brennan are called out to a cluttered house in York. (S)(R)
5.00 **News** (S)
6.00 **Neighbours** After Levi gets a police tip-off, Ned takes Harlow on a stakeout to see if they can spot Gareth. (S)(R)
6.30 **Eggheads** New edition Quiz. (S)

8.00 Dogs Behaving (Very) Badly

7.00 **Dream Kitchens & Bathrooms with Mark Millar** New edition 2/5. Mark creates a Victorian-style bathroom in Lincolnshire. (S)
7.55 **News** (S)
8.00 **Dogs Behaving (Very) Badly** Series finale 10/10. Graeme Hall meets greedy Cockapoo Bailey who is constantly embarrassing owner Ilana when he helps himself to food from the dinner table. (S)
9.00 **Ben Fogle: New Lives in the Wild** Series finale 8/8. Ben heads to the deserts of Arizona to meet Dee, a modern-day nomad travelling across the United States in a former military transport vehicle. (S)
10.00 **Jack the Ripper: The Missing Evidence** Examining journalist Christer Holmgren's theory as to the identity of the serial killer who murdered a number of women on the streets of Whitechapel in 1888. (S)(R)
11.00 FILM **John Wick: Chapter 2** Action sequel starring Keanu Reeves, Riccardo Scamarcio, Ian McShane and Ruby Rose. (S) (2017, 15, 140min) ★★★★
1.20 AM **21.co.uk Live Casino Show**
3.20 **Entertainment News** (S)
3.30 **Celebrity 5 Go Fishing** (S)(R)
4.20 **Get Your Tatts Out: Kavos Ink** A new artist arrives. (S)(R)
5.05 **to 5.35** AM **Wildlife SOS** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Wildlife Rescue New Zealand** Documentary series. (S)(R)(AD)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 9/19. (S4) (S)(R)
11.00 **NCIS: New Orleans** (S4) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 17/22. (S1) (S)(R)(AD)
3.00 **Modern Family** (S4) (S)(R)
4.00 **The Office (US)** (S8) (R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 20/25. Will unwittingly becomes a soap actor. (S)(R) **6.00** 21/25. Will behaves like a child. (S5) (S)(R)
6.30 **The Simpsons** *Specs and the City:* Mr Burns buys all of his employees hi-tech specs so that he can spy on them. (S)(R)

9.00 Batman Begins

7.00 **The Simpsons** *Diggs:* An eccentric loner saves Bart from the school bullies. With the guest voice of Daniel Radcliffe. (R) **7.30** *The Man Who Grew Too Much:* Lisa befriends Sideshow Bob. (R)
8.00 **Duel: Hamilton v Verstappen** Series finale 2/2. A look at the rivalry between Formula One drivers Lewis Hamilton and Max Verstappen, which culminated in a controversial end to the 2021 season.
9.00 FILM **Batman Begins** Dark comic-book thriller tracing the origins of Batman, starring Christian Bale, Liam Neeson, Cillian Murphy, Michael Caine, Morgan Freeman and Gary Oldman. Young billionaire Bruce Wayne creates a formidable alter-ego to strike fear into the crooks and thugs of crime-riddled Gotham City. (S) (2005, 12, 140min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.30 **Resident Alien** 2/8. Harry hatches a plan to save Asta and himself. (S2) (S)(R)
12.30 AM **Frayed** 2/6. The investigation into Terry Harris's disappearance continues. (S2) (S) (R)(AD)
1.30 **Road Wars** (R)
2.00 **NCIS: New Orleans** (S4) (S)(R)
3.00 **Hawaii Five-0** 7/23. (S2) (S)(R)
4.00 **S.W.A.T.** 17/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.00pm River City (S)(R) **8.00** EastEnders (S)(AD) **8.20-9.00** Holby City (S)(AD) **11.20** The Edit (S)(R) **11.35** Would I Lie to You? (S)(R) **12.05am** The Apprentice (S)(R) **1.05** Weather for the Week Ahead (S) **1.10-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Spotlight (S) **11.05** The Band (S)(R) **11.35** Cheaters New episodes (S)(AD) **11.55** Starstruck (S)(R)(AD) **12.20am** Would I Lie to You? (S)(R) **12.50** The Apprentice (S)(R) **1.50-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
4.00pm-4.30pm X-Ray (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
1.45-2.15pm First Minister's Questions (S)(R) **2.35** Eggheads (S)(R) **3.05** The Heights (S)(R)(AD) **3.35** Murder, Mystery and My Family (S)(R)(AD) **4.20** Sacred Wonders of Britain (S)(R)(AD) **5.20-6.00pm** Flog It! (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** 04 Wal Gwestai'r Byd **12.30** Heno **1.00** Wil ac Aeron **1.30** Ffermio **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Merched yr Awr **4.00** Awr Fawr **5.00** Stwnsh **6.00** Celwydd Noeth **6.30** Cymry ar Gynfas **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Cynefin New edition **10.00** Undod Marwol **11.00-11.35pm** Y Ditectif (AD)

TV&Satellite week
New issue on sale today

BBC3

117/141/173 | 107/157 | 23 109 | 179 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition Nigella Lawson presents a pressure test.
7.55 **The Catch Up**
8.00 **Meet the Khans: Big in Bolton** 1/8. Following Amir Khan and Faryal Makhdoom. **8.25** 2/8. Faryal seeks therapy to address their relationship issues.
8.55 NEW **Corey Baker's Dance Race** Documentary.
9.00 **RuPaul's Drag Race: UK Versus the World** Series finale 6/6. The queens take on a Lip Sync Smackdown in the Grand Finale.
10.00 **Mood** New episode 2/6. Sasha is forced to sofa-surf at Saleem's flat. (S1)
10.45 **Nail Bar Boys** 3/3. The day of Astro's boxing bout arrives.
11.15 **Dance Race**
11.20 **Fleabag**
12.15 AM **Meet the Khans: Big in Bolton**
1.15 **RuPaul's Drag Race: UK Versus the World**
2.15 **Mood**
3.00 **to 3.55** AM **Fleabag**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **The Lakes with Paul Rose** Paul visits Borrowdale and Derwentwater.
7.30 **Fred Dibnah's World of Steam, Steel and Stone** 1/12. The history of the steeplejack's favourite sites.
8.00 **Keeping Up Appearances** Hyacinth plans to show off her singing talents.
8.30 **Yes, Prime Minister** Jim tries to appoint a new bishop.
9.00 **Mothers, Missiles and the American President** Three Welsh sisters who took action over the threat of nuclear war in the 1980s.
10.00 **Girl Friday** Joanna Lumley tries to survive on a desert island off Madagascar.
10.55 **Women, Sex and Society: A Timewatch Guide**
12.00 M'T **A Garden in Snowdonia**
12.30 AM **The Lakes with...**
1.00 **Fred Dibnah's World of Steam, Steel and Stone**
1.30 **Mothers, Missiles and the American President**
2.30 **to 3.25** AM **Girl Friday**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun**
10.35 **Find It, Fix It, Flog It**
12.35 PM **Heir Hunters**
1.35 **Four in a Bed**
4.15 **The Hotel Fixers** New edition Trying to persuade a guest house owner to move with the times.
4.50 **Find It, Fix It, Flog It** From the Chiltern Hills. **5.50** Simon and Henry make a fish tank from scrap.
6.55 **Escape to the Chateau: DIY** New owners have discovered rising damp.
7.55 **Grand Designs** Kevin McCloud returns to Belfast where he visits a couple who set out to build a split-level home cascading down an almost vertical hillside.
9.00 **Car S.O.S** New edition Fuzz Townshend and Tim Shaw head to Leicester to pick up a Mk 3 Ford Cortina, once Britain's top-selling car but now on the automotive endangered species list.
10.00 **Emergency Helicopter Medics** An accident with a bonfire leaves a man with serious burns.
11.05 **24 Hours in A&E**
12.10 AM **8 Out of 10 Cats Does Countdown**
1.10 **Car S.O.S**
2.10 **24 Hours in A&E**
3.15 **Winter Paralympics: Today in Beijing**
3.45 **to 3.50** AM **Escape to the Chateau**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Married at First Sight Australia**
10.30 **The Big Bang Theory**
11.00 **Young Sheldon**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Young Sheldon**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes. (S9&3)
7.00 **Hollyoaks** Nancy puts her foot down against Charlie's behaviour.
7.30 **Married at First Sight Australia** New edition Intimacy Week is back, with sexologist Alessandra Rampolla at the helm.
9.00 **The Real Dirty Dancing** New edition 6/8. The Johnny and Baby bootcamp reaches new heights as the celebrities take on the infamous lift.
10.00 **Naked Attraction** A professional dancer from London seeks a man with whom to lose his virginity.
12.10 AM **First Dates**
1.15 **Married at First Sight Australia** As 7.30pm.
2.45 **The Real Dirty Dancing**
3.40 **Below Deck: Mediterranean**
4.30 **Ramsay's Kitchen Nightmares USA**
5.20 **to 6.00** AM **Mike & Molly**

+1 hour 235 | 146 | 30 | 123

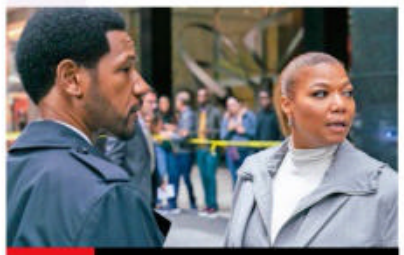
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Law & Order** 12/24. (S15)
12.00 NOON **Bull** 21/23. Benny is plagued by an old misconduct case. With Eliza Dushku. (S1)
1.00 PM **Blue Bloods** (S11)
3.00 **Private Eyes** 7/12. A stalker targets a female golfer during a golf tournament. (S4)
4.00 **UK Border Force**
5.00 **Nothing to Declare**


9.00 The Equalizer

7 PM

7.00 **Air Ambulance ER** The teams race to the rescue when a mother and daughter are involved in a motorcycle crash.

8 PM

8.00 **Blue Bloods** *Authority Figures:* 10/22. A video surfaces of officers taking part in a case of entrapment. (S9)

9 PM

9.00 **The Equalizer** New episode *Shooter:* 6/12. DA Grafton hires McCall to find a sniper on a killing spree. (S2)

10 PM

10.00 **Criminal Minds** *Date Night:* 6/10. An old enemy of the BAU has a very specific request for Dr Reid. (S15)
11.00 **Law & Order: SVU** 1/24. (S12)
12.00 M'T **Private Eyes** 6/8. (S5)
1.00 AM **Bull** 9/16. (S5)
2.00 **Transplant** 9/13. (S1)
3.00 **CSI** 23/23. (S10)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Fish Town**
8.00 **CSI** 2/24. (S6)
9.00 **The Newsroom** 2/9. (S2)
10.05 **The Sopranos** (S2)
12.25 PM **Game of Thrones** (S5)
1.30 **Gomorrah** 5&6/10. (S5)
3.30 **Ray Donovan** 6/12. Ray finds himself in a difficult position. **4.35** 7/12. Romero makes contact with Ray. (S3)
5.40 **The Sopranos** 10/13. A witness poses a threat to Tony. **6.45** 11/13. Tony is advised to spend time at one of his legitimate businesses. (S2)

9.00 The Gilded Age

7.55 **Game of Thrones** *The Gift:* 7/10. Jon prepares for conflict, Sansa tries to talk to Theon, Brienne waits for a sign, and Jaime attempts to reconnect with his family. (S5)

9.00 **The Gilded Age** New episode *Irresistible Change:* 7/9. Edison's electricity demonstration sparks conversation. (S1)

10.05 **Raised by Wolves** *Lost Paradise:* 6/10. Mother is distracted by feelings she didn't know she was capable of having. (S1)
11.10 **Big Love** 5/12. Nicki becomes concerned about Wayne. **12.15** AM 6/12. Nicki is horrified to discover Rhonda is living with the Tuttles. (S2)
1.20 **Get Shorty** 1&2/7. (S3)
3.30 **In Treatment** 7/28. (S3)
4.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S3)
8.00 **Supergirl** 17/20. (S6)
9.00 **DC's Legends of Tomorrow**
10.00 **The Flash** 9/19. (S6)
11.00 **NCIS: New Orleans** (S4)
1.00 PM **Hawaii Five-0** 7/23. (S2)
2.00 **S.W.A.T.** 17/22. (S1)
3.00 **DC's Legends of Tomorrow**
4.00 **Supergirl** 18/20. (S6)
5.00 **The Flash** 9/19. (S6)
6.00 **Stargate SG-1** 18/22. Jack jeopardises Earth's diplomatic relations with the Tollans by stealing their hardware. (S3)

10.00 SEAL Team

7.00 **Stargate SG-1** *New Ground:* 19/22. The team members find themselves being used as pawns in an ideological war. (S3)

8.00 **Fast & Furious' Greatest Moments** Highlights from the movie franchise.

9.00 **Strike Back: Shadow Warfare** 10/10. The team pull out the big guns when Martinez becomes infected. (S4)

10.00 **SEAL Team** *Frog on the Tracks:* 5/14. Bravo Team race against the clock to prevent a terrorist attack. (S5)
11.00 **Resident Alien** 2/8. Harry hatches a plan to save Asta and himself. (S2)
12.00 M'T **Frayed** 2/6. (S2)
1.00 AM **The Blacklist** (S8)
2.00 **NCIS: New Orleans** (S4)
3.00 **Hawaii Five-0** 7/23. (S2)
4.00 **S.W.A.T.** 17/22. (S1)
5.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Dress to Impress**
7.00 **The Ellen DeGeneres Show**
8.00 **You've Been Framed!**
9.00 **Secret Crush**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Supermarket Sweep**
1.00 PM **Tipping Point: Lucky Stars**
2.00 **Rolling in It**
3.00 **The Ellen DeGeneres Show** New edition Talk show.
4.00 **The Masked Singer US**
5.00 **You've Been Framed! Gold**
6.00 **Celebrity Catchphrase**

10.00 Plebs

7.00 **Superstore** 14/15. The employees get their hands on worrying information. **7.30** 15/15. Last episode of the comedy. (S6)

8.00 **Bob's Burgers** 11/13. The family spend the weekend with Mort. **8.30** 12/13. Bob briefly becomes a hero. (S1)

9.00 **Family Guy** 20/22. Peter, Quagmire and Joe are reunited with Cleveland. **9.30** 10/22. Peter develops amnesia. (S8)

10.00 **Plebs** 3/8. Guest stars Michelle Keegan. **10.30** 4/8. Grumio is cast to play the part of Cupid in a play. (S3)
11.00 **Family Guy** 11/22. Brian discovers Meg has a secret boyfriend. (S8)
11.30 **American Dad!** (S12)
12.25 AM **Bob's Burgers** (S1)
1.25 **Superstore** (S1)
2.15 **Hey Tracey!** (S2)
3.10 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **George and Mildred**
9.40 **The Royal**
11.50 **Heartbeat**
2.00 PM **Classic Emmerdale**
3.00 **Classic Coronation Street**
4.05 **Midsomer Murders** *Red in Tooth and Claw:* Barnaby and Winter discover a dead body surrounded by rabbits.
6.00 **Heartbeat** *My One and Only:* An insurance salesman is murdered, while Miller encounters an old war buddy.

10.05 Law & Order: UK

7.00 **Heartbeat** *The Open Door:* A stolen load of condemned meat causes a health hazard.

8.00 **Midsomer Murders** *They Seek Him Here:* When a film director is found beheaded on set, it transpires he was on poor terms with several people connected to the project – leaving Barnaby with no shortage of suspects. Guest stars Nicky Henson.

10.05 **Law & Order: UK** *Love and Loss:* 5/6. Brooks and Devlin investigate the death of a middle-class teenager. (S2)
11.05 **Flesh and Blood** 2/4. Helen, Jake and Natalie discover Vivien plans to sell their childhood home, and each of them wrestles with personal problems of their own. (S1)
12.05 AM **The Royal**
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Born to Be Wild** Kaniz and Gaby struggle with a pair of feisty gannets.
8.00 **This Farming Life** New edition 9/12. Emma and Ewan head to Kelso Ram Sales in search of three new tups or rams to produce good prime lambs the following spring.
9.00 **The Nine**
10.00 **Real Kashmir FC** Following Davie Robertson – the former Aberdeen and Rangers star – as he moves to India to manage Real Kashmir FC.
11.00 PM **to 12.00** M'T **Darren McGarvey's Class Wars** 4/4. Darren's examination of social class concludes with a look to the future.

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Parks and Recreation** (S5)
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S6)
11.30 **The Office (US)** (S8)
12.30 PM **Vice Principals** (S1)
3.00 **Modern Family** (S4)
4.00 **The Office (US)** (S8)
5.00 **Parks and Recreation**
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace** (S6)
8.00 **Parks and Recreation**
9.00 **Somebody Somewhere** New episode 2/8. (S1)
9.35 **The Righteous Gemstones** 9/9. (S2)
10.15 **Pen15** 9&10/15. (S2)
11.30 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.25 AM **The Late Late Show with James Corden** New edition
1.15 **Sick of It** 1&2/6. (S1)
2.15 **A Black Lady Sketch Show** 1&2/6. (S2)
3.30 **Mike Judge Presents: Tales from the Tour Bus**
4.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Arts Uncovered: Candoco Dance Company**
6.10 **Kurt Weill: Street Scene**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **World War II & Cinema** Documentary.
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Too Young to Die**
4.00 **Buster Keaton: The Genius Crushed by Hollywood**
5.00 **Tales of the Unexpected**
6.00 **Discovering**
7.00 **Big Design Challenge**
8.00 **NEW The Conductor**
10.00 **Frida Kahlo**
11.00 **Janine Jansen: Falling for Stradivari**
12.00 M'T **What Was Virginia Woolf Afraid Of?**
1.00 AM **Toni Morrison: The Pieces I Am**
3.15 **Off Camera**
4.30 **Inside Art**
5.00 **to 6.00** AM **The Art of Architecture**

Pick

159 156 | 36 | 144

7.00 AM **Border Security: America's Front Line**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Highway Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Border Patrol**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S2)
5.00 **Star Trek: The Next Generation** 15/26. (S3)
6.00 **Quantum Leap** (S5)
7.00 **Hawaii Five-0** (S1)
8.00 **World's Most Evil Killers**
9.00 **FBI** *Prey:* 3/22. (S1)
10.00 **Grimm** 22/22. (S1)
11.00 **Killer Neighbours**
12.00 M'T **Britain's Most Evil Killers** John Cooper.
1.00 AM **The Force: Manchester**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Impractical Jokers: Inside Jokes**
9.00 **Impractical Jokers**
9.30 **Impractical Jokers: Inside Jokes**
10.00 **Impractical Jokers**
11.00 **Younger** 5-8/12. (S4)
1.00 PM **Friends** (S3&4)
9.00 **FILM American Pie: The Wedding** Teen comedy sequel starring Jason Biggs and Alyson Hannigan. (2003, 15, 96min) ★
10.55 **Frank Skinner: Man in a Suit** A 2014 stand-up show from London's Leicester Square Theatre.
11.55 **Rhod Gilbert's Growing Pains** With Jo Brand.
12.55 AM **The Ricky Gervais Show** 10&11/13. (S2)
1.55 **The Alternative Comedy Experience**
2.55 **South Park** (S11)
3.40 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of Atlanta**
1.25 **The Real Housewives of Cheshire**
2.25 **The Only Way Is Essex**
3.10 **Little Women: LA**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Orange County**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched**
10.00 **For Real: The Story of Reality TV** Andy Cohen delves into the history of unscripted television.
11.00 **Bridezillas**
11.55 **The Only Way Is Essex**
12.40 **to 1.00** AM **Unwind with ITV**

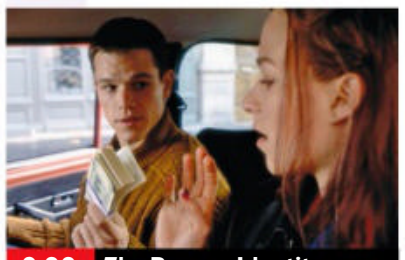
+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **Cadfael**
7.20 **Dempsey and Makepeace**
8.15 **The Professionals**
9.15 **Minder**
10.25 **The Champions**
11.30 **River Monsters**
12.00 NOON **Cadfael**
1.40 PM **Dempsey and Makepeace**
3.45 **The Professionals**
4.50 **Minder**
5.55 **Made in Britain** A look at how a family farm in Somerset turns 150 tonnes of apples a day into cider.


9.00 The Bourne Identity

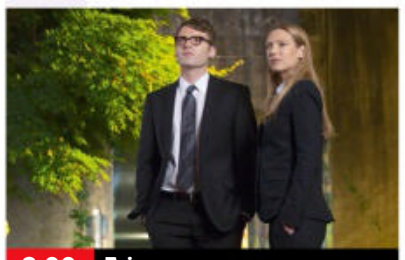
7.00 **Cycling: Paris-Nice Highlights** Action from stage three, a 190.8km route from Vierzon to Dun-le-Palestel.
8.00 **River Monsters** Extreme angler Jeremy Wade responds to reports that a creature is attacking people in the Florida Keys.
9.00 FILM **The Bourne Identity** Spy thriller starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. With Franka Potente. (2002, 12, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **All Elite Wrestling: Rampage**
12.25 AM **Auto Mundial** Chevrolet's new Silverado, and the Genesis G70 Shooting Brake.
12.55 **Motorsport Mundial**
1.25 **The Professionals**
2.25 **The Protectors**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Quantum Leap** 1/22. (S2)
7.00 **Star Trek: Enterprise** (S3)
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **The Librarians** 9/10. (S1)
2.00 **Pandora** 9/10. (S2)
3.00 **Fringe** As 8.00pm.
4.00 **Stargate Atlantis** 7/20. (S3)
5.00 **Stargate SG-1** 3/22. (S3)
6.00 **Star Trek: Enterprise** 24/24. Archer leads a team to try and stop the Xindi superweapon from reaching Earth. (S3)


8.00 Fringe

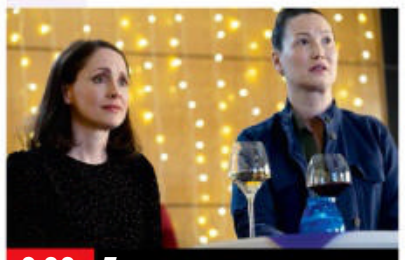
7.00 **Quantum Leap** *Honeymoon Express:* 1/22. Sam is hounded by his new bride's jealous ex-husband. (S2)
8.00 **Fringe** *Neither Here Nor There:* 1/22. The truce between the two worlds remains intact. (S4)
9.00 **Grimm** *Mr Sandman:* 15/22. Nick and Hank encounter a Wesen that appears to feed off its victim's tears. (S2)
10.00 FILM **Battlestar Wars** Sci-fi drama with Alyson Gorske and Aimee Stolte. (2019, 12, 86min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Stargate SG-1** 3/22. O'Neill is chosen to negotiate with the Goa'uld. (S3)
1.00 AM **Stargate Atlantis** (S3)
2.00 **Star Trek: Enterprise** (S3)
3.00 **Star Trek: Voyager** (S2)
4.00 **Fringe** As 8.00pm.
5.00 **to 6.00** AM **Pandora**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Unforgettable** 19/22. (S1)
10.00 **Major Crimes** 13/19. (S3)
11.00 **Rizzoli & Isles** 2/16. (S4)
12.00 NOON **Hudson & Rex** (S3)
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S9)
4.00 **Unforgettable** 20/22. (S1)
5.00 **Major Crimes** 14/19. (S3)
6.00 **Hudson & Rex** 10/16. When an arsonist begins terrorising a neighbourhood with car bombs, Charlie and Rex race to find the next target. (S3)


9.00 Traces

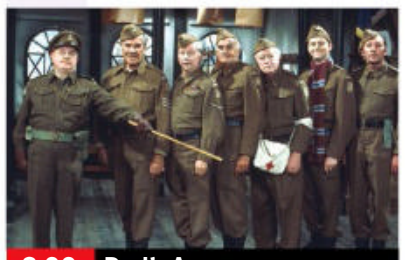
7.00 **Rizzoli & Isles** *In Over Your Head:* 2/16. Jane works with a former colleague to look into the death of a student. (S4)
8.00 **Father Brown** *The Fire in the Sky:* Kembleford comes under threat of an alien invasion.
9.00 **Traces** New episode 4/6. Two suspects derail the investigation as McKinven and Sarah are consumed by their feelings. (S2)
10.00 **Smother** 4/6. The Aherns question Calum's recent behaviour, while Jenny and Frank reminisce about Denis. (S1)
11.10 **Rizzoli & Isles** 4/13. Maura continues to struggle with the results of her injury. (S7)
12.05 AM **Annika** 6/6. A woman is murdered on the docks. (S1)
1.10 **Evil** 7/13. (S2)
2.10 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.25 AM **Highlights**
8.35 **Hi-de-Hi!**
9.20 **Last of the Summer Wine**
10.40 **The Green Green Grass**
11.25 **Dad's Army**
12.50 PM **Chef!**
1.25 **Hi-de-Hi!**
2.05 **Desmond's**
2.40 **The Green Green Grass**
3.20 **Fawlty Towers**
4.00 **Last of the Summer Wine**
5.20 **dinnerladies**
6.00 **Desmond's**
6.35 **Hi-de-Hi!**


8.00 Dad's Army

7.20 **The Green Green Grass** Marlene announces that she wants to renew her marriage vows.
8.00 **Dad's Army** Mainwaring discovers the extent of Jones's cash-flow crisis. **8.45** Mainwaring initiates a recruitment campaign, but leaves Wilson in charge of the poster.
9.25 **Fawlty Towers** An abrasive woman comes to stay at the hotel.
10.00 **French & Saunders: Funny Women** The duo discuss crucial female contributions to comedy history across the globe.
12.00 M'T **French and Saunders** Double bill of the sketch show.
1.20 AM **Chef!** Gareth's long-lost father challenges him to rustle up some Caribbean cuisine.
2.00 **The Rebel**
3.20 **to 4.00** AM **French and Saunders**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Sin City Motors**
8.00 **Ultimate Movers**
9.00 **Storage Hunters UK**
10.00 **Eddie Eats America**
11.00 **Travel Man: 48 Hours in...**
12.00 NOON **Red Bull Soapbox Race** Action from Paris.
1.00 PM **Fast Justice**
2.00 **Travel Man: 48 Hours in...**
3.00 **Rick Stein's Road to Mexico**
4.00 **Red Bull Soapbox Race**
5.00 **Rick Stein's Road to Mexico**
6.00 **Taskmaster** Rhod Gilbert smears mustard in his eyes.

7.00 House of Games

7.00 **Richard Osman's House of Games** With Jamelia and Susan Calman.
7.40 **Room 101** With guests Des O'Connor, Adrian Chiles and Jameela Jamil.
8.20 **Would I Lie to You?** Previously unseen material from the hit comedy panel show.
9.00 **QI XL** Host Sandi Toksvig and regular panellist Alan Davies are joined by David Mitchell, Maisie Adam and Holly Walsh
10.00 **Mel Giedroyc: Unforgivable** New edition 5/8. Sally Phillips reveals how to get back at a horrible boss
11.00 **Meet the Richardsons**
11.40 **QI** With Lee Mack.
12.20 AM **Hypothetical**
1.00 **QI** With Jack Whitehall.
1.40 **Would I Lie to You?**
2.15 **Mel Giedroyc: Unforgivable**
3.15 **Famalam**
3.40 **to 4.00** AM **Indestructibles**

+1 hour 211 131 25

Tuesday

7 PM 8 PM 9 PM 10 PM

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 FILM **I Do, I Do, I Do** Romantic fantasy. (2015, PG, 90min) ★★
11.50 **GREAT! Movie News**
12.00 NOON **Sue Thomas: F.B.Eye** 5/19. (S3)
1.00 PM **Perception** (S1)
2.00 **Body of Proof** 3/9. (S1)
3.00 **Castle** 4/22. (S8)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 22/25. Hawkeye gets transferred. **8.30** 23/25. Potter's leadership is called into question. (S6)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S6)
3.00 **Hart to Hart** 11/20. (S2)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** From Birmingham.
10.30 **A New Life in the Sun: Where Are They Now?**
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun: Where Are They Now?**
7.00 **The Dog House**
8.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** A family who had outgrown their home.
9.00 FILM **Jumanji: Welcome to the Jungle** Fantasy comedy starring Dwayne Johnson. (2017, 12, 119min) ★★★★
11.20 **Catching a Killer: A Bullet Through the Window** Documentary.
12.50 AM **Women Who Kill**
1.50 **Naked Attraction**
2.55 **First Dates**
3.55 **to 5.00** AM **Jimmy Carr's Celebrity I Literally Just Told You**

5USA

141 141 153 21 129

9.00 AM **NCIS** 13&14/25. (S6)
10.55 **Entertainment News**
11.00 **NCIS** 15/25. (S6)
12.00 NOON **Law & Order**
2.55 PM **Entertainment News**
3.00 **Law & Order** (S16&17)
6.00 **NCIS** *Good Cop, Bad Cop:* 4/24. A sunken freighter is discovered. **7.00** *Code of Conduct:* 5/24. A Marine is found dead on Halloween. **8.00** *Outlaws and In-Laws:* 6/24. Gibbs's mentor is linked to a double murder. (S7)
9.00 **Law & Order: Criminal Intent** *On Fire:* 21/22. A church employee is killed. **10.00** *The Good:* 22/22. A man's parents are found murdered. (S5)
11.00 **Law & Order: Special Victims Unit** (S12&11)
2.50 AM **Law & Order: Criminal Intent** As 9pm.
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Shoplifters & Scammers: At War with the Law**
9.00 **Filthy House SOS**
10.00 **Judge Judy**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **Caught on Camera: Funniest Moments**
8.00 **Kate: Our Queen in Waiting** Documentary.
9.00 FILM **Fifty Shades Freed** Romantic thriller starring Dakota Johnson. (2018, 18, 105min) ★
11.05 **Embarrassing Sex Story of the Year**
12.35 AM FILM **Body of Evidence** Erotic thriller. (1992, 18, 100min) ★
2.45 **Casualty 24/7: Every Second Counts**
3.35 **to 4.00** AM **Judge Judy**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.10 AM **MasterChef Australia**
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Inside the Ambulance**
6.30 **Emma Willis: Delivering Babies**
7.30 **The Shift: Women on the Force** Documentary.
8.30 **Inside the Ambulance: Wonder Women**
10.00 NEW **Stacey Dooley Sleeps Over: Body Positive Warrior** A sleepover with body-positive Harnaam Kaur.
11.00 **Myleene: Miscarriage and Me** Documentary.
12.00 M'T **Emma and AJ Get to Work**
1.00 AM **Jesy Nelson: Odd One Out**
2.10 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.10 AM **Last of the Summer Wine**
7.40 **Where the Heart Is**
8.30 **The Bill**
9.35 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **A Place to Call Home**
4.20 **Peak Practice**
5.20 **Last of the Summer Wine** Smiler gets drunk.
6.00 **Are You Being Served?**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *Child's Play:* Mystery surrounds the death of a stranger.
10.00 **New Tricks** *Bank Robbery:* A police informant resurfaces after 17 years on the run.
11.20 **Silent Witness** *Friends Like These:* An elderly woman is murdered.
1.25 AM **Kavanagh QC**
2.45 **to 4.00** AM **Monarch of the Glen**

+1 hour 243 226 74

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

TUESDAY

Documentaries

Tuesday

CBS Drama

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 15/22. (S5)
12.00 NOON **Medium** (S3)
1.00 PM **JAG** 9&10/25. (S5)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Second Opinion:* 13/22. Allison dreams that Marie has died of leukaemia and becomes convinced she must keep her safe no matter what. (S3)
10.00 **Unsolved Mysteries** The story of two girls who disappeared following a house fire. **11.00** Investigating the deaths of boxer Sonny Liston and racing driver Mickey Thompson.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **Donal MacIntyre's Murder Files**
5.00 to 6.00 AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 16&17/26. (S5)
3.00 **CSI: NY** 23/23. (S1)
4.00 **NCIS** 23/24. (S12)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger**
9.00 **CSI: NY** *What You See Is What You See:* 23/23. Mac gets caught up in a shooting at a cafe, and is torn over whether to chase after the gunman or help a waitress injured in the attack. (S1)
10.00 **NCIS** *The Lost Boys:* 23/24. The team help in a global investigation into a terror group. (S12)
11.00 **Diagnosis Murder**
1.00 AM **Walker, Texas Ranger** 18&19/26. (S5)
2.55 **JAG** 8/15. (S2)
3.55 **Evidence of Evil**
4.45 to 6.00 AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Price Is Right**
4.00 **Play Your Cards Right**
5.00 **Bullseye** Double bill.
6.00 **Tenable** Five drag artists from London take part.
7.00 **Pointless Celebrities** A music edition of the quiz, with Ali Campbell, Mike Rutherford, Keren Woodward, Sara Dallin, Ritchie Neville, Scott Robinson, Sandie Shaw and Sheila Ferguson.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?** Quiz show.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
5.00 to 6.00 AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **Kourtney and Khloe Take Miami**
8.00 **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
11.00 **Total Bellas**
12.00 NOON **Keeping Up with the Kardashians**
7.00 PM **Botched**
8.00 **Relatively Famous: Ranch Rules** Austin and Hana struggle to navigate their emotions.
9.00 **Hollywood Medium with Tyler Henry** With Mel B, Reza Farahan, Jana Kramer and Tionne 'T-Boz' Watkins.
10.00 **Nightly Pop**
10.30 **10 Things You Don't Know** Jennifer Lawrence.
11.00 **Dr 90210**
12.00 M'T **Total Bellas**
1.00 AM **Kourtney and Khloe Take Miami**
2.00 **Teleshopping**
3.00 **Total Bellas**
3.30 to 5.00 AM **Rich Kids of Beverly Hills**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **First Ladies**
8.00 **LFG** Documentary.
10.00 **I Am Jackie O**
11.50 **Queen of Speed** The career of former rally driver Michele Mouton.
1.50 PM **Josephine Baker: The Story of an Awakening** Charting the entertainer's career.
3.00 **The Go-Go's** The history of the American new wave band.
5.00 **Music Box** Pivotal moments in music, starting with Alanis Morisette's rise to fame.
7.00 **Janet Jackson** 1&2/4. A profile of the singer.
9.00 **Tina** A celebration of Tina Turner's career.
11.10 **Audrey** Profile of Audrey Hepburn
1.00 AM **Hillary** Double bill.
3.20 **Bright Lights: Starring Carrie Fisher and Debbie Reynolds**
5.10 to 6.00 AM **Discovering: Meryl Streep**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Volcanic Odysseys**
7.00 **Monkey Life**
8.00 **Wildlife Rescue New Zealand**
9.00 **Undiscovered Vistas**
10.00 **Into the Wild: India**
11.00 **Animal Empires**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand**
3.00 **Undiscovered Vistas**
4.00 **Into the Wild: India**
5.00 **Animal Empires**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Secret Life of the Wombat**
9.00 **Gangs of Lemur Island**
10.00 **Animal Empires**
11.00 **Hope for Wildlife**
12.00 M'T **Africa's Wild Horizons**
1.00 AM **Ocean Parks**
2.00 **Secret Life of the...**
3.00 **Gangs of Lemur Island**
4.00 **Wildlife Rescue New...**
5.00 to 6.00 AM **Undiscovered Vistas**

HGTV

158 286 44 166

7.00 AM **Homes Under the Hammer** From Cumbria.
8.00 **Fantasy Homes by the Sea** From Devon.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer Upper**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **DIY SOS**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **My Dream Home: Brother v Brother**
10.00 **100 Day Dream Home** New edition
11.00 **Fixer Upper**
12.00 M'T **Escape to the...**
1.00 AM **DIY SOS**
2.00 **Homes Under the...**
3.00 to 4.00 AM **Bahamas Life**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Highlights**
8.00 **Guy's Grocery Games** New edition
9.00 **Bikers' Best of British**
10.00 **Tom's American Feast**
11.00 **Nigel's Simple Suppers**
12.00 NOON **Great British...**
1.00 PM **Friday Night Feast**
2.00 **James Martin's Favourite Feasts**
3.00 **Rachel Allen: Bake!**
4.00 **Tom's American Feast**
5.00 **The Pioneer Woman** New edition
5.30 **Delicious Miss Brown** New edition
6.00 **Barefoot Contessa: Back to Basics** New edition
6.30 **Girl Meets Farm** New edition
7.00 **Great British Bake Off**
8.00 **Bikers' Best of British**
9.00 **Tom's American Feast**
10.00 **French Country Cooking**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery...**
1.00 to 3.00 AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Treehouse Masters**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Marooned**
12.00 NOON **Naked and Afraid**
1.00 PM **Alaska: Homestead Rescue**
2.00 **Lone Star Law**
3.00 **Helicopter ER**
4.00 **Disasters at Sea**
5.00 **Alaskan Bush People**
6.00 **Outback Truckers**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
10.00 **Deadliest Catch**
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid XL**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 to 6.00 AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Entertainment News**
9.15 **Traffic Cops**
11.15 **Sinkholes: Sucked Under** Documentary.
12.10 PM **FILM When the Daltons Rode** Western. (1940, b/w, PG) ★★
2.00 **FILM The Great Northfield Minnesota Raid** (1971, 15) ★★
4.00 **Sinkholes** (S2)
5.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **Motorway Cops: Catching Britain's Speeders** PC Amy Hollis is on the hunt for a drunk driver in Chester.
10.00 **Police: Hour of Duty**
11.00 **Fights, Camera, Action!**
12.00 M'T **The Real Narcos UK: London's Bloodiest**
1.00 AM **Criminals: Caught on Camera** Double bill.
3.00 **Seconds from Death: Caught on Camera**
3.50 **Car Crash TV**
4.35 to 5.00 AM **Criminals: Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **Caught Red Handed**
8.30 **999 Frontline**
9.00 **Nothing to Declare**
10.00 **Brit Cops**
11.00 **Road Wars**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **Britain's Most Evil...**
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Killer in My Village**
5.00 **Killer Families**
6.00 **World's Most Evil Killers**
7.00 **How I Caught the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Kemper on Kemper: Inside the Mind of a Serial Killer**
10.35 **Snapped**
11.30 **Britain's Most Evil Killers**
12.30 AM **World's Most Evil...**
1.30 **Murdered at First Sight**
2.30 **How I Caught the Killer**
3.30 **Brit Cops**
4.30 to 6.00 AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The brutal murder of an elderly couple. **7.30** The murder of a nine-year-old girl.
8.00 **Written In Blood** Investigating crimes that took place in a remote barn house in Cheshire.
9.00 **Murder By the Sea** How a secret love triangle led to Jack Campbell murdering his love rival.
10.00 **Murder: First on Scene** New edition The bodies of two men are found in neighbouring flats.
11.00 **Fatal Vows**
12.00 M'T **The Mind of a Murderer** Travis Runnels.
1.00 AM **Murder By the Sea**
2.00 **Murder: First on Scene**
3.00 **Written In Blood**
3.45 **Unsolved Mysteries**
5.10 to 6.00 AM **Celebrity Damage Control**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Morocco.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A sewing box.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Phoenix**
4.00 **Pit Bulls & Parolees**
5.00 **Ambulance**
6.00 **The Yorkshire Auction House** An attic filled with Ferrari memorabilia.
7.00 **Antiques Road Trip**
9.00 **The Hotel Inspector** Alex Polizzi comes to the aid of a country house hotel in Bideford.
10.00 **Cops UK: Bodycam Squad** A 999 call from a teenager sparks a race against time.
11.00 **Ghost Adventures**
1.00 AM **The Holzer Files**
2.00 **Teleshopping**
4.00 to 6.00 AM **Animal Cops Phoenix**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.25 **The Liquidator**
7.55 **American Restoration**
8.25 **Ancient Aliens**
10.20 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
3.30 **The Liquidator**
4.00 **Ancient Aliens**
6.00 **The Curse of Oak Island**
7.00 **Dickinson's Real Deal**
9.00 **Monsterquest**
10.00 **Search for the Lost Giants** Investigating reports of giant skeletons.
11.00 **Alaska: Mysteries Unsolved** A mountain climber goes missing.
12.00 M'T **The Liquidator**
12.30 AM **Storage Wars**
1.00 **Storage Wars Canada**
2.00 **Mountain Men**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 to 6.00 AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Extreme Cheapskates**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Good Bones**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **Extreme Cheapskates**
6.00 **Good Bones**
7.00 **Say Yes... Atlanta**
8.00 **Celebrity IOU**
9.00 **Katie Price: My Crazy Life**
10.00 **Bride & Prejudice: The Forbidden Weddings**
11.00 **Dr Pimple Popper**
12.00 M'T **Celebrity IOU**
1.00 AM **Katie Price: My Crazy Life**
2.00 **Bride & Prejudice: The Forbidden Weddings**
3.00 **Say Yes... UK**
5.00 to 6.00 AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **Entertainment News**
9.05 **GPs: Behind Closed Doors** Documentary.
10.05 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **The Yorkshire Vet**
7.00 **Britain's Greatest Bridges** A look at the design and construction of the Tyne Bridge.
8.00 **The Thames at Night with Tony Robinson** The latest leg of the presenter's journey begins in Greenwich.
9.00 **Walking Tudor England** Locations associated with Queen Elizabeth I.
10.00 **Ben Fogle: New Lives in the Wild** Double bill.
12.00 M'T **Walking Wartime Britain** Triple bill.
3.00 AM **Britain by Boat**
3.50 to 4.00 AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **World's Greatest Motorcycle Rides**
8.00 **The Repair Shop**
9.00 **Combat Dealers**
10.00 **Chasing Classic Cars**
11.00 **Fantomworks**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **The Repair Shop**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Kings of the Wood** New edition
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Sydney Harbour Force** Documentary.
2.00 **World's Greatest Cars**
3.00 **Fantomworks**
4.00 to 6.00 AM **Highlights**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
8.00 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Perfect Murder**
2.00 **Disappeared**
3.00 **Evil Online**
4.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr.Pimple Popper: Pop Ups** A lump on a finger.
9.00 **NEW SERIES Too Large**
10.00 **My Extreme Excess Skin** Following people considering surgery to remove excess skin.
11.00 **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Animal ER**
5.30 to 6.00 AM **Say Yes to the Dress**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Gold Rush: White Water**
3.00 **Rise of the Machines**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** Richard turns an antique Ford into the ultimate Gas Monkey shop truck.

10.00 Gold Rush: White Water

7.00 **Outback Truckers** Steve Grahame and Sy Howells try to reach a remote area before the wet season leaves them stranded.
8.00 **Iron Resurrection** Joe stumbles across a rare 1964 Ford Galaxie in great shape with only 60,000 miles on it.
9.00 **Gold Rush** New edition Rick calls in his secret weapon, and Parker splurges big to keep his operation running.
10.00 **Gold Rush: White Water** New edition Dakota Fred and his son Dustin risk their lives to find a fortune in gold nuggets.
11.00 **Combat Dealers** Memorabilia from the Battle of Normandy.
12.00 M'T **Gold Rush**
1.00 AM **Gold Rush: White Water**
2.00 **Moonshiners**
3.00 **Gold Rush**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers: Dream Car**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Dr Dee: Alaska Vet**
10.00 **Amanda to the Rescue**
11.00 **Extinct or Alive**
12.00 NOON **Restoration Wild**
1.00 PM **Born Mucky: Life on the Farm** A potent pest threatens crops on Tom's farm.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **Dogs 101: Specials**
5.00 **Animal Precinct** An undercover agent rescues a sick dog.
6.00 **Alaska Monsters** A team go in search of cryptic creatures.

9.00 Predators Up Close

7.00 **Extinct or Alive** Wildlife biologist Forrest Gallante goes on a mission to find species that the world has stopped looking for.
8.00 **The Crocodile Hunter: Best of Steve Irwin** Steve Irwin and Wes Mannion island-hop around Indonesia.
9.00 **Predators Up Close with Joel Lambert** Joel investigates polar bears, the largest land predators on the planet.
10.00 **Monsters Inside Me** A parasite eats the leg of a teenage boy, and worms find their way into a young girl's eyeball.
11.00 **Alaskan Bush People** The Browns try to apply their skills to a new, more urban lifestyle.
12.00 M'T **In Search of Monsters**
1.00 AM **Extinct or Alive**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **to 5.00** AM **Dogs 101: Specials**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Lost Treasures of Egypt**
9.00 **Lost Cities with Albert Lin**
10.00 **Ancient X Files**
11.00 **Sunken Treasures Revealed: Drain the Ocean**
12.00 NOON **Japan's Lost Battleship**
1.00 PM **Apocalypse: The Rise of Hitler** Part one of two. Documentary charting the dictator's rise to power.
2.00 **Nazi Megastructures**
3.00 **Air Crash Investigation**
5.00 **To Catch a Smuggler**
6.00 **Ice Road Rescue** A drill rig hangs over a 15-metre cliff.

8.00 Lost Tomb of Genghis Khan

7.00 **Car S.O.S** Tim and Fuzz travel to South Yorkshire to pick up a *Car S.O.S* first, but it isn't going to be easy to steal it away.
8.00 **Lost Tomb of Genghis Khan** Engineer and explorer Albert Lin searches for the Mongol leader's burial site.
9.00 **Uncovering Herod's Lost Tomb** Archaeologist Ehud Netzer investigates the architectural genius of King Herod.
10.00 **China's Mystery Mummies** Spencer Wells investigates the discovery of four European-looking mummies in China.
11.00 **Air Crash Investigation** The case of a Concorde crash near Paris in July 2000.
12.00 M'T **Alaska: Next Generation**
1.00 AM **Ice Road Rescue: Highway Havoc!**
2.00 **Lawless Island**
3.00 **to 5.00** AM **Drain the Oceans**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Treasures Decoded**
8.00 **Pawn Stars**
9.00 **American Pickers**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Treasures Decoded** An ancient manuscript found in a cave above the Dead Sea. **5.00** Investigating the missing capital city of Ramesse II.
6.00 **Pawn Stars** Checking out an etching by Pablo Picasso. **6.30** Examining a letter signed by John F Kennedy.

10.00 The Proof Is Out There

7.00 **Forged in Fire** A crucial error sends one bladesmith home, then the remaining three forge a historic hunting weapon.
8.00 **Roswell: The First Witness** Part one of two. Ben Smith hears Jesse Marcel's remarkable story in his own words.
9.00 **Craig Charles: UFO Conspiracies** New edition A UFO spotted at Stephenville, Texas, in January 2008.
10.00 NEW SERIES **The Proof Is Out There** Host Tony Harris examines several seemingly impossible sightings.
11.00 **Paranormal: Caught on Camera** A haunted hotel.
12.00 M'T **The Curse of Oak Island**
1.00 AM **Roswell: The First Witness**
2.00 **Forged in Fire**
3.00 **Paranormal: Caught on Camera** A haunted hotel.
4.00 **River Hunters**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Antiques Roadshow**
8.00 **Murder Maps**
9.00 **Abandoned Engineering**
11.00 **Full Circle with Michael Palin**
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Abandoned Engineering**
4.00 **Adolf Hitler's War** In Kursk, the tide turns, and the Soviet's push back.
5.00 **War Factories** How the Lancaster factory helped to create a war-winning weapon.
6.00 **Great British Railway Journeys** Double bill.

8.00 Secrets of the Transport...

7.00 **Himalaya with Michael Palin** The intrepid traveller embarks on a journey from the Khyber Pass to the Bay of Bengal.
8.00 **Secrets of the Transport Museum** New edition A father-and-son team battle to get their vintage buses ready for a show.
9.00 **Secrets of the Transport Museum** Brooklands' Concorde 'Delta Golf' has a makeover in time for a visit from Concorde royalty.
10.00 **Bangers and Cash** A series of head-turning supercharged cars head to the Mathewson's auction room.
11.00 **Bangers and Cash** Dave heads to Bolton to pick up a classic Italian sports car – a Lancia Fulvia 1.3 Sport.
12.00 M'T **Abandoned Engineering** Ruins of a vast industrial ghost town in America.
1.00 **to 3.00** AM **Antiques Roadshow**

+1 hour 255 200 75

7 PM 8 PM 9 PM 10 PM

Tuesday

Disc. History

177 257

6.00 AM **Wings of War**
7.00 **UFOs: Lost Evidence**
8.00 **World War II: Witness to War**
9.00 **NASA's Unexplained...**
10.00 **Mighty Ships**
11.00 **UFOs: Lost Evidence**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the...**
5.00 **World War II: Witness...**
6.00 **NASA's Unexplained...**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **UFOs: Lost Evidence**
10.00 **NASA's Unexplained...**
11.00 **Greatest Events of World War II**
12.00 M'T **Combat Dealers**
2.00 AM **NASA's Unexplained Files**
3.00 **Greatest Events of...**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Attenborough's Natural Curiosities**
10.00 **The Life of Mammals**
11.00 **Big Animal Surgery**
12.00 NOON **Natural World**
1.00 PM **Elsa: The Lioness...**
2.00 **Natural Curiosities**
3.00 **Fascinating New Zealand** Documentary.
5.00 **Big Animal Surgery**
6.00 **Elsa: The Lioness That Changed the World**
7.00 **The Life of Mammals**
8.00 **Natural Curiosities**
9.00 **Fascinating New...**
10.00 **Elsa: The Lioness That...**
11.00 **Big Animal Surgery**
12.00 M'T **Life of Mammals**
1.00 AM **Natural Curiosities**
2.00 **Wild and Wonderful Denmark** Documentary.
3.00 **Costa Rica: The Rise of Nature** Documentary.
3.50 **The Hidden River**
4.40 **Wild and Wonderful...**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265

8.00 AM **Critter Fixers: Georgia Vets**
9.00 **Yukon Vet**
10.00 **Exotic Animal ER**
11.00 **Bizarre Animal Friends**
12.00 NOON **Snakes in the...**
1.00 PM **Sharks of Lost Island** Documentary.
2.00 **Legend of the Giant Squid** Documentary.
3.00 **Tiger Shark Terror**
4.00 **Shark Vs Predator Showdown**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Africa's Hunters**
8.00 **Exotic Animal ER** New edition Dr K and her team's wildest encounters with snakes.
9.00 **Viper Queens**
10.00 **Cobra Mafia**
11.00 **Caught in the Act**
12.00 M'T **Swamp Men**
1.00 AM **Animals Gone Wild**
2.00 **Bizarre Animal Friends**
3.00 **Snakes in the City**
4.00 **to 5.00** AM **Sharks of Lost Island**

Sky History 2

163 163 840 272

8.00 AM **WW2 Treasure Hunters** In Lincolnshire.
9.00 **Unidentified: Inside America's UFO Investigation**
10.00 **The Colour of War**
11.00 **Dogfights**
12.00 NOON **Ancient Aliens**
2.00 PM **Lost Worlds**
3.00 **Mythical Beasts**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **WW2 Treasure Hunters**
7.00 **Unidentified: Inside America's UFO Investigation**
8.00 **Phantom Signals**
9.00 **Human Torpedoes of WW2** The Italian navy's manned torpedoes of World War Two
10.00 **Last Days of the Nazis**
11.00 **Ancient Aliens**
1.00 AM **WW2 Treasure...**
2.00 **Human Torpedoes of...**
3.00 **Last Days of the Nazis**
4.00 **Unidentified: Inside...**
5.00 **to 6.00** AM **Phantom Signals**

PBS America

174 273 84 155

8.00 AM **In Search of Medieval Britain**
9.20 **Riveted: The History...**
10.30 **Ancient Invisible Cities**
11.50 **Tiananmen: The People versus the Party**
1.00 PM **Beautiful Serengeti**
1.35 **Singapore on Film**
2.35 **In Search of Medieval Britain** Double bill.
3.50 **Riveted: The History...**
5.00 **Ancient Invisible Cities**
6.15 **Singapore on Film**
7.20 **In Search of Medieval Britain** Double bill.
8.35 **Riveted: The History of Jeans** The story of the iconic US garment.
9.45 **Ancient Invisible Cities**
11.00 **Singapore on Film**
12.10 AM **In Search of Medieval Britain**
1.25 **Riveted: The History of Jeans** As 8.35pm.
2.25 **Ancient Invisible Cities**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

166 166 839 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **Killer in Plain Sight**
12.00 NOON **Homicide Hunter**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** Ann Maguire.
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Meet, Marry, Murder**
9.00 **Mastermind of Murder** New edition
10.00 NEW SERIES **The Real Murders of Orange County**
11.00 **Court Cam**
12.00 M'T **Snapped**
1.00 AM **Mastermind of...**
2.00 **The Real Murders of...**
3.00 **Unusual Suspects**
4.00 **On the Case with...**
5.00 **to 6.00** AM **Snapped**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

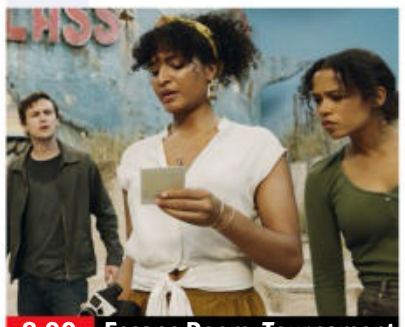
TUESDAY Films

Tuesday

Sky Cinema Premiere

301 301 848 401 501 515

7.00 AM **Pil's Adventures** Animation. (2021, U, 89min) ★★
8.45 **Old Henry** As 9.45pm.
10.30 **Space Jam: A New Legacy**
12.30 PM **Escape Room: Tournament of Champions**
2.10 **Old** M Night Shyamalan's horror with Gael García Bernal. (2021, 15, 108min) ★★
4.05 **In The Earth** As 11.30pm.
6.00 **Space Jam: A New Legacy** Partly-animated adventure. (2021, U, 115min) ★★★


8.00 Escape Room: Tournament

8 PM

8.00 **Escape Room: Tournament of Champions** Horror sequel starring Taylor Russell. Six people find themselves locked in a series of escape rooms. (2021, 15, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **Old Henry** Western starring Tim Blake Nelson. A widowed farmer takes in a mysterious injured man carrying a satchel of cash. (2021, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.30 **In The Earth** Director Ben Wheatley's horror starring Joel Fry and Reece Shearsmith. (2021, 15, 107min) ★★★
1.25 AM **Book of Love** Romantic comedy starring Sam Claflin and Veronica Echegui. (2022, 12, 106min) ★★★
3.15 **Old** As shown at 2.10pm.
5.10 **to 6.55** AM **Pil's Adventures** As shown at 7.00am.

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.10 AM **Another Round** (2020)
8.20 **The Colour Room** (2021)
10.20 **Shrek 2** As 6.25pm.
12.00 NOON **Sherlock Holmes: A Game of Shadows** As 8pm.
2.20 PM **Another Round** Danish comedy drama. Subtitled. (2020, 12, 117min) ★★★
4.25 **The Colour Room** Period drama with Phoebe Dynevor. (2021, PG, 109min) ★★★★
6.25 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★

10.15 The Fighter

8.00 **Sherlock Holmes: A Game of Shadows** Action adventure sequel starring Robert Downey Jr and Jude Law. Sherlock Holmes and Dr Watson strive to thwart Professor Moriarty, the evil genius behind a wave of bombings across Europe. (2011, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Fighter** Oscar-winning boxing drama based on a true story, starring Mark Wahlberg, Christian Bale, Amy Adams and Melissa Leo. (2010, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Crank** Thriller with Jason Statham and Amy Smart. (2006, 18, 88min) ★★★★
1.55 **Silk Road** Thriller with Nick Robinson and Jason Clarke. (2021, 15, 112min) ★★★
4.00 **to 6.00** AM **The Colour Room** As shown at 4.25pm.

Sky Cinema Family

306 306 850 406 506 520

6.25 AM **A-X-L** Fantasy adventure. (2018, PG, 100min) ★★
8.05 **Pups Alone** As 4.15am.
9.55 **Hop** As shown at 6.35pm.
11.40 **Monte Carlo** As 8.15pm.
1.30 PM **My Girl** Comedy drama. (1991, PG, 105min) ★★
3.15 **My Girl 2** Drama sequel. (1994, PG, 99min) ★★
5.00 **Woody Woodpecker** Live-action and animated adventure. (2017, PG, 91min) ★
6.35 **Hop** Comedy. (2011, U) ★★★

5.00 Woody Woodpecker

8.15 **Monte Carlo** Romantic comedy starring Selena Gomez and Leighton Meester. A Texas teenager is mistaken for a spoiled socialite while on a holiday in Paris. With Katie Cassidy. (2011, PG, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Earth to Echo** Family sci-fi adventure starring Teo Halm and Astro. Four children find a small alien who has become stranded on Earth, and set out to help him return to his own world. (2014, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Magical Adventures in the Forbidden City** Fantasy. (2019, 12, 110min) ★★
2.00 AM **Proximity** Sci-fi drama. (2020, PG, 119min) ★★
4.15 **to 6.15** AM **Pups Alone** Comedy. (2021, PG, 107min) ★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Season of the Witch** Adventure. (2010, 15) ★★
7.40 **Salt** As shown at 6.40pm.
9.25 **Mission: Impossible** Thriller. (1996, PG, 110min) ★★★
11.20 **Mission: Impossible II** Thriller sequel. (2000, 15) ★★★★
1.30 PM **Daredevil** (2003, 15) ★★★
3.15 **Welcome to Sudden Death** Thriller. (2020, 15, 81min) ★★
4.40 **San Andreas** Disaster movie. (2015, 12, 114min) ★★★
6.40 **Salt** Thriller. (2010, 12) ★★★

8.30 Trauma Centre

8.30 **Trauma Centre** Thriller starring Nicky Whelan. A woman must escape two killers who are after the only piece of evidence that can implicate them in a murder – the bullet in her leg. With Bruce Willis. (2019, 15, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

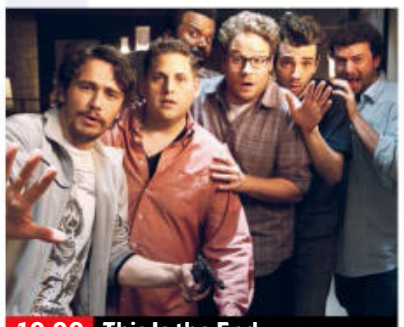
10.00 **The Raid** Martial arts action thriller starring Iko Uwais and Joe Taslim. (2011, 18, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Raid 2** Martial arts action thriller sequel starring Iko Uwais and Arifin Putra. (2014, 18, 150min) ★★★★
2.20 AM **The Battle of Jangsari** War drama starring Megan Fox and Kim Myung-min. (2019, 15, 104min) ★★
4.10 **to 6.00** AM **American Fighter** Thriller with Tommy Flanagan, Sean Patrick Flanery and Christina Moore. (2020, 15, 98min) ★★★

Sky Cinema Comedy

308 308 852 408 508 522

6.40 AM **Robot & Frank** (2012)
8.25 **The Addams Family** (1991)
10.20 **This Is the End** As 10.00pm.
12.20 PM **Meet the Parents** As 8pm.
2.20 **Robot & Frank** Offbeat comedy with Frank Langella. (2012, 12, 85min) ★★★★
4.05 **The Addams Family** Black comedy with Anjelica Huston. (1991, PG, 95min) ★★★★
6.00 **Locked Down** Crime comedy starring Chiwetel Ejiofor. (2021, 15, 118min) ★★


10.00 This Is the End

8.00 **Meet the Parents** Comedy starring Robert De Niro and Ben Stiller. A neurotic male nurse's efforts to impress his girlfriend's father disastrously backfire. With Teri Polo, Blythe Danner and Owen Wilson. (2000, 12, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **This Is the End** End-of-the-world comedy starring James Franco, Jonah Hill and Seth Rogen. (2013, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Pineapple Express** Comedy thriller starring Seth Rogen and James Franco. (2008, 18, 111min) ★★★★
2.00 AM **Poster Boys** Comedy drama. (2020, 12, 87min) ★★
3.40 **The Outside Story** Drama. (2020, 15, 85min) ★★★★
5.20 **to 6.55** AM **We Broke Up** Comedy drama starring Aya Cash. (2021, 15, 80min) ★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.05 AM **Miracle on 34th Street**
7.50 **The Wizard of Oz** As 6.10pm.
9.40 **Carry On Cleo** As 12.00m't.
11.20 **Zulu** As shown at 8.00pm.
1.40 PM **The Italian Job** Classic crime caper with Michael Caine. (1969, PG, 100min) ★★★★★
3.25 **Once Upon a Time in the West** Sergio Leone's classic Western starring Charles Bronson. (1968, 15, 165min) ★★★★★

6.10 **The Wizard of Oz** Musical fantasy starring Judy Garland. A young Kansas girl is swept by a twister to the magical land of Oz. (1939, U, 98min) ★★★★★
8.00 **Zulu** Epic historical adventure starring Michael Caine, about a small British garrison attacked by a force of 4000 Zulu warriors at Rorke's Drift. (1963, PG, 138min) ★★★★★
10.20 **The Big Heat** Classic gangster thriller starring Glenn Ford. (1953, b/w, 15, 90min) ★★★★

12.00 M'T **Carry On Cleo** Comedy. (1964, PG, 90min) ★★★★
1.45 AM **Mandela: Long Walk to Freedom** Biopic starring Idris Elba. (2013, 12, 147min) ★★★
4.15 **to 6.00** AM **Miracle on 34th Street** Classic festive fantasy. (1947, b/w, U, 93min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.50 AM **Howard Lovecraft & the Frozen Kingdom** As 11.20pm.
8.25 **The Magic Roundabout**
10.05 **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★
11.50 **Rio** As shown at 8.15pm.
1.40 PM **Animals United** Animation. (2010, U, 92min) ★★
3.30 **Curious George: Royal Monkey** Animation. (2019, U, 86min) ★★

5.00 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
6.45 **The Queen's Corgi** Animated comedy. (2019, PG, 85min) ★
8.15 **Rio** Animated comedy featuring the voice of Jesse Eisenberg. (2011, U, 95min) ★★★★
9.55 **The Magic Roundabout** Animated comedy featuring the voice of Robbie Williams. (2005, U, 82min) ★★★
11.20 **Howard Lovecraft & the Frozen Kingdom** Animated fantasy. (2016, PG, 80min) ★★

12.50 AM **Two by Two: Overboard** Animation. (2020, U) ★★
2.20 **Boonie Bears: To The Rescue** Animation. (2014, U, 93min) ★★
4.00 **Away** Animated adventure. (2019, U, 75min) ★★★★
5.30 **to 6.55** AM **The Wacky Hen** Animation. (2019, U) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.45 **Off Set** With Jamie Cullum.
7.55 **Meet Me in St Louis** Musical. (1944, U, 113min) ★★★★
10.15 **Apache War Smoke** (1952) ★★
11.45 **The Battle of the Sexes** Comedy. (1960, b/w, U) ★★
1.30 PM **Murder at the Gallop** Mystery. (1963, b/w, U) ★★★
3.15 **High Society** Musical comedy. (1956, U, 107min) ★★★★★

5.30 **Good Day For A Hanging** Western. (1958, U, 85min) ★★
7.20 **The Walking Hills** Western with Randolph Scott and Ella Raines. (1949, b/w, PG, 78min) ★★
9.00 **Above the Law** Action thriller starring Steven Seagal as a Chicago cop who uncovers an attempt to assassinate a senator. With Pam Grier. (1988, 18, 99min) ★★★
11.10 **Last Man Standing** Action thriller starring Bruce Willis. (1996, 18, 101min) ★★★

1.15 AM **Barry Lyndon** Stanley Kubrick's historical drama. (1975, PG, 184min) ★★★★★
4.35 **Off Set** With Michael Caine.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Fighting Coast Guard** Drama. (1951, b/w, U) ★★
7.45 **A Question of Suspense** Drama. (1961, b/w, PG, 62min) ★★
9.00 **Stagecoach West** (S1)
10.00 **Shadows on the Stairs** Mystery. (1941, b/w, PG, 63min) ★★
11.15 **Look at Life**
11.25 **Uneasy Terms** Mystery thriller. (1948, b/w, PG, 91min) ★★
1.15 PM **The Way We Live**

2.30 **The Night We Got the Bird** Comedy. (1960, b/w, PG) ★
4.05 **Botany Bay** Adventure drama. (1952, PG, 90min) ★★
6.00 **Dial 999** (S1)
6.30 **Worker's Weekend**
6.50 **Devil's Bait** Suspense thriller. (1959, b/w, U, 58min) ★★
8.00 **Maigret** 2/13. (S1)
9.05 **Van der Valk** 2/6. (S1)
10.05 **Public Eye** 1/7. (S4)
11.05 **The Champions** 1/30. (S1)
12.00 M'T **The Outer Limits** (S1)
1.00 AM **Cellar Club with Caroline...**

1.05 **Frankenstein and the Monster from Hell** Horror. (1973, 18) ★
3.00 **Cellar Club with Caroline Munro**
3.05 **Quicksand** Thriller. (1950) ★★★
4.40 **Cellar Club with Caroline Munro**
4.45 **One Step Beyond** 6/22. (S1)
5.25 **Streaked Lightning**
5.30 **to 6.00** AM **Sherlock Holmes**

Horror

317 149 69 138

8.00 AM **First Wave** 2/22. (S1)
9.00 **Battlestar Galactica** 1/24. (S1)
10.00 **Airwolf** 22/24. (S4)
11.00 **Stonehenge Apocalypse** Sci-fi thriller. (2010, 15, 90min) ★
1.00 PM **San Andreas Quake** Action adventure. (2015, 12, 84min) ★
2.35 **Tales from the Darkside** (S4)
3.00 **Andromeda** 7/22. (S5)
4.00 **Megaconda** Horror. (2010) ★★
6.00 **Airwolf** 23/24. (S4)

7.00 **Battlestar Galactica** *Saga of a Star World – Part Two:* 2/24. The Cylons attack the Twelve Colonies of Humanity. (S1)
8.00 **Star Trek** *The Gamesters of Triskelion:* 16/26. Kirk is forced to become a gladiator. (S2)
9.00 **Pay the Ghost** Supernatural thriller starring Nicolas Cage and Sarah Wayne Callies. A professor encounters sinister forces while attempting to solve the mystery of his son's disappearance. (2015, 15, 90min) ★★

10.55 **Kill Command** Sci-fi thriller. (2016, 15, 98min) ★★★
12.50 AM **Quarantine 2: Terminal** Horror sequel. (2011, 15) ★★
2.35 **to 4.30** AM **Seventh Moon** Horror. (2008, 15, 87min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **Every Breath You Take**
8.00 **Panic Room** Suspense thriller. (2002, 15, 112min) ★★★
10.00 **The Kid Detective** Comedy drama starring Adam Brody. (2020, 15, 100min) ★★★★
11.45 **A Few Good Men** Drama. (1992, 15, 132min) ★★★★
2.05 PM **Revolver** As 12.00m't.
4.05 **The Whole Truth** Drama. (2015, 15, 93min) ★★★
5.45 **The Little Things** Drama. (2021, 15, 128min) ★★★★

8.00 Everest

8.00 **Everest** Fact-based adventure starring Jason Clarke and Josh Brolin. Two expeditions set out to climb the world's highest mountain – only to get caught in one of the fiercest snowstorms ever recorded. (2015, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

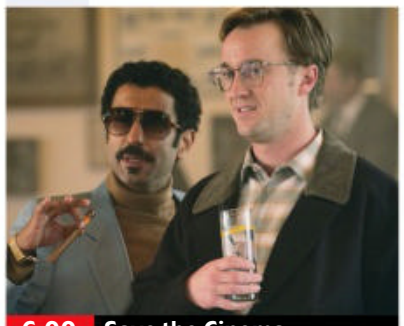
10.05 **Baby Driver** Music-themed action thriller starring Ansel Elgort and Kevin Spacey. A young getaway driver finds himself taking part in a heist doomed to fail. (2017, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Revolver** Crime thriller starring Jason Statham. (2005, 15, 115min) ★
2.00 AM **Antebellum** Horror mystery with Janelle Monae. (2019, 15, 105min) ★★
4.00 **to 6.00** AM **Every Breath You Take** Psychological thriller. (2021, 15, 105min) ★★★

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **Music** Musical drama. (2021, 12, 107min) ★★
8.00 **Stray Dolls** As 4.10am.
9.45 **The Way We Were** (1973)
11.45 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
1.45 PM **Enemy at the Gates** World War Two military drama. (2001, 15, 131min) ★★★★
4.00 **Whiplash** Music drama. (2014, 15, 104min) ★★★★★
6.00 **Save the Cinema** Drama. (2021, 12, 109min) ★★★


6.00 Save the Cinema

8.00 **Valentine's Day** Romantic comedy about the intersecting paths of a series of LA couples on 14 February, featuring an all-star cast including Ashton Kutcher, Jennifer Garner, Anne Hathaway, Julia Roberts, Jessica Biel and Jamie Foxx. (2010, 12, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Legends of the Fall** Epic drama set in early 20th-century Montana, starring Brad Pitt. The three sons of a retired colonel come into conflict when they meet a beautiful woman. (1994, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Honeytrap** Drama. (2014, 18, 93min) ★★★
2.10 **The Way We Were** Drama. (1973, PG, 118min) ★★★
4.10 **to 6.00** AM **Stray Dolls** Thriller with Olivia DeJonge. (2019, 15, 97min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Monster Hunter** (2020)
7.45 **Gremlins** (1984, 12) ★★★★
9.35 **The Matrix Revolutions** Thriller. (2003, 15) ★★★
11.45 **The Dark** As 1.10am.
1.20 PM **The Hole** (2009, 12) ★★★
3.00 **Gremlins 2: The New Batch** Horror comedy sequel. (1990, 12, 107min) ★★★
5.00 **Oblivion** Epic sci-fi adventure. (2013, 12, 124min) ★★★★★
7.05 **Gattaca** Sci-fi drama. (1997, 15, 106min) ★★★★

7.05 Gattaca

Gattaca (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **2001: A Space Odyssey** Stanley Kubrick's classic sci-fi epic starring Gary Lockwood and Keir Dullea as 21st-century astronauts on a mission to Jupiter. (1968, U, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Final Destination** Horror thriller starring Devon Sawa. (2000, 15, 97min) ★★★★
1.10 AM **The Dark** Supernatural horror chiller starring Maria Bello and Sean Bean. (2005, 15, 93min) ★★
2.45 **Monster Hunter** Fantasy adventure with Milla Jovovich. (2020, 12, 103min) ★★
4.30 **to 6.05** AM **Volition** Thriller with Adrian Glynn McMorran. (2019, 15, 91min) ★★★

Sky Cinema Women in Film

302 302 856 402 502 516

6.50 AM **Kajillionaire** Comedy. (2020, 12, 104min) ★★★★
8.40 **The United States vs. Billie Holiday** As 5.25am.
10.55 **Erin Brockovich** Drama. (2000, 15, 133min) ★★★★
1.10 PM **The Glorias** Biopic. (2020, 12, 139min) ★★★
3.40 **Resident Evil** Sci-fi thriller. (2002, 15, 100min) ★★★
5.25 **Wonder Woman 1984** Superhero action sequel. (2020, 12, 151min) ★★★★

10.00 Bridesmaids

8.00 **Promising Young Woman** Crime thriller starring Carey Mulligan and Bo Burnham. A woman who has been traumatised by a tragic event in her past seeks out vengeance against those who crossed her path. (2020, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bridesmaids** Comedy with Kristen Wiig, Maya Rudolph, Rose Byrne and Melissa McCarthy. (2011, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Resident Evil: Apocalypse** Sci-fi thriller sequel starring Milla Jovovich. (2004, 15, 94min) ★★★
1.50 **Land** Drama directed by and starring Robin Wright. (2021, 12, 89min) ★★★★
3.25 **Promising Young Woman**
5.25 **to 7.40** AM **The United States vs. Billie Holiday** Biopic starring Andra Day. (2021, 15, 130min) ★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Two Thousand Women** World War Two comedy drama. (1944, b/w, PG, 97min) ★★★
1.00 PM **Samson and Delilah** Cecil B DeMille's biblical epic. (1949, U, 128min) ★★★
3.35 **The Duel at Silver Creek** Western. (1952, U) ★★
5.10 **Captain Scarlett** Adventure. (1952, U, 75min) ★★
6.40 **Little Women** Period drama. (1994, U, 114min) ★★★

9.00 Can You Ever Forgive Me?

Little Women (film started at 6.40pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Can You Ever Forgive Me?** Comedy starring Melissa McCarthy and Richard E Grant. While suffering financial troubles, a writer finds a new way to make ends meet – forging letters from literary legends. (2018, 15, 106min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.10 **Punisher War Zone** Action thriller starring Ray Stevenson and Dominic West. A vigilante vows to give up his quest for revenge, but an arch villain soon tests his resolve. (2008, 18, 98min) ★★★ **11 PM**
1.15 **to 4.00** AM **Wuthering Heights** Gritty period drama starring Kaya Scodelario. (2011, 15, 128min) ★★

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **It Should Happen To You** Comedy. (1953, b/w, U) ★★★
7.45 **Running Wild** Adventure. (1995, PG, 98min) ★★
9.35 **Ladies Who Do** British comedy. (1963, b/w, U, 85min) ★★
11.20 **Riff-Raff** Thriller. (1947, b/w) ★★
1.00 PM **The Woman on Pier 13** Thriller. (1949, b/w, PG) ★★★
2.30 **The Racket** Crime thriller. (1951, b/w, PG, 88min) ★★★

4.20 **The Taming of the Shrew** Director Franco Zeffirelli's screen version of Shakespeare's play. (1967, U, 126min) ★★★★
6.45 **Gambit** Crime caper starring Michael Caine as a Cockney crook who hires a nightclub singer to help steal a priceless statue. (1966, U, 109min) ★★★
9.00 **All My Sons** Drama with Edward G Robinson and Burt Lancaster. (1948, b/w, PG, 94min) ★★
10.50 **The Swimmer** Offbeat drama. (1967, PG, 94min) ★★★★★

12.40 AM **Bugsy** Gangster biopic. (1991, 15, 136min) ★★★
3.20 **Operation Dames** War drama. (1959, b/w, PG, 74min) ★★
4.35 **to 6.00** AM **Candlelight in Algeria** (1943, b/w, PG) ★★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Stranger in the House** Thriller. (2016, PG, 88min) ★★
11.00 **A Sister's Obsession** Thriller. (2018, 12, 90min) ★★
1.00 PM **Murder by Text: Garage Sale Mystery** Crime drama. (2017, PG, 90min) ★★
2.50 **A Dangerous Date** Thriller. (2018, 12, 102min) ★★
4.40 **Cover Girl** Vintage musical. (1944, b/w, U, 100min) ★★★★

6.55 **Tracker** Action drama starring Ray Winstone and Temuera Morrison. In 1903 New Zealand, a Boer tracker joins a military search party hunting a Maori sailor. With Nicholas McGough. (2010, 12, 101min) ★★★
9.00 **Son of a Gun** Crime drama starring Brenton Thwaites and Ewan McGregor. A jailed Australian teenager is taken under the wing of a veteran thief who is planning a gold heist. (2013, 15, 108min) ★★★

11.15 **Vincent N Roxxy** Romance. (2016, 15, 102min) ★★★
1.20 AM **Moneyball** Sports drama. (2011, 12, 133min) ★★★★
3.55 **to 6.00** AM **The Little Vampire** Horror comedy. (2000, U) ★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **The War Lover** Melodrama. (1962, b/w, PG, 105min) ★★★
8.05 **East of Sudan** (1964, U) ★
9.55 **Hell Below Zero** Adventure drama. (1953, U, 87min) ★★
11.50 **Seven Dollars on the Red** Western. (1966, PG, 85min) ★★
1.55 PM **Battle of Rogue River** Western. (1954, PG, 90min) ★★
3.25 **Sahara** World War Two drama. (1943, b/w, PG, 97min) ★★★

5.30 **Operation Cross Eagles** Wartime drama starring Richard Conte. (1969, 12, 90min) ★★
7.15 **Fire Twister** Disaster drama starring Casper Van Dien and Lisa Ciara. (2015, 12, 90min) ★
9.00 **Harrigan** Crime thriller, starring Stephen Tompkinson and Gillian Kearney. A police officer seeks revenge against the gang leader who murdered his friend in a troubled 1970s estate. With Craig Conway and Ronnie Fox. (2013, 15, 95min) ★★

11.05 **Pistol Whipped** Action thriller. (2007, 15, 96min) ★★★
1.05 AM **Submerged** Action thriller. (2005, 15, 96min) ★
2.55 **to 4.00** AM **Hell Squad** War drama. (1958, b/w, PG) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Witness to Murder: A Darrow & Darrow Mystery**
9.00 **Holly & Ivy** As shown at 9pm.
11.00 **Chronicle Mysteries** As 11pm.
1.00 PM **The 27-Hour Day** As 1am.
3.00 **Riddled with Deceit: A Martha's Vineyard Mystery** Thriller. (2020, PG, 89min) ★★
5.00 **An Inheritance to Die For: Aurora Teagarden Mysteries** Drama. (2019, PG, 86min) ★★

7.00 **Witness to Murder: A Darrow & Darrow Mystery** Thriller with Kimberly Williams-Paisley. When Claire Darrow defends a friend of her mother in a case, the identity of the prosecuting attorney causes complications. (2020, PG, 84min) ★★
9.00 **Holly & Ivy** Drama starring Janel Parrish. A woman decides the best way of coming to the aid of her terminally ill neighbour is by adopting her children. (2020, U, 89min) ★★

11.00 **Chronicle Mysteries** *Helped to Death:* Stars Alison Sweeney.
1.00 AM **The 27-Hour Day** Drama. (2021, PG, 84min) ★★
3.00 **to 5.00** AM **Riddled with Deceit: A Martha's Vineyard...**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **Batman Begins** *Sky Showcase* Dark comic-book thriller tracing the origins of Batman, starring Christian Bale and Liam Neeson. ★★★★★
9.00 **The Bourne Identity** *ITV4* Spy thriller starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. With Frank Potente. ★★★★★
9.00 **Fifty Shades Freed** *5STAR* Romantic adult thriller starring Dakota Johnson. ★
9.00 **American Pie: The Wedding** *Comedy Central* Teen comedy sequel starring Jason Biggs. ★
9.00 **Jumanji: Welcome to the Jungle** *4Seven* Fantasy action comedy with Dwayne Johnson and Karen Gillan. ★★★★
10.00 **Battlestar Wars** *Syfy* Drama starring Alyson Gorske. ★★
11.00 **John Wick: Chapter 2** *Channel 5* Action drama sequel starring Keanu Reeves. ★★★★
11.15 **Phantom Thread** *BBC2* Drama starring Daniel Day-Lewis and Vicky Krieps. ★★★★★
12.35 AM **Body of Evidence** *5STAR* Erotic thriller with Madonna. ★

TUESDAY Sport

8 March

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE ICC Women's World Cup Australia v Pakistan.** Coverage of the group match taking place at Bay Oval in Mount Maunganui, New Zealand.
8.05 **LIVE Test Cricket India v Sri Lanka.** The fifth and final day of the first Test in the two-match series at Punjab Cricket Association Stadium in Mohali, Chandigarh.
11.30 **LIVE Test Cricket Pakistan v Australia.** Coverage of day five of the first Test in the three-match series, which takes place at Rawalpindi Cricket Stadium.
12.30 PM **Sky Sports News** Round-up of the latest sports news.
2.00 **The Players Championship** A look ahead to this year's Players Championship.
7.30 **LIVE EFL Trophy Football Wigan Athletic v Sutton United.** Coverage of the semi-final clash taking place at DW Stadium. Kick-off **7.45pm**.
10.00 **LIVE ICC Women's World Cup West Indies v England.** The group match from University Oval in Dunedin, New Zealand.
5.05 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Jamie Carragher**
7.30 **PL Legends: Gary Neville**
8.00 **PL Greatest Games**
8.15 **MNF** As shown at 4pm.
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **MNF** As shown at 4pm.
2.45 **PL Greatest Games**
4.00 **MNF** Another chance to see Tottenham Hotspur v Everton.
5.45 **PL Greatest Games** Action from Liverpool v Manchester United.
6.00 **Inside the WSL** The latest updates and news from the league.
7.00 **Gillette Soccer Special** Jeff Stelling presents pre-match reports, news of all the goals and a classified results round-up.
10.00 **Premier League Review** A look back at the weekend's action in the Premier League.
11.00 **PL Retro** Liverpool v Chelsea from the 2013/14 season.
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 00/01**
5.00 **Best PL Goals: Newcastle v Liverpool** Memorable goals.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **EFL Greatest Games**
8.15 **SPFL Greatest Games**
8.30 **SPFL** Rangers v Celtic.
9.00 **Soccer AM: The Best Bits**
9.30 **EFL Highlights**
10.30 **SPFL Highlights**
11.00 **EFL Cup Retro**
1.45 PM **Retro: League 1 Playoff Final 99** Gillingham v Man City.
4.30 **Best Goals: Carabao Cup**
5.00 **EFL Greatest Games**
5.30 **MLS Round-Up Show**
6.00 **Inside the WSL**
7.00 **EFL Trophy Football**
7.30 **LIVE EFL Trophy Football Wigan Athletic v Sutton United.** Coverage of the semi-final clash taking place at DW Stadium. Kick-off **7.45pm**.
10.15 **Inside the WSL**
11.15 **EFL Greatest Games**
12.00 M'T **EFL Trophy Football**
12.30 AM **EFL Goals: Leagues 1 & 2**
1.00 **EFL Cup Retro 17**
3.00 **Play Off Final C'Ship 17/18**
4.00 **Play Off Finals League 1 17/18**
5.00 **to 6.00** AM **EFL Play Off Final League 2 17/18**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM **LIVE ICC Women's World Cup Australia v Pakistan.** Coverage of the group match taking place at Bay Oval in Mount Maunganui, New Zealand.
8.05 **LIVE Test Cricket India v Sri Lanka** Coverage of the fifth and final day of the first Test in the two-match series, taking place at Punjab Cricket Association Stadium in Mohali, Chandigarh.
11.30 **LIVE Test Cricket Pakistan v Australia** Coverage of day five of the first Test in the three-match series which takes place at Rawalpindi Cricket Stadium.
12.30 PM **ICC Women's World Cup**
1.30 **ICC Women's World Cup**
2.30 **Test Cricket** Triple bill.
5.30 **ICC Women's World Cup**
6.30 **Test Cricket** Double bill.
8.30 **ICC Women's World Cup**
9.30 **LIVE ICC Women's World Cup West Indies v England.** The group match from University Oval in Dunedin, New Zealand.
5.05 AM **Women's World T20 Classics** The key moments.
5.25 **to 6.00** AM **ICC Women's World Cup 2017**

Sky Sports The Players

405 405 863 | 515 505 | 424 444

6.00 AM **Golf Academy**
7.00 **PGA Tour Classic**
11.00 **How the 2019 Players Was Won** Action from the final day of the 2019 Players Championship.
1.00 PM **The Players Championship Official Film** Taking a look back at the 2021 event.
2.00 **The Players Championship** A look ahead to this year's Players Championship.
10.00 **Players '19: Players Championship 2019 Watchalong** Rory McIlroy looks back at his win at the 2019 Players Championship.
11.30 **Masterpiece Theatre** The history of the Players Stadium Course at TPC Sawgrass.
11.45 **PGA Tour Profiles** A look at the rise of Rory McIlroy and his record-breaking 2019 season.
12.00 M'T **PGA Tour Classic**
2.00 AM **How the 2019 Players Was Won** The key moments.
4.00 **Masterpiece Theatre**
4.15 **PGA Tour Profiles**
4.30 **Best of the Sky Zone – The Players**
5.00 **to 6.00** AM **The Players Championship Official Film**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **UEFA Champions League Magazine** The latest updates.
6.30 **UEFA Europa League Goals Reload** The pick of the goals.
6.45 **BT Sport Goals Reload**
7.00 **WWE NXT UK**
8.00 **Premier League Review**
9.00 **Isuzu UTE A-League**
10.00 **A-League Women**
11.00 **Isuzu UTE A-League**
12.00 NOON **Premier League Review** A look back at the best of the action from the Premier League.
1.30 PM **LIVE Test Cricket West Indies v England.** Coverage of the opening day of the first Test in the three-match series, held at Sir Vivian Richards Stadium, North Sound. *See feature, page 28.*
10.00 **WWE Monday Night Raw**
12.30 AM **Ariel Helwani Meets** An interview with AJ Styles.
1.00 **LIVE WWE NXT** Wrestling action from America as the next generation of stars showcase their talents.
3.15 **Vanarama National League Highlights** Recent action.
3.45 **Gallagher Premiership Rugby Highlights** Recent action.
5.15 **to 6.00** AM **Rugby Tonight**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Hockey**
8.00 **BT Sport Fight Night**
9.00 **What I Wore: Ellen White**
9.15 **Watch Us Rise**
10.00 **Women's Ashes**
11.30 **Ultimate Goal**
5.30 PM **ESPN FC** A round-up of the latest football news.
6.00 **MotoGP Highlights** Action from the 2022 Grand Prix of Qatar.
7.00 **LIVE UEFA Champions League Liverpool v Inter Milan.** Coverage of the last-16 second-leg clash taking place at Anfield. Kick-off **8.00pm**.
10.30 **BT Sport Films** Richie Driss explores the many faces of goalkeepers, from game-changer to weak-link. Featuring Jordan Pickford and Aaron Ramsdale.
11.45 **Premier League Reload** A whirlwind catch-up from the weekend's Premier League matches, featuring all the goals.
12.00 M'T **LIVE College Basketball** Double billl of NCAA action.
4.00 AM **FIH Hockey Pro League Magazine** News and highlights.
4.30 **Classic MOTD – Thrillers**
5.00 **to 6.00** AM **PSA Squash Highlights**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A** Napoli v AC Milan.
7.00 **Ligue 1** Back-to-back editions.
2.00 PM **Serie A** Napoli v AC Milan.
3.00 **UEFA Europa League Magazine** News and action.
4.00 **Primeira Liga** Action from Pacos de Ferreira v FC Porto.
5.00 **UEFA Champions League Magazine** News and action.
5.30 **UEFA Champions League** Inter Milan v Liverpool.
6.30 **UEFA Champions League** RB Salzburg v Bayern Munich.
7.30 **LIVE UEFA Champions League Bayern Munich v RB Salzburg.** Coverage of the last-16 second-leg match at Allianz Arena. Kick-off **8.00pm**.
10.15 **MotoGP Rewind** A look back at the best of the action from the opening round of the 2022 MotoGP season in Qatar.
10.30 **A-League Highlights** All the goals and talking points from the weekend's A-League games.
11.30 **Vanarama National League Highlights** Best of the action.
12.00 M'T **UEFA Champions League**
2.00 AM **MotoGP** Action from Qatar.
5.00 **to 6.00** AM **MotoGP Chequered Flag**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **Premier League Darts**
10.30 **Top Rank Boxing Archive**
12.00 NOON **Good Morning Football** The morning show destination for NFL fans with discussion and news.
3.00 PM **Premier League Darts** A replay of the fourth night of the 2022 tournament, which took place at Westpoint Arena in Exeter.
6.30 **NFL Bitesize Highlights** Double bill of NFL action.
7.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
9.00 **Top Rank Boxing Archive** Action from Marvin Hagler v Sugar Ray Leonard from 1987.
10.15 **Top Rank Boxing Archive** Action from Sugar Ray Leonard v Thomas Hearns from 1989.
11.30 **Top Rank Boxing Archive** Action from George Foreman v Gerry Cooney from 1990.
12.00 M'T **Total Access Total Access.** The latest NFL talking points.
1.00 AM **NFL Highlights**
2.00 **Premier League Darts**
5.30 **to 6.00** AM **Darts Gold**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **LIVE Test Cricket Pakistan v Australia.** Coverage of day five of the first Test in the three-match series, which takes place at Rawalpindi Cricket Stadium.
12.30 PM **Great Women: Stars of ODI Cricket**
1.30 **Katherine Brunt: No Boundaries**
1.45 **Hannah Mills: Winning On Water**
2.00 **Netball Superleague**
4.00 **Black Roses**
5.00 **Hall or Nothing: Georgia's Story**
6.00 **Inside the WSL**
7.00 **The Greatest Solheim Cup**
9.00 **Hannah Mills: Winning On...**
9.15 **The Rise of Fallon Sherrock**
9.45 **Portrait of a Captain: Catriona**
10.15 **Inside the WSL**
11.15 **Hannah Mills: Winning On...**
11.30 **Netball Superleague**
1.30 AM **Katherine Brunt: No Boundaries**
1.45 **Suzann Pettersen: Her Final Putt**
2.30 **Winning Over The World**
3.30 **Hannah Mills: Winning On...**
3.45 **Netball Superleague**
5.45 **to 6.00** AM **Katherine Brunt: No Boundaries**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **Highlights**
12.30 PM **ESPN SportsCenter**
12.45 **Around the Horn**
1.15 **Pardon the Interruption**
1.45 **ESPN SportsCenter**
2.00 **Let Them Wear Towels**
3.00 **Lolo Jones**
4.00 **Abby Head On**
5.00 **LIVE College Basketball** The Women's Horizon League Championship Game.
7.00 **LIVE College Basketball** The Women's Summit League Championship Game.
9.00 **LIVE College Basketball** The Women's West Coast Conference Championship Game.
11.00 **ESPN Films Presents**
11.30 **SEC Storied**
12.00 M'T **LIVE College Basketball** Double bill of NCAA action.
4.00 AM **No Limits**
5.00 **to 6.00** AM **SEC Storied: Once Upon a Comeback**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Olympics: Hall of Fame**
7.00 **Cycling: Tirreno-Adriatico**
8.00 **Cycling: Paris-Nice**
9.00 **The Judo Show**
10.00 **Ibiza Marathon**
10.30 **Cycling: Tour of Flanders**
10.45 **Cycling: Tirreno-Adriatico**
11.45 **Cycling: Paris-Nice**
12.45 PM **The Cycling Show**
1.15 **LIVE Cycling: Paris-Nice** Coverage of stage three.
3.00 **LIVE Cycling: Tirreno-Adriatico** Stage two.
4.15 **Cycling: Strade Bianche**
5.15 **Cycling: Tour of Flanders**
5.30 **The Cycling Show**
6.00 **Biathlon**
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Tirreno-Adriatico**
10.00 **Ski Jumping**
12.00 M'T **Cycling: Paris-Nice**
1.00 AM **Cycling: Tirreno-Adriatico**
2.00 **Alpine Skiing**
4.00 **to 6.00** AM **Snooker: Turkish Masters**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Snooker: Turkish Masters**
8.00 **LIVE Snooker: Turkish Masters** Coverage of the morning session on day two.
11.00 **Motocross World Championship** From Italy
11.30 **World Superbikes: Race of 2021** The race of the season.
12.30 PM **LIVE Snooker: Turkish Masters** The afternoon session on day two from Nirvana Cosmopolitan Hotel in Antalya.
3.30 **Formula E** The Mexico City ePrix.
4.30 **Snooker: Turkish Masters**
5.00 **LIVE Snooker: Turkish Masters** Coverage of the evening session on day two from Nirvana Cosmopolitan Hotel in Antalya.
8.00 **Olympic Games: Hall of Fame**
10.00 **Eurosport News**
10.10 **Snooker: Turkish Masters**
12.00 M'T **Biathlon**
2.00 AM **Snooker: Turkish Masters**
4.00 **Cycling: Tirreno-Adriatico**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Drone Racing League**
8.00 **Netball Superleague**
10.00 **NBA Basketball**
12.00 NOON **Netball Superleague** Severn Stars v Celtic Dragons.
2.00 PM **Betfred Super League Highlights** Double bill.
2.30 **Drone Racing League**
4.30 **Netball Superleague**
6.30 **NBA GameTime**
7.00 **NBA Basketball** A replay of Boston Celtics v Brooklyn Nets.
9.00 **Hannah Mills: Winning On Water**
9.15 **The Rise of Fallon Sherrock** A profile of the darts player.
9.45 **NBA Basketball** Los Angeles Lakers v Golden State Warriors.
11.45 **Hannah Mills: Winning On Water**
12.00 M'T **Betfred Super League Highlights** Best of the action.
2.00 AM **NBA Basketball**
4.00 **to 6.00** AM **Rugby League Retro**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula One: Best of 2021**
11.00 **The Inside Line**
11.30 **Formula 1** Action from the first practice session at the 2021 Saudi Arabian Grand Prix.
12.45 PM **Formula 1** Action from the second practice session at the 2021 Saudi Arabian Grand Prix.
2.00 **Formula 1** Action from the third practice session at the 2021 Saudi Arabian Grand Prix.
3.15 **Formula 1** Qualifying for the 2021 Saudi Arabian Grand Prix.
5.15 **Formula 1** A re-run of the 2021 Saudi Arabian Grand Prix.
7.30 **Formula 1** Highlights of the 2021 Saudi Arabian Grand Prix.
8.30 **Formula 1** A re-run of the 2021 Abu Dhabi Grand Prix.
10.45 **Formula 1** Highlights of the 2021 Abu Dhabi Grand Prix.
11.45 **Brazil 2008 Revisited**
11.55 **Abu Dhabi Hot Lap**
12.00 M'T **to 6.00** AM **Formula One: Best of 2021**

SKY HD SD | VIRGIN HD | BT HD

Wednesday 9 March

Evening Planner

Cookery

Mary Berry's Fantastic Feasts
BBC1 HD, 8pm
In this new series, Dame Mary Berry comes to the rescue of novice cooks

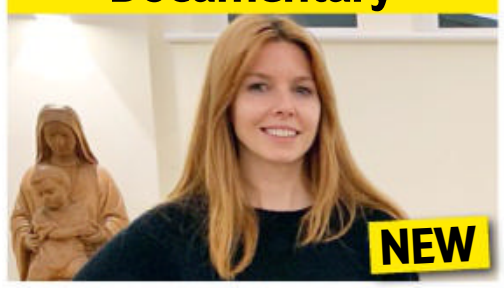
Reality

Interior Design Masters
BBC1 HD, 9pm
Alan Carr is back with 10 more aspiring interior designers who are hoping to win a contract to style a luxury hotel

Documentary

Soham: The Murder of Holly & Jessica
Channel 5 HD, 9pm
This three-part documentary recalls the 2002 murders that took place in Soham

Documentary



Stacey Dooley: Inside the Convent
BBC1 HD, 10.35pm (times vary)
Stacey Dooley spends 10 days living with nuns at St Hilda's Priory in Whitby

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Mary Berry's Fantastic Feasts		9.00 Interior Design Masters with Alan Carr		10.00 News; Local News	10.35 Stacey...
102 BBC2	7.00 Doctors	7.30 Nigella's Cook...	8.00 Your Body Uncovered with Kate...		9.00 Great British Menu		10.00 The Office	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Our House		10.00 News; Local News	
104 CHANNEL 4	7.00 News	7.30 Winter...	8.00 Kirstie and Phil's Love It or List It...		9.00 Michael Mosley: Who Made Britain Fat?		10.00 Naked Attraction	
105 CHANNEL 5	7.00 The Gadget Show		8.00 Police Interceptors		9.00 Soham: The Murder of Holly & Jessica			10.35 My Lover...
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Landscape Artist of the Year 2022		9.00 SEAL Team		10.00 Frayed	
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia		8.00 Flat Out Fabulous		9.00 Gassed Up		10.00 The Fast and...	10.30 This Country
116 BBC4	7.00 The Lakes with...	7.30 Fred Dibnah's...	8.00 Great Barrier Reef		9.00 Digging for Britain		10.00 Tango with Putin: Storyville	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Family Guy			
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Grand Designs		9.00 Secrets of the Royal Gardens		10.00 24 Hours in Police Custody...	
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Teen First Dates		10.00 Celebrity Gogglebox	
107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Blue Bloods		9.00 Bull		10.00 Transplant	
108 SKY ATLANTIC	◂ 6.45 The Sopranos		7.55 Game of Thrones		9.00 Film: Notes From the Field			
110 GOLD		7.15 The Green Green Grass	8.00 Dad's Army			9.20 Fawlty Towers		10.10 Men Behaving Badly
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 QI XL		10.00 Outsiders	
119 ITV3	7.00 Heartbeat		8.00 Maigret Sets a Trap				10.00 Law & Order: UK	
120 ITV4	7.00 Cycling: Paris-Nice Highlights		8.00 Bradley & Barney Walsh: Breaking Dad		9.00 Film: The Bourne Supremacy			
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre: Hello Wembley!		10.00 Kevin Bridges: A Whole Different Story	
152 SYFY	7.00 Quantum Leap		8.00 Fringe		9.00 Grimm		10.00 Fortitude	
113 SKY MAX	7.00 Stargate SG-1		8.00 There's Something About Movies		9.00 SEAL Team		10.00 Frayed	
132 ALIBI	7.00 Rizzoli & Isles		8.00 Father Brown		9.00 Pretty Hard Cases		10.00 Deception	
130 SKY ARTS	7.00 Portrait Artist of the Year 2018		8.00 Landscape Artist of the Year 2022		9.00 Jane Fonda In Five Acts			
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Gold Divers				10.00 Moonshiners	
162 ANIMAL PLANET	7.00 Extinct or Alive		8.00 How Sharks Hunt		9.00 Shark Week Immersion		10.00 Monsters Inside Me	
129 NAT GEO	7.00 Car S.O.S.		8.00 Alaska: The Next Generation		9.00 Air Crash Investigation		10.00 Ice Road Rescue	
123 SKY HISTORY	7.00 Forged in Fire		8.00 World's Greatest Treasure Mysteries		9.00 The Curse of Oak Island		10.00 Great Escapes with Morgan Freeman	
155 YESTERDAY	7.00 Himalaya with Michael Palin		8.00 The Architecture The Railways Built		9.00 Steam Train Britain		10.00 Full Steam Ahead	
121 SKY DOCS	7.00 The Seventies		8.00 Janet Jackson		9.00 Dying to Divorce			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.05 Dream Horse		8.00 In The Earth				10.00 The Forever Purge	
303 HITS	◂ 5.30 Wonder Woman 1984		8.00 Gravity			9.35 Stealth		
304 GREATS		7.15 The Warriors			9.00 Saving Private Ryan			
305 ANIMATION	◂ 6.30 Hotel Transylvania 2		8.05 The Prince of Egypt				10.00 Barbie & Her Sisters In The Great...	
306 FAMILY	◂ 6.40 Bogus			8.40 The Tiger Rising				10.30 Aliens Stole...
307 ACTION	◂ 6.00 Clash of the Titans		8.00 I Am Legend			9.45 300		
308 COMEDY	◂ 6.15 Jack and Jill		8.00 Meet the Fockers				10.00 St. Trinian's	
309 THRILLER	◂ 5.50 Target Number One		8.00 2 Guns				10.00 Rise of the Footsoldier	
310 DRAMA	◂ 5.55 Gridiron Gang		8.00 American Sniper					10.15 Philadelphia
311 SCI-FI	7.00 The Conjuring: The Devil Made Me Do It				9.00 Elysium			
302 WOMEN IN FILM	◂ 5.40 The United States vs. Billie Holiday		8.00 Salt			9.45 Gunpowder Milkshake		
313 FILM4	◂ 6.50 One Day				9.00 Venom			
315 TCM MOVIES	7.00 Billy Two Hats				9.00 Magnum Force			
SPORT								
401 MAIN EVENT	◂ 2.00 The Players...	7.30 EFL Trophy Football – Live: Hartlepool United v Rotherham United (Kick-off 7.45)						10.15 Sky Sports News
402 PREMIER LEAGUE	7.00 PL World	7.30 PL 100 Club	8.00 Gary Neville's Soccerbox		9.00 Premier League Review		10.00 PL World	10.30 PL Retro
403 FOOTBALL	7.00 EFL Trophy...	7.30 EFL Trophy Football – Live: Hartlepool United v Rotherham United (Kick-off 7.45)						10.30 EFL Goals...
404 WORLD CUP	7.00 Best of the...	7.30 Test Cricket		8.30 ICC Women's World Cup		9.30 Test Cricket		10.30 ICC Women's...
413 BT SPORT 1	◂ 1.30 Test Cricket – Live: West Indies v England						10.00 WWE NXT	
414 BT SPORT 2	7.00 UEFA Champions League – Live: Manchester City v Sporting Lisbon (Kick-off 8.00)							10.30 UEFA...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** New edition An armed robber is tracked as he stalks his victim. (S)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Shakespeare & Hathaway: Private Investigators** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** A woman hopes for a 'gin and gym' garden. (S)(R)
4.30 **Antiques Road Trip** Roo Irvine learns the history of the toilet. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Mary Berry's Fantastic Feasts

7 PM

7.00 **The One Show** Highlights from day two of the Red Nose and Spoon Race. (S)
7.30 **EastEnders** Karen agrees to hide Gray in her flat, but Mitch is not convinced of his innocence. (S)(AD)

8 PM

8.00 NEW SERIES **Mary Berry's Fantastic Feasts** Mary Berry teaches three novice cooks how to create dishes for afternoon tea so they can throw a thank you party for Soraya, who runs a youth charity in Cardiff. (S)(AD)

9 PM

9.00 NEW SERIES **Interior Design Masters with Alan Carr** 1/8. Ten aspiring designers compete to get their big break in the world of commercial interior design, beginning by transforming upmarket rental apartments in Manchester. (S)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 NEW **Stacey Dooley: Inside the Convent** Stacey Dooley spends 10 days living with the nuns of a Whitby convent. (S)(AD)
11.35 **Mood** *Babygirl:* 2/6. Forced to fend for herself, Sasha has ended up sofa-surfing at her drug dealer Saleem's flat, a million miles from the superstardom she dreams about. (S1) (S)(R)
12.20 AM **Katie Price: What Harvey Did Next** Documentary following the celebrity's son as he pursues a more independent life. (S)(R)
1.20 **Weather for the Week Ahead** Seven-day forecast. (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.15 AM **Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Inside Culture with Mary Beard** (S)(R)
8.30 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Ready Steady Cook** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **Put Your Money Where Your Mouth Is** From Lyon. (S)(R)
3.00 **The Heights** (S1) (S)(R)(AD)
3.30 **Murder, Mystery and My Family** (R)
4.15 **Sacred Wonders of Britain** (S)(R)
5.15 **Flog It!** From Althorp House. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Marcus Wareing's Tales from a Kitchen Garden** New edition (S)

8.00 Your Body Uncovered with...

7 PM

7.00 **Doctors** Valerie helps Luca take Winnie on a trip, while Jimmi makes progress with Asif. (S)(R)(AD)
7.30 **Nigella's Cook, Eat, Repeat** 3/6. Including layered chocolate and peanut butter cake. (S)(R)

8 PM

8.00 **Your Body Uncovered with Kate Garraway** New edition 2/6. Kate meets a doting grandmother to 23 grandchildren, who tries to understand why COVID-19 hit her so hard, and a man whose prostate has enlarged. (S)(AD)

9 PM

9.00 **Great British Menu** New edition One chef from the north-east and Yorkshire takes inspiration from *Strictly Come Dancing* and there is an ode to *Ant & Dec's Saturday Night Takeaway*. (S)
■ Continues tomorrow

10 PM

10.00 **The Office** 4/6. Brent makes easy money moonlighting at a business seminar. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Unspun World with John Simpson** New edition The BBC's World Affairs Editor reflects on the week's major global news stories, talking to local experts from around the world. (S)
11.40 **Rock Till We Drop** 2/4. The two bands come together to rehearse for the first time. (S)(R)
12.40 AM **Sign Zone: We Are Black and British** 1&2/2. (S)(R)(AD)
2.40 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Llandudno, where James Layte snaps up a telescope from the Napoleonic era, and there is a huge surprise in the den. (S)(R)
3.00 **Lingo** Word-based quiz show presented by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7 PM

7.30 **Emmerdale** Mackenzie and Pollard do their best to sabotage each other's events. (S)(AD)

8 PM

8.00 **Coronation Street** Abi forms a plan to retrieve the stolen car for Tyrone, Gary is alarmed by Laura's decision to track down Rick, and Daisy makes the acquaintance of a face from Daniel's past. (S)(AD)

9 PM

9.00 **Our House** New episode 3/4. Fi has to come to terms with losing the house and tries to find out Bram's whereabouts. She turns to Toby for support, but he has secrets of his own. (S1) (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **Paul Sinha's TV Showdown** Jenny Powell, Adam Thomas, Joanna Page and David Baddiel guest on the TV-themed comedy quiz. (S)(R)
12.15 AM **Shop: Ideal World**
3.00 **Bling** Gok Wan meets a woman who has inherited a ring from her grandmother. (S)(SL)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Ben Shephard hosts the arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **LIVE Winter Paralympics** Day five continues with wheelchair curling, in which Great Britain will be facing-off against Canada. (S)
8.00 **Winter Paralympics Breakfast** (S)
9.00 **Frasier** 18-20/24. (S4) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(R)
11.25 **News** (S)
11.30 **Coast vs Country** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** New edition (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition An international fusion menu. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

8.00 Kirstie & Phil's Love It or List It

7 PM

7.00 **News** (S)
7.30 **Winter Paralympics: Today in Beijing** Ade Adepitan presents action from the fifth day in China. (S)

8 PM

8.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** New edition Kirstie Allsopp and Phil Spencer recall helping a couple whose three-bedroom semi in East Grinstead was so cramped they were forced to eat meals in the bedroom. (S)

9 PM

9.00 NEW SERIES **Michael Mosley: Who Made Britain Fat?** 1/2. Former doctor Michael Mosley examines the rise in obesity among the public, investigating why government policies have failed. (S)(AD)
■ Concludes next week

10 PM

10.00 **Naked Attraction** New edition Twenty-three-year-old Nameya from Bristol and 35-year-old Dan from Bolton take their pick of six potential partners, based purely on their naked bodies. Hosted by Anna Richardson. (S)(AD)
11.05 **Sex Actually with Alice Levine** 1/3. Alice finds out what sex means for modern Brits. (S)(R)(AD)
12.05 AM **24 Hours in A&E** A former lollipop lady arrives after being attacked by her cat. (S)(R)(AD)
1.00 **to 6.00** AM **LIVE Winter Paralympics** Coverage of day six from Beijing, including Great Britain v China in the wheelchair curling. Plus, giant slalom action and the alpine skiing finals. (S)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Nightmare Tenants, Slum Landlords** Property developer's battle against squatters. (S)(R)
1.10 **News** (S)
1.15 **Home and Away** (S)
1.45 **Neighbours** (S)
2.15 FILM PREMIERE **Stalked by My Teacher** Thriller starring Vivica A Fox and Corin Nemec. (S) (2020, PG, 105min) (S) ★★
4.00 **Filthy House SOS** Richard and Brennan visit a semi-detached house in Bedford. (S)(R)
5.00 **News** (S)
6.00 **Neighbours** Levi refuses to believe that Freya is a stalker, but he is rattled as the group departs for River Bend. (S)(R)
6.30 **Eggheads** New edition Quiz. (S)

9.00 Soham: The Murder of...

7.00 **The Gadget Show** New edition 2/6. Georgie Barrat and Annabel Croft, the former star of *Treasure Hunt,* put Apple's AirTag up against two alternatives. (S)
7.55 **News** (S)

8.00 **Police Interceptors** New edition 5/10. In Nottingham, the knife crime team pull over a group of men in a car, and their agitated behaviour leads the team to believe they are trying to hide something. (S)

9.00 NEW SERIES **Soham: The Murder of Holly & Jessica** 1/3. Documentary examining the deaths of 10-year-old girls Holly Wells and Jessica Chapman in the Cambridgeshire town in August 2002, a crime that shocked the entire nation. (S)
■ Continues tomorrow

10.35 **My Lover, My Killer** New edition 5/6. A disabled man who welcomed a mother and son into his life – with fatal results. (S)

11.35 **Skin A&E** Dr Adil is not sure what two lumps on a patient's back actually are. (S)(R)
12.35 AM **999: Criminals Caught on Camera** Real-life footage. (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **Celebrity 5 Go Fishing** (S)(R)
4.00 **Get Your Tatts Out: Kavos Ink**
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Wildlife Rescue New Zealand** Documentary series. (S)(R)(AD)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 10/19. (S6) (S)(R)
11.00 **NCIS: New Orleans** (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 18/22. (S1) (S)(R)(AD)
3.00 **Modern Family** (S4) (S)(R)
4.00 **The Office (US)** (S8) (R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 22/25. Will is ecstatic when he lands his dream job. (S)(R)
6.00 23/25. Will encounters a beautiful woman. (S5) (S)(R)
6.30 **The Simpsons** *The Winter of His Content:* Grampa and a couple of his pals move in with the family. (S)(R)

8.00 Landscape Artist of the Year

7.00 **The Simpsons** *The War of Art:* Lisa's guinea pig destroys a painting in the family's living room. (S)(R)
7.30 *You Don't Have to Live Like a Referee:* Homer is recruited as a World Cup referee in Brazil. (S)(R)

8.00 **Landscape Artist of the Year 2022** Series finale 9/9. Joan Bakewell and Stephen Mangan take a look back at highlights from this year's search for the nation's best landscape painter. (S)

9.00 **SEAL Team** New episode *Man on Fire:* 6/14. The members of Bravo Team manage to escape their burning SUV, but Jason's personal and professional lives become intertwined. (S5) (S)

10.00 **Frayed** New episode 3/6. Sammy is confronted by her husband's indiscretions once again as she comes face-to-face with his mistress Bambi. (S2) (S)(AD)
■ Entire series on Sky Box Sets

11.00 **Sex and the City** 15/18. Charlotte's married brother sleeps with Samantha. (S)(R)
11.30 16/18. Carrie dates a recovering alcoholic. (S2) (S)(R)
12.00 M'T **The Force: North East** (R)
1.00 AM **Road Wars** (R)
2.00 **Brit Cops: War on Crime** (R)
3.00 **Hawaii Five-0** 8/23. (S2) (S)(R)
4.00 **S.W.A.T.** 18/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
2.15pm Politics Scotland **3.00-3.45** Shakespeare & Hathaway – Private Investigators **11.35** Debate Night **12.35am** Mood **1.20** Katie Price: What Harvey Did Next **2.20** Weather for the Week Ahead **2.25-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Nolan Live New edition **11.35** The Fast and the Farmer-ish New edition **12.05am** NEW Stacey Dooley: Inside the Convent **1.05** Mood **1.50-6.00am** BBC News

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.30pm BBC Wales Live New edition **11.00** Weather **11.05** NEW Stacey Dooley: Inside the Convent **12.05am** Mood **12.50** Katie Price: What Harvey Did Next **1.50-6.00am** BBC News

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm Spotlight **11.15** The Office **11.45** Unspun World with John Simpson **12.10-12.40am** BBC News

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Sgwrs Dan y Lloer **12.30** Heno **1.00** Anrhegion Melys Richard Holt **1.30** Yn y Fan A'r Lle **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Natur Gwyllt Iolo **6.30** Rownd a Rownd **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Y Byd ar Bedwar New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Ty am Ddim New edition **10.00** Côr Cymru 2022 **11.00-11.35pm** Gwely a Brecwast Maggi Noggi

TV&Satellite week
More channels than any other TV magazine

BBC3

117/141/173 | 107/157 | 23 109 | 179 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition Nigella Lawson is joined by guest chef Alanna Sapwell to oversee an immunity challenge.
7.55 **The Catch Up**
8.00 **Flat Out Fabulous** A living room is revamped in Bristol. **8.30** A space to relax in.
9.00 **Gassed Up** New edition Mist takes on fellow rapper and comedian Big Narstie.
9.50 **Zen Motoring** New edition 4/6. Ogmios explores life as a scooter-boy and meets an old friend.
10.00 **The Fast and the Farmer-ish** New edition Teams from England and Wales are in the semi-final.
10.30 **This Country** Double bill of the spoof documentary starring Daisy May Cooper.
11.30 **Tonight with Target**
12.15 AM **Gassed Up**
1.05 **The Fast and the Farmer-ish** As 10.00pm.
1.35 **Tonight with Target**
2.25 **Flat Out Fabulous**
2.55 **to 3.55** AM **This Country**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **The Lakes with Paul Rose** The explorer heads to Coniston Water.
7.30 **Fred Dibnah's World of Steam, Steel and Stone** A look at the steeplejack's back garden workshop.
8.00 **Great Barrier Reef** Monty Halls reveals how an array of creatures travel thousands of miles to visit the reef.
9.00 **Digging for Britain** The discovery of an 8,000-year-old Neolithic underwater settlement.
10.00 NEW **Tango with Putin: Storyville** Russian radio producer Natasha Sindeeva's attempt to set up a pop culture TV station.
11.35 **Russia on Four Wheels** 1/2. Justin Rowlatt and Anita Rani set off on separate road trips across Russia.
12.35 AM **The Lakes with Paul...**
1.05 **Fred Dibnah's World of Steam, Steel and Stone**
1.35 **Digging for Britain**
2.35 **to 3.35** AM **Great Barrier Reef**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun**
10.35 **Find It, Fix It, Flog It**
12.35 PM **Heir Hunters**
1.35 **Four in a Bed**
4.15 **The Hotel Fixers** New edition A couple plan to build a restaurant in the grounds of a historic house.
4.50 **Find It, Fix It, Flog It** Items include a water trough. **5.50** Items include baby scales and an glass cabinet.
6.55 **Escape to the Chateau: DIY** Dick Strawbridge fixes up his temperamental van.
7.55 **Grand Designs** Kevin McCloud revisits one of the programme's first projects.
9.00 **Secrets of the Royal Gardens** New edition Behind the gates of the spectacular royal parks found across London
10.00 **24 Hours in Police Custody: Murder in the Woods** 1/2. An investigation into the premeditated murder of a man in Hinchingbrooke Country Park, Cambridgeshire.
11.05 **24 Hours in A&E**
12.05 AM **Secrets of the Royal Gardens** As 9.00pm.
1.10 **24 Hours in Police Custody: Murder in the Woods** As 10.00pm.
2.15 **24 Hours in A&E**
3.20 **Winter Paralympics: Today in Beijing**
3.50 **to 3.55** AM **Escape to the Chateau**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Married at First Sight Australia**
10.30 **The Big Bang Theory**
11.00 **Young Sheldon**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Young Sheldon**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes of the sitcom.
7.00 **Hollyoaks** Ste is forced to turn to Sienna for help.
7.30 **Married at First Sight Australia** New edition The intimacy tasks, set by resident sexologist Alessandra, push the couples to explore their boundaries.
9.00 **Teen First Dates** New edition Fred Sirieix welcomes political prodigy Connor to the restaurant.
10.00 **Celebrity Gogglebox** Appraisals of *Britain's Got Talent*, *Ambulance* and *Alan Carr's Epic Gameshow*.
11.05 **Gogglebox**
12.10 AM **First Dates**
1.15 **Married at First Sight Australia** As 7.30pm.
2.45 **Teen First Dates**
3.40 **Below Deck: Mediterranean**
4.30 **Ramsay's Kitchen Nightmares USA**
5.20 **to 6.00** AM **Mike & Molly**

+1 hour 235 | 146 | 30 | 123

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Law & Order** 13/24. (S15)
12.00 NOON **Bull** 22/23. JP Nunnelly asks Bull to help deal with a case involving a morally dubious client. (S1)
1.00 PM **Blue Bloods** (S11)
3.00 **Private Eyes** 8/12. A cleaner witnesses a murder. (S4)
4.00 **UK Border Force**
5.00 **Nothing to Declare**

9.00 Bull

7 PM

7.00 **Air Ambulance ER** The teams race to the rescue when a car plummets 30ft into a ravine in rural Oxfordshire.

8 PM

8.00 **Blue Bloods** *Disrupted:* 11/22. Erin helps Anthony protect his family from a dangerous psychiatric patient. (S9)

9 PM

9.00 **Bull** New episode *The Boy Who Cried Murder:* 10/16. Izzy's best friend is found dead. (S5)
■ Entire series on Box Sets

10 PM

10.00 **Transplant** *Collapse:* 10/13. An explosion takes place near the hospital, and Bash rushes towards the danger to save lives. (S1)
11.00 **Law & Order: Special Victims Unit** 2/24. (S12)
12.00 M'T **Private Eyes** 7/8. (S5)
1.00 AM **The Rookie** 7/11. (S4)
2.00 **Blue Bloods** 14/16. (S11)
3.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **The British**
8.00 **CSI** 3/24. (S6)
9.00 **The Newsroom** 3/9. (S2)
10.05 **The Sopranos** 10&11/13. (S2)
12.25 PM **Game of Thrones** (S5)
1.30 **Gomorrah** 7&8/10. (S5)
3.30 **Ray Donovan** 8/12. The past comes back to haunt Ray. **4.35** 9/12. Ray continues to be dogged by problems of his own making. (S3)
5.40 **The Sopranos** 12/13. Pussy's loyalty to the Mob wavers. **6.45** 13/13. Tony suffers a bout of food poisoning. (S2)

10.45 Yellowjackets

7.55 **Game of Thrones** *Hardhome:* 8/10. Arya makes progress in her training, Cersei faces a struggle, Sansa confronts a friend, and Jon embarks on a journey. (S5)

9.00 **Notes From the Field** Anna Deavere Smith brings her acclaimed show about a lost generation of American youth to the screen.

10.45 **Yellowjackets** *F Sharp:* 2/10. The teens get their bearings. (S1)
11.50 **The Fear Index** 4/4. (S1)
12.55 AM **Six Feet Under** (S2)
2.00 NEW SERIES **My Brilliant Friend** 1/8. Return of the Italian drama based on Elena Ferrante's novel. Subtitled. (S3)
3.05 **In Treatment** (S3)
4.05 **to 6.00** AM **The British**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S3)
8.00 **Supergirl** 18/20. (S6)
9.00 **DC's Legends of Tomorrow**
10.00 **The Flash** 10/19. (S6)
11.00 **NCIS: New Orleans** (S4)
1.00 PM **Hawaii Five-0** 8/23. (S2)
2.00 **S.W.A.T.** 18/22. (S1)
3.00 **DC's Legends of Tomorrow**
4.00 **Supergirl** 19/20. (S6)
5.00 **The Flash** 10/19. (S6)
6.00 **Stargate SG-1** 20/22. The team race against Apophis to find the Harsesis child, a being with incredible powers. (S3)

10.00 Frayed

7.00 **Stargate SG-1** *Crystal Skull:* 21/22. The team encounter a mysterious crystal skull. (S3)

8.00 **There's Something About Movies** Alan Carr hosts, with guest panellists Fern Brady, Tom Davis and Zawe Ashton.

9.00 **SEAL Team** New episode *Man on Fire:* 6/14. The members of Bravo Team escape their burning SUV. (S5)

10.00 **Frayed** New episode 3/6. Sammy comes face-to-face with her husband's mistress. (S2)
■ Entire series on Box Sets
11.00 **Dating No Filter**
11.30 **Fast & Furious' Greatest Moments**
12.30 AM **Road Wars**
1.00 **The Blacklist** 8/22. (S8)
2.00 **Caught on Dashcam**
3.00 **Hawaii Five-0** 8/23. (S2)
4.00 **S.W.A.T.** 18/22. (S1)
5.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Dress to Impress**
7.00 **The Ellen DeGeneres Show**
8.00 **You've Been Framed!**
9.00 **Secret Crush**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Supermarket Sweep**
1.00 PM **Tipping Point: Lucky Stars**
2.00 **Rolling in It**
3.00 **The Ellen DeGeneres Show** New edition Talk show.
4.00 **The Masked Singer US**
5.00 **You've Been Framed!**
6.00 **Catchphrase Celebrity Special**

9.00 Family Guy

7.00 **Superstore** 1/11. First episode of the comedy. **7.30** 2/11. Cheyenne and her fiancé come up with a jingle for the store. (S1)

8.00 **Bob's Burgers** 13/13. Bob befriends his favourite baseball player. (S1) **8.30** 1/9. Bob and Linda rescue the kids. (S2)

9.00 **Family Guy** 22/22. Peter tries to convert Chris to Judaism. (S3) **9.30** 12/22. Peter and Lois visit a psychic. (S8)

10.00 **Family Guy** 14/22. Lois agrees to be a surrogate mother. **10.30** 15/22. Peter joins the paparazzi. (S8)
11.00 **Family Guy** 19/22. Quahog's local news station announces the end of the world. (S8)
11.30 **American Dad!** (S12)
12.25 AM **Bob's Burgers** (S2)
1.25 **Superstore** (S1)
2.20 **Hey Tracey!** (S2)
3.15 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **George and Mildred**
9.40 **The Royal**
11.50 **Heartbeat**
2.00 PM **Classic Emmerdale**
3.00 **Classic Coronation Street**
4.05 **Midsomer Murders**
6.00 **Heartbeat** *Pass the Parcel:* Mason thwarts a gang of safe-robbers and finds a bag of explosives in their abandoned van. With guest star James Gaddas.

8.00 Maigret Sets a Trap

7.00 **Heartbeat** *Sweet Sorrow:* The arrival of a mysterious stranger sets off a treacherous chain of events in Aidensfield.

8.00 **Maigret Sets a Trap** 1/2. Drama based on the novels of Georges Simenon, starring Rowan Atkinson. The Parisian detective comes under pressure to trap the killer of four women before he strikes again. (S1)

10.00 **Law & Order: UK** *Honour Bound:* 6/6. Brooks comes under investigation after helping an old friend. (S2)
11.00 **Flesh and Blood** 3/4. The children's ongoing distrust starts to put a strain on Vivien and Mark's relationship. Later, Jake unearths a disturbing secret about Mark's past. (S1)
12.00 M'T **A Touch of Frost**
2.10 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Getaways** Joe Lindsay and Jennifer Reoch explore the city of Philadelphia.
7.30 **Style Fixers** Alannah creates a boho-chic look for Kelsi.
8.00 **This Farming Life** New edition 10/12. Pumpkin season arrives at the Girvans farm in Loch Ness.
9.00 **The Nine**
10.00 **The Scotts** 3/5. Vonny leaves Vincent and arrives on Henry and Laura's doorstep. (S1)
10.30 **Debate Night** Topical debate on the big issues affecting Scotland and beyond.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** The criminologist examines fraud and the people who commit it.

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Parks and Recreation** (S5)
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S6)
11.30 **The Office (US)** (S8)
12.30 PM **Vice Principals**
3.00 **Modern Family** (S4)
4.00 **The Office (US)** (S8)
5.00 **Parks and Recreation**
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace** (S6)
8.00 **Parks and Recreation**
9.00 **Bloods** 5&6/6. (S1)
10.00 **Yonderland** 1&2/8. (S2)
11.00 **Sex and the City** 15/18. Miranda dates a divorced father. **11.35** 16/18. Carrie dates an alcoholic. (S2)
12.15 AM **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
1.15 **The Late Late Show with James Corden** New edition Chat show.
2.15 **SMILF** 1&2/8. (S1)
3.30 **Mike Judge Presents: Tales from the Tour Bus**
4.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Janine Jansen: Falling for Stradivari**
7.00 **The Conductor**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **The Grapes of Wrath: The Ghost of Modern America**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Wars of Coco Chanel**
4.00 **John Wayne: America at All Costs**
5.00 **Tales of the Unexpected**
6.00 **Discovering**
7.00 **Portrait Artist 2018**
8.00 **Landscape Artist of the Year** Series finale
9.00 **Jane Fonda In Five Acts** Documentary.
11.30 **The Directors**
12.30 AM **Sam Spiegel: Conquering Hollywood**
1.30 **Urban Myths**
2.30 **John Malkovich: Just Call Me God**
4.00 **The South Bank Show**
5.00 **to 6.00** AM **The Art of Architecture**

Pick

159 156 36 144

7.00 AM **America's Front Line**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Highway Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Border Patrol**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S2)
5.00 **Star Trek: The Next Generation** 16/26. (S3)
6.00 **Quantum Leap** (S5)
7.00 **Hawaii Five-0** (S1)
8.00 **World's Most Evil Killers**
9.00 **S.W.A.T.** 19/23. (S2)
10.00 **Grimm** 1/22. (S2)
11.00 **Killer Neighbours**
12.00 M'T **Britain's Most Evil Killers** Colin Ireland.
1.00 AM **The Force: Manchester**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Impractical Jokers**
11.00 **Younger** 7-10/12. (S4)
1.00 PM **Friends** (S4)
7.00 **Friends** 20/24. Joey's snoring annoys Chandler. **7.30** 21/24. Ross and Rachel reminisce. **8.00** 22/24. Joey loses Ross's wedding ring at the stag party. **8.30** 23/24. Ross sets off for England to marry Emily. (S4)
9.00 **Michael McIntyre: Hello Wembley!**
10.00 **Kevin Bridges: A Whole Different Story**
11.00 **Al Murray's Great British Pub Quiz**
12.00 M'T **Rhod Gilbert's Growing Pains**
1.00 AM **Ricky Gervais Show**
2.00 **The Alternative Comedy Experience**
2.55 **South Park**
3.40 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of Potomac**
1.25 **The Real Housewives of Cheshire**
2.25 **The Only Way Is Essex**
3.10 **Little Women: LA**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Orange County**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date** New edition Sales director Colm hopes to find love.
9.00 **Botched** Double bill.
11.00 **The Real Housewives of Jersey** The Housewives are brought together by Brian Dowling.
12.00 M'T **The Only Way Is Essex** Reality series.
12.45 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Best of the 80s**
6.10 **Cadfael**
7.30 **Dempsey and Makepeace**
9.35 **The Professionals**
10.40 **Minder**
11.50 **The Champions**
12.55 PM **Cadfael**
2.35 **Dempsey and Makepeace**
3.40 **The Professionals**
4.50 **Minder**
6.00 **Made in Britain** A look at how malt vinegar is brewed, and how Aga stoves are made to last a lifetime.

8.00 Bradley & Barney Walsh

7.00 **Cycling: Paris-Nice Highlights** Action from stage four, a 13.4 km individual time-trial from Domerat to Montlucon

8.00 **Bradley & Barney Walsh: Breaking Dad** An American road trip. **8.30** The duo visit the Great Smoky Mountains.

9.00 FILM **The Bourne Supremacy** Spy thriller sequel starring Matt Damon. A former CIA assassin tries to discover why his enemies want to kill him. With Franka Potente. (2004, 12, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

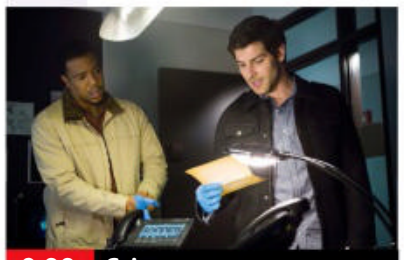
11.15 FILM **Carlito's Way** Thriller starring Al Pacino and Sean Penn. An ex-jailbird is pulled back into the violent drugs underworld by his lawyer. (1993, 18, 145min) ★★★★
2.05 AM **The Protectors**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Quantum Leap** (S2)
7.00 **Star Trek: Enterprise** (S4)
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **The Librarians** (S1)
2.00 **Pandora** 10/10. (S2)
3.00 **Fringe** As 8.00pm.
4.00 **Stargate Atlantis** 9/20. (S3)
5.00 **Stargate SG-1** 4/22. (S3)
6.00 **Star Trek: Enterprise** 1/22. Part one of two. The crew are trapped in an alternative version of the year 1944. (S4)


9.00 Grimm

7.00 **Quantum Leap** *Disco Inferno:* 2/22. Sam becomes a stuntman on the set of a low-budget disaster movie. (S2)

8.00 **Fringe** *One Night in October:* 2/22. A killer goes on a rampage in the alternate universe. (S4)

9.00 **Grimm** *Nameless:* 16/22. Nick and Hank try to track a Wesen killer who marks his victims using an online game. (S2)

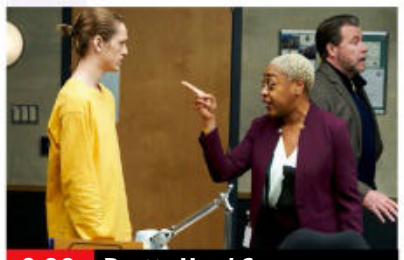
10.00 **Fortitude** 1/11. A murder rocks the residents of a small town in the Arctic Circle. Stars Stanley Tucci and Sofie Gråbøl. (S1)
12.00 M'T **Stargate SG-1** 4/22. Dr Daniel Jackson suffers from hallucinations. (S3)
1.00 AM **Stargate Atlantis** (S3)
2.00 **Star Trek: Enterprise** (S4)
3.00 **Star Trek: Voyager** (S2)
4.00 **Fringe** As 8.00pm.
5.00 **to 6.00** AM **Pandora**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries**
9.00 **Unforgettable** 20/22. (S1)
10.00 **Major Crimes** 14/19. (S3)
11.00 **Rizzoli & Isles** 3/16. (S4)
12.00 NOON **Hudson & Rex** (S3)
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S9)
4.00 **Unforgettable** 21/22. Morgan is found dead. (S1)
5.00 **Major Crimes** 15/19. A man in a Santa suit robs a bank. (S3)
6.00 **Hudson & Rex** 11/16. A murder appears to mimic an infamous crime spree. (S3)


9.00 Pretty Hard Cases

7.00 **Rizzoli & Isles** *But I Am a Good Girl:* 3/16. A christening celebration takes a turn when a body is found in the church. (S4)

8.00 **Father Brown** *The Penitent Man:* Flambeau is incarcerated under suspicion of murder.

9.00 **Pretty Hard Cases** New episode *Flowers:* 8/10. Sam and Kelly try to track the source of a new MDMA. (S1)

10.00 **Deception** *Multiple Outs:* 8/13. The FBI work with the team to help stop the mystery woman from carrying out a heist. (S1)
11.00 **Rizzoli & Isles** 5/13. A lawyer falls down the stairs. (S7)
12.00 M'T **Why Women Kill** 1/10. Alma Fillcot discovers her husband's shocking secret. (S2)
1.05 AM **Evil** 8/13. (S2)
2.15 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.30 AM **Highlights**
8.40 **Hi-de-Hi!**
9.20 **Last of the Summer Wine**
10.40 **The Green Green Grass**
11.20 **Dad's Army**
12.40 PM **Chef!**
1.20 **Hi-de-Hi!**
2.00 **Desmond's**
2.35 **The Green Green Grass**
3.15 **Fawlty Towers**
4.00 **Last of the Summer Wine**
5.20 **dinnerladies**
6.00 **Desmond's**
6.35 **Hi-de-Hi!**

10.10 Men Behaving Badly

7.15 **The Green Green Grass** Boycie buys artificial fertiliser to help his supposedly organic crops.

8.00 **Dad's Army** Captain Mainwaring gets his men to pose as traitors. **8.40** Pike borrows Mainwaring's new staff car to take his girlfriend Sylvia to the cinema.
9.20 **Fawlty Towers** Basil goes to great lengths to prove a guest has smuggled a woman into his room.

10.10 **Men Behaving Badly** Gary and Dorothy take a weekend break to spice up their love life.
10.50 **Billy Connolly Does...**
11.45 **Peep Show** Mark makes a new friend at the office. **12.20** AM Jeremy joins a band.
1.00 **French and Saunders**
1.40 **Chef!**
2.15 **Men Behaving Badly**
2.50 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Sin City Motors**
8.00 **Ultimate Movers**
9.00 **Storage Hunters UK**
10.00 **Eddie Eats America**
11.00 **Travel Man: 48 Hours in...**
12.00 NOON **Red Bull Soapbox Race** Action from Seattle.
1.00 PM **Fast Justice**
2.00 **Travel Man: 48 Hours in...**
3.00 **Rick Stein's Road to Mexico**
4.00 **Red Bull Soapbox Race**
5.00 **Rick Stein's Road to Mexico**
6.00 **Taskmaster** Jessica Knappett's sunny outlook on life is tested.

7.40 Room 101

7.00 **Richard Osman's House of Games** With Jamelia and Susan Calman.
7.40 **Room 101** With David Tennant, Aisling Bea and Trevor McDonald.

8.20 **Would I Lie to You?** Previously unseen material from the hit comedy panel show.

9.00 **QI XL** Guests Joe Lycett, Zoe Lyons and Liza Tarbuck join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Outsiders** Tempers flare in a hunting challenge, but the comedians come together to convert David to their new religion.
11.00 **Have I Got a Bit More News for You** With Charlie Brooker, Emma Barnett and Phil Wang.
12.00 M'T **Hypothetical**
12.40 AM **QI** With Ross Noble.
1.20 **Would I Lie to You?**
2.00 **Live at the Apollo**
2.45 **to 4.00** AM **This Country**

+1 hour 211 131 25

Wednesday

7 PM 8 PM 9 PM 10 PM

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 FILM **I Married Who?** Romantic comedy. (2012, PG, 86min) ★★
11.50 **GREAT! Movie News**
12.00 NOON **Sue Thomas: F.B.Eye** 6/19. (S3)
1.00 PM **Perception** (S1)
2.00 **Body of Proof** 4/9. (S1)
3.00 **Castle** 5/22. (S8)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 1/26. Hawkeye takes command. **8.30** 2/26. Hawkeye tries to speed up peace talks. (S7)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S6&7)
3.00 **Hart to Hart** (S2)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me**
10.30 **A New Life in the Sun: Where Are They Now?**
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun: Where Are They Now?**
7.00 **A Place in the Sun**
7.45 **The Great Pottery Throw Down: The Final** Ellie Taylor and Siobhán McSweeney host the grand final of the contest.
9.00 **Gogglebox**
10.00 **Sean Lock: Keep It Light** Stand-up show.
11.05 **First Dates**
12.10 AM **8 Out of 10 Cats Does Countdown**
2.15 **Davina McCall: Sex, Myths and the Menopause**
3.20 **George Clarke's Amazing Spaces**
4.15 **to 4.45** AM **The Simpsons**

5USA

141 141 153 21 129

9.00 AM **NCIS** 16&17/25. (S6)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
3.55 PM **Entertainment News**
4.00 **Law & Order** (S17)
6.00 **NCIS** 7-9/24. (S7)
9.00 **Crossing Lines** *Whistleblower:* 2/12. Carine finds a boy who survived Wombosi's massacre. (S3)
10.00 **Law & Order: Special Victims Unit** *Wet:* 5/24. A PR executive is found dead in a fountain. **11.00** *Branded:* 6/24. A man is found tied up and branded. (S12) **11.55** *Disabled:* 17/24. A woman with multiple sclerosis is found beaten and raped. (S11)
12.55 AM **Law & Order: Special Victims Unit**
1.50 **Law & Order: Criminal Intent** 21&22/22. (S5)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Criminals: Caught on Camera**
8.25 **Shoplifters & Scammers: At War with the Law**
9.10 **Filthy House SOS**
10.10 **Judge Judy**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **Babies 24/7: The Maternity Ward**
8.00 **Ambulance: Code Red**
9.00 **Casualty 24/7: Every Second Counts**
10.00 **999: Critical Condition** A man falls from a roof.
11.00 **A&E After Dark**
12.00 M'T **Skin A&E**
1.00 AM **Don't Tell the Doctor** A bowel problem.
2.00 **Sex Pod**
3.05 **Judge Judy**
3.45 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.15 AM **MasterChef Australia** The hopefuls cook for train passengers.
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 NEW SERIES **MasterChef Canada** The judges invite 18 home cooks to audition for a white apron.
8.00 **Inside the Ambulance**
9.00 **The Undateables**
10.00 **One Born Every Minute** Documentary.
11.00 **Emma Willis: Delivering Babies**
12.00 M'T **Should I Go Under the Knife?**
1.00 AM **Extreme Food Phobics** Documentary.
2.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.40 AM **Where the Heart Is**
8.35 **The Bill**
9.35 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **A Place to Call Home**
4.20 **Peak Practice**
5.20 **Brush Strokes**
6.00 **Are You Being Served?**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Last Detective** *Friends Reunited:* 1/4. A man is found dead after a college reunion. (S3)
9.35 **New Tricks** *Ice-Cream Wars:* The squad deal with a family feud. Guest stars Jodie Kelly.
10.55 **Silent Witness** *An Academic Exercise:* Sam's professional skills are tested to the limit.
1.00 AM **Kavanagh QC**
2.35 **Traces** 6/6. (S1)
3.25 **to 4.00** AM **Brush Strokes**

+1 hour 243 226 74

CBS Drama

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 16/22. (S5)
12.00 NOON **Medium** (S3)
1.00 PM **JAG** 11&12/25. (S5)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *We Had a Dream:* 14/22. The SOS killer escapes from prison. (S3)
10.00 **Unsolved Mysteries** The cases of two people who were involved in car accidents and later seemed able to predict the future. **11.00** The strange fate of a prison system director and a man suffering from amnesia.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **Donal MacIntyre's Murder Files**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 18&19/26. (S5)
3.00 **CSI: Miami** 1/24. (S3)
4.00 **NCIS** 24/24. (S12)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger**
9.00 **CSI: Miami** *Lost Son:* 1/24. A yacht crashes into a bridge, and Caine investigates when it emerges the man at the wheel had been shot. (S3)
10.00 **NCIS** *Neverland:* 24/24. Dorneget's CIA officer mother Joanna Teague joins the fight against The Calling. (S12)
11.00 **Diagnosis Murder** (S4)
1.00 AM **Walker, Texas Ranger** 20&21/26. (S5)
2.55 **JAG** 9/15. (S2)
3.55 **Evidence of Evil**
4.45 **to 6.00** AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Price Is Right**
4.00 **Play Your Cards Right**
5.00 **Bullseye** Double bill.
6.00 **Tenable** A team of school friends from Kent take part.
7.00 **Pointless Celebrities** A 'celebrity experts' edition of the quiz, with Rachel de Thame, Diarmuid Gavin, Jilly Goolden, Olly Smith, Simon Rimmer, Kim Woodburn, Lee Stafford and Tommy Walsh.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Who Wants to Be a Millionaire?** Quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **Kourtney and Khloe Take Miami**
8.00 **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
11.00 **Total Bellas**
12.00 NOON **Keeping Up with the Kardashians**
7.00 PM **Botched** A young woman ravaged by a flesh-eating disease seeks the experts' help. **8.00** A former male beauty pageant winner wants his out-of-place arm implants revised. **9.00** A former patient surprises the doctors with her transformation.
10.00 **Nightly Pop**
10.30 **10 Things You Don't Know** Kevin Hart.
11.00 **Dr 90210**
12.00 M'T **Total Bellas**
1.00 AM **Kourtney and Khloe Take Miami**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Rich Kids of Beverly Hills**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Assassins**
8.00 **Urban Secrets**
9.00 **Discovering: Ronald Colman**
10.00 **The Directors**
11.00 **Hollywood Couples**
12.00 NOON **The Seventies**
12.50 PM **Janet Jackson**
1.45 **Mr Dynamite: The Rise of James Brown**
4.00 **Discovering: Ronald Colman**
5.00 **The Directors**
6.00 **Hollywood Couples**
7.00 **The Seventies**
8.00 **Janet Jackson**
9.00 NEW **Dying to Divorce** Turkey's gender-based violence crisis.
10.40 FILM **The Beatles: Eight Days a Week – The Touring Years** Charting the band's time on the road. (2016, 12, 113min) ★★★★
12.50 AM **Hillary**
3.10 **Simple as Water**
5.00 **to 6.00** AM **Urban Secrets**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Volcanic Odysseys**
7.00 **Monkey Life**
8.00 **Wildlife Rescue New Zealand**
9.00 **Undiscovered Vistas**
10.00 **Into the Wild: India**
11.00 **Animal Empires**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand**
3.00 **Undiscovered Vistas**
4.00 **Into the Wild: India**
5.00 **Animal Empires**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Africa's Wild Horizons**
9.00 **Ocean Parks**
10.00 **Animal Empires**
11.00 **Hope for Wildlife**
12.00 M'T **Arabian Seas**
1.00 AM **Great Parks of Africa** iSimangaliso.
2.00 **Africa's Wild Horizons**
3.00 **Ocean Parks**
4.00 **Wildlife Rescue New...**
5.00 **to 6.00** AM **Undiscovered Vistas**

HGTV

158 286 44 166

7.00 AM **Homes Under the Hammer** From Durham.
8.00 **Fantasy Homes by the Sea** Relocating to Kent.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer Upper**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **DIY SOS** Double bill.
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **My Lottery Dream Home** Double bill.
10.00 **Good Bones** New edition
11.00 **Fixer Upper**
12.00 M'T **Escape to the Country** From Devon.
1.00 AM **DIY SOS**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Bahamas Life**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Highlights**
8.00 **Guy's Grocery Games** New edition
9.00 **Bikers' Best of British**
10.00 **Tom's American Feast**
11.00 **Nigel's Simple Suppers**
12.00 NOON **Great British...**
1.00 PM **Friday Night Feast**
2.00 **Favourite Feasts**
2.30 **United Cakes of America**
3.00 **Rachel Allen: Bake!**
4.00 **Tom's American Feast**
5.00 **The Pioneer Woman** New edition
5.30 **Delicious Miss Brown** New edition
6.00 **Barefoot Contessa: Back to Basics** New edition
6.30 **Girl Meets Farm** New edition
7.00 **Great British Bake Off**
8.00 **Bikers' Best of British**
9.00 **Tom's American Feast**
10.00 **French Country Cooking**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery...**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 38 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Treehouse Masters**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Marooned**
12.00 NOON **Naked and Afraid**
1.00 PM **Homestead Rescue**
2.00 **Lone Star Law**
3.00 **Helicopter ER**
4.00 **Disasters at Sea**
5.00 **Alaskan Bush People**
6.00 **Outback Truckers**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Jade Fever** New edition
10.00 **Gold Divers**
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid XL**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked: Unfiltered**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Traffic Cops: Under Attack**
9.55 **Traffic Cops: On The Edge**
10.55 **Sinkholes: Sucked to Death** Documentary.
11.55 FILM **Journey to Shiloh** Civil War Western. (1967, PG, 101min) ★★
1.55 PM FILM **Rough Night in Jericho** Western. (1967, PG, 97min) ★★
4.00 **Sinkholes**
5.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **Treadstone** New episode 8/10. Doug tries to save a target, and Edwards and Haynes are hunted. (S1)
10.00 FILM **The Rookie** Thriller directed by and starring Clint Eastwood. (1990, 18, 116min) ★
12.25 AM **Fights, Camera, Action!** Double bill.
2.25 **Hijacked**
3.20 **to 5.00** AM **Car Crash TV**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **Caught Red Handed**
8.30 **999 Frontline**
9.00 **Nothing to Declare**
10.00 **Brit Cops**
11.00 **Road Wars**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **Britain's Most Evil...**
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Killer in My Village**
5.00 **Killer Families**
6.00 **World's Most Evil Killers**
7.00 **How I Caught the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Murdered at First Sight** New edition
10.00 **Snapped**
11.00 **Death on the Beach**
12.00 M'T **World's Most Evil...**
1.00 AM **Mark of a Serial...**
2.00 **Snapped**
3.00 **How I Caught the Killer**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The disappearance of a young woman. **7.30** The sudden death of a rich woman.
8.00 **Written In Blood** The gang-violence and turf wars in Manchester.
9.00 **Murder By the Sea** Profile of John Cooper.
10.00 **Injustice with Nancy Grace** New edition A young couple are murdered and their bodies brutally tortured.
11.00 **Fatal Vows**
12.00 M'T **The Mind of a Murderer** Levi King.
1.00 AM **Murder By the Sea**
2.00 **Injustice with Nancy Grace** As 10.00pm.
3.00 **Written In Blood**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Italy.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A cabinet.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Phoenix**
4.00 **Pit Bulls & Parolees**
5.00 **Ambulance**
6.00 **The Yorkshire Auction House** From Filey.
7.00 **Antiques Road Trip**
9.00 **The Big Clean** Series finale Jo Cooke and Al Law tackle some of the UK's dirtiest and most cluttered homes.
10.00 **Dr Pimple Popper** Twins with numerous matching bumps on their heads.
11.00 **Ghost Adventures**
1.00 AM **Kindred Spirits**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Phoenix**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.25 **The Liquidator**
7.55 **American Restoration**
8.25 **Ancient Aliens**
10.20 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
3.30 **The Liquidator**
4.00 **Ancient Aliens**
6.00 **The Curse of Oak Island**
7.00 **Dickinson's Real Deal**
9.00 **Paranormal: Caught on Camera** New edition
10.00 **William Shatner's Weird or What?** New edition People who vanished without a trace.
11.00 **Believers: Extreme Hauntings**
12.00 M'T **The Liquidator**
12.30 AM **Storage Wars**
1.00 **Storage Wars Canada**
2.00 **Mountain Men**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Extreme Cheapskates**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Good Bones**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **Extreme Cheapskates**
6.00 **Good Bones**
7.00 **Life After Lockup**
8.00 **Bride & Prejudice: The Forbidden Weddings**
9.00 **Celebrity IOU** Drew and Jonathan help Brad Pitt.
10.00 NEW SERIES **Temptation Island USA**
11.00 **Hoarding: Buried Alive**
12.00 M'T **Bride & Prejudice: Forbidden Weddings**
1.00 AM **Celebrity IOU**
2.00 **Temptation Island USA**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.05 AM **GPs: Behind Closed Doors** Documentary.
10.05 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **The Yorkshire Vet**
7.00 **Flights from Hell**
8.00 **Tsunami: Devastation**
9.00 **Inside Chernobyl with Ben Fogle** The Chernobyl exclusion zone.
10.30 **China: 1,000 Years of History** Exploring how China became a dominant power of the ancient world.
12.30 AM **Attack on Pearl Harbor: Caught By Surprise** Documentary.
1.30 **Attack on Pearl Harbor: 30 Minutes of Hell**
2.30 **Attack on Pearl Harbor: Declaration of War**
3.25 **The Yorkshire Vet**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Jimmy Doherty's Dream Builds on Wheels**
8.00 **The Repair Shop**
9.00 **Combat Dealers**
10.00 **Chasing Classic Cars**
11.00 **Fantomworks**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **The Repair Shop**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
10.00 **Billy Buys Brooklyn**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Sydney Harbour Force** Documentary.
2.00 **World's Greatest Cars**
3.00 **Fantomworks**
4.00 **Mighty Cruise Ships**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
8.00 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Perfect Murder**
2.00 **Disappeared**
3.00 **Evil Online**
4.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr Pimple Popper: Pop Ups** A large birthmark.
9.00 **Who Do You Think You Are?** Lisa Hammond traces her roots.
10.00 **Charlotte Church's Dream Build**
11.00 **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Animal ER**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Gold Rush: White Water**
3.00 **Rise of the Machines**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** As a deadline approaches, the crew find themselves with a dilemma.

8.00 Gold Divers

7.00 Outback Truckers Adrian and Neil Bennet battle an inferno that is destroying hectares of Tasmania's bushland.

8.00 Gold Divers New edition Following a team of dredgers based in Nome, Alaska, trying to collect gold from the Bering Sea.

9.00 Gold Divers New edition Documentary following a team of dredgers based in Nome, Alaska.

10.00 Moonshiners New edition Following the efforts of illegal whiskey brewers, providing an insight into their lifestyles.

11.00 Gold Rush Fred's alliance with the Claytons is tested when their cut is flooded.
12.00 M'T **Moonshiners**
1.00 AM **Gold Divers**
3.00 **Moonshiners**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Dr Dee: Alaska Vet**
10.00 **Amanda to the Rescue**
11.00 **Extinct or Alive**
12.00 NOON **Coyote Peterson: Brave the Wild** Double bill.
1.00 PM **Alaska: Homestead Rescue** Invasive hogs.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** A sea lion falls ill.
4.00 **Dogs 101: Specials**
5.00 **Animal Precinct**
6.00 **Crikey! It's the Irwins** Robert handles a hostile wombat.

9.00 Shark Week Immersion

7.00 Extinct or Alive Wildlife biologist Forrest Gallante scours the globe for species that the world has stopped looking for.

8.00 How Sharks Hunt The hunting approaches of tiger sharks and great whites, and what makes these strategies effective.

9.00 NEW **Shark Week Immersion** The crew answer a wide range of shark-fuelled questions.

10.00 Monsters Inside Me A baby girl is on the verge of death, and a neuro-psychiatrist suffers multi-organ failure.

11.00 Alaskan Bush People The Browns pledge to rebuild their homestead in new terrain.
12.00 M'T **Finding Bigfoot**
1.00 AM **Extinct or Alive**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **to 5.00** AM **Dogs 101: Specials**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Lost Treasures of Egypt**
9.00 **Lost Cities with Albert Lin**
10.00 **Ancient X Files**
11.00 **World's Biggest Battleship: Draining the Ocean**
12.00 NOON **Churchill's German Army** Documentary.
1.00 PM **Apocalypse: Rise of Hitler**
2.00 **Nazi Megastructures**
3.00 **Air Crash Investigation**
5.00 **To Catch a Smuggler** An elderly woman is suspected of carrying drugs at JFK.
6.00 **Car S.O.S.** Tim and Fuzz take on a 1980 Jaguar XJ-S V12.

8.00 Alaska: The Next...

7.00 Car S.O.S. The boys head to Essex to fix up a 1970s supercar, famous for turning into a submarine in a James Bond film.

8.00 Alaska: The Next Generation The Alaskans must find new ways to outsmart the brutal elements.

9.00 Air Crash Investigation Investigators uncover two key factors that led to the horrific crash of an Illinois turboprop.

10.00 Ice Road Rescue Documentary following salvage truck drivers in Norway. A major challenge turns up in the forest.

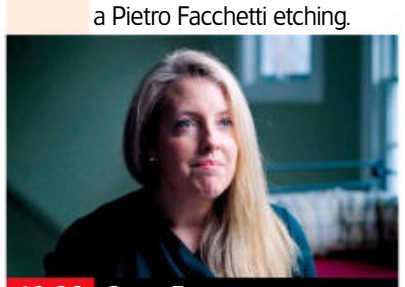
11.00 Air Crash Investigation A plane that crashed whilst flying Mexican officials.
12.00 M'T **Alaska: Next Generation**
1.00 AM **Ice Road Rescue: Highway Havoc!**
2.00 **Lawless Island**
3.00 **to 5.00** AM **Drain the Oceans**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Treasures Decoded**
8.00 **Pawn Stars** Double bill.
9.00 **American Pickers**
11.00 **Roswell: The First Witness**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire** An error sends one bladesmith home.
2.00 **American Pickers**
4.00 **The UnXplained with William Shatner**
6.00 **Pawn Stars** Rick checks out merchandise from the film *Wayne's World*.
6.30 Chumlee checks out a Pietro Facchetti etching.



10.00 Great Escapes

7.00 Forged in Fire The bladesmiths are challenged to recreate the famous battle sword wielded by Napoleon.

8.00 World's Greatest Treasure Mysteries Rick and Marty Lagina turn their attention to exploring pirate treasures.

9.00 The Curse of Oak Island New edition A theory that could explain the silver and gold detected earlier in the Money Pit.

10.00 Great Escapes with Morgan Freeman New edition The drug cartel kingpin El Chapo.
■ Entire series on Box Sets

11.00 Mafia Killers John Gotti, boss of the Gambino crime family.
12.00 M'T **Forged in Fire**
1.00 AM **World's Greatest Treasure Mysteries**
2.00 **Forged in Fire** As 7.00pm.
3.00 **Mafia Killers** As 11.00pm.
4.00 **River Hunters**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Antiques Roadshow**
8.00 **Murder Maps**
9.00 **Abandoned Engineering**
11.00 **Himalaya with Michael Palin**
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Abandoned Engineering**
4.00 **Adolf Hitler's War**
5.00 **War Factories** The mass production of ammunition brought on by Samuel Colt.
6.00 **Great British Railway Journeys** Elgin to Loch Ness.
6.30 Exploring the West Country between the wars.

8.00 The Architecture...

7.00 Himalaya with Michael Palin Michael continues his journey, travelling from K2 in Pakistan to Ladakh in India.

8.00 The Architecture the Railways Built Tim Dunn visits the historic Grade 1 Curzon Street Station, set to be part of HS2.

9.00 Steam Train Britain On the Welsh Highland Railway, a newly built Pullman carriage is on its way to Caernarfon Station.

10.00 Full Steam Ahead The historians take a trip on the *Flying Scotsman*, arguably the most famous locomotive in the world.

11.00 Bangers and Cash Behind the scenes of a North Yorkshire-based, family-run historic car auction business.
12.00 M'T **Abandoned Engineering** An American desert canyon where fortunes were made.
1.00 **to 3.00** AM **Antiques Roadshow**

+1 hour 255 200 75

Wednesday

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

177 257

6.00 AM **Wings of War**
7.00 **UFOs: Lost Evidence**
8.00 **World War II: Witness to War**
9.00 **NASA's Unexplained...**
10.00 **Mighty Ships**
11.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the...**
5.00 **World War II: Witness to War**
6.00 **NASA's Unexplained...**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **UFOs: Lost Evidence**
10.00 **NASA's Unexplained...**
11.00 **Edge of War**
12.00 M'T **Combat Dealers**
2.00 AM **NASA's Unexplained Files**
3.00 **Edge of War**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Natural Curiosities**
10.00 **The Life of Mammals**
11.00 **Big Animal Surgery: Elephant**
12.00 NOON **The Lioness That Changed the World**
1.00 PM **Nature's Perfect Partners: Natural World**
2.00 **Natural Curiosities**
3.00 **Fascinating New Zealand** Documentary.
4.00 **Mexico: Earth's Festival of Life**
5.00 **Big Animal Surgery...**
6.00 **Nature's Perfect...**
7.00 **The Life of Mammals**
8.00 **Natural Curiosities**
9.00 **Mexico: Earth's...**
10.00 **Nature's Perfect...**
11.00 **Big Animal Surgery...**
12.00 M'T **Life of Mammals**
1.00 AM **Natural Curiosities**
2.00 **Wild and Wonderful Denmark** Documentary.
3.00 **Costa Rica: The Rise of Nature**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 849 264 265

8.00 AM **Critter Fixers: Southern Family Values**
9.00 **Yukon Vet**
10.00 **Exotic Animal ER**
11.00 **Bizarre Animal Friends**
12.00 NOON **Snakes in the...**
1.00 PM **Sharks of Pirate Island** Documentary.
2.00 **Shark Beach with Chris Hemsworth**
3.00 **Shark Vs Surfer**
4.00 **Shark Vs Tuna**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Africa's Hunters**
8.00 NEW **Snake Attack-Tics** A look at snakes, which tackle prey of nearly every size.
9.00 **Dangerous Encounters**
10.00 **Snake Island: Wild & Deadly** Documentary.
11.00 **Caught in the Act**
12.00 M'T **Swamp Men**
1.00 AM **Animals Gone Wild**
2.00 **Bizarre Animal Friends**
3.00 **Snakes in the City**
4.00 **to 5.00** AM **Sharks of Pirate Island**

Sky History 2

163 163 840 272

8.00 AM **WW2 Treasure Hunters** With Suggs.
9.00 **Unidentified: Inside...**
10.00 **The Colour of War**
11.00 **Dogfights**
12.00 NOON **Ancient Aliens**
2.00 PM **Lost Worlds**
3.00 **Mythical Beasts**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **Deep Sea Detectives**
7.00 **Unidentified: Inside America's UFO Investigation**
8.00 **Strangest Things**
9.00 **Secret History of Comics** The ways in which the 9/11 attacks changed comic books.
10.00 **History's Greatest Aircraft** British heavy bomber the Lancaster.
11.00 **Ancient Aliens**
1.00 AM **Deep Sea Detectives**
2.00 **Secret History of...**
3.00 **History's Greatest...**
4.00 **Strangest Things**
5.00 **to 6.00** AM **Unidentified: Inside...**

PBS America

174 273 84 155

8.00 AM **In Search of Medieval Britain**
9.20 **Elizabeth I's Secret Agents** As 8.35pm.
10.35 **Ancient Invisible Cities**
11.55 **Tiananmen: The People versus the Party**
1.00 PM **A Bloody Legacy**
2.10 **In Search of Medieval Britain** Double bill.
3.30 **Elizabeth I's Secret Agents** As 8.35pm.
4.45 **Ancient Invisible Cities**
6.00 **A Bloody Legacy**
7.15 **In Search of Medieval Britain** Double bill.
8.35 **Elizabeth I's Secret Agents** The spy network that protected the Queen.
9.45 **Ancient Invisible Cities**
11.00 **A Bloody Legacy**
12.10 AM **In Search of Medieval Britain**
1.30 **Elizabeth I's Secret...**
2.35 **Ancient Invisible Cities**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

166 166 839 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **Killer in Plain Sight**
12.00 NOON **Homicide Hunter**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** The murder of Gemma McCluskie.
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Meet, Marry, Murder**
9.00 **Criminal Confessions**
10.30 **Murder for Hire**
11.30 **Court Cam**
12.00 M'T **Snapped**
1.00 AM **Crimes That Shook Britain**
2.00 **Nightmare in Suburbia**
3.00 **Unusual Suspects**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **Snapped**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY Films

Wednesday

Sky Cinema Premiere

301 301 848 401 501 515

6.55 AM **The World to Come**
8.50 **Pil's Adventures** Animation. (2021, U, 89min) ★★
10.30 **Dream Horse** As 6.05pm.
12.25 PM **Old** As shown at 11.50pm.
2.25 **The Forever Purge** As 10pm.
4.15 **The World to Come** Romance starring Katherine Waterston and Vanessa Kirby. (2020, 15, 105min) ★★★★
6.05 **Dream Horse** Comedy drama starring Toni Collette. (2020, PG, 113min) ★★★★

8.00 In The Earth

8 PM

8.00 **In The Earth** Director Ben Wheatley's horror starring Joel Fry and Reece Shearsmith. As the world searches for a cure to a virus, a scientist and park scout venture into the forest for a routine equipment run. (2021, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **The Forever Purge** Horror sequel starring Ana de la Reguera. (2021, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

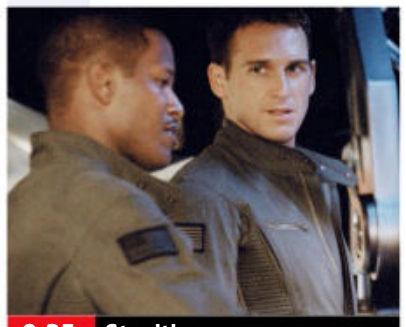
11.50 **Old** M Night Shyamalan's horror with Gael García Bernal, Vicky Krieps and Rufus Sewell. (2021, 15, 108min) ★★
1.45 AM **The Desperate Hour** Thriller starring Naomi Watts. (2021, 12, 84min) ★★★★
3.25 **In The Earth** As 8.00pm.
5.20 **to 7.05** AM **Old Henry** Western with Tim Blake Nelson. (2021, 15, 99min) ★★★★

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **Anthem of a Teenage Prophet** As 3.20am.
7.30 **Happily** As shown at 1.30am.
9.10 **Wonder Woman 1984**
11.40 **The Fighter** Boxing drama starring Mark Wahlberg. (2010, 15, 116min) ★★★★
1.40 PM **Stealth** As 9.35pm.
3.45 **Kindred** As 11.40pm.
5.30 **Wonder Woman 1984** Superhero action sequel with Gal Gadot and Pedro Pascal. (2020, 12, 151min) ★★★★


9.35 Stealth

8.00 **Gravity** Space thriller starring Sandra Bullock. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Stealth** Thriller starring Josh Lucas, Jessica Biel and Jamie Foxx. Three US Navy pilots find their lives at risk after a stealth fighter piloted by a computer joins their team. (2005, 12, 121min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Kindred** Horror starring Tamara Lawrance, Jack Lowden and Fiona Shaw. (2021, 15, 101min) ★★★
1.30 AM **Happily** Dark romantic comedy starring Joel McHale. (2021, 15, 96min) ★★★
3.20 **Anthem of a Teenage Prophet** Drama starring Cameron Monaghan. (2018, 15, 105min) ★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Family

306 306 850 406 506 520

6.15 AM **Earth to Echo** Adventure. (2014, PG, 89min) ★★★
7.55 **Casper** As shown at 3.15pm.
9.50 **My Girl** (1991, PG) ★★
11.40 **My Girl 2** (1994, PG) ★★
1.35 PM **Woody Woodpecker** Adventure. (2017, PG) ★
3.15 **Casper** Fantasy comedy. (1995, PG, 96min) ★★★★
5.00 **Mr Magorium's Wonder Emporium** Children's fantasy. (2007, U, 90min) ★★★
6.40 **Bogus** Fantasy. (1996, PG) ★★

6.40 Bogus

8.40 **The Tiger Rising** Family drama starring Dennis Quaid. When a 12-year-old discovers a caged tiger in the woods near his home, his imagination runs wild and his life begins to change. (2022, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Aliens Stole My Body** Comedy with Ty Consiglio and Jayden Greig. (2020, PG, 88min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Come Away** Fantasy drama starring David Oyelowo. (2020, PG, 94min) ★★★
1.55 **Hero Mode** Sci-fi comedy. (2021, PG, 88min) ★★
3.25 **My Friend the Dolphin** Family adventure starring Lola Sultan. (2019, U, 99min) ★★
5.10 **to 6.30** AM **Dino Dana: The Movie** Family adventure. (2020, U, 85min) ★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Fast & Furious 7** (2015)
8.20 **Daredevil** Adventure. (2003, 15, 101min) ★★★
10.05 **San Andreas** Disaster movie. (2015, 12, 114min) ★★★
12.00 NOON **Escape Plan** As 1.20am.
2.00 PM **Elektra** Action adventure. (2005, 12, 97min) ★★
3.40 **Fast & Furious 7** Action thriller sequel with Vin Diesel. (2015, 12, 137min) ★★★★
6.00 **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★

6.00 Clash of the Titans

8.00 **I Am Legend** Thriller with Will Smith. A scientist fears he is the last man on Earth after a virus kills most of humanity and turns the survivors into vicious predators. (2007, 15, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **300** Epic adventure combining live action and virtual backgrounds, starring Gerard Butler and Lena Headey. (2006, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Rambo** Action drama sequel starring Sylvester Stallone. John Rambo takes on the Burmese army to rescue a captive group of missionaries. (2008, 18, 92min) ★★★
1.20 AM **Escape Plan** Thriller starring Sylvester Stallone. (2013, 15, 113min) ★★★
3.20 **Archenemy** Action adventure. (2020, 15, 90min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 852 408 508 522

6.55 AM **An American Pickle**
8.40 **Jack and Jill** As 6.15pm.
10.25 **The Bounty Hunter** (2010)
12.25 PM **Meet the Fockers** As 8pm.
2.35 **St. Trinian's** As 10.00pm.
4.25 **The Hangover** Dark comedy starring Bradley Cooper. (2009, 15, 99min) ★★★★
6.15 **Jack and Jill** Comedy starring Adam Sandler. An LA ad man's twin sister drives him insane when she comes for a visit. (2011, PG, 91min) ★

6.15 Jack and Jill

8.00 **Meet the Fockers** Comedy sequel starring Robert De Niro, Ben Stiller and Dustin Hoffman. A hapless male nurse faces a weekend of embarrassment when he introduces his prospective in-laws to his parents. (2004, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **St. Trinian's** Comedy with Rupert Everett, Colin Firth and Gemma Arterton. (2007, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Hangover** As 4.25pm.
1.40 AM **The Bounty Hunter** Romantic comedy thriller with Jennifer Aniston, Gerard Butler and Jason Sudeikis. (2010, 12, 110min) ★★★
3.40 **Senior Moment** Romantic comedy drama with William Shatner. (2021, 12, 92min) ★★
5.25 **to 7.00** AM **An American Pickle** Comedy starring Seth Rogen and Sarah Snook. (2020, 12, 88min) ★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Miracle on 34th Street**
7.45 **Once Upon a Time in the West** Sergio Leone's classic Western. (1968, 15, 165min) ★★★★★
10.35 **Carry On Spying** As 2.30am.
12.10 PM **Saving Private Ryan** (1998)
3.00 **The Guns of Navarone** (1961)
5.40 **The Big Heat** Fritz Lang's classic gangster thriller starring Glenn Ford and Lee Marvin. (1953, b/w, 15, 90min) ★★★★

7.15 **The Warriors** Thriller starring Michael Beck and James Remar. A New York street gang have to fight their way across New York to reach the safety of their own turf. (1979, 15, 94min) ★★★
9.00 **Saving Private Ryan** Steven Spielberg's World War Two drama starring Tom Hanks. A small team of US soldiers are sent to find and rescue a young private whose three brothers have been killed in action. (1998, 15, 169min) ★★★★★

11.50 **The Guns of Navarone** Adventure with Gregory Peck. (1961, PG, 150min) ★★★★
2.30 AM **Carry On Spying** Spoof. (1964, b/w, U, 84min) ★★★★
4.10 **to 6.05** AM **Miracle on 34th Street** Comedy fantasy remake. (1973, U, 104min) ★★

Sky Cinema Animation

305 305 412 500 514

6.55 AM **Strike** (2018, PG) ★★★
8.40 **Barbie & Her Sisters In The Great Puppy Adventure**
10.05 **Monster Family 2** Animated comedy. (2021, U, 90min) ★
12.00 NOON **Hotel Transylvania** Animation. (2012, U) ★★★
1.45 PM **The Queen's Corgi** Animation. (2019, PG, 85min) ★
3.25 **Gulliver Returns** Animation. (2021, PG, 90min) ★★

5.00 **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
6.30 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
8.05 **The Prince of Egypt** Animated epic. (1998, U, 99min) ★★★★
10.00 **Barbie & Her Sisters In The Great Puppy Adventure** Animation with the voices of Kelly Sheridan and Kazumi Evans. (2015, U, 72min) ★★
11.30 **The Wacky Hen** Animated adventure. (2019, U, 80min) ★★

12.55 AM **Leo Da Vinci: Mission Mona Lisa** Animated adventure. (2018, U, 85min) ★★
2.25 **Boonie Bears: A Mystical Winter** (2015, U, 96min) ★★
4.05 **Go Fish** Animation. (2019, U) ★★
5.25 **to 7.10** AM **Dragon Rider** Animation. (2020, PG) ★★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** With Ben Miller.
7.30 **The Fastest Gun Alive** Western. (1956, b/w, U, 85min) ★★
9.20 **Calamity Jane** Musical Western. (1953, U, 100min) ★★★★
11.25 **Cattle Annie and Little Britches** Western. (1979, PG, 95min) ★★
1.30 PM **Murder Ahoy** (1964) ★★★
3.25 **Gunmen from Laredo** Western. (1959, 12, 67min) ★★

4.55 **The Westerner** Western. (1940, b/w, U, 100min) ★★★★
7.00 **Billy Two Hats** Western starring Gregory Peck and Desi Arnaz Jr. (1973, 15, 99min) ★★★
9.00 **Magnum Force** Thriller sequel to *Dirty Harry*, starring Clint Eastwood. Inspector Harry Callahan investigates a wave of underworld killings in San Francisco. With David Soul. (1973, 18, 117min) ★★★★
11.35 **Deep Blue Sea** Marine action thriller. (1999, 15, 105min) ★

1.45 AM **Tell Them Willie Boy Is Here** Western with Robert Redford. (1969, 15, 96min) ★★★
3.30 **Close Up** Triple bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **The Atomic City** Thriller. (1952, b/w, U, 83min) ★★
7.40 **Dial-A-Bus in Harlow**
8.00 **Tread Softly** Crime thriller. (1952, b/w, PG, 70min) ★★
9.30 **Enemy at the Door** 13/13. (S1)
10.30 **Dear Mr Prohack** Comedy. (1949, b/w, U, 91min) ★★
12.15 PM **Soho Conspiracy** Musical. (1950, b/w, PG, 88min) ★★
2.00 **Secret Army** 7/13. (S2)

3.05 **King Creole** Musical drama starring Elvis Presley. (1958, b/w, PG, 116min) ★★★★
5.20 **Scales of Justice** 1/13. (S1)
6.00 **For the Love of Ada** 7/7. (S3)
6.30 **Look at Life** Documentary.
6.50 **Edgar Wallace Mystery Theatre**
8.00 **Rumpole of the Bailey** 5/6. (S4)
9.05 **The Offence** Drama starring Sean Connery as a police inspector who takes out his frustrations on a suspected child-molester. With Ian Bannen. (1972, 15, 115min) ★★★★

11.15 **The Spy Who Came in from the Cold** Spy thriller. (1965, b/w, PG, 107min) ★★★★
1.30 AM **House on Haunted Hill** Chiller. (1958, b/w, 12) ★★★
3.05 **The Detective** Crime thriller. (1968, 15, 114min) ★★
5.20 **to 6.00** AM **A Yank Comes Back**

Horror

317 149 69 138

8.00 AM **First Wave** 3/22. (S1)
9.00 **Battlestar Galactica** 2/24. (S1)
10.00 **Airwolf** 23/24. (S4)
11.00 **Megaconda** Horror thriller. (2010, 12, 86min) ★★
1.00 PM **3 Headed Shark Attack** Thriller. (2015, 18, 89min) ★★
3.00 **Andromeda** 8/22. (S5)
4.00 **Firequake** Sci-fi disaster drama. (2014, 12, 90min) ★
6.00 **Airwolf** 24/24. (S4)

7.00 **Battlestar Galactica** *Saga of a Star World – Part Three:* 3/24. The surviving humans flee from the Cyclons. (S1)
8.00 **Star Trek** *A Piece of the Action:* 17/26. The crew discover a gangster society. (S2)
9.00 **PREMIERE** **The Stakelander** Horror thriller sequel starring Connor Paolo and Nick Damici. A man heads out into the badlands to search for his mentor, the vampire hunter Mister. (2016, 15, 81min) ★★

10.40 **Revenge** Thriller with Matilda Lutz. (2017, 18, 108min) ★★★★
12.45 AM **From a House on Willow Street** Horror. (2016, 15) ★★
2.30 **to 4.30** AM **Fright Fest** Horror thriller. (2018, 15, 90min) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **The Whole Truth** Drama. (2015, 15, 93min) ★★★
7.45 **The Little Things** Drama. (2021, 15, 128min) ★★★★
10.00 **Baby Driver** Action thriller. (2017, 15, 112min) ★★★★
12.00 NOON **Everest** Adventure. (2015, 12, 121min) ★★★★
2.05 PM **The Burnt Orange Heresy** Thriller. (2019, 15) ★★★
3.55 **Unknown** (2011, 12) ★★★
5.50 **Target Number One** Thriller. (2019, 15, 125min) ★★★

5.50 Target Number One

8.00 **2 Guns** Action thriller starring Denzel Washington and Mark Wahlberg. A pair of double-dealing crooks join forces for real after inadvertently stealing $43million from the CIA. With Paula Patton. (2013, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Rise of the Footsoldier** Fact-based gangster drama starring Ricci Harnett and Terry Stone. An Essex boy rises through the ranks of crime, but his involvement with gangland leaders eventually leads to violence and murder. (2007, 18, 119min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Bay of Silence** Thriller. (2020, 18) ★★★
1.35 AM **Dragged Across Concrete** Crime drama. (2018, 18, 158min) ★★★★
4.15 **to 6.10** AM **Unknown** (2011)

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **Under the Stadium...**
7.50 **Grease 2** As 4.10am.
9.50 **The High Note** Drama. (2020, 12, 113min) ★★★
11.45 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
1.35 PM **Legends of the Fall** Sweeping period drama. (1994, 15, 133min) ★★★
3.50 **Valentine's Day** Comedy. (2010, 12, 125min) ★★★
5.55 **Gridiron Gang** Sports drama. (2006, 12, 125min) ★★

10.15 Philadelphia

8.00 **American Sniper** Biopic based on the experiences of real-life Iraq conflict veteran Chris Kyle, directed by Clint Eastwood and starring Bradley Cooper, Sienna Miller, Jake McDorman and Kyle Gallner. (2014, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Philadelphia** Oscar-winning drama starring Tom Hanks and Denzel Washington. A gay lawyer takes his firm to court when he is sacked after his colleagues discover he has Aids. (1993, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Thank You For Your Service** Drama starring Miles Teller. (2017, 15, 109min) ★★★
2.20 **Under the Stadium Lights** Drama. (2020, 12, 109min) ★★
4.10 **to 6.05** AM **Grease 2** Musical sequel. (1982, PG, 109min) ★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.05 AM **The Hole** (2009, 12) ★★★
7.40 **Gremlins 2: The New Batch** Horror sequel. (1990, 12) ★★★
9.30 **Gattaca** (1997, 15) ★★★★
11.20 **The Craft: Legacy** As 12.40am.
1.00 PM **2001: A Space Odyssey** Sci-fi epic. (1968, U) ★★★★★
3.30 **Final Destination** Horror. (2000, 15, 97min) ★★★★
5.20 **The Fog** (1979, 15) ★★★
7.00 **The Conjuring: The Devil Made Me Do It** Horror sequel. (2021, 15, 112min) ★★★

11.00 Hostel

The Conjuring: The Devil Made Me Do It (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Elysium** Sci-fi action thriller starring Matt Damon and Jodie Foster. In 2154, a fatally ill factory worker has five days to reach the orbiting space station that is home to the rich. (2013, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Hostel** Horror starring Jay Hernandez, Derek Richardson and Eythor Gudjonsson. (2005, 18, 93min) ★★
12.40 AM **The Craft: Legacy** Horror drama starring Cailee Spaeny. (2020, 15, 97min) ★★★★
2.20 **Archive** Sci-fi drama. (2020, 15, 109min) ★★★
4.20 **to 6.00** AM **Minor Premise** Sci-fi thriller starring Sathya Sridharan and Paton Ashbrook. (2020, 15, 95min) ★★★

Sky Cinema Women in Film

302 302 856 402 502 516

7.40 AM **Breaking News in Yuba...**
9.25 **Bridesmaids** Comedy. (2011, 15, 124min) ★★★★
11.30 **My Zoe** As 1.25am.
1.15 PM **Wonder Woman 1984** Superhero action sequel. (2020, 12, 151min) ★★★★
3.55 **Resident Evil: Apocalypse** Sci-fi horror thriller sequel. (2004, 15, 94min) ★★★
5.40 **The United States vs. Billie Holiday** Biographical drama. (2021, 15, 130min) ★★★

9.45 Gunpowder Milkshake

8.00 **Salt** Action thriller starring Angelina Jolie. A CIA agent goes on the run after a Russian defector convinces her superiors that she is a double agent. (2010, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Gunpowder Milkshake** Action thriller starring Karen Gillan and Lena Headey. A hitwoman is reunited with her estranged mother. (2021, 15, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Resident Evil: Extinction** Sci-fi horror thriller sequel starring Milla Jovovich. (2007, 15, 90min) ★★
1.25 AM **My Zoe** Drama directed by and starring Julie Delpy. (2019, 12, 100min) ★★★
3.10 **Astronaut** Shelagh McLeod's drama. (2018, PG, 97min) ★★
4.50 **Sky Cinema Preview**
5.30 **to 7.10** AM **Breaking News in Yuba County** Comedy drama. (2021, 15, 96min) ★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Bells of St Mary's** Sentimental drama. (1945, b/w, U, 126min) ★★★
1.35 PM **Anne of the Thousand Days** Historical drama. (1969, PG, 145min) ★★★
4.30 **Donovan's Reef** Comedy. (1963, U, 104min) ★★★
6.50 **One Day** Bittersweet romantic drama starring Anne Hathaway and Jim Sturgess. (2011, 12, 107min) ★★★★

6.50 One Day

One Day (film started at 6.50pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.10 **Snowpiercer** Thriller starring Chris Evans and Tilda Swinton. In a snow-ravaged world, travellers fight for survival on a train that perpetually circumnavigates the globe. (2013, 15, 126min) ★★★★ **11 PM**
1.45 **to 3.55** AM **Things to Come** French drama starring Isabelle Huppert. Subtitled. (2016, 12, 102min) ★★★

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **You Must Be Joking!** Comedy. (1965, U) ★★★
8.00 **Watch It, Sailor!** Comedy. (1961, U, 81min) ★★
9.40 **Who Was That Lady** Comedy. (1960, U, 109min) ★★
12.00 NOON **Guess Who's Coming to Dinner** Oscar-winning drama. (1967, PG, 112min) ★★★★
2.10 PM **Ivanhoe** Romantic adventure. (1981, PG, 136min) ★★★

4.55 **Our Man in Havana** Satirical spy drama with Alex Guinness and Noël Coward. (1959, b/w, PG, 112min) ★★★★★
7.10 **Gideon of Scotland Yard** Crime drama starring Jack Hawkins and Dianne Foster. (1958, PG, 91min) ★★
9.00 **The Cat and the Canary** Comedy chiller remake starring Honor Blackman and Edward Fox. (1978, 15, 98min) ★★
11.05 **Shampoo** Satirical comedy. (1975, 18, 110min) ★★★★

1.15 AM **I Am Sartana, Your Angel of Death** Spaghetti Western. (1969, 15, 102min) ★★
3.15 **Strongroom** (1961, b/w, PG) ★★
4.35 **to 6.00** AM **Tomorrow We Live** War drama. (1942, b/w, U) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Escaping Dad** Thriller. (2017, 15, 90min) ★★
11.00 **Watching Over You** Thriller. (2018, PG, 90min) ★★
1.00 PM **Garage Sale Mystery: Murder Most Medieval** Crime drama. (2017, PG, 90min) ★★
2.50 **Patient Killer** Psychological thriller. (2015, PG, 89min) ★
4.40 **Who Was That Lady** Comedy. (1960, U, 109min) ★★

7.10 **Jack and Jill** Sibling comedy starring Adam Sandler and Katie Holmes. An LA ad man's twin sister drives him insane when she comes for a visit. With Al Pacino. (2011, PG, 91min) ★
9.00 **Flatliners** Sci-fi horror thriller starring Kiefer Sutherland and Julia Roberts. A group of medical student risk their lives when they experiment with death. With Kevin Bacon, William Baldwin and Oliver Platt. (1990, 15, 114min) ★★★

11.15 **Awake** Suspense thriller. (2007, 15, 80min) ★★★
1.00 AM **The Social Network** Drama. (2010, 12, 120min) ★★★★★
3.35 **to 6.00** AM **Battle: Los Angeles** Adventure. (2011, 12) ★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Passport to China** Drama. (1960, U, 75min) ★★
7.35 **Biggles** Fantasy adventure. (1986, PG, 108min) ★★
9.30 **Hellfighters** (1969, PG) ★★
11.55 **Wyatt Earp's Revenge** Western. (2012, 12, 88min) ★★
1.50 PM **Apache Ambush** Western. (1955, U, 68min) ★★
3.15 **Paratrooper** Action adventure. (1953, PG, 88min) ★★

5.05 **The Mountain Road** World War Two adventure starring James Stewart. (1959, U, 120min) ★★
7.15 **San Andreas Quake** Action adventure starring Jhey Castles. (2015, 12, 84min) ★
9.00 **Blood of Redemption** Action adventure starring Billy Zane, Dolph Lundgren and Vinnie Jones. A crime boss just out of prison joins forces with an old henchman to bring down the man who took over his empire. (2013, 15, 81min) ★★

10.50 **Diamond Dogs** Adventure. (2007, 15, 94min) ★★
12.40 AM **Callan** Espionage thriller. (1974, 15, 106min) ★★★
2.45 **to 4.00** AM **Operation Dames** War drama. (1959, b/w, PG) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Love to the Rescue** As 7pm.
9.00 **Love By Accident** As 9pm.
11.00 **Art of Falling in Love** As 11pm.
1.00 PM **Retreat to Paradise** As 1am.
3.00 **Ships in the Night: A Martha's Vineyard Mystery** Crime drama starring Jesse Metcalfe. (2021, PG, 89min) ★★
5.00 **Made for You, with Love** Romantic drama starring Edy Ganem. (2019, U, 90min) ★★

7.00 **Love to the Rescue** Romantic drama starring Nikki Deloach and Michael Rady. Two single parents are drawn together when their children want to adopt the same rescue dog. (2019, PG, 84min) ★★
9.00 **Love By Accident** Romantic drama, starring Henderson Wade and Getenesh Berhe. A woman on a road trip enlists a mechanic to be her fake boyfriend. With Conrad Coates. (2020, PG, 84min) ★★

11.00 **Art of Falling in Love** Romantic drama. (2019, PG, 90min) ★★
1.00 AM **Retreat to Paradise** Drama. (2020, PG, 90min) ★★
3.00 **to 5.00** AM **Ships in the Night: A Martha's Vineyard Mystery**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TLL LATE

9.00 PM **The Bourne Supremacy** *ITV4* Spy thriller sequel based on the novel by Robert Ludlum, starring Matt Damon. A former CIA assassin tries to discover why his enemies want to kill him. With Franka Potente, Brian Cox and Julia Stiles. ★★★★
10.00 **The Rookie** *5Action* Thriller starring Clint Eastwood and Charlie Sheen. A veteran cop finds himself saddled with a rich-kid rookie while pursuing the killer of his long-time partner. With Raul Julia. ★
10.40 **The Beatles: Eight Days a Week – The Touring Years** *Sky Documentaries* Director Ron Howard's documentary charting the brief but successful period pop band The Beatles spent on the road. Contributors include Paul McCartney and Ringo Starr. ★★★★
11.15 **Carlito's Way** *ITV4* Brian De Palma's crime thriller starring Al Pacino as an ex-jailbird who is pulled back into the violent drugs underworld by his sleazy lawyer. With Sean Penn and Viggo Mortensen. ★★★★

WEDNESDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** Including news and views on today's early stories and a look at the back pages.
7.30 **Early Kick-Off**
8.00 **Good Morning Sports Fans**
10.00 **The Football Show** A round-up of the latest sports news, with live analysis and comment.
12.00 NOON **Sky Sports News**
2.00 PM **The Players Championship** A look ahead to this year's Players Championship at Ponte Vedra Beach, Florida.
7.30 LIVE **EFL Trophy Football Hartlepool United v Rotherham United.** Coverage of the second semi-final from Victoria Park. Kick-off **7.45pm**.
10.15 **Sky Sports News**
11.00 **World Golf: Hall of Fame Induction Ceremony** Tiger Woods headlines the Class of 2021 to be inducted into the World Golf Hall of Fame.
1.30 **to 6.00** AM LIVE **ICC Women's World Cup New Zealand v India.** Coverage of the group match from Seddon Park in Hamilton, New Zealand.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends** Sol Campbell. **7.30** Ruud van Nistelrooy.
8.00 **Best PL Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** With Gianfranco Zola. **12.30** PM With Alan Shearer.
1.00 **Premier League Years** Memorable moments from the 2014/15 season.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 02/03**
5.00 **Premier League 100 Club**
6.00 **Premier League Review**
7.00 **Premier League World**
7.30 **Premier League 100 Club**
8.00 **Gary Neville's Soccerbox** Gary chats to Gianfranco Zola. **8.30** With Alan Shearer.
9.00 **Premier League Review** A look back at the weekend's action.
10.00 **Premier League World**
10.30 **PL Retro**
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **Greatest Games**
8.30 **SPFL Highlights**
9.00 **Bundesliga Highlights Show**
10.00 **EFL Highlights**
10.30 **SPFL Highlights**
11.00 **EFL Cup Retro 10**
1.00 PM **EFL Play Off Finals C'Ship**
2.00 **Retro C'Ship 00**
4.00 **Best Moments From The League 1 & 2 Play-Off Final**
4.30 **Best Goals of the Carabao Cup 2020/21** Memorable strikes.
5.00 **EFL Greatest Games**
5.30 **EFL Highlights**
6.30 **EFL Goals: Leagues 1 & 2**
7.00 **EFL Trophy Football**
7.30 LIVE **EFL Trophy Football Hartlepool United v Rotherham United.** Coverage of the second semi-final from Victoria Park. Kick-off **7.45pm**.
10.15 **EFL Highlights**
10.30 **EFL Goals: Leagues 1 & 2**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Trophy Football**
12.30 AM **Soccer AM: The Best Bits**
1.00 **EFL Cup Retro 18**
3.00 **to 6.00** AM **Highlights**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM **ICC Women's World Cup**
7.00 **Test Cricket**
9.00 **Winning Over The World**
10.00 **ICC Women's World Cup**
12.00 NOON **ICC Women's World Cup** West Indies v England.
1.00 PM **Great Women: Stars of ODI Cricket**
2.00 **Women's World T20 Classics**
2.30 **ICC Women's World Cup 2017**
3.00 **ICC Women's World Cup**
7.00 **Best of the Women's World T20**
7.15 **Best of the ICC Women's World Cup** Highlights from England v Sri Lanka in 2013.
7.30 **Test Cricket** India v Sri Lanka: Highlights of the fifth and final day of the first Test in the two-match series, which took place at Punjab Cricket Association Stadium.
8.30 **ICC Women's World Cup**
9.30 **Test Cricket** Pakistan v Australia: Highlights of day five of the first Test in the three-match series at Rawalpindi Cricket Stadium.
10.30 **ICC Women's World Cup**
12.30 **to 6.00** AM LIVE **ICC Women's World Cup New Zealand v India.** Coverage of the group match from Seddon Park in Hamilton, New Zealand.

Sky Sports The Players

405 405 863 | 515 505 | 424 444

6.00 AM **The Players Championship Official Film** Past stagings.
12.00 NOON **Masterpiece Theatre**
12.15 PM **PGA Tour Profiles**
12.30 **Players Championship 2019 Watchalong** Rory McIlroy looks back at his win at the 2019 Championship.
2.00 **The Players Championship** A look ahead to this year's Players Championship at Ponte Vedra Beach, Florida.
10.00 **The Players Championship Official Film** The story of the 2013 tournament at TPC Sawgrass in Ponte Vedra Beach, Florida, where America's Matt Kuchar was the defending champion.
11.00 **World Golf: Hall of Fame Induction Ceremony** Tiger Woods headlines the Class of 2021 to be inducted into the World Golf Hall of Fame.
1.30 AM **Players Championship 2019 Watchalong**
3.00 **PGA Tour: The Cut**
3.30 **Best of the Sky Zone – The Players**
4.00 **to 6.00** AM **How the 2019 Players Was Won**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **FIM Enduro Pale**
7.00 **Test Cricket Highlights**
8.00 **Isuzu UTE A-League** Western Sydney Wanderers v Sydney FC. **9.00** Highlights from Perth Glory v Adelaide United. **10.00** Action from Wellington Phoenix v Melbourne City.
11.00 **ESPN FC** A round-up of the latest news from the world of football at the ESPN studios in Connecticut.
11.30 **Premier League Review**
12.30 PM **Test Cricket Highlights** Day one of the first Test between the West Indies and England.
1.30 LIVE **Test Cricket West Indies v England.** Coverage of the second day's play of the first Test in the three-match series, taking place at Sir Vivian Richards Stadium in North Sound.
10.00 **WWE NXT**
11.45 **WWE NXT UK**
12.45 AM **WWE Raw Highlights**
1.45 **MotoGP Rewind**
2.00 **Badminton Unlimited**
2.30 **Gallagher Premiership Rugby Highlights** Recent action.
4.00 **Rugby Tonight**
4.45 **A-League Highlights**
5.45 **to 6.00** AM **BT Sport Reload**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **A-League Highlights**
7.00 **WWE Monday Night Raw**
9.30 **MotoGP Highlights**
10.30 **MotoGP Chequered Flag**
11.30 **Gallagher Premiership Rugby Highlights** Recent action.
1.00 PM **Rugby Tonight**
1.45 **Vanarama National League**
3.15 **Vanarama National League Highlights** Recent action.
3.45 **Premier League**
5.15 **Premier League Reload**
5.30 **Serie A – Full Impact**
6.00 **BT Sport Reload**
6.30 **ESPN FC** Football news.
7.00 LIVE **UEFA Champions League Manchester City v Sporting Lisbon.** The last-16 second-leg clash from the Etihad Stadium. Kick-off **8.00pm**.
10.30 **UEFA Champions League Tonight** A look back at the talking points from tonight's fixtures.
11.30 **The Football's On**
12.30 AM **UFC Unleashed**
1.30 **WSL Presents**
2.30 **PSA Squash Highlights**
3.30 **The Football's On**
4.30 **BT Sport Goals Reload**
5.00 **to 6.00** AM **ESPN Films: The Dotted Line**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **UEFA Champions League**
8.00 **UEFA Europa League Magazine**
9.00 **Ligue 1 Highlights**
10.00 **WSL Presents**
11.00 **Primeira Liga**
12.00 NOON **UEFA Champions League** Liverpool v Inter Milan. **1.00** PM Action from Bayern Munich v RB Salzburg.
2.00 **UEFA Europa League Magazine**
3.00 **Badminton Unlimited**
3.30 **WWE SmackDown Highlights**
4.30 **WWE Raw Highlights**
5.30 **UEFA Champions League** Sporting Lisbon v Manchester City. **6.30** Highlights of Paris Saint-Germain v Real Madrid.
7.30 LIVE **UEFA Champions League Real Madrid v Paris Saint-Germain.** Coverage of the last-16 second-leg match at The Bernabeu. Kick-off **8.00pm**.
10.15 **The Football's On**
11.15 **Premier League World**
11.45 **Premier League Reload**
12.00 M'T **UEFA Champions League**
2.00 AM **Serie A – Full Impact**
2.30 **BT Sport Reload**
3.00 **MotoGP Highlights**
4.00 **FIM Enduro Pale**
5.00 **to 6.00** AM **Classic MOTD**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **Top Rank Boxing Archive**
10.00 **Super Bowl LVI Highlights** Extended action from Cincinnati Bengals v Los Angeles Rams.
12.00 NOON **Good Morning Football** The latest news and talking points from around the NFL.
3.00 PM **Fight Night** The catchweight bout between Amir Khan and Kell Brook at AO Arena in Manchester. **4.00** Josh Taylor v Jack Catterall.
5.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present the NFL talk show, as they discuss and debate the biggest stories from around the league.
7.00 **Premier League Darts** A replay of the fourth night of the 2022 tournament at Westpoint Arena in Exeter.
10.30 **NFL Special: All Madden** A look back at the pioneering career of John Madden.
12.00 M'T **Total Access**
1.00 AM **NFL: America's Game** The story of Indianapolis Colts' 2006 Super Bowl success over Chicago Bears at the Dolphin Stadium in Miami, Florida.
2.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Fighting Fit 2020**
7.00 **Fit In 5**
7.30 **My Icon**
8.00 **Netball Superleague**
10.00 **NBA Basketball**
12.00 NOON **Betfred Super League Highlights**
1.00 PM **Rugby League Retro**
3.00 **Fighting Fit 2020**
4.00 **Fit In 5**
4.30 **My Icon**
5.00 **Betfred Super League Highlights** Including action from Hull Kingston Rovers Wigan Warriors, Toulouse Olympique v Huddersfield Giants, and Wigan Warriors v Leeds Rhinos.
7.00 **Premier League Darts** A replay of the fourth night of the 2022 tournament at Westpoint Arena in Exeter.
10.30 **Premier League World**
11.00 **PL 100: Peter Schmeichel**
11.30 **Premier League 100: Darren Bent** The striker looks back at some of his favourite goals.
12.00 M'T **Netball Superleague**
2.00 AM **Super Bowl LVI Highlights** Extended action from Cincinnati Bengals v Los Angeles Rams.
4.00 **to 6.00** AM **NBA Basketball**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **Highlights**
8.30 **College Basketball**
12.00 NOON **ESPN FC**
12.30 PM **ESPN SportsCenter**
12.45 **Around the Horn**
1.15 **College Basketball**
4.45 **ESPN SportsCenter**
5.00 LIVE **College Basketball** An ACC Tournament second-round match. Tip-off **5.00pm**.
7.30 LIVE **College Basketball** An ACC Tournament second-round match. Tip-off **7.30pm**.
9.30 **BT Sport Reload**
10.00 **Around the Horn**
10.30 **NHRA Drag Racing Highlights**
11.30 **Pardon the Interruption**
12.00 M'T LIVE **College Basketball** An ACC Tournament second-round match. Tip-off **12.00m't**.
2.30 AM LIVE **College Basketball** An ACC Tournament second-round match. Tip-off **2.30am**.
4.30 **to 6.00** AM **Highlights**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Olympics: Hall of Fame**
7.00 **Cycling**
9.00 **Alpine Skiing**
11.00 **Cycling**
1.15 PM LIVE **Cycling: Paris-Nice** Coverage of stage four.
3.00 LIVE **Cycling: Tirreno-Adriatico** Stage three.
4.15 **Cycling: Paris-Nice**
4.30 LIVE **Alpine Skiing** The World Cup meeting in Flachau, Austria.
5.45 **Eurosport News**
5.50 **Cycling: Paris-Nice**
7.00 **Alpine Skiing**
7.30 LIVE **Alpine Skiing** Further coverage from Flachau in Austria.
9.00 **Cycling: Paris-Nice**
10.00 **Cycling: Tirreno-Adriatico**
11.00 **Alpine Skiing**
12.00 M'T **Cycling: Paris-Nice**
1.00 AM **Cycling: Tirreno-Adriatico**
2.00 **Biathlon**
4.00 **to 6.00** AM **Snooker: Turkish Masters**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Snooker: Turkish Masters**
8.00 LIVE **Snooker: Turkish Masters** Coverage of the morning session on day three.
11.00 **Motocross World Championship** From Italy.
11.30 **British Superbikes: Race of 2021** The race of the season.
12.30 PM LIVE **Snooker: Turkish Masters** The afternoon session on day three from Antalya.
3.30 LIVE **Biathlon** Coverage of the World Cup meeting from Kontiolahti in Finland.
5.00 LIVE **Snooker: Turkish Masters** Coverage of the evening session on day three from Antalya.
8.05 **Golf: PGA Tour Weekly**
8.35 **Snooker: Turkish Masters**
10.00 **The Judo Show**
11.05 **Formula E** The Mexico City ePrix.
12.00 M'T **Ski Jumping**
2.00 AM **Snooker: Turkish Masters**
4.00 **Cycling: Tirreno-Adriatico**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Betfred Super League Highlights** Recent action.
7.00 **Netball Superleague**
9.00 **NBA Basketball**
11.00 **Betfred Super League Highlights** Recent action.
12.00 NOON **Top Rank Boxing Archive** Triple bill of action,
3.00 PM **Netball Superleague**
5.00 **Betfred Super League Highlights** Recent action.
7.00 **NRL Try Time** A round-up of all the tries and key moments from the opening round of fixtures in the 2022 NRL Premiership.
8.00 **Top Rank Boxing Archive** Davey Moore v Roberto Duran in 1983. **8.45** A look back at Erik Morales v Marco Barrera from 2000.
10.00 **NRL Try Time**
11.00 **NBA Basketball**
1.00 AM **NRL Try Time**
2.00 **Netball Superleague**
4.00 **Super League's Supermen**
5.00 **to 6.00** AM **NRL Try Time**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula One: Best of 2021**
11.00 **The Notebook** News from day two of the first 2022 pre-season testing event in Barcelona.
11.30 **Formula 1** The practice and qualifying sessions for the 2021 Abu Dhabi Grand Prix.
5.15 PM **Formula 1** A re-run of the 2021 Abu Dhabi Grand Prix, the final round of the season.
7.30 **Formula 1** Highlights of the 2021 Abu Dhabi Grand Prix.
8.30 **The Inside Line**
9.00 **Duel: Hamilton v Verstappen** The rivalry between Lewis Hamilton and Max Verstappen, culminating in a controversial end to the 2021 season.
11.00 **The Inside Line**
11.30 **2021 A-Z of F1**
11.50 **Daniel Ricciardo's NASCAR Run**
12.00 M'T **Goodbye Kimi**
12.10 AM **Qatar Hot Lap**
12.15 **to 6.00** AM **Formula One: Best of 2021**

Thursday

10 March

Evening Planner

Factual

Crufts
C4 HD, 3pm & 8pm; More4 HD, 6.30pm
Host Clare Balding will be at the NEC in Birmingham, as the dog show returns after a Covid-enforced two-year break

Factual

Car S.O.S
National Geographic HD, 8pm
The 10th series begins with Tim Shaw and Fuzz Townshend working on a 1988 Fiat Uno for a former car salesman

Drama

If Beale Street Could Talk
BBC4 HD, 9pm
A young woman (KiKi Layne) seeks to clear the name of her wrongly-charged lover before the birth of their child

OnDemand

Secrets of the Spies
Available today
Former MI5, MI6 and KGB agents lift the lid on the murky world of espionage in this three-part series

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Dragons' Den		9.00 The Apprentice		10.00 News; Local News	10.35 Question...
102 BBC2	7.00 Doctors	7.30 Nigella's Cook...	8.00 Great British Menu		9.00 Amol Rajan Interviews Nile Rodgers		10.00 Apprentice...	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale		8.30 Louise... †	9.00 Our House		10.00 News; Local News	
104 CHANNEL 4	7.00 News	7.30 Winter...	8.00 Crufts 2022		9.00 Extraordinary Escapes with Sandi...		10.00 First Dates	
105 CHANNEL 5	7.00 A Country Life for Half the Price...		8.00 The Queen's Guards: A Year In Service		9.00 Soham: The Murder of Holly & Jessica			10.35 Crimes...
106 SKY SHOWCASE	7.00 The Simpsons		8.00 An Idiot Abroad		9.00 Resident Alien		10.00 Film: SAS: Red Notice	
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia		8.00 This Girl's...	8.30 Split Up in...	9.00 Roman Kemp: Our Silent Emergency		10.00 MOTDx	10.30 Mood
116 BBC4	7.00 The Lakes with...	7.30 Fred Dibnah's...	8.00 Michael Wood's Story of England		9.00 Film: If Beale Street Could Talk			
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Gordon, Gino and Fred's Road Trip		10.00 Shopping...	10.30 Family Guy
136 MORE4	◂ 6.30 Crufts		8.00 Grand Designs		9.00 The Dog House		10.05 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Teen First Dates		8.30 Married at First Sight Australia			10.00 Street Dance: Against the Odds	
107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Blue Bloods		9.00 The Rookie		10.00 Blue Bloods	
108 SKY ATLANTIC	◂ 6.45 The Sopranos		7.55 Game of Thrones		9.00 My Brilliant Friend		10.05 The Gilded Age	
110 GOLD	7.00 The Green Green Grass	7.40 Dad's Army		8.20 Fawlty Towers	9.00 Billy Connolly Does..		10.00 Men Behaving Badly	
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 QI XL		10.00 Meet the Richardsons	10.40 Mock...
119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Law & Order: UK	
120 ITV4	7.00 Cycling: Paris-Nice Highlights		8.00 Bradley & Barney Walsh: Breaking Dad		9.00 Film: The Bourne Ultimatum			
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Surprises		10.00 Guessable?	
152 SYFY	7.00 Quantum Leap		8.00 Fringe		9.00 Grimm		10.00 Film: Speed Kills	
113 SKY MAX	7.00 Stargate SG-1		8.00 An Idiot Abroad		9.00 Resident Alien		10.00 The Flight Attendant	
132 ALIBI	7.00 Rizzoli & Isles		8.00 Father Brown		9.00 Murdoch Mysteries		10.00 Frankie Drake Mysteries	
130 SKY ARTS	7.00 Landscape Artist of the Year 2022		8.00 The Directors		9.00 Film: Passport to Pimlico			10.35 The Movies
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Iron Resurrection		9.00 Building Off the Grid		10.00 Pushing The Line	
162 ANIMAL PLANET	7.00 Extinct or Alive		8.00 Saved By the Barn		9.00 Scaled		10.00 I Was Prey	
129 NAT GEO	7.00 Wicked Tuna: North v South		8.00 Car S.O.S.		9.00 Alaska: The Next Generation		10.00 Primal Survivor	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Cities of the Underworld		9.00 Forged in Fire		10.00 Blown Away	
155 YESTERDAY	7.00 Himalaya with Michael Palin		8.00 Bangers and Cash				10.00 Secrets of the London Underground	
121 SKY DOCS	7.00 The Seventies		8.00 Janet Jackson		9.00 Duel: Hamilton v Verstappen		10.00 Veleno: The Town of Lost Children	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Space Jam: A New Legacy		8.00 The Desperate Hour			9.45 Kimi		
303 HITS	◂ 6.00 Charlie and the Chocolate Factory		8.00 In the Heights					10.25 Oblivion
304 GREATS	◂ 5.55 Crouching Tiger, Hidden Dragon		8.00 Close Encounters of the Third Kind: Collector's Edition					10.20 Manhunter
305 ANIMATION	◂ 6.40 The Croods			8.20 The Croods 2: A New Age			10.00 Barbie: Spy Squad	
306 FAMILY	◂ 6.40 Alvin and the Chipmunks		8.15 Alvin and the Chipmunks: The Squeakquel				10.00 Bratz	
307 ACTION	7.00 Fury				9.15 300: Rise of an Empire			
308 COMEDY	◂ 6.15 Away We Go		8.00 Around the World in 80 Days				10.05 St Trinian's 2: The Legend of...	
309 THRILLER	◂ 5.15 Munich		8.00 One Shot			9.40 Tenet		
310 DRAMA	◂ 6.05 The Colour Room		8.00 The Founder				10.00 Military Wives	
311 SCI-FI	◂ 5.40 District 9	7.35 Godzilla					10.00 The Evil Dead	
302 WOMEN IN FILM	◂ 6.20 Rare Beasts		8.00 Clueless			9.45 Summerland		
313 FILM4	◂ 6.35 The Karate Kid				9.00 Deadpool 2			
315 TCM MOVIES	◂ 6.50 The Last Hunt				9.00 Maximum Risk			
SPORT								
401 MAIN EVENT	◂ 3.00 The Players Championship – Live: Coverage of the first day's play of the tournament, taking place at TPC Sawgrass in Ponte Vedra Beach, Florida							
402 PREMIER LEAGUE	7.00 WSL – Live: West Ham United v Chelsea (Kick-off 7.45)							10.30 Premier League
403 FOOTBALL	7.00 WSL – Live: West Ham United v Chelsea (Kick-off 7.45)							10.30 EFL Trophy...
404 WORLD CUP	7.00 ICC Women's World Cup				9.00 Best of the...	9.30 ICC Women's World Cup		
413 BT SPORT 1	◂ 1.30 Test Cricket – Live: West Indies v England						10.00 WWE NXT Highlights	
414 BT SPORT 2	◂ 5.00 WWE...	7.30 UEFA Europa League – Live: Action from a last-16 first-leg clash in the UEFA Europa League						10.30 UEFA Europa...

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** New edition How a ring of men trading wild birds were caught. (S)(AD)
11.15 **Homes Under the Hammer** New edition From Kent. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Shakespeare & Hathaway: Private Investigators** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** (S)(R)
4.30 **Antiques Road Trip** Touring the west coast of Scotland. (S)(R)
5.15 **Pointless** (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Dragons' Den

7 PM

7.00 **The One Show** Alex Jones and Ronan Keating present the topical show. (S)
7.30 **EastEnders** With the truth about his past coming to light, Gray realises his options are running out. (S)(AD)

8 PM

8.00 **Dragons' Den** New edition 10/14. An entrepreneur presents an idea that she hopes will empower and inspire women and girls. However, it is soon apparent she risks potentially alienating one half of society. (S)(AD)

9 PM

9.00 **The Apprentice** New edition 10/12. The candidates are tasked with creating and branding a new baby food, before pitching and selling to leading retailers. (S)
■ *The Apprentice: You're Fired* follows on BBC2

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Question Time** Fiona Bruce chairs the topical debate, inviting politicians and other guests to answer questions from the audience. (S)
11.35 **Newscast** Adam Fleming, Laura Kuenssberg and Chris Mason discuss the week's biggest stories at Westminster and beyond. (S)
12.05 AM **Celebrity Mastermind** With Maria McErlane, The Vivienne, Martine Croxall and DJ Ace. (S)(R)
12.35 **Superman & Lois** *Through the Valley of Death:* 12/15. An old friend is brought in to help with the search for Clark. (S1) (S)(R)(AD)
1.20 **Weather for the Week Ahead** (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Your Garden Made Perfect** From north London. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Ready Steady Cook** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **Put Your Money Where Your Mouth Is** From Surrey. (S)(R)
3.00 **The Heights** (S1) (S)(R)(AD)
3.30 **Murder, Mystery and My Family** A gang-related murder. (S)(R)(AD)
4.15 **Sicily: Wonder of the Mediterranean** 1/2. (S)(R)(AD)
5.15 **Flog It!** From Bletchley Park. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Marcus Wareing's Tales from a Kitchen Garden** New edition (S)

8.00 Great British Menu

7.00 **Doctors** Emma wants to have a quiet birthday, but the Mill gang have other ideas. (S)(R)(AD)
7.30 **Nigella's Cook, Eat, Repeat** 4/6. Nigella shares recipes featuring anchovies. (S)(R)(AD)
8.00 **Great British Menu** New edition Hairy Biker Si King helps the judging panel decide the winner for the north-east and Yorkshire region as the two highest scoring chefs cook their six-course menus again. (S)
9.00 **Amol Rajan Interviews Nile Rodgers** New edition Amol chats to musician Nile Rodgers, who discusses his childhood in 1960s New York, setting up Chic with Bernard Edwards and the racism that still troubles America. (S)
10.00 **The Apprentice: You're Fired** New edition Tom Allen talks to the show's freshly rejected candidate. (S)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Slammed** 2/3. Documentary series charting the rise of the Wales rugby team. (S)(R)
12.15 AM **Sign Zone: Louis Theroux's Forbidden America** 2/3. Louis immerses himself in Florida's multimillion-dollar rap scene. (S)(R)
1.15 **Sign Zone: Kelvin's Big Farming Adventure** (S)(R)(AD)
1.45 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
2.15 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team of experts value collectibles in Bradford, West Yorkshire, where items include an Evel Knievel toy, a photographic press and various pieces of jewellery. (S)(R)
3.00 **Lingo** Word-based quiz show presented by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

5.00 The Chase

7.30 **Emmerdale** The Woolpack reopens, Chas and Charity are at loggerheads, while Vinny and Liv are worried about Mandy. (S)(AD)
8.30 **Louise Minchin: The Truth About Stalking – Tonight** New edition The TV presenter asks whether enough is being done to tackle stalking. (S)
9.00 **Our House** Series finale 4/4. Fi finally discovers the truth behind the house sale, and Bram has to come to terms with his actions. With Tuppence Middleton and Martin Compston. (S1) (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Billy Connolly: My Absolute Pleasure** The comedian shares a personal selection of stand-up routines from his tours. (S)(R)
11.50 **All Elite Wrestling: Rampage** Hard-hitting wrestling action. (S)
12.40 AM **Shop: Ideal World**
3.00 **Louise Minchin: The Truth About Stalking – Tonight** (S)(R)
3.25 **Britain's Brightest Celebrity Family** The remaining two celebrity families fight it out in the final of the quiz. (S)(SL)(R)(AD)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **LIVE Winter Paralympics** Great Britain v Latvia in wheelchair curling and the giant slalom final. (S)
8.00 **Winter Paralympics Breakfast** (S)
9.00 **Frasier** 21-23/24. (S4) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** From Los Angeles. (S)(R)
11.25 **News** (S)
11.30 **Coast vs Country** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **NEW SERIES Crufts** Coverage from the NEC in Birmingham. (S)
4.00 **A New Life in the Sun: Where Are They Now?** New edition (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition A 'Sheffield-themed' menu. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

9.00 Extraordinary Escapes

7.00 **News** (S)
7.30 **Winter Paralympics: Today in Beijing** Ade Adepitan introduces highlights from day six. (S)
8.00 **Crufts 2022** New edition Clare Balding presents coverage of the dog show staged at the Birmingham NEC. The opening day finishes with the Flyball and Freestyle Heelwork to Music events. (S)
9.00 **Extraordinary Escapes with Sandi Toksvig** New edition Sue Johnston joins Sandi in Cornwall, visiting a modernist beach house that overlooks Praa Sands, a fairy-tale cottage in the woods and a former shepherd's hut. (S)(AD)
10.00 **First Dates** New edition A look back at memorable daters who arrived at the restaurant with a secret to share, including alopecia-sufferer Eve and cross-dresser Paul. (S)(AD)
11.05 **Naked Attraction** (S)(R)(AD)
12.05 AM **Moors Murders: The Trial** 3/3. Myra Hindley's brother-in-law David Smith and journalist Clive Entwistle describe the trial. (S)(SL)(R)(AD)
1.00 **to 6.00** AM **LIVE Winter Paralympics** Day seven features coverage of the women's giant slalom in para alpine skiing and the para biathlon sitting 12.5km race. Plus, the first semi-final in the para ice hockey. (S)

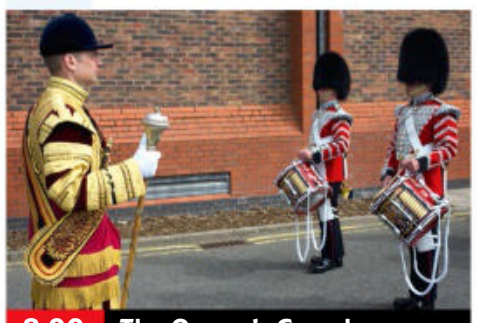
+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Nightmare Tenants, Slum Landlords** An Essex landlady whose tenant stopped paying rent because she had been thrown in prison. (S)(R)
1.10 **News** (S)
1.15 **Home and Away** (S)
1.45 **Neighbours** (S)
2.15 FILM PREMIERE **The Killer Affair** Thriller with Calli Taylor. (2019, PG, 105min) (S) ★★
4.00 **Filthy House SOS** The extreme cleaners help a man who hasn't left his house in years. (S)(R)
5.00 **News** (S)
6.00 **Neighbours** Levi comes clean to Freya about Ned and Harlow's run-in with Gareth. (S)(R)(AD)
6.30 **Eggheads** New edition Quiz. (S)



8.00 The Queen's Guards

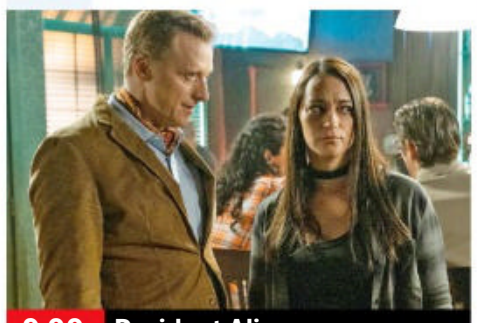
7.00 NEW SERIES **A Country Life for Half the Price with Kate Humble** The presenter meets a Solihull family relocating to the Welsh Borders. (S)
7.55 **News** (S)
8.00 **The Queen's Guards: A Year In Service** New edition 4/5. Rehearsals for the Queen's birthday parade are ramping up, and Garrison Sergeant Major Vern Stokes has to make sure everyone is up to scratch. (S)
9.00 **Soham: The Murder of Holly & Jessica** New edition 2/3. Examining the days after caretaker Ian Huntley and his girlfriend Maxine Carr were taken in to help police with their enquiries. This edition also charts the discovery of two items of the girls' clothing in the caretaker's lock-up. (S)
10.35 **Crimes That Shook Britain** A Derby couple who killed six of their children in a house fire in May 2012. (S)(R)
11.35 **Police: Night Shift 999** (S)(R)
12.35 AM **Criminals: Caught on Camera** Real-life footage. (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **Celebrity 5 Go Fishing** (S)(R)
4.00 **Get Your Tatts Out: Kavos Ink** Fun-loving tourist Madison asks for a bizarre design. (S)(SL)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Wildlife Rescue New Zealand** Documentary series. (S)(R)(AD)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 11/19. (S6) (S)(R)
11.00 **NCIS: New Orleans** (S5) (R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 19/22. (S1) (S)(R)(AD)
3.00 **Modern Family** (S4) (S)(R)
4.00 **The Office (US)** (S8) (R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 24/25. Will gets trapped in a lift with Carlton and Jazz on the way to his stag night. (S)(R)
6.00 25/25. Will's wedding day dawns, but he suffers an attack of cold feet. (S5) (S)(R)
6.30 **The Simpsons** *Luca$:* Lisa starts dating a layabout. (S)(R)



9.00 Resident Alien

7.00 **The Simpsons** *Days of Future Future:* Thirty years in the future, Bart is in a custody battle. (S)(R)
7.30 *What to Expect When Bart's Expecting:* Bart uses voodoo to get his teacher pregnant. (S)(R)
8.00 **An Idiot Abroad** 2/8. Karl Pilkington arrives in India, where he attends a spring festival in which people throw coloured dye at one another, cleanses his soul in the River Ganges, and visits the Taj Mahal. (S)(R)
9.00 **Resident Alien** New episode *Girls' Night:* 3/8. Harry meets a woman unlike any other and realises that she is the key to his new mission. (S2) (S)
10.00 FILM **SAS: Red Notice** Action thriller, starring Sam Heughan and Ruby Rose. An off-duty SAS soldier tries to thwart a terror attack on a Channel Tunnel train. (S)(AD) (2021, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.15 AM **Bloods** 5/6. Wendy discovers that Maleek is a talented singer. (S)(R)(AD)
12.45 6/6. Maleek and Wendy deliver a baby together on the Underground. (S1) (S)(R)(AD)
1.15 **The Force: North East** (R)
2.10 **Brit Cops: War on Crime** (R)
3.05 **Hawaii Five-0** 9/23. (S2) (S)(R)
4.00 **S.W.A.T.** 19/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm The View (S) **11.15** Question Time (S) **12.15am** Newscast (S) **12.50** Superman & Lois (S)(R)(AD) **1.30-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
7.30pm The Hairy Bakers (S)(R) **7.45-10.00** LIVE Scrum V (S) **11.15** Amol Rajan Interviews Nile Rodgers New edition (S) **12.15-1.15am** Slammed (S)(R)

ITV

As main ITV except:

WALES
10.45pm Face to Face New edition (S) **11.10** Heathrow: Britain's Busiest Airport (S)(R)(AD) **11.40-11.50pm** NEW SERIES Coast & Country (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Bwyd Bach i Bawb **12.30** Heno **1.00** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD) **1.30** Cymry ar Gynfas **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Ty am Ddim **4.00** Awr Fawr **5.00** Stwnsh **6.00** Celwydd Noeth **6.30** Efaciwîs **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Jonathan New edition **10.00** NEW Curadur **10.30** 47 Copa: Her Huw Jack Brassington **11.00** Pen Petrol **11.25pm-12.00m't** Ar Werth (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition The chefs face a brunch challenge for 75 customers on the banks of Melbourne's Yarra River.
7.50 **The Catch Up**
8.00 **This Girl's Changed** Persephone Rizvi reconnects with old friends.
8.30 **Split Up in Care: Life Without Siblings** Ashley John-Baptiste explores the separation of siblings by the UK care system.
9.00 **Roman Kemp: Our Silent Emergency** The mental health and suicide crisis affecting young men.
10.00 **MOTDx** Football discussion hosted by Jermaine Jenas.
10.30 **Mood** 2/6. Sasha is forced to sofa-surf at her drug dealer Saleem's flat. (S1)
11.15 **Back to Life**
12.15 AM **Life and Death in the Warehouse**
1.15 **This Girl's Changed**
1.45 **Roman Kemp: Our Silent Emergency** As 9pm.
2.45 **to 3.45** AM **Back to Life**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **The Lakes with Paul Rose** A visit to Eskdale.
7.30 **Fred Dibnah's World of Steam, Steel and Stone** The Industrial Revolution.
8.00 **Michael Wood's Story of England** The construction of a Norman castle in 1066.
9.00 FILM **If Beale Street Could Talk** Barry Jenkins' Oscar-winning drama starring KiKi Layne and Stephan James. (2018, 15, 119min) ★★★★
10.50 FILM **Lilies of the Field** Comedy drama starring Sidney Poitier as an itinerant African American handyman who helps a group of German nuns build a chapel. (1963, b/w, U, 94min) ★★★
12.25 AM **Female Filmmakers: BBC Introducing Arts** A collection of short films by emerging female storytellers.
1.25 **The Lakes with Paul Rose** As shown at 7.00pm.
1.55 **Fred Dibnah's World of Steam, Steel and Stone**
2.25 **to 3.25** AM **Michael Wood's Story of England**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun**
10.35 **Find It, Fix It, Flog It**
12.35 PM **Heir Hunters**
1.35 **Four in a Bed**
4.15 **The Hotel Fixers** New edition A kinesiologist and yoga instructor seeks training in business.
4.50 **Find It, Fix It, Flog It** Items include a butter churn. **5.50** Henry Cole and Simon O'Brien head to Suffolk.
6.30 **Crufts** New edition Coverage of the dog show from NEC Birmingham.
8.00 **Grand Designs** Kevin McCloud returns to the Midlothian countryside to visit a couple who planned to build a family home on an old industrial site.
9.00 **The Dog House** A Jack Russell seeks a new home after his owner became unwell, and attempts are made to pair a Staffordshire bull terrier with a woman who has suffered a break-up.
10.05 **24 Hours in A&E** The team treat a girl who has had an accident at school and a man having seizures.
11.05 **24 Hour Baby Hospital**
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **The Dog House**
2.15 **24 Hours in A&E**
3.20 **Winter Paralympics: Today in Beijing**
3.50 **to 3.55** AM **Escape to the Chateau**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Married at First Sight Australia**
10.30 **The Big Bang Theory**
11.00 **Young Sheldon**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Young Sheldon**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes. (S9&3)
7.00 **Hollyoaks** Ste makes an admission to Liberty.
7.30 **Teen First Dates** Nineteen-year-old musician Daniel wants to start afresh.
8.30 **Married at First Sight Australia** New edition The couples anticipate the chance to compare notes at their second dinner party.
10.00 **Street Dance: Against the Odds** New edition Charlie is pushing his teams harder than ever.
11.05 **Gogglebox**
12.10 AM **First Dates**
1.20 **Rick and Morty**
1.50 **Teenage Euthanasia** New episode 4/7. (S1)
2.15 **Married at First Sight Australia** As 8.30pm.
3.35 **Street Dance: Against the Odds** As 10.00pm.
4.30 **Ramsay's Kitchen Nightmares USA**
5.20 **to 6.00** AM **Mike & Molly**

+1 hour 235 | 146 | 30 | 123

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Law & Order** 14/24. (S15)
12.00 NOON **Bull** 23/23. (S1)
1.00 PM **Blue Bloods** 10/16. A high-profile video game player is found murdered. **2.00** 11/16. The transgender community is attacked. (S11)
3.00 **Private Eyes** 9/12. (S4)
4.00 **UK Border Force**
5.00 **Nothing to Declare**

9.00 The Rookie

7 PM

7.00 **Air Ambulance ER** The team come to the aid of a teenage boy who has suffered a head injury after falling from his bike.

8 PM

8.00 **Blue Bloods** *Milestones:* 12/22. Danny and Baez tackle the murder of a talented college basketball player. (S9)

9 PM

9.00 **The Rookie** New episode *Hit and Run:* 8/11. The team come up against a citizen who believes they are above the law. (S4)

10 PM

10.00 **Blue Bloods** *The End:* 15/16. Shockwaves ripple through the Reagan family. (S11)
11.00 **Law & Order: Special Victims Unit** 3/24. (S12)
12.00 M'T **Chicago Med** 8/10. (S7)
1.00 AM **Chicago Fire** 8/10. (S10)
2.00 **Chicago PD** 8/10. (S9)
3.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **CSI** 4/24. (S6)
9.00 **The Newsroom** 4/9. (S2)
10.05 **The Sopranos** 12&13/13. (S2)
12.25 PM **Game of Thrones** (S5)
1.30 **Gomorrah** 9&10/10. (S5)
3.30 **Ray Donovan** 10/12. Ray tries to lend a hand to Mickey. **4.35** 11/12. Mickey throws himself a party. (S3)
5.40 **The Sopranos** 1/13. The FBI intensify their surveillance. **6.45** 2/13. Livia's death forces Janice to return. (S3)

9.00 My Brilliant Friend

7.55 **Game of Thrones** *The Dance of Dragons:* 9/10. Arya runs into a familiar face, Mace Tyrell visits the Iron Bank, and Daenerys hosts a celebration of athleticism. (S5)

9.00 **NEW SERIES My Brilliant Friend** 1/8. Return of the Italian drama series based on Elena Ferrante's novel. Subtitled. (S3)

10.05 **The Gilded Age** *Irresistible Change:* 7/9. Edison's illuminating electricity demonstration sparks conversation. (S1)
11.10 **Banshee** 9/10. Job heads to New York in a bid to track down Mr Rabbit. (S2)
12.15 AM **Banshee** (S2&3)
2.25 **In Treatment** 11/28. (S3)
2.55 **Six Feet Under** 6/13. (S2)
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S3)
8.00 **Supergirl** 19/20. (S6)
9.00 **DC's Legends of Tomorrow**
10.00 **The Flash** 11/19. (S6)
11.00 **NCIS: New Orleans** (S5)
1.00 PM **Hawaii Five-0** 9/23. (S2)
2.00 **S.W.A.T.** 19/22. (S1)
3.00 **DC's Legends of Tomorrow**
4.00 **Supergirl** 20/20. (S6)
5.00 **The Flash** 11/19. Guest stars Katee Sackhoff. (S6)
6.00 **Stargate SG-1** 22/22. Part one of two. A terrifying new creature threatens Earth. (S3)

9.00 Resident Alien

7.00 **Stargate SG-1** *Small Victories:* 1/22. Part two of two. The replicator bugs continue to multiply aboard a submarine. (S4)

8.00 **An Idiot Abroad** Karl Pilkington arrives in India, where he attends a spring festival and pays a visit to the Taj Mahal.

9.00 **Resident Alien** New episode *Girls' Night:* 3/8. Harry meets a woman who is the key to his new mission. (S2)

10.00 **The Flight Attendant** *Other People's Houses:* 5/8. With Miranda on her tail, Cassie enlists Max in a complex plan. (S1)
11.00 **Frayed** 3/6. Sammy comes face-to-face with her husband's mistress. (S2)
12.00 M'T **Road Wars**
1.15 AM **The Force: North East**
2.00 **The Blacklist** 9/22. (S8)
3.05 **Hawaii Five-0** 9/23. (S2)
4.00 **S.W.A.T.** 19/22. (S1)
5.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Dress to Impress**
7.00 **The Ellen DeGeneres Show**
8.00 **You've Been Framed! Gold**
9.00 **Secret Crush**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Supermarket Sweep**
1.00 PM **Tipping Point: Lucky Stars**
2.00 **Rolling in It**
3.00 **The Ellen DeGeneres Show** New edition Talk show.
4.00 **The Masked Singer US**
5.00 **You've Been Framed!**
6.00 **Celebrity Catchphrase**

9.00 Gordon, Gino and Fred's...

7.00 **Superstore** 3/11. Jonah is tasked with giving out flu shots in the pharmacy. **7.30** 4/11. Glenn and Dina argue. (S1)

8.00 **Bob's Burgers** 2/9. Bob finds himself at the centre of a hostage crisis. **8.30** 3/9. Louise, Gene and Tina miss PE. (S2)

9.00 **Gordon, Gino and Fred's Road Trip** The trio arrive in Texas, where Gordon Ramsay enjoys the barbecue food.

10.00 **Shopping with Keith Lemon** Gino D'Acampo makes pizza and pasta. **10.30** **Family Guy** 4/30. Meg receives a makeover. (S4)
11.00 **Family Guy** (S8)
11.30 **American Dad!** (S12)
12.25 AM **Bob's Burgers** (S2)
1.25 **Superstore** (S1)
2.20 **The Stand Up Sketch Show**
2.45 **Totally Bonkers Guinness World Records**
3.10 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **George and Mildred**
9.40 **A Touch of Frost**
11.55 **Heartbeat**
2.00 PM **Classic Emmerdale**
3.00 **Classic Coronation Street**
4.05 **Midsomer Murders** *The Curse of the Ninth:* A performer at a music festival is killed and a priceless violin stolen.
6.00 **Heartbeat** *Changing Places:* First episode of the police drama starring Nick Berry.

11.00 Flesh and Blood

7.00 **Heartbeat** *Fruits of the Earth:* Nick pursues a moorland flasher and drunken hikers, while Kate suffers abuse.

8.00 **Vera** *Blind Spot:* The detective must complete a murder victim's research into an old criminal case to find out who may have wanted her dead. Guest stars Peter Davison and Paul Kaye.

10.00 **Law & Order: UK** *Broken:* 1/7. Two children go on trial for killing a toddler. Guest stars Deborah Findlay. (S3)
11.00 **Flesh and Blood** 4/4. Vivien tries to dismiss her children's fears about Mark, even as doubts creep into her mind. Jake's chances of reconciling with Leila suffer a setback. (S1)
12.00 M'T **A Touch of Frost**
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Great Food Guys** 6/8. Nick Nairn and Dougie Vipond focus on Scottish beef.
7.30 **Grand Tours of Scotland's Lochs** 5/6. The strategic wartime importance of Loch Ryan.
8.30 **Loggerheads** New edition The teams visit the most Northerly woodlands in mainland Scotland.
9.00 **The Nine**
10.00 **Scot Squad** 4/6. Singh and McKirdy pull over a couple of Scotland's most celebrated children's entertainers. (S4)
10.30 **Scotland's Home of the Year** 10/10. The judges decide which of the nine regional finalists will win the title.
11.30 PM **to 12.00** M'T **Loop**

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Parks and Recreation** (S5)
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S6)
11.30 **The Office (US)** (S8)
12.30 PM **Vice Principals** (S2)
3.00 **Modern Family** (S4)
4.00 **The Office (US)** (S8)
5.00 **Parks and Recreation**
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace** (S6)
8.00 **Parks and Recreation**
9.00 **Sex and the City** (S1)
10.00 **Ricky Velez: Here's Everything** Stand-up comedy performance.
11.05 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.00 M'T **Bloods** 5&6/6. (S1)
1.00 AM **The Late Late Show with James Corden** New edition Chat and entertainment show.
2.00 **Sick of It** 3&4/6. (S1)
3.30 **Mike Judge Presents: Tales from the Tour Bus**
4.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **André Rieu: Wonderful World – Live in Maastricht**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **National Treasures: The Art of Collecting**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Frida Kahlo**
4.00 **Julie Andrews Forever**
5.00 **Tales of the Unexpected**
6.00 **Discovering**
7.00 **Landscape Artist of the Year** Series highlights.
8.00 **The Directors** New edition John Singleton.
9.00 **FILM Passport to Pimlico** Comedy. (1949, b/w, U, 80min) ★★★★★
10.35 **The Movies**
11.35 **I Am Steve McQueen**
1.35 AM **Tina Turner: Live in Barcelona**
3.50 **Del Amitri: You Can't Go Back**
5.05 **to 6.00** AM **The Art of Architecture**

Pick

159 156 | 36 | 144

7.00 AM **America's Front Line**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Highway Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Border Patrol**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S2)
5.00 **Star Trek: The Next Generation** 17/26. (S3)
6.00 **Quantum Leap** (S5)
7.00 **Hawaii Five-0** (S1)
8.00 **World's Most Evil Killers**
9.00 **Agatha Raisin** 7/8. (S3)
10.00 **Grimm** 2/22. (S2)
11.00 **Killer Neighbours**
12.00 M'T **Britain's Most Evil Killers**
1.00 AM **The Force: Manchester**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Impractical Jokers**
11.00 **Younger** 9-12/12. (S4)
1.00 PM **Friends** (S4&5)
7.00 **Friends** 8/24. The pals recall previous Thanksgivings. **7.30** 9/24. Ross falls out with his co-workers. **8.00** 10/24. Ross turns to Joey for advice. **8.30** 11/24. The pals make New Year's resolutions. (S5)
9.00 **Michael McIntyre's Big Surprises** The host looks back over the last four series of his show.
10.00 **Guessable?**
11.00 **Joel & Nish vs the World** From Argentina.
12.00 M'T **Rhod Gilbert's Growing Pains**
1.00 AM **The Ricky Gervais Show** 1&2/13. (S3)
2.00 **South Park** (S25&11)
3.40 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of Potomac**
1.25 **The Real Housewives of Cheshire** Reality series.
2.25 **The Only Way Is Essex**
3.10 **Little Women: LA**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Orange County**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched**
10.00 **Chrisley Knows Best** New editions Julie gets revenge when Todd steals her surprise. **10.30** Chloe feels left out during the holiday.
11.00 **Vanderpump Rules**
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **World of Sport**
6.10 **The Champions**
7.00 **Cadfael**
8.30 **Dempsey and Makepeace**
9.35 **The Professionals**
10.40 **Minder**
11.55 **The Champions**
1.00 PM **Cadfael**
2.40 **Dempsey and Makepeace**
3.45 **The Professionals**
4.55 **Minder**
6.00 **Made in Britain** An insight into how Yorkshire puddings are made on a huge scale.

9.00 The Bourne Ultimatum

7.00 **Cycling: Paris-Nice Highlights** Action from stage five from Saint-Just-Saint-Rambert to Saint-Sauveur-de-Montagut.

8.00 **Bradley & Barney Walsh: Breaking Dad** The Red River Gorge. **8.30** The actor and his son arrive in Ohio.

9.00 FILM **The Bourne Ultimatum** Thriller sequel starring Matt Damon. An ex-CIA assassin strives to outsmart his former bosses in his quest to discover his true identity. With Julia Stiles. (2007, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

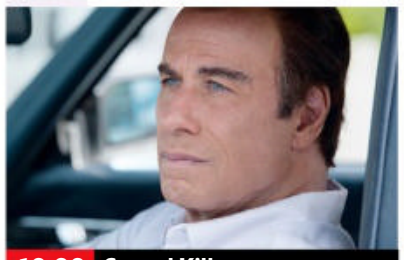
11.20 FILM **RoboCop 3** Sci-fi action sequel starring Robert Burke. RoboCop helps ghetto rebels in their fight against evil. (1992, 15, 104min) ★★
1.25 AM **The Professionals**
2.25 **The Protectors**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Quantum Leap** (S2)
7.00 **Star Trek: Enterprise** (S4)
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **The Librarians** 1/10. (S2)
2.00 **V** 1/19. (S3)
3.00 **Fringe** As 8.00pm.
4.00 **Stargate Atlantis** (S3)
5.00 **Stargate SG-1** 5/22. (S3)
6.00 **Star Trek: Enterprise** 2/22. Part two of two. A temporal operative threatens to destroy all of time. (S4)



10.00 Speed Kills

7.00 **Quantum Leap** *The Americanisation of Machiko:* 3/22. Sam occupies the body of a sailor. (S2)

8.00 **Fringe** *Alone in the World:* 3/22. The team look into the deaths of two 12-year-old bullies. (S4)

9.00 **Grimm** *One Angry Fuschsbau:* 17/22. Rosalee stands on a jury, but falls under the spell of a mystical lawyer. (S2)

10.00 FILM **Speed Kills** Action drama with John Travolta and Katheryn Winnick. (2018, 15, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Stargate SG-1** 5/22. O'Neill risks a court martial to help an alien. (S3)
1.00 AM **Stargate Atlantis** (S3)
2.00 **Star Trek: Enterprise** (S4)
3.00 **Star Trek: Voyager** (S2)
4.00 **Fringe** As 8.00pm.
5.00 **to 6.00** AM **V**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries**
9.00 **Unforgettable** 21/22. (S1)
10.00 **Major Crimes** 15/19. (S3)
11.00 **Rizzoli & Isles** 4/16. (S4)
12.00 NOON **Hudson & Rex** (S3)
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S9)
4.00 **Unforgettable** 22/22. (S1)
5.00 **Major Crimes** 16/19. A sex offender is found with a body in his truck. (S3)
6.00 **Hudson & Rex** 12/16. Charlie and Rex investigate a murder at a dog show. (S3)

9.00 Murdoch Mysteries

7.00 **Rizzoli & Isles** *Killer in High Heels:* 4/16. A man dated by Maura is found dead the next day. (S4)

8.00 **Father Brown** *The Tree of Truth:* A body is identified as a woman who went missing seven years earlier.

9.00 **Murdoch Mysteries** New episode *Incorrigible Dr Ogden:* 7/12. An inmate is killed at a women's reformatory. (S15)

10.00 **Frankie Drake Mysteries** *Life is a Cabaret:* 7/10. Frankie's search for a suspect leads her to an underground cabaret. (S4)
11.00 **Rizzoli & Isles** 6/13. Jane and Maura must unravel an old ghost story to solve a double murder at a hospital. (S7)
12.00 M'T **Why Women Kill** (S2)
1.00 AM **Evil** 6/13. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.05 AM **Highlights**
8.30 **dinnerladies**
9.10 **Hi-de-Hi!**
9.50 **Last of the Summer Wine**
11.10 **The Green Green Grass**
11.50 **Dad's Army**
1.10 PM **Chef!**
1.50 **Hi-de-Hi!**
2.30 **Desmond's**
3.00 **The Green Green Grass**
3.40 **Dad's Army**
4.20 **Last of the Summer Wine**
5.40 **Hi-de-Hi!**
6.20 **Desmond's**

9.00 Billy Connolly Does...

7.00 **The Green Green Grass** Boycie decides to stand in the mayoral election.
7.40 **Dad's Army** The platoon plan to re-enact the battle between St George and the dragon.
8.20 **Fawlty Towers** A loud-mouthed, abrasive American comes to stay.

9.00 **Billy Connolly Does...** New edition 3/7. Why you shouldn't buy a house with mattresses in the garden. ■ Eps 1-5 on UKTV Play

10.00 **Men Behaving Badly** Tony tries to make Deborah jealous.
10.40 **Not Going Out** Lee is banished to the sofa.
11.20 **Peep Show** Jeremy grows concerned about Mark.
12.00 M'T **Peep Show**
12.35 AM **French and Saunders**
1.15 **Chef!**
1.55 **Men Behaving Badly**
2.30 **Not Going Out** As 10.40pm.
3.00 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Sin City Motors**
8.00 **Ultimate Movers**
9.00 **Storage Hunters UK**
10.00 **Eddie Eats America**
11.00 **Travel Man: 48 Hours in...**
12.00 NOON **Red Bull Soapbox Race** Action from Turin, Italy.
1.00 PM **Fast Justice**
2.00 **Travel Man: 48 Hours in...**
3.00 **Rick Stein's Road to Mexico**
4.00 **Red Bull Soapbox Race**
5.00 **Rick Stein's Road to Mexico**
6.00 **Taskmaster** James Acaster callously ruptures a ukulele.

10.00 Meet the Richardsons

7 PM
7.00 **Richard Osman's House of Games** With Gareth Malone and Paul Martin.
7.40 **Room 101** With guests Noel Fielding, Ian Wright and Joanna Scanlan.

8 PM
8.20 **Would I Lie to You?** With guest panellists Jo Brand, Joe Lycett, Joe Swash and Ruth Madeley.

9 PM
9.00 **QI XL** Guests Joe Lycett, Josh Widdicombe and Shazia Mirza join regular panellist Alan Davies and host Sandi Toksvig.

10 PM
10.00 **Meet the Richardsons** New edition 2/10. Lucy attends a PTA raffle.
10.40 **Mock the Week** With Romesh Ranganathan.
11.20 **Mock the Week** With Josh Widdicombe, Katherine Ryan, Milton Jones and Ed Gamble.
12.00 M'T **Hypothetical**
12.40 AM **QI**
1.20 **Would I Lie to You?**
2.00 **Live at the Apollo**
2.50 **to 4.00** AM **This Country**

+1 hour 211 131 25

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 FILM **Walking the Dog** Romantic comedy. (2017, PG, 84min) ★★
11.50 **GREAT! Movie News**
12.00 NOON **Sue Thomas: F.B.Eye** 7/19. (S3)
1.00 PM **Perception** (S1)
2.00 **Body of Proof** (S1)
3.00 **Castle** 6/22. (S8)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 5/26. Clete Roberts continues interviewing the 4077th. **8.30** 6/26. Charles sulks in his tent. (S7)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S7)
3.00 **Hart to Hart** (S2)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** Frpm Brighton.
10.30 **A New Life in the Sun: Where Are They Now?**
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun: Home or Away**
6.00 **A New Life in the Sun: Where Are They Now?**
7.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** In East Grinstead.
8.00 **George Clarke's Amazing Spaces** George and Will build their own observatory.
9.00 **24 Hours in A&E** A woman is rushed in with signs of a stroke.
10.00 **Catching a Killer: A Bullet Through the Window** A fatal shooting.
11.30 **Extraordinary Escapes with Sandi Toksvig**
12.30 AM **Gogglebox**
2.40 **Celebrity Hunted**
3.40 **to 4.40** AM **Women Who Kill**

5USA

141 141 153 21 129

9.00 AM **NCIS** 19/25. (S6)
9.55 **Entertainment News**
10.00 **NCIS** 20&21/25. (S6)
12.00 NOON **Law & Order**
3.55 PM **Entertainment News**
4.00 **Law & Order** (S17)
6.00 **NCIS** 10-12/24. (S7)
9.00 **Law & Order: Special Victims Unit** *Return of the Prodigal Son:* 9/16. Stabler's family are threatened. (S22) **10.00** *Trophy:* 7/24. A woman's body is found at an industrial laundry. **10.55** *Penetration:* 8/24. An FBI agent claims she has been raped while working undercover. (S12) **11.55** *Conned:* 19/24. A teen is bludgeoned to death at a hotel. (S11)
12.50 AM **Law & Order: Special Victims Unit**
1.50 **Private Eyes** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **999: Criminals Caught on Camera**
8.25 **Shoplifters & Scammers: At War with the Law**
9.10 **Filthy House SOS**
10.10 **Judge Judy**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **Filthy House SOS**
8.00 **22 Kids & Counting**
9.00 **Call the Bailiffs: Time to Pay Up**
10.00 FILM **Patriot Games** Action thriller starring Harrison Ford, Anne Archer and Sean Bean. (1992, 15, 116min) ★★
12.25 AM FILM **The Warriors** Urban thriller starring Michael Beck. (1979, 15, 94min) ★★★
2.15 **Last Man Standing**
3.15 **to 4.00** AM **Judge Judy**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.10 AM **MasterChef Australia** Featuring an elimination challenge.
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **MasterChef Canada** New edition The home cooks face their first Mystery Box Challenge.
8.00 **Inside the Ambulance**
9.00 **16 Kids and Counting**
10.00 **Louis Theroux: Transgender Kids**
11.00 **Stacey Dooley Sleeps Over: Body Positive Warrior** Documentary.
12.00 M'T **Plastic Surgery Undressed**
1.20 AM **Extreme Food Phobics** Documentary.
2.10 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.40 AM **Where the Heart Is**
8.35 **The Bill**
9.35 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **A Place to Call Home**
4.20 **Peak Practice**
5.20 **Brush Strokes**
6.00 **Are You Being Served?**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Jonathan Creek** *The Problem at Gallows Gate – Part One:* Adam Klaus's sister Kitty witnesses a murder.
9.10 **New Tricks** *Congratulations:* A woman claims to be Standing's daughter. **10.30** *Casualty:* A car accident threatens the team's future.
11.50 **Silent Witness**
1.55 AM **Kavanagh QC**
3.25 **to 4.00** AM **Brush Strokes**

+1 hour 243 226 74

THURSDAY

Documentaries

Thursday

CBS Drama
147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 17/22. (S5)
12.00 NOON **Medium** (S3)
1.00 PM **JAG** 13&14/25. (S5)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *The Boy Next Door:* 15/22. Allison has recurring dreams about her past, and the strange visions interfere with her efforts to prevent a murder. (S3)
10.00 **Unsolved Mysteries** An investigation into thousands of dollars falling from the sky. **11.00** A housewife's premonitions help the police to solve a murder.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **Donal MacIntyre's Murder Files**
5.00 **to 6.00** AM **Matlock**

CBS Justice
148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 20&21/26. (S5)
3.00 **CSI: Miami** 2/24. (S3)
4.00 **NCIS** 1/24. (S10)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** 22&23/26. (S5)
9.00 **CSI: Miami** *Pro Per:* 2/24. A man Horatio arrested for a shooting decides to represent himself in court – and proves formidable. (S3)
10.00 **NCIS** *Extreme Prejudice:* 1/24. Harper Dearing is hunted following the attack on the NCIS headquarters. (S10)
11.00 **Diagnosis Murder**
1.00 AM **Walker, Texas Ranger** 22&23/26. (S5)
2.55 **JAG** 10/15. (S2)
3.55 **Evidence of Evil**
4.45 **to 6.00** AM **Medical Detectives**

Challenge
160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Price Is Right**
4.00 **Play Your Cards Right**
5.00 **Bullseye** Double bill.
6.00 **Tenable** Colleagues from a Birmingham dental practice take part.
7.00 **Pointless Celebrities** Alexander Armstrong quizzes TV academics Clemency Burton-Hill, Graeme Garden, Dan Snow, Robert Peston, Steph McGovern, Susie Dent, Michael Mosley and Germaine Greer.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Who Wants to Be a Millionaire?** Quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!
151 151 835 164 163

7.00 AM **Kourtney and Khloe Take Miami**
8.00 **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
11.00 **Total Bellas**
12.00 NOON **Keeping Up with the Kardashians**
7.00 PM **Botched** An accident-prone woman hopes her 15th nose job is the charm. **8.00** A transgender man hopes Dr Dubrow can fix his dented chest.
9.00 **Hollywood Medium with Tyler Henry** Featuring Ice-T, Coco Austin, Nico Tortorella and Alan Thicke.
10.00 **Nightly Pop**
10.30 **The Bradshaw Bunch**
11.00 **Dr 90210**
12.00 M'T **Total Bellas**
1.00 AM **Kourtney and Khloe Take Miami**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Rich Kids of Beverly Hills**

Sky Documentaries
121 121 819 278 277 352 367

6.00 AM **Nixon by Nixon: In His Own Words**
7.30 **PL Legends: Jamie Carragher**
8.00 **Urban Secrets**
9.00 **Discovering: Harvey Keitel**
10.00 **The Directors**
11.00 **The Story of Late Night**
12.00 NOON **The Seventies**
1.00 PM **Janet Jackson**
2.00 **The Way I See It**
4.00 **Discovering: Harvey Keitel**
5.00 **The Directors**
6.00 **The Story of Late Night**
7.00 **The Seventies**
8.00 **Janet Jackson**
9.00 **Duel: Hamilton v Verstappen** 1/2.
10.00 **Veleno: The Town of Lost Children**
11.00 **Tina** Tina Turner's life.
1.10 AM **FILM Ice on Fire** Documentary. (2019, PG, 88min) ★★★★
3.10 **The Capote Tapes**
5.00 **to 6.00** AM **Urban Secrets**

Sky Nature
124 124 822 280 279 354 369

6.00 AM **Volcanic Odysseys**
7.00 **Monkey Life**
8.00 **Wildlife Rescue New Zealand**
9.00 **Undiscovered Vistas**
10.00 **Into the Wild: India**
11.00 **Animal Empires**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue NZ**
3.00 **Undiscovered Vistas**
4.00 **Dogs: An Amazing Animal Family**
7.00 **Monkey Life**
8.00 **Arabian Seas**
9.00 **Great Parks of Africa**
10.00 **Animal Empires**
11.00 **Hope for Wildlife**
12.00 M'T **Kenya Wildlife Diaries** Grevy's zebra.
1.00 AM **Wildlife Rescue New Zealand**
2.00 **Arabian Seas**
3.00 **Great Parks of Africa**
4.00 **Wildlife Rescue New Zealand**
5.00 **to 6.00** AM **Undiscovered Vistas**

HGTV
158 286 44 166

7.00 AM **Homes Under the Hammer** From Kent.
8.00 **Fantasy Homes by the Sea** From Puglia, Italy.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer Upper**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **DIY SOS** Double bill.
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **My Lottery Dream Home**
10.00 **Flipping 101 with Tarek El Moussa** New edition
11.00 **Fixer Upper**
12.00 M'T **Escape to the Country** From Surrey.
1.00 AM **DIY SOS**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Bahamas Life**
+1 hour 258 290

Food Network
140 285 43 148

6.00 AM **Highlights**
8.00 **Guy's Grocery Games** New edition
9.00 **Bikers' Best of British**
10.00 **Tom's American Feast**
11.00 **Nigel's Simple Suppers**
12.00 NOON **Great British...**
1.00 PM **Friday Night Feast**
2.00 **James Martin's United Cakes of America**
3.00 **Rachel Allen: Bake!**
4.00 **Tom's American Feast**
5.00 **The Pioneer Woman** New edition
5.30 **Delicious Miss Brown** New edition
6.00 **Barefoot Contessa: Back to Basics** New edition
6.30 **Girl Meets Farm** New edition
7.00 **Great British Bake Off**
8.00 **Bikers' Best of British**
9.00 **Ainsley's Food We Love**
10.00 **French Country Cooking**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery...**
1.00 **to 3.00** AM **Highlights**
+1 hour 240 149

DMAX
172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Treehouse Masters**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Marooned**
12.00 NOON **Naked and Afraid**
1.00 PM **Homestead Rescue**
2.00 **Lone Star Law**
3.00 **Helicopter ER**
4.00 **Disasters at Sea**
5.00 **Alaskan Bush People**
6.00 **Outback Truckers**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Barnwood Builders** New edition
10.00 **Maine Cabin Masters** New edition
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid XL**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **to 6.00** AM **Highlights**
+1 hour 272 214 151

5Action
150 187 150 33 132

9.00 AM **Criminals: Caught on Camera**
9.25 **Traffic Cops: On the Edge**
11.25 **Sinkholes: Sucked Underground**
12.25 PM **FILM The Wild and the Innocent** Western. (1959, PG, 84min) ★★
2.10 **FILM Chief Crazy Horse** Western. (1955, PG, 88min) ★★
4.00 **Sinkholes**
5.00 **Traffic Cops**
7.00 **Police Interceptors**
8.00 **Traffic Cops**
9.00 **Trucking Hell** New edition A 38-tonne lorry crashes in London.
10.00 **Trucking Hell**
11.00 **WWE – Raw Highlights**
12.00 M'T **WWE – NXT UK**
1.05 AM **Criminals: Caught on Camera** Double bill.
3.05 **World's Wildest Holidays**
3.55 **Seconds from Death: Caught on Camera**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime
122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **Caught Red Handed**
8.30 **999 Frontline**
9.00 **Nothing to Declare**
10.00 **Brit Cops**
11.00 **Road Wars**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **Britain's Most Evil Killers** Stephen Farrow.
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Killer in My Village**
5.00 **Killer Families**
6.00 **World's Most Evil Killers**
7.00 **How I Caught the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Mark of a Serial Killer**
10.00 **Snapped**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **New York Homicide**
2.00 **Snapped**
3.00 **How I Caught the Killer**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**
+1 hour 222 207

CBS Reality
146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The hunt for an elderly woman's murderer. **7.30** How authorities traced a gun without a serial number.
8.00 **Written In Blood** A double murder in Northern Ireland.
9.00 **Murder By the Sea** The murderer Graham Fisher.
10.00 **Injustice with Nancy Grace** New edition Evidence of a quadruple homicide is found in the ashes of a mansion fire.
11.00 **Fatal Vows**
12.00 M'T **The Mind of a Murderer** Rod Ferrell.
1.00 AM **Murder By the Sea**
2.00 **Injustice with Nancy...**
3.00 **Written In Blood**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**
+1 hour 246 201 136

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Weymouth.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Old car seats.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Phoenix**
4.00 **Pit Bulls & Parolees**
5.00 **Ambulance**
6.00 **The Yorkshire Auction House** In Derbyshire.
7.00 **Antiques Road Trip**
9.00 **Paranormal: Caught on Camera** New edition A mysterious entity said to roam the streets of Turkey at night.
10.00 **Kindred Spirits** New edition Paranormal problems at a home undergoing renovation.
11.00 **Ghost Adventures**
1.00 AM **Kindred Spirits**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Phoenix**

Blaze
164 216 64 162

6.00 AM **Hardcore Pawn**
7.25 **The Liquidator**
7.55 **American Restoration**
8.25 **Ancient Aliens**
10.20 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
3.30 **The Liquidator**
4.00 **Ancient Aliens**
6.00 **The Curse of Oak Island**
7.00 **Dickinson's Real Deal**
9.00 **Top Secret UFO Projects Declassified** The Project Aurora.
10.00 **UFO Europe: The Untold Stories**
11.00 **Curse of Skinwalker Ranch** The ranch hits back in dangerous ways.
12.00 M'T **The Liquidator**
12.30 AM **Storage Wars**
1.00 **Storage Wars Canada**
2.00 **Mountain Men**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**
+1 hour 81

TLC
133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Extreme Cheapskates**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Good Bones**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **Extreme Cheapskates**
6.00 **Good Bones**
7.00 **The Bad Skin Clinic**
8.00 **Strange Love**
9.00 **Dr Pimple Popper: Pop Ups** New edition
10.00 **Dr Pimple Popper** New edition
11.00 **Temptation Island USA** New edition
12.00 M'T **I Didn't Know I Was Pregnant**
1.00 AM **Dr Pimple... Pop Ups**
2.00 **Dr Pimple Popper**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**
+1 hour 233 172

5SELECT
153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **The Yorkshire Vet**
7.00 **Our Yorkshire Farm** Sidney continues training his sheepdog Nell. **8.00** The Owens try their hand at self-sufficiency.
9.00 **Agatha Christie's Crooked House** Adaptation of the novel, starring Max Irons.
11.15 **Great Rivers Then & Now: The Clyde**
12.15 AM **Great Rivers Then & Now: The Tyne**
1.15 **Great Rivers Then & Now: The Trent**
2.15 **Great Rivers Then & Now: The Stour**
3.15 **to 4.00** AM **Secret Scotland with Susan Calman**

Quest
144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Jimmy Doherty's Dream Builds on Wheels**
8.00 **The Repair Shop**
9.00 **Combat Dealers**
10.00 **Chasing Classic Cars**
11.00 **Fantomworks**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **The Repair Shop**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Vintage Voltage** New edition
10.00 **Goblin Works Garage**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Sydney Harbour Force** Documentary.
2.00 **World's Greatest Cars**
3.00 **Fantomworks**
4.00 **to 6.00** AM **Highlights**
+1 hour 244 213 70 168

Quest Red
149 170 40 169

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
8.00 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Perfect Murder**
2.00 **Disappeared**
3.00 **Evil Online**
4.00 **Say Yes... Bridesmaids**
7.00 **Long Lost Family**
8.00 **Dr Pimple Popper**
9.00 **Faking It: Tears of a Crime** A man who falsely claimed he had survived the Grenfell fire.
10.00 **Chaos In Court** New edition
11.00 **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Animal ER**
5.30 **to 6.00** AM **Say Yes to the Dress**
+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Gold Rush: White Water**
3.00 **Rise of the Machines**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** The Gas Monkeys turn a 1952 Chevy Coupe into a dirt track racer.

9.00 **Building Off the Grid**

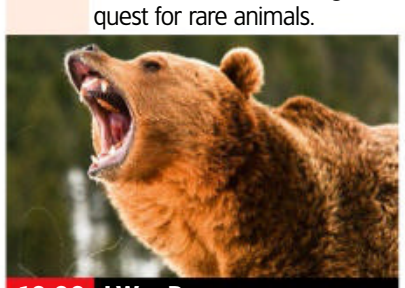
7.00 **Outback Truckers** A Tasmanian trucker lays his life on the line driving into an inferno to rescue trapped bulldozer drivers.
8.00 **Iron Resurrection** The team scour the Texas countryside for unpolished mechanical gems to restore to their best.
9.00 **Building Off the Grid** New edition A couple with a passion for snowboarding build a cabin in Vermont.
10.00 **Pushing The Line** New edition The team descend on Colorado, but when a massive storm hits, Andy turns on everyone.
11.00 **Combat Dealers** A World War Two SAS jeep.
12.00 M'T **Building Off the Grid**
1.00 AM **Pushing The Line**
2.00 **Moonshiners**
3.00 **Building Off the Grid**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Dogs 101: Specials**
10.00 **Amanda to the Rescue**
11.00 **Extinct or Alive**
12.00 NOON **The Crocodile Hunter: Best of Steve Irwin**
1.00 PM **Predators Up Close with Joel Lambert**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **Dogs 101: Specials**
5.00 **Animal Precinct**
6.00 **Crocodile Hunter** A dangerous quest for rare animals.



10.00 **I Was Prey**

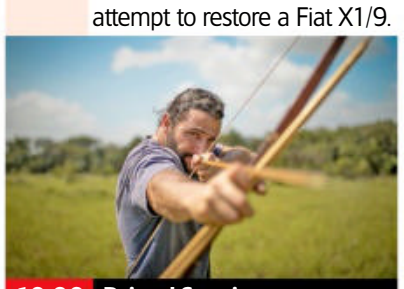
7.00 **Extinct or Alive** A search in the Sierras for the Southern Rocky mountain wolf that has not been seen since the 1940s.
8.00 **Saved By the Barn** A charity help to find homes for four neglected calves, and Chris builds a playground for the goats.
9.00 **Scaled** The team devise a most excellent terrarium on the theme of *Bill and Ted's Excellent Adventure*.
10.00 **I Was Prey** An engineer attacked twice by a grizzly bear in the Montana mountains, and a woman who faced a tiger shark.
11.00 **Treehouse Masters** Pete Nelson builds an adventure-themed treehouse for a family in the Pocono mountains.
12.00 M'T **Lost Beasts of the Ice Age**
2.00 AM **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **to 5.00** AM **Dogs 101: Specials**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Lost Treasures of Egypt**
9.00 **Lost Cities with Albert Lin**
10.00 **Ancient X Files**
11.00 **Drain the Ocean: Egypt's Lost Wonders**
12.00 NOON **Gallipoli's Deep Secrets** World War One wrecks in Turkish waters.
1.00 PM **World War II: The Apocalypse**
2.00 **Nazi Megastructures**
3.00 **Air Crash Investigation**
5.00 **To Catch a Smuggler**
6.00 **Car S.O.S.** Tim and Fuzz attempt to restore a Fiat X1/9.



10.00 **Primal Survivor**

7.00 **Wicked Tuna: North v South** New edition With the quota filling up, fishing season in the OBX could end at any moment.
8.00 **NEW SERIES Car S.O.S.** Tim and Fuzz take on a neglected 1988 Fiat Uno Turbo belonging to a former car salesman.
9.00 **Alaska: The Next Generation** New edition The Alaskans use their limited resources to acquire their food.
10.00 **Primal Survivor** A look at extreme tribal foods, revealing the incredible hunting and gathering methods used to get them.
11.00 **Air Crash Investigation** A commercial flight's crash while landing at Cork Airport.
12.00 M'T **Alaska: Next Generation**
1.00 AM **Ice Road Rescue: Highway Havoc**
2.00 **Lawless Island**
3.00 **to 5.00** AM **Drain the Oceans**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **The UnXplained with William Shatner**
8.00 **Pawn Stars** Double bill.
9.00 **American Pickers**
11.00 **World's Greatest Treasure Mysteries**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **The UnXplained with William Shatner**
6.00 **Pawn Stars** A self-portrait of Rolling Stones' Ronnie Wood. **6.30** A jersey signed by quarterback Dan Fouts.

10.00 **Blown Away**

7.00 **Forged in Fire** Two smiths try to recreate one of the most widely used and dangerous medieval weapons – the Falchion.
8.00 **Cities of the Underworld** A journey hundreds of feet below the streets of major cities from New York to Tokyo.
9.00 **Forged in Fire** New edition Four smiths re-create the Bone Daddy Fantasy Seax, a favourite of judge Dave Baker.
10.00 **Blown Away** New edition A sculpture that shows the body in movement. **10.30** Series finale The two finalists compete.
11.00 **Book of Secrets with Lance Reddick** Area 51.
12.00 M'T **Digging for Britain**
1.00 AM **Cities of the Underworld**
2.00 **Forged in Fire** As 7.00pm.
3.00 **Book of Secrets with Lance Reddick** Area 51.
4.00 **River Hunters**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Antiques Roadshow**
8.00 **Forbidden History**
9.00 **Abandoned Engineering**
11.00 **Himalaya with Michael Palin**
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Abandoned Engineering**
4.00 **The Buildings That Fought Hitler** Coastal defences.
5.00 **War Factories**
6.00 **Great British Railway Journeys** Michael Portillo visits the Cornish town of Truro. **6.30** Michael reaches Bodmin en route to Totnes.

8.00 **Bangers and Cash**

7.00 **Himalaya with Michael Palin** In Lekhani, Nepal, Michael watches potential Gurkha recruits being put through their paces. **7 PM**
8.00 **Bangers and Cash** New edition Derek picks up a pair of Swedish models – a Saab 96L and a Volvo P1800ES. **8 PM**
9.00 **Bangers and Cash** Derek auctions off some vehicles that were used in the TV show *Heartbeat*. **9 PM**
10.00 **Secrets of the London Underground** Tim Dunn and Siddy Holloway explore the hidden parts of Euston Station. **10 PM**
11.00 **Bangers and Cash** A rare 1980s Ford Sierra Cosworth draws in a crowd of Ford fans.
12.00 M'T **Abandoned Engineering** An industrial facility that brought energy to a remote corner of the world.
1.00 **to 3.00** AM **Antiques Roadshow**

+1 hour 255 200 75

Disc. History

177 257

6.00 AM **Wings of War**
7.00 **Codes and Conspiracies**
8.00 **World War II: Witness to War**
9.00 **NASA's Unexplained...**
10.00 **Mighty Ships**
11.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the...**
5.00 **World War II: Witness to War**
6.00 **NASA's Unexplained...**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **UFOs: Lost Evidence**
10.00 **NASA's Unexplained...**
11.00 **Edge of War**
12.00 M'T **Combat Dealers**
2.00 AM **NASA's Unexplained Files**
3.00 **Edge of War**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Natural Curiosities**
10.00 **The Life of Mammals**
11.00 **Earth: The Nature of Our Planet**
12.00 NOON **Nature's Perfect Partners: Natural World**
1.00 PM **Nature's Wildest Weapons: Horns, Tusks and Antlers: Natural World**
2.00 **Natural Curiosities**
3.00 **Mexico: Earth's Festival of Life**
5.00 **Earth: The Nature of...**
6.00 **Nature's Wildest...**
7.00 **The Life of Mammals**
8.00 **Natural Curiosities**
9.00 **Mexico: Earth's...**
10.00 **Nature's Wildest...**
11.00 **Earth: The Nature of...**
12.00 M'T **Life of Mammals**
1.00 AM **Natural Curiosities**
2.00 **Wild and Wonderful Denmark** Documentary.
3.00 **Life in the Great Wetlands** Documentary.
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 849 264 265

8.00 AM **Cesar Millan: Better Human Better Dog**
9.00 **Yukon Vet**
10.00 **Exotic Animal ER**
11.00 **Bizarre Animal Friends**
12.00 NOON **Snakes in the...**
1.00 PM **Forecast: Shark Attack**
2.00 **World's Biggest Tiger Shark**
3.00 **700 Sharks**
4.00 **Eyewitness Shark Attack** Documentary.
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Africa's Hunters**
8.00 **Snakes in the City** New edition Remarkable encounters with baby snakes.
9.00 **Serpents Surprise**
10.00 **America's Super Snake**
11.00 **Caught in the Act**
12.00 M'T **Swamp Men**
1.00 AM **Animals Gone Wild**
2.00 **Bizarre Animal Friends**
3.00 **Snakes in the City**
4.00 **to 5.00** AM **Forecast: Shark Attack**

Sky History 2

163 163 840 272

8.00 AM **WW2 Treasure Hunters** An iconic Mark IX Spitfire in Belgium.
9.00 **Unidentified: Inside...**
10.00 **The Colour of War**
11.00 **Dogfights**
12.00 NOON **Ancient Aliens**
2.00 PM **Lost Secrets of the Pyramid**
3.00 **Mythical Beasts**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **Deep Sea Detectives**
7.00 **Unidentified: Inside America's UFO Investigation**
8.00 **Patton 360**
9.00 **Winston Churchill's War**
10.00 **How Sex Changed the World** The role sex has played in deciding wars.
11.00 **Ancient Aliens**
1.00 AM **Deep Sea Detectives**
2.00 **Winston Churchill's War**
3.00 **How Sex Changed...**
4.00 **Patton 360**
5.00 **to 6.00** AM **Unidentified: Inside America's UFO...**

PBS America

174 273 84 155

8.00 AM **The Cannabis...**
9.15 **Elizabeth I's Secret...**
10.30 **Rebellion: The Stuarts in Exile**
11.50 **Corona: The Pandemic and the Pangolin**
1.00 PM **Beautiful Serengeti**
1.30 **A Bloody Legacy**
2.40 **The Cannabis Question**
3.50 **Elizabeth I's Secret Agents** As 8.35pm.
5.00 **Rebellion: The Stuarts in Exile**
6.15 **A Bloody Legacy**
7.25 **The Cannabis Question**
8.35 **Elizabeth I's Secret Agents** The Earl of Essex tries to take over Robert Cecil's spy network.
9.45 **Rebellion: The Stuarts in Exile**
11.00 **A Bloody Legacy**
12.10 AM **The Cannabis...**
1.25 **Elizabeth I's Secret...**
2.30 **Rebellion: The Stuarts...**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

166 166 839 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **Killer in Plain Sight**
12.00 NOON **Homicide Hunter**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain**
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Meet, Marry, Murder**
9.00 **Homicide: Hours to Kill**
10.00 **The First 48 Presents: Critical Minutes**
11.00 **Court Cam**
12.00 M'T **Snapped**
1.00 AM **Homicide: Hours to Kill**
2.00 **Nightmare in Suburbia**
3.00 **Unusual Suspects**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **Snapped**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY Films

Thursday

Sky Cinema Premiere

301 301 848 401 501 515

7.05 AM **Pil's Adventures** Animation. (2021, U, 89min) ★★
8.45 **Old** As shown at 4.05pm.
10.40 **Space Jam: A New Legacy**
12.40 PM **The Desperate Hour**
2.20 **Old Henry** As 1.15am.
4.05 **Old** M Night Shyamalan's horror with Gael García Bernal. (2021, 15, 108min) ★★
6.00 **Space Jam: A New Legacy** Partly-animated adventure starring LeBron James. (2021, U, 115min) ★★★

8.00 The Desperate Hour

8 PM

8.00 **The Desperate Hour** Thriller starring Naomi Watts. A woman desperately races against time to save her child as authorities place her small town on lockdown. (2021, 12, 84min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **Kimi** Crime thriller with Zoë Kravitz. During the COVID-19 pandemic, an agoraphobic tech worker discovers evidence of a violent crime. (2022, 15, 87min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.25 **The World to Come** Romantic drama starring Katherine Waterston, Vanessa Kirby and Casey Affleck. (2020, 15, 105min) ★★★★
1.15 AM **Old Henry** Western starring Tim Blake Nelson, Scott Haze and Gavin Lewis. (2021, 15, 99min) ★★★★
3.10 **The World to Come** (2020)
5.00 **to 6.45** AM **Kimi** As 9.45pm.

11 PM

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **To the Stars** As 4.35am.
8.00 **School's Out Forever** Horror comedy with Oscar Kennedy. (2020, 15, 105min) ★★★
9.55 **Miss Juneteenth** As 2.45am.
11.45 **In the Heights** As 8.00pm.
2.10 PM **Oblivion** As 10.25pm.
4.20 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
6.00 **Charlie and the Chocolate Factory** Tim Burton's fantasy starring Johnny Depp. (2005, PG, 115min) ★★★★

6.00 Charlie and the...

8.00 **In the Heights** Musical starring Anthony Ramos, Corey Hawkins and Leslie Grace. A sympathetic New York bodega owner saves every penny every day as he imagines and sings about a better life. (2021, PG, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Oblivion** Sci-fi adventure starring Tom Cruise, Olga Kurylenko and Andrea Riseborough. (2013, 12, 124min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Dry** Crime drama starring Eric Bana, Genevieve O'Reilly and Keir O'Donnell. (2020, 15, 117min) ★★★★
2.45 **Miss Juneteenth** Drama starring Nicole Beharie. (2020, 15, 99min) ★★★
4.35 **to 6.40** AM **To the Stars** Drama starring Kara Hayward. (2019, 12, 109min) ★★★

Sky Cinema Family

306 306 850 406 506 520

6.30 AM **Aliens Stole My Body** Comedy. (2020, PG, 88min) ★
8.05 **Bratz** As shown at 10pm.
10.00 **The Spy Next Door** As 5pm.
11.45 **Zathura: A Space Adventure** Fantasy. (2005, PG) ★★★★
1.30 PM **Bogus** Fantasy drama. (1996, PG, 107min) ★★
3.25 **Little Manhattan** As 11.50pm.
5.00 **The Spy Next Door** Comedy. (2010, PG, 94min) ★★
6.40 **Alvin and the Chipmunks** Comedy. (2007, U) ★★★

6.40 Alvin and the Chipmunks

8.15 **Alvin and the Chipmunks: The Squeakquel** Musical comedy sequel starring Jason Lee. The singing chipmunk stars face a big sing-off with a fabulous female trio when they're asked to represent their school in a fundraiser. (2009, U, 84min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bratz** Teen comedy with Nathalia Ramos, Janel Parrish and Skyler Shaye. (2007, PG, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Little Manhattan** Romantic comedy with Josh Hutcherson. (2005, PG, 86min) ★★★★
1.30 AM **Max Winslow and the House of Secrets** Sci-fi thriller starring Chad Michael Murray. (2019, 12, 98min) ★
3.20 **Dino Dana – The Movie** Adventure starring Michela Luci. (2020, U, 85min) ★★
4.50 **to 6.30** AM **Call of the Wild** Adventure starring Ariel Gade. (2009, PG, 87min) ★★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Speed** As 3.10pm.
8.00 **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★
9.50 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
11.35 **300** (2006, 15) ★★★★
1.35 PM **The Transporter** As 11pm.
3.10 **Speed** Action thriller. (1994, 15, 105min) ★★★★★
5.10 **Wrath of the Titans** Fantasy. (2012, 12, 99min) ★★
7.00 **Fury** War drama starring Brad Pitt. (2014, 15, 131min) ★★★

7.00 Fury

Fury (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **300: Rise of an Empire** Fantasy adventure sequel starring Sullivan Stapleton and Eva Green. A Greek general leads his navy into battle against the vast invading armada of the Persian empire. (2014, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Transporter** Action thriller starring Jason Statham, Shu Qi and Matt Schulze. (2002, 15, 88min) ★★★
12.35 AM **The Losers** Action thriller starring Jeffrey Dean Morgan. (2010, 12, 97min) ★★
2.15 **The Last Man** Action drama starring Hayden Christensen. (2019, 15, 100min) ★★
4.00 **to 6.00** AM **Badland** Western starring Kevin Makely. (2019, 12, 117min) ★★

Sky Cinema Comedy

308 308 852 408 508 522

7.00 AM **The Broken Hearts Gallery** As shown at 1.45am.
9.00 **My New York Year** (2020)
10.50 **Away We Go** As 6.15pm.
12.30 PM **Around the World in 80 Days** As shown at 8.00pm.
2.35 **St Trinian's 2: The Legend of Fritton's Gold** As 10.05pm.
4.25 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
6.15 **Away We Go** Comedy drama starring John Krasinski. (2009, 15, 97min) ★★★★

8.00 Around the World in 80...

8.00 **Around the World in 80 Days** Comedy adventure starring Jackie Chan and Steve Coogan. In late-Victorian London, eccentric English inventor Phileas Fogg sets out to circumnavigate the globe in 80 days. (2004, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **St Trinian's 2: The Legend of Fritton's Gold** Comedy sequel starring Rupert Everett, Colin Firth and David Tennant. (2009, PG, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Hangover Part II**
1.45 AM **The Broken Hearts Gallery** Romantic comedy with Geraldine Viswanathan. (2020, 12, 109min) ★★★★
3.40 **Reboot Camp** Comedy with David Lipper and Keli Price. (2020, 15, 97min) ★★★
5.25 **to 7.10** AM **My New York Year** Drama with Margaret Qualley. (2020, 15, 101min) ★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.05 AM **Miracle on 34th Street**
8.15 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
10.05 **Carry On Screaming** (1966)
11.55 **Close Encounters of the Third Kind: Collector's Edition** (1977)
2.15 PM **Ben-Hur** Spectacular epic. (1959, PG, 212min) ★★★★★
5.55 **Crouching Tiger, Hidden Dragon** Ang Lee's adventure. (2000, 12, 120min) ★★★★★

8.00 **Close Encounters of the Third Kind: Collector's Edition** Steven Spielberg's sci-fi classic starring Richard Dreyfuss as a man who witnesses UFOs over Indiana and embarks on an obsessive quest to make sense of his experience. With Teri Garr. (1977, PG, 131min) ★★★★★
10.20 **Manhunter** Thriller with Brian Cox and William L Petersen. An ex-FBI agent comes out of retirement to catch a serial killer. (1986, 18, 118min) ★★★★

12.25 AM **Carry On Screaming** Horror comedy with Harry H Corbett. (1966, PG, 96min) ★★★★★
2.10 **Crouching Tiger, Hidden Dragon** As shown at 5.55pm.
4.15 **to 6.10** AM **Miracle on 34th Street** Festive fantasy remake. (1994, U, 114min) ★★★★

Sky Cinema Animation

305 305 412 500 514

7.10 AM **My Little Pony: The Movie**
9.05 **Barbie: Spy Squad** As 10pm.
10.35 **Hey Arnold! The Movie**
12.05 PM **Bon Voyage, Charlie Brown** Animated adventure. (1980, U, 70min) ★★
1.35 **Mary and the Witch's Flower** Animation. (2017, U) ★★★
3.30 **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★

5.00 **The Prince of Egypt** Animated epic. (1998, U, 99min) ★★★★
6.40 **The Croods** Animated comedy. (2013, U, 98min) ★★★★
8.20 **The Croods 2: A New Age** Animated comedy sequel with the voice of Nicolas Cage. (2020, U, 95min) ★★★★
10.00 **Barbie: Spy Squad** Animated adventure. (2016, U, 75min) ★★
11.25 **Hey Arnold! The Movie** Feature-length spin-off from the animated TV series. (2002, U, 76min) ★★

12.45 AM **My Little Pony: The Movie** Animation (2017, U) ★★★
2.30 **Boonie Bears: The Big Top Secret** Animation. (2016, U) ★★
4.15 **The Elfkins** Animated comedy. (2019, PG, 78min) ★★★
5.40 **to 7.00** AM **Two Tails** Animated adventure. (2018, U, 75min) ★

TCM Movies

315 415 416

6.00 AM **Off Set** With Jamie Cullum.
6.10 **Barry Lyndon** Historical drama. (1975, PG, 184min) ★★★★★
9.50 **Murder She Said** Thriller. (1961, b/w, PG, 86min) ★★★
11.40 **Good Day For A Hanging** Western. (1958, U, 85min) ★★
1.30 PM **Murder Most Foul** Mystery. (1964, b/w, U, 91min) ★★★
3.25 **The Young Guns** Western. (1956, b/w, PG, 84min) ★★

5.10 **The Brass Legend** Western. (1956, b/w, PG, 79min) ★
6.50 **The Last Hunt** Western. (1955, PG, 108min) ★★
9.00 **Maximum Risk** Action thriller starring Jean-Claude Van Damme. A French police officer travels to New York to solve the murder of his twin brother. (1996, 18, 101min) ★★
11.05 **Passenger 57** Action thriller. (1992, 15, 84min) ★★★
12.50 AM **Calamity Jane** Musical. (1953, U, 100min) ★★★★

2.55 **High Society** Musical comedy with Bing Crosby and Grace Kelly. (1956, U, 107min) ★★★★★
4.50 **Off Set** With Jamie Cullum.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **The Hills of Donegal** Thriller. (1947, b/w, PG) ★★
7.40 **The Second Woman** Thriller. (1951, b/w, PG, 91min) ★★
9.30 **Scales of Justice** 2/13. (S1)
10.10 **Bank Holiday** Comedy drama. (1938, b/w, U, 86min) ★★★
11.55 **Young and Innocent** Thriller. (1937, b/w, U, 80min) ★★★
1.35 PM **House of Bamboo** Thriller. (1955, PG, 102min) ★★★

3.40 **Silver Bears** Comedy adventure. (1977, PG, 113min) ★★
5.55 **House of Strangers** Drama. (1949, b/w, U, 101min) ★★★★
8.00 **Justice** 2/13. (S3)
9.00 **One Way Pendulum** Comedy starring Eric Sykes and George Cole. A family of eccentric inventors decide to reenact a murder and the resulting trial. (1964, b/w, U, 90min) ★★
10.40 **Only When I Larf** Comedy starring Richard Attenborough. (1968, PG, 103min) ★★

12.45 AM **These Dangerous Years** Musical with Frankie Vaughan. (1957, b/w, PG, 102min) ★★
2.45 **Houdini** Biopic starring Tony Curtis as escapologist Harry Houdini. (1953, PG, 106min) ★★
4.50 **Look at Life**
5.00 **to 6.00** AM **Burke's Law**

Horror

317 149 69 138

8.00 AM **First Wave** 4/22. (S1)
9.00 **Battlestar Galactica** 3/24. (S1)
10.00 **Airwolf** 24/24. (S4)
11.00 **Firequake** Sci-fi disaster drama. (2014, 12, 90min) ★
1.00 PM **Geo-Disaster** Sci-fi action drama. (2017, 12, 90min) ★
3.00 **Andromeda** 9/22. (S5)
4.00 **Mega Piranha** Creature feature. (2010, 15, 89min) ★★
6.00 **The Prisoner** 1/17. (S1)

7.00 **Battlestar Galactica** *Lost Planet of the Gods – Part One:* 4/24. The ship enters a magnetic void to escape the Cylons. (S1)
8.00 **Star Trek** *The Immunity Syndrome:* 18/26. A deadly infection threatens an entire star system. (S2)
9.00 **The Wretched** Horror starring John-Paul Howard and Piper Curda. A defiant teenager clashes with an ancient witch posing as the woman next door. (2019, 15, 95min) ★★★

10.55 **Prey** Horror starring Logan Miller. (2018, 15, 85min) ★★★
12.35 AM **Mom and Dad** Comedy horror. (2017, 15, 86min) ★★★★
2.20 **to 4.30** AM **Triangle** Horror. (2009, 15, 98min) ★★★

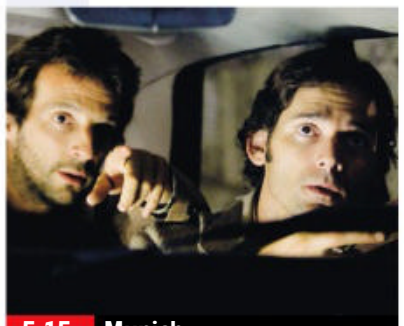
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.10 AM **Salt** Action thriller. (2010, 12, 99min) ★★★
8.00 **Echo Boomers** As 3.40am.
9.45 **2 Guns** Action thriller. (2013, 15, 104min) ★★★
11.45 **Changing Lanes** As 2.00am.
1.35 PM **Pixie** Crime comedy. (2020, 15, 93min) ★★★★
3.20 **Under Siege** Action thriller. (1992, 15, 98min) ★★★
5.15 **Munich** Steven Spielberg's controversial political thriller. (2005, 15, 164min) ★★★★


5.15 Munich

8.00 **One Shot** Thriller starring Scott Adkins. A squad of Navy SEALs, on a mission to transport a prisoner off a CIA black site island prison, become trapped when insurgents attack. (2021, 15, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Tenet** Christopher Nolan's action thriller starring John David Washington, Kenneth Branagh, Elizabeth Debicki and Robert Pattinson. (2020, 12, 150min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Single White Female** Thriller starring Bridget Fonda and Jennifer Jason Leigh. (1992, 18, 107min) ★★★★
2.00 **Changing Lanes** Suspense thriller starring Ben Affleck and Samuel L Jackson. (2002, 15, 99min) ★★★★
3.40 **Echo Boomers** Crime drama. (2020, 15, 94min) ★★★
5.20 **to 6.40** AM **Kill Ben Lyk** Comedy thriller with Martyn Ford. (2018, 15, 77min) ★★★

Sky Cinema Drama

310 310 854 410 510 524

6.05 AM **On the Waterfront**
7.55 **Jungleland** As 4.25am.
9.30 **The Last Full Measure** War drama. (2019, 15, 116min)
11.30 **Gridiron Gang** Sports drama. (2006, 12, 125min) ★★
1.40 PM **Philadelphia** Melodrama. (1993, 12, 122min) ★★★
3.50 **American Sniper** Biopic. (2014, 15, 132min) ★★★★
6.05 **The Colour Room** Period drama with Phoebe Dynevor. (2021, PG, 109min) ★★★★

6.05 The Colour Room

8.00 **The Founder** Drama starring Michael Keaton, Nick Offerman and John Carroll Lynch. A salesman attempts to turn two brothers' innovative fast food eatery into the biggest restaurant business in the world. (2016, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

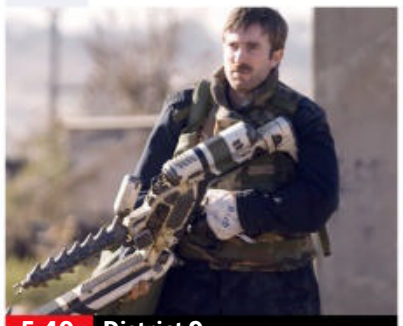
10.00 **Military Wives** Comedy drama with Kristin Scott Thomas, Sharon Horgan and Emma Lowndes. (2019, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Foxcatcher** Fact-based drama with Steve Carell, Mark Ruffalo and Channing Tatum. (2014, 15, 129min) ★★★★
2.25 AM **On the Waterfront** Classic Oscar-winning drama starring Marlon Brando and Eva Marie Saint. (1954, b/w, PG, 108min) ★★★★★
4.25 **to 6.00** AM **Jungleland** Drama with Charlie Hunnam. (2020, 15, 90min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Outlander** As 1.20am.
8.00 **Elysium** (2013, 15) ★★★★
10.00 **The Fog** (1979, 15) ★★★
11.35 **The Conjuring: The Devil Made Me Do It** Horror sequel. (2021, 15, 112min) ★★★
1.30 PM **The Core** (2002, 12) ★
3.50 **The Unholy** Horror thriller. (2021, 15, 99min) ★★
5.40 **District 9** Satirical sci-fi thriller. (2009, 15, 112min) ★★★★
7.35 **Godzilla** Thriller remake. (1998, PG, 139min) ★★★


5.40 District 9

Godzilla (film started at 7.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Evil Dead** Horror comedy starring starring Bruce Campbell. (1982, 18, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Colony** Sci-fi thriller starring Nora Arnezeder. (2021, 15, 104min) ★★★
1.20 AM **Outlander** Sci-fi adventure starring Jim Caviezel and Sophia Myles. (2008, 15, 115min) ★★★
3.20 **Darkman** Fantasy thriller starring Liam Neeson. (1990, 18, 95min) ★★★
5.00 **to 6.00** AM **JLA Adventures: Trapped in Time** Animation. (2014, PG, 50min) ★★

Sky Cinema Women in Film

302 302 856 402 502 516

7.10 AM **Happiest Season** Comedy. (2020, 12) ★★★★
9.00 **The High Note** As 1.10am.
11.00 **Salt** Thriller. (2010, 12) ★★★
12.50 PM **Save the Cinema** Drama. (2021, 12, 109min) ★★★
2.50 **Astronaut** Shelagh McLeod's drama. (2018, PG, 97min) ★★
4.35 **Resident Evil: Extinction** Sci-fi horror thriller sequel. (2007, 15, 90min) ★★
6.20 **Rare Beasts** Comedy drama. (2020, 15, 87min) ★★★★

8.00 Clueless

8.00 **Clueless** Satirical teen comedy starring Alicia Silverstone as a smart, pretty and rich Beverly Hills teenager who takes a 'clueless' girl under her wing. With Stacey Dash. (1995, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Summerland** Romantic drama starring Gemma Arterton. During World War Two, a reclusive Englishwoman opens her heart to a young evacuee. (2020, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Resident Evil: Afterlife** Sci-fi horror thriller sequel starring Milla Jovovich. A warrior searches for survivors in an LA overrun with hungry zombies. (2010, 15, 96min) ★★★
1.10 AM **The High Note** Romantic drama with Dakota Johnson. (2020, 12, 113min) ★★★
3.10 **Rare Beasts** As 6.20pm.
4.45 **Sky Cinema Preview**
5.35 **to 7.20** AM **My Zoe** Drama. (2019, 12, 100min) ★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Gunsmoke!** Western. (1953, U, 79min) ★★
12.40 PM **Border River** Western. (1954, PG, 80min) ★★
2.20 **Attack!** Anti-war drama. (1956, b/w, PG, 107min) ★★★
4.30 **The Great Sioux Massacre** Western starring Philip Carey. (1965, U, 91min) ★★
6.35 **The Karate Kid** Martial arts adventure with Ralph Macchio. (1984, 12, 127min) ★★★★

11.20 Dog Soldiers

8 PM **The Karate Kid** (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Deadpool 2** Action comedy sequel starring Ryan Reynolds and Josh Brolin. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.20** **Dog Soldiers** Horror thriller starring Sean Pertwee. A group of soldiers are sent to train in the Scottish Highlands unaware that the area is inhabited by werewolves. (2001, 15, 105min) ★★★
1.25 **to 4.00** AM **Happy as Lazzaro** Italian drama starring Adriano Tardiolo. Subtitled. (2018, 12, 122min) ★★★★

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Days of Glory** War drama. (1944, b/w, PG, 86min) ★★
7.35 **The Detective** Comedy thriller. (1954, b/w, U, 90min) ★★★
9.20 **Mr Blandings Builds His Dream House** Classic comedy. (1948, b/w, U, 84min) ★★★★★
11.10 **Never a Dull Moment** Musical. (1950, b/w, U, 89min) ★★
1.00 PM **The Set Up** Boxing drama. (1949, b/w, PG, 72min) ★★★★
2.30 **Crack Up** Psychological thriller. (1946, b/w, PG, 93min) ★★★
4.25 **What's Eating Gilbert Grape** Offbeat drama starring Johnny Depp. (1993, 15, 113min) ★★★
6.50 **The War Lover** World War Two melodrama starring Steve McQueen and Robert Wagner. (1962, b/w, PG, 105min) ★★★
9.00 **The Caine Mutiny** Naval drama starring Humphrey Bogart. (1954, U, 119min) ★★★★
11.30 **One Minute to Zero** War drama. (1952, b/w, PG, 106min) ★★
1.35 AM **Eyes of Laura Mars** Thriller. (1978, 15, 104min) ★★★
3.35 **The Traitors** Espionage drama. (1962, b/w, PG, 70min) ★★★
4.45 **to 6.00** AM **Operation Dames** War drama. (1959, b/w, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Til Death Do Us Part** Thriller. (2014, PG, 85min) ★★
11.00 **Deadly Hope** Suspense thriller. (2012, PG, 87min) ★★
1.00 PM **The Beach Murders: Garage Sale Mystery** Crime drama. (2017, PG, 90min) ★★
2.50 **Boyfriend Killer** Thriller. (2017, 12, 100min) ★★
4.40 **The Odessa File** Suspense thriller. (1974, PG, 129min) ★★★
7.10 **Paul Blart: Mall Cop** Comedy starring Kevin James and Jayma Mays. An overweight security guard becomes an unlikely hero. (2009, PG, 91min) ★
9.00 **The Da Vinci Code** Thriller starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
11.50 **Shooter** Action thriller. (2007, 15, 125min) ★★★★
2.20 AM **Dog Eat Dog** Thriller. (2015, 18, 93min) ★★
4.15 **to 6.00** AM **Missing Daughter** Thriller. (2017, 12, 93min) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Battle of the Coral Sea** War drama. (1959, b/w, PG) ★★
7.40 **Gunbus** War adventure. (1986, PG, 92min) ★★
9.30 **A Walk in the Sun** War drama. (1945, b/w, U, 117min) ★★★
11.55 **Once Upon a Texas Train** Western. (1987, PG) ★★
1.50 PM **Fort Ti** Western drama. (1953, U, 73min) ★★
3.25 **Battle of Kursk** Documentary.
4.20 **Das Boot** Wolfgang Petersen's German World War Two drama with Jürgen Prochnow. Subtitled. (1981, 12, 149min) ★★★★★
7.15 **Flight World War II** Sci-fi thriller starring Faran Tahir. (2015, 12, 85min) ★★
9.00 **Cell** Sci-fi thriller starring John Cusack and Samuel L Jackson. A group of strangers fight to survive when a mysterious signal turns everyone else into bloodthirsty monsters. (2014, 15, 95min) ★★★
11.05 **Second in Command** Action thriller. (2006, 15, 91min) ★★
12.55 AM **Sniper: Legacy** Thriller sequel. (2014, 15, 94min) ★★
2.55 **to 4.00** AM **Hell Squad** War drama. (1958, b/w, PG) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Fashionably Yours** As 7pm.
9.00 **A Brush with Love** As 9pm.
11.00 **Christmas at the Plaza** As 11pm.
1.00 PM **Just My Type** As 1am.
3.00 **Romance Retreat** Romantic comedy starring Amanda Schull. (2019, PG, 90min) ★★
5.00 **Sister of the Bride** Romantic comedy starring Becca Tobin, Ryan Rottman and Michael Gross. (2019, PG, 90min) ★★
7.00 **Fashionably Yours** Romantic comedy starring Kat Graham and Kendrick Sampson. A woman decides to move home, helped by a guy who wants to show her the beauty of Seattle. (2020, PG, 84min) ★★
9.00 **A Brush with Love** Romantic drama starring Arielle Kebbel and Nick Bateman. An aspiring artist has to choose between her dreams of her career – as well as two very different men. (2019, PG, 84min) ★★
11.00 **Christmas at the Plaza** Comedy starring Elizabeth Henstridge. (2019, U, 84min) ★★
1.00 AM **Just My Type** Romantic comedy. (2020, PG, 84min) ★★
3.00 **to 5.00** AM **Romance Retreat**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **The Bourne Ultimatum** *ITV4* Spy thriller sequel starring Matt Damon. An ex-CIA assassin strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. ★★★★
9.00 **If Beale Street Could Talk** *BBC4* Drama starring KiKi Layne and Stephan James. A couple's plans of starting a family are derailed when the fiancé is arrested for a crime they did not commit. ★★★★
10.00 **SAS: Red Notice** *Sky Showcase* Action thriller starring Sam Heughan and Ruby Rose. ★★★
10.00 **Patriot Games** *5STAR* Thriller starring Harrison Ford. ★★
10.00 **Speed Kills** *Syfy* Adventure starring John Travolta. ★★
10.50 **Lilies of the Field** *BBC4* Comedy drama starring Sidney Poitier and Lilia Skala. ★★★
11.20 **RoboCop 3** *ITV4* Sci-fi action sequel with Robert Burke. ★★
12.25 AM **The Warriors** *5STAR* Thriller starring Michael Beck. ★★★
1.10 **Ice on Fire** *Sky Documentaries* Focusing on potential environmental solutions. ★★★★

THURSDAY Sport

10 March

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE ICC Women's World Cup New Zealand v India.** Coverage of the group match held at Seddon Park in Hamilton
6.50 **LIVE Formula 1** Coverage of session one on day one of the first pre-season testing in Bahrain.
11.10 **The Inside Line**
11.40 **The Story of 1981**
11.50 **LIVE Formula 1** Coverage of session two on day one of the first pre-season testing in Bahrain, as the teams and drivers get to grips with their brand-new cars for the 2022 Formula 1 season.
3.00 PM **LIVE The Players Championship** Coverage of the first day's play of the tournament, taking place at TPC Sawgrass in Ponte Vedra Beach, Florida.
11.00 **Sky Sports News** Round-up of the sports news, with live analysis and commentary, plus extended interviews with the headliners.
12.30 **to 6.00** AM **LIVE ICC Women's World Cup Pakistan v South Africa.** Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Paul Ince**
7.30 **PL Legends: Gary Neville**
8.00 **Best PL Goals: Merseyside Derby**
8.30 **Best PL Goals: Manchester Derby**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 07/08**
5.00 **Premier League 100 Club**
6.00 **Best PL Goals: Man United v Everton**
6.30 **Premier League Matchpack**
7.00 **LIVE WSL West Ham v Chelsea.** Coverage of the Women's Super League match staged at Chigwell Construction Stadium. Kick-off is at 7.45pm.
10.30 **Premier League**
12.15 AM **Premier League**
2.00 **WSL** West Ham United v Chelsea.
2.30 **Premier League Matchpack**
3.00 **PL Greatest Games**
4.00 **Best PL Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **Greatest Games**
8.30 **SPFL Highlights**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **EFL Highlights**
10.30 **Old Firm Derby Best Goals**
11.00 **EFL Cup Retro 11**
1.00 PM **EFL Final C'Ship 08/09**
2.00 **Retro C'ship Final 2010**
4.00 **Best Moments From The Championship (1993-2019)**
4.30 **Best Goals: EFL Cup 2021-22**
5.00 **Greatest Games**
6.00 **SPFL Round-Up**
6.15 **SPFL** Livingston v Celtic.
6.30 **Bundesliga Weekly**
7.00 **LIVE WSL West Ham United v Chelsea.** Coverage of the Women's Super League match staged at Chigwell Construction Stadium. Kick-off is at 7.45pm.
10.30 **EFL Trophy Football**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro 19**
2.45 AM **One2Eleven**
3.00 **Play-Off Final C'Ship 19/20**
4.00 **Play-Offs Final League 1 19/20**
5.00 **to 6.00** AM **Play-Off Final League 2 19/20**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM **LIVE ICC Women's World Cup New Zealand v India.** The group match from Seddon Park in Hamilton, New Zealand.
8.05 **ICC Women's World Cup**
9.00 **Winning Over The World**
10.00 **Best of the Women's World T20**
10.15 **Best of the ICC Women's World Cup** Double bill.
11.00 **ICC Women's World Cup**
12.00 NOON **Great Women: Stars of ODI Cricket** A look at some of the leading players in the game.
1.00 PM **ICC Women's World Cup**
7.00 **ICC Women's World Cup** Action from West Indies v England.
8.00 **ICC Women's World Cup** Highlights of New Zealand v India.
9.00 **Best of the ICC Women's World Cup** Double bill.
9.30 **ICC Women's World Cup** Highlights of New Zealand v India.
10.30 **ICC Women's World Cup** Action from West Indies v England.
11.30 **ICC Women's World Cup** Highlights of New Zealand v India.
12.30 **to 6.00** AM **LIVE ICC Women's World Cup Pakistan v South Africa.** The group match from Bay Oval in Mount Maunganui, New Zealand.

Sky Sports The Players

405 405 863 | 515 505 | 424 444

6.00 AM **The Players Championship Official Film** The 2011 event.
7.00 **PGA Tour: The Cut** Behind the scenes of the PGA Tour.
7.30 **Players Championship 2019 Watchalong** Rory McIlroy looks bact at his win at the 2019 event.
9.00 **World Golf: Hall of Fame Induction Ceremony** Tiger Woods is inducted into the World Golf Hall of Fame.
11.30 **LIVE The Players Championship** Coverage of the first day's play of the tournament, taking place at TPC Sawgrass in Ponte Vedra Beach, Florida.
11.00 PM **World Golf: Hall of Fame Induction Ceremony** Tiger Woods is inducted into the World Golf Hall of Fame.
1.30 AM **Golf Academy**
2.00 **The Players Championship** Highlights from the first day of the tournament from TPC Sawgrass.
3.00 **The Players Championship Official Film** The 2012 event.
4.00 **The Players Championship**
5.00 **Masterpiece Theatre**
5.15 **PGA Tour Profiles**
5.30 **to 6.00** AM **Best of the Sky Zone – The Players**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Vanarama National League Highlights**
6.30 **Serie A – Full Impact**
7.00 **Test Cricket Highlights** Action from West Indies v England.
8.00 **Premier League World**
8.30 **BT Sport Goals Reload**
9.00 **BT Sport Reload**
9.30 **UEFA Champions League – Stories of the Finals**
10.00 **ESPN FC** Football news.
10.30 **The Football's On** A humorous look at the week's football stories with Ian Stone and guests.
11.30 **PSA Squash Highlights**
12.30 PM **Test Cricket Highlights** Action from the first Test between the West Indies and England.
1.30 **LIVE Test Cricket West Indies v England.** Coverage of the third day of the first Test in the three-match series, taking place at Sir Vivian Richards Stadium.
10.00 **WWE NXT Highlights**
11.00 **UFC Fight Camp**
11.30 **FIM SuperEnduro World Championship** Action from the tournament in Jerusalem, Israel.
12.00 M'T **LIVE College Basketball** Coverage of two NCAA matches.
4.30 **to 6.00** AM **30 for 30**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **WSL Presents**
7.00 **Premier League Reload**
7.15 **WWE NXT**
9.00 **MotoGP Highlights**
10.00 **FIM Enduro Pale**
11.00 **Badminton Unlimited**
11.30 **Serie A – Full Impact**
12.00 NOON **Ligue 1 Highlights**
1.00 PM **A-League Highlights** A review of the goals and talking points from the weekend's games.
2.00 **Primeira Liga** Action from Pacos de Ferreira v FC Porto.
3.00 **ESPN FC** Football news.
3.30 **WWE Friday Night SmackDown** Wrestling action.
5.00 **WWE Monday Night Raw**
7.30 **LIVE UEFA Europa League** All the action from a last-16 first-leg encounter.
10.30 **UEFA Europa League Highlights** The latest action.
11.30 **The Football's On**
12.30 AM **Premier League World**
1.00 **Fishing: On the Bank**
2.00 **Ligue 1 Show**
2.30 **MotoGP Highlights**
3.30 **Badminton Unlimited**
4.00 **BT Sport Reload**
4.30 **UFC Fight Camp**
5.00 **to 6.00** AM **Classic MOTD**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **UEFA Champions League**
8.00 **Vanarama National League**
9.30 **Vanarama National League Highlights** Recent aaction.
10.00 **UEFA Champions League Tonight** The latest action.
11.00 **UEFA Europa League Magazine**
12.00 NOON **UEFA Champions League** Double bill.
2.00 PM **Hockey Pro League**
2.30 **Gallagher Premiership Rugby**
4.00 **Rugby Tonight**
4.45 **MotoGP Rewind**
5.00 **FIM SuperEnduro World Championship**
5.30 **UEFA Champions League Tonight** The latest action.
6.30 **UEFA Europa League Magazine**
7.30 **Premier League Reload**
7.45 **LIVE UEFA Europa Conference League** Coverage of a last-16 first-leg match.
10.15 **Premier League Match Pack**
10.45 **Ligue 1 Show**
11.15 **Premier League Reload**
11.30 **Serie A – Full Impact**
12.00 M'T **UEFA Europa League**
3.30 AM **Europa Conference League**
4.30 **Premier League Match Pack**
5.00 **Rugby Tonight**
5.45 **to 6.00** AM **Sport Goals Reload**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Bitesize Highlights**
7.30 **Premier League Darts**
11.00 **NFL Bitesize Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **Top Rank Boxing Archive** Action from Thomas Hearns v Iran Barkley I in 1988.
3.15 **Top Rank Boxing Archive** Action from Iran Barkley v Roberto Duran in 1989.
4.30 **Top Rank Boxing Archive**
5.00 **NBC's Pro-Football Talk**
7.00 **LIVE Premier League Darts** Coverage of the fifth night of the tournament taking place at Brighton Centre, which include Gary Anderson v Michael Smith and Joe Cullen v Gerwyn Prince.
10.30 **Darts Gold** Adrian Lewis v Raymond van Barneveld: Highlights of the match from the 2015 World Darts Championship.
10.45 **Darts Gold** Wayne Mardle v Robert Thornton: A look back at action from the 2008 match.
11.00 **Top Rank Boxing Archive**
12.00 M'T **Total Access**
1.00 AM **NFL Bitesize Highlights**
2.00 **Premier League Darts**
5.30 **to 6.00** AM **Darts Gold**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Fighting Fit 2020**
6.30 **Fit In 5**
6.50 **LIVE Formula 1** Coverage of session one on day one of the first pre-season testing in Bahrain.
11.10 **Top Rank Boxing Archive**
11.40 **My Icon**
11.50 **LIVE Formula 1** Coverage of session two on day one of the first pre-season testing in Bahrain, as the teams and drivers get to grips with their brand-new cars.
3.10 PM **Fit In 5**
3.30 **Fighting Fit 2020**
4.00 **NBA Basketball** A replay of Boston Celtics v Brooklyn Nets.
6.00 **Netball Superleague** A re-run of Severn Stars v Celtic Dragons.
8.00 **NBA Basketball** A replay of Milwaukee Bucks v Phoenix Suns.
10.00 **Top Rank Boxing Archive** Davey Moore v Roberto Duran.
10.45 **Top Rank Boxing Archive** Marvin Hagler v Sugar Ray Leonard from 1987.
12.00 M'T **Top Rank Boxing Archive** Action from Thomas Hearns v Iran Barkley I in 1988.
2.00 AM **Premier League Darts** A replay of night five in Brighton.
5.30 **to 6.00** AM **Darts Gold**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.45 AM **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **ESPN SportsCenter**
8.00 **ESPN FC** Football news.
8.30 **NCAA Championship**
10.30 **College Basketball**
12.15 PM **ESPN FC** Football news.
12.45 **ESPN SportsCenter**
1.00 **College Basketball**
4.30 **ESPN SportsCenter**
4.45 **ESPN FC Presents: Gab & Juls**
5.15 **LIVE UEFA Europa Conference League** Coverage of a last-16 first-leg clash.
8.00 **LIVE College Basketball**
10.00 **ESPN SportsCenter**
10.15 **ESPN FC Presents: Gab & Juls**
10.45 **Around the Horn**
11.15 **Pardon the Interruption**
11.45 **ESPN SportsCenter**
12.00 M'T **LIVE College Basketball**
4.30 **Around the Horn**
5.00 **Pardon the Interruption**
5.30 **to 6.00** AM **ESPN FC Presents: Gab & Juls**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Olympic: Hall of Fame**
7.00 **Cycling: Tirreno-Adriatico**
8.00 **Cycling: Paris-Nice**
9.00 **Alpine Skiing**
11.00 **Cycling: Tour of Flanders**
11.15 **Cycling: Tirreno-Adriatico**
12.15 PM **Cycling: Paris-Nice**
1.15 **LIVE Cycling: Paris-Nice** Coverage of stage five.
3.00 **LIVE Cycling: Tirreno-Adriatico** Stage four.
4.15 **Omloop Het Nieuwsblad**
5.15 **Cycling: Tour of Flanders**
5.30 **The Cycling Show**
6.00 **Biathlon**
7.00 **Alpine Skiing**
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Tirreno-Adriatico**
10.00 **Alpine Skiing**
12.00 M'T **Cycling: Paris-Nice**
1.00 AM **Cycling: Tirreno-Adriatico**
2.00 **Biathlon**
3.00 **Alpine Skiing**
4.00 **to 6.00** AM **Snooker: Turkish Masters**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Snooker: Turkish Masters**
8.00 **LIVE Snooker: Turkish Masters** Coverage of the morning session on day four.
11.00 **Motocross World Championship** From Italy.
11.30 **Formula E** The Mexico City ePrix.
12.25 PM **Biathlon** From Finland.
1.20 **LIVE Biathlon** World Cup coverage from Kontiolahti, Finland.
2.50 **Alpine Skiing** From Austria.
3.45 **Golf: PGA Tour Weekly**
4.15 **Snooker: Turkish Masters**
5.00 **LIVE Snooker: Turkish Masters** Coverage of the evening session on day four from Antalya.
8.00 **Sports Spotlight**
9.00 **Snooker: Turkish Masters**
11.00 **Motocross World Championship** From Italy.
12.00 M'T **Biathlon** From Estonia.
1.00 AM **Alpine Skiing** From Austria.
2.00 **Snooker: Turkish Masters**
4.00 **Cycling: Tirreno-Adriatico**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

7.00 AM **NRL** Grand Final highlights.
8.00 **NRL Try Time** A round-up.
9.00 **LIVE NRL Penrith Panthers v Manly Sea Eagles.** At BlueBet Stadium. Kick-off 9.05am.
11.00 **NRL** Grand Final highlights.
12.00 **Top Rank Boxing Archive**
3.00 PM **Muggsy: Always Believe**
4.30 **NBA Basketball**
6.30 **NBA GameTime**
7.00 **Super League Highlights**
7.30 **LIVE Betfred Super League Leeds Rhinos v Hull FC.** The top-flight match from Headingley Stadium. Kick-off 8.00pm.
10.15 **Super League Highlights**
10.30 **NBA** Discussion and highlights.
12.30 AM **LIVE NBA Basketball Brooklyn Nets v Philadelphia 76ers.** Tip-off 12.30am.
3.00 **LIVE NBA Basketball Golden State Warriors v Denver Nuggets.** Tip-off 3.00am.
5.30 **to 6.00** AM **Inside the NBA**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Highlights**
6.50 **LIVE Formula 1** Day one of the first pre-season testing in Bahrain.
11.10 **The Inside Line**
11.40 **The Story of 1981**
11.50 **LIVE Formula 1** Day one of the first pre-season testing in Bahrain.
3.10 PM **Danica Patrick Hot Laps**
3.20 **GP Mechanics Challenge**
3.30 **F1: The Championship Begins**
4.00 **Duel: Hamilton v Verstappen**
6.00 **Formula 1** The Abu Dhabi GP.
7.00 **The Notebook**
7.30 **Danica Patrick Hot Laps**
7.40 **Formula 1 Rivalries**
7.45 **2021 Formula 1 Engines**
8.00 **F1 Classic Races**
9.00 **The Notebook**
9.30 **Danica Patrick Hot Laps**
9.40 **Data in F1**
9.45 **Schumacher Drives The Jordan**
10.00 **Formula 1** The Saudi Arabian GP.
11.00 **The Notebook**
12.00 M'T **Red Bull Junior Race**
12.15 **to 6.00** AM **Highlights**

SKY HD SD | VIRGIN HD | BT HD

Friday

11 March

Evening Planner

Rugby Union

Six Nations
BBC1 HD, 7.30pm
Coverage of the potentially crucial fourth round fixture as defending champions Wales face favourites France in Cardiff

Crime Drama

Sister Boniface Mysteries
Drama HD, 9pm
First seen in BBC1's *Father Brown*, the sleuthing Sister Boniface (Lorna Watson) investigates a death at a Wurzel Festival

Crime Drama

Grantchester
ITV HD, 9pm
Robson Green and Tom Brittney return in season seven of the 1950s detective drama. A body is found at a stately home

OnDemand

NETFLIX

The Adam Project
Available today
Ryan Reynolds stars in this time-travel adventure as a pilot from 2050 who finds himself stranded in 2022

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Six Nations Rugby Union – Live: Wales v France (Kick-off 8.00)					10.10 News	10.40 Weather
102 BBC2	7.00 MOTDx	7.30 Inside Culture...	8.00 Gardeners' World		9.00 Your Garden Made Perfect		10.00 Live at the...	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Grantchester		10.00 News; Local News	
104 CHANNEL 4	7.00 News	7.30 Winter...	8.00 Crufts		9.00 Gogglebox		10.00 The Last Leg	
105 CHANNEL 5	7.00 World's Most Scenic River Journeys		8.00 Susan Calman's Grand Day Out in Wales		9.00 A&E After Dark		10.00 ABBA's 30 Greatest Moments	
106 SKY SHOWCASE	7.00 The Simpsons			8.30 Modern Family	9.00 Rob & Romesh vs Team GB: Part 1		10.00 Dating No Filter	10.30 The Late Late...
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia			8.35 The Catch...	9.00 Life and Death in the Warehouse		10.00 Film: The Big Sick	
116 BBC4	7.00 Harry Belafonte – Live at the BBC		8.00 TOTP: 1992		9.00 John Denver: Country Boy		10.00 John Denver in Person	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Film: 22 Jump Street			
136 MORE4	◂ 6.30 Crufts	7.45 The Great Pottery Throw Down: The Final			9.00 Japan's Tsunami: How It Happened		10.00 Japan's Tsunami: Caught on Camera	
135 E4	7.00 Hollyoaks	7.30 Big Bang Theory	8.00 Film: Knight and Day				10.10 Naked Attraction	
107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
108 SKY ATLANTIC	◂ 6.45 The Sopranos		7.50 Game of Thrones		9.00 I Hate Suzie			
110 GOLD		7.20 The Green Green Grass	8.00 Dad's Army			9.20 Fawlty Towers	10.00 All Round to Mrs Brown's	
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
119 ITV3	7.00 Heartbeat		8.00 Doc Martin				10.05 Law & Order: UK	
120 ITV4	7.00 Cycling: Paris-Nice Highlights		8.00 Bradley & Barney Walsh: Breaking Dad		9.00 Film: The Bourne Legacy			
112 COMEDY CENTRAL	7.00 Friends				9.00 Kevin Bridges Live: The Story Continues		10.00 South Park	
152 SYFY	7.00 Quantum Leap		8.00 Fringe		9.00 Grimm		10.00 Film: Guardian	
113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own		9.00 Rob & Romesh vs Team GB: Part 1		10.00 Dating No Filter	10.30 Brassic
132 ALIBI	7.00 Rizzoli & Isles		8.00 Father Brown		9.01 My Life Is Murder		10.00 Whiskey Cavalier	
130 SKY ARTS	7.00 Classic Albums: The Wailers...		8.00 Johnny Cash: Song by Song		9.00 Laura Marling – Live at Union Chapel			10.25 Bob Dylan...
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Gold Rush		9.00 Conspiracies Decoded		10.00 Legendary Locations	
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Restoration Wild		9.00 Born Mucky: Life on the Farm		10.00 I Was Prey	
129 NAT GEO	7.00 Car S.O.S.		8.00 Supercars		9.00 Car S.O.S.		10.00 Megafactories	
123 SKY HISTORY	7.00 Forged in Fire Armed Forces...		8.00 Winston Churchill's War		9.00 Digging for Britain		10.00 Britain's Most Historic Towns	
155 YESTERDAY	7.00 Himalaya with Michael Palin		8.00 Great British Railway Journeys		9.00 Bangers and Cash		10.00 Secrets of the Transport Museum	
121 SKY DOCS	7.10 The Eighties		8.00 Josephine Baker: The Story of an...		9.00 Veleno: The Town of Lost Children		10.10 Dying to Divorce	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.20 Old Henry		8.00 Fast & Furious 9					10.30 Book of Love
303 HITS	◂ 6.00 The Three Musketeers		8.00 The Matrix				10.20 Fast & Furious 7	
304 GREATS	◂ 5.40 Shutter Island		8.00 First Knight				10.15 Heat	
305 ANIMATION	◂ 6.40 Spirit: Stallion of the Cimarron		8.10 Valiant			9.30 Spark		
306 FAMILY	7.00 Alvin and the Chipmunks: Chipwrecked			8.30 Alvin and the Chipmunks: The Road Chip			10.10 Bandslam	
307 ACTION	◂ 6.00 Mortal Kombat		8.00 The Lord of the Rings: The Fellowship of the Ring					
308 COMEDY	◂ 6.20 Alan Partridge: Alpha Papa		8.00 Bridesmaids				10.10 Just Go With It	
309 THRILLER	◂ 6.00 Jack Reacher			8.20 The Birthday Cake			10.00 The Italian Job	
310 DRAMA	◂ 5.50 The Bodyguard		8.00 Titanic					
311 SCI-FI	◂ 6.15 Candyman		8.00 Godzilla vs Kong				10.00 Minority Report	
302 WOMEN IN FILM	◂ 6.00 Gunpowder Milkshake		8.00 Mad Max: Fury Road				10.05 Fanny Lye Deliver'd	
313 FILM4	◂ 6.20 The Hunger Games: Mockingjay – Part 2				9.00 RED			
315 TCM MOVIES	◂ 6.10 The Fastest Gun Alive		8.00 Ocean's Eleven				10.20 Full Metal Jacket	
SPORT								
401 MAIN EVENT	◂ 11.30 The Players...	7.30 EFL – Live: West Bromwich Albion v Huddersfield Town (Kick-off 8.00)					10.00 The Players Championship – Live	
402 PREMIER LEAGUE	7.00 PL Preview	7.30 PL Matchpack	8.00 WSL	8.30 Gary Neville's...	9.00 PL Preview	9.30 PL Matchpack	10.00 WSL	10.30 PL Retro
403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: West Bromwich Albion v Huddersfield Town (Kick-off 8.00)						
404 WORLD CUP	7.00 ICC Women's World Cup				9.00 Great Women: Stars of ODI Cricket		10.00 Women's...	10.30 ICC Women's...
413 BT SPORT 1	◂ 1.30 Test Cricket – Live: West Indies v England						10.00 Rugby Stories	10.30 UEFA...
414 BT SPORT 2	7.00 BT Sport Fight Night – Live: BT Sport Fight Night Live boxing action							

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** New edition How an armed robber was tracked as he stalked his victim. (S)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Harrogate. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Shakespeare & Hathaway: Private Investigators** (S)(R)(AD)
2.30 **The Repair Shop** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** (S)(R)
4.30 **Antiques Road Trip** Touring the Lake District for antiques. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

10.45 The Graham Norton Show

7 PM

7.00 **The One Show** Featuring the result of the Red Nose and Spoon Race. (S)
7.30 **LIVE Six Nations Rugby Union** Wales v France: Gabby Logan presents all the action from the fourth and penultimate fixture for both teams, held at the Principality Stadium in Cardiff. With analysis from Martin Johnson and Sam Warburton and commentary by Eddie Butler. Kick-off is at 8.00. (S)

8 PM

9 PM

10 PM

10.10 **BBC News** (S)
10.35 **Local News** (S)
10.45 **The Graham Norton Show** Series finale Compilation of highlights from the recent series, featuring Adele, Ant and Dec and Andrew Garfield. (S)
11.35 **Six Nations Sin Bin** New edition 4/5. With Mike Tindall, Jonathan Davies and Ellie Simmonds. (S)
12.05 AM **FILM The Witches of Eastwick** Offbeat comedy fantasy about three man-hungry women who conjure up the Devil. Stars Jack Nicholson, Cher, Susan Sarandon and Michelle Pfeiffer. (S) (1987, 18, 115min) ★★★
2.00 **Weather for the Week Ahead** Seven-day forecast. (S)
2.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: The Repair Shop** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics UK** (S)
1.00 **FILM It's a Mad, Mad, Mad, Mad World** Comedy starring Spencer Tracy, Milton Berle and Dick Shawn. (S) (1963, U, 150min) ★★★
3.30 **Put Your Money Where Your Mouth Is** The winner is revealed. (R)
4.15 **Sicily: Wonder of the Mediterranean** 2/2. (S)(R)(AD)
5.15 **Flog It!** From Reading. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Marcus Wareing's Tales from a Kitchen Garden** Series finale A trip to Kent inspires a nutty addition to the farm. (S)

8.00 Gardeners' World

7.00 **MOTDx** Football discussion presented by Jermaine Jenas. (S)
7.30 **Inside Culture with Mary Beard** New edition 3/5. Mary is joined by Emma Thompson. (S)
8.00 **NEW SERIES Gardeners' World** At Longmeadow, Monty Don embarks on an exciting new project, sows perennial seeds and gives a tree-planting masterclass. Plus, Adam Frost visits a garden in Suffolk. (S)
9.00 **Your Garden Made Perfect** Series finale 6/6. Wokingham residents Lisa and Justin want to make more of their home's outside space, so designers Oliver Bond and Steve Williams step in to make their dreams a reality. Angela Scanlon hosts. (S)
10.00 **Live at the Apollo** Darren Harriott introduces routines by Jessica Fostekew and Stephen Bailey at London's Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **The Real Peaky Blinders** 1/2. Historian Carl Chinn explores the real-life stories of the Birmingham gangs that inspired the hit BBC drama, sorting out the fact from the fiction. (S)(R) (AD)
12.05 AM **Sign Zone: Manchester Arena Bombing: Saffie's Story – Panorama** (S)(R)
12.35 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
1.05 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his dealers head to Scarborough, North Yorkshire, where Corrie Jeffrey is sunk by an ill-fated ship painting, and Alison Chapman is dazzled by a diamond brooch. (S)(R)
3.00 **Lingo** Word-based quiz show presented by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Grantchester

7.30 **Emmerdale** Jai struggles with his ego, while Billy and Dawn arrive home from their honeymoon. (S)(AD)
8.00 **Coronation Street** Abi is given a rude awakening by the police, Daniel is delighted by Nicky's return to the area, despite Daisy's jealousy, and Laura hires a private investigator to look into Rick's disappearance. (S)(AD)
9.00 **NEW SERIES Grantchester** Return of the detective drama set in the 1950s, with Robson Green and Tom Brittney. The dead body of Lord Edmund Fitzgerald is found in the grounds of Fitzgerald Estate. *See feature, page 12.* (S7) (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Rocky IV** Boxing drama sequel starring Sylvester Stallone, Talia Shire and Dolph Lundgren. Rocky returns to the ring to avenge the death of a friend at the hands of a superhuman Russian champ. With Carl Weathers. (S) (AD) (1985, PG, 100min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM **Shop: Ideal World**
3.00 **Winning Combination** Quiz show hosted by Omid Djalili. (S)(SL)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Masterpiece with Alan Titchmarsh** Teams compete at Beaulieu Palace House, Hampshire. (S)(SL)(R)(AD)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **LIVE Winter Paralympics** Further coverage from day seven in Beijing, including the wheelchair curling semi-finals. (S)
8.00 **Winter Paralympics Breakfast** (S)
9.00 **Frasier** (S4&5) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** From Los Angeles. (S)(R)
11.25 **News** (S)
11.30 **Coast vs Country** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **Crufts** New edition (S)
4.00 **A New Life in the Sun: Where Are They Now?** New edition (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition The final night from Sheffield. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

10.00 The Last Leg

7.00 **News** (S)
7.30 **Winter Paralympics: Today in Beijing** Ade Adepitan reviews the highlights from day seven. (S)
8.00 **Crufts 2022** New edition Clare Balding introduces coverage of the concluding events on the day two. Group judging has reached the Hounds group, with only one canine winning a chance to be named Best in Show. (S)
9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)
10.00 **The Last Leg** New edition Adam Hills, Josh Widdicombe and Alex Brooker are joined by celebrity guests for a comic review of the significant moments of the past seven days. (S)
11.05 **8 Out of 10 Cats Does Countdown** With Tom Allen, Rosie Jones and Adam Riches. (S)(R)
12.05 AM **Jimmy Carr's I Literally Just Told You** 1/6. Game show. (S)(R)
1.00 **to 6.00** AM **LIVE Winter Paralympics** Coverage of the eighth and penultimate day, as the men's slalom reaches a conclusion. Plus, the para snowboarding banked slalom final and the cross-country skiing 10km final. (S)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Nightmare Tenants, Slum Landlords** A Cheshire landlord is shocked to hear squatters are living in his property. (S)(R)
1.10 **News** (S)
1.15 **Home and Away** (S)
1.45 **Neighbours** (S)
2.15 FILM PREMIERE **Killer in the Attic** Drama starring Vivica A Fox. (S) (2021, PG, 105min) ★★
4.00 **Filthy House SOS** Richard and Brennan come to the aid of a compulsive buyer in Morecambe, Lancashire. (S)(R)
5.00 **News** (S)
6.00 **Neighbours** Hearing gunshots, the group search frantically for Levi and Freya. (S)(R)
6.30 **Eggheads** Series finale Quiz. (S)

10.00 ABBA's 30 Greatest...

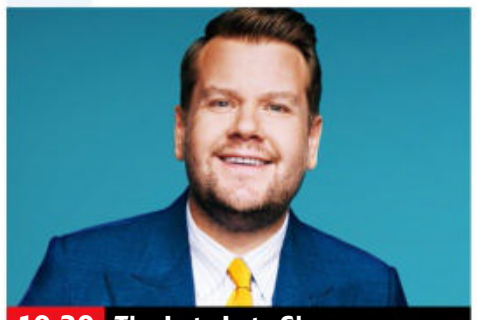
7.00 **World's Most Scenic River Journeys** New edition 7/10. A trip down the Buller River on the west coast of New Zealand's South Island. (S)
7.55 **News** (S)
8.00 **Susan Calman's Grand Day Out in Wales** Susan ventures along the Pembroke coast in Wales. Starting in Cardigan, she follows the coastline south to Carmarthenshire, ending her trip at Pendine Sands. (S)(R)
9.00 **A&E After Dark** New edition 5/10. The night staff at Hull Royal Infirmary try to save the life of 47-year-old Jane who has a heart rate more than double the average. (S)
10.00 **ABBA's 30 Greatest Moments** Documentary celebrating the career of the band, in an attempt to identify just what it was about the Swedish supergroup that made them so evergreen. (S)(R)
12.05 AM **ABBA: All Time Favourite Songs** A countdown of the Swedish pop group's most popular songs. (S)(R)
1.45 **21.co.uk Live Casino Show** (S)
3.50 **1992: Britain's Biggest Hits** Revisiting the musical highs of 1992, the year Right Said Fred, Wet Wet Wet and The Shamen dominated the charts. (S)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Sky News Breakfast**
8.00 **Beth Rigby Interviews**
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 12/19. (S6) (S)(R)
11.00 **NCIS: New Orleans** (S5) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 20/22. (S1) (S)(R)(AD)
3.00 **Modern Family** (S4) (S)(R)
4.00 **Will & Grace** (S4) (S)(R)(AD)
5.00 **The Simpsons** *Married to the Blob:* Comic Book Guy receives advice from Stan Lee. (S)(R)
5.30 **The Fresh Prince of Bel Air** 1/24. Will causes a fire. (S)(R) **6.00** 2/24. Will lands a job on Hilary's TV show. Guest stars Chris Rock. (S6) (S)(R)
6.30 **The Simpsons** *Brick Like Me:* Homer wakes up to find the world is made of Lego. (R)



10.30 The Late Late Show

7.00 **The Simpsons** *Pay Pal:* Homer manages to ruin any chance of friendship with his new neighbour. (R) **7.30** *The Winter of Our Monetised Content:* A video of Bart and Homer goes viral, turning them into stars. (S)(R)
8.00 **The Simpsons** *Portrait of a Lackey on Fire:* Homer plays matchmaker for Smithers. (S)(R)
8.30 **Modern Family** 13/24. Gloria gives Manny's date a makeover. (S1) (S)(R)
9.00 **Rob & Romesh vs Team GB: Part 1** Rob Beckett and Romesh Ranganathan try their hand at weightlifting, hockey and slalom canoe to see if they could be part of Team GB at the Olympics. (S)(R)(AD)
10.00 **Dating No Filter** New edition Comedians observe first dates. (S)
10.30 **The Late Late Show with James Corden: Best of the Week** New edition Highlights.
11.30 **Fast & Furious' Greatest Moments** Highlights from the movie franchise. (R)
12.30 AM **Sex and the City** 17&18/18. (S2) (S)(R)
1.35 **Road Wars** (S)(R)
2.05 **Brit Cops: War on Crime** (R)
3.00 **Hawaii Five-0** 10/23. McGarrett goes to North Korea. (S2) (S)(R)
4.00 **S.W.A.T.** 20/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.15am-12.15pm Homes Under the Hammer New edition (S) **11.35pm** A View from the Terrace New edition (S)(R) **12.35am** Six Nations Sin Bin New edition (S) **1.05** Weather for the Week Ahead (S) **1.10-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
7.00-7.30pm Six Nations Sin Bin New edition (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
7.30pm LIVE Irish Premiership (S) **10.00-10.30** Inside Culture with Mary Beard New edition (S) **11.05pm-12.05am** The White Handkerchief (S)(R)

WALES
Sky **971**, Freesat **971**
3.30pm Grand Tours of Scotland's Lochs (S)(R) **4.00** Sicily: Wonder of the Mediterranean (S)(R)(AD) **5.00** LIVE Scrum V (S) **7.10** The One Show (S) **7.40-8.00** Coast (R) **10.00-10.30** MOTDx (S) **11.05** Inside Culture with Mary Beard New edition (S) **11.35pm-12.05am** Live at the Apollo (S)(R)

ITV

As main ITV except:
WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Adre **12.30** Heno **1.00** Codi Hwyl (AD) **1.30** Dau Gi Bach (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Am Dro! (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ar Werth (AD) **6.30** Anrhegion Melys Richard Holt (AD) **7.00** Newyddion S4C a'r Tywydd **7.30** LIVE Clwb Rygbi Rhyngwladol **10.20** Yn y Fan A'r Lle (AD) **10.55pm-12.00m't** Stad (AD)

TV&Satellite week
New issue on sale now

BBC3

117/141/173 | 107/157 | 23 109 | 179 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition Matt Preston takes the contestants to the Middle East with his take on roasted cauliflower.
8.35 **The Catch Up**
8.40 NEW **Becoming – Nathan Drake**
9.00 **Life and Death in the Warehouse** Drama inspired by real-world events, telling the story of young Welsh worker Alys, who begins to fall behind at her warehouse job after becoming pregnant.
10.00 FILM **The Big Sick** Romantic comedy drama starring Kumail Nanjiani, Zoe Kazan and Holly Hunter. (2017, 15, 120min) ★★★★
11.55 **RuPaul's Drag Race: UK Versus the World** 6/6. The Grand Finale.
12.55 AM **Gassed Up**
1.45 **Zen Motoring**
1.55 **Nail Bar Boys**
2.25 **Life and Death in the Warehouse** As 9pm.
3.30 **to 4.00** AM **Split Up in Care: Life Without Siblings**

+1 hour 236 | 196 | 86 | 125

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Harry Belafonte: Live at the BBC** The American singer-songwriter in a 1977 BBC special.
7.50 **Sounds of the 60s** Music by Craig Douglas, Joe Brown & the Bruvvers, and Peter & Gordon.
8.00 **TOTP: 1992** Performances by Shakespears Sister, Enya and Jimmy Nail. **8.30** Performances by The Shamen, Madonna, Betty Boo and Madness.
9.00 **John Denver: Country Boy** The life of singer-songwriter John Denver.
10.00 **John Denver in Person** The US singer-songwriter recorded in 1976 in London.
10.55 **Country & Beyond with the Shires**
11.55 **Michael Kiwanuka and Laura Marling at 6 Music Festival**
12.55 AM **TOTP: 1992**
1.55 **Country Kings at the BBC**
2.55 **to 3.45** AM **Harry Belafonte: Live at the BBC**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun**
10.35 **Find It, Fix It, Flog It**
12.35 PM **Heir Hunters**
1.35 **Four in a Bed**
4.15 **The Hotel Fixers** New edition Francis and John Brennan offer business advice for a couple with a large country house.
4.50 **Find It, Fix It, Flog It** An old bureau gets a makeover in Yorkshire. **5.50** Simon O'Brien hatches a plan to convert some old tanks into a pizza oven.
6.30 **Crufts** New edition Frank Kane, Alison Mitchell and Laura Crombie report on the ABC and Rescue Dog Agility finals.
7.45 **The Great Pottery Throw Down: The Final** 10/10. Ellie Taylor and Siobhán McSweeney host the conclusion of the contest.
9.00 **Japan's Tsunami: How It Happened** Analysing the earthquake and tsunami that struck Japan in March 2011.
10.00 **Japan's Tsunami: Caught on Camera** Amateur footage and eyewitness accounts of the disaster.
11.20 **24 Hours in A&E**
12.25 AM **8 Out of 10 Cats Does Countdown**
2.30 **Father Ted**
3.05 **Winter Paralympics: Today in Beijing**
3.35 **to 3.40** AM **Escape to the Chateau**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Married at First Sight Australia**
10.30 **The Big Bang Theory**
11.00 **Young Sheldon**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Young Sheldon**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes. (S9&3)
7.00 **Hollyoaks** Sid is forced to face his criminal past.
7.30 **The Big Bang Theory** 1/24. Sheldon and Penny bond as they miss Leonard. (S7)
8.00 FILM **Knight and Day** Comedy thriller starring Tom Cruise and Cameron Diaz. A rogue secret agent kidnaps a hapless bystander and takes her on a perilous globe-trotting adventure. (2010, 12, 109min) ★★★
10.10 **Naked Attraction** A wrestler and a bi-curious graphic designer take their pick of six potential partners.
11.15 **Naked Attraction**
12.20 AM **First Dates: Valentine's Special**
1.25 **Gogglebox**
2.25 **Naked Attraction**
3.20 **Below Deck: Mediterranean**
4.10 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hour 235 | 146 | 30 | 123

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Law & Order** 15/24. (S15)
12.00 NOON **Bull** 1/22. (S2)
1.00 PM **Blue Bloods** 12/16. Frank takes it personally when Baker is assaulted. **2.00** 13/16. A comedian is suspected of murder. (S11)
3.00 **Private Eyes** 10/12. (S4)
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

8.00 Chicago Med

7 PM

7.00 Air Ambulance ER The team are called to a building site to treat a roofer who has picked up a nasty leg fracture.

8 PM

8.00 Chicago Med New episode *Secret Santa Has a Gift for You:* 9/10. Halstead and Scott try to save an infant. (S7)

9 PM

9.00 Chicago Fire New episode *Winterfest:* 9/10. Gallo, Violet and Ritter debut their microbrewery. (S10)

10 PM

10.00 Chicago PD New episode *A Way Out:* 9/10. The FBI close in on the Roy Walton investigation. (S9)
11.00 **Law & Order: SVU** (S12)
12.00 M'T **Private Eyes** 8/8. (S5)
1.00 AM **9-1-1** 5/18. (S5)
2.00 **Law & Order: SVU** (S9)
3.00 **Bull** 1/22. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Storm City** (S1)
8.00 **CSI** 5/24. (S6)
9.00 **The Newsroom** 5/9. (S2)
10.05 **The Sopranos** (S3)
12.25 PM **Game of Thrones** (S5)
1.30 **Totti: One Captain** (S1)
3.30 **Ray Donovan** 12/12. Abby and Terry tell Ray the truth. (S3) **4.35** 1/12. Ray looks to reconnect with his family. (S4)
5.40 **The Sopranos** 3/13. Anthony Jr becomes a football star. **6.45** 4/13. Dr Melfi is faced with a crisis of conscience after she is raped. (S3)

9.00 I Hate Suzie

7.50 Game of Thrones *Mother's Mercy:* 10/10. Cersei seeks forgiveness in King's Landing, and Stannis embarks on a gruelling march. (S5)

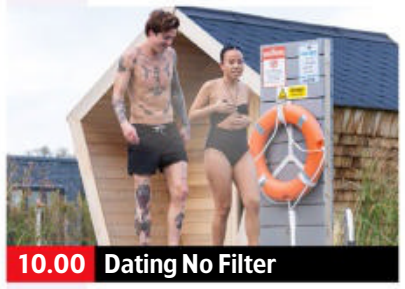
9.00 I Hate Suzie 4/8. Suzie gives a disastrous interview. **9.40** 5/8. Suzie is forced to combine dinner with her producers with Cob's wild night out. **10.20** 6/8. Suzie decides to audition for a new musical. (S1)
11.05 **Succession** 2/10. Roman and Kendall compete to fix new media brand Vaulter, while Greg wonders if ATN is the right fit for him. (S2)
12.15 AM **True Blood** 7-9/12. (S2)
3.40 **In Treatment** (S3)
4.10 **to 6.00** AM **Storm City**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S3)
8.00 **Supergirl** 20/20. (S6)
9.00 **DC's Legends of Tomorrow**
10.00 **The Flash** 12/19. (S6)
11.00 **NCIS: New Orleans** (S5)
1.00 PM **Hawaii Five-0** (S2)
2.00 **S.W.A.T.** 20/22. (S1)
3.00 **DC's Legends of Tomorrow**
4.00 **Arrow** 1/22. (S7)
5.00 **The Flash** 12/19. (S6)
6.00 **Stargate SG-1** 2/22. The team head for the planet Euronda in response to a plea for their help. (S4)



10.00 Dating No Filter

7.00 Stargate SG-1 *Upgrades:* 3/22. A Tok'ra scientist provides the team with new power-enhancing armbands. (S4)

8.00 A League of Their Own With Troy Deeney, AJ Odudu, Roisin Conaty, Geoff Norcott, Alex Brooker and Tom Allen.

9.00 Rob & Romesh vs Team GB: Part 1 Rob and Romesh try their hand at weightlifting, hockey and slalom canoe.

10.00 Dating No Filter New edition Comedians observe people on dates.
10.30 **Brassic** 2/8. Vinnie helps to plan a funeral. (S3)
11.30 **Brassic** 3/8. Ashley's cousin is kidnapped. (S3)
12.30 AM **Fast & Furious' Greatest Moments** Movie highlights.
1.30 **Road Wars**
2.00 **The Blacklist** 10/22. (S8)
3.00 **Hawaii Five-0** 10/23. (S2)
4.00 **S.W.A.T.** 20/22. (S1)
5.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Dress to Impress**
7.00 **The Ellen DeGeneres Show**
8.00 **You've Been Framed! Gold**
9.00 **Secret Crush**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Supermarket Sweep**
1.00 PM **Tipping Point: Lucky Stars**
2.00 **Rolling in It**
3.00 **The Ellen DeGeneres Show** New edition With Tyler Perry.
4.00 **The Masked Singer US**
5.00 **You've Been Framed!**
6.00 **Celebrity Catchphrase**

9.00 22 Jump Street

7.00 Superstore 5/11. Dina chases a shoplifter. **7.30** 6/11. Jonah passes his employee training test with flying colours. (S1)

8.00 Bob's Burgers 4/9. Bob becomes addicted to an arcade game. **8.30** 5/9. The family cause chaos. (S2)

9.00 FILM 22 Jump Street Crime comedy starring Jonah Hill and Channing Tatum. Two cops are sent undercover at a university, but their friendship is threatened as they join different cliques. (2014, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Family Guy** Double bill of the animated comedy. (S4&8)
12.15 AM **American Dad!** (S12)
1.10 **Bob's Burgers** (S2)
2.05 **Superstore** (S1)
2.55 **Totally Bonkers Guinness World Records**
3.20 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Man About the House**
9.40 **A Touch of Frost**
11.50 **Heartbeat**
2.00 PM **Classic Emmerdale**
3.00 **Classic Coronation Street**
4.05 **Midsomer Murders** *The Sword of Guillaume:* Barnaby investigates a dubious land deal in Brighton.
6.00 **Heartbeat** *Rumours:* Nick gets a tip-off about a local shopkeeper's antics.

8.00 Doc Martin

7.00 Heartbeat *Playing with Fire:* Nick and Kate investigate arson attacks on barns in the area.

8.00 Doc Martin *Departure:* 8/8. As Louisa leaves for Spain, Martin discovers a health issue that could put her in danger. (S6)

9.00 Doc Martin *Rescue Me:* 1/8. The GP tries to keep a promise to Louisa, but a lifeboat training exercise causes problems. (S7)

10.05 Law & Order: UK *Hounded:* 2/7. Steel pushes the boundaries of the law to the limit in a prosecution. (S3)
11.05 **Wycliffe** *Standing Stone:* A teacher is found murdered following the mysterious disappearance of a student.
12.15 AM **A Touch of Frost** *One Man's Meat:* A health inspector meets a grisly fate.
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.30 LIVE **Sportscene: Friday Night Football** Ayr United v Kilmarnock: Coverage of the Scottish Championship match at Somerset Park. Kick-off is at 7.45.
10.00 **Still Game** 4/6. A TV crew visit the Clansman, while Navid has a mid-life crisis. Guest stars Bill Torrance. (S5)
10.30 **A View from the Terrace** New edition Craig G Telfer, Craig Fowler, Shaughan McGuigan and Joel Sked present a sideways look at Scottish football.
11.30 PM **to 12.00** M'T **The Scotts** 3/5. Vonny leaves Vincent and arrives on Henry and Laura's doorstep. (S1)

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Parks and Recreation** (S5)
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S6)
11.30 **The Office (US)** (S8)
12.30 PM **Vice Principals** (S2)
3.00 **Modern Family** (S4)
4.00 **Will & Grace** (S4)
5.00 **The Office (US)** (S9)
5.30 **Fresh Prince of Bel Air**
6.30 **Saturday Night Live**
8.00 **Parks and Recreation**
9.00 **Girls** 1&2/10. (S1)
10.15 **The Late Late Show with James Corden: Best of the Week** New edition Highlights of the talk show.
11.15 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
12.15 AM **Sex and the City**
1.30 **The Late Late Show with James Corden** New edition Talk show.
2.30 **Sick of It** (S1&2)
3.30 **Mike Judge Presents: Tales from the Tour Bus**
4.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 363

6.00 AM **Darbar Festival**
7.00 **Hollywood in Vienna: A Night at the Oscars**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **What Was Virginia Woolf Afraid Of?** Documentary.
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Big Design Challenge**
4.00 **Hollywood Gossip**
5.00 **Tales of the Unexpected**
6.00 **Discovering**
7.00 **Classic Albums**
8.00 **Johnny Cash: Song by Song** Double bill.
9.00 **Laura Marling: Live at Union Chapel**
10.25 **Bob Dylan: The Other Side of the Mirror**
12.00 M'T **Isle of Wight Festival Greatest Hits**
1.00 AM **Tina Turner: One Last Time – Live at Wembley Stadium**
3.00 **Tina** Documentary.
5.05 **to 6.00** AM **The Art of Architecture**

Pick

159 | 156 | 36 | 144

7.00 AM **America's Front Line**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Highway Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Border Patrol**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S2)
5.00 **Star Trek: The Next Generation** 18/26. (S3)
6.00 **Quantum Leap** (S5)
7.00 **Hawaii Five-0** (S1)
8.00 **World's Most Evil Killers**
9.00 **Killer Colleagues**
10.00 **Grimm** 3/22. (S2)
11.00 **Killer Neighbours**
12.00 M'T **Britain's Most Evil Killers** Derrick Bird.
1.00 AM **The Force: Manchester**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Impractical Jokers**
11.00 **Younger** (S4&5)
1.00 PM **Friends** (S5)
7.00 **Friends** 20/24. The guys enjoy a ride in a police car with Gary. **7.30** 21/24. Phoebe learns Gary plans to ask her to move in with him. **8.00** 22/24. Joey gets a shock in Las Vegas. **8.30** 23/24. The gang visit Las Vegas. (S5)
9.00 **Kevin Bridges Live: The Story Continues**
10.00 **South Park** New episode Satirical animation. (S25)
10.30 **South Park** 2/14. (S13)
11.00 **The Ricky Gervais Show**
1.00 AM **Al Murray's Great British Pub Quiz**
2.00 **Joel & Nish vs the World** From Argentina.
3.00 **Luisa Omielan: Comedy Central Live**
3.30 **The Daily Show** New edition Talk show.
4.05 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of Potomac**
1.25 **The Real Housewives of Cheshire**
2.25 **The Only Way Is Essex**
3.10 **Little Women: LA**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Orange County**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched** Medic Paul Nassif helps a female impersonator. **10.00** Medic terry Dubrow operates on a cancer survivor.
11.00 **Atlanta Plastic**
11.55 **The Only Way Is Essex**
12.40 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Protectors**
6.25 **The Champions**
7.15 **Cadfael**
8.45 **Dempsey and Makepeace**
9.50 **The Professionals**
10.55 **Minder**
12.05 PM **The Champions**
1.05 **Cadfael**
2.45 **Dempsey and Makepeace**
3.50 **The Professionals**
4.55 **Minder**
6.00 **Made in Britain** An insight into the making of a suitcase that is beloved by royalty.

3.50 The Professionals

7.00 **Cycling: Paris-Nice Highlights** Action from stage six, featuring a 213.6 km route from Courthezon to Aubagne.
8.00 **Bradley & Barney Walsh: Breaking Dad** A trip to the iconic Niagara Falls. **8.30** The pair go lobster fishing in Maine.
9.00 **FILM The Bourne Legacy** Thriller sequel starring Jeremy Renner. A government assassin goes on the run when his employers try to bury their dark secrets by having him killed. (2012, 12, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **All Elite Wrestling: Dynamite** Hard-hitting action.
1.50 AM **Minder** *Back in Good Old England:* Terry is pleased when an old friend returns to England – but learns there are old scores to settle.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 346 361

6.00 AM **Quantum Leap** (S2)
7.00 **Star Trek: Enterprise** (S4)
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **The Librarians** 2/10. (S2)
2.00 **V** 2/19. (S3)
3.00 **Fringe** As 8.00pm.
4.00 **Stargate Atlantis** (S3)
5.00 **Stargate SG-1** 6/22. (S3)
6.00 **Star Trek: Enterprise** 3/22. The crew receive a heroes' welcome when they return to Earth. (S4)

10.00 Guardian

7.00 **Quantum Leap** *What Price Gloria?* 4/22. Sam materialises as a beautiful woman suffering from sexual harassment. (S2)
8.00 **Fringe** *Subject 9:* 4/22. Olivia uncovers a link between a dangerous force and Walter's experiments. (S4)
9.00 **Grimm** *Volcanalis:* 18/22. A fire monster kills a geologist, and Juliette struggles to cope with her lost memories. (S2)
10.00 **FILM Guardian** Horror with Mario Van Peebles and James Remar. (2000, 15, 86min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Stargate SG-1** 6/22. The Goa'uld invade an alternative Earth. (S3)
1.00 AM **Stargate Atlantis** (S3)
2.00 **Star Trek: Enterprise** (S4)
3.00 **Star Trek: Voyager** (S2)
4.00 **Fringe** As 8.00pm.
5.00 **to 6.00** AM **V**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries**
9.00 **Unforgettable** 22/22. (S1)
10.00 **Major Crimes** 16/19. (S3)
11.00 **Rizzoli & Isles** 5/16. (S4)
12.00 NOON **Hudson & Rex** (S3)
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S9)
4.00 **Unforgettable** 1/13. (S2)
5.00 **Major Crimes** 17/19. (S3)
6.00 **Hudson & Rex** 13/16. Trapped in an isolated mansion during a storm, Charlie and Rex must uncover a potential killer after the hostess is drugged. (S3)

9.00 My Life Is Murder

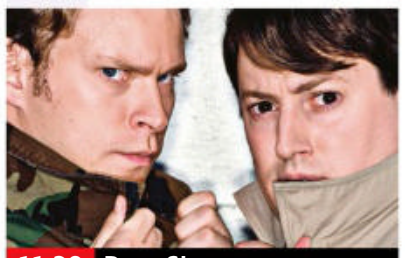
7.00 **Rizzoli & Isles** *Dance with the Devil:* 5/16. Maura's biological father Paddy Doyle is placed on trial for murder. (S4)
8.00 **Father Brown** *The Jackdaw's Revenge:* The amateur sleuth struggles to protect those closest to him from an old foe.
9.00 **My Life Is Murder** *Fake Empire:* 9/10. Alexa jumps at the opportunity to prove that clairvoyants are frauds. (S1)
10.00 **Whiskey Cavalier** *College Confidential:* 11/13. The team goes undercover at a college to take down their new target. (S1)
11.00 **Rizzoli & Isles** 7/13. Jane is invited to teach a class of FBI recruits at Quantico. (S7)
12.00 M'T **Why Women Kill** (S2)
1.00 AM **Evil** 10/13. The RSM fertility clinic is investigated. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.35 AM **Highlights**
8.40 **Hi-de-Hi!**
9.25 **Last of the Summer Wine**
10.45 **The Green Green Grass**
11.25 **Dad's Army**
12.45 PM **Chef!**
1.20 **Hi-de-Hi!**
2.00 **Desmond's**
2.35 **The Green Green Grass**
3.20 **Fawlty Towers**
4.00 **Last of the Summer Wine**
5.20 **dinnerladies**
6.00 **Desmond's**
6.35 **Hi-de-Hi!**


11.20 Peep Show

7.20 **The Green Green Grass** Boycie decides that his staff need to work harder.
8.00 **Dad's Army** Mainwaring sets his sights on Frazer's hoard of gold sovereigns. **8.40** Mainwaring and the platoon are assigned to guard a vital telephone line through the night.
9.20 **Fawlty Towers** The hotel is plunged into chaos by the death of a guest.
10.00 **All Round to Mrs Brown's** With guests Clare Balding, Johnny Vegas, Jamie Laing and Spencer Matthews.
11.20 **Peep Show** Mark gets mugged by two teenagers. **11.55** Mark is devastated to learn Sophie is moving away.
12.30 AM **French and Saunders**
1.10 **Chef!**
1.45 **The Rebel**
2.50 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Sin City Motors**
8.00 **Timber Kings**
9.00 **Storage Hunters UK**
10.00 **Eddie Eats America**
11.00 **Travel Man: 48 Hours in...**
12.00 NOON **Red Bull Soapbox Race** From Valkenburg.
1.00 PM **Fast Justice**
2.00 **Travel Man: 48 Hours in...**
3.00 **Rick Stein's Road to Mexico**
4.00 **Red Bull Soapbox Race**
5.00 **Rick Stein's Road to Mexico**
6.00 **Taskmaster** Challenges involving corneas and crackers.

5.00 Rick Stein's Road to Mexico

7 PM
7.00 **Richard Osman's House of Games** With Jamelia and Susan Calman.
7.40 **Room 101** Katie Price, Greg Davies and Adil Ray discuss their pet hates.
8 PM
8.20 **Would I Lie to You?** With Carol Vorderman, Larry Lamb, Jo Brand and Russell Howard.
9 PM
9.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts, with guest panellists Joan Bakewell and Fin Taylor.
10 PM
10.00 **QI** With Jo Brand, Rob Brydon and Jimmy Carr.
10.40 **Mock the Week** With Ed Byrne, Josh Widdicombe and Milton Jones.
11.20 **Meet the Richardsons** Jon and Lucy get to know their new neighbours.
12.00 M'T **Hypothetical**
12.40 AM **QI**
1.20 **Would I Lie to You?**
2.00 **Live at the Apollo**
2.50 **to 4.00** AM **This Country**

+1 hour 211 131 25

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 **FILM Unleashing Mr Darcy** Romantic drama. (2016, PG, 110min) ★★
11.50 **GREAT! Movie News**
12.00 NOON **Sue Thomas: F.B.Eye** 8/19. (S3)
1.00 PM **Perception** (S1)
2.00 **Body of Proof** (S1)
3.00 **Castle** 7/22. (S8)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 9/26. Charles becomes a celebrity. **8.30** 10/26. A cold snap brings out the worst in Charles. (S7)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S7)
3.00 **Hart to Hart** (S2)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** In Lancashire.
10.30 **A New Life in the Sun: Where Are They Now?**
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun: Home or Away**
6.00 **A New Life in the Sun: Where Are They Now?**
7.00 **George Clarke's Amazing Spaces**
8.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
9.00 **Extraordinary Escapes with Sandi Toksvig** Sue Johnston joins Sandi for a Cornish adventure.
10.00 **Grand Designs** Building a giant cathedral-like property modelled on Dutch barn style houses.
11.05 **Gogglebox** Double bill.
1.15 AM **The Great Pottery Throw Down: The Final**
2.30 **to 4.55** AM **Come Dine with Me**

+1 hour 252 229

5USA

141 141 153 21 129

9.00 AM **NCIS** 22/25. (S6)
9.55 **Entertainment News**
10.00 **NCIS** 23&24/25. (S6)
12.00 NOON **Law & Order**
3.55 PM **Entertainment News**
4.00 **Law & Order** (S17)
6.00 **NCIS** *Jet Lag:* 13/24. An assassin targets a government witness. **7.00** *Masquerade:* 14/24. Terrorists threaten to detonate a crude nuclear device. **8.00** *Jack Knife:* 15/24. An Iraq War veteran asks Gibbs to investigate the killing of another former Marine. **9.00** *Mother's Day:* 16/24. Gibbs' former mother-in-law surfaces as a witness in a murder investigation. (S7)
10.00 **Law & Order: Special Victims Unit** (S12&11)
1.50 AM **Private Eyes** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **999: Criminals Caught on Camera**
8.25 **Shoplifters & Scammers**
9.10 **Filthy House SOS**
10.10 **Judge Judy**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers**
6.00 **Home and Away**
7.00 **The World's Most Expensive Cruise Ships**
8.00 **Million Pound Motorhomes**
9.00 **FILM London Has Fallen** Action thriller starring Gerard Butler. (2016, 15, 97min) ★★
11.00 **FILM Final Destination 5** Horror thriller sequel. (2011, 15, 91min) ★★★
12.55 AM **Adults Only: S****ing 9 To 5**
1.55 **Skin A&E**
2.55 **Judge Judy**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.20 AM **MasterChef Australia** The top seven visit Western Australia.
7.35 **Inside the Ambulance**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **MasterChef Canada** New edition The hopefuls cook Caribbean dishes for 121 wedding guests.
8.00 **Inside the Ambulance**
9.00 **Stacey Dooley Sleeps Over: Body Positive Warrior** A sleepover with body-positive Harnaam Kaur.
10.00 **Miranda** Triple bill.
12.00 M'T **Inside the Ambulance**
1.00 AM **The Shift: Women on the Force**
2.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.40 AM **Where the Heart Is**
8.35 **The Bill**
9.35 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **A Place to Call Home**
4.20 **Peak Practice**
5.20 **Brush Strokes**
6.00 **Are You Being Served?**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
9.00 **NEW SERIES Sister Boniface Mysteries** *Unnatural Causes:* 1/10. *Father Brown* spin-off starring Lorna Watson. Sister Boniface looks into a woman's death. *See feature, page12.* (S1)
10.00 **New Tricks** *God's Waiting Room:* Guest stars June Whitfield.
11.20 **Silent Witness**
1.25 AM **Kavanagh QC**
2.55 **to 4.00** AM **Where the Heart Is**

+1 hour 243 226 74

CBS Drama

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 18/22. (S5)
12.00 NOON **Medium** (S3)
1.00 PM **JAG** 15&16/25. (S5)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy**
9.00 **Medium** *Whatever Possessed You:* 16/22. Allison helps Devalos investigate the death of a close friend while having dreams about a woman who appears to be possessed. (S3)
10.00 **Unsolved Mysteries** How psychic visions supposedly aided a mountain rescue. **11.00** Police are baffled by the discovery of a human skull, and a group of children somehow escape a bomb.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **Something's Killing Me**
4.55 **to 6.00** AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 22&23/26. (S5)
3.00 **CSI: Miami** 3/24. (S3)
4.00 **NCIS** 2/24. (S10)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** 24&25/26. (S5)
9.00 **CSI: Miami** *Under the Influence:* 3/24. The team launch a murder investigation after a woman is pushed under a bus. (S3)
10.00 **NCIS** *Recovery:* 2/24. An NCIS armoury employee is found murdered. Guest stars Steve Valentine (S10)
11.00 **Diagnosis Murder**
1.00 AM **Walker, Texas Ranger** 24&25/26. (S5)
2.55 **JAG** 11/15. (S2)
3.55 **Click for Murder**
4.45 **to 6.00** AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Price Is Right**
4.00 **Play Your Cards Right**
5.00 **Bullseye** Double bill.
6.00 **Tenable** Five work colleagues from Gateshead take part.
7.00 **Pointless Celebrities** With contestants Jennie McAlpine, Justin Moorhouse, Alistair McGowan, Kate Robbins, Ted Robbins, Mark Little, Trey Farley and Katy Hill.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?** Quiz.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **Kourtney and Khloé Take Miami**
8.00 **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
11.00 **Total Bellas**
12.00 NOON **Keeping Up with the Kardashians**
7.00 PM **Botched** Terry Dubrow addresses a botched breast augmentation. **8.00** A patient whose surgeon poked a hole through her nose.
9.00 **Relatively Famous: Ranch Rules** New edition Eight celebrity offspring work on a ranch.
10.00 **Nightly Pop**
10.30 **The Bradshaw Bunch**
11.00 **Botched**
12.00 M'T **Total Bellas**
1.00 AM **Kourtney and Khloe Take Miami**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Rich Kids of Beverly Hills**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Breslin and Hamill: Deadline Artists**
8.00 **Urban Secrets**
9.00 **Discovering: Sally Field**
10.00 **The Directors**
11.00 **The Story of Late Night**
12.10 PM **The Eighties**
1.00 **Josephine Baker: The Story of an Awakening**
2.00 **Leonard Cohen I'm Your Man** Documentary.
4.00 **Discovering: Sally Field**
5.00 **The Directors**
6.00 **The Story of Late Night**
7.10 **The Eighties**
8.00 **Josephine Baker: The Story of an Awakening**
9.00 **Veleno: The Town of Lost Children** Series finale 5/5. A new investigation is launched. Subtitled.
10.10 **Dying to Divorce**
11.50 **Queen of Speed**
1.50 AM **Assassins**
3.50 **Discovering: Sally Field**
5.00 **to 6.00** AM **Urban Secrets**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Volcanic Odysseys**
7.00 **Monkey Life**
8.00 **The Great Elephant Tale**
9.00 **Undiscovered Vistas**
10.00 **Into the Wild: India**
11.00 **Animal Empires**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **The Great Elephant Tale**
3.00 **Undiscovered Vistas**
4.00 **Into the Wild: India**
5.00 **Animal Empires**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Kenya Wildlife Diaries**
9.00 **Malawi Wildlife Rescue**
10.00 **Animal Empires**
11.00 **Hope for Wildlife**
12.00 M'T **World's Most Toxic Animals** Lethal killers.
1.00 AM **Valley of Flood and Fire** The vastly different seasons.
2.00 **Kenya Wildlife Diaries**
3.00 **Malawi Wildlife Rescue**
4.00 **The Great Elephant Tale**
5.00 **to 6.00** AM **Undiscovered Vistas**

HGTV

158 286 44 166

7.00 AM **Homes Under the Hammer** From Dover.
8.00 **Fantasy Homes by the Sea** The French Riviera.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer Upper**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **DIY SOS**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **My Lottery Dream Home** Double bill.
10.00 **My Mortgage Free Home** Property series.
11.00 **Fixer Upper**
12.00 M'T **Escape to the...**
1.00 AM **DIY SOS**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Bahamas Life**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Highlights**
8.00 **Guy's Grocery Games** New edition
9.00 **Friday Night Feast**
10.00 **Ainsley's Food We Love**
11.00 **Nigel's Simple Suppers**
12.00 NOON **Great British...**
1.00 PM **Friday Night Feast**
2.00 **James Martin's United Cakes of America**
3.00 **Rachel Allen: Bake!**
4.00 **Ainsley's Food We Love**
5.00 **The Pioneer Woman** New edition
5.30 **Delicious Miss Brown** New edition
6.00 **Barefoot Contessa: Back to Basics** New edition
6.30 **Girl Meets Farm** New edition
7.00 **Great British Bake Off**
8.00 **Chopped** New edition
9.00 **Friday Night Feast**
10.00 **French Country Cooking**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery...**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Treehouse Masters**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Marooned**
12.00 NOON **Naked and Afraid**
1.00 PM **Homestead Rescue**
2.00 **Lone Star Law**
3.00 **Helicopter ER**
4.00 **Disasters at Sea**
5.00 **Alaskan Bush People**
6.00 **Outback Truckers**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Kindig Customs**
10.00 **G.A.S. Extreme Customs**
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid XL**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Entertainment News**
9.10 **Criminals: Caught on Camera**
9.40 **Traffic Cops**
11.40 **FILM** **Apache** Western. (1954, U, 91min) ★★★
1.30 PM **FILM** **Bite the Bullet** Western. (1975, PG, 131min) ★★★★
4.00 **Sinkholes: Buried Underground**
5.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **Traffic Cops**
10.00 **Motorway Cops: Catching Britain's Speeders** PC Amy Hollis is on the hunt for a drunk driver in Chester.
11.00 **Police: Hour of Duty**
12.00 M'T **Fights, Camera, Action!** A terrifying game of cat and mouse.
1.00 AM **Criminals: Caught on Camera** Double bill.
3.00 **Banged Up Abroad**
3.50 **Outrageous Stunts**
4.35 **to 5.00** AM **Criminals: Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **Caught Red Handed**
8.30 **999 Frontline**
9.00 **Nothing to Declare**
10.00 **Brit Cops: Law & Disorder**
11.00 **Road Wars**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **Britain's Most Evil...**
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Killer in My Village**
5.00 **Killer Families**
6.00 **World's Most Evil Killers**
7.00 **How I Caught the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **New York Homicide**
10.00 **Death on the Beach**
11.00 **Murdered at First Sight**
12.00 M'T **World's Most Evil...**
1.00 AM **The Real Manhunter**
2.00 **Snapped**
3.00 **How I Caught the Killer**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** How the FBI identified a St Louis serial killer. **7.30** Following the hunt for a pyromaniac.
8.00 **Written In Blood** A look at the case that inspired Tess Gerritsen's book, *Body Double*.
9.00 **Murder By the Sea** The case of Lithuanian murderer Vitas Plytnykas.
10.00 **Evidence of Evil** A broad forensic investigation is needed to lead police to those responsible after a body is found in a canal.
11.00 **Fatal Vows**
12.00 M'T **The Mind of a Murderer** Gene Meredith.
1.00 AM **Murder By the Sea**
2.00 **Evidence of Evil**
3.00 **Written In Blood**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Turkey.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A sideboard.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Phoenix**
4.00 **Pit Bulls & Parolees**
5.00 **Ambulance**
6.00 **The Yorkshire Auction House** A huge collection of model aircraft.
7.00 **Antiques Road Trip**
9.00 **Fright Club** New edition Footage of a doppelgänger-infested seminary.
10.00 **Ghost Adventures: Top 10** New edition The show's most terrifying possessions.
11.00 **Ghost Adventures**
1.00 AM **Kindred Spirits**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Phoenix**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.25 **The Liquidator**
7.55 **American Restoration**
8.25 **Ancient Aliens**
10.20 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
3.30 **The Liquidator**
4.00 **Ancient Aliens**
6.00 **The Curse of Oak Island**
7.00 **Dickinson's Real Deal**
9.00 **Strangest Things**
10.00 **Ancient Superstructures**
11.00 **Cities of the Underworld**
12.00 M'T **The Liquidator**
12.30 AM **Storage Wars**
1.00 **Storage Wars Canada**
2.00 **Mountain Men**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **Search for the Lost Giants**
5.00 **to 6.00** AM **Alaska: Mysteries Unsolved**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Extreme Cheapskates**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Good Bones**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **Extreme Cheapskates**
6.00 **Good Bones**
7.00 **Say Yes... Lancashire**
8.00 **Celebrity IOU** With actor Rebel Wilson.
9.00 **Katie Price: My Crazy Life**
10.00 **Temptation Island USA** New edition It's disco night at the girls' villa.
11.00 **Heartbreak Island**
12.00 M'T **Sister Wives**
1.00 AM **Celebrity IOU**
2.00 **Temptation Island USA**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **The Yorkshire Vet**
7.00 **Secret Life of Lighthouses**
8.00 **Building Victorian Britain** How Britain was transformed during the Victorian era.
9.00 **Secret Scotland with Susan Calman** The role the Vikings played in Orcadian history.
10.00 **Princess Anne: The Daughter Who Should Be Queen**
11.30 **Secrets of the Royal Palaces** Sandringham.
12.30 AM **Ben Fogle: New Lives in the Wild**
3.25 **The Yorkshire Vet**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Jimmy Doherty's Dream Builds on Wheels**
8.00 **The Repair Shop**
9.00 **Combat Dealers**
10.00 **Chasing Classic Cars**
11.00 **Fantomworks**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **The Repair Shop**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Roswell: The Final Verdict** New edition
10.00 **Aliens In Alaska**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers: On the Road**
1.00 AM **Arctic Ice Railroad**
2.00 **World's Greatest Cars**
3.00 **Fantomworks**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
8.00 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Perfect Murder**
2.00 **Disappeared**
3.00 **Evil Online**
4.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr Pimple Popper: Pop Ups** Life-altering growths.
9.00 **Atlanta Justice** New edition
10.00 **Casey Anthony: Her Friends Speak** New edition
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Guardians of Rescue**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Gold Rush: White Water**
3.00 **Rise of the Machines**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** Richard and the Gas Monkeys battle numerous setbacks to finish their NASCAR tribute build.

9.00 Conspiracies Decoded

7.00 **Outback Truckers** Truck driving couple Ash Bryant and Darryl Armfield must shift 200 cattle over 500km of bush roads.
8.00 **Gold Rush** Rick calls in his secret weapon, and Fred's new alliance with the Claytons is tested when their cut is flooded.
9.00 **Conspiracies Decoded** New edition Experts reveal one of the world's largest active volcanos at Yellowstone National Park.
10.00 **Legendary Locations** New edition Exploring six awe-inspiring areas including the site of a Viking massacre in Ireland.
11.00 **Combat Dealers** Bruce visits a Cold War underground bunker.
12.00 M'T **Conspiracies Decoded**
1.00 AM **Legendary Locations**
2.00 **Moonshiners**
3.00 **Gold Rush**
4.00 **Gold Rush: White Water**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Dogs 101: Specials**
10.00 **Animal Precinct**
11.00 **Extinct or Alive**
12.00 NOON **Into the Shark Bite**
1.00 PM **Sharkwrecked: Crash Landing** Paul de Gelder and James Glancy bail out of an aircraft at 3,500ft.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **Bad Dog!**
5.00 **Animal Precinct**
6.00 **Alaska Monsters** A team go in search of cryptic creatures.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** A look at how a lizard can walk on water. **7.30** How a barn owl catches prey it cannot see.
8.00 **Restoration Wild** Jay is on a mission to transform an old tractor barn into a one-of-a-kind retreat overlooking a waterfall.
9.00 **Born Mucky: Life on the Farm** Rural crime hits Pete and Ally in Herefordshire as thieves strike before harvest.
10.00 **I Was Prey** Featuring the story of a man attacked by an alligator while checking crab pots in North Carolina.
11.00 **Treehouse Masters** Pete Nelson and his team build an Alpine-style treehouse.
12.00 M'T **In Search of Monsters**
1.00 AM **How Do Animals Do That?** Double bill of editions.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **to 5.00** AM **Bad Dog!**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Lost Treasures of Egypt**
9.00 **Lost Cities with Albert Lin**
10.00 **Ancient X Files**
11.00 **WWI Wrecks: Draining the Ocean** Wreckage of ships from the Battle of Jutland in 1916.
12.00 NOON **Nazi Death Camp: The Great Escape**
1.00 PM **World War II: The Apocalypse**
2.00 **Nazi Megastructures**
3.00 **Air Crash Investigation**
5.00 **To Catch a Smuggler**
6.00 **Car S.O.S** Tim and Fuzz try to restore a VW Wizard.

5.00 To Catch a Smuggler

7.00 **Car S.O.S** Restoring a Japanese super saloon for a man forced to give up driving when he was diagnosed with cancer.
8.00 **Supercars** A visit to the Porsche factory to see how the company's designers are reimagining the iconic 911 model.
9.00 **Car S.O.S** Tim and Fuzz take on a Fiat Uno Turbo belonging to former car salesman who has been struck down with ill health.
10.00 **Megafactories** How every Koenigsegg car is hand-built in a factory that looks more like an art studio than a production plant.
11.00 **Air Crash Investigation**
12.00 M'T **Alaska: The Next Generation** Kaleb and Brittany Rowland hunt big game.
1.00 AM **Ice Road Rescue: Highway Havoc!**
2.00 **Lawless Island**
3.00 **to 5.00** AM **Drain the Oceans**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **The UnXplained with William Shatner**
8.00 **Pawn Stars**
9.00 **American Pickers**
11.00 **Cities of the Underworld**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **The UnXplained with William Shatner**
6.00 **Pawn Stars** Shells from bullets fired during John Dillinger's last robbery. **6.30** A military ID signed by Marilyn Monroe.

9.00 Digging for Britain

7.00 **Forged in Fire Armed Forces Tournament** Top bladesmiths from each branch of the US military compete.
8.00 **Winston Churchill's War** A reflection on how Winston Churchill's – and Great Britain's – influence began to shrink.
9.00 **Digging for Britain** Professor Alice Roberts follows archaeologists as they unearth a chariot burial in East Yorkshire.
10.00 **Britain's Most Historic Towns** Professor Alice Roberts explores the history of Oxford during the Civil War.
11.00 **How Sex Changed the World** How sex defined America.
12.00 M'T **Secrets in the Ice**
1.00 AM **Winston Churchill's War**
2.00 **Forged in Fire Armed Forces Tournament** As 7.00pm.
3.00 **How Sex Changed the World**
4.00 **River Hunters**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Antiques Roadshow**
8.00 **Forbidden History**
9.00 **Abandoned Engineering**
11.00 **Himalaya with Michael Palin**
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Abandoned Engineering**
4.00 **The Buildings That Fought Hitler** The ring of steel and concrete around London.
5.00 **World War Weird**
6.00 **Great British Railway Journeys** A visit to Paignton. **6.30** How tourism has spread across Somerset.

6.00 Great British Railway...

7.00 **Himalaya with Michael Palin** The traveller moves on to Tibet, where he discovers an increasing Chinese influence.
8.00 **Great British Railway Journeys** A journey from Stirling to Pitlochry. **8.30** Michael Portillo travels to Edinburgh.
9.00 **Bangers and Cash** Derek picks up a pair of Swedish models – a Saab 96L and a Volvo P1800ES.
10.00 **Secrets of the Transport Museum** A father and son team get their vintage buses ready for the Brooklands bus show.
11.00 **Bangers and Cash** A customer considers buying a Morris Marina as a Christmas present for his wife.
12.00 M'T **Abandoned Engineering** Eerie ruins hiding in the forested hills of Arkansas.
1.00 **to 3.00** AM **Antiques Roadshow**

+1 hour 255 200 75

Friday

7 PM

8 PM

9 PM

10 PM

Disc. History

177 257

6.00 AM **Wings of War**
7.00 **Codes and Conspiracies**
8.00 **World War II: Witness to War**
9.00 **NASA's Unexplained...**
10.00 **Mighty Ships**
11.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the...**
5.00 **Devonport: Inside the Royal Navy**
6.00 **NASA's Unexplained...**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **UFOs: Lost Evidence**
10.00 **NASA's Unexplained...**
11.00 **Edge of War**
12.00 M'T **Combat Dealers**
2.00 AM **NASA's Unexplained Files**
3.00 **Edge of War**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Natural Curiosities**
9.30 **Frontier Borneo**
10.00 **The Life of Mammals**
11.00 **Earth: The Nature of Our Planet**
12.00 NOON **Nature's Wildest Weapons: Horns, Tusks and Antlers**
1.00 PM **Reindeer Family...**
2.00 **Natural Curiosities**
2.30 **Frontier Borneo**
3.00 **Mexico: Earth's Festival of Life**
5.00 **Earth: The Nature of...**
6.00 **Reindeer Family & Me**
7.00 **The Life of Mammals**
8.00 **Natural Curiosities**
8.30 **Frontier Borneo**
9.00 **Mexico: Earth's...**
10.00 **Reindeer Family & Me**
11.00 **Earth: The Nature of...**
12.00 M'T **Life of Mammals**
1.00 AM **Natural Curiosities**
1.30 **Frontier Borneo**
2.00 **Wild and Wonderful Denmark** Documentary.
3.00 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 849 264 265

8.00 AM **Cesar Millan: Better Human Better Dog**
9.00 **Yukon Vet**
10.00 **Exotic Animal ER**
11.00 **Bizarre Animal Friends**
12.00 NOON **Snakes in the...**
1.00 PM **Wonders of the Ocean** Double bill.
3.00 **Shark Beach with Chris Hemsworth**
4.00 **Raging Bull Shark**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Africa's Hunters**
8.00 **Snakes in the City: Simon Goes Wild**
9.00 **Snake Attack-Tics** A look at snakes, which tackle prey of nearly every size.
10.00 **Africa's Super Snake**
11.00 **Caught in the Act**
12.00 M'T **Swamp Men**
1.00 AM **Animals Gone Wild**
2.00 **Bizarre Animal Friends**
3.00 **Snakes in the City**
4.00 **to 5.00** AM **Wonders of the Ocean**

Sky History 2

163 163 840 272

8.00 AM **WW2 Treasure Hunters** An RAF Fairey Battle bomber plane.
9.00 **Unidentified: Inside America's UFO Investigation**
10.00 **The Colour of War**
11.00 **Dogfights**
12.00 NOON **Ancient Aliens**
2.00 PM **Lost Secrets of the Pyramid**
3.00 **Mythical Beasts**
4.00 **The Colour of War**
5.00 **Combat Machines**
6.00 **Deep Sea Detectives**
7.00 **Top Secret UFO Projects Declassified** The development of Project Blue Book.
8.00 **Lost Worlds**
10.00 **Kings of Pain**
11.00 **Ancient Aliens**
1.00 AM **Deep Sea Detectives**
2.00 **Lost Worlds**
3.00 **Kings of Pain**
4.00 **Lost Worlds**
5.00 **to 6.00** AM **Top Secret UFO Projects...**

PBS America

174 273 84 155

8.00 AM **Mystery of the...**
9.10 **Elizabeth I's Secret...**
10.25 **Rebellion: The Stuarts...**
11.50 **The Alaska Pipeline**
1.00 PM **Beautiful Serengeti**
1.35 **Eternal Pompeii**
2.40 **Mystery of the Celtic...**
3.50 **Elizabeth I's Secret Agents**
5.00 **Rebellion: The Stuarts in Exile**
6.15 **Eternal Pompeii**
7.30 **Mystery of the Celtic Tomb** Documentary.
8.35 **Elizabeth I's Secret Agents** Robert Cecil learns of a Catholic conspiracy to blow-up Parliament.
9.45 **Rebellion: The Stuarts in Exile**
11.00 **Eternal Pompeii**
12.10 AM **Mystery of the...**
1.20 **Elizabeth I's Secret...**
2.25 **Rebellion: The Stuarts...**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

166 166 839 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **Killer in Plain Sight**
12.00 NOON **Homicide Hunter**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** The Philpotts.
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Meet, Marry, Murder**
9.00 **Court Cam: Under Oath** New edition
10.00 **I Survived a Serial Killer** New editions
11.00 **Court Cam**
12.00 M'T **Snapped**
1.00 AM **I Survived a Serial...**
2.00 **Court Cam: Under...**
3.00 **Unusual Suspects**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **Snapped**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

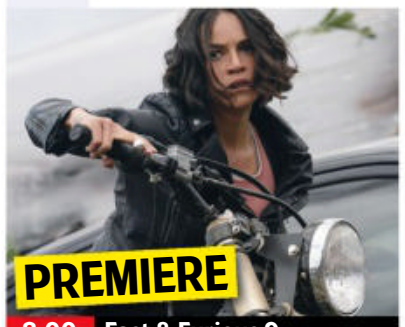
FRIDAY Films

Friday

Sky Cinema Premiere

301 301 848 401 501 515

6.45 AM **The World to Come** As shown at 2.25am.
8.35 **Old Henry** As 6.20pm.
10.15 **PREMIERE Fast & Furious 9** As shown at 8.00pm.
12.45 PM **Book of Love** As 10.30pm.
2.35 **Old** As shown at 12.30am.
4.30 **Pil's Adventures** Animation. (2021, U, 89min) ★★
6.20 **Old Henry** Western thriller starring Tim Blake Nelson, Scott Haze and Gavin Lewis. (2021, 15, 99min) ★★★★



8.00 Fast & Furious 9

8 PM **8.00** **PREMIERE Fast & Furious 9** Action sequel starring Vin Diesel, Michelle Rodriguez and John Cena. The crew must take on an international terrorist, who turns out to be Dom and Mia's estranged brother. (2021, 12, 143min) ★★★ *See review, page 22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM **10.30** **Book of Love** Romantic comedy with Sam Claflin and Veronica Echegui. (2022, 12, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

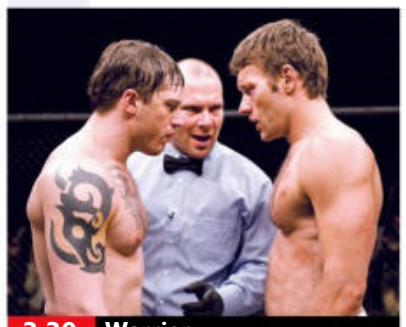
11 PM **12.30** AM **Old** M Night Shyamalan's horror starring Gael García Bernal, Vicky Krieps and Rufus Sewell. (2021, 15, 108min) ★★
2.25 **The World to Come** Romance starring Katherine Waterston and Vanessa Kirby. (2020, 15, 105min) ★★★★
4.15 **to 6.00** AM **Pil's Adventures**

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.40 AM **Warrior** As 3.30pm.
9.15 **Finding the Way Back**
11.15 **Where'd You Go, Bernadette** Comedy drama. (2019, 12, 109min) ★★★
1.20 PM **Charlie and the Chocolate Factory** Fantasy. (2005, PG, 115min) ★★★★
3.30 **Warrior** Action drama. (2011, 12, 139min) ★★★★
6.00 **The Three Musketeers** Rollicking costume adventure. (2011, 12, 110min) ★★★


3.30 Warrior

8.00 **The Matrix** Sci-fi thriller starring Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. A computer hacker learns that he is destined to save humanity from enslavement by a network of artificially intelligent computers. (1999, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Fast & Furious 7** Thriller sequel starring Vin Diesel. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. (2015, 12, 137min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Pain & Gain** Crime comedy. (2013, 15, 124min) ★★★
3.00 **Finding the Way Back** Sports drama starring Ben Affleck. (2020, 15, 108min) ★★★★
5.00 **to 7.00** AM **Where'd You Go, Bernadette** As 11.15am.

Sky Cinema Family

306 306 850 406 506 520

6.30 AM **Bandslam** As 10.10pm.
8.25 **Zathura: A Space Adventure** Fantasy. (2005, PG) ★★★★
10.10 **Scooby-Doo** (2002, PG) ★★★
11.40 **NEW Shrek the Musical**
1.50 PM **Alvin and the Chipmunks** Comedy. (2007, U) ★★★
3.25 **Alvin and the Chipmunks: The Squeakquel** (2009) ★★
5.00 **Space Jam: A New Legacy** Adventure. (2021, U) ★★★
7.00 **Alvin and the Chipmunks: Chipwrecked** (2011, U) ★★

5.00 Space Jam: A New Legacy

8.30 **Alvin and the Chipmunks: The Road Chip** Comedy sequel starring Jason Lee. The singing rodents travel across America to stop their human friend Dave from getting married. (2015, U, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Bandslam** Comedy drama starring Gaelan Alexander Connell and Alyson Michalka. A misfit gets asked by the most popular girl in school to manage her band. (2009, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Runaways** Family drama starring Mark Addy. (2019, 12, 113min) ★★★
2.15 **Pups Alone** Family comedy. (2021, PG, 107min) ★
4.15 **to 6.05** AM **A-X-L** Fantasy starring Alex Neustaedter. (2018, PG, 100min) ★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Speed 2: Cruise Control**
8.10 **Wrath of the Titans** Fantasy. (2012, 12, 99min) ★★
10.00 **Fury** World War Two drama. (2014, 15, 131min) ★★★
12.20 PM **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
2.10 **Transporter 2** As 12.40am.
3.45 **Speed 2: Cruise Control** Thriller sequel. (1997, PG) ★★
6.00 **Mortal Kombat** Adventure. (2021, 15, 110min) ★★

8.00 The Lord of the Rings

8.00 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure based on the novel by JRR Tolkien. In the realm of Middle Earth, a young hobbit sets off on a quest to destroy a magical ring before it can fall into the hands of the powers of chaos. Stars Elijah Wood, Ian McKellen and Viggo Mortensen. (2001, PG, 178min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Centurion** Historical thriller starring Michael Fassbender. (2009, 15, 91min) ★★★
12.40 AM **Transporter 2** Thriller sequel starring Jason Statham. (2005, 15, 88min) ★★★
2.10 **Riders of Justice** Danish action comedy drama starring Mads Mikkelsen. Subtitled. (2021, 15, 116min) ★★★★
4.10 **to 6.00** AM **The Rifleman** Latvian war drama. Subtitled. (2019, 15, 104min) ★★★

Sky Cinema Comedy

308 308 852 408 508 522

7.10 AM **Long Story Short**
8.50 **The King of Staten Island**
11.10 **Blithe Spirit** Comedy. (2020, 12, 95min) ★★★
12.55 PM **Just Go With It** (2011)
2.55 **Long Story Short** Comedy. (2021, 15, 90min) ★★★
4.35 **The Hangover Part III** Dark comedy sequel with Bradley Cooper. (2013, 15, 100min) ★★
6.20 **Alan Partridge: Alpha Papa** Comedy with Steve Coogan. (2013, 15, 86min) ★★★★

10.10 Just Go With It

8.00 **Bridesmaids** Comedy starring Kristen Wiig, Maya Rudolph and Rose Byrne. A single woman tries to compete with a rich rival after she is asked to be her childhood best friend's maid of honour. With Melissa McCarthy. (2011, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Just Go With It** Romantic comedy starring Adam Sandler and Jennifer Aniston. A plastic surgeon forces his assistant to pose as his wife and then begins to realise that he has genuine feelings for her. (2011, 12, 116min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Hangover Part III**
1.55 **Long Story Short** As 2.55pm.
3.35 **to 6.00** AM **The King of Staten Island** Comedy drama starring Pete Davidson. (2020, 15, 136min) ★★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.10 AM **The Ides of March** (2011)
7.55 **Ben-Hur** Spectacular epic. (1959, PG, 212min) ★★★★★
11.35 **Hondo** As shown at 1.15am.
1.05 PM **A Few Good Men** Drama. (1992, 15, 132min) ★★★★
3.25 **The Last Castle** Prison drama. (2001, 15, 131min) ★★★
5.40 **Shutter Island** Mystery thriller starring Leonardo DiCaprio. (2010, 15, 137min) ★★★★

8.00 **First Knight** Romantic drama starring Sean Connery, Richard Gere and Julia Ormond. Lady Guinevere finds her emotions torn between King Arthur and wandering knight Lancelot. (1995, PG, 134min) ★★
10.15 **Heat** Thriller starring Al Pacino and Robert De Niro. An LA police detective is determined to catch an elusive master criminal whose dedication to his profession matches his own. (1995, 15, 171min) ★★★★★

1.15 AM **Hondo** Western starring John Wayne and Geraldine Page. (1953, PG, 84min) ★★★
2.50 **The Last Castle** As 3.25pm.
5.15 **to 7.10** AM **The Ides of March** Political thriller directed by and starring George Clooney. (2011, 15, 100min) ★★★★

Sky Cinema Animation

305 305 412 500 514

7.00 AM **Spark** As 9.30pm.
8.45 **Bon Voyage, Charlie Brown** Animation. (1980, U, 70min) ★★
10.15 **The Adventures of Tom Thumb and Thumbelina** (2002, U) ★★
11.45 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 89min) ★★★
1.30 PM **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★

3.20 **The Croods** Animated comedy. (2013, U, 98min) ★★★★
5.00 **The Croods 2: A New Age** Animated comedy sequel. (2020, U, 95min) ★★★★
6.40 **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★
8.10 **Valiant** Animated comedy. (2005, U, 76min) ★★★
9.30 **Spark** Animated adventure. (2016, PG, 91min) ★★
11.05 **Two Tails** Animated adventure. (2018, U, 75min) ★

12.25 AM **Captain Sabertooth** Animation. (2019, U) ★★
1.55 **Boonie Bears: The Big Shrink** Animation. (2018, U, 90min) ★★
3.30 **Molly Monster** Animated family adventure. (2016, U, 72min) ★★
5.00 **to 6.20** AM **Sheep & Wolves: Pig Deal** (2018, PG) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **The China Syndrome** Thriller. (1979, PG, 122min) ★★★★
9.45 **Murder at the Gallop** Mystery. (1963, b/w, U, 81min) ★★★
11.30 **Billy Two Hats** Western. (1973, 15, 99min) ★★★
1.30 PM **The VIPs** Melodrama. (1963, PG, 117min) ★★★
4.00 **Easter Parade** Musical. (1948, U, 99min) ★★★★★

6.10 **The Fastest Gun Alive** Western starring Glenn Ford and Jeanne Crain. (1956, b/w, U, 85min) ★★
8.00 **Ocean's Eleven** Caper thriller with George Clooney, Brad Pitt and Julia Roberts. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
10.20 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine. (1987, 15, 115min) ★★★★★

12.45 AM **The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★
3.05 **Off Set** With Michael Caine.
3.30 **Close Up** Triple bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **The Man Who Changed His Name** (1934, b/w, PG) ★★
7.35 **Tiger by the Tail** Thriller. (1955, b/w, PG, 83min) ★★
9.15 **My Teenage Daughter** Drama. (1956, b/w, PG, 100min) ★★
11.20 **Foul Play** (1978, PG) ★★
1.40 PM **Dance Little Lady** Drama. (1954, PG, 87min) ★★
3.25 **Dangerous Crossing** Thriller. (1953, b/w, 15, 76min) ★★

5.00 **Upstairs, Downstairs** (S5)
6.00 **Portrush in 1959**
6.20 **Daleks: Invasion Earth 2150 AD** Spin-off from *Doctor Who*. (1966, U, 80min) ★★
8.00 **The Outer Limits** (S1)
9.00 **Cellar Club with Caroline Munro**
9.05 **Count Yorga, Vampire** Horror with Robert Quarry and Michael Murphy. (1970, 15, 91min) ★★★
11.00 **Cellar Club with Caroline Munro**
11.05 **Tales of Terror** Director Roger Corman's horror compendium. (1962, 15, 85min) ★★★

12.50 AM **Cellar Club with Caroline...**
12.55 **Bluebeard** Horror thriller. (1944, b/w, PG, 73min) ★★
2.20 **Cellar Club with Caroline Munro**
2.25 **Captain Apache** Revenge Western. (1971, 12, 94min) ★★
4.15 **to 6.00** AM **Too Young to Love** Drama. (1960, b/w, 12) ★★

Horror

317 149 69 138

8.00 AM **First Wave** 5/22. (S1)
9.00 **Battlestar Galactica** 4/24. (S1)
10.00 **The Prisoner** 1/17. (S1)
11.00 **Mega Piranha** Creature feature. (2010, 15, 89min) ★★
1.00 PM **Megalodon** Giant shark thriller. (2018, 15, 105min) ★
3.00 **Andromeda** 10/22. (S5)
4.00 **Sleeping Beauty** Fantasy adventure. (2014, 15, 79min) ★
6.00 **The Prisoner** 2/17. (S1)

7.00 **Battlestar Galactica** *Lost Planet of the Gods – Part Two:* 5/24. The fleet discover a planet long thought to be mythical. (S1)
8.00 **Star Trek** *A Private Little War:* 19/26. Kirk encounters a group of Klingons. (S2)
9.00 **Don't Hang Up** Horror starring Gregg Sulkin. An evening of drunken prank calls becomes a nightmare for two teenagers when a mysterious stranger turns their own game against them. (2016, 15, 83min) ★★

10.35 **A Good Woman Is Hard to Find** Thriller. (2019, 18) ★★★★
12.30 AM **The Innkeepers** Thriller. (2011, 15, 101min) ★★★
2.30 **to 4.30** AM **The Final Girls** Comedy horror. (2015, 15) ★★

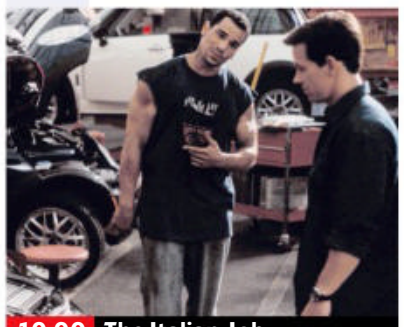
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.40 AM **Collide** (2016, 12) ★★★
8.20 **Locke** Psychological thriller. (2013, 15, 83min) ★★★★
9.50 **Pixie** Crime comedy. (2020, 15, 93min) ★★★★
11.35 **One Shot** Action thriller. (2021, 15, 96min) ★★
1.20 PM **Tenet** Action thriller. (2020, 12, 150min) ★★★★★
3.50 **3 Days to Kill** Action thriller. (2014, 12, 117min) ★★★
6.00 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★


10.00 The Italian Job

8.20 **The Birthday Cake** Thriller starring Shiloh Fernandez. On the 10th anniversary of his father's death, a man accepts the task of bringing a cake to the home of his uncle – a mob boss. (2021, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

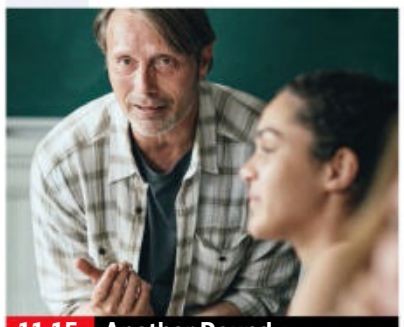
10.00 **The Italian Job** Crime thriller remake starring Mark Wahlberg. (2003, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Carlito's Way** Brian De Palma's crime thriller starring Al Pacino and Sean Penn. (1993, 18, 145min) ★★★★
2.20 AM **Killer Joe** Crime thriller with Matthew McConaughey, Emile Hirsch and Juno Temple. (2011, 18, 98min) ★★★★
4.05 **to 6.00** AM **Promising Young Woman** Crime thriller starring Carey Mulligan, Bo Burnham and Alison Brie. (2020, 15, 113min) ★★★★

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **The Man Inside** As 3am.
7.45 **Land** As shown at 4.50am.
9.30 **Daniel** Danish drama. (2019, 15, 138min) ★★★★
11.55 **The Colour Room** Drama. (2021, PG, 109min) ★★★★
1.55 PM **Military Wives** Comedy drama with Sharon Horgan. (2019, 12, 112min) ★★★★
3.50 **The Founder** Drama. (2016, 12, 115min) ★★★★
5.50 **The Bodyguard** Thriller. (1992, 15, 129min) ★★★


11.15 Another Round

8.00 **Titanic** Oscar-winning blockbuster starring Kate Winslet and Leonardo DiCaprio. A poor young artist and the rebellious daughter of a wealthy family meet and fall in love on board the doomed ocean liner as it makes its fateful maiden voyage. (1997, 12, 195min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Another Round** Danish comedy drama starring Mads Mikkelsen. Subtitled. (2020, 12, 117min) ★★★
1.15 AM **Rare Beasts** Romantic comedy drama directed by and starring Billie Piper. (2020, 15, 87min) ★★★★
3.00 **The Man Inside** Crime drama with Ashley Bashy Thomas. (2012, 15, 95min) ★★
4.50 **to 6.25** AM **Land** Drama. (2021, 12, 89min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **The Core** Sci-fi action thriller. (2002, 12, 135min) ★
8.15 **District 9** Satirical sci-fi thriller. (2009, 15, 112min) ★★★★
10.10 **Candyman** As 6.15pm.
11.55 **Godzilla** Thriller remake. (1998, PG, 139min) ★★★
2.15 PM **The Colony** Sci-fi thriller. (2021, 15, 104min) ★★★
4.05 **The Host** Romantic thriller. (2013, 12, 127min) ★★★
6.15 **Candyman** Horror chiller. (1992, 18, 97min) ★★★★

8.00 Godzilla vs Kong

8.00 **Godzilla vs Kong** Sci-fi action adventure starring Alexander Skarsgård. King Kong and his protectors undertake a perilous journey to find his true home, but find themselves in the path of Godzilla. (2021, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Minority Report** Steven Spielberg's sci-fi thriller starring Tom Cruise, Colin Farrell and Max von Sydow. (2002, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Terminator 3: Rise of the Machines** Sci-fi action thriller sequel starring Arnold Schwarzenegger. (2003, 12, 109min) ★★★
2.30 **Tremors: Shrieker Island** Action comedy with Michael Gross. (2019, 15, 103min) ★★
4.25 **to 6.00** AM **Willy's Wonderland** Horror comedy. (2021, 15, 88min) ★★★★

Sky Cinema Women in Film

302 302 856 402 502 516

7.20 AM **Gunpowder Milkshake**
9.20 **Summerland** Romance. (2020, 12, 99min) ★★★
11.05 **Miss Juneteenth** Drama. (2020, 15, 99min) ★★★
12.55 PM **Clueless** Teen comedy. (1995, 12, 97min) ★★★★
2.35 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
4.15 **Resident Evil: Afterlife** Sci-fi thriller. (2010, 15, 96min) ★★★
6.00 **Gunpowder Milkshake** Thriller. (2021, 15, 114min) ★★★

10.05 Fanny Lye Deliver'd

8.00 **Mad Max: Fury Road** Sci-fi action thriller starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. With Nicholas Hoult. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Fanny Lye Deliver'd** Drama starring Maxine Peake. On an isolated Shropshire farm in 1657, an unhappily married woman discovers a new world of possibility. (2019, 18, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Resident Evil: Retribution** Thriller sequel. (2012, 15, 92min) ★★★
1.40 AM **The United States vs. Billie Holiday** Biopic. (2021, 15, 130min) ★★★
3.55 **Sky Cinema Preview**
4.50 **to 7.00** AM **Mad Max: Fury Road** As shown at 8.00pm.

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Court Martial of Billy Mitchell** Legal drama. (1955, U, 100min) ★★★
1.10 PM **Santa Fe Passage** Western. (1955, U) ★★★
3.00 **The Tall T** Western adventure. (1957, PG, 78min) ★★
4.35 **Carry On Nurse** Comedy. (1959, b/w, PG, 85min) ★★★
6.20 **The Hunger Games: Mockingjay – Part 2** Sci-fi sequel. (2015, 12) ★★★★

9.00 RED

8 PM **The Hunger Games: Mockingjay – Part 2** (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **RED** Action comedy thriller starring Bruce Willis, Morgan Freeman, John Malkovich and Helen Mirren. A retired CIA agent re-assembles his team to find out why he is being targeted for assassination. (2010, 12, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.15** **The Cabin in the Woods** Offbeat horror thriller starring Kristen Connolly. Five friends go through a horrifying ordeal when they go to an isolated cabin for the weekend. (2011, 15, 91min) ★★★★
1.05 **to 3.30** AM **Shot Caller** Crime drama starring Jon Bernthal and Lake Bell. (2017, 15, 121min) ★★★

11 PM

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Who Was That Lady** Comedy. (1960, U, 109min) ★★
8.15 **The Swimmer** Offbeat drama. (1967, PG, 94min) ★★★★★
10.05 **The First Rebel** (1939) ★★★
11.30 **The Big Steal** Chase thriller. (1949, b/w, PG, 72min) ★★★
1.00 PM **Sirocco** Romantic thriller. (1951, b/w, PG, 98min) ★★
3.05 **They Won't Believe Me** Thriller. (1947, b/w, PG, 95min) ★★★

5.00 **Every Time We Say Goodbye** Romantic drama starring Tom Hanks and Cristina Marsillach. (1986, 15, 98min) ★★
6.55 **84 Charing Cross Road** Bitter-sweet drama with Anne Bancroft and Anthony Hopkins. (1986, U, 97min) ★★★★
9.00 **The Odessa File** Suspense thriller starring Jon Voight, Maximilian Schell and Maria Schell. (1974, PG, 129min) ★★★
11.35 **Massacre in Rome** War drama. (1973, 15, 103min) ★★

1.40 AM **Suicide Battalion** Drama. (1958, b/w, U, 79min) ★★
3.20 **Operation Dames** War drama. (1959, b/w, PG, 74min) ★★
4.35 **to 6.00** AM **Candlelight in Algeria** (1943, b/w, PG) ★★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Guilty Until Proven Innocent: Garage Sale Mystery** Drama. (2016, PG, 90min) ★★
11.00 **Look Again** (2011, PG) ★★
1.00 PM **The Novel Murders: Garage Sale Mystery** Crime drama. (2016, PG, 84min) ★★
2.50 **Hunt for Truth** Crime thriller. (2016, PG, 94min) ★★
4.40 **Cat Ballou** Spoof Western. (1965, PG, 96min) ★★★★

6.40 **Battle: Los Angeles** Epic sci-fi adventure starring Aaron Eckhart and Michelle Rodriguez. A group of marines set out to defend LA from invading aliens. With Bridget Moynahan. (2011, 12, 116min) ★★★
9.00 **Inferno** Thriller starring Tom Hanks and Felicity Jones. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions. With Irrfan Khan. (2016, 12, 121min) ★★★

11.25 **The Bank Job** Crime thriller. (2008, 15, 107min) ★★★
1.40 AM **Transsiberian** Thriller. (2008, 15, 106min) ★★★
3.55 **to 6.00** AM **Bridge to Terabithia** Fantasy. (2007, PG) ★★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Battle of Rogue River** Western. (1954, PG, 85min) ★★
7.25 **The Key** (1958, b/w, 12) ★★★
9.50 **Sahara** World War Two drama. (1943, b/w, PG, 97min) ★★★
11.55 **Cowboys & Indians** Western. (2011, 12, 86min) ★★
1.45 PM **Man in the Saddle** Western. (1951, PG, 87min) ★★★
3.35 **Suicide Mission** Wartime drama. (1956, U, 69min) ★★

5.05 **Tank Force** Wartime action adventure with Victor Mature. (1958, PG, 102min) ★★★
6.55 **6 Below: Miracle on the Mountain** Fact-based adventure starring Josh Hartnett, Mira Sorvino and Sarah Dumont. (2016, 12, 98min) ★★★
9.00 **PREMIERE** **Inherit the Viper** Drama with Josh Hartnett and Bruce Dern. A drug dealer's dark family legacy catches up with him when a deal goes fatally wrong. (2019, 15, 90min) ★★

10.55 **10 Minutes Gone** Action mystery. (2019, 15, 89min) ★
12.45 AM **Redline** Action thriller. (2007, 12, 89min) ★
2.35 **to 4.00** AM **Hijacked** Thriller. (2017, 15, 88min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Ruby Herring Mysteries: Prediction Murder** As 7pm.
9.00 **Romance in the Air** As 9pm.
11.00 **Chronicle Mysteries** As 11pm.
1.00 PM **Exit Stage Death: Picture Perfect Mysteries** As 1am.
3.00 **The Dating List** Romantic comedy. (2019, PG, 90min) ★★
5.00 **A Picture Perfect Wedding** Romance with Merritt Patterson. (2021, PG, 90min) ★★

7.00 **Ruby Herring Mysteries: Prediction Murder** Drama starring Taylor Cole. Reporter Ruby Herring joins forces with a detective to investigate a murder case involving a local psychic. (2020, PG, 89min) ★★
9.00 **Romance in the Air** Drama starring Cindy Busby. A woman is reunited with her childhood friend and finds that the draw of her past might direct her future to a happiness she has been missing. (2020, PG, 90min) ★★

11.00 **Chronicle Mysteries** *Recovered:* Drama starring Alison Sweeney.
1.00 AM **Exit Stage Death: Picture Perfect Mysteries** Crime drama. (2020, PG, 90min) ★★
3.00 **to 5.00** AM **The Dating List**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

The Adam Project *Netflix* Family sci-fi adventure starring Ryan Reynolds, Mark Ruffalo and Jennifer Garner. ★★★
Turning Red *Disney+* Animated comedy. ★★★
8.00 PM **Knight and Day** *E4* Comedy thriller starring Tom Cruise and Cameron Diaz. ★★★
9.00 **22 Jump Street** *ITV2* Crime comedy starring Jonah Hill and Channing Tatum. ★★★
9.00 **The Bourne Legacy** *ITV4* Spy thriller sequel starring Jeremy Renner and Rachel Weisz. ★★★
9.00 **London Has Fallen** *5STAR* Action thriller with Gerard Butler and Morgan Freeman. ★★
10.00 **The Big Sick** *BBC3* Romantic comedy starring Kumail Nanjiani and Zoe Kazan. ★★★★
10.00 **Guardian** *Syfy* Horror thriller. ★
10.45 **Rocky IV** *ITV* Boxing drama starring Sylvester Stallone. ★★
11.00 **Final Destination 5** *5STAR* Horror thriller sequel starring Nicholas D'Agosto. ★★★
12.05 AM **The Witches of Eastwick** *BBC1 (Not Scot)* Offbeat comedy fantasy starring Jack Nicholson. ★★★★

Friday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM LIVE **ICC Women's World Cup Pakistan v South Africa.** Coverage of the group match that is taking plave at Bay Oval in Mount Maunganui, New Zealand.
6.50 LIVE **Formula 1** Coverage of session one on day two of the first pre-season testing in Bahrain.
11.00 **The Football Show**
11.30 LIVE **The Players Championship** Coverage of the second day's play of the tournament, taking place at TPC Sawgrass in Ponte Vedra Beach.
7.30 PM LIVE **EFL West Bromwich Albion v Huddersfield Town.** Coverage of the Championship match taking place at The Hawthorns. Kick-off **8.00pm**.
10.00 LIVE **The Players Championship** Coverage of the second day's play of the tournament, taking place at TPC Sawgrass in Ponte Vedra Beach.
11.00 **Sky Sports News**
12.30 **to 8.05** AM LIVE **ICC Women's World Cup West Indies v India.** Coverage of the group match staged at Seddon Park in Hamilton, New Zealand.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
6.30 **Premier League**
10.00 **The Football Show**
12.00 NOON **WSL** Highlights of West Ham United v Chelsea.
12.30 PM **Premier League**
2.15 **Premier League**
4.00 **Best PL Goals 13/14**
5.00 **PL 100 Club: England's Finest**
5.30 **Premier League 100 Club**
6.00 **Premier League Matchpack**
6.30 **WSL** Highlights of West Ham United v Chelsea.
7.00 **Premier League Preview**
7.30 **Premier League Matchpack**
8.00 **WSL** Highlights of West Ham United v Chelsea.
8.30 **Gary Neville's Soccerbox**
9.00 **Premier League Preview**
9.30 **Premier League Matchpack**
10.00 **WSL** West Ham United v Chelsea.
10.30 **PL Retro** Manchester United v Arsenal from 2003.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 14/15**
5.00 **Best PL Goals: Man United v Everton**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **Greatest Games**
8.30 **Edinburgh Derby Best Goals**
9.00 **Bundesliga Weekly**
9.30 **EFL Highlights**
10.30 **Edinburgh Derby Best Goals**
11.00 **EFL Cup Retro 12**
1.45 PM **Retro C'Ship 10**
4.15 **EFL Trophy Football**
4.45 **EFL Trophy Football**
5.15 **Greatest Games**
6.00 **Bundesliga Weekly**
6.30 **EFL Highlights**
7.30 LIVE **EFL West Bromwich Albion v Huddersfield Town.** Coverage of the Championship match taking place at The Hawthorns. Kick-off **8.00pm**.
10.45 **SPFL Round-Up**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro 20**
2.00 AM **Championship Season Review 2019/2020**
3.00 **EFL Play-Off Final: C'Ship 2020/2021**
4.00 **EFL Play-Off Final: League 1 2020/2021**
5.00 **to 6.00** AM **EFL Play-Off Final: League 2 2020/2021**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM LIVE **ICC Women's World Cup Pakistan v South Africa.** Coverage of the group match taking place at Bay Oval in Mount Maunganui, New Zealand.
8.05 **ICC Women's World Cup** Highlights of New Zealand v India.
9.00 **Great Women: Stars of ODI Cricket** A look at some of the leading players in the game.
10.00 **Women's World T20 Classics**
10.45 **My Icon** Ebony Rainford-Brent.
11.00 **ICC Women's World Cup** Highlights of New Zealand v India.
12.00 NOON **Great Women: Stars of ODI Cricket** A look at some of the leading players in the game.
1.00 PM **ICC Women's World Cup**
9.00 **Great Women: Stars of ODI Cricket** A look at the leading players in the one-day game.
10.00 **Women's World T20 Classics**
10.30 **ICC Women's World Cup** Highlights of West Indies v England.
11.30 **ICC Women's World Cup** Action from Pakistan v South Africa.
12.30 **to 8.05** AM LIVE **ICC Women's World Cup West Indies v India.** Coverage of the group match staged at Seddon Park in Hamilton, New Zealand.

Sky Sports The Players

405 405 863 | 515 505 | 424 444

6.00 AM **The Players Championship**
7.00 **Best of the Sky Zone – The Players** Highlights from the Players Championship.
7.30 **The Players Championship**
8.30 **Golf Academy**
9.00 **The Players Championship**
10.00 **Golf Academy**
10.30 **The Players Championship**
11.30 LIVE **The Players Championship** Coverage of the second round of the tournament from TPC Sawgrass in Ponte Vedra Beach, Florida.
11.00 PM **The Players Championship Official Film** The story of the 2021 Championship, which returned to the PGA Tour after the cancellation in 2020.
12.00 M'T **The Players Championship Official Film** Following Sandy Lyle's final round in 1987.
2.00 AM **The Players Championship** Highlights from the second day of the tournament from TPC Sawgrass.
3.00 **The Players Championship Official Film** The story of the 2013 tournament at TPC Sawgrass in Ponte Vedra Beach.
4.00 **The Players Championship**
5.00 **to 6.00** AM **Golf Academy**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **A-League Highlights**
7.00 **Test Cricket Highlights**
8.00 **MotoGP Rewind**
8.15 **Premier League Match Pack**
8.45 LIVE **Isuzu UTE A-League Adelaide United v Newcastle Jets.** Coverage of the Australian top-flight match held at Coopers Stadium. Kick-off **8.45am**.
10.45 **ESPN FC** Football news.
11.15 **Classic MOTD**
11.30 **Ligue 1 Show**
12.00 **Premier League Match Pack**
12.30 PM **Test Cricket Highlights**
1.30 LIVE **Test Cricket West Indies v England.** Coverage of day four of the first Test in the three-match series staged at Sir Vivian Richards Stadium, North Sound.
10.00 **Rugby Stories**
10.30 **UEFA Champions League Magazine** News and action.
11.00 **WWE NXT Highlights**
12.00 M'T **WWE SmackDown**
1.00 AM LIVE **WWE Friday Night SmackDown** US wrestling.
3.00 **Premier League Preview**
3.30 **Inside Serie A**
4.00 **UFC Fight Camp**
4.30 **UFC Unleashed**
5.30 **to 6.00** AM **Classic MOTD**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Ligue 1 Show**
6.30 **Classic Lique 1**
7.00 **WWE Raw Highlights**
8.00 **WWE NXT Highlights**
9.00 **Serie A – Full Impact**
9.30 **FIM Enduro Pale**
10.30 **FIM SuperEnduro World Championship**
11.00 **MotoGP** Highlights from the 2022 Grand Prix of Qatar.
12.00 NOON **Badminton Unlimited**
12.30 PM **Serie A – Full Impact**
1.00 **The Football's On**
2.00 **ESPN FC** Football news.
2.30 **Ligue 1 Show**
3.00 **WWE NXT** Wrestling.
4.45 **MotoGP Rewind** The opening round of the season in Qatar.
5.00 **Isuzu UTE A-League** Adelaide United v Newcastle Jets.
6.00 **Premier League Preview**
6.30 **Scottish Football Extra** A look at the key issues and talking points in Scottish football.
7.00 LIVE **BT Sport Fight Night** Coverage of a top bout.
12.00 M'T LIVE **College Basketball** Coverage of two matches from the Big 12 tournament.
4.30 AM **Scottish Football Extra**
5.00 **to 6.00** AM **MotoGP Highlights**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **UEFA Europa League**
9.30 **UEFA Europa Conference League** The latest action.
10.30 **UEFA Europa League Highlights Show**
11.30 **UEFA Champions League Tonight** The latest action.
12.30 PM **UEFA Champions League – Stories of the Finals**
1.00 **UEFA Europa League**
4.30 **UEFA Europa Conference League** The latest action.
5.30 **UEFA Europa League Highlights Show**
6.30 **BT Sport Reload**
6.45 **Ligue 1 Show**
7.15 **Inside Serie A**
7.45 LIVE **Ligue 1** Football action from France's top division.
10.00 **WWE NXT UK**
11.00 **Premier League Preview**
11.30 **Scottish Football Extra**
12.00 M'T **UFC Unleashed**
1.00 AM **Ligue 1** Action from a French top-flight match.
2.00 **Isuzu UTE A-League**
3.00 **UEFA Champions League Tonight** The latest action.
4.00 **UEFA Europa League Highlights Show**
5.00 **to 6.00** AM **Ligue 1**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights**
8.00 **Premier League Darts**
11.30 **NFL Bitesize Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **Top Rank Boxing Archive** Action from Davey Moore v Roberto Duran in 1983.
3.45 **Top Rank Boxing Archive** Action from Erik Morales v Marco Barrera in 2000.
5.00 **NBC's Pro-Football Talk** With Mike Florio and Chris Simms.
7.00 LIVE **British Basketball Newcastle Eagles v Manchester Giants.** Coverage of the match taking place at SGS College Arena. Tip-off **7.30pm**.
9.30 **High Tops** Vince Carter's plays.
10.00 **Top Rank Boxing Archive** Action from Davey Moore v Roberto Duran 1in 983.
10.45 **Top Rank Boxing Archive** Action from Erik Morales v Marco Barrera in 2000.
12.00 M'T **Total Access**
1.00 AM **Premier League Darts** The fifth night of the tournament from the Brighton Centre.
4.30 **Darts Gold**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Fighting Fit 2020**
6.30 **Fit In 5**
6.50 LIVE **Formula 1** Coverage of session one on day two of the first pre-season testing in Bahrain.
11.10 **NBA Heatcheck**
11.40 **My Icon**
11.50 LIVE **Formula 1** Coverage of session two on day two of the first pre-season testing in Bahrain.
3.10 PM **Fit In 5**
3.30 **Fighting Fit 2020**
4.00 **NBA Heatcheck**
4.30 **NBA Action**
5.00 **NBA Basketball**
7.00 LIVE **British Basketball Newcastle Eagles v Manchester Giants.** Coverage of the match from SGS College Arena. Tip-off **7.30pm**.
9.30 **NBA Heatcheck**
10.00 **NBA Basketball**
12.00 M'T **NFL Highlights**
1.00 AM **Premier League Darts** Night five from Brighton.
4.30 **My Icon**
4.50 AM **to 12.30** PM LIVE **Test Cricket Pakistan v Australia.** Coverage of the opening day's play of the second Test in the three-match series.

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **ESPN SportsCenter**
8.00 **ESPN FC** Football news.
8.30 **College Basketball** Two matches in the Big 12 Tournament.
12.00 NOON **ESPN FC** Football news.
12.30 PM **ESPN SportsCenter**
12.45 **Around the Horn**
1.15 **College Basketball** Two matches in the ACC Tournament.
4.45 **ESPN SportsCenter**
5.00 LIVE **College Basketball** Two matches in the SEC Tournament.
9.30 **NHRA Drag Racing**
10.30 **UFC Fight Night**
11.00 **Around the Horn**
11.30 **Pardon the Interruption**
12.00 M'T LIVE **College Basketball** Coverage of two matches from the ACC Tournament.
4.30 AM **Pardon the Interruption**
5.00 **to 6.00** AM **WRC Review**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Olympics: Hall of Fame**
7.00 **Cycling: Tirreno-Adriatico**
8.00 **Cycling: Paris-Nice**
9.00 **Biathlon**
10.00 **Alpine Skiing**
11.00 LIVE **Cross-Country Skiing** Coverage from Falun in Sweden.
1.00 PM **Cycling: Paris-Nice**
1.15 LIVE **Cycling: Paris-Nice** Coverage of stage six.
3.00 LIVE **Cycling: Tirreno-Adriatico** Coverage of stage five.
4.20 **Alpine Skiing**
5.00 LIVE **Alpine Skiing** World Cup coverage from Are in Sweden.
6.00 **Biathlon**
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Tirreno-Adriatico**
10.00 **Alpine Skiing**
11.00 **Biathlon**
12.00 M'T **Cycling: Paris-Nice**
1.00 AM **Cycling: Tirreno-Adriatico**
2.00 **Alpine Skiing**
4.00 **to 6.55** AM **Snooker: Turkish Masters**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Snooker: Turkish Masters**
8.00 LIVE **Snooker: Turkish Masters** Coverage of the morning session on day five.
11.00 **Motocross World Championship** From Italy.
11.30 **Sports Spotlight**
12.30 PM **Snowboarding**
12.45 **Alpine Skiing**
1.45 LIVE **Alpine Skiing** The World Cup meeting from Are, Sweden.
3.00 **Biathlon** Action from Estonia.
5.00 **Snooker: Turkish Masters**
6.00 LIVE **Snooker: Turkish Masters** The concluding quarter-finals from Antalya.
8.10 **Snooker: Turkish Masters**
10.00 **Cycling: Paris-Nice**
11.00 **Motocross World Championship** From Italy.
12.00 M'T **Alpine Skiing** From Sweden.
1.00 AM **Biathlon** From Estonia.
2.00 **Snooker: Turkish Masters**
4.00 **Cycling: Tirreno-Adriatico**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.30 AM **NBA Action**
7.00 **Super League Highlights**
7.30 **Super League's Supermen**
8.30 **Super League Highlights**
9.00 LIVE **NRL Brisbane Broncos v South Sydney Rabbitohs.** At Suncorp Stadium. Kick-off **9.05am**.
11.00 **NRL Try Time**
12.00 NOON **Super League Highlights**
12.30 PM **Top Rank Boxing Archive**
1.30 **Premier League Darts**
5.00 **NBA Basketball**
7.00 **Super League Highlights**
7.30 LIVE **Super League St Helens v Warrington Wolves.** Coverage of the match at the Totally Wicked Stadium. Kick-off is at **8.00pm**.
10.15 **Super League Highlights**
10.30 **NBA Basketball**
12.30 AM **Super League Highlights**
1.00 **NBA Basketball**
3.00 **Super League Highlights**
3.30 **NBA Basketball**
5.30 **to 6.00** AM **Super League Highlights**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Highlights**
6.50 LIVE **F1** Testing from Bahrain.
11.10 **F1: The Championship Begins**
11.40 **Danica Patrick Hot Laps**
11.50 LIVE **F1** Testing from Bahrain.
3.10 PM **The Story of 1981**
3.20 **Mechanics Challenge**
3.30 **Formula 1**
5.45 **Schumacher Drives The Jordan**
6.00 **Sir Frank: 50 Years In F1**
7.00 **The Notebook**
7.30 **Lando Norris and his Engineers**
7.40 **Data in F1**
7.45 **Story of Ferrari Shark Nose**
7.55 **Qatar Hot Lap**
8.00 **Classic British GP's**
8.45 **Murray Walker Remembered**
8.55 **Data in F1**
9.00 **The Notebook**
9.30 **Lando Norris and his Engineers**
9.40 **Abu Dhabi Hot Lap**
9.45 **Red Bull Junior Race**
10.00 **Formula 1**
11.00 **The Notebook**
12.00 M'T **to 6.00** AM **Highlights**

SKY HD SD | VIRGIN HD | BT HD

Kids' Weekly TV Guide

5-11 March

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBBC

607 607 643 | 701 | 201 204 | 607 | 600

SATURDAY **7.00am** Shaun the Sheep **7.05** Danger Mouse **7.30** Boy Girl Dog Cat Mouse Cheese **7.40** Newsround: Current affairs reports aimed at a younger audience. **7.50** Odd Squad **8.05** Dennis & Gnasher Unleashed! **8.15** Pokemon: Diamond & Pearl New episode Popular Japanese animation. **9.00** Saturday Mash-Up! New episode **11.30** Blue Peter: Book Awards 2022! **12.00noon** Dennis & Gnasher Unleashed! **12.35pm** Boy Girl Dog Cat Mouse Cheese **1.10** Danger Mouse **1.45** Mimi and Co **1.55** Horrible Histories: Gruesome events and characters from the past. **2.20** So Awkward **2.50** All at Sea **3.20** Princess Mirror-Belle **3.40** Odd Squad **4.05** Ninja Express **4.30** Danger Mouse **4.50** Little Big Awesome **5.15** Summer Camp Island **5.25-7.00pm** FILM Horrible Histories: The Movie – Rotten Romans: Family comedy starring Sebastian Croft, Nick Frost and Craig Roberts.

SUNDAY As Saturday except: **7.05-7.10am** Sketchy Comedy **8.00** Dennis & Gnasher Unleashed! **8.30** The Dengineers New episode A team of expert designers constructs dream dens for lucky youngsters. **9.00** Blue Peter: Book Awards 2022! **9.30** The Ultimate Playlist New episode **9.55** FILM Horrible Histories: The Movie – Rotten Romans **11.25** Danger Mouse **12.10pm** Shaun the Sheep **12.20** Deadly 60 **1.15** Horrible Histories **2.45** The Dengineers **3.40** Operation Ouch! **4.40** Malory Towers **5.05** NEW Silverpoint **5.30** Dodger New episode **6.15** Horrible Histories **6.45-7.00pm** B.O.B's Big Break

MONDAY **7.00am** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** Newsround **7.55** Ninja Express New episode **8.10** Odd Squad: Specialist agents solve strange events using skills in mathematics. **8.25** Horrible Histories **8.50** Hey You What If? **9.00** Bitesize Daily New episode **9.20** Deadly 60 **9.50** Out of This World **10.00** Ricky Wilson's Art Jam **10.15** Our Black History Heroes **10.20** Nine Minute Ninja **10.25** Horrible Histories **10.55** Operation Ouch! **11.25** The Deep **11.45** Shaun the Sheep: Fun with Wallace and Gromit's friend. **11.50** Danger Mouse **12.15pm** Boy Girl Dog Cat Mouse Cheese **12.40** Dennis & Gnasher Unleashed! **1.05** Mustangs FC **1.25** Got What It Takes? **2.00** Gym Stars **2.25** Andy and the Band **2.55** Horrible Histories **3.25** Dennis & Gnasher Unleashed! **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Ninja Express **4.15** Danger Mouse **4.40** Odd Squad **5.05** We Bare Bears: Animation following Grizzly, Panda, and Ice Bear and their awkward attempts at integrating with the human world. **5.30** Summer Camp Island **5.45** DIY Deadly with Steve Backshall **6.00** Operation Ouch! New episode **6.30** Operation Ouch! Snips **6.35-7.00pm** The Next Step

TUESDAY As Monday except: **9.45am** Newsround Special: Let's Talk About Periods **10.05-10.25** Ricky Wilson's Art Jam **2.00pm** Blue Peter **2.30** Andy and the Band **2.45-2.55** Nikki Lilly Bakes **5.45-6.00** My Life **6.25-7.00pm** Horrible Histories

WEDNESDAY As Monday except: **1.05-1.25pm** The Pets Factor: A look behind the scenes at some of the U.K.'s best and most animal friendly veterinary practices. **5.40-6.00pm** One Zoo Three

THURSDAY As Monday except: **1.05-1.25pm** The Pets Factor **5.40pm** One Zoo Three **6.00** My Life New episode **6.25-6.35pm** Nikki Lilly Meets

FRIDAY As Monday except: **1.00-1.20pm** The Pets Factor **3.20-3.25** OOglies Funsize **4.40-4.45** Sketchy Comedy **5.00** Blue Peter New episode **5.30** Horrible Histories **6.00** The Dumping Ground New episode **6.30-6.35pm** Lifebabble

CBEEBIES

608 608 644 | 702 | 202 205 | 608 | 601

SATURDAY **6.00am** Baby Jake **6.10** Bing **6.20** Tiny Wonders **6.25** Love Monster **6.30** Tish Tash **6.35** Go Jetters **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing: A three-year-old bunny engages with the world around him. **7.30** Hey Duggee **7.45** Go Jetters **8.00** Peter Rabbit **8.10** Octonauts **8.25** Chuggington **8.35** Bitz & Bob **8.45** The Furchester Hotel **9.00** Something Special: We're All Friends **9.20** Bluey **9.35** Cbeebies The Ugly Duckling **10.15** Go Jetters **10.25** Nick Cope's Popcast **10.30** Justin's House **10.50** Oti's Boogie Beebies **11.00** Andy and the Band **11.15** Go Jetters **11.35** Waffle the Wonder Dog **11.50** Biff and Chip **12.00noon** My World Kitchen: Children from all over the world show off their favourite recipes. **12.10pm** JoJo & Gran Gran **12.25** Hey Duggee **12.40** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.50** Dog Loves Books **1.55** Timmy Time **2.00** Something Special: We're All Friends **2.20** Grace's Amazing Machines **2.35** Tish Tash **2.40** Tee and Mo **2.50** Love Monster **2.55** Bitz & Bob **3.05** School of Roars **3.15** Biff and Chip **3.25** Teeny Tiny Creatures **3.40** Andy's Prehistoric Adventures **3.55** Gigglebiz **4.10** Magic Hands **4.20** Treasure Champs **4.35** Timmy Time **4.45** Bluey **4.50** Andy and the Band **5.05** Maddie's Do You Know? **5.20** Biff and Chip **5.35** JoJo & Gran Gran **5.45** Sarah & Duck **5.55** Colours **6.00** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

SUNDAY As Saturday except: **6.15am** Tiny Wonders **6.20-6.30** Love Monster **9.35** Alphablocks **9.50** BBC Philharmonic: The Musical Story of The Gingerbread Man **10.00** YolanDa's Band Jam **10.15-10.25** Hey Duggee **10.30-10.35am** Oti's Boogie Beebies

MONDAY **6.00am** Raa Raa the Noisy Lion **6.10** Bing **6.15** Teletubbies **6.30** Love Monster **6.40** Chuggington **6.50** Tish Tash New episode **6.55** Small Potatoes **7.00** Bing **7.05** Hey Duggee **7.20** Bluey **7.40** Go Jetters: Cartoon following four superheroes as they explore the world. **7.50** Peter Rabbit **8.00** Octonauts: Animated adventures with the underwater explorers. **8.15** Numberblocks **8.20** Love Monster **8.30** Nick Cope's Popcast New episode **8.35** Justin's House **9.00** Bing **9.05** Colours Shorts New episode **9.10** Yakka Dee! **9.15** Dog Loves Books **9.25** Love Monster **9.30** Twirlywoos **9.40** Our Family Fun New episode **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Baby Club **10.35** Hey Duggee **10.40** Garden Tales **10.50** Kiri & Lou **10.55** Love Monster **11.10** Let's Go for a Walk **11.25** Tiny Wonders **11.30** My Very First **11.40** Our Family **11.50** Woolly & Tig **12.00noon** My World Kitchen **12.10pm** Andy's Prehistoric Adventures **12.25** Waffle the Wonder Dog **12.35** Bitz & Bob **12.45** Go Jetters **1.00** Yakka Dee! **1.10** Numberblocks **1.15** Alphablocks **1.20** Mister Maker's Arty Party: Mister Maker, Scrappz and the Mini Makers create colourful pieces of art. **1.40** Nick Cope's Popcast **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Bing **2.25** Go Jetters **2.40** Timmy Time **2.45** Grace's Amazing Machines **3.00** Teeny Tiny Creatures **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **4.00** Maddie's Do You Know? **4.15** Let's Dance New episode **4.20** Love Monster **4.30** Bluey **4.35** Timmy Time **4.45** Big Cook Little Cook New episode **5.05** Waffle the Wonder Dog **5.15** Go Jetters **5.25** JoJo & Gran Gran **5.40** Sarah & Duck: The adventures of a girl and her duck. **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

TUE-FRI As Monday except: **12.10-12.25pm** Andy's Safari Adventures

CITV

612 | 734 711 | 203 | 602

SATURDAY **6.00am** Dave Spud **6.35** Thunderbirds Are Go **7.00** Dare Master @ Home **7.05** Mr Bean: The Animated Series **7.30** Mr Magoo **8.00** Inspector Gadget **8.30** Be Cool, Scooby-Doo! **8.55** Ted's Top Ten **9.25** Mr Magoo **9.55** Hotel Transylvania **10.25** Dave Spud **11.05** Scooby-Doo and Guess Who? **12.25pm** Inspector Gadget **1.25** How **1.55** Mr Bean: The Animated Series **2.25** NinjaGo: Rebooted **2.55** LEGO Marvel Avengers: Climate Conundrum **3.55** Mr Bean: The Animated Series **4.25** Hotel Transylvania **4.55** Mr Magoo **5.25** Makeaway Takeaway **5.50** Mini Movies **6.20** Thunderbirds Are Go **6.45** Dave Spud **7.35** Don't Unleash the Beast **7.55** Spy School **8.25** Project Z **8.55-9.00pm** Dare Master @Home

SUNDAY As Saturday except: **7.05am** Mighty Mike **7.30** Captain Underpants **8.00** Mr Bean: The Animated Series **8.30** Dave Spud **8.55** Mini Movies **9.25-9.55** How **10.55** Scooby-Doo and Guess Who? **11.55am-1.25pm** Inspector Gadget **1.55** Mini Movies **2.25-2.55** LEGO Black Panther: Trouble in Wakanda **3.55-4.25** Captain Underpants **4.55-5.25** Mr Bean: The Animated Series **5.50-6.20pm** How

MONDAY **6.00am** Gormiti 3D **6.30** Thunderbirds Are Go **6.55** Inspector Gadget **7.25** Teen Titans Go! **7.55** Dare Master @ Home **8.00** Scooby-Doo and Guess Who? **8.30** Scooby-Doo! Mystery Incorporated **9.00** Shaggy & Scooby-Doo Get a Clue! **9.25** Buck and Buddy **9.30** Tom and Jerry **10.00** Mr Bean: The Animated Series **10.30** Dave Spud **11.00** Teen Titans Go! **11.30** Mr Magoo **12.15pm** Spy School **12.40** Don't Unleash the Beast **1.10** Drop Dead Weird **1.35** Gormiti 3D **2.00** Thunderbirds Are Go **2.30** Captain Underpants **3.00** The Tom and Jerry Show **3.30** Scooby-Doo! Mystery Incorporated **4.00** Scooby-Doo and Guess Who? **4.30** Inspector Gadget **5.00** Dave Spud **5.30** Jurassic World Camp Cretaceous **6.00** Don't Unleash the Beast **6.30** Teen Titans Go! **7.00** Captain Underpants **7.25** Scooby-Doo! Mystery Incorporated **7.55** Jurassic World Camp Cretaceous **8.25** Makeaway Takeaway **8.55-9.00pm** Dare Master @Home

TUESDAY As Monday except: **12.15-12.40pm** Makeaway Takeaway **4.00-4.30pm** Be Cool, Scooby-Doo!

WED-FRI As Monday except: **8.00-8.30am** Be Cool, Scooby-Doo! **12.15-12.40pm** Makeaway Takeaway **4.00-4.30pm** Be Cool, Scooby-Doo!

NICK JR

606 648 | 715 | 470 476

SATURDAY **6.00am** Blue's Clues & You **6.30** Paw Patrol **7.30** Bubble Guppies **8.00** Paw Patrol **8.30** Baby Shark's Big Show! **9.00** Paw Patrol: Adventures following a squad of puppies and their leader as they protect Adventure Bay. **9.30** Blaze and the Monster Machines **10.00** Paw Patrol **11.15** Deer Squad **11.30** Ryan's Mystery Playdate **12.00noon** Peppa Pig **3.00pm** Ben and Holly's Little Kingdom **4.00** Bubble Guppies **4.30** Blaze and the Monster Machines **5.30** Floogals **5.45** Paw Patrol **6.30** Kangaroo Beach **7.00** Peppa Pig **9.00** Ben and Holly's Little Kingdom **10.00** Paw Patrol **11.30** Ben and Holly's Little Kingdom **12.30am** Peppa Pig **3.00** Blaze and the Monster Machines **4.30-6.00am** Paw Patrol

SUNDAY As Saturday except: **10.30am** Paw Patrol: Mighty Pups **10.45-11.15** Paw Patrol **3.30am** Ryan's Mystery Playdate **4.00-4.30am** Blaze and the Monster Machines

MONDAY **6.00am** Blue's Clues & You **6.30** Paw Patrol **7.15** The Adventures of Paddington **7.30** Baby Shark's Big Show! **7.45** Paw Patrol **8.30** My Nick Jr Adventure **8.35** Blue's Clues & You **9.00** Blaze and the Monster Machines **9.30** Paw Patrol **10.30** Peppa Pig **11.00** Ben and Holly's Little Kingdom **11.30** The Adventures of Paddington **12.00noon** Blaze and the Monster Machines **12.30pm** Paw Patrol **1.30** Deer Squad **1.45** Paw Patrol **3.00** Deer Squad **3.15** Paw Patrol **3.30** Peppa Pig **4.30** Paw Patrol **6.00** Baby Shark's Big Show! **6.30** Blaze and the Monster Machines **7.00** Santiago of the Seas: Animation following the pirate and his crew. **7.15** Paw Patrol **8.00** Peppa Pig **9.00** The Adventures of Paddington **9.30** Paw Patrol **11.30** Ben and Holly's Little Kingdom **12.30am** Peppa Pig **3.00** Blaze and the Monster Machines **3.30** Blue's Clues & You **4.30-6.00am** Paw Patrol

TUES & THURS As Monday except: **4.30pm** Blue's Clues & You **5.00** The Adventures of Paddington: Cartoon. **5.30-6.00pm** Paw Patrol: Animated adventures.

WED & FRI As Monday except: **4.30pm** Blue's Clues & You **5.00** The Adventures of Paddington **5.30-6.00** Paw Patrol: Animated adventures. **3.30am** Paw Patrol **4.00-4.30am** Blue's Clues & You

+1 hour 628

Highlights

Silverpoint

Sunday, CBBC HD, 5.05pm

This-part drama series begins with four children, who are staying at Silverpoint Adventure Camp, finding something strange buried out in the woods.

Bakugan: Evolutions

Sat-Fri, Pop HD, 3pm & 8pm (F'view 206; Sky 614; Virgin 736; F'sat 603)

Strange occurrences happen thanks to elemental energy from Vestroia hitting Earth in these new episodes.

Coming soon

FIRST LOOK

Maggie Steed, Jack Davenport and Lydia Leonard

Ten Percent

Jack Davenport stars in a British remake of *Call My Agent!*

Check out these new shots of Prime Video's sharp comedy *Ten Percent*, airing this spring.

Penned by *W1A* writer John Morton and inspired by award-winning French show *Call My Agent!*, the eight-part series follows the ups and downs of life at a London talent agency, where a team of harassed agents try to manage the careers and crises of their high-profile clients. But the death of the agency's founder causes chaos…

Jack Davenport heads the cast as charming agent Jonathan, while Lydia Leonard is his spirited colleague Rebecca, Maggie Steed plays Stella and Prasanna Puwanarajah is Dan.

Jim Broadbent, Tim McInnerny and Natasha Little also star alongside Edward Bluemel, Harry Trevaldwyn, Hiftu Quasem, Rebecca Humphries, Fola Evans-Akingbola and Eléonore Arnaud.

A host of famous faces will also have cameo roles in the series including Helena Bonham Carter, David Oyelowo, Olivia Williams, Dominic West, Kelly Macdonald, Phoebe Dynevor, Emma Corrin, Himesh Patel, David Harewood and Clémence Poésy.

Jim Broadbent

Prasanna Puwanarajah

'Agents have to wear a lot of hats, and some of them don't fit very well, because it's like an accountant, master negotiator, psychologist, wet nurse. It's a lot of hats, and nobody wears them brilliantly,' says Davenport.

'The idea of melding all the things that people enjoyed about the original French one with John's sensibility was something that was thrilling to be part of.'

WHAT'S NEXT FOR…

Gemma Arterton

The actor will appear in Star on Disney+'s darkly comic drama **Culprits**, which follows a group of people who carried out a heist but who are now being bumped off. Eddie Izzard and Nathan Stewart-Jarrett co-star.

Olivia Colman

BBC1's adaptation of Charles Dickens' classic novel **Great Expectations**, penned by Steven Knight, will see the Oscar-winner play love-lorn Miss Havisham, while Fionn Whitehead will be plucky Pip.

Keri Russell

In Netflix's political thriller **The Diplomat**, the *Americans* star will play an envoy who finds herself out of her depth as an international emergency descends and her marriage and career fall apart.

Coming Back

Filming is underway on the final series of ITV's Cornish-set comedy drama **Doc Martin**, as Martin Ellingham questions his decision to resign as a GP. 'It's the right time to say farewell to the Doc,' says star Martin Clunes.

Next week *On sale Tuesday 8 March*

Red Nose Day

Sir Lenny Henry is at the helm as the star-studded fundraising telethon gets underway on BBC1.

WeCrashed

Jared Leto and Anne Hathaway star in Apple TV+'s drama on the collapse of a start-up company.

Deep Water

In Prime Video's fraught thriller, a couple (Ana de Armas and Ben Affleck) face dark threats.

Holding

Conleth Hill takes centre stage in ITV's adaptation of Graham Norton's Ireland-set crime novel.

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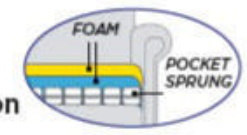

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